

CONTINUING EDUCATION

SPRING 2019 SCHEDULE



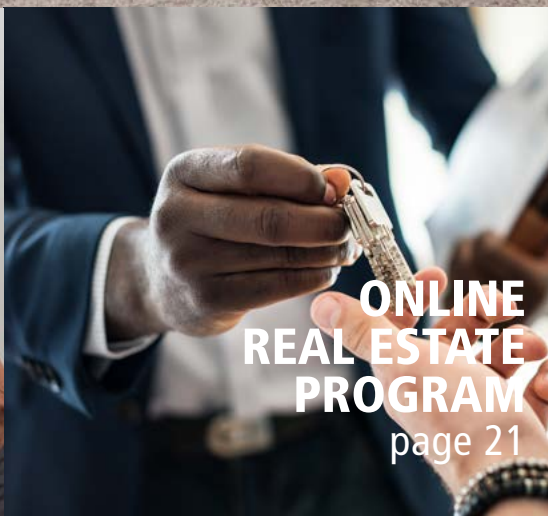
College of
the Mainland

ALLIED HEALTH CENTER

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HEALTH
CAREERS**
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THERAPY**
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**ONLINE
REAL ESTATE
PROGRAM**
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**MECHANICAL
MAINTENANCE
BASIC**
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TUITION-FREE HEALTHCARE CAREER TRAINING

You could qualify for **free training** in a **healthcare career**, depending on your income.

Jan. 16 • Feb. 27 • March 27 • April 24 • May 22

HPOG Information Session 10 a.m. – 12 p.m. at the North County Learning Center
200 Parker Ct., League City, TX 77573.

409-933-8645 | www.com.edu/ce/allied-health



This document was supported by Grant [90FX0035-01-00] from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS. HPOG is a study funded by the federal government which is being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate in these opportunities.

COM CE: LIFELONG LEARNING FOR EVERYONE

COM's Continuing Education Division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses to help you upgrade your current skills and expand your knowledge as you seek to advance your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education

Lifelong Learning for Everyone

www.com.edu/ce

409-933-8586

ContEd@com.edu

CONTINUING EDUCATION'S MISSION

College of the Mainland's Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION'S VISION

College of the Mainland's Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US

The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.

Phone: 409-933-8586 • Fax: 409-933-8026

Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591

Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS

Open: Monday - Tuesday 8 a.m. – 7 p.m.
Wednesday - Friday 8 a.m. – 5 p.m.

CE SCHEDULE DISCLAIMER

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE's Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

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REGISTRATION IS EASY

SPRING 2019 REGISTRATION FOR ALL CE AND 50 PLUS PROGRAM COURSES BEGINS DECEMBER 3, 2018.

Continuing education registration continues throughout the semester until classes are filled. Please register at least one week prior to the start date.

The registration form is available online at www.com.edu/ce and in the printed CE schedule. A photo ID will be required to show proof of age, i.e., a valid driver's license, government issued ID card or passport.

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover and money orders. **NO CASH IS ACCEPTED.**



50 PLUS PROGRAM (50+ DISCOUNT)

Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

A NONRESIDENT OF COM DISTRICT

A nonresident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES

If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS

Classes with insufficient enrollment are canceled before the start of the class. Students will be called when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

REFUND POLICY

Refunds for fitness memberships and continuing education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

CLASS TRANSFERS

Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.

Have you previously taken classes at COM?

New to COM? Call to register or register in person.

REGISTER ONLINE



WWW.COM.EDU/CE/REGISTER

- Click "Register Online."
- Follow the instructions for continuing education students.
- Questions about online registration? Click on the HELPDESK arrow located on the WebAdvisor main menu (bottom left) and fill out the form.

CALL CE OFFICE



409-933-8586

OR 1-888-258-8859, EXT. 8586

Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.
Leave a message and a CE representative will return your call within 24 business hours.

VISIT



Continuing Education Office, Technical Vocational Building, Room TVB 1475. Tuition and fees must be paid upon registration. Checks, money orders, credit and debit cards are accepted at the office.

No cash or American Express is accepted.

Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

MINIMUM AGE REQUIREMENTS

Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+)

Courses designed for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING

Continuing education classes may not be audited.

RECORD OF ACHIEVEMENT: CEUS

Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified continuing education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar's office at no charge. Reprints of CE certificates are available for \$5.

QUESTIONS?

For specific course or program information, please call:

- **409-933-8285** Public Service Careers
- **409-933-8461** Lifelong Learning/50 Plus Program
- **409-933-8645** COM Learning Center-Allied Health
- **409-933-8162** Gulf Coast Safety Institute
- **409-933-8406** Industrial Crafts

For any questions about programs or courses, call **409-933-8586**. The CE office staff will be happy to assist you or direct your call to the appropriate department.

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS

Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Continuing Education Office at 409-933-8586 for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM

College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Oklahoma, at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu and select Student Financial Services for more information, or call the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INNOVATION & OPPORTUNITY ACT (WIOA)

College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Innovation & Opportunity Act (WIOA). Participants qualifying for programs funded under WIOA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIOA through their local Gulf Coast Careers office. Currently approved programs include CNC Machinist, HVAC, Industrial Pipefitting, Manual Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIOA, call 409-933-8586.

Continuing Education Office Hours

Monday – Tuesday	8 a.m. – 7 p.m.
Wednesday – Friday	8 a.m. – 5 p.m.

For more information, call 409-933-8586.

GENERAL INFORMATION

COLLEGE CALENDAR

In accordance with the approved College calendar, the College will be closed on the following date:

Jan. 21	Martin L. King Day	March 11-17	Spring Break
April 19-21	Spring Holiday	May 27	Memorial Day

PARKING

Parking permits are mandatory. Parking permits are required to be displayed on the rear window, lower left side. Parking permits are available at the Campus Police Department, building #16 at no cost. Students will fill out a brief application and will need their vehicle license plate number(s) and VIN # (vehicle identification number).

1. No parking in a "no parking zone"
2. No parking against traffic or backing into a parking space in parking lots (A), (B), and (C)
3. Must park within marked spaces
4. No driving against the flow of traffic
5. No unauthorized parking in handicap spaces
6. No driving/parking on non-roadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a \$35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a \$25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

Continuing education students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 and enrolling in CE courses or programs with 360 hours or more. Proof of vaccination must be provided to the Office of Admissions and Records 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations or stop by the Enrollment Center for more information.

TAX CREDIT

Continuing education tuition is not the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed.

A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun free zones under this policy. For further information about gun free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>. A video addressing Campus Carry and weapons guidelines can be found on COM's home page at www.com.edu.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District. In accordance with law, this policy shall not apply to commissioned peace officers.

ABBREVIATIONS USED IN THIS SCHEDULE

ADM	Administration and Enrollment Center	COS	Cosmetology Gulfway Plaza	OLW	Online Learner Workshop
AHC	Allied Health Center-League City	FAB	Fine Arts Building	OSA	Occupational Skills Award
IND	Industrial Education Building (formerly AUD building)	FIR	Firing Range	PSC	Public Service Careers Building
CE	Continuing Education	GCSI	Gulf Coast Safety Institute	SC	Student Center
CL	Face-to-face classroom course	HY	Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)	SCI	Science/Math Building
CLC	North County Learning Center-League City	IN	Internet course	SYN	Synonym-unique identifying number
COM	College of the Mainland	LLGP	Lifelong Learning Gulfway Plaza	TBA	To Be Announced
		LRC	Learning Resources Center (Library)	TVB	Technical-Vocational Building
				WIA	Workforce Investment Act

CE WORKFORCE PROGRAMS

information subject to change

Possible Financial Aid Sources

	HOURS	FOUND ON PAGE	TPEG	HAZLEWD	WIOA	H-1B
MASSAGE THERAPY						
MASSAGE THERAPY	545	6-7	◆			
ALLIED HEALTH CAREERS						
CERTIFIED NURSE AIDE	118	7	◆	◆		
DENTAL ASSISTANT	234	9	◆	◆		
ELECTROCARDIOGRAPHY (EKG) TECHNICIAN	149	9-10	◆	◆		
MEDICAL OFFICE/INSURANCE SPECIALIST	132	11	◆	◆		
MEDICATION AIDE	152	8	◆	◆		
PHLEBOTOMY TECHNICIAN	196	10	◆	◆		
PHYSICAL THERAPY AIDE	88	11	◆	◆		
INDUSTRIAL TRADE CAREERS						
HVAC (LEVELS I, II, III)	298	14	◆	◆	◆	
ELECTRICAL HELPER	288	15	◆	◆		
INSTRUMENTATION HELPER I	160	15-16	◆	◆		
CNC MACHINIST	252	18	◆	◆	◆	
MANUAL MACHINIST	256	17	◆	◆	◆	
MECHANICAL MAINTENANCE TECH, BASIC	296	16	◆	◆	◆	
MECHANICAL MAINTENANCE TECH, INTER	256	16-17	◆	◆	◆	
MECHANICAL MAINTENANCE TECH, ADV	192	17	◆	◆	◆	
INDUSTRIAL PIPEFITTING I	288	19	◆	◆	◆	
WELDING TECHNOLOGIES	varies	19	◆	◆	◆	◆
PUBLIC SERVICE CAREERS						
SECURITY OFFICER	32	27	◆	◆		

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.



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WORKFORCE PROGRAMS



MASSAGE THERAPY MASSAGE THERAPIST

Call 409-933-8114 for details.

Complete the required 500 clock hours mandated by the Texas Department of Licensing and Registration (TDLR) to prepare to enter the health care service industry in one year through our hands-on labs and classes. Massage therapists manipulate the soft tissue of one's body by hand or through a mechanical or electrical apparatus for therapeutic purposes. Upon completing the program and clock hours, you will take the Texas State Board Exam for licensure. A licensed massage therapist works in an array of settings, such as spas, franchised clinics, physicians' offices, hotels, cruise ships and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage. Employment of massage therapists is projected to grow 26 percent from 2016 to 2026, much faster than the average for all occupations. The mean hourly wage is \$19.23 per hour. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MSSG 1013	Anatomy and Physiology for Massage This course will provide an in-depth coverage of the structure and function of the human body, including cell structure and function, tissues, body organization, and the integumentary, skeletal, muscular, nervous, and endocrine systems. Content will emphasize homeostasis/wellness care. This course meets the minimum 75-contact-hour requirement for Anatomy and Physiology for licensure. Co-requisite: MSSG 1009	75
MSSG 1009	Health and Hygiene Students will study safety and sanitation practices including universal precautions. Students will also learn the importance of proper body mechanics, maintaining a healthy lifestyle, maintaining the massage environment, and the advantage of therapeutic relationships. Co-requisite: MSSG 1013	20
MSSG 1011	Massage Therapy Fundamentals I This course will introduce the theory and the application of skills necessary to perform basic massage skills. Students will demonstrate proficiency in the skills necessary to perform basic massage skills within the rules and regulations set by TDLR. Pre-requisite: MSSG 1013; MSSG 1009	96

MSSG 2013	Kinesiology for Massage This course is an applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. Theory and practice of functional muscle testing will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; Co-requisite: MSSG 2014	64
MSSG 2014	Pathology for Massage This course is a general discussion of pathologies as they relate to massage therapy and includes universal precautions and their management in professional practice. Etiology, signs, symptoms, and the physiological and psychological reactions to disease and injury will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; Co-requisite: MSSG 2013	48
MSSG 2011	Massage Therapy Fundamentals II This course will introduce the theory and the application of skills necessary to perform basic massage skills. Students will demonstrate proficiency in the skills necessary to perform basic massage skills within the rules and regulations set by TDLR. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; MSSG 2013; MSSG 2014; Co-requisite 1005	112
MSSG 1005	Hydrotherapy/Therapeutic Modalities Students will learn the use of accepted hydrotherapy and holistic healthcare modalities of external application of temperature for its reflexive effect. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; MSSG 2013; MSSG 2014; Co-requisite MSSG 2011	32
MSSG 1007	Business Practices & Professional Ethics The course is the study of physical and financial office practices and marketing. A discussion of ethical practices for massage therapists as established by law or regulatory agency will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; MSSG 2013; MSSG 2014; MSSG 2011; MSSG 1005; Co-requisite MSSG 2086	48
MSSG 2086	Massage Therapy Internship This course is a work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. A learning plan is developed by the college and the employer. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; MSSG 2013; MSSG 2014; MSSG 2011; MSSG 1005; Co-requisite MSSG 1007	50
TOTAL HOURS		545



KINESIOLOGY FOR MASSAGE – 64 HRS

Cost: In district: \$425 Out of district: \$430
 SYN: 2717 MSSG-2013-221CL 01/08/19-02/21/19 TTH
 05:15PM-10:00PM COS 104 M Massey

PATHOLOGY FOR MASSAGE – 48 HRS

There will be no class March 11.

Cost: In district: \$325 Out of district: \$330
 SYN: 2718 MSSG-1009-221CL 01/07/19-04/01/19 M
 05:30PM-10:00PM COS 104 M Massey

HYDROTHERAPY/THERAPEUTIC MODALITIES – 32 HRS

Cost: In district: \$225 Out of district: \$230
 SYN: 2719 MSSG-1005-221CL 04/08/19-05/20/19 M
 05:15PM-10:00PM COS 104 M Massey

MASSAGE THERAPY FUNDAMENTALS II – 112 HRS

There will be no class March 11.

Cost: In district: \$725 Out of district: \$730
 SYN: 2720 MSSG-2011-221CL 02/26/19-05/23/19 TTH
 05:15PM-10:00PM COS 104 M Massey

ALLIED HEALTH CAREERS

Allied Health classes are offered at the Texas City main campus as well as the COM Learning Center-North County at 200 Parker Ct. on FM 518 in League City. Applications for allied health certificate programs are available at the COM Learning Center-North County and in the Continuing Education department on the main campus. Completed applications must be returned to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce. **Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.**

CERTIFIED NURSE AIDE

An approved application is required prior to registration.
 Call 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides in classes and clinicals to work in hospitals and long-term care facilities.

The average hourly wage for certified nurse aides is \$11.80. Between 2014-2024, the need for certified nurse aides is projected to grow by 17 percent. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
NURA 1001	Nurse Aide for Health Care I	78
	This course prepares entry-level nursing aides to gain the knowledge, skills and abilities to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Aide (CNA) Program.	
NURA 1060	Nurse Aide for Health Care II	40
	Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Aide Program. Tuition includes malpractice insurance and the state exam fee.	

TOTAL HOURS 118

State certification: Students successfully completing these courses will be prepared to take the state exam. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. A complete list of supplies will be available the first day of class; the estimated cost of supplies is \$65. Tuition includes malpractice insurance (\$16), the ID badge fee (\$6), CPR certification training, and industry recommended professional skills training and the state exam fee. Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

We're In Your Neighborhood!



The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs, allied health professional development courses.

Call 409-933-8645 for more information or visit www.com.edu/nc.



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NURSE AIDE FOR HEALTHCARE I AND II – 118 HRS

Students must enroll at the same time in SYN: 2700 NURA-1001-131CL and SYN: 2701 NURA-1060-131CL.

Cost: In district: \$669 Out of district: \$674
SYN: 2700 NURA-1001-131CL 01/28/19-02/22/19 MTWTHF
08:35AM-12:35PM AHC 103 COM Faculty

Cost: In district: \$260 Out of district: \$265
SYN: 2701 NURA-1060-131CL 02/25/19-03/01/19 MTWTHF
06:00AM-02:00PM TBA COM Faculty

Students must enroll at the same time in SYN: 2698 NURA-1001-230CL and SYN: 2699 NURA-1060-130CL.

Cost: In district: \$669 Out of district: \$674
SYN: 2698 NURA-1001-230CL 02/04/19-03/07/19 MTWTH
05:30PM-09:30PM AHC 103 K Sellers

Cost: In district: \$260 Out of district: \$265
SYN: 2699 NURA-1060-130CL 02/23/19-03/09/19 SSU
06:00AM-02:00PM TBA COM Faculty

Students must enroll at the same time in SYN: 2702 NURA-1001-132CL and SYN: 2703 NURA-1060-132CL.

Cost: In district: \$669 Out of district: \$674
SYN: 2702 NURA-1001-132CL 03/25/19-04/05/19 MTWTHF
08:35AM-04:35PM AHC 103 K Sellers

Cost: In district: \$260 Out of district: \$265
SYN: 2703 NURA-1060-132CL 04/08/19-04/12/19 MTWTHF
06:00AM-02:00PM TBA COM Faculty

Students must enroll at the same time in SYN: 2704 NURA-1001-233CL and SYN: 2705 NURA-1060-133CL.

Cost: In district: \$669 Out of district: \$674
SYN: 2704 NURA-1001-233CL 04/01/19-05/02/19 MTWTH
06:00PM-10:00PM TVB 1135 COM Faculty

Cost: In district: \$260 Out of district: \$265

There will be no classes April 20 or 21.

SYN: 2705 NURA-1060-133CL 04/13/19-05/04/19 SSU
06:00AM-02:00PM TBA COM Faculty

CNA STATE TEXAS REVIEW – 4 HRS

This course is a co-requisite to NURA 1001 and NURA 1060. Students will review for the state exam, Certified Nursing Assistant. Class registration is only for COM CNA students who have completed the CNA program in the Spring 2019 semester.

SYN: 2707 NURAX-1002-103CL 03/08/19 F
08:30AM-12:30PM TBA COM Faculty

SYN: 2708 NURAX-1002-104CL 03/22/19 F
08:30AM-12:30PM TBA COM Faculty

SYN: 2709 NURAX-1002-105CL 05/10/19 F
08:30AM-12:30PM TBA COM Faculty

SYN: 2710 NURAX-1002-106CL 05/31/19 F
08:30AM-12:30PM TBA COM Faculty

Mark your calendar for these important dates:

January 21	COM closed for the observance of Martin Luther King's birthday
March 11-15	COM closed for spring break
April 19-21	COM closed for the spring holiday

MEDICATION AIDE

An approved application is required prior to registration.

Call 409-933-8645 for details and approval.

Prerequisite: Must be a currently licensed and employed CNA or have 90 days unlicensed direct care experience in a Department of Aging and Disability Services facility.

Medication aides serve an essential role in hospitals and long-term care facilities by helping distribute medications and monitor for adverse reactions. This program prepares students to take the state Medication Aide Certification Examination, and it adheres to the regulations and curriculum established by the Texas Health and Human Services Commission. Between 2010-2020, the need for medication aides is projected to grow by 20 percent. The mean hourly wage for medication aides is \$11.54. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
NURA 1013	Medication Aide In this class students learn how to prepare and administer designated medications by non-licensed nursing personnel employed in licensed health care agencies. They also learn the responsibilities with medication administration.	152

TOTAL HOURS 152

State certification: Students successfully completing this course will be prepared to take the state Medication Aide examination.

MEDICATION AIDE – 152 HRS

There will be no classes March, 11, 13 or 14.

Cost: In district: \$1059 Out of district: \$1064
SYN: 2706 NURA-1013-219CL 02/11/19-05/16/19 MWTH
05:30PM-09:30PM AHC 115 R McAninch

When Should I Register?

If a class starts on a...	Register by noon on the following days.
Sunday, Monday, Tuesday	Wednesday (the week before it starts)
Wednesday, Thursday	Thursday (the week before it starts)
Friday	Monday (of the same week)
Saturday	Tuesday (of the same week)

Continuing Education Office Hours

Monday – Tuesday	8 a.m. – 7 p.m.
Wednesday – Friday	8 a.m. – 5 p.m.

For more information, call 409-933-8586.



DENTAL ASSISTANT *Occupational Skills Award*

An approved application is required prior to registration.
Call 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students to work as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping.

The average hourly wage for dental assistant is \$16.95. Between 2014-2024, the need for dental assistants is projected to grow 18 percent. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
DNTA 1015	Dental Chairside Assisting This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies' standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.	86
DNTA 1003	Registered Dental Assisting Exam Review This course prepares dental assistants to meet Texas State Board of Dental Examiners examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant Exam.	48
DNTA 1060	Clinical Dental Assistant This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional provides direct supervision.	100
TOTAL HOURS		234

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam.

DENTAL CHAIRSIDE ASSISTING – 86 HRS

Tuition includes six hours of CPR training, the malpractice insurance fee (\$16); ID badge fee (\$6). Training includes lab experience. Lab experience will take place on Saturdays (4) from 9am- 1pm, and will be scheduled by the instructor on the first day of class. There will be no classes March 11 or 13.

Cost: In district: \$989 Out of district: \$994
SYN: 2685 DNTA-1015-230CL 02/04/19-04/17/19 MW
06:00PM-09:30PM AHC 102 COM Faculty

Students must enroll at the same time in SYN: 2686 DNTA-1003-230HY and SYN: 2687 DNTA-1060-130CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW – 48 HRS

Hybrid Format. Students must pay for the Texas Academy of General Dentistry Registered Dental Assistant exam (approximately \$155) near the end of the program. The instructor will provide specific due dates. The class will have an online component requiring that modules be completed. This course also includes industry recommended professional skills training.

Cost: In district: \$280 Out of district: \$285
SYN: 2686 DNTA-1003-230HY 04/22/19-05/06/19 MW
06:00PM-09:30PM AHC 102 COM Faculty

Students must enroll at the same time in SYN: 2685 DNTA-1015-230CL and SYN: 2687 DNTA-1060-130CL.

CLINICAL DENTAL ASSISTANT – 100 HRS

*Course length is 100 hours and will be coordinated by instructor.

Cost: In district: \$119 Out of district: \$124
SYN: 2687 DNTA-1060-130CL 05/13/19-06/28/19 MTWTHF
08:00AM-05:00PM TBA COM Faculty

Students must enroll at the same time in SYN: 2685 DNTA-1015-230CL and SYN: 2686 DNTA-1003-230HY.

ELECTROCARDIOGRAPHY (EKG) TECHNICIAN

An approved application is required prior to registration.
Prerequisite: A high school diploma or GED and previous healthcare experience or certification
Call 409-933-8645 for details and approval.

This program trains students to become EKG technicians, a key part of the medical team. EKG technicians prepare patients for an EKG by attaching electrodes to patient's arms, legs and chest. They also operate EKG machines while monitoring, interpreting and documenting patients' results, and they maintain and troubleshoot technical problems with EKG machines. EKG technicians work in health clinics, hospitals, and medical offices. Between 2010-2020, the need for EKG technicians is projected to grow 22 percent. The mean hourly wage is \$15.67. (Source: Bureau of Labor Statistics)

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

Course #	Title	Hrs
ECRD 1011	Electrocardiography and Telemetry Monitoring 64 This introductory course is designed to teach the fundamentals of cardiovascular anatomy and physiology. Topics include basic electrocardiography procedures, interpretation of basic dysrhythmias and appropriate treatment modalities. Additional topics include an understanding of the heart and the implications of decreased cardiac output and its application in interpreting electrical activity. It also emphasizes the recognition of common and potentially lethal dysrhythmias.	
EMSP 1050	Introduction to 12-lead ECG Interpretation Telemetry Monitoring 21 The course will cover the interpretation of 12-lead electrocardiograms (ECGs) to identify dysrhythmias, axis deviation and myocardial ischemia, injury and infarction. It will discuss the clinical significance of abnormalities.	
CVTT 1060	Clinical: Cardiovascular Technology 64 This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	
TOTAL HOURS		149

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

ELECTROCARDIOGRAPHY AND TELEMETRY – 64 HRS

Hybrid course. Tuition includes CPR certification training, malpractice insurance fee (\$16), ID badge fee (\$6) and testing fee (\$161), which includes study guide and practice exams. Students must concurrently enroll in SYN: 2690 EMSP-1050-230CL and SYN:2684 CVTT-1060-130CL. Class meets face to face once a week beginning Tuesday, 02/12/19. CPR will be held on Monday, 04/15 and 04/16 in CLC 106 from 6p-9:15p. There will be no classes March 12 or 14.

Cost: In district: \$714 Out of district: \$719
SYN: 2689 ECRD-1011-230HY 02/12/19-04/23/19 T
06:00PM-09:15PM AHC 104 J Kutinac

INTRODUCTION TO 12-LEAD ECG I INTERPRETATION – TELEMETRY MONITORING – 21 HRS

Cost: In district: \$230 Out of district: \$235
SYN: 2690 EMSP-1050-230CL 04/30/19-05/21/19 TTH
06:00PM-09:00PM CLC 111 J Kutinac

CLINICAL: CARDIOVASCULAR TECHNOLOGY (EKG) – 64 HOURS

*Course length is 64 hours and the instructor will coordinate the times

Cost: In district: \$119 Out of district: \$124
SYN: 2684 CVTT-1060-130CL 05/28/19-06/28/19 MTWTHF
8:00AM- 5:00PM TBA J Kutinac

PHLEBOTOMY TECHNICIAN

Occupational Skills Award

An approved application is required prior to registration.

Prerequisite: A high school diploma or GED and previous healthcare experience or certification

Call 409-933-8645 for details and approval.

A rapidly growing occupation in the health care, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible.

The average hourly wage for phlebotomy technicians is \$14.75. Between 2014-2024, the need for phlebotomy technicians is projected to grow 25 percent. (Source: Bureau of Labor Statistics) They find employment in hospitals, doctor's offices, medical and diagnostic laboratories, and blood donor centers.

Course #	Title	Hrs
PLAB 1023	Phlebotomy Technician 96 This course introduces students to the basic knowledge and skills of the phlebotomy profession. Students learn types of blood collections utilizing the proper techniques and universal precautions. The required textbook is available in the COM Bookstore.	
PLAB 1060	Clinical: Phlebotomy 100 This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	
TOTAL HOURS		196

National certification: Students successfully completing these courses will be prepared to take the national exam given by American Society for Clinical Pathology.

PHLEBOTOMY TECHNICIAN – 96 HRS

Tuition includes malpractice insurance (\$16), six hours of CPR certification training, and industry recognized Professional Skills training. There will be no classes March 12 or 14.

Cost: In district: \$745 Out of district: \$750
SYN: 2711 PLAB-1023-230CL 02/05/19-05/23/19 TTH
06:00PM-09:20PM AHC 102 V Moreno

Students must enroll at the same time in SYN: 2712 PLAB-1060-130CL.

CLINICAL: PHLEBOTOMY – 100 HRS

*Course length is 100 hours and the instructor will coordinate times. Cost includes exam fee.

Cost: In district: \$254 Out of district: \$259
SYN: 2712 PLAB-1060-130CL 05/28/19-07/12/19 MTWTHF
08:00AM-05:00PM TBA V Moreno

Students must enroll at the same time in SYN: 2711 PLAB-1023-230CL.

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

MEDICAL OFFICE/INSURANCE SPECIALIST

Prerequisite: A high school diploma or GED
Call 409-933-8645 for detail.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist. These courses prepare students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is \$14.68. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MDCA 1000	Medical Office This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills.	24
MDCA 1043	Medical Insurance Specialist This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings.	108
TOTAL HOURS		132

National Certification: Students successfully completed MDCA 1000 and MDCA 1043 will be prepared to take the Certified Billing and Coding Specialist exam offered through NHA (National Healthcareers Association).

MEDICAL OFFICE – 24 HRS

Students will be charged an additional \$25 for each hybrid course. Hybrid Class meets once a week on Tuesdays. Students must concurrently enroll in SYN: 2697MDCA-1043-230HY.

Cost: In district: \$275 Out of district: \$285
SYN: 2696 MDCA-1000-230HY 02/04/19-02/25/19 M
06:00PM-09:30PM CLC 111 COM Faculty

MEDICAL INSURANCE SPECIALIST – 108 HRS

Students will be charged an additional \$25 for each hybrid course. Hybrid class includes Medical Terminology, and meets once a week on Mondays and on two Wednesdays, 05/29 and 06/05, for Professional Skills training. The instructor can provide additional information in the syllabus. Students must concurrently enroll in SYN: 2696 MDCA-1000-230HY. Students may be able to request Credit by Exam for the Medical Terminology portion of the class. Contact the CE AH Director for details at 409-933-8512. There will be no classes March 11 or May 27.

Cost: In district: \$1150 Out of district: \$1155
SYN: 2697 MDCA-1043-230HY 03/04/19-06/05/19 M
06:00PM-09:30PM CLC 111 COM Faculty

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

PHYSICAL THERAPY AIDE

Recommended: A high school diploma or GED.
Call 409-933-8645 for details.

If you are interested in a career in Physical Therapy, this program will give you some insight into the field while preparing you to work as a Physical Therapy Aide. Additionally, successful completion may set you apart when applying for a Physical Therapy Assistant program.

The median pay is \$11.37. (Source: Bureau of Labor Statistics & ONET) A rapidly growing field, physical therapy aides find employment in hospitals, doctor's offices, skilled nursing care facilities and physical therapy treatment centers.

Course #	Title	Hrs
PTHA 1009	Introduction to Physical Therapy Students will be introduced to the physical therapy profession and the role of the physical therapist assistant. Topics include the application of basic patient care, functional skills, communication and selected data collection techniques.	88
TOTAL HOURS		88

Students successfully completing the course will receive a certificate of completion from COM.

INTRODUCTION TO PHYSICAL THERAPY – 88 HRS

Observation hours are included, and take place during the day at a facility and during a time arranged by the instructor. Lab experiences may be offsite at a local PT department, and will be arranged with the instructor. Tuition includes five hours of CPR certification training and industry recommended Professional Skills training. There will be no classes March 12 or 14.

Cost: In district: \$740 Out of district: \$745
SYN: 2713 PTHA-1009-230CL 02/07/19-05/09/19 TTH
06:00PM-09:15PM TVB 1135 C Dickerson

We're In Your Neighborhood!



The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs and allied health professional development courses.

Call 409-933-8645 for more information or visit www.com.edu/nc.

CPR TRAINING CENTER CLASSES

BLS CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR, and adult and pediatric foreign body airway obstruction. The American Heart Association (AHA) strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost:	In district: \$59	Out of district: \$64	
SYN: 2691 EMSPX-1019-130CL	01/29/19	T	
08:35AM-01:30PM	CLC 106	COM Faculty	
SYN: 2692 EMSPX-1019-231CL	02/26/19	T	
05:00PM-10:00PM	CLC 106	COM Faculty	
SYN: 2693 EMSPX-1019-232CL	03/26/19	T	
05:00PM-10:00PM	CLC 106	COM Faculty	
SYN: 2694 EMSPX-1019-233CL	04/23/19	T	
05:00PM-10:00PM	CLC 106	COM Faculty	
SYN: 2695 EMSPX-1019-131CL	05/21/19	T	
08:35AM-01:30PM	CLC 106	COM Faculty	

BLS (BASIC LIFE SUPPORT) CPR SKILLS CHECKOFF – 2 HRS

This class is for students needing to complete the skills check off and/or exam portion of the online American Heart Association Basic Life Support for healthcare provider course. Students will take the online portion of the CPR course found on the American Heart Association website <https://onlineaha.org>, and must bring their test results and certificate of completion to the class. The student can schedule a time that works with the Instructor by calling 409-933-8279.

Cost:	In district: \$35	Out of district: \$40	
SYN: 2683 AHCEX-1003-230CL	04/29/19	M	
TBA	CLC 106	K Sellers	



ARE YOU AGE 50 PLUS?

We have classes just for you!

- Enroll in 50 Plus Program classes – with more than 75 options – at a nominal cost.
- Join reasonably priced 50 Plus Program trips.
- Enroll in free or low-cost workshops.
- Receive a discount on COM Gym fitness memberships.
- Use the COM Library.
- Receive a discount on COM Cosmetology Services. Call 409-933-8480 for more information.
- Enjoy a discount on COM Community Theatre productions and free tickets for preview shows. Call 409-933-8345 for more information.

50 PLUS PROGRAM *Lifelong Learning Center*

For more information see page 31 of this schedule, or call 409-933-8461.



FAST-TRACK ONLINE REAL ESTATE PROGRAM



Students in this program prepare for careers as real estate agents, who have an average annual salary of \$53,100 according to the Bureau of Labor Statistics. Classes are available online in partnership with REcampus at <https://portal.recampus.com/re/mainland>.

The Texas Real Estate Commission requires students to complete 180 class hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms. The cost is \$155 plus tax for each required course.

REAL ESTATE

Course #	Title	Hrs
RELE 1002	Real Estate Principles I This course is an overview of licensing as a real estate broker or salesperson in Texas. Includes ethics of practice as a license holder; titles to and conveyance of real estate; legal descriptions, deeds, encumbrances and liens; distinctions between personal and real property; appraisal, finance and regulations; closing procedures; and real estate mathematics. Covers at least three hours of classroom instruction on federal, state, and local laws relating to housing discrimination, housing credit discrimination, and community reinvestment. Fulfills at least 30 of 60 hours of required instruction for salesperson license.	30
RELE 1039	Real Estate Principles II A continuing overview of licensing as a broker or salesperson in Texas. Includes ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures, and real estate mathematics. Covers at least three hours of classroom	30

instruction on federal, state, and local laws relating to housing, discrimination, housing credit discrimination, and community reinvestment. Fulfills at least 30 of 60 hours of required instruction for salesperson license

RELE 2002 Real Estate Law of Agency 30

This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent's authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying representation procedures, and the disclosure of an agency.

RELE 1012 Real Estate Law of Contracts 30

This course studies the elements of a contract, offer and acceptance, statute of frauds, specific performance and remedies for breach, unauthorized practice of law, commission rules relating to use of adopted forms, and owner disclosure requirements.

RELE 1020 Real Estate Finance 30

This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act, and the State Housing Agency. The textbook can be purchased online.

RELE 1010 Real Estate Promulgated Contracts and Forms 30

This course studies legal concepts of real estate, land description, real property rights, estates in land, contracts, conveyances, encumbrances, foreclosures, recording procedures, and evidence of title. This course was designed to be repeated multiple times to improve student proficiencies.

TOTAL HOURS 180

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

<https://portal.recampus.com/re/mainland>

REAL ESTATE DISCLAIMER

Students enrolling in Real Estate education courses having a criminal history, may be ineligible for the license they seek. Students may request a criminal history evaluation prior to enrolling in courses or applying for a real estate, inspector or appraiser license. Students who are potential applicants may request a criminal history evaluation, by submitting a completed Moral Character Determination Form to the Texas Real Estate Commission prior to applying for a license. Students should refer to the criminal history eligibility guidelines set out in Texas Occupations Code §53.025 and TREC Rule 541.1.

INDUSTRIAL TRADE CAREERS



Heating, Ventilation and Air-Conditioning *Occupational Skills Award*

REQUIRED COURSE SEQUENCE

Select classes will be offered each semester
Textbooks are not included in course cost.

COM's Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician and/or installer through hands-on training. HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, schools, hospitals, hotels, restaurants and residential homes. The need for qualified HVAC technicians and installers in the Gulf Coast Region is anticipated to grow 25.7 percent by 2020. The median hourly wage is \$19.84, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
HART 1001	Basic Electricity for HVAC This course is a study of the fundamental principles of electricity as required for the heating, ventilation and air-conditioning trade. Students will demonstrate the proper use of test equipment, electrical circuits, and component theory and operation. They will apply electrical calculations and demonstrate electrical safety. Students will receive an OSHA 10 credential.	48
HART 1038	Air-Conditioning, Level I This course is a study of HVAC principles, terminology, tools and skills. Students will identify and demonstrate use of tools for HVAC, perform brazing and soldering operations, and apply trade mathematics. Prerequisite: HART-1001	96
HART 1005	Air-Conditioning, Level II This course is a study of practical application of air-conditioning principles, including air properties, maintenance operations, thermodynamics and compressors. Prerequisites: HART-1001, HART 1038	96

HART 2036	Air-Conditioning, Level III This course is an advanced study of troubleshooting principles. Students will demonstrate the use of test equipment to conduct performance tests and diagnose problems in air-conditioning and refrigeration systems. Prerequisites: HART-1001, HART 1038, HART 1005	48
HART 1043	EPA Course and Test This course covers Section 608 of the Federal Clean Air Act of 1990. Students will receive intensive training in the required areas in preparation for the certification exam. The certification exam is included. Prerequisites: HART-1001, HART 1038, HART 1005	10
TOTAL HOURS		298

BASIC ELECTRICITY FOR HVAC – 48 HRS

Cost:	In district: \$355	Out of district: \$360
SYN: 2671 HART-1001-221CL	01/22/19-02/28/19	TTH
06:00PM-10:00PM	GCSI 117	E Martinez
SYN: 2673 HART-1001-222CL	03/04/19-04/17/19	MW
06:00PM-10:00PM	GCSI 117	B Alderman

AIR-CONDITIONING, LEVEL I – 96 HRS

Cost:	In district: \$575	Out of district: \$580
SYN: 2672 HART-1038-221CL	03/19/19-06/06/19	TTH
06:00PM-10:00PM	GCSI 117	E Martinez
SYN: 2674 HART-1038-222CL	04/29/19-07/22/19	MW
06:00PM-10:00PM	GCSI 117	B Alderman

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**



DID YOU KNOW?

The number of HVAC technicians needed for the greater Houston area will **grow 25.7%** by the year 2022 with the median salary of **\$19.84/hour** depending on skill level.

Electrical Helper Occupational Skills Award

COURSE SEQUENCE

COM's Electrical Helper Program, which can be completed in about 10 months, prepares students for a successful career as an Electrical Helper through hands-on training. Electrical helpers will work with systems in residential and commercial environments, refineries, manufacturing and electrical plants.

The median hourly wage in Texas for electrical helpers is \$14.18 (Source: Department of Labor, 2016).

Textbooks are not included in the cost.

Course #	Title	Hrs
CNBT 1018	NCCER Core – Electrical This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students also learn how to select and use hand tools, portable and stationary power tools, and related construction equipment. At the end of the course, students will be able to demonstrate the safe use of a variety of hand tools and portable and stationary power tools. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER Core.	64
ELPT 1011	NCCER Electrical Level 1 In this course, students are introduced to mathematical applications used to solve problems in the electrical field. Students learn to use a calculator to perform operations involving fractions and decimals; compute percentages using ratio and proportions; convert unit values, solve simple equations, and calculate areas and volumes of geometric solids. Prerequisite: CNBT-1018	96

ELPT 1041 **NCCER Electrical Level 2-A** 64

This course introduces students to basic direct current (DC) theory including electron theory and direct current applications. Upon course completion, students will be able to explain atomic structure and basic electrical values such as voltage, current, resistance and power as well as summarize the principles of magnetism. Students will also learn to calculate electrical values for series, parallel and combination circuits and utilize electrical measuring instruments. Prerequisite: CNBT-1018, ELPT-1011

ELPT 1045 **NCCER Electrical Level 2-B** 64

Students discover the different wiring methods for single-family and multi-family dwellings and learn to wire devices according to electrical codes. The course also covers load calculations, service entrance sizing, proper grounding techniques and associated safety procedures. Upon completion of the course, students will be able to compute the circuit sizes needed for the installation of circuits, feeders and conductors and demonstrate grounding methods and safe installation of ground fault circuits. Prerequisite: CNBT 1018, ELPT 1011, ELTP 1045

TOTAL HOURS 288

NCCER CORE - ELECTRICAL – 64 HRS

Cost: In district: \$485 Out of district: \$490
 SYN: 2678 CNBT-1018-221CL 03/18/19-05/08/19 MW
 06:00PM-10:00PM IND 006 J Sandoval

NCCER ELECTRICAL LEVEL I – 96 HRS

Cost: In district: \$575 Out of district: \$580
 SYN: 2679 ELPT-1011-222CL 05/20/19-08/12/19 MW
 06:00PM-10:00PM IND 006 J Sandoval

Instrumentation Helper

COM's new Instrumentation Helper Program prepares students in about 10 months to enter into entry-level positions as instrumentation helpers, often leading instrumentation technician careers. Instrumentation technicians and helpers work with systems and equipment in petrochemical environments, refineries, manufacturing and electrical plants.

The need for qualified NCCER instrumentation technicians in the Gulf Coast Region is anticipated to grow. The median hourly wage for instrumentation technicians is \$25.04, with entry-level helper positions starting at \$15.77 per hour. (Source: CareerOneStop, 2015). Financial assistance is available.

Instrumentation I Occupational Skills Award

NCCER Core, NCCER Level 1 COURSE SEQUENCE

Course #	Title	Hrs
CNBT 1018	NCCER Core – Instrumentation This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students will also learn how to select and use hand tools, power tools and related construction equipment. At the end of the course, students will be able to demonstrate the safe use of a variety of hand, portable and stationary power tools. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER Core.	64

INTC 1007	NCCER Instrumentation Level 1	96
In this course, students will become familiar with the theory and application of instrumentation test equipment. The course emphasizes accuracy, limitations of instruments and calibration techniques. At the end of the course, students will be able to select, set up and use test and measurement tools; analyze measurement results; identify test instrument limitations and parameters; and demonstrate proper safety procedures. Upon completion, students will obtain credentials for NCCER Instrumentation Level 1. Prerequisite: CNBT 1018		

TOTAL HOURS **160**

NCCER CORE - INSTRUMENTATION – 64 HRS

Cost:	In district: \$485	Out of district: \$490
SYN: 2680 CNBT-1018-221CL	03/18/19-05/08/19	MW
06:00PM-10:00PM	IND 009	O Gamble

INSTRUMENTATION LEVEL I – 96 HRS

Cost:	In district: \$575	Out of district: \$580
SYN: 2682 INTC-1007-222CL	05/20/19-08/12/19	MW
06:00PM-10:00PM	IND 009	O Gamble

Mechanical Maintenance Technician, Basic *Occupational Skills Award*

REQUIRED COURSE SEQUENCE

Required for Mechanical Maintenance Technician Intermediate and Advanced OSA and the Machinist OSA
Select classes will be offered each semester.
Textbooks are not included in course cost.

COM's Mechanical Maintenance Technician Program prepares students for a successful career as a mechanical maintenance technician and millwright. Mechanical maintenance technicians work in petrochemical, refineries, manufacturing, production, power plants, maritime, aerospace, hospitals, commercial facilities and machine shops. The need for mechanical maintenance technicians and millwrights in the Gulf Coast Region is anticipated to grow by 44.1 percent by 2020. The median hourly wage is \$23.15, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
INMT 1005	Introduction to Industrial Maintenance	64
This course trains students in the basic mechanical skills and repair techniques common to most fields of industrial maintenance. Topics include using precision measuring instruments and the safety rules common in industry. Students will obtain their OSHA 10 certification.		
TECM 1001	Industrial Mathematics	64
This course teaches math skills applicable to industrial occupations. It includes fraction and decimal manipulation, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications. Prerequisite: INMT -1005		
MCHN 1002	Print Reading for Machine Trades and Rigging	64
Students will study blueprints for machining trades with an emphasis on machine drawings. Topics include identifying the elements of machine drawings; interpreting the dimensions, tolerances and geometric aspects of blueprints; explaining geometric dimensioning and tolerancing (GD&T) symbols and their meanings; and identifying the safety concerns associated with lifting loads; rigging		

a load for lifting; performing a safety check before a load is lifted; and identifying the equipment required to make a lift. Prerequisites: INMT-1005 and TECM-1001

POFT 1006	Job Search and Employment Skills	40
Students will develop the skills required to obtain and maintain a job. Topics will include standard applications for employment, interview procedures, personal appearance and attitudes, employer expectations, and employer/employee relationships." Prerequisites: INMT-1005, TECM-1001, MCHN-1002		

WLDG 1021	Metallurgy and Welding Fundamentals	64
This course is an introduction to the fundamentals of the equipment used in oxy-fuel and arc welding, including welding and cutting safety, basic oxy-fuel welding and cutting, basic arc welding processes and basic metallurgy. Prerequisite: INMT 1005, TECM 1001, MCHN-1002, POFT-1006		

TOTAL HOURS **296**

INDUSTRIAL MAINTENANCE, INTRODUCTION – 64 HRS

Cost:	In district: \$485	Out of district: \$490
SYN: 2661 INMT-1005-222CL	04/09/19-05/30/19	TTH
06:00PM-10:00PM	IND 012	D Wall

PRINT READING FOR MACHINE TRADES AND RIGGING – 64 HRS

There will be no classes March 11 or 13.

Cost:	In district: \$475	Out of district: \$480
SYN: 2659 MCHN-1002-221CL	01/28/19-03/27/19	MW
06:00PM-10:00PM	IND 012	D Wall

JOB SEARCH AND EMPLOYMENT SKILLS – 40 HRS

Cost:	In district: \$285	Out of district: \$290
SYN: 2662 POFT-1006-222CL	04/09/19-05/21/19	TTH
06:30PM-09:30PM	TVB 1436	C Thomas

METALLURGY AND WELDING FUNDAMENTALS – 64 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 2660 WLDG-1021-222CL	04/08/19-06/03/19	MW
06:00PM-10:00PM	IND 012	T Ward

Mechanical Maintenance Technician, Intermediate *Occupational Skills Award*

REQUIRED COURSE SEQUENCE

Prerequisite: Basic Mechanical Maintenance Technician OSA
Textbooks are not included in course cost.

Course #	Title	Hrs
MCHN 2005	Millwright III – Bearings, Seals and Couplings	64
This course is an introduction to bearings and seals. Topics include the identification of common bearings and seals with an emphasis on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Occupational Skills Award		
MCHN 2007	Millwright IV – Lubrication, Valves and Pumps	64
This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: MCHN-2005		

MCHN 2012 Millwright V – Gear Boxes, Chain and Belt Drives 64
This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: MCHN-2005, MCHN-2007

INMT 2003 Pumps, Compressors and Mechanical Drives 64
Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: MCHN-2005, MCHN-2007, MCHN-2012

TOTAL HOURS 256

MILLWRIGHT V – GEAR BOXES, CHAINS AND BELT DRIVES – 64 HRS

Cost: In district: \$475 Out of district: \$480
SYN: MCHN-2012-221CL 04/09/19-05/30/19 TH
06:00PM-10:00PM IND 017 COM Faculty

MILLWRIGHT III-BEARINGS, SEALS AND COUPLINGS – 64 HRS

Cost: In district: \$475 Out of district: \$480
SYN: 2663 MCHN-2005-223CL 01/29/19-03/28/19 TTH
06:00PM-10:00PM IND 017 COM Faculty

Mechanical Maintenance Technician, Advanced Occupational Skills Award

REQUIRED COURSE SEQUENCE

Prerequisites: Basic Mechanical Maintenance Technician OSA
and Intermediate Mechanical Maintenance Technician OSA
Textbooks are not included in course cost.

Course #	Title	Hrs
MCHN 2014	Millwright VI – Reciprocating, Centrifugal Compressors and Blowers	64
	This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors.	
MCHN 2016	Millwright VII – Turbines	64
	This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repairing of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: MCHN-2014	
MCHN 2018	Millwright VIII – Alignment and Vibration	64
	This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: MCHN-2014, MCHN-2016	
TOTAL HOURS		192

Manual Machinist Occupational Skills Award

REQUIRED COURSE SEQUENCE

Prerequisites: MMT Basic Occupational Skills Award or approval from the director of CE industrial workforce programs and one year's work experience as a manual machinist.
Textbooks are not included in course cost.

COM's Manual Machinist Program prepares students for a successful career as a manual machinist creating precision parts using manual lathes and mills. Manual machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified manual machinists in the Gulf Coast Region is anticipated to grow by 37.7 percent by 2022. The median hourly wage is \$19.88, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available

Course #	Title	Hrs
MCHN-1008	Basic Lathe	64
	The course is an introduction to the common types of lathe machines, part terminology, basic machine operations and procedures. Students will identify lathe machine components and their functions, calculate speeds and feeds, set up and operate lathe machines. They will apply safety, machine mathematics, blueprint reading and theory. Prerequisites: MCHN-1038 and MCHN-1013	
MCHN-2041	Advanced Machining	64
	This course is a study of advanced lathe and milling machines operations. The student will learn advanced cutting operations of lathes and milling machines, including the use of special tooling, bench assembly and materials identification. Prerequisites: MCHN-1038, MCHN-1013 and MCHN-1008	
MCHN-2041	Advanced Machining	64
	This course is a study of advanced lathe and milling machines operations. The student will learn advanced cutting operations of lathes and milling machines, including the use of special tooling, bench assembly and materials identification. Prerequisites: MCHN-1038, MCHN-1013 and MCHN-1008	
TOTAL HOURS		256

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.





The number of Mechanical Maintenance Technicians needed for the greater Houston area will **grow 44.1%** by the year 2022 with the median salary of **\$23.15/hour** depending on skill level.

DID YOU KNOW?

The number of Manual and CNC Machinist needed for the greater Houston area will **grow 37.7%** by the year 2022 with the median salary of **\$19.88/hour** depending on skill level.



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CNC Machinist Occupational Skills Award

REQUIRED COURSE SEQUENCE

Prerequisites: Manual Machinist OSA or approval from the director of CE industrial workforce programs and two years' work experience as a manual machinist.

Textbooks are not included in course cost.

COM's CNC Machinist Program prepares students for a successful career creating precision parts using computer numerical controlled (CNC) lathes and mills. CNC machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified CNC machinists in the Gulf Coast region is expected to grow by 37.7 percent by 2020 (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
MCHN-2003	CNC Programming This course is the study of programming and operation of computer numerical controlled (CNC) machine shop equipment. Students will demonstrate operations of CNC machine controls, compare and contrast the differences between conventional and CNC machines, and use CNC machine applications for machining operations.	124
MCHN-1026	CAM/Mastercam This course is the study of computer-aided manufacturing (CAM) Mastercam software, which is used to develop applications for manufacturing. It emphasizes tool geometry, tool selection and tool library. Students will create part programs, transfer programs to the machine control unit, and machine parts. Prerequisites: MCHN-2003	64
MCHN-2038	CAM Multi-Axis This course covers advanced techniques in computer-aided manufacturing (CAM) software used to develop applications for manufacturing. Students will use the CAM software Mastercam to create multi-axis part programs and transfer programs to the machine control unit. Prerequisites: MCHN-2003 and MCHN-1026	64
TOTAL HOURS		252

CAM / MASTERCAM – 64 HRS

There will be no classes March 11 or 13.

Cost:	In district: \$475	Out of district: \$480
SYN: 2669 MCHN-1026-221CL	01/28/19-03/27/19	MW
06:00PM-10:00PM	IND 019	J Gilcrease

CAM MULTI-AXIS – 64 HRS

Cost:	In district: \$480	Out of district: \$480
SYN: 2670 MCHN-2038-222CL	04/08/19-06/03/19	MW
06:00PM-10:00PM	IND 019	J Gilcrease

DID YOU KNOW?

That the number of Pipefitters for the greater Houston area will **grow 27.4%** by the year 2022 with the median salary at **\$24.68/hour** depending on skill level.

Industrial Pipefitting Occupational Skills Award

REQUIRED COURSE SEQUENCE
Textbooks are not included in course cost.

COM's Pipefitting Program prepares students for a successful career as a helper or apprentice as a pipefitter. Pipefitters are employed in petrochemical, refineries, pipeline industries, maritime, utility and local governments.

The need for NCCER qualified pipefitters in the Gulf Coast Region is anticipated to grow by 24.4 percent by 2022. The median hourly wage is \$24.68, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available

Industrial Pipefitting I Occupational Skills Award

NCCER CORE, NCCER Level 1, NCCER Level 2
REQUIRED COURSE SEQUENCE

Course #	Title	Hrs
CNBT-1018	Pipefitting – NCCER CORE This course is a comprehensive study of NCCER CORE for pipefitting students. Students will learn how to safely use hand tools, power tools and related equipment for pipefitting, basic rigging and material handling. They will gain skills in construction math, communication and blueprints. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER CORE.	64
PFPB-1008	Pipefitting – NCCER Level 1 This course is a comprehensive study of NCCER Level 1 for pipefitting. Students will be introduced to the pipefitting trade. They will learn how to use hand tools and power tools associated with pipefitting; identify pipes, pipe fittings, flanges and fasteners; apply mathematical calculations applicable to pipe-fitting installations; identify equipment used in pipefitting such as oxy-fuel cutting, ladders and scaffolds and motorized equipment. Upon completion students will obtain credentials for NCCER Pipefitting Level 1. Prerequisite: CNBT-1018	96
PFPB-1043	Pipefitting – NCCER Level 2 This course is a comprehensive study of NCCER Level 2 for pipefitting. Students will identify and demonstrate the use of different piping systems. They will install pipe hangers and supports, sketch isometric views of piping assemblies, interpret piping standard and specification, and use measuring devices and pipefitting trade math. Upon completion students will obtain credentials for NCCER Pipefitting Level 2. Prerequisites: CNBT-1018 and PFPB-1008	128
TOTAL HOURS		288

PIPEFITTING – NCCER CORE – 64 HRS

There will be no classes March 11 or 13.

Cost:	In district: \$485	Out of district: \$490
SYN: 2676 CNBT-1018-221CL	01/28/19-03/27/19	MW
06:00PM-10:00PM	IND 006/IND 001	T Clark

PIPEFITTING – NCCER LEVEL 1 – 96 HRS

Cost:	In district: \$575	Out of district: \$580
SYN: 2677 PFPB-1008-222CL	04/08/19-06/01/19	MW
06:00PM-10:00PM	IND 006/IND 001	T Clark



WELDING

WELDING, MULTIPLE PROCESSES – 112 HRS

Enter a field with growing opportunities with COM's Welding Technology Program. Graduates find jobs in the oil and gas industry, energy exploration, power plants and construction.

The median hourly wage is \$23.02, with entry-level positions starting below that rate. The need for qualified welders in the Gulf Coast region is anticipated to grow by 15.1 percent by 2024. (Source: Workforce Solutions, 2018)

COM's program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). **The course includes a \$200 lab fee. Not included is approximately \$250 for personal equipment. There will be no classes March 11, 12, 13, 14 or 15.**

Cost:	In district: \$700	Out of district: \$705
SYN: 2363 WLDG-1007-131CL	01/22/19-02/11/19	MTWTH
08:30AM-05:00PM	WLD 010	V Woods
SYN: 2367 WLDG-1007-270CL	01/22/19-03/07/19	MTWTH
06:00PM-10:00PM	WLD 010	COM Faculty
SYN: 2364 WLDG-1007-132CL	02/18/19-03/21/19	MTWTH
08:30AM-05:00PM	WLD 010	V Woods
SYN: 2368 WLDG-1007-271CL	03/18/19-05/02/19	MTWTH
06:00PM-10:00PM	WLD 010	COM Faculty
SYN: 2365 WLDG-1007-133CL	03/25/19-04/18/19	MTWTH
08:30AM-05:00PM	WLD 010	V Woods
SYN: 2366 WLDG-1007-134CL	04/22/19-05/16/19	MTWTH
08:30AM-05:00PM	WLD 010	V Woods



Jeremy Kilgore now works as an EKG Technician

Jeremy Kilgore was an Adult Basic Education student who went on to complete his high school equivalency program but not before he applied for the College of the Mainland electrocardiogram (EKG) program.

Students admitted into the EKG Technician program at College of the Mainland are required to be a high school graduate in order to complete the application for the EKG program. The college, however, allows students to apply for a waiver if the applicant is enrolled in a COM GED program.

Kilgore currently is working at Bayshore Medical Center in Pasadena as an EKG technician. He was hired shortly after finishing his EKG tech program at COM. He started the program in February 2018 and was hired within just a few months.

Why did you choose the EKG program at College of the Mainland?

Kilgore said he needed something fast and wanted to do something more “professional.” The EKG program would be a huge change from his plant worker/construction jobs that were contingent on the weather and subject to layoffs. He chose to enroll in the program at COM because it was local and close to home.

Was there anyone specifically who influenced you?

A lot of people in his life had health problems, so he attempted to learn more about the diagnoses and was intrigued by what he learned. He wanted to learn more about the healthcare profession.

How is your life different now that you have completed this program?

“Busy!” Kilgore works full-time hours and likes it more than the construction jobs he had. “I like it a lot more. I feel like this job is more fulfilling than anything I’ve ever done.”

Did you have any reservations about starting the program?

No. Kilgore wasn’t sure what he was getting himself into, so he thought he’d try it and see. Taking the job proved to be challenging, more challenging than he thought it would be. *How so?* “I had never been to a ‘code blue’ or ‘rapid response’ (a term used when a patient’s heart has stopped, and needs to be given CPR or shocked). That was intimidating at first, but seeing people brought back to life was what made it easier to overcome.”

If you could encourage someone who is struggling to get started in the healthcare field, what would you say?

“Go for it!” he said. “It’s a lot easier than people realize. There is a lot of help; even if it’s intimidating, there a lot of people who can help you.”

Is there an achievement or contribution that you are most proud of and why?

“All of it, altogether. My life before was completely different. The way my life was going, I thought to myself ‘I need to change this.’” Since the EKG program is only 3 ½ months long, it allowed Kilgore to take the class and start working.

Anything else you want to share?

“I wish more people knew about this. I wish they were aware of certificate programs, and how they can work for you.”

ONLINE TRAINING



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FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.



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PUBLIC SERVICE CAREERS



PUBLIC SERVICE CAREERS

Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

FIRE TECHNOLOGY

DRIVER/OPERATOR/PUMPER – 80 HRS

This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Driver/Operator-Pumper. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Driver/Operator-Pumper. Students successfully completing the course will be eligible to test for Driver/Operator-Pumper certification, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran, Director Fire Technology for additional information at 409-933-8378 or dmclerran@com.edu

Cost:	In district: \$695	Out of district: \$700
SYN: 2461 FIRS-2044-101CL	05/20/19-05/31/19	MTWTHF
08:00AM-05:00PM	PSC 120	S Scott

FIRE INSTRUCTOR III - 64 HRS

This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Fire Instructor III. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Fire Instructor III. Students will be required attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to test for Fire Instructor III certification, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran, Director of Fire Technology for information at 409-933-8378 or dmclerran@com.edu.

Cost:	In district: \$185	Out of district: \$190
SYN: 2459 FIRT-2059-001IN		01/22/19-04/19/19
Internet		D McLerran

BASIC FIRE INSPECTOR – 196 HRS

The following three courses satisfy curriculum requirements for Texas Commission on Fire Protection (TCFP) Basic Fire Inspector Certification. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Basic Fire Inspector. Students must enroll in FIRT 1008, FIRT 1040, and FIRT 1002. Students will be required to attend labs to complete TCFP performance skills. Lab dates and times will be listed in the course syllabus. Students successfully completing the course will be eligible to test for the Basic Fire Inspector certification examination, provided they satisfy TCFP testing requirements. Students are responsible for testing and certification fees. Contact the Danny McLerran, Director of Fire Technology at 409-933-8378 or dmclerran@com.edu for additional information.

In order to satisfy TCFP Basic Fire Inspector requirements, students must enroll in the following three courses:
FIRT 1008, FIRT 1040, and FIRT 1002.

FIRE INSPECTOR I – 90 HRS

The cost for all 3 courses is included in FIRT 1008.

Cost:	In district: \$632	Out of district: \$637
SYN: 2456 FIRT-1008-001IN		01/22/19-05/17/19
Internet		M Simons/D McLerran

FIRE INSPECTOR II – 70 HRS

The cost for all 3 courses is included in FIRT 1008.

SYN: 2457 FIRT-1040-001IN	01/22/19-05/17/19
Internet	M Simons/D McLerran

PLAN EXAMINER I – 36 HRS

The cost for all 3 courses is included in FIRT 1008.

SYN: 2458 FIRT-1002-001IN 01/22/19-05/17/19

Internet M Simons/D McLerran

FIRE OFFICER IV - 64 HRS

Internet Course: This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Fire Officer IV. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Fire Officer IV. Students will be required to attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to test for Fire Officer IV certification, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran, Director of Fire Technology for additional information at 409-933-8378 or dmlcerran@com.edu.

Cost: In district: \$185 Out of district: \$190

SYN: 2460 FIRT-2057-001IN 01/22/19-04/19/19

Internet D McLerran

SFFMA FIREFIGHTER I

The following two courses satisfy curriculum and certification standards for the State Fire Fighters and Fire Marshals Association (SFFMA) Firefighter I. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Students must enroll in FIRS 1001 and FIRS 1007. Students successfully completing the course will be eligible to test for the SFFMA Firefighter I certification examination, provided they satisfy SFFMA testing requirements. Prerequisite: Student must be sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology for information at 409-933-8378 or dmlcerran@com.edu.

In order to satisfy SFFMA Firefighter I requirements, students must enroll in the following two courses:

FIRS 1001 and FIRS 1007.

FIREFIGHTER CERTIFICATION I – 96 HRS

The cost for both courses is included FIRS 1001.

Cost: In district: \$895 Out of district: \$900

SYN: 2462 FIRS-1001-201CL 01/22/19-05/18/19 MW

06:00PM-10:00PM PSC 120 J Valdina/G Obert

01/26/19-05/18/19 S

08:00AM-05:00PM

FIREFIGHTER CERTIFICATION II – 96 HRS

The cost for both courses is included FIRS 1001

SYN: 2757 FIRS-1007-202CL 01/22/19-05/18/19 MW

06:00PM-10:00PM PSC 120 J Valdina/G Obert

01/26/19-05/18/19 S

08:00AM-05:00PM

SFFMA FIREFIGHTER II

The following two courses satisfy curriculum and certification standards for the State Firefighters and Fire Marshals Association (SFFMA) Firefighter II. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Student must enroll in FIRS 1029 and FIRS 1033. Students successfully completing the course will be eligible to test for the SFFMA Firefighter II certification examination, provided they satisfy SFFMA testing requirements. Prerequisite: Student must have successfully completed SFFMA Firefighter I and sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology for information at 409-933-8378 or dmlcerran@com.edu.

In order to satisfy SFFMA Firefighter II requirements, students must enroll in the following two courses:

FIRS 1029 and FIRS 1033.

FIREFIGHTER CERTIFICATION VI – 80 HRS

The cost for both courses is included FIRS 1029.

Cost: In district: \$595 Out of district: \$600

SYN: 2463 FIRS-1029-001IN 01/22/19-04/19/19

Internet G Obert/D McLerran

FIREFIGHTER CERTIFICATION VII – 80 HRS

The cost for both courses is included FIRS 1029.

SYN: 8581 FIRS-1033-001IN 01/22/19-04/19/19

Internet G Obert/D McLerran

EMERGENCY MEDICAL SERVICES

Continuing Education for Emergency Medical Services personnel is easy and affordable. Whether you need Department of State Health Services-approved CE (refresher, remedial, recertification) or renewal of your "card classes" (AHA-CPR, ACLS, ITLS, etc.), we are here to help.

If your organization has a specific need, give us a call at 409-933-8198.

We are flexible and quick to respond to the needs of our customers.

For more information, call 409-933-8198.

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER

COM's Commissioned Security Officer Course, which can be completed in about a week, prepares students for a career as a commissioned security officer. Commissioned security officers guard, patrol or monitor premises to prevent theft, violence or infractions of rules. They may operate X-ray and metal detector equipment. They may work in a wide variety of places, including public buildings, retail stores, industrial facilities and office buildings. The median hourly wage in Texas is \$24,680 per year/ \$11.87 per hour. (Source: Bureau of Labor Statics)

Course #	Title	Hrs
SLPS 1013	Commissioned Security Officer	32
	This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment.	

TOTAL HOURS 32

COMMISSIONED SECURITY OFFICER – 32 HRS

Contact Dan Blackford at 409-933-8485 for further information.

Cost:	In district: \$260	Out of district: \$265
SYN: 2369 SLPS-1013-101CL	01/07/19-01/10/19	MTWTH
08:00AM-05:00PM	RANGE	D Blackford
SYN: 2370 SLPS-1013-201CL	02/11/19-02/20/19	MTWTHF
06:00PM-10:00PM	RANGE	D Blackford
SYN: 2371 SLPS-1013-202CL	05/06/19-05/09/19	MTWTH
08:00AM-05:00PM	RANGE	D Blackford

COMMISSIONED SECURITY OFFICER

The Level III (Level 3), training class is what you take if you are looking to carry a firearm as a Commissioned, or Armed Security Guard in Texas. This course, as required by the State of Texas and the Private Security Bureau, will include a classroom session and a firearms range qualification. You will also receive your Level II certification.

Our Level 3 class is taught by an instructor that is currently active working security. What does this mean for you? It means that you'll have an instructor, with on-hand knowledge and actual work experience teaching you. Our instructor will not just read from a book for the entire class. Our classes are interesting, engaging and interactive!

General Course Description

- Law Pertinent to the Security Officer
- Field Notes and Report Writing
- Crime Scenes
- Awareness Skills
- Use of Force
- Conflict Resolution
- Defensive Tactics
- Handcuffing
- Firearms

SECURITY FIREARMS REQUALIFICATION – 7 HRS

This course provides training for every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Contact Dan Blackford at 409-933-8485 for further information.

Cost:	In district: \$65	Out of district: \$70
SYN: 2372 SLPS-2000-101CL	01/04/19	F
08:00AM-03:00PM	RANGE	D Blackford
SYN: 2373 SLPS-2000-102CL	03/01/19	F
08:00AM-03:00PM	RANGE	D Blackford
SYN: 2375 SLPS-2000-103CL	04/05/19	F
08:00AM- 03:00PM	RANGE	D Blackford
SYN: 2376 SLPS-2000-104CL	05/03/19	F
08:00AM-03:00PM	RANGE	D Blackford

LAW ENFORCEMENT

NEED YOUR TCOLE MANDATED TRAINING?

Is your department looking for more training for its officers? Contact College of the Mainland Law Enforcement Training for all of your training needs. COM can accommodate nearly any training request you may have from Basic Peace Officer to Master Instructor.

Call us and we will be happy to work with you.
For more information, call Thom Karlok at 409-933-8299.

CIVILIAN FIREARMS



CIVILIAN FIREARMS PRACTICE – 3 HRS

This is a structured handgun practice session. Instructors are present for assistance in improving skills and accuracy. The on-campus firing range is located next to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. The minimum age is 18.

Cost:	In district: \$32	Out of district: \$37
SYN: 2387 CIVI-7001-201CL	01/03/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2388 CIVI-7001-202CL	01/24/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2389 CIVI-7001-203CL	02/07/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2390 CIVI-7001-204CL	02/21/19	TH
06:30PM-09:30PM	RANGE	D Blackford

SYN: 2391 CIVI-7001-205CL	03/07/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2392 CIVI-7001-206CL	03/21/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2393 CIVI-7001-207CL	04/11/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2394 CIVI-7001-208CL	05/02/19	TH
06:30PM-09:30PM	RANGE	D Blackford
SYN: 2395 CIVI-7001-209CL	05/16/19	TH
06:30PM-09:30PM	RANGE	D Blackford

CONCEALED HANDGUN LICENSE/LTC – 5 HRS

This course is designed for those wanting to obtain a concealed handgun permit. Covered topics are those required by Texas. State law requires passing a written test and demonstrating proficiency with a handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost:	In district: \$97	Out of district: \$102
SYN: 2377 CIVI-7003-101CL	01/05/19	S
08:00AM-01:00PM	RANGE	D Blackford
SYN: 2378 CIVI-7003-102CL	02/02/19	S
08:00AM-01:00PM	RANGE	D Blackford
SYN: 2379 CIVI-7003-103CL	03/02/19	S
08:00AM-01:00PM	RANGE	D Blackford
SYN: 2380 CIVI-7003-104CL	04/06/19	S
08:00AM-01:00PM	RANGE	D Blackford
SYN: 2381 CIVI-7003-105CL	05/04/19	S
08:00AM-01:00PM	RANGE	D Blackford

FIRST STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS

This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

Cost:	In district: \$82	Out of district: \$87
SYN: 2382 CIVI-7004-201CL	01/28/19-01/29/19	MT
06:00PM-10:00PM	RANGE	D Blackford
SYN: 2383 CIVI-7004-202CL	03/25/19-03/26/19	MT
06:00PM-10:00PM	RANGE	D Blackford
SYN: 2384 CIVI-7004-203CL	05/20/19-05/21/19	MT
06:00PM-10:00PM	RANGE	D Blackford

FIRST STEP BASIC HANDGUN – 8 HRS

This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

Cost:	In district: \$82	Out of district: \$87
SYN: 2385 CIVI-7004-204CL	02/25/19-02/26/19	MT
06:00PM-10:00PM	RANGE	D Blackford
SYN: 2386 CIVI-7004-205CL	04/29/19-04/30/19	MT
06:00PM-10:00PM	RANGE	D Blackford

INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS

This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a Concealed Handgun License CHL or a License to Carry LTC. Student must provide own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost:	In district: \$202	Out of district: \$207
SYN: 2405 CIVI-7005-201CL	03/04/19-03/06/19	MTW
06:00PM-10:00PM	RANGE	D Blackford

BASIC TACTICAL RIFLE – 12 HRS

This course will introduce students to the tactical rifle. Students will build a strong foundation with their rifle while becoming safe and confident in skill level. This is a great course for the shooter wanting to learn the fundamentals with a rifle and build skills for advanced shooting. Student will learn firearms safety; nomenclature; fundamentals of shooting, loading and unloading procedures; zeroing procedures; malfunction clearing; shooting positions; multiple target engagements; moving and shooting. Students will need to provide their own rifle in 5.56 or .223, a sling and at least 2 magazines. Ammunition, range fees, targets and safety equipment are included in the tuition. All students must wear long pants and closed toed shoes while on the range.

Cost:	In district: \$202	Out of district: \$207
SYN: 2773 CIVI-7009-201CL	04/01/19-04/03/19	MTW
06:00PM-10:00PM	RANGE	D Blackford

50 PLUS DISCOUNT

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.



BASIC DEFENSE PISTOL SIMULATOR – 4 HRS

This course is designed for real-life training for handgun use in quick reaction self-defense scenarios. Training will include situational awareness, planned response and safety after a shooting incident. The minimum age is 21 and students must have a license to carry/concealed handgun license. Students will be provided with a training handgun and instruction. This is a simulator-based training on when to shoot. There are no live firearms, and training is in the classroom on a state-of-the-art shooting simulator.

Cost:	In district: \$70	Out of district: \$75	
SYN: 2398 CIVIX-7010-201CL	01/07/19	M	
06:00PM-09:00PM	RANGE	D Blackford	
SYN: 2396 CIVIX-7010-202CL	02/04/19	M	
06:00PM-09:00PM	RANGE	D Blackford	
SYN: 2404 CIVIX-7010-203CL	04/08/19	M	
06:00PM-09:00PM	RANGE	D Blackford	



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**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

GULF COAST SAFETY INSTITUTE



CENTER FOR RISK MANAGEMENT

ASSESSING ERGONOMIC RISK AND INJURY USING WEARABLE TECHNOLOGY – 8 HRS

In today's society technology is everywhere. There are many advances in the technology that can be used for safety and health. Sensor embedded employee clothing or accessories, like belts, are now used to assess individual physiological responses (such as muscle function and exertion) while performing routine tasks. Data collected reveals hidden factors that can be corrected with ergonomic interventions before they result in injury. This class will cover the different types of wearable technology to prevent ergonomic injuries and demonstrate how they work.

Cost: FREE

SYN: 2741 OSH-1071-101CL	01/11/19	F
08:00AM-05:00PM	GCSI 115	E Bell

COMMITTED TO SAFETY 24/7 – 8 HRS

For the first time in US history, accidental injury is the #3 cause of death among all deaths (on or off the job) in our country. We have all heard it said before that "Safety is our #1 Priority". But priorities change and when they do safety in the workplace can decline. When we know that 5190 workers were killed on the job in 2016 should safety be our "priority" or a cultural value? In this class, we will discuss accident prevention at

work and how we can carry it over into our homes and vehicles. Students will leave with some practical tools to help prevent accidental death in the workplace and at home. Since an accident can happen anytime, we want to be "Committed to Safety - 24/7".

Cost: FREE

SYN: 2742 OSH-1071-102CL	01/25/19	F
08:00AM-05:00PM	GCSI 115	B Morales

ROOT CAUSE AND JOB SAFETY ANALYSIS – 8 HRS

Root Cause Analysis (RCA) and Job Hazard Analysis (JHA) are foundational safety processes that most organizations perform, but few do with excellence. If your JHAs aren't eliminating incidents and injuries and you are seeing repetitive repeat incidents even after performing RCAs, your processes may be falling short. Learning or revisiting the critical components of the processes can help you determine how well your team is leveraging these important activities. In this class the student will learn to facilitate and utilize several different root cause analysis techniques; determine and effectively implement corrective actions; recognize hazards and controls for a variety of processes, equipment and jobsites; implement a step-by-step JHA process and alignment with the Safety Management System.

Cost: FREE

SYN: 2743 OSH-1071-103CL	02/08/19	F
08:00AM-05:00PM	GCSI 115	L McGaha

THE EMERGENT SAFETY LEADER – 8 HRS

Are you the next leader in your organization? This course is designed to provide current and developing leaders an overview of the four basic skills required to become an emergent safety leader: accountability, connectivity, credibility and trust. An emergent safety leader, who may or may not have a formal leadership title, is one who has emerged as an effective leader because of how he/she interacts with others. People follow the emergent leader voluntarily and passionately give their best every day. The mastery of these four primary leadership skills is necessary to become an emergent safety leader. Participants will learn how to create connectivity between safety business operations and employees; how to demonstrate credible consciousness and build high levels of trust in business relationships; and develop a personal action plan to improve safety leadership capability.

Cost: FREE

SYN: 2744 OSHT-1071-104CL 02/22/19 F
08:00AM-05:00PM GCSI 115 D Baker

TRANSFORMING STRESS INTO SUCCESS – 8 HRS

Are you stressed at work? home? We often find ourselves saying "things will calm down soon" but "soon" doesn't seem to come soon enough. This course will help attendees to develop skills for identifying one's responses to work and life stress and gives participants the tools and resources for transforming stress into health and success. Individuals embody their new "stress to success" skills by applying them to at least one work and life issue and leave with steps for transforming them to health outcomes they deem most important. You'll also be able apply the lessons learned to create a fully functioning and engaged staff; increased employee attendance, morale and job satisfaction; and improvements in workforce health (reduced sick time, absenteeism, and health insurance claims; increase in job performance, proactive behavior, and task completion).

Cost: FREE

SYN: 2750 OSHT-1071-105CL 03/08/19 F
08:00AM-05:00PM GCSI 115 J Wedergren

UNDERSTANDING ETHICAL RESPONSIBILITIES AND LEGAL LIABILITIES IN SAFETY – 8 HRS

OSH professionals face dilemmas in enforcing safety regulations when confronted with workers or management that may not want to follow their guidance. Regulatory claims that stem from OSHA enforcement will be covered. This will include a discussion of the "life" of an OSHA enforcement action and the claims and defenses available in such an action. The instructor will discuss some of the best defenses and other legal consequences to consider when deciding to contest a citation. Beyond the fine amount, employers may need to consider the cost of abatement, whether the citation could result in a repeat or willful citation in the future, or motivate OSHA to seek enterprise wide relief. The course will then discuss the discovery process and trial stage of an OSHA case. Evaluating defenses such as the unpreventable employee misconduct defense, refuting employer knowledge and examples of effective trial techniques will also be covered.

Cost: FREE

SYN: 2751 OSHT-1071-106CL 03/22/19 F
08:00AM-05:00PM GCSI 115 M Deffebach

NFPA 70E – UNDERSTANDING THE STANDARD – 8 HRS

The course will walk learners through an overview of the updated 2018 edition of NFPA 70E electrical safety and arc flash requirements; review OSHA and NEC standards and implement an electrical hazard-control and management program for and provide an explanation on how they affect the employer and employee. We will also take a look at changes in OSHA 29 CFR 1910.269 and discuss the relationship between the two. Learners should expect to leave this class with a better understanding of their responsibilities and how each of these standards can be applied in the workers' environment.

Cost: FREE

SYN: 2752 OSHT-1071-107CL 04/05/19 F
08:00AM-05:00PM GCSI 115 K Kirkpatrick

SAFETY: THE "PEOPLE" PROFESSION – 8 HRS

Safety professionals have to deal with people every day at every level of the organization and from every walk of life. While they may be more than competent in their abilities to perform safety related functions and management of multiple processes many struggle to have positive influence in making long lasting changes within their organizations. In some circumstances the need for the safety person to understand what makes each person make a long lasting change in behavior comes from having the skills to understand how to communicate and influence each individual rather than the collective. This session will cover an overview of the principles of personality identification, communication skills using neuro-linguistics and positive conflict resolution.

Cost: FREE

SYN: 2753 OSHT-1071-108CL 04/26/19 F
08:00AM-05:00PM GCSI 115 C Lewis

ANSI Z490 – ACCEPTANCE CRITERIA FOR PRACTICES IN SAFETY, HEALTH AND ENVIRONMENTAL TRAINING – 8 HRS

Do you conduct safety training for your organization or others? Did you know that there is an ANSI Standard that describe the attributes of a safety and health trainer and sets minimum expectations for training. Come learn from a member of the ANSI Z490.1 standard committee how to improve your training development and how to pick your trainers. This course will cover each segment of the ANSI Z490.1 Standard utilizing slides, handouts, workshops, and facilitated discussions.

Cost: FREE

SYN: 2754 OSHT-1071-109CL 05/10/19 F
08:00AM-05:00PM GCSI 115 G Smith

FOCUS 4 IN CONSTRUCTION – 8 HRS

Fatalities and severe injuries in construction are still occurring at an alarming rate. OSHA categorizes these injuries into its "Focus 4 Hazards in Construction": electrocutions, fall from heights, caught in or between, and struck by hazards. This course will provide a variety of construction industry scenarios and workshops for students to learn and apply effective training techniques on the work site to prevent these serious and deadly situations.

Cost: FREE

SYN: 2755 OSHT-1071-110CL 05/24/19 F
08:00AM-05:00PM GCSI 115 G Njoku

50 PLUS PROGRAM



MESSAGE FROM THE DIRECTOR

Welcome to the COM Lifelong Learning Program. We are located in a



15,000 square foot facility in the Gulfway Plaza. Within this facility, we have art class rooms with sinks and art display spaces, a computer lab, a glass-art classroom with cutting equipment and grinders. We have a sewing room with areas for quilting and fabric storage; there is a dance studio and an exercise room. Our students enjoy coffee and meals in the break room.

During the spring 2019 semester we are offering 130 classes and numerous trips and lectures from which you can choose. We have morning, afternoon, and evening classes, covering topics such as the fine arts like acrylic, watercolor, and oil painting. There are courses in cake decorating, greeting cards, beading, painting on silk, collage, mosaics, origami, fused and stained glass. Our seniors learn Spanish, computer, Microsoft, Photoshop, and iPad/iPhone skills. We offer woodworking, photography, sewing, quilting, embroidery, and knitting. There are exercise programs like dance, yoga, pilates, sit-n-fit, spinning, weights and core, and tai chi, all designed for students who are fifty years of age and over. We have fitness classes stressing healthy eating and drumming classes. Since moving into our new facility in the Gulfway Plaza, we have increased enrollment and the number of courses that we offer.

Our students stay active and enjoy learning experiences on the many day trips that we offer. A few examples are bird watching, visiting Phoenicia Market in Houston, George Memorial Library-Richmond, TX to do genealogy research, local museums, the bluebonnet festival in Chappell Hill, the Brookwood Spring Extravaganza, and a trip to the Bryan Museum in Galveston. We will spend the evening cooking with Chef Jimmy at a local restaurant.

Evening excursions include bus trips to evening performances of Broadway across America's Book of Mormon, Waitress, Anastasia, and Play That Goes Wrong. One evening we will attend Alley Theatre's The Carpenter, Quack!, Constellations and Mamma Mia!, We will see Ensemble Theatre's performances of Too Heavy for Your Pocket and

Freeda Peoples. We will see Pink Martini perform at The Grand Opera House in Galveston.

Our students participate in educational travel adventures, a great way to get to know other members of the fifty-plus community. Travels are planned to the Balloon Fiesta in Albuquerque; to the Rose Parade on New Year's Day; to Holland during the tulip season; to Switzerland, France, and the Christmas markets on the Rhine River. All trips include roundtrip airfare, most meals, a professional tour director, sightseeing, motorcoach transportation, hotel transfers, and baggage handling. For information on day trips, evenings at the theater, or extended travel, please contact the Lifelong Learning Center at 409-933-8461.

Our program is designed for lifelong learners age 50 and older. However, anyone over the age of 18 can register for our classes at a slightly higher cost. COM prides itself on instructors who are passionate about their subjects and innovative in their approach to instruction. To register you can call 409-933-8586 Monday and Tuesday from 8 a.m. to 7 p.m. and Wednesday through Friday 8 a.m. to 5 p.m. or stop by the Continuing Education Office on the main campus, or use WebAdvisor online.

Mark your calendar for these important dates:

December 3 – first day of registration for spring 2019
December 15 to January 2 – COM closed for winter holidays
January 21 – COM closed, observance of Martin Luther King's birthday
January 22 – first day of classes
March 11-15 – COM closed for spring break
April 19 – COM closed for the holiday

I am available to speak to local groups or organizations about our program. If you have suggestions for other new day or evening courses or are interested in teaching a course, please contact my office at 409-933-8432.

Find us on Facebook: College of the Mainland 50 Plus Program,
www.facebook.com/com50plus

Nancy House

nhouse@com.edu | 409-933-8432 | www.com.edu/50plus

50 PLUS PROGRAM VISION

The College of the Mainland 50 Plus Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION

The College of the Mainland 50 Plus Program's mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society's existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION

50 Plus Program students in a (SENR) exercise class that is located in the gym or 50 Plus Fitness Membership to use the gym on main campus will receive a free ID card to access into the gym facility.

Students who want an ID to receive the benefits below must pay a one-time \$5 fee. If the ID card is lost or stolen, the replacement cost is \$5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (fall, spring, summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation.

Note: A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card and currently enrolled in the Lifelong Learning Program are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM cosmetology services at The Salon (call 409-933-8480)
- Free admission to COM Community Theatre productions (call 409-933-8345)
- Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

REGISTRATION FOR 50 PLUS PROGRAM

Students may register in person at the Lifelong Learning Center Gulfway Plaza beginning on December 3. Students may also register in person in the CE Office on the main campus, or current students may register by phone by calling 409-933-8226 or use WebAdvisor online by pasting the following into the web browser: (<https://webadvisor.com.edu/WebAdvisor/WebAdvisor?TOKENIDX=5206097774&SS=3&APP=ST&CONSTITUENCY=WBCE>)

If this is your first time to register as a student age 50 or older, you must register in person and show proof of age.

The Continuing Education schedule is on line: <https://www.com.edu/ce/schedule>

CANCELLATION OF CLASSES

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION

If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8461 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips follow the procedures printed on the flier for each trip.

WAITING LISTS

Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8461 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING

Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE

Need a ride from COM's parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

HOURS FOR LIFELONG LEARNING GULFWAY PLAZA

Monday – Friday 8 a.m. – 5 p.m. (Hours vary when classes are in session.)

OTHER FACILITY HOURS

- COM Cosmetology Lab – Gulfway Plaza in La Marque Call 409-933-8480 to make an appointment. Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370 Open Monday – Thursday 7 a.m. – 7 p.m.
- Library, 409-933-8448 open Monday – Thursday 8 a.m. – 9 p.m. present an ID at the library circulation desk to obtain a library card at no cost.

LOCATION CODES

FAB

Fine Arts Building

College of the Mainland
1200 Amburn Rd.
Texas City Campus
409-933-8348

GYM

College Of The Mainland

1200 Amburn Rd.
Texas City Campus
409-933-8422

LRC

Learning Resources Center

1200 Amburn Rd.
Texas City Campus
409-933-8422

LLGP

Lifelong Learning Gulfway Plaza

50 Plus Program Office
14057 Gulfway Plaza
La Marque, TX 77568
409-933-8461

WJCC

Wayne Johnson Community Center

4102 FM 519
La Marque, TX 77568
409-934-8148

CLC

COM Learning Center – North County

200 Parker Ct.
League City, TX 77573
281-332-1800

50 PLUS PROGRAM CLASSES COURSES OFFERING IN ALPHABETICAL ORDER

ART: ADVANCED DRAWING – 36 HRS

This class will combine the drawing from photographs class and basic colored pencils class. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, call the 50 Plus Program Office at 409-933-8461 or visit the office. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2484 SENR-7022-101CL	01/23/19-04/17/19	W
01:00PM-04:00PM	LLGP 101	S Karjala

ART: ADVANCED TOPICS IN CAKE DECORATING – 24 HRS

Students use the mediums of gum paste, fondant, modeling chocolate, and rice krispy treats (RKTs) to create beautiful floral accents, cake accents, figurines, and RKT sculptures for their cakes that are one of a kind show pieces. We will begin with the basics, learning to color and work with fondant and gum paste creating both non-wired and wired floral decorations. Next, we begin using our fondant and modeling chocolate to create simple figurines - animals, objects, people - and then moving into making simple structures/decorations from RKTs, learning to cover the sculptures with dipped chocolate or fondant/modeling chocolate, and developing simple pvc structures on the cake board on which to place and build our RKTs sculptures. Supply list available in Lifelong Learning Program office. Pre-requisite: Cake Decorating **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2467 SENR-7093-201CL	01/22/19-04/16/19	T
05:30PM-07:30PM	LLGP 103	D Seyfang

ART: BASIC DRAWING – 36 HRS

This class, for beginners only, combines drawing from photographs and using basic colored pencils. Students compete a black-and-white drawing and advance to colored pencils. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2485 SENR-6007-101CL	01/24/19-04/18/19	TH
09:00AM 12:00PM	LLGP 103	K Flores

ART: BASIC KNITTING – 36 HRS

Students will learn basics of the knit & Purl stitches, as well as the different types of yarn, what the label means, and the tools used in knitting. Students will learn how to increase, decrease and bind off yarn. Students will learn how to recognize the difference in how the stitches look, where to put stitch markers and their placement. Students will learn how to choose the correct needle and yarn for their project and will also learn how to follow patterns and charts. No experience needed. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2468 SENR-7056-201CL	01/24/19-04/18/19	TH
05:30PM-08:30PM	LLGP 106	B Wilson

NEW! ART: BEADED EMBROIDERY ON FABRIC (BEGINNER) – 36 HRS

This class, for beginners only, combines drawing from photographs and using basic colored pencils. Students compete a black-and-white drawing and advance to colored pencils. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2785 SENR-7112-101CL	01/25/19-04/26/19	F
01:00PM-04:00PM	LLGP 103	R Vance

ART: BEADED FASHION JEWELRY (ADVANCED) – 36 HRS

Advanced beaders will learn new techniques and hone developed skills for bead stitching and bead stringing through the use of lectures, demonstrations, and hands-on student projects. There will be a field trip to bead shops in Houston with a buy-your-own lunch. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2469 SENR-7050-101CL	01/23/19-04/17/19	W
09:00AM-12:00PM	LLGP 104	A Laffey

ART: BEADED FASHION JEWELRY (BEGINNER) – 36 HRS

Students will learn specific beginners' skills in the techniques of bead stitching and bead stringing. Techniques will be taught by lecture, demonstration, and hands-on projects. The class will include a field trip to bead stores in Houston with a buy-your-own lunch. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2470 SENR-7048-101CL	01/23/19-04/17/19	W
01:00PM-04:00PM	LLGP 104	A Laffey
SYN: 2471 SENR-7048-201CL	01/23/19-04/17/19	W
05:30PM-08:30PM	LLGP 104	M Warling

ART: BEADED PAPER EMBROIDERY – 36 HRS

Advance your embroidery skills with a paper technique from the 15th century. You will learn to do various stitches including cross stitch and blackwork on perforated paper. Adding beads, cutting and backing your project will all be part of the lessons. Kits will be available for the projects at cost. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2472 SENR-6006-101CL	01/24/19-04/18/19	TH
09:00AM-12:00PM	LLGP 104	P Ouellette

ART: BEADING DELICAS CYCLINDER – 36 HRS

This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads for creating projects. Participants will learn to make bracelets, wall hanging, amulet bags, and other projects. For this class, students will need to bring Delicas beads (only), a beading needle, thread, thread wax and a beading mat to class. The instructor will teach students the following stitches: peyote, brick, herringbone and other basic stitches. This class may include a field trip to a bead shop with buy-your-own lunch. **There will be no classes March 11, 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2473 SENR-7064-101CL	01/25/19-04/26/19	F
09:00AM-12:00PM	LLGP 102	M Warling
SYN: 2474 SENR-7064-102CL	01/25/19-04/26/19	F
01:00PM-04:00PM	LLGP 102	M Warling
SYN: 2475 SENR-7064-201CL	01/28/19-04/22/19	M
05:30PM-08:30PM	LLGP 102	M Warling

NEW! ART: BEADING WITH SPANISH-SPEAKING INSTRUCTOR – 36 HRS

This course is for beginners that want to learn the basic skills in bead stitching and bead stringing. These skills will be taught by lecture, demonstration, and hands on projects. Each project will introduce a new skill. This class includes a field trip to bead stores in Houston. The supply list will be handed out at the first class. The supply cost ranges from \$50-\$80 depending on quantity of projects, quality of tools, and types of beads or stones. **There will be no class March 12.**

JOYAS DE MODA CON CUENTAS (PRINCIPIANTE) -

Habilidades específicas para el pespunte de cuentas y el encordado de cuentas. Este curso es para principiantes que quieran aprender las habilidades básicas en punzadas y pespuntos. Estas habilidades se enseñarán mediante conferencias, demostraciones y proyectos prácticos. Cada proyecto presentará una nueva habilidad. Esta clase incluye un viaje de campo a las tiendas de bolas en Houston. La lista de útiles se entregará en la primera clase. El costo de suministro oscila entre \$50 y \$80 según la cantidad de proyectos, la calidad de las herramientas y los tipos de cuentas o piedras.

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2766 SENR-7117-201CL	01/22/19-04/16/19	T
05:00PM-08:00PM	LLGP 102	R Vance

ART: BRAZILIAN EMBROIDERY (BEGINNERS) – 36 HRS

Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will have supplies for Brazilian embroidery for sale, but participants will need to bring a #5 and #6 hoop and other project supplies. For crochet, participants will need a size G or H crochet hook and yarn. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2476 SENR-7046-101CL	01/24/19-04/18/19	TH
09:00AM-12:00PM	LLGP 106	C Walker

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS

Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery for purchase, but participants will need a #5 and #6 hoop and other project supplies. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2477 SENR-7033-101CL	01/24/19-04/18/19	TH
12:30PM-03:30PM	LLGP 106	C Walker

ART: CAKE DECORATING: BUTTERCREAM ROYAL ICING AND FONDANT SKILLS – 24 HRS

Students will learn basic essentials to cake decorating using buttercream, royal icing, and fondant - including coloring icing, icing consistency, proper bag angle, and pressure control. Students will learn to fill and use a piping bag with and without a coupler, icing tips, flower nails, and other equipment to transform their baked treats into amazing deserts. Students will learn to level, tort, fill, and apply icing to a cake. In addition, various piping techniques will be taught to pipe designs, borders, flowers, and produce royal icing transfers that can be customized and stored for long periods of time. In our survey of basic fondant and gum paste skills, we will produce beautiful flowers such as calla lilies, roses, ruffles and other decorations. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2478 SENR-7090-201CL	01/24/19-04/18/19	TH
05:30PM-07:30PM	LLGP 103	D Seyfang

ART: CANDY, CAKES, AND COOKIES – 24 HRS

Students are guided through a survey of various decorative mediums for candy, cakes, and cookies. Students will learn to use piping bags with and without a coupler as well as alternatives to using a piping bag. Students will also learn to mold chocolate to top cakes/cupcakes, use and make molds to hold deserts, and pipe decorations using patterns and freestyle designs. The use of store bought marshmallows/candy to add a personal touch when time is limited will be discussed. Students' will make cake pops and cookies, focusing on 3D, benefits of using royal icing, make ahead royal icing transfers, and creative uses for cookie cutters. Students' will also work with mirror glaze, marshmallow fondant, candy clay, and rice krispy treat to sculpt/model cake decorations. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2479 SENR-6003-101CL	01/28/19-04/22/19	M
04:00PM-06:00PM	LLGP 103	D Seyfang

ART: COLLAGE PAINTING WITH PAPERS AND PAINT – 36 HRS

Collage is a mixed media created through assemblage, using various materials. This class is for students at any skill level. You do not have to be an "artist" to enjoy creating a collage masterpiece. In the first class, the instructor will provide a list of supplies that may be used, including "found" papers/objects, acrylic paints, cardboard, magazines, fabrics, and many other items. The artwork will be assembled on Masonite boards or cradled boards. **There will be no classes March 11, 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2480 SENR-7068-101CL	01/25/19-04/26/19	F
09:00AM-12:00PM	LLGP 101	D Runion
SYN: 2481 SENR-7068-102CL	01/28/19-04/22/19	M
09:00AM-12:00PM	LLGP 101	D Brady

ART: CREATIVE GREETING CARDS – 36 HRS

No need to ever buy a greeting card when you can make your own beautiful personalized cards. The supply list is available from the instructor.

There will be no class March 11.

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2482 SENR-7020-101CL	01/28/19-04/22/19	M
12:30PM-03:30PM	LLGP 103	S Karjala

ART: DRAWING WITH COLORED PENCILS – 36 HRS

This course is designed to guide both novice and intermediate artists to a level of producing quality colored pencil drawings by learning skills and reviewing products currently on the market. The student will learn how to shade, highlight, and blend using layering and burnishing techniques. Colored pencils can produce a variety of texture, value and tones. Drawing skills are not necessary to enjoy this class. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2486 SENR-7055-101CL	01/24/19-04/18/19	TH
01:00PM-04:00PM	LLGP 102	S Daniel

ART: FUSED GLASS (ADVANCED) – 36 HRS

In this advanced course, students will learn new techniques and methods to create cabochons, pictures, and/or bowls. Students will also be introduced to mold making and wire wrapping. Students will spend \$80-\$200 on materials depending on items used, quality of tools chosen, and total number of projects completed. The list of safety rules, procedures and supplies are available from the instructor and/or the Lifelong Learning Office. The instructor will collect a \$15 kiln supply fee on the first day of class. Three semesters of the beginner class and one year of fused glass experience are recommended before taking this advanced course. The class will include a field trip to a glass distributor with a buy-your-own lunch. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2488 SENR-7018-101CL	01/28/19-04/22/19	M
09:00AM-12:00PM	LLGP 104	B Vollmer

ART: FUSED GLASS (BEGINNER) – 36 HRS

This course introduces students to fused glass and wire-wrapping a cabochon. Students will create cabochons, a window hanging or wind chime, pictures and/or a bowl while learning the techniques involved in creating fused glass. All projects will take two weeks. Students have the option to share some of their art with Wounded Warrior and Art Abandonment projects. The cost of supplies is \$60-\$100, depending on quantity of glass and quality of tools. The list of safety rules, procedures, goals, sources and supplies is available from the instructor and/or the Lifelong Learning Office. The class will include a field trip to a glass distributor with a buy-your-own lunch. The instructor will collect a \$15 kiln supply fee on the first class day. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2490 SENR-7017-101CL	01/28/19-04/22/19	M
01:00PM-04:00PM	LLGP 104	B Vollmer
SYN: 2492 SENR-7017-201CL	01/28/19-04/22/19	M
05:30PM-08:30PM	LLGP 104	B Vollmer

ART: INTRODUCTION TO CHIP CARVING AND LETTER CARVING – 36 HRS

This course is for students who are interested in developing skill in the art of chip carving and letter carving in wood. Chip carving is a decorative style of carving that can be geometric or freestyle in design. It is executed by making precise angled cuts that enable wood to be removed from the face of a piece of wood in geometric chips of a specific size, shape and proportion. Students will learn about tools and types of wood suitable for chip carving and letter carving and will practice techniques used in this art form. Each student will be encouraged to complete a sampler of chip carving and letter carving techniques as a term project. Students will be required to purchase a textbook, "The Complete Guide to Chip Carving," (\$17.95) and will be expected to bring their own tools to class. A list of required tools and supplies is available in the LLC office. The maximum cost of tools, textbook and materials, assuming the student buys new, quality tools, should be less than \$125. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2493 SENR-6010-101CL	01/22/19-04/16/19	T
09:00AM-12:00PM	LLGP 102	N Hansen

ART: LIFE STORY WRITING – 24 HRS

Everyone has a story to tell, and all of our stories matter! Our children and great-grandchildren will enjoy them for years to come. Creative writing tips will be presented and editing help offered. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2496 SENR-7013-101CL	01/23/19-04/17/19	W
01:00PM-03:00PM	LLGP 106	S Adams

ART: MIXED MEDIA AND RECYCLABLES – 36 HRS

This class incorporates assembly, design, recyclable materials, found objects, collage, fabric and acrylic paint to make art pieces with meaning. Students will make three projects using techniques that build upon the other. A Simple Wall Hanging, a Shadow Box, and a Hanging Lamp. Some materials will be provided with a list of suggested items needed given at the first class meeting. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2497 SENR-7065-102CL	01/25/19-04/26/19	F
01:00PM-04:00PM	LLGP 101	D Runion

ART: MOSAIC – 36 HRS

Students will learn from a mosaic artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. This class will include a field trip to view other mosaic artists and a glass supply shop with a buy-your-own lunch. A \$5 supply fee will be paid to the instructor at the first class. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2498 SENR-7019-101CL	01/25/19-04/26/19	F
09:00AM-12:00PM	LLGP 104	B Holmes
SYN: 2499 SENR-7019-102CL	01/25/19-04/26/19	F
01:00PM-04:00PM	LLGP 104	B Holmes

ART: ORIGAMI – 36 HRS

Origami from the Japanese ori - to fold and gami - paper. People think of origami as an art form or craft; however origami is the perfect tool for teaching people of all ages a multitude of skills without them knowing they are learning. The class, for novices and those with some experience, will cover the standard origami bases, basic animals, useful items and decorative forms, along with modular origami. We will use some models to make greeting cards. Materials will be provided for the first class; however, students are encouraged to bring any origami books they own. Standard 6" origami paper from craft stores will be used. **There will be no class March 11.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2500 SENR-7066-101CL	01/28/19-04/22/19	M
	01:30PM-04:30PM	LLGP 106	D Davis

ART: PAINTING ON SILK – 36 HRS

Experience the joy of painting on silk. Students will learn basic painting techniques for silk, including how to prepare the silk and final display options. Learn to create frameable paintings, wall hangings and wearable art. Bring vinyl gloves, a hair dryer, and an apron or covering for clothes to the first class. A list of additional supplies will be provided at the first class. **There will be no class March 14.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2501 SENR-7088-101CL	01/24/19-04/18/19	TH
	01:00PM-04:00PM	LLGP 103	S Moody

ART: PAINTING WITH ACRYLICS (ADVANCED) – 36 HRS

This intermediate/advanced class will focus on improving techniques and exploring the many avenues for acrylic painting. Techniques introduced will include the use of various media such as gels, pastes and pouring medium, and making acrylic skins. The class will explore expression and interpretation of artistic styles and use tools other than brushes such as mark making, the Brayer roller, and palette knife. Students will complete several canvases incorporating techniques mastered in the class. A list of materials will be supplied the first class day. **There will be no class March 13.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2502 SENR-7103-102CL	01/23/19-04/17/19	W
	01:00PM-04:00PM	LLGP 102	D Brady

ART: PAINTING WITH ACRYLICS (BEGINNERS) – 36 HRS

This beginner to intermediate class provides all the basics of using acrylic paints and the techniques needed to create finished artwork. The first two classes will focus on technique, with an introduction to blending paints and the use of a variety of tools other than brushes and acrylic mediums. The following classes will allow the students to paint various subjects that will incorporate the techniques learned. A list of required class materials will be provided. **There will be no class March 13.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2503 SENR-7037-101CL	01/23/19-04/17/19	W
	09:00AM-12:00PM	LLGP 102	D Brady

ART: PAINTING WITH OILS (ADVANCED) – 36 HRS

Students will work with the instructor to improve techniques and skills in oil painting. Students may start from scratch or bring their present work. Student may bring supplies that they have. An additional supply list will be given to students at the first class. **There will be no classes March 12 or 14.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2504 SENR-7010-101CL	01/22/19-04/16/19	T
	09:00AM-12:00PM	LLGP 101	L Johnson
SYN:	2505 SENR-7010-102CL	01/24/19-04/18/19	TH
	01:00PM-04:00PM	LLGP 101	K Wells

PAINTING WITH OILS (BEGINNERS) – 36 HRS

This course is designed for the oil painting beginner. It focuses on the techniques of the great masters and how to hold the brush, mix paint and use glazes. Techniques include exploring color and using light and shadow to create drama. The course starts with a limited paint pallet, expanding as the class progresses. A list of necessary supplies will be provided in the first class. **There will be no classes March 11 or 12.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2506 SENR-7038-101CL	01/22/19-04/16/19	T
	09:00AM-12:00PM	LLGP 103	D Wheeler
SYN:	2508 SENR-7038-202CL	01/22/19-04/16/19	T 0
	5:00PM-08:00PM	LLGP 101	D Wheeler
SYN:	2507 SENR-7038-201CL	01/28/19-04/22/19	M
	05:30PM-08:30PM	LLGP 101	D Wheeler

ART: PAINTING WITH WATERCOLORS – 36 HRS

Participants will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up their techniques. This class will include field trip(s) for a plein air painting session possibly with a buy-your-own lunch. A supply list will be provided at the first class. **There will be no classes March 11 or 14.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2510 SENR-7035-102CL	01/24/19-04/18/19	TH
	09:00AM-12:00PM	LLGP 101	L Johnson
SYN:	2509 SENR-7035-101CL	01/28/19-04/22/19	M
	01:00PM-04:00PM	LLGP 101	S Anderson

ART: PAINTING WITH WATERCOLORS (ABSOLUTE BEGINNERS) – 36 HRS

This course is only for students who have never taken watercolor painting. Even if you have never handled a brush before, you'll enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. Discover your hidden potential as you learn the fundamentals of this art form. A list of the necessary supplies will be provided at the first class. Instructor permission required. **There will be no class March 13.**

Cost:	50 Plus: \$15	In district: \$42	Out of district: \$47
SYN:	2511 SENR-7089-101CL	01/23/19-04/17/19	W
	09:00AM-12:00PM	LLGP 101	L Johnson

ART: PAPER MACHE ANIMALS – 36 HRS

Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will proceed to more advanced projects and learn to build the armature (skeleton), create the form and finish the sculpture. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2512 SENR-7040-101CL	01/23/19-04/17/19	W
01:00PM-04:00PM	LLGP 103	N House

ART: PHOTOGRAPHY AS A HOBBY (EXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. For students with more than a little experience, this practical hands-on course will teach how to operate a digital camera and save images at a higher level than in the beginner photography course. Students will also discover how to print, frame and exhibit their prints at a more advanced level. This class will include an outdoor photography session to practice what you have learned this semester. Students are required to bring an SLR or point-and-shoot camera with its manual to each class. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2513 SENR-7047-101CL	01/28/19-04/22/19	M
01:00PM-04:00PM	LLGP 105	T Ledoux

ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with very little or no experience, this practical hands-on course will teach them how to operate their digital cameras and save and edit images at the most basic level. Students will also discover how to print, frame, and exhibit their prints at that level. This class will include an outdoor photography session to practice what you have learned this semester. Students are required to bring a Single Lens Reflex (SLR) or point-and-shoot camera with its manual to each class. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2514 SENR-7049-101CL	01/28/19-04/22/19	M
09:00AM-12:00PM	LLGP 105	T Ledoux

ART: PICTURE FRAMING – 36 HRS

Students will use a variety of techniques and materials to create their own picture frames. Students will learn to measure accurately for matting and how to assemble completed frames with or without glass, backer boards, or attachments for hanging the frame. Students will be required to bring their own hand tools and supplies, which can be purchased from the instructor, on-line, or at local woodworking outlets. **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2515 SENR-7100-101CL	01/28/19-04/22/19	M
09:00AM-12:00PM	LLGP 102	N Hansen

ART: PORTRAIT PAINTING – 36 HRS

This class focuses on direct observational portrait painting either from a photograph or fellow classmates. The course emphasizes "seeing," simplifying, and the importance of beginning a painting well. The instructor will discuss color as it relates to skin tones and how to achieve a "likeness"

of the subject. Student will learn how to paint the flesh palette and will learn the alla prima – or wet-on-wet technique. This class is designed for beginners in portrait painting who have a painting background in other genres. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2516 SENR-7096-101CL	01/22/19-04/16/19	T
01:00PM-04:00PM	LLGP 102	C Noone

ART: STAINED GLASS (ADVANCED) – 24 HRS

This class is for students with experience in working with stained glass. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2517 SENR-7004-101CL	01/22/19-04/16/19	T
10:30AM-12:30PM	LLGP 104	C Noone

ART: STAINED GLASS (BEGINNERS) – 24 HRS

Students will learn the copper foil technique for making a stained glass project. They can purchase all tools and supplies for this class from the instructor or at local stores. The instructor will give a list of the supplies at the first class. Due to space, students may be limited to one stained glass class per semester. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2518 SENR-7003-101CL	01/22/19-04/16/19	T
08:15AM-10:15AM	LLGP 104	P Stettler
SYN: 2519 SENR-7003-201CL	01/22/19-04/16/19	T
06:00PM-08:00PM	LLGP 104	P Stettler

ART: STAINED GLASS, LEAD CAME (ADVANCED) – 36 HRS

This class helps students with experience in working with stained glass to learn the advanced lead came method in which the glass is supported by metal channeling (cames). Cames can come in various shapes and metals but are commonly made from lead as well as zinc, brass and copper. The cames are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2520 SENR-7044-101CL	01/22/19-04/16/19	T
02:00PM-05:00PM	LLGP 104	P Stettler

ART: TANGLED ART 101 (BEGINNER) – 18 HRS

This class covers the techniques of the Zentangle® method founded by Maria Thomas and Rick Roberts. Zentangle method was designed to open inner gates to creativity so you can create art in an easy and relaxed manner without a long learning curve. Students will create art the very first day of class. This class will focus on learning a core set of tangles and Zentangle techniques of working on white, black, and tan tiles. A supply list is available in Lifelong Learning Program office. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2521 SENR-6011-101CL	01/25/19-03/01/19	F
01:00PM-04:00PM	LLGP 103	V McMillen
SYN: 2522 SENR-6011-102CL	03/08/19-04/26/19	F
01:00PM-04:00PM	LLGP 103	V McMillen

ART: TANGLED ART, BEYOND THE BASICS (INTERMEDIATE TO ADVANCED) – 36 HRS

Project in this class will include a projects selected by the teacher covering advanced topics such as shading, complex tangles, "Reticula and Fragments," as well as projects selected by the students to do either individually or as class projects. The projects will be selected from a variety of the zentangle challenges available on the Internet. Each week, several projects will be selected to work on for the month. Student should be familiar with the Zentangle Method either through previous exposure to Zentangle or by having taken the Zentangle Basics course. It is recommended that the student take at least the first 4 weeks of the Basics course before joining the Beyond Basics class. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2524 SENR-7104-101CL	01/22/19-04/16/19	T
01:00PM-04:00PM	LLGP 101	V McMillen

ART: USING A CRICUT – 36 HRS

Students will discover the wonderful world of die cutting and learn to use the Cricut (die-cutting machine). Students will learn to create art and have the Cricut cut it out. Students will also learn to emboss, write, cut quilt patterns, and make picture mats. Students will create wall designs using vinyl. Students will make cutting files called SVG that can be used with any die cutting machine and learn to create pop-up-cards, layered cards, and pictures. Requirement: must have a laptop or tablet computer to access the internet. The instructor will collect a \$20 class fee for supplies on the first day of class. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2525 SENR-7101-101CL	01/23/19-04/17/19	W
09:00AM-12:00PM	LLGP 103	M Waller

NEW! ART: WIRE-WRAPPED JEWELRY – 36 HRS

Learn how to make fabulous wire jewelry. Students will learn basic wire techniques and a little history of wire jewelry. The student will learn to make bezels and frames to set stones, beads, and buttons. Students will create a pendant, 2 styles of bracelets, 2 styles of earrings, and a necklace with wrapped cabochon. Some projects take 2 weeks. The cost of tools and materials is \$100-200 depending on quality of tools and materials. A list of tools, materials, and safety precautions will be given out at the first class. No experience needed. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2769 SENR-7114-101CL	01/22/19-04/16/19	T
01:00PM-04:00PM	LLGP 103	A Kinslow
SYN: 2770 SENR-7114-201CL	01/24/19-04/18/19	TH
05:00PM-08:00PM	LLGP 103	A Kinslow

ART: WOODWORKING WITH HAND TOOLS (INTRODUCTION) – 36 HRS

This course is for beginning and intermediate students who want to improve their skills using woodworking hand tools. Students will learn wood and tool terminology, methods for using woodworking hand tools for precise joinery and techniques for finishing woodworking projects. Students must bring their hand tools and supplies, which can be purchased from the instructor, at local woodworking stores, yard sales or

flea markets. Students will receive a list of required tools and materials at the first class. Students will purchase several tools and items after the first day and build their collection as they progress. This class will include a field trip to a wood crafter and/or wood expert with Dutch-treat lunch. The maximum cost of tools and materials, assuming the student buys new, quality tools, should not exceed \$200. In addition, each student must purchase an online annual subscription to Fine Woodworking Magazine (\$34.95) in order to access copyrighted source materials. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2528 SENR-7094-101CL	01/24/19-04/18/19	TH
09:00AM-12:00PM	LLGP 102	N Hansen
SYN: 2529 SENR-7094-201CL	01/24/19-04/18/19	TH
05:00PM-08:00PM	LLGP 102	N Hansen

ART: WOODWORKING – BEYOND THE BASICS (INTERMEDIATE) – 36 HRS

This course is for students looking to continue honing their woodworking skills and expanding their knowledge in the woodshop. Emphasis is on form, function, and organization. Other discussions include the proper tools for the task and tool maintenance, workspace management, how to read the wood, and finding the fun when planning your projects, finishing projects, and safety. Students will be required to bring basic tools and necessary supplies outlined by the instructor. Basic Woodworking is a prerequisite. **There will be no classes March 11 or 13.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2527 SENR-7108-201CL	01/23/19-04/17/19	W
06:00PM-09:00PM	LLGP 102	R Goodheart
SYN: 2526 SENR-7108-101CL	01/28/19-04/22/19	M
01:00PM-04:00PM	LLGP 102	R Goodheart

COMPUTER: ABSOLUTE BEGINNERS – 24 HRS

Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet participants where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows "friendlier" or personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2530 SENR-7011-101CL	01/25/19-04/26/19	F
08:00AM-10:00AM	LLGP 105	M Baker

COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS

Students will learn the power of the computer and Microsoft Office applications. Using these applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access. Students need to bring a USB flash/jump drive to class. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2531 SENR-7036-201CL	01/24/19-04/18/19	TH
01:00PM-03:00PM	LLGP 105	C Benson

COMPUTER: BASIC INTERNET – 25 HRS

This course will explain in simple terms what the Internet is, how to get connected, and how to navigate it safely. Students will learn to browse the Internet, email, text, shop online, and experience commonly used Internet applications. Whether you use a smart phone, tablet, personal computer or are thinking of buying a device to access the Internet, you can benefit from this course. Students should have some basic computer skills to benefit from this course. A College of the Mainland ID/password and classroom computers will be provided. **There will be no class March 14.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2532 SENR-7106-101CL	01/24/19-04/04/19	TH
09:30AM-12:00PM	LLGP 105	G Ward

COMPUTER: DIGITAL STORYBOOKING – 24 HRS

This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Maker projects. Students will need to bring their precious photos. **There will be no class March 13.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2533 SENR-7034-101CL	01/23/19-04/17/19	W
10:00AM-12:00PM	LLGP 105	J Hoggatt

COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25 HRS

Have you been using an iPhone or iPad for a while but are not sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps, and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Facebook, Twitter, podcasts, weather and news apps. Students must bring their iPad/iPhone to class, and software must be iOS 10 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2535 SENR-7053-102CL	01/22/19-04/02/19	T
12:30PM-03:00PM	LLGP 105	G Ward

COMPUTER: IPAD/IPHONE FOR BEGINNERS – 25 HRS

Are you thrilled to have a new iPad or iPhone but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send emails, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter and Podcasts. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/ iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2536 SENR-7045-101CL	01/22/19-04/02/19	T
09:30AM-12:00PM	LLGP 105	G Ward



COMPUTER: MICROSOFT FOR BEGINNERS (WORD, EXCEL, POWERPOINT) – 24 HRS

Students will learn the basics of Microsoft Word, PowerPoint, Excel, Access, and Outlook. Students will learn both the basics of each application and the features needed for projects appropriate for the software platform. The course also covers use of the internet for business and internet safety. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2767 SENR-7115-101CL	01/25/19-04/26/19	F
10:15AM-12:15PM	LLGP 105	M Baker



COMPUTER: PHOTOSHOP – 36 HRS

Using Adobe Photoshop, students will learn to modify digital images. In the process, students will become familiar with specialized vocabulary associated with the application as well as learn to identify and use tools to edit images. Students will be introduced to layers, actions, and basic manipulation of images. Pre-requisite: Basic Computer Skills **There will be no class March 11.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2771 SENR-7116-101CL	01/28/19-04/22/19	M
05:00PM-08:00PM	LLGP 105	T Ledoux

COMPUTER: SOCIAL MEDIA FOR BEGINNERS – 24 HRS

Many may think that social media is exclusively for the younger crowd but that is not so! This class will serve as a great introduction to the most popular social networking platforms including Facebook, Twitter, Instagram and Pinterest. So whether you are curious about social media, nervous about trying it or just wondering what the buzz is all about, this course is for you! Please bring your phone/tablet/laptop to class to learn how to use social media on these devices. **There will be no class March 12.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2537 SENR-7072-201CL	01/22/19-04/16/19	T
06:00PM-08:00PM	LLGP 105	S Adams

EXERCISE: DANCE FOR HEALTH – 24 HRS OR 16 HRS

This class blends dance, music and exercise to improve overall health and physical fitness. Students need footwear or dance socks that allows them to slide or swivel easily. Participants may join this class at any time during the semester. No partner is needed. **There will be no classes March 11, 13 or May 27.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2538 SENR-7001-101CL (24 HRS)	01/23/19-04/22/19	MW
11:00AM-12:00PM	LLGP 107	P Trevisani
SYN: 2539 SENR-7001-102CL (16 HRS)	04/29/19-06/24/19	MW
11:00AM-12:00PM	LLGP 107	P Trevisani

EXERCISE: DRUMS CARDIO – 24 HRS OR 16 HRS

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. Students will use Pilates balls and drum sticks in choreographed routines set to music. This is a workout for the entire mind and body. This is high activity and cardio class. Balls and drum sticks are provided. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2540 SENR-6005-101CL (24 HRS)	01/22/19-04/18/19	TTH
11:00AM-12:00PM	LLGP 107	J Bridges
SYN: 2541 SENR-6005-102CL (16 HRS)	04/30/19-06/20/19	TTH
11:00AM-12:00PM	LLGP 107	J Bridges

EXERCISE: LINE DANCING – 24 HRS OR 16 HRS

Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. No partner is needed. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2542 SENR-7006-201CL (24 HRS)	01/22/19-04/18/19	TTH
05:30PM-06:30PM	LLGP 108	P Horton
SYN: 2543 SENR-7006-202CL (24 HRS)	01/22/19-04/18/19	TTH
06:45PM-07:45PM	LLGP 108	P Horton
SYN: 2544 SENR-7006-203CL (24 HRS)	01/22/19-04/18/19	TTH
08:00PM-09:00PM	LLGP 108	P Horton
SYN: 2546 SENR-7006-205CL (16 HRS)	04/30/19-06/20/19	TTH
06:45PM-07:45PM	LLGP 108	P Horton
SYN: 2545 SENR-7006-204CL (16 HRS)	04/30/19-06/20/19	TTH
05:30PM-06:30PM	LLGP 108	P Horton
SYN: 2547 SENR-7006-206CL (16 HRS)	04/30/19-06/20/19	TTH
08:00PM-09:00PM	LLGP 108	P Horton

EXERCISE: PILATES – 24 HRS OR 16 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. **There will be no classes March 12, 14 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2548 SENR-7075-101CL (24 HRS)	01/22/19-04/18/19	TTH
04:15PM-05:15PM	LLGP 107	S Deshotel
SYN: 2550 SENR-7075-201CL (24 HRS)	01/23/19-04/22/19	MW
05:30PM-06:30PM	LLGP 107	J Bridges
SYN: 2551 SENR-7075-202CL (16 HRS)	04/29/19-06/24/19	MW
05:30PM-06:30PM	LLGP 107	J Bridges
SYN: 2549 SENR-7075-102CL (16 HRS)	04/30/19-06/20/19	TTH
04:15PM-05:15PM	LLGP 107	S Deshotel

EXERCISE: PILATES/YOGA (MIXED) – 24 HRS OR 16 HRS

This class combines yoga, Pilates and low-impact interval exercises with music. This class is for students needing a slower paced exercise class. The instructor will work with the student for exercise modification, if needed. **There will be no classes March 11, 13 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2552 SENR-7080-101CL (24 HRS)	01/23/19-04/22/19	MW
08:35AM-09:35AM	LLGP 107	A Johnson Galdamez
SYN: 2553 SENR-7080-102CL (16 HRS)	04/29/19-06/24/19	MW
08:35AM-09:35AM	LLGP 107	A Johnson Galdamez

EXERCISE: PILATES, WEIGHTS, AND DRUMS CARDIO (MIXED) – 24 HRS OR 16 HRS

This class combines three exercises classes into one. Students will perform different exercises each day to help strengthen and tone different areas of the body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drum sticks. Students will be shown modifications for all exercises, but will be encouraged to challenge themselves as the semester progresses. **There will be no classes March 11, 13 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2554 SENR-7113-101CL (24 HRS)	01/23/19-04/22/19	MW
12:15PM-01:15PM	LLGP 107	J Bridges
SYN: 2555 SENR-7113-102CL (16 HRS)	04/29/19-06/24/19	MW
12:15PM-01:15PM	LLGP 107	J Bridges

EXERCISE: SIT AND DRUM – 24 HRS OR 16 HRS

The sit and drum class combines upper body movement using right brain and left brain techniques to improve memory and mobility. Using a chair, Pilate ball, drum sticks and music, it is workout for your mind, body and soul. **There will be no classes March 11, 13 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2558 SENR-6008-101CL (24 HRS)	01/23/19-04/22/19	MW
02:45PM-03:45PM	LLGP 107	J Bridges
SYN: 2561 SENR-6008-102CL (16 HRS)	04/29/19-06/24/19	MW
02:45PM-03:45PM	LLGP 107	J Bridges

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 24 HRS OR 16 HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2562 SENR-7002-101CL (24 HRS)	01/22/19-04/18/19	TTH
09:30AM-10:30AM	LLGP 107	R Kennedy
SYN: 2563 SENR-7002-102CL (16 HRS)	04/30/19-06/20/19	TTH
09:30AM-10:30AM	LLGP 107	R Kennedy

EXERCISE: SPINNING (KEISER BIKES) – 24 HRS OR 16 HRS

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Students learn cycling techniques and tips. Individuals may join this class at any time during the semester. **There will be no classes March 12, 14 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2564 SENR-7085-101CL (24 HRS)	01/22/19-04/18/19	TTH
07:30AM-08:30AM		A Johnson Galdamez
SYN: 2565 SENR-7085-102CL (24 HRS)	01/23/19-04/22/19	MW
07:30AM-08:30AM		A Johnson Galdamez
SYN: 2568 SENR-7085-104CL (16 HRS)	04/29/19-06/24/19	MW
07:30AM-08:30AM		A Johnson Galdamez
SYN: 2567 SENR-7085-103CL (16 HRS)	04/30/19-06/20/19	TTH
07:30AM-08:30AM		A Johnson Galdamez

EXERCISE: TAI CHI I – 24 HRS OR 16 HRS

If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience a feeling of relaxation and increased energy. This course will introduce you to the Yang style of style Tai Chi and some of the Chinese breathing exercises called Chi-Kung. **There will be no classes March 12, 14 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2559 SENR-7078-102CL (24 HRS)	01/22/19-04/18/19	TTH
12:15PM-01:15PM	LLGP 108	N Skyneer
SYN: 2569 SENR-7078-101CL (24 HRS)	01/23/19-04/22/19	MW
04:00PM-05:00PM	LLGP 108	N Skyneer
SYN: 2560 SENR-7078-103CL (16 HRS)	04/29/19-06/24/19	MW
04:00PM-05:00PM	LLGP 108	N Skyneer
SYN: 2570 SENR-7078-104CL (16 HRS)	04/30/19-06/20/19	TTH
12:15PM-01:15PM	LLGP 107	N Skyneer

EXERCISE: TAI CHI II – 24 HRS OR 16 HRS

What you learned in Tai Chi I will be used to execute an exercise program consisting of the Yang style of Tai Chi and various Chi Kung exercises. Learn the Eight Pieces of Silk Brocade, a Chi Kung routine that dates back to the eighth century. **There will be no classes March 11 or 13.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2571 SENR-7079-101CL (24 HRS)	01/23/19-04/22/19	MW
02:30PM-03:30PM	LLGP 108	N Skyneer
SYN: 2572 SENR-7079-102CL (16 HRS)	04/29/19-06/24/19	MW
02:30PM-03:30PM	LLGP 108	N Skyneer

EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS OR 8 HRS

The country western (partner) dance style is easy and fun to learn. Participants will learn lead/follow skills and turns, pivots, wraps, promenades and spins. The class readies participants to practice what they learn at the many local dance venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed. **There is no classes March 11 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2573 SENR-7082-201CL (12 HRS)	01/28/19-04/22/19	M
07:45PM-08:45PM	LLGP 108	P Trevisani
SYN: 2574 SENR-7082-202CL (8 HRS)	04/29/19-06/24/19	M
07:45AM-08:45AM	LLGP 108	P Trevisani

EXERCISE: TOTAL BODY FITNESS – 24 HRS OR 16 HRS

Participants will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes. **There will be no classes March 11, 13 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2566 SENR-7070-101CL (24 HRS)	01/23/19-04/22/19	MW
09:45AM-10:45AM	LLGP 107	A Johnson Galdamez
SYN: 2575 SENR-7070-102CL (16 HRS)	04/29/19-06/24/19	MW
09:45AM-10:45AM	LLGP 107	A Johnson Galdamez

EXERCISE: WEIGHTS AND CORE – 24 HRS OR 16 HRS

This is instructor-led, repetition-based strength training for your upper and lower body. Students use hand weights and floor mats. This class will help tone and strengthen your muscles as well as help build your endurance.

There will be no classes March 12, 14 or May 27.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2576 SENR-6009-101CL (24 HRS)	01/22/19-04/18/19	TTH
02:45PM-03:45PM	LLGP 107	J Bridges
SYN: 2577 SENR-6009-102CL (24 HRS)	01/23/19-04/22/19	MW
04:15PM-05:15PM	LLGP 107	J Bridges
SYN: 2579 SENR-6009-104CL (16 HRS)	04/29/19-06/24/19	MW
04:15PM-05:15PM	LLGP 107	J Bridges
SYN: 2578 SENR-6009-103CL (16 HRS)	04/30/19-06/20/19	TTH
02:45PM-03:45PM	LLGP 107	J Bridges

EXERCISE: WEST COAST SWING – 12 HRS OR 8 HRS

West Coast Swing is a slotted partner dance characterized by an elastic look that results from its extension-compression technique of partner connection and is danced primarily in a slotted area on the dance floor. The dance includes 6-count and 8-count patterns. The class prepares participants to practice what they learn at the local dance venues. Participants need footwear or dance socks that allows them to swivel easily. A partner is needed. **There will be no classes March 11 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2580 SENR-7109-201CL (12 HRS)	01/28/19-04/22/19	M
06:30PM-07:30PM	LLGP 108	P Trevisani
SYN: 2581 SENR-7109-202CL (8 HRS)	04/29/19-06/24/19	M
06:30PM-07:30PM	LLGP 108	P Trevisani

EXERCISE: YOGA AND STRESS REDUCTION – 24 HRS OR 16 HRS

Participants will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which can reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. **There will be no classes March 11, 12, 13, 14 or May 27.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2587 SENR-7071-106CL (24 HRS)	01/22/19-04/18/19	TTH
01:30PM-02:30PM	LLGP 108	J Bridges
SYN: 2586 SENR-7071-105CL (24 HRS)	01/22/19-04/18/19	TTH
12:15PM-01:15PM	LLGP 107	J Bridges
SYN: 2585 SENR-7071-104CL (24 HRS)	01/22/19-04/18/19	TTH
08:35AM-09:35AM	LLGP 107	A Johnson Galdamez
SYN: 2584 SENR-7071-103CL (24 HRS)	01/23/19-04/22/19	MW
01:30PM-02:30PM	LLGP 107	J Bridges
SYN: 2582 SENR-7071-101CL (24 HRS)	01/23/19-04/22/19	MW
11:30AM-12:30PM	LLGP 108	B Lambert
SYN: 2583 SENR-7071-102CL (24 HRS)	01/23/19-04/22/19	MW
01:00PM-02:00PM	LLGP 108	B Lambert
SYN: 2588 SENR-7071-107CL (24 HRS)	01/22/19-04/18/19	TTH
05:30PM-06:30PM	LLGP 107	J Bridges

SYN: 2591 SENR-7071-110CL (16 HRS)	04/29/19-06/24/19	MW
01:30PM-02:30PM	LLGP 107	J Bridges
SYN: 2589 SENR-7071-108CL (16 HRS)	04/29/19-06/24/19	MW
11:30AM-12:30PM	LLGP 108	B Lambert
SYN: 2590 SENR-7071-109CL (16 HRS)	04/29/19-06/24/19	MW
01:00PM-02:00PM	LLGP 108	B Lambert
SYN: 2592 SENR-7071-111CL (16 HRS)	04/30/19-06/20/19	TTH
08:30AM-09:30AM	LLGP 107	A Johnson Galdamez
SYN: 2593 SENR-7071-112CL (16 HRS)	04/30/19-06/20/19	TTH
12:15PM-01:15PM	LLGP 108	J Bridges
SYN: 2594 SENR-7071-113CL (16 HRS)	04/30/19-06/20/19	TTH
01:30PM-02:30PM	LLGP 107	J Bridges
SYN: 2595 SENR-7071-114CL (16 HRS)	04/30/19-06/20/19	TTH
05:30PM-06:30PM	LLGP 107	J Bridges

EXERCISE: ZUMBA – 24 HRS OR 16 HRS

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-kind fitness program that will tone and sculpt your body while burning unwanted fat. Participants may join this class at any time during the semester. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2596 SENR-7077-101CL (24 HRS)	01/22/19-04/18/19	TTH
09:45AM-10:45AM	LLGP 108	J Walker
SYN: 2777 SENR-7077-102CL (16 HRS)	04/30/19-06/20/19	TTH
09:45AM-10:45AM	LLGP 108	J Walker

FITNESS: LIVING A HEALTHY LIFE – 36 HRS

Students will about the benefits of a healthy life style, eating fresh foods, and incorporating super foods into the diet. This class will include information on whole foods and a plant-based diet. **There will be no class March 11.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2598 SENR-7102-101CL	01/28/19-04/22/19	M
09:00AM-12:00PM	LLGP 101	S Mitchiner

MUSIC: HAND DRUMMING – 24 HRS

This is a beginner course in some simple techniques of hand-drumming, using drums akin to African drums. The class will cover some history of drums in various cultures. Students will enjoy opportunities for creative self-expression and group collaboration. No prior musical knowledge or drumming experience required. If you have a djembe or timbau-type drum, you may bring your own. A limited number of drums will be provided. **There will be no classes March 12 or 14.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2600 SENR-7073-101CL	01/22/19-04/18/19	TTH
11:00AM-12:00PM	LLGP 108	E Rogers

ON THE OTHER SIDE OF GRIEF: WHERE SPIRIT, FAITH AND SCIENCE MEET – 12 HRS

This course is designed for anyone going through the grief process or who is interested in the subject. Whether you are grieving the loss of a loved one, pondering your own mortality or curious about what happens when we die, understanding how spirit, faith and science come together will leave you feeling less fearful of death and comforted by knowing that your loved ones are still with you in spirit. The course combines spiritual,

faith-based and scientific perspectives to create an atmosphere of positivity, hope and healing in our quest to understand and cope with death. All faiths are welcome.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2599 SENR-6001-201CL	03/18/19-04/22/19	M
06:00PM-08:00PM	LLGP 106	J Wells

SEWING: QUILTING (ALL LEVELS) – 36 HRS

Students needing help with a current sewing or quilting project, or those wanting to start a new project can join this class to learn how to complete it. Students will work on projects for their homes and/or wardrobes. A supply list will be provided on the first class day. Quilting students must bring their own supplies. Supply list provided first day of class. **There will be no class March 12.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2763 SENR-7119-101CL	01/22/19-04/16/19	T
09:00AM-12:00PM	LLGP 106	C Walker
SYN: 2764 SENR-7119-102CL	01/22/19-04/16/19	T
12:30PM-03:30PM	LLGP 106	C Walker
SYN: 2765 SENR-7119-201CL	01/22/19-04/16/19	T
05:30PM-08:30PM	LLGP 106	C Walker

SPANISH II – 24 HRS

Spanish II is a continuation of Spanish I. Topics include constructing full sentences, advanced verbs and increasing vocabulary. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2606 SENR-7043-101CL	01/25/19-04/26/19	F
10:45AM-12:45PM	LLGP 106	A Johnson Galdamez

SPANISH III (ADVANCED) – 24 HRS

Students will continue to obtain a working knowledge of Spanish using the topics learned in beginning Spanish, learn common vocabulary phrases, and continue with verbs and sentences. The last class will be a conversational class at a local Spanish speaking restaurant. Required materials include: English/Spanish Dictionary, index cards and ring binder (from beginning Spanish). **There will be no class March 11.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2607 SENR-7111-101CL	01/28/19-04/22/19	M
11:00AM-01:00PM	LLGP 106	A Johnson Galdamez

SPANISH I (BEGINNERS) – 24 HRS

Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases and then proceed to verbs and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant. **There will be no classes March 15 or April 19.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2605 SENR-7015-101CL	01/25/19-04/26/19	F
08:30AM-10:30AM	LLGP 106	A Johnson Galdamez

COMMUNITY LECTURE SERIES

Must Register (open to anyone age 18 or older)

LECTURE: KEEP IT SIMPLE!

Students will be introduced to healthy foods prepared quickly and in small quantities. A representative from Texas A&M Agrilife will present this informational demonstration in our kitchen.

Cost: FREE

SYN: 2608 SENRL-8101-101CL 01/23/19 W
10:00AM-12:00PM Kitchen/Breakroom

LECTURE: ARTHRITIS 101

"Join us for a presentation conducted by a representative from the Arthritis Foundation. Over 50 million Americans have arthritis, making it the number one cause of disability in the country. These numbers are only going to keep growing. The first steps in conquering arthritis are learning the facts, understanding your condition and knowing that help is by your side. The Arthritis Foundation is boldly pursuing a cure for these diseases while supporting those who are already impacted."

Cost: FREE

SYN: 2609 SENRL-8101-102CL 01/24/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: GENEALOGY OVERVIEW

Students will learn about upcoming trips to Genealogical Libraries and will learn the basic method and system for studying Genealogy. Come experience the thrill of finding ancestors you never knew you had. During upcoming trips, students may discover birth, marriage, or death records along with probate records and perhaps "wills." The various libraries are full of our ancestors' records. It's up to the student to learn to dig a little deeper and develop persistence and techniques along the way.

Cost: FREE

SYN: 2610 SENRL-8401-101CL 01/24/19 TH
02:15PM-03:30PM LLGP 104

LECTURE: MEDICARE: TURNING 65

What happens when you turn 65? Do you know how to apply for Medicare? This presentation will assist you in making the correct decisions for your future health care. It will be conducted by a senior advocate certified to distribute Medicare information.

Cost: FREE

SYN: 2611 SENRL-8101-103CL 01/24/19 TH
03:45PM-05:15PM LLGP 104

LECTURE: RUN! HIDE! FIGHT!

This lecture provides information and tools for increasing your chances to survive an active shooter situation. The objective is to adapt the mindset for survival and to discuss precautionary measures.

Cost: FREE

SYN: 2612 SENRL-8101-104CL 01/31/19 TH
12:30PM-02:00PM LLGP 104

SYN: 2614 SENRL-8101-105CL 02/07/19 TH
12:30PM-02:00PM LLGP 104

SYN: 2616 SENRL-8101-107CL 02/14/19 TH
12:30PM-02:00PM LLGP 104

SYN: 2618 SENRL-8101-109CL 02/21/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Premier World Discovery will present a slideshow of upcoming extended travel trips. For details of upcoming trips, see back cover. For more information, please call 409-933-8912.

Cost: FREE

SYN: 2613 SENRL-8201-101CL 01/31/19 TH
03:30PM-05:00PM LLGP 104

LECTURE: ANNUITIES 101

In this presentation, we will look at the constructs of an annuity. We will discuss how they can be a source of income in retirement, the purpose of each type of annuity, and if your annuities are right for you?

Cost: FREE

SYN: 2615 SENRL-8101-106CL 02/07/19 TH
02:30PM-04:00PM LLGP 104

LECTURE: BE ALERT TO FINANCIAL FRAUD

Have you ever wondered why mature investors are often targeted in scams? In this presentation, you will learn about some of the most common types of scams targeting mature investors, and the red flags that mature investors or those around them can look out for. By the end of this presentation, you will be able to help identify potential types of fraud as well as ways to prevent or report possible issues.

Cost: FREE

SYN: 2617 SENRL-8101-108CL 02/14/19 TH
02:30PM-04:00PM LLGP 104

LECTURE: GENEALOGY HISTORICAL COURT RECORDS

You will get to view original court records and see case records from the time of the Republic of Texas, the Civil War, and the 1900 Storm. You can also view an original blueprint of the Seawall in Galveston.

SYN: 2774 SENRL-8101-119CL 2/21/2019 TH
02:15PM-03:45PM LLGP 104

LECTURE: HOSPICE 101

What is hospice and how does it work? When should a family make the decision to call hospice? This presentation, led by a hospice nurse, will answer the difficult decisions families must face when dealing with palliative care. It will address the needed emotional support to the terminally ill in a home or homelike setting so that quality of life is maintained and family members may be active participants in care.

Cost: FREE

SYN: 2620 SENRL-8101-110CL 02/28/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: A BEGINNERS GUIDE TO ANDROID PHONES

If you've never had a smartphone before using an Android, navigating the operating system may seem frightening. Although there are many different versions of Android, there are some basic beginner's tips that everyone can use to get the most of their Android. This is a hands-on session. Please bring your phone or tablet with you.

Cost: FREE

SYN: 2621 SENRL-8004-101CL 02/28/19 TH
02:15PM-03:45PM LLGP 104

LECTURE: CAR BUYING 101

Most of today's car shopping is conducted online. Car Buying 101 will give you the opportunity to learn the basics of buying a car as you are walked through an online car shopping website. You will receive information about the workings of the sales and finance departments of a dealership. You will be taught what to look for and how to ask the proper questions to the dealer. Don't miss out on this educational event.

Cost: FREE

SYN: 2622 SENRL-8101-111CL 03/07/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: GUARDING YOUR SAVINGS AND INVESTMENTS

In this workshop you will learn ways to guard your savings and investments. You will learn about tax deferred investments, things that can take your money, things to consider regarding employer plans, the impact of losses, and strategies to combat inflation. You will also learn the impact of medical costs and long term care. Ultimately the goal is to not outlive your money. Planning makes a difference.

Cost: FREE

SYN: 2623 SENRL-8002-101CL 03/07/19 TH
02:15PM-03:45PM LLGP 104

LECTURE: AARP DRIVER SAFETY COURSE

This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This is a certified course recognized by most major insurance companies for discounted rates. This class gives seniors tools for safer driving techniques to compensate for age-related problems. NOTE: This is NOT a ticket dismissal class. Certificate fee is \$15 for students with AARP membership cards, \$20 for non-members. This will be collected by the instructor at the beginning of the class. Taught by AARP Instructor Barbara Cook.

Cost: FREE

SYN: 2624 SENRL-8301-101CL 03/21/19 TH
12:30PM-04:30PM LLGP 104
SYN: 2635 SENRL-8301-102CL 05/16/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: BAM: BOOK AND MOVIE CLUB – THE HELP

Join us for the Book and Movie COMMunity Reading Club. Read the book and then watch the movie! The Help is a 2009 novel by American author Kathryn Stockett. The story is about African Americans working in white households in Jackson, Mississippi, during the early 1960s. A USA Today article called it one of the "summer sleeper hits".

Cost: FREE

SYN: 2625 SENRL-8101-201CL 03/21/19 TH
05:30PM-08:30PM LLGP 104

LECTURE: GENEALOGY BEGINNING YOUR GENEALOGICAL RESEARCH

Laying a strong foundation for family history research is essential to success. An overview to the methods and sources are presented.

SYN: 2775 SENRL-8101-120CL 03/28/19 TH
03:00PM-05:00PM LLGP 104

LECTURE: VETERAN'S BENEFITS

Veterans and spouses may be entitled to a tax-free benefit called Aid and Attendance. The benefit was designed to provide financial assistance to offset the cost of long term care or in home care. This class will fully explain the program, how to qualify and provide tips on how to work through the paperwork maze.

Cost: FREE

SYN: 2627 SENRL-8003-101CL 03/28/19 TH
03:00PM-05:00PM LLGP 104

LECTURE: ALZHEIMER CAREGIVER' WORKSHOP

Students will learn how to recognize the symptoms of Alzheimer's disease or other dementias along with techniques to help handle these behaviors. Determine what techniques work best to manage different types of behaviors. Learn about various techniques to encourage your loved one to engage in an activity. Become familiar with activities that are suitable for late stage Alzheimer's disease or other dementia, to stimulate your loved one's five senses.

Cost: FREE

SYN: 2628 SENRL-8005-101CL 04/04/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: THE LONG JOURNEY HOME: CARING FOR A LOVED ONE WITH DEMENTIA

In this session, you will watch a video of a 2-act play set in an Alzheimer's Support Group. You will follow the journey of 6 caregivers as they care for spouses, parents and a child with dementia. The play, written by Dr. Oma Morey, is based on interviews with caregivers in the Galveston County area. The characters are compilations of these true stories. The video will be followed by a discussion.

Cost: FREE

SYN: 2629 SENRL-8101-114CL 04/04/19 TH
02:15PM-03:45PM LLGP 104

LECTURE: WHAT IS MEDICARE ADVANTAGE?

In this presentation, Medicare Advantage Plan (Part C) will be defined and addressed. The lecturer will compare it to a supplemental insurance, and help you to understand how Medicare Part D fits in with an MAPD. Don't miss out on this important information.

Cost: FREE

SYN: 2630 SENRL-8101-115CL 04/18/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: HURRICANE PREPAREDNESS

A meteorologist for the National Weather Service will provide information about hurricane preparedness. It will give you tips on how to prepare your home and family before the storm hits, how to stay safe during the event, and what to do after a major event has happened.

Cost: FREE

SYN: 2631 SENRL-8101-116CL 04/18/19 TH
02:30PM-04:00PM LLGP 104

LECTURE: LIVING HISTORY PROGRAM FROM THE LONESTAR FLIGHT MUSEUM

This presentation captures the events that made on one of the most famous generals from World War II, General James H. "Jimmy" Doolittle, a house hold name. It covers the events of the Doolittle Raid on Tokyo. The presenter is a retired Lieutenant Colonel, with 33 years of service with the United States Air Force, Air National Guard and the Air Force Reserve. This presentation will be done in full World War II Army Air Corp. uniform.

Cost: FREE

SYN: 2632 SENRL-8101-117CL 04/25/19 TH
12:30PM-02:00PM LLGP 104

LECTURE: MAKING YOUR MONEY LAST IN RETIREMENT

In this workshop you will learn ways to help you stretch your investments to last a lifetime. See the impact of: retiring in a Bull Market vs a Bear Market, investment allocation, taking withdrawals from your portfolio, focusing on your goals, investing with a 3 Fund Approach. In addition, learn how "cash value" life insurance "really" works and much more.

Cost: FREE

SYN: 2633 SENRL-8008-101CL 04/25/19 TH
02:15PM-03:45PM LLGP 104

LECTURE: A PASSION FOR PLUMERIA

A Galveston County Master Gardner, who has grown plumeria for more than 15 years, will present information about the history of plumeria and the description of various flower shapes, color and fragrance. Also included, will be information on growing plumeria in our Gulf Coast region, methods of propagation and winter storage.

Cost: FREE

SYN: 2634 SENRL-8101-118CL 05/09/19 TH
12:30PM-02:00PM LLGP 104

50 PLUS TRIPS

(only open to 50 plus students)

TRIP: BROADWAY ACROSS AMERICA'S THE BOOK OF MORMON

BROADWAY ACROSS AMERICA presents THE BOOK OF MORMON, which follows two young missionaries who are sent to Uganda to try to convert citizens to the Mormon religion. One missionary, Elder Price, is an enthusiastic go-getter with a strong dedication to his faith, while his partner, Elder Cunningham, is a socially awkward but well-meaning nerd whose tendency to embellish the truth soon lands him in trouble. Upon their arrival in Africa, Elders Price and Cunningham learn that in a society plagued by AIDS, poverty, and violence, a successful mission may not be as easy as they expected. The Book of Mormon is an old-style musical with a modern sensibility. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2636 SENRT-9001-101CL 01/16/19 W
03:30PM-11:00PM

TRIP: BIRDWATCHING SAN BERNARD

Travel to San Bernard National Wildlife Refuge looking for wintering birds such as song birds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be buy-your-own at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. **Refund deadline: 1/8/19**

Cost: 50 Plus: \$25

SYN: 2637 SENRT-9602-101CL 01/22/19 T
08:30AM-04:30PM

TRIP: ALLEY THEATRE'S THE CARPENTER

ALLEY THEATRE presents THE CARPENTER, developed during the 2016 Alley All New Festival. This world premiere farce comes from the author of the Alley's hit Hand to God. Dan is a self-made man from blue collar Houston while his fiancé is from Dallas - Highland Park, to be exact. As they arrive at her father's palatial mansion for their wedding, Dan starts to get cold feet. His college buddies are trying to get him drunk, his future father-in-law keeps shooting his rifle into the ceiling, and his sassy sister can't put the pill bottle down. When the carpenter shows up to build the wedding gazebo, looking suspiciously like Dan, all hell breaks loose. There are mistaken identities. Family secrets. Accidental partner swaps and laughs. So many laughs. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2638 SENRT-9001-102CL 01/23/19 W
03:30PM-11:00PM

TRIP: BROADWAY ACROSS AMERICA'S WAITRESS

BROADWAY ACROSS AMERICA presents Adrienne Shelly's beloved film, Waitress. It tells the story of Jenna - a waitress and expert pie maker. Jenna dreams of a way out of her small town and loveless marriage. A baking contest in a nearby county and the town's new doctor may offer her a chance at a fresh start, while her fellow waitresses offer their own recipes for happiness. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2639 SENRT-9001-103CL 01/30/19 W
03:30PM-11:00PM

TRIP: GENEALOGY CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top Genealogy research libraries in the United States. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers

transportation and instructional costs. A buy-your-own lunch at Bodegas Mexican Restaurant will precede the show or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: 1/22/19**

Cost: 50 Plus: \$26

SYN: 2640 SENRT-9501-101CL 02/05/19 T
08:00AM-05:00PM

TRIP: ENSEMBLE THEATRE'S TOO HEAVY FOR YOUR POCKET

ENSEMBLE THEATRE presents TOO HEAVY FOR YOUR POCKET. In rural Tennessee, at the height of the Civil Rights Movement, two young couples struggle to understand justice, love, and their own responsibilities. When Bowzie gets a scholarship to attend Fisk University, he has the opportunity to improve his family's life. His education goes beyond the classroom, as he becomes a Freedom Rider and joins the fight against racism in the Deep South, leaving his obligations as a husband and friend behind. A beautifully written look at the personal cost and private struggles behind public events, Too Heavy for Your Pocket speaks powerfully about the bonds of friendship and what defines true family. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$69

SYN: 2641 SENRT-9001-105CL 02/08/19-02/08/19 F
04:30PM-11:00PM

TRIP: ALLEY THEATRE'S QUACK

ALLEY THEATRE presents QUACK!, developed during the 2018 Alley All New Festival. Millions of women across America rely on Dr. Irving Baer and his daytime talk show to help them lose weight, manifest their destinies, and take their health into their own hands. Then, a take-down piece of journalism goes viral, leaving his career hanging in the balance, his marriage on the rocks, and his carefully maintained public persona in peril. In the frenzy of crisis management that follows, one thing becomes clear, if Irving Baer is going to fall from grace, he's bringing everyone else with him. Eliza Clark's hilarious new comedy exposes the shaky foundations of the wellness industry, the fleeting nature of 21st century fame, and the relationship between the powerful men who dole out advice and the women who are supposed to receive it with a smile. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2642 SENRT-9001-106CL 02/13/19 W
03:30PM-11:00PM

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

TRIP: TUTS MAMMA MIA

THEATRE UNDER THE STARS presents MAMMA MIA! This raucous, hilarious musical about a wedding on a Greek island tells the sweet story of love and heartbreak. Mamma Mia! is about family - both the one you're born to, the one you adopt, and the family who adopts you along the way. It is a juke box featuring all the hits you know and love from ABBA. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2643 SENRT-9001-107CL 02/20/19 W
03:30PM-11:00PM

TRIP: BRYAN MUSEUM

The Bryan Museum, located in the historic Galveston Orphans' Home, includes one of the world's largest collections of historical artifacts, documents, and artwork relating to Texas and the American West. Assembled by J.P. and Mary Jon Bryan, the collection spans more than 12,000 years, with pieces ranging from ancient Native American cultural artifacts to modern twenty-first century objects. There are approximately 70,000 items in total. The Bryan Museum presents a chronological history of Texas and the American West. It is suggested that you bring a light sweater, as the interior temperature is maintained at 65°F. In addition, comfortable walking shoes are suggested. A buy-your-own lunch will precede our museum visit. The cost of this trip includes transportation and admission ticket. This trip is open to anyone age 50 or older.

Refund deadline: 4/18/19

Cost: 50 Plus: \$39

SYN: 2644 SENRT-9001-108CL 02/27/19 W
11:30AM-05:00PM

TRIP: GENEALOGY MONTGOMERY COUNTY CONROE, TEXAS

Students will travel to Montgomery County Library in Conroe, Texas. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses many resources including: Special Collections, Dawes Rolls (Native American), South Louisiana Records by Hebert, 19th Century military records and various books for each of the United States. Cost covers transportation and instruction. Lunch is buy-your-own at a local restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: 2/19/19**

Cost: 50 Plus: \$26

SYN: 2645 SENRT-9502-101CL 03/05/19 T
08:00AM-05:00PM



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TRIP: BROADWAY ACROSS AMERICA'S ANASTASIA

BROADWAY ACROSS AMERICA presents ANASTASIA. The adaptation follows the legend of the Grand Duchess Anastasia Nikolaevna of Russia, who might have escaped the execution of her family. Years later, an amnesiac orphan named Anya embarks on a quest to find some trace of her family by partnering with two con men who plot to take advantage of her similarities to the Grand Duchess. A journey into the past ensues, uncovering secrets that threaten to alter the state of Russia. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2646 SENRT-9001-109CL 03/06/19 W
03:30PM-11:00PM

TRIP: CULTURAL DAY IN HOUSTON-PHOENICIA MARKET

Join us for a day of uniqueness as we travel the streets of Houston in search of cultural wisdom. This trip will take us to Phoenicia Specialty Market, a Mediterranean market with deli & prepared foods, plus cheeses, baked goods, meats, and more. We will travel throughout the two story structure as we enrich our cultural knowledge of faraway lands and the foods they use to nourish their bodies. You may want to bring some type of insulated container for your purchases. A buy-your-own lunch will be savored during our visit. This trip is open to anyone age 50 or older. The cost of this trip includes transportation. **Refund deadline: 3/4/19**

Cost: 50 Plus: \$29

SYN: 2647 SENRT-9001-110CL 03/19/19 T
10:00AM-05:00PM

TRIP: ENSEMBLE THEATRE'S FREEDA PEOPLES

ENSEMBLE THEATRE presents FREEDA PEOPLES. This comedy/drama will have you rolling in the aisles. Freeda Peoples deals with the relationships between the deacons, trustees, and the new pastor and how no one is who they really seem to be. Therefore, the church is the perfect place for spiritual growth. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$69

SYN: 2648 SENRT-9001-111CL 03/22/19 F
04:30PM-11:00PM

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

TRIP: BROADWAY ACROSS AMERICA'S THE PLAY THAT GOES WRONG

BROADWAY ACROSS AMERICA presents THE PLAY THAT GOES WRONG. What would happen if Sherlock Holmes and Monty Python had a Broadway baby? You'd get The Play That Goes Wrong, Broadway and London's award-winning smash comedy! This classic murder mystery is chock-full of mishaps and madcap mania delivering "a riotous explosion of comedy". This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2649 SENRT-9001-112CL 03/27/19 W
03:30PM-11:00PM

TRIP: GENEALOGY GEORGE MEMORIAL LIBRARY RICHMOND, TEXAS

Students will travel to George Memorial Library in Richmond, Texas. Instructor Debbie Cothem will assist students in tracing their family history using library resources. Library records focus on the southeastern United States, including Civil War, federal censuses, pensions and Texans in the Mexican War. The cost covers transportation and instruction. Lunch is buy-your-own or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: 3/26/19**

Cost: 50 Plus: \$26

SYN: 2650 SENRT-9503-101CL 04/09/19 T
08:00AM-05:00PM

TRIP: THE GRANDE PRESENTS PINK MARTINI

Join us for a night of music in Galveston. Pink Martini's cheeky name is no accident. It speaks to the fizzy spirit and breezy sophistication that this 11-member orchestra, decked out in natty suits and colorful dresses, brings to its music making. You will hear music in over 25 languages, mixing up original songs and classical hits. It's a throwback style of music that mixes pop, jazz, classical and world. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2651 SENRT-9001-120CL 04/12/19 F
05:00PM-11:00PM

TRIP: CHAPPELL HILL BLUEBONNET FESTIVAL

The Bluebonnet Festival is hosted by the Chappell Hill Historical Society, a non-profit volunteer organization dedicated to the preservation of the community's history and historic buildings. The town is located among some of the most scenic areas of Washington County. The festival includes tours of the historic community, live entertainment and music, more than 250 juried exhibitors, and food. A special Wildflower Photo exhibit will be on display at the Chappell Hill Museum Exhibit Gallery. It is suggested that you wear comfortable, weather appropriate clothing and walking shoes suitable for uneven terrain. You may want to bring bottled water and snacks. A buy-your-own lunch will be available for you to purchase at

the festival. The cost of this trip includes transportation. This trip is open to anyone age 50 or older. **Refund deadline: 3/29/19**

Cost: 50 Plus: \$29

SYN: 2652 SENRT-9001-113CL 04/13/19 S
08:00AM-06:00PM

TRIP: BIRDWATCHING - GALVESTON

Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be buy-your-own at a local restaurant. This trip is open to anyone age 50 or older. **Refund Deadline: 4/9/19**

Cost: 50 Plus: \$25

SYN: 2653 SENRT-9601-101CL 04/23/19 T
08:30AM-04:30PM

TRIP: GENEALOGY CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top Genealogy research libraries in the United States. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instructional costs. A buy-your-own lunch at Bodegas Mexican Restaurant will precede the show or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: 4/16/19**

Cost: 50 Plus: \$26

SYN: 2654 SENRT-9501-102CL 04/30/19 T
08:00AM-05:00PM

TRIP: BROOKWOOD SPRING EXTRAVAGANZA

Join Brookwood Community for a day full of fun and shopping at the annual Spring Extravaganza benefiting Brookwood's adults with special needs. This year's event will include exceptional local vendors featuring unique home décor and gifts, clothing, jewelry, plants, food and much more. Visitors can shop at Brookwood's Gift and Garden Center filled with the Citizen's handcrafted products, unique market items and beautiful spring flowers that were planted and meticulously cared for by the Citizens. This trip is open to anyone age 50 or older. We will enjoy a buy-your-own delicious lunch in Brookwood's gourmet Café. Cost includes transportation. **Refund deadline: 4/19/19**

Cost: 50 Plus: \$29

SYN: 2655 SENRT-9001-121CL 05/03/19 F
08:00AM-06:00PM

TRIP: COOKING WITH CHEF JIMMY

Join us for a culinary experience like no other. This class will be led and instructed by a culinary professional. We will create a multi-course Caribbean themed meal. Once complete, we will all enjoy our culinary masterpiece of tropical fare. This trip is open to anyone age 50 or older. The cost of this trip includes transportation and meal. **Refund deadline: 4/25/19**

Cost: 50 Plus: \$69

SYN: 2656 SENRT-9001-118CL 05/10/19 F
04:30PM-07:30PM

TRIP: BOLIVER FERRY RIDE AND LUNCH

Join us for a subtropical getaway as we venture south to board Bolivar Ferry's "Dolphin Watch". Once we land, we will venture toward Crystal Beach, where we can visit The Big Store for all your tropical needs. We will culminate our day with a delicious, buy-your-own lunch at a seafood restaurant located by the water's edge so we can observe the barges and ships as they pass us by. This trip is open to anyone age 50 or older. The cost of this trip includes transportation. **Refund deadline: 4/30/19**

Cost: 50 Plus: \$29

SYN: 2657 SENRT-9001-119CL 05/15/19 W
10:00AM-05:00PM

TRIP: ALLEY THEATRE'S CONSTELLATIONS

ALLEY THEATRE presents Constellations. Science and romance collide in this spellbinding play that imagines what happens when boy meets girl again and again. It's about one couple and infinite possibilities. Constellations delves into the universal truth of finding and losing love and questions the difference between choice and destiny by defying the boundaries of the world we think we know. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: 50 Plus: \$79

SYN: 2658 SENRT-9001-122CL 05/22/19 W
03:30PM-11:00PM

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

SPACE-AVAILABLE CLASSES

Space-available classes are workforce credit classes that accept continuing education students. Continuing education students are not required to take a college placement test or apply to the college. These classes are available to a limited number of continuing education students who must complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of pass or fail; however, no college credit hours are earned.

Space-available classes start and end with the spring credit class schedule – spring (Jan. 22 – May 17). Full course descriptions are available in the College catalog and more information about these courses is in the credit schedule. Both documents are online at www.com.edu/admissions/schedule-catalog.php.

The following space-available classes are \$270 for in-district students or \$275 for out-of-district students. There is an additional \$25 fee for each hybrid course and a \$35 fee for each online course. Hybrid and internet classes require completion of the Online Learner Workshop (OLW) prior to first class date.

ACCOUNTING AND BUSINESS

ACCOUNTING PRINCIPLES I – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ACNT-1025-001IN	01/22/19-05/17/19	
Internet		M Williams
SYN: ACNT-1025-101CL	01/22/19-05/17/19	TTH
09:30AM-10:50AM	TVB 1225	M Williams
SYN: ACNT-1025-201CL	01/22/19-05/17/19	TTH
06:00PM-07:20PM	TVB 1225	C Burton

ACCOUNTING PRINCIPLES II – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ACNT-1026-101CL	01/22/19-05/17/19	TTH
11:00AM-12:20PM	TVB 1225	M Williams
SYN: ACNT-1026-201CL	01/22/19-05/17/19	MW
04:30PM-05:50PM	TVB 1225	COM Faculty

INTRODUCTION TO ACCOUNTING I – 48 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ACNT-1003-001IN	01/22/19-05/17/19	
Internet		M Williams
SYN: ACNT-1003-201CL	01/22/19-05/17/19	MW
06:00PM-07:20PM	TVB 1225	M Williams

COMPUTERIZED ACCOUNTING APPLICATIONS I – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ACNT-1013-201CL	01/22/19-05/17/19	MW
07:30PM-08:50PM	TVB 1225	M Williams

COMPUTER INFORMATION SYSTEMS

INTRODUCTION TO DATABASE – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ITSW-1007-201HY	01/22/19-05/17/19	MW
5:30PM-7:20PM	TVB 1225	C Faculty

DRAFTING

ARCHITECTURAL DRAFTING-COMMERCIAL – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-2028-201HY	01/22/19-05/17/19	T
06:00PM-08:50PM	TVB 1220	A Gregory

BASIC COMPUTER AIDED DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-1009-201HY	01/22/19-05/17/19	M
06:00PM-08:50PM	TVB 1220	A Gregory

CIVIL DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-2030-201HY	01/22/19-05/17/19	TH
06:00PM-08:50PM	TVB 1220	A Gregory

TECHNICAL DRAFTING – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-1005-201CL	01/22/19-05/17/19	TTH
06:00PM-07:50PM	TVB 1220B1	J Buffa

INTERMEDIATE COMPUTER AIDED DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-2019-201HY	01/22/19-05/17/19	W
06:00PM-08:50PM	TVB 1220	A Gregory

SOLID MODELING AND DESIGN – 96 HRS

THIS IS NOT A CAD/CAM COURSE

Cost:	In district: \$270	Out of district: \$275
SYN: DFTG-2040-201HY	01/22/19-05/17/19	M
06:00PM-08:50PM	TVB 1220	D Bennett

GRAPHIC ARTS

DIGITAL IMAGING, I – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ARTC-1002-101CL	01/22/19-05/17/19	MW
08:00AM-10:50AM	TVB 1572	R Collins

DESIGN COMMUNICATION I – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: ARTC-1017-001IN	01/22/19-05/17/19	
Internet		C Jackson

COMPUTER ILLUSTRATION – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTC-1053-101CL 01/22/19-05/17/19 TTH
08:00AM-10:50AM TVB 1572 R Collins

DESIGN COMMUNICATION II – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTC-2047-001IN 01/22/19-05/17/19 Internet C Jackson

WEB DESIGN I – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: IMED-1016-101CL 01/22/19-05/17/19 MW 06:00PM-08:50PM TVB 1572 C Carpenter

ADVANCED DIGITAL VIDEO – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: IMED-2015-201CL 01/22/19-05/17/19 TTH 06:00PM-08:50PM TVB 1572A E Omo

LANGUAGES

Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

SPANISH I – 64 HRS

Cost: In district: \$270 Out of district: \$275
SYN: SPANL-1001-081IN 01/22/19-03/22/19 Internet R Naranjo
SYN: SPANL-1001-181HY 01/22/19-03/22/19 MTWTH 08:00AM-08:50AM TVB 1225 R Naranjo

SPANISH II – 64 HRS

Cost: In district: \$270 Out of district: \$275
SYN: SPANL-1002-082IN 03/25/19-05/17/19 Internet R Naranjo
SYN: SPANL-1002-182HY 03/25/19-05/17/19 MTWTH 08:00AM-08:50AM TVB 1225 R Naranjo

BEGIN AMERICAN SIGN LANGUAGE II – 48 HRS

Cost: In district: \$270 Out of district: \$275
SYN: SGNLL-1001-220CL 01/22/19-05/17/19 TTH 06:00PM-07:20PM LRC 258 J Pickett
PERSONAL ENRICHMENT

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PERSONAL ENRICHMENT

FINE ARTS

Space-available classes are academic/credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes start and end with the spring credit class schedule – spring (Jan. 22 - May 17). Full course descriptions are available in the College catalog, and more information can be viewed in the credit schedule at www.com.edu/schedule.

ACTING II – 48 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTSL-2007-141CL 01/22/19-05/17/19 TTH 09:30AM-10:50AM FAB 117 H Brown

ACTING I – 48 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTSL-2007-140CL 01/22/19-05/17/19 TTH 11:00AM-12:20PM FAB 117 H Brown

CERAMICS I – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTSL-2047-233CL 01/22/19-05/17/19 MW 06:00PM-08:50PM FAB 135 G Bowes
SYN: ARTSL-2047-133CL 01/22/19-05/17/19 TTH 01:30PM-04:20PM FAB 135 G Bowes

PHOTOGRAPHY I – 96 HRS

Cost: In district: \$270 Out of district: \$275
SYN: ARTSL-2002-137CL 01/22/19-05/17/19 TTH 09:30AM-12:20PM TVB 1139 C Peet
SYN: ARTSL-2002-138CL 01/22/19-05/17/19 MW 02:00PM-04:50PM TVB 1139 C Peet

CLASS GUITAR – 48 HRS

Cost: In district: \$90 Out of district: \$95
SYN: MUSIL-2002-160CL 01/22/19-05/17/19 M 03:30PM-06:20PM FAB 117 J Kiefer

CLASS PIANO I – 48 HRS

Cost: In district: \$90 Out of district: \$95
SYN: MUSIL-2001-160CL 01/22/19-05/17/19 TTH 09:30AM-10:50AM FAB 111 P Boyd

CLASS PIANO II – 48 HRS

Cost: In district: \$90 Out of district: \$95
SYN: MUSIL-2001-161CL 01/22/19-05/17/19 TTH 04:30PM-05:50PM FAB 111 P Boyd

CONCERT BAND – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2003-270CL 01/22/19-05/17/19 M
07:30PM-10:20PM FAB 117 H Koerner

DUCK COVER ACAPPELLA – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2006-270CL 01/22/19-05/17/19 TTH
06:00PM-07:20PM FAB 110 J Heffel

GUITAR ENSEMBLE – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2002-170CL 01/22/19-05/17/19 W
03:30PM-06:20PM FAB 117 J Kiefer

JAZZ COMBO – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2004-170CL 01/22/19-05/17/19 TTH
03:00PM-04:20PM FAB 117 H Koerner

JAZZ ENSEMBLE – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2005-270CL 01/22/19-05/17/19 T
07:30PM-10:20PM FAB 117 H Koerner

MAINLAND CHORALE – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2007-270CL 01/22/19-05/17/19 T
07:30PM-10:20PM FAB 110 J Heffel

WOODWIND ENSEMBLE-CLARINET, SAXAPHONE – 48 HRS

Cost: In district: \$60 Out of district: \$65
SYN: MUSIL-2008-270CL 01/22/19-05/17/19 TH
07:00PM-09:50PM FAB 117 T Kochen

*STUDIO ARTS - 96 HRS

This course allows beginning to advanced non-credit students to fully participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active participants within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Drawing on Mondays and Wednesdays from 9:30am - 12:20pm, or Design Painting on Monday and Wednesdays from 2:00pm - 4:50pm. There is an additional \$20 fee for this course. For more information regarding specific courses contact Mark at 409-933-8673 or mgreenwalt@com.edu.

Cost: In district: \$270 Out of district: \$275
SYN: 2466 ARTSL-20s00-120CL 01/22/19-05/17/19
FAB 130 M Greenwalt

COM'S 50 PLUS PROGRAM

Lifelong Learning Gulfway Plaza
14057 Gulfway Plaza
La Marque, TX 77568

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.



LIKE US ON FACEBOOK

www.facebook.com/comcontinuinged

Continuing Education Office Hours

Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

For more information, call 409-933-8586.

**REGISTRATION FOR SPRING 2019
BEGINS DEC. 3, 2018.**

CONTINUING EDUCATION REGISTRATION

MAIL IN REGISTRATIONS ARE NO LONGER ACCEPTED. NO CASH ACCEPTED

SSN or Student ID	NAME (Last, First, Middle Initial)	
CHECK ONE: 1. Do you consider yourself to be Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No 2. In addition, please select one or more of the following racial categories to describe yourself: <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> White	PHYSICAL ADDRESS	CITY
	STATE	ZIP
	Date of Birth	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female
	Home Phone	Business/Cell Phone
EMAIL ADDRESS		
This is to certify that I <input type="checkbox"/> AM <input type="checkbox"/> AM NOT a legal resident of the College of the Mainland District. To be a legal resident of College of the Mainland District, you must reside in one of the following school districts: Hitchcock, Santa Fe (including Algoa, Arcadia, Alta Loma), Texas City, La Marque and Dickinson.		
Signature _____ Date _____		

COURSES TO ADD

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

COURSES TO DROP

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

Refund policy: NO REFUNDS will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used for instructors as well as for supplies.	** Please initial: _____
--	------------------------------------



PERSONAL

COM Continuing Education, Technical-Vocational Building, Rm T-1475, 1200 Amburn Road, Texas City, (credit card, debit, money order or check) **NO CASH ACCEPTED**



CALL

409-933-8586 OR 1-888-258-8859, EXT. 8586. **CREDIT CARD OR DEBIT ONLY**



ONLINE

Use WebAdvisor <https://webadvisor.com.edu>. **RETURNING STUDENTS ONLY**

COLLEGE OF THE MAINLAND

COLLEGE MISSION

College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION

College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES

Rachel Delgado, Kyle Dickson, Donald G. Gartman, Rosalie Kettler, Bennie Matthews, Melissa Skipworth and Alan Waters.

ACCREDITATION

College of the Mainland is accredited by:

The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution's significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT

College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NOTICE OF NONDISCRIMINATION

College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College's Title IX Coordinator or the U.S. Department of Education's Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Lonica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

PUBLIC INFORMATION STATEMENT

College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to



discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA

El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Título IX, Sección 504, y del Título VI. El College of the Mainland tomara medidas para asegurar que el desconocimiento del idioma ingles no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.



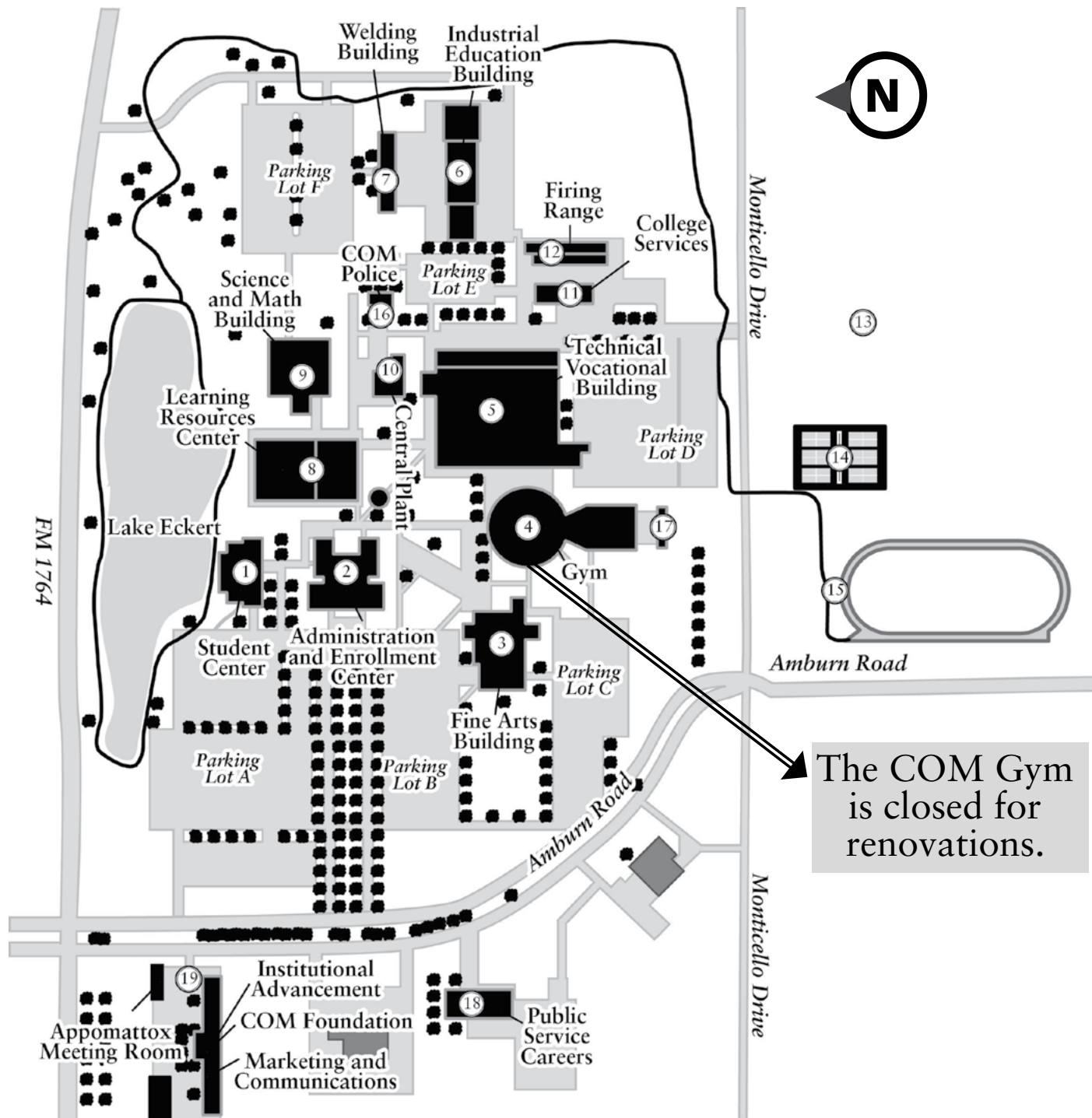
PARKING PERMITS ARE MANDATORY.

Learn how to obtain a temporary or permanent permit for your vehicle at www.com.edu/police or contact the COM Police Department at **409-933-8403**.

CAMPUS MAPS



1200 Amburn Road
Texas City, Texas 77591
409-938-1211 or 1-888-258-8859
www.com.edu

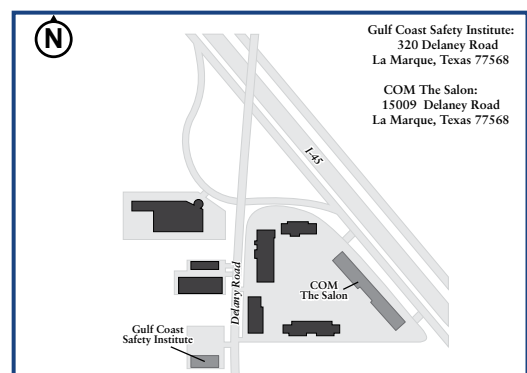
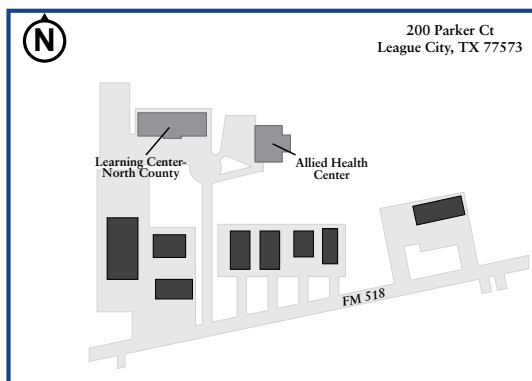
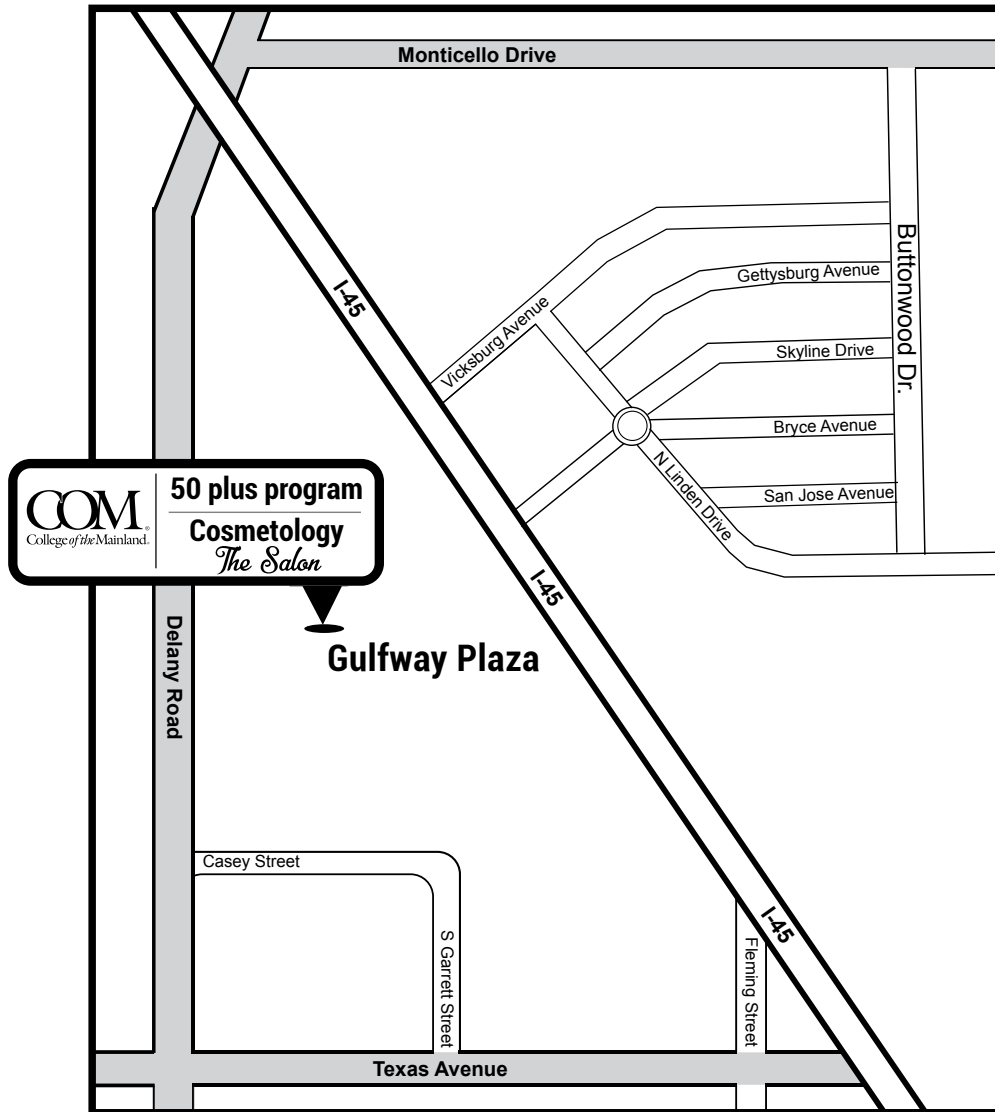


CAMPUS MAPS

COM 50 PLUS PROGRAM

14057 Gulfway Plaza
La Marque, TX 77568

Phone: 409-933-8461



CONTINUING EDUCATION OFFICE

Technical-Vocational Building, Room TVB-1475, main campus

Phone: 409-933-8586

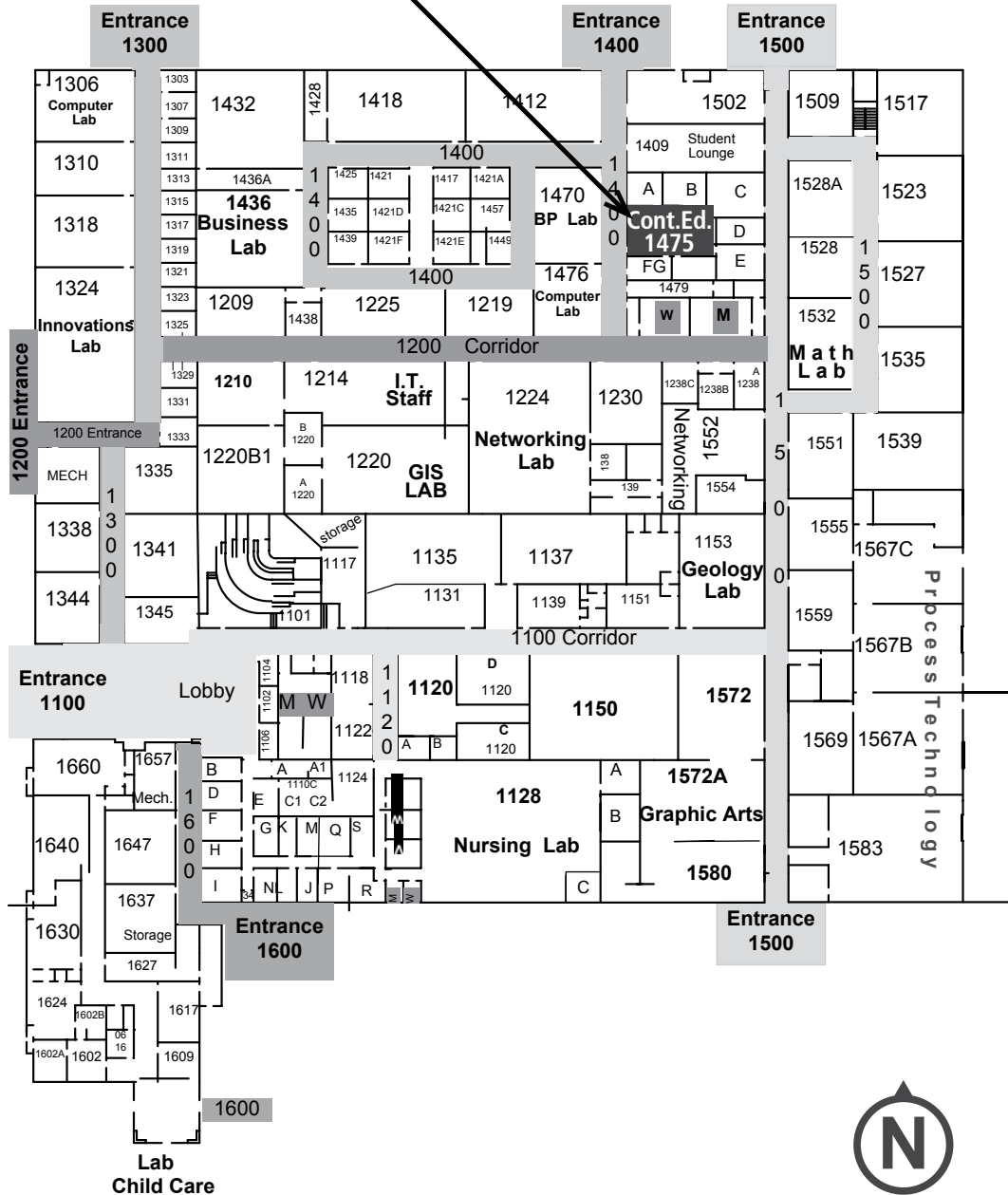
Fax: 409-933-8026

Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591

Email: ContEd@com.edu

Register here or online at www.com.edu/ce.

TECHNICAL-VOCATIONAL BUILDING



Lifelong Learning Program EXTENDED TRAVEL

**DEC.
3, 2018
9 DAYS**



Switzerland, France & Christmas Markets on the Rhine

Featuring Lucerne, Strasbourg & 6 nights aboard the Amadeus Silver II

Highlights

- Lucerne Walking Tour
 - Basel Visit
 - Strasbourg City Tour
 - Speyer Walking Tour
 - Rudesheim Walking Tour
 - Koblenz Christmas Market
 - Cochem Walking Tour
 - Cologne Walking Tour
- Visit the Christmas Markets on each tour

Inclusions

- Roundtrip Airfare/Transfers - IAH
- 6 Night Cruise-Outside Cabin
- 18 Meals
- PWD Tour/Cruise Manager
- Welcome/Farewell Dinners
- Regional Wine w/Dinners Onboard
- Hotel/Ship Transfers
- Baggage Handling

**APR.
2, 2019
11 DAYS**



Holland Windmills, Waterways & Tulips River Cruise

featuring Amsterdam, 2 night in a Dutch Village & 7 nights aboard the Amadeus Star
Prices start at \$5269

depending on cabin selected

**APR.
12, 2019
9 DAYS**



Explore & Paint Tuscany

- Montecatini Terme
- Florence
- Lucca
- Gothic Line
- Pisa
- Cooking Class
- Siena
- Choice of Tour
- Winery Tour
- Cheese Farm
- San Gimignano

\$3,199

**AUG.
19, 2019
12 DAYS**



Alaska Cruise Tour

Featuring a 5 day land tour & 7 nights aboard the Celebrity Millennium

Highlights

- Fairbanks
- Gold Dredge 8
- Riverboat Discovery Sternwheeler
- Denali
- Wilderness Express Dome Railcar
- Denali Tundra Wilderness Tour
- Anchorage
- Hubbard Glacier and more!

Inclusions

- Roundtrip Airfare - IAH
- 4 Nights Hotel Accommodations
- 7 Night Cruise on the Celebrity Millennium
- All Port Charges & Gov't. Taxes
- All Meals Onboard Ship
- Hotel & Ship Transfers
- and more!

Inside Stateroom - Cat. 11

\$4449 pp double
\$2000 single supplement

Ocean View Stateroom - Cat. 7

\$5049 pp double
\$2500 single supplement

Ocean View w/Balcony- Cat. 2A

\$6149 pp double
\$3400 single supplement

**50 PLUS
PROGRAM**

Lifelong Learning Center

Where
Learning
Never
Ends!

For information contact:

Gail Wheeler

409-933-8912 or gwheeler@com.edu

FAST-TRACK REAL ESTATE PROGRAM

Prepare for a career as a Real Estate Agent

Average annual salary \$53,100 (Bureau of Labor Statistics)

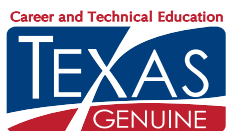
Classes are available online in partnership with REcampus.

Mandatory classes:

- Real Estate Principles I
- Real Estate Principles II
- Real Estate Law of Agency
- Real Estate Law of Contracts
- Real Estate Finance
- Texas Real Estate Promulgated Contracts & Forms

Students must complete 180 class hours before taking the Texas Real Estate Salesperson Exam.

<https://portal.recampus.com/re/mainland>



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