Continuing Education
Lifelong Learning for Everyone
Fall 2017 Schedule

www.com.edu/ce

1200 Amburn Road, Texas City, TX 77591   |   www.com.edu
COM CE: LIFELONG LEARNING FOR EVERYONE

COM’s Continuing Education Division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses to help you upgrade your current skills and expand your knowledge as you seek to advance your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

CONTINUING EDUCATION’S MISSION
College of the Mainland’s Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION’S VISION
College of the Mainland’s Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US
The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
Phone: 409-933-8586 • Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS
Open: Monday - Tuesday 8 a.m. – 7 p.m.
Wednesday - Friday 8 a.m. – 5 p.m.

CE SCHEDULE DISCLAIMER
This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE’s Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

QUESTIONS?
For specific course or program information, please call:
- 409-933-8285 Public Service Careers
- 409-933-8461 Lifelong Learning/50 Plus Program
- 409-933-8645 COM Learning Center-Allied Health
- 409-933-8162 Gulf Coast Safety Institute
- 409-933-8406 Industrial Workforce

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a $35 distance education fee per course.

Students in hybrid (HY) courses will be charged a $25 distance education fee per course.

Continuing Education Office Hours

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For more information, call 409-933-8586.
PAYMENT OF FEES AND TUITION
All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover, American Express and money orders. **NO CASH IS ACCEPTED.**

**50 PLUS PROGRAM (50+ DISCOUNT)**
Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

**A NONRESIDENT OF COM DISTRICT**
A nonresident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

**BOOKS AND SUPPLIES**
If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

**CLASS CANCELLATIONS**
Classes with insufficient enrollment are canceled before the start of the class. Students will be called when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

**REFUND POLICY**
Refunds for fitness memberships and continuing education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

**CLASS TRANSFERS**
Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.
MINIMUM AGE REQUIREMENTS
Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+)
Courses designed for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING
Continuing education classes may not be audited.

RECORD OF ACHIEVEMENT: CEUS
Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified continuing education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar’s office at no charge. Reprints of CE certificates are available for $5.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS
Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application. Contact the Student Financial Services Office at 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM
College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Oklahoma, at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu and select Student Financial Services for more information, or call the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)
College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include CNC Machinist, HVAC, Industrial Pipefitting, Manual Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

ARE YOU AGE 50 PLUS?
We have classes just for you!

COM 50 PLUS PROGRAM
• Enroll in 50 Plus Program classes – with over 75 options – at a nominal cost.
• Join reasonably priced 50 Plus Program trips.
• Enroll in free or low-cost workshops.
• Receive a discount on COM Gym fitness memberships.
• Use the COM Library.
• Receive a discount on COM Cosmetology Services. Call 409-933-8480 for more information.
• Enjoy a discount on COM Community Theatre productions. Call 409-933-8345 for more information.

For more information see page 34 of this schedule, or call 409-933-8226.

A Word About Waiting to Register...
Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.
A Word about Waiting to Register…

Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.

INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a $35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a $25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

Continuing education students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 and enrolling in CE courses or programs with 360 hours or more. Proof of vaccination must be provided to the Office of Admissions and Records 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or stop by the Enrollment Center for more information.

TAX CREDIT

Continuing education tuition is not the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

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### CE WORKFORCE PROGRAMS

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**BACTERIAL MENINGITIS VACCINATION REQUIREMENT**

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class. Visit [www.com.edu/admissions/meningitis-vaccinations](http://www.com.edu/admissions/meningitis-vaccinations) or go by the Enrollment Center or Continuing Education Office for more information.

**FINANCIAL AID INFORMATION**

See page 4 for more information about possible financial aid sources.

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www.facebook.com/COMcontinuinged
WORKFORCE PROGRAMS

ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County at 200 Parker Ct. on FM 518 in League City. Applications for allied health certificate programs are available at the COM Learning Center-North County and in the Continuing Education department on the main campus. Completed applications must be returned to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce.

CERTIFIED NURSE AIDE

An approved application is required prior to registration. Call 409-933-8645 for details and approval.

A vital part of the healthcare field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides in classes and clinicals to work in hospitals and long-term care facilities. The average hourly wage for certified nurse aides is $11.80. Between 2014-2024, the need for certified nurse aides is projected to grow by 17 percent. (Source: Bureau of Labor Statistics)

Course # | Title | Hrs
--- | --- | ---
NURA 1001 | Nurse Aide for Health Care I | 70
This course prepares entry-level nursing aides to gain the knowledge, skills and abilities to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Aide (CNA) Program.

NURA 1060 | Nurse Aide for Health Care II | 40
Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Aide Program. Tuition includes malpractice insurance.

TOTAL HOURS | 110
State certification: Students successfully completing these courses will be prepared to take the state exam. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. A complete list of supplies will be available the first day of class; the estimated cost of supplies is $65.

When Should I Register?

<table>
<thead>
<tr>
<th>Day</th>
<th>Register by noon on the following days.</th>
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<tr>
<td>Sunday, Monday, Tuesday</td>
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<td>Wednesday, Thursday</td>
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<td>Tuesday (of the same week)</td>
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NURSE AIDE FOR HEALTHCARE I AND II – 110 HRS

Students must enroll at the same time in SYN: 7756 NURA-1001-280CL and SYN: 7758 NURA-1060-108CL.

Cost: | In district: $809 | Out of district: $819 |
--- | --- | --- |
SYN: 7756 NURA-1001-280CL | 09/06/17-10/16/17 | MWTH |
05:30PM-09:30PM | AHC 103 | COM Faculty |
SYN: 7758 NURA-1060-180CL | 09/23/17-10/21/17 | S |
06:00AM-02:00PM | TBA | COM Faculty |

Students must enroll at the same time in SYN: 7764 NURA-1001-190CL and SYN: 7765 NURA-1060-190CL.

Cost: | In district: $809 | Out of district: $819 |
--- | --- | --- |
SYN: 7764 NURA-1001-190CL | 09/11/17-10/19/17 | MWTH |
08:35AM-12:35PM | AHC 103 | B Cooper |
SYN: 7765 NURA-1060-190CL | 09/22/17-10/20/17 | F |
06:00AM-02:00PM | TBA | B Cooper |

Cost: | In district: $809 | Out of district: $819 |
--- | --- | --- |
06:00PM-10:00PM | TVB 1135 | C Nelson |
SYN: 7762 NURA-1060-181CL | 10/07/17-11/04/17 | S |
06:00AM-02:00PM | TBA | C Nelson |

Students must enroll at the same time in SYN: 7766 NURA-1001-191CL and SYN: 7769 NURA-1060-191CL.

Cost: | In district: $809 | Out of district: $819 |
--- | --- | --- |
SYN: 7766 NURA-1001-191CL | 10/09/17-11/01/17 | MTWTHF |
08:35AM-12:35PM | AHC 104 | COM Faculty |
SYN: 7769 NURA-1060-191CL | 11/02/17-11/08/17 | MTWTHF |
06:00AM-02:00PM | TBA | COM Faculty |

Between 2010-2020, the need for certified nurse aides is projected to grow by 17 percent. (Source: Bureau of Labor Statistics)

CONTINUING EDUCATION • FALL 2017 SCHEDULE
DENTAL ASSISTANT
Occupational Skills Award
An approved application is required prior to registration.
Call 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students to work as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping.

The average hourly wage for dental assistant is $16.95. Between 2014-2024, the need for dental assistants is projected to grow 18 percent. (Source: Bureau of Labor Statistics)

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<td>Dental Chairside Assisting</td>
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<td>DNTA 1003</td>
<td>Registered Dental Assisting Exam Review</td>
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<tr>
<td>DNTA 1060</td>
<td>Clinical Dental Assistant</td>
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TOTAL HOURS 222

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam.

DENTAL CHAIRSIDE ASSISTING – 86 HRS
Tuition includes six hours of CPR training, the malpractice insurance fee ($16), ID badge fee ($6) and lab fee ($200). Training includes lab experience. Lab experiences will take place on Saturdays (6) from 9 a.m - noon, and will be scheduled by the instructor on the first day of class.

Cost: In district: $989  Out of district: $994
SYN: 7779 DNTA-1015-275CL  08/23-17-11/01/17  MW
05:30PM-09:00PM  AHC 102  A Barton
09:00AM-12:00PM  S

Students must enroll at the same time in SYN: 7779 DNTA-1015-275CL and SYN: 7752 DNTA-1060-175CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW – 36 HRS
Students must pay for the Texas Academy of General Dentistry Registered Dental Assistant exam (approximately $155) near the end of the program. The instructor will provide specific due dates. There will be no class Nov. 22.

Cost: In district: $280  Out of district: $285
SYN: 7751 DNTA-1003-275CL  11/06-17-11/30/17  MWTH
05:30PM-09:00PM  AHC 102  A Barton

Students must enroll at the same time in SYN: 7779 DNTA-1015-275CL and SYN: 7752 DNTA-1060-175CL.

CLINICAL DENTAL ASSISTANT – 100 HRS
*Course length is 100 hours and will be coordinated by instructor.

Cost: In district: $119  Out of district: $124
SYN: 7752 DNTA-1060-175CL  12/04-17-01/22/18  MTWTHF
08:00AM-05:00PM  TBA  A Barton

Students must enroll at the same time in SYN: 7779 DNTA-1015-275CL and SYN: 7751 DNTA-1003-275CL.

Accidents and emergencies can happen at any time, anywhere.
Do you have the right training to respond?
COM’s CPR classes could be your answer!
Help provide a safe environment and register for the upcoming training.

To register, call 409-933-8568.

CPR Training
See page 10 of the CE Schedule
PHLEBOTOMY TECHNICIAN
**Occupational Skills Award**

An approved application is required prior to registration. Call 409-933-8645 for details and approval. Prerequisite: A high school diploma or GED

A rapidly growing occupation in the health care, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible.

The average hourly wage for phlebotomy technicians is $14.75. Between 2014-2024, the need for phlebotomy technicians is projected to grow 25 percent. (Source: Bureau of Labor Statistics) They find employment in hospitals, doctor’s offices, medical and diagnostic laboratories, and blood donor centers.

**Course #**
**Title**

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<tr>
<td>PLAB 1060</td>
<td>Clinical: Phlebotomy 100</td>
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Total Hours: 186

National certification: Students successfully completing these courses will be prepared to take the national exam given by American Society for Clinical Pathology.

MEDICAL OFFICE/INSURANCE SPECIALIST

Prerequisite: A high school diploma or GED Call 409-933-8645 for detail.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist. These courses prepare students to obtain entry-level administrative positions in health care settings and provide a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is $14.68. (Source: Bureau of Labor Statistics)

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<td>Medical Insurance Specialist</td>
<td>48</td>
</tr>
</tbody>
</table>

Total Hours: 72

National Certification: Students successfully completing MDCA 1000 and MDCA 1043 will be prepared to take the Certified Billing and Coding Specialist (CBCS) Exam or the Certified Medical Administrative Assistant (CMAA) Exam offered through National Healthcareers Association (NHA).

**Medical Office – 24 HRS**

Cost: In district: $250 Out of district: $255

| SYN | MDCA-1000-277CL | 09/11/17-10/05/17 | MTH | 06:00PM-09:00PM | CLC 111 | S Magdall |

Students must enroll at the same time in SYN: 7777 MDCA-1043-277CL.

**Medical Insurance Specialist – 48 HRS**

Tuition includes coding resource materials and NHA Exam, study guide and practice tests.

Cost: In district: $699 Out of district: $704

| SYN | MDCA-1043-277CL | 10/09/17-12/04/17 | MTH | 06:00PM-09:00PM | CLC 111 | S Magdall |

Students must enroll at the same time in SYN: 7753 MDCA-1000-277CL.

We’re in Your Neighborhood!

The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs, allied health professional development courses.

Call 409-933-8645 for more information or visit www.com.edu/nc.
PHYSICAL THERAPY AIDE

No application is required prior to registration. Call 409-933-8645 for details. Recommended: A high school diploma or GED.

This program trains physical therapy aides to work with a physical therapist. It especially helps those who want to continue their education to become physical therapy assistants or for certified nurse assistants who want to expand their skills to work in restorative care. The median pay is $11.37. (Source: Bureau of Labor Statistics & ONET)

Part of a rapidly growing field, physical therapy aides find employment in hospitals, doctor’s offices, skilled nursing care facilities and physical therapy treatment centers.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>PTHA 1009</td>
<td>Introduction to Physical Therapy</td>
<td>76</td>
</tr>
</tbody>
</table>

Students will be introduced to the physical therapy profession and the role of the physical therapist assistant. Topics include the application of basic patient care, functional skills, communication and selected data collection techniques.

TOTAL HOURS 76

Students successfully completing the course will receive a certificate of completion from COM.

INTRODUCTION TO PHYSICAL THERAPY – 76 HRS

Training includes six hours of lab experience that will be coordinated by the instructor. The lab experience is at a rehab facility during a weekday. Tuition includes six hours of CPR certification training. There will be no class Oct. 31.

Cost: In district: $575 Out of district: $580

SYN: 7786 PTHA-1009-279CL 09/12/17-12/12/17 TTH

06:00PM-09:00PM TBA COM Faculty

“IT’S A FULFILLING JOB. I’M MAKING A DIFFERENCE IN PEOPLE’S LIVES. WITHOUT THIS CLASS I WOULD NOT BE ABLE TO HELP PATIENTS AND FAMILIES LIKE I DO NOW.”

–Monica Fischer, former COM student employed Sheila’s Angels In-Home Care

CPR TRAINING CENTER CLASSES

HEALTHCARE PROVIDER CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR, and adult and pediatric foreign body airway obstruction. The American Heart Association (AHA) strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: In district: $69 Out of district: $74

SYN: 7739 EMSPX-1019-191CL 09/07/17 TH

08:30AM-01:30PM CLC 106 M Chatman

SYN: 7744 EMSPX-1019-291CL 09/18/17 M

05:00PM-10:00PM CLC 106 M Chatman

SYN: 7740 EMSPX-1019-192CL 10/12/17 TH

08:30AM-01:30PM CLC 106 M Chatman

SYN: 7745 EMSPX-1019-292CL 10/30/17 M

05:00PM-10:00PM CLC 106 M Chatman

SYN: 7741 EMSPX-1019-193CL 11/16/17 TH

08:30AM-01:30PM CLC 106 M Chatman

SYN: 7746 EMSPX-1019-294CL 12/04/17 M

05:00PM-10:00PM CLC 106 M Chatman

SYN: 7743 EMSPX-1019-194CL 12/07/17 TH

08:30AM-01:30PM CLC 106 M Chatman

SKILLS CHECK OFF FOR HEALTHCARE PROVIDER CPR – 2 HRS

This class is for students needing to complete the skills check off and/or exam portion of the online American Heart Association Basic Life Support for healthcare provider course. Students will take the online portion of the CPR course found on the American Heart Association website https://onlineaha.org, and must bring their test results and certificate of completion to the class.

Cost: In district: $40 Out of district: $45

SYN: 7748 AHCEX-1003-190CL 09/16/17 S

09:00AM-11:00AM CLC 106 M Chatman

SYN: 7749 AHCEX-1003-191CL 10/14/17 S

09:00AM-11:00AM CLC 106 M Chatman

SYN: 7750 AHCEX-1003-192CL 11/04/17 S

09:00AM-11:00AM CLC 106 M Chatman

Continuing Education

General Information Policies

See page 5.
Students in this program prepare for careers as real estate agents, who have an average annual salary of $53,100 according to the Bureau of Labor Statistics. Classes are available online in partnership with REcampus at https://portal.recampus.com/re/mainland.

The Texas Real Estate Commission requires students to complete 180 classroom hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms. The cost is $150 for each course.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>RELE 1001</td>
<td>Real Estate Principles I</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This course is an overview of licensing as a real estate broker or salesperson. Topics include ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures and real estate mathematics. A minimum of three hours’ classroom instruction will be devoted to federal, state and local laws relating to housing discrimination, housing credit discrimination and community reinvestment. The textbook can be purchased online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1038</td>
<td>Real Estate Principles II</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This class complements Real Estate Principles I and can be taken before Principles I. The textbook can be purchased online.</td>
<td></td>
</tr>
<tr>
<td>RELE 2001</td>
<td>Real Estate Law of Agency</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent’s authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying procedures and the disclosure of an agency. The textbook can be purchased online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1011</td>
<td>Real Estate Law of Contracts</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This course covers the elements of a contract, offers and acceptance, the statute of frauds, specific performance and remedies for breaches of contracts, unauthorized practice of law, commission rules relating to use of adopted forms and owner disclosure requirements. The textbook can be purchased online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1019</td>
<td>Real Estate Finance</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act, and the State Housing Agency. The textbook can be purchased online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1000</td>
<td>Real Estate Promulgated Contracts</td>
<td>30</td>
</tr>
<tr>
<td></td>
<td>This class examines various topics related to Texas real estate contracts such as the unauthorized practice of law, the Texas Broker-Lawyer Committee, TREC rules governing promulgated contract use, an examination of current TREC promulgated contracts and practice preparing current TREC contracts and forms using case studies. The textbook can be purchased online.</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL HOURS** 180

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.
They're HIRING.
We're TRAINING.

✓ Paid Tuition and Training*
✓ Resume and Career Support*

*for qualifying students

Industrial Crafts Training
- CNC Machinist
- Drafting
- NCCER Electrical
- HVAC
- NCCER Instrumentation
- Mechanical Maintenance / Millwright
- NCCER Pipelining
- Process Technology
- Welding & NCCER Welding

Leadership & Professional Training
- Lean Six Sigma
- Project Management

College of the Mainland®
409-933-8643 | www.com.edu/ce/GCRTW-Grant

DOL H-1B Gulf Coast Ready to Work Grant
- College of the Mainland
- San Jacinto College
- Brazosport College
- Lee College

These programs are funded by a grant awarded implemented by the U.S. Dept. of Labor’s Employment & Training Administration. The information contained in this product was created by the grantee-organization and does not necessarily reflect the official position of the U.S. Dept. of Labor. All references to non-governmental companies or organizations, their services, products or resources are offered for information purposes and should not be construed as an endorsement by the Department of Labor.

The College district prohibits discrimination, including harassment, against any student, applicant or staff on the basis of race, color, religion, age, gender, national origin, disability or any other basis prohibited by law.
INDUSTRIAL TRADE CAREERS

Electrical Apprentice Program
Occupational Skills Award

COURSE SEQUENCE

COM’s Electrical Apprentice Program, which can be completed in about 10 months, prepares students for entry-level positions as electrical apprentices in hands-on classes. Electricians and electrical apprentices work with systems in residential and commercial environments, refineries, manufacturing and electrical plants.

The median hourly wage in Texas for electrical helpers is $14.18 (Source: Department of Labor, 2016).

The courses follow NCCER curriculum and students will obtain NCCER credentials for completing NCCER Core, NCCER Electrical Level 1 and Level 2. NCCER credentials are recognized nationwide and highly desired by local industry employers. Textbooks are not included in the cost.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNBT 1018</td>
<td>NCCER Core – Electrical</td>
<td>64</td>
</tr>
<tr>
<td></td>
<td>This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students also learn how to select and use hand tools, portable and stationary power tools, and related construction equipment. At the end of the course, students will be able to demonstrate the safe use of a variety of hand tools and portable and stationary power tools. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER Core.</td>
<td></td>
</tr>
<tr>
<td>ELPT 1011</td>
<td>NCCER Electrical Level 1</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>In this course, students are introduced to mathematical applications used to solve problems in the electrical field. Students learn to use a calculator to perform operations involving fractions and decimals; compute percentages using ratio and proportions; convert unit values, solve simple equations, and calculate areas and volumes of geometric solids. Prerequisite: CNBT-1018</td>
<td></td>
</tr>
<tr>
<td>ELPT 1041</td>
<td>NCCER Electrical Level 2-A</td>
<td>64</td>
</tr>
<tr>
<td></td>
<td>This course introduces students to basic direct current (DC) theory including electron theory and direct current applications. Upon course completion, students will be able to explain atomic structure and basic electrical values such as voltage, current, resistance and power as well as summarize the principles of magnetism. Students will also learn to calculate electrical values for series, parallel and combination circuits and utilize electrical measuring instruments. Prerequisite: CNBT-1018, ELPT-1011</td>
<td></td>
</tr>
<tr>
<td>ELPT 1045</td>
<td>NCCER Electrical Level 2-B</td>
<td>64</td>
</tr>
<tr>
<td></td>
<td>Students discover the different wiring methods for single-family and multi-family dwellings and learn to wire devices according to electrical codes. The course also covers load calculations, service entrance sizing, proper grounding techniques and associated safety procedures. Upon completion of the course, students will be able to compute the circuit sizes needed for the installation of circuits, feeders and conductors and demonstrate grounding methods and safe installation of ground fault circuits. Prerequisite: CNBT 1018, ELPT 1011, ELPT 1045</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS 288

INDUSTRIAL TRADE CAREERS

NCCER CORE – ELECTRICAL – 64 HRS
Instructor approval required.

Cost: In district: $485 Out of district: $490
SYN: 7474 CNBT 1018-230CL 10/16/17-12/06/17 MW 06:00PM-10:00PM IND 006 J Sandoval

NCCER ELECTRICAL LEVEL 2-A – 64 HRS

Cost: In district: $475 Out of district: $480
SYN: 7471 ELPT-1041-220CL 10/19/17-12/14/17 TTH 06:00PM-10:00PM IND 006 D Chambers

INDUSTRIAL TRADE CAREERS

To enroll in this program, students must meet the eligibility requirements of the H-1B Ready to Work Grant. Tuition is free for those who qualify. For more information, please contact Chris Hollman at 409-933-8643.


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INSTRUMENTATION HELPER

COM’s new Instrumentation Helper Program prepares students in about 10 months to enter into entry-level positions as instrumentation helpers, often leading instrumentation technician careers. Instrumentation technicians and helpers work with systems and equipment in petrochemical environments, refineries, manufacturing and electrical plants.

The median hourly wage for instrumentation technicians is $25.04, with entry-level helper positions starting at $15.77 per hour. (Source: CareerOneStop, 2015)

Courses follow NCCER curriculum and students will earn NCCER credentials for completing NCCER Core, NCCER Instrumentation Level 1 and Level 2. NCCER credentials are recognized nationwide and highly desired by local employers.

Instrumentation Helper I
Occupational Skills Award
NCCER Core, NCCER Level 1

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>CNBT 1018</td>
<td>NCCER Core – Instrumentation</td>
<td>64</td>
</tr>
<tr>
<td>INTC 1007</td>
<td>NCCER Instrumentation Level 1</td>
<td>96</td>
</tr>
</tbody>
</table>

TOTAL HOURS 160

NCCER INSTRUMENTATION LEVEL 1 – 96 HRS
Instructor approval required.
Cost: In district: $575 Out of district: $580
SYN: 8032 INTC-1007-25CL 11/13/17-2/28/17 MTWTH 06:00PM-10:00PM IND 009 R Buchanan

IMPORTANT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 31</td>
<td>Fall 2017 Registration Begins</td>
</tr>
<tr>
<td>Sept. 4</td>
<td>COM Closed – Labor Day</td>
</tr>
<tr>
<td>Nov. 23-24</td>
<td>COM Closed – Thanksgiving</td>
</tr>
<tr>
<td>Dec. 4</td>
<td>Spring 2018 Registration Begins</td>
</tr>
<tr>
<td>Dec. 16 – Jan. 2</td>
<td>COM Closed – Winter Break</td>
</tr>
</tbody>
</table>

For more information, call 409-933-8586.

Continuing Education
Office Hours

Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

For more information, call 409-933-8586.

EMERGENCY MEDICAL SERVICES

Continuing Education for Emergency Medical Services personnel is easy and affordable. Whether you need Department of State Health Services-approved CE (refresher, remedial, recertification) or renewal of your “card classes” (AHA-CPR, ACLS, ITLS, etc.), we are here to help.
If your organization has a specific need, give us a call at 409-933-8224.
We are flexible and quick to respond to the needs of our customers.

For more information, call 409-933-8198.

When Should I Register?

If a class starts on a… Register by noon on the following days.

<table>
<thead>
<tr>
<th>Days</th>
<th>Register by noon on the following days</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, Monday, Tuesday</td>
<td>Wednesday (the week before it starts)</td>
</tr>
<tr>
<td>Wednesday, Thursday</td>
<td>Thursday (the week before it starts)</td>
</tr>
<tr>
<td>Friday</td>
<td>Monday (of the same week)</td>
</tr>
<tr>
<td>Saturday</td>
<td>Tuesday (of the same week)</td>
</tr>
</tbody>
</table>

To enroll in this program, students must meet the eligibility requirements of the H-1B Ready to Work Grant. Tuition is free for those who qualify. For more information, please contact Chris Hollman at 409-933-8643.

NCCER CORE - INSTRUMENTATION - 64 HRS
Instructor approval required.
Cost: In district: $485 Out of district: $490
SYN: 7952 CNBT-1018-250CL 9/6/17-10/30/17 MW 06:00PM-10:00PM IND 009 R Buchanan
Instrumentation Helper II
Occupational Skills Award
NCCER Level 2-A, NCCER Level 2-B

COURSE SEQUENCE

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>INTC 1043</td>
<td>NCCER Instrumentation Level 2-A</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to automatic process control including measuring devices, analog and digital instrumentation, signal transmitters, recorders, alarms, controllers, control valves, and process and instrument diagrams. Topics include the connection and troubleshooting of loops. At the end of the course, students will have learned to explain pneumatic and electronic controls; connect and troubleshoot control loops; and draw process and instrument diagrams, wiring diagrams and block diagrams. Upon completion, students will obtain credentials for several modules of NCCER Instrumentation Level 2. Prerequisites: CNBT 1018, INTC 1007</td>
<td></td>
</tr>
<tr>
<td>INTC 1025</td>
<td>NCCER Instrumentation Level 2-B</td>
<td>64</td>
</tr>
<tr>
<td></td>
<td>This course trains students in the installation of instrumentation equipment into a process environment using industry standards. Students will learn to outline the general procedures for installing instrumentation and mount an assigned series of instrumentation devices. Upon completion, students will obtain credentials for completion of NCCER Instrumentation Level 2. Prerequisites: CNBT 1018, INTC 1007, INTC 1043</td>
<td></td>
</tr>
<tr>
<td></td>
<td>TOTAL HOURS</td>
<td>160</td>
</tr>
</tbody>
</table>

To enroll in this program, students must meet the eligibility requirements of the H-1B Ready to Work Grant. Tuition is free for those who qualify. For more information, please contact Chris Hollman at 409-933-8643.

NCCER INSTRUMENTATION LEVEL 2-A – 96 HRS
Instructor approval required.

Cost: In district: $575 Out of district: $580
SYN: 7950 INTC-1043-240CL 09/19/17-12/12/17 TTH
06:00PM-10:00PM IND 009 J Hagan
SYN: 7951 INTC-1043-113CL 11/20/17-01/25/18 MTWTH
08:00AM-12:00PM IND 009 R Buchanan

www.facebook.com/comcontinuinged
COM’s Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician and/or installer through hands-on training. HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, schools, hospitals, hotels, restaurants and residential homes. The need for qualified HVAC technicians and installers in the Gulf Coast Region is anticipated to grow 25.7 percent by 2020. The median hourly wage is $19.84, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

### REQUIRED COURSE SEQUENCE

Select classes will be offered each semester. Textbooks are not included in course cost.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>HART 1001</td>
<td>Basic Electricity for HVAC</td>
<td>48</td>
</tr>
<tr>
<td>HART 1038</td>
<td>Air-Conditioning, Level I</td>
<td>96</td>
</tr>
<tr>
<td>HART 1005</td>
<td>Air-Conditioning, Level II</td>
<td>96</td>
</tr>
<tr>
<td>HART 2036</td>
<td>Air-Conditioning, Level III</td>
<td>48</td>
</tr>
<tr>
<td>HART 1043</td>
<td>EPA Course and Test</td>
<td>10</td>
</tr>
</tbody>
</table>

**TOTAL HOURS** 298

**DID YOU KNOW?**

That the number of HVAC technicians needed for the greater Houston area will grow 25.7% by the year 2022 with the median salary of $19.84/hour depending on skill level.

**ELECTRIFY YOUR CAREER**

For Unemployed and Underemployed Workers

- Offered by COM’s Continuing Education Department
- Paid Tuition and Training* for qualifying students
- Resume and Career Support

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DOL H-1B Gulf Coast Ready to Work Grant

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CE Registration Date

Registration begins July 31, 2017, for Fall 2017 Continuing Education and 50 Plus Program classes.
COM’s Mechanical Maintenance Technician Program prepares students for a successful career as a mechanical maintenance technician and millwright. Mechanical maintenance technicians work in petrochemical, refineries, manufacturing, production, power plants, maritime, aerospace, hospitals, commercial facilities and machine shops. The need for mechanical maintenance technicians and millwrights in the Gulf Coast Region is anticipated to grow by 44.1 percent by 2020. The median hourly wage is $23.15, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>64</td>
</tr>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>64</td>
</tr>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machine Trades and Rigging</td>
<td>64</td>
</tr>
<tr>
<td>POFT 1006</td>
<td>Job Search and Employment Skills</td>
<td>40</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>64</td>
</tr>
</tbody>
</table>

TOTAL HOURS 296

INDUSTRIAL MAINTENANCE, INTRODUCTION – 64 HRS
Cost: In district: $485 Out of district: $490
SYN: 7669 INMT-1005-161CL 09/05/17-10/02/17 MTWTH 08:00AM-12:00PM IND 017 COM Faculty

INDUSTRIAL MATHEMATICS – 64 HRS
Cost: In district: $475 Out of district: $480
SYN: 7670 TECM-1001-161CL 10/09/17-11/02/17 MTWTH 08:00AM-12:00PM IND 017 COM Faculty

PRINT READING FOR MACHINE TRADES AND RIGGING – 64 HRS
Cost: In district: $475 Out of district: $480
SYN: 7671 MCHN-1002-161CL 11/13/17-12/11/17 MTWTH 08:00AM-12:00PM IND 017 COM Faculty

METALLURGY AND WELDING FUNDAMENTALS – 64 HRS
Cost: In district: $475 Out of district: $480
SYN: 7672 WLDG-1021-261CL 10/10/17-12/05/17 TTH 06:00PM-10:00PM IND 012 G Cupples

DID YOU KNOW?
That the number of Mechanical Maintenance Technicians needed for the greater Houston area will grow 44.1% by the year 2022 with the median salary of $23.15/hour depending on skill level.
### Mechanical Maintenance Technician, Intermediate

**Occupational Skills Award**

**REQUIRED COURSE SEQUENCE**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2005</td>
<td>Millwright III – Bearings, Seals and Couplings</td>
<td>64</td>
</tr>
<tr>
<td>MCHN 2007</td>
<td>Millwright IV – Lubrication, Valves and Pumps</td>
<td>64</td>
</tr>
<tr>
<td>MCHN 2012</td>
<td>Millwright V – Gear Boxes, Chain and Belt Drives</td>
<td>64</td>
</tr>
<tr>
<td>INMT 2003</td>
<td>Pumps, Compressors and Mechanical Drives</td>
<td>64</td>
</tr>
</tbody>
</table>

**TOTAL HOURS 256**

**PUMPS, COMPRESSORS AND MECHANICAL DRIVES – 64 HRS**

<table>
<thead>
<tr>
<th>Cost: In district: $475</th>
<th>Out of district: $480</th>
</tr>
</thead>
<tbody>
<tr>
<td>06:00PM-10:00PM</td>
<td>IND 017 L Lindsey</td>
</tr>
</tbody>
</table>

### Mechanical Maintenance Technician, Advanced

**Occupational Skills Award**

**REQUIRED COURSE SEQUENCE**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2014</td>
<td>Millwright VI – Reciprocating, Centrifugal Compressors and Blowers</td>
<td>64</td>
</tr>
<tr>
<td>MCHN 2016</td>
<td>Millwright VII – Turbines</td>
<td>64</td>
</tr>
<tr>
<td>MCHN 2018</td>
<td>Millwright VIII – Alignment and Vibration</td>
<td>64</td>
</tr>
</tbody>
</table>

**TOTAL HOURS 192**

**DID YOU KNOW?**

That the number of Manual and CNS Machinist needed for the greater Houston area will grow 37.7% by the year 2022 with the median salary of $19.88/hour depending on skill level.

**REGISTRATION FOR FALL 2017 BEGINS JULY 31, 2017.**

The need for qualified manual machinists in the Gulf Coast Region is anticipated to grow by 37.7 percent by 2022. The median hourly wage is $19.88, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

### REQUIRED COURSE SEQUENCE

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN-1038</td>
<td>Basic Machine Shop I</td>
<td>64</td>
</tr>
<tr>
<td>MCHN-1013</td>
<td>Basic Milling</td>
<td>64</td>
</tr>
<tr>
<td>MCHN-1008</td>
<td>Basic Lathe</td>
<td>64</td>
</tr>
<tr>
<td>MCHN-2041</td>
<td>Advanced Machining</td>
<td>64</td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td></td>
<td>256</td>
</tr>
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</table>

### BASIC MACHINE SHOP I – 64 HRS

<table>
<thead>
<tr>
<th>Cost: In district: $475</th>
<th>Out of district: $480</th>
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<tbody>
<tr>
<td>SYN: 7676 MCHN-1038-161CL</td>
<td>09/05/17-10/02/17 MTWTH</td>
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<td>08:00AM-12:00PM</td>
<td>IND 019 COM Faculty</td>
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### BASIC MILLING – 64 HRS

<table>
<thead>
<tr>
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<th>Out of district: $480</th>
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</thead>
<tbody>
<tr>
<td>SYN: 7677 MCHN-1013-161CL</td>
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### BASIC LATHE – 64 HRS

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<tr>
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<tbody>
<tr>
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<td>10/10/17-12/05/17 TTH</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>IND 019 A Mills</td>
</tr>
<tr>
<td>SYN: 7678 MCHN-1008-161CL</td>
<td>11/13/17-12/11/17 MTWTH</td>
</tr>
<tr>
<td>08:00AM-12:00PM</td>
<td>IND 019 COM Faculty</td>
</tr>
</tbody>
</table>

### CNC Machinist

COM’s CNC Machinist Program prepares students for a successful career creating precision parts using computer numerical controlled (CNC) lathes and mills. CNC machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified CNC machinists in the Gulf Coast region is expected to grow by 37.7 percent by 2020 (Source: Workforce Solutions, 2016). Financial assistance is available.

### REQUIRED COURSE SEQUENCE

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN-2003</td>
<td>CNC Programming</td>
<td>124</td>
</tr>
<tr>
<td>MCHN-1026</td>
<td>CAM/Mastercam</td>
<td>64</td>
</tr>
<tr>
<td>MCHN-2038</td>
<td>CAM Multi-Axis</td>
<td>64</td>
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<tr>
<td>TOTAL HOURS</td>
<td></td>
<td>252</td>
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</table>

### CNC PROGRAMMING – 124 HRS

<table>
<thead>
<tr>
<th>Cost: In district: $475</th>
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<td>10/16/17-12/06/17 MW</td>
</tr>
<tr>
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### CAM / MASTERCAM – 64 HRS

<table>
<thead>
<tr>
<th>Cost: In district: $475</th>
<th>Out of district: $480</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN: 7680 MCHN-1026-261CL</td>
<td>10/16/17-12/06/17 MW</td>
</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>IND 019 COM Faculty</td>
</tr>
</tbody>
</table>
INDUSTRIAL PIPEFITTING
Occupational Skills Award
Textbooks are not included in course cost.

REQUIRED COURSE SEQUENCE
COM’s Pipefitting Program prepares students for a successful career as a helper or apprentice as a pipefitter. Pipefitters are employed in petrochemical, refineries, pipeline industries, maritime, utility and local governments.

The need for NCCER qualified pipefitters in the Gulf Coast Region is anticipated to grow by 24.4 percent by 2022. The median hourly wage is $24.68, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Industrial Pipefitting I
Occupational Skills Award
NCCER CORE, NCCER Level 1, NCCER Level 2

REQUIRED COURSE SEQUENCE

Course # | Title | Hrs
--- | --- | ---
CNBT-1018 | Pipefitting – NCCER CORE | 64
This course is a comprehensive study of NCCER CORE for pipefitting students. Students will learn how to safely use hand tools, power tools and related equipment for pipefitting, basic rigging and material handling. They will gain skills in construction math, communication and blueprints. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER CORE.

PFPB-1008 | Pipefitting – NCCER Level 1 | 96
This course is a comprehensive study of NCCER Level 1 for pipefitting. Students will be introduced to the pipefitting trade. They will learn how to use hand tools and power tools associated with pipefitting; identify pipes, pipe fittings, flanges and fasteners; apply mathematical calculations applicable to pipe-fitting installations; identify equipment used in pipefitting such as oxy-fuel cutting, ladders and scaffolds and motorized equipment. Upon completion students will obtain credentials for NCCER Pipefitting Level 1. Prerequisite: CNBT-1018

PFPB-1043 | Pipefitting – NCCER Level 2 | 128
This course is a comprehensive study of NCCER Level 2 for pipefitting. Students will identify and demonstrate the use of different piping systems. They will install pipe hangers and supports, sketch isometric views of piping assemblies, interpret piping standard and specification, and use measuring devices and pipefitting trade math. Upon completion students will obtain credentials for NCCER Pipefitting Level 2. Prerequisites: CNBT-1018 and PFPB-1008

TOTAL HOURS | 288

PIPFITTING – NCCER CORE – 64 HRS
Cost: In district: $485 Out of district: $490
SYN: 7686 CNBT-1018-161CL 09/05/17-10/02/17 MTWTH 08:00AM-12:00PM IND 012 COM Faculty
SYN: 7688 CNBT-1018-261CL 09/11/17-11/01/17 MW 06:00PM-10:00PM IND 005 T Clark

Industrial Pipefitting II
Occupational Skills Award
NCCER Level 3, NCCER Level 4
Prerequisite: Industrial Pipefitting I OSA
Textbooks are not included in course cost.

REQUIRED COURSE SEQUENCE

Course # | Title | Hrs
--- | --- | ---
PFPB-1050 | Pipefitting – NCCER Level 3 | 128
This course is a comprehensive study of NCCER Level 3 for pipefitting. Students will identify and demonstrate the safe use of construction equipment used in the pipefitting trade for installation of different plumbing systems. The focus will be on rigging and motorized equipment and practices. Upon completion students will obtain credentials for NCCER Pipefitting Level 3.

PFPB-2033 | Pipefitting – NCCER Level 4 | 128
This course is a comprehensive study of NCCER Level 4 for pipefitting. Students will identify and apply advanced pipe fabrication and alignment for rotating equipment. They also will identify, describe and maintain steam traps, in-line specialties, hot tap fittings and valves. Upon completion students will obtain credentials for NCCER Pipefitting Level 4. Prerequisites: PFPB-1000

TOTAL HOURS | 256

DID YOU KNOW?
That the number of Pipefitters for the greater Houston area will grow by 27.4 percent by the year 2022 with the median salary at $24.68/hour depending on skill level.

IMPORTANT DATES

July 31 | Fall 2017 Registration Begins
Sept. 4 | COM Closed – Labor Day
Nov. 23-24 | COM Closed – Thanksgiving
Dec. 4 | Spring 2018 Registration Begins
Dec. 16 – Jan. 2 | COM Closed – Winter Break

For more information, call 409-933-8586.
Interested in a career in WELDING?

Careers in Welding Technology now provide many job opportunities for skilled technicians. There is a great demand for qualified applicants in transportation equipment, industrial machinery, fabricated products and manufacturing industries. Specialization in construction, repair, industrial and commercial application are prevalent. Employers usually give preference to training program graduates.

- Complete one welding class to become a Welder SMAW helper/tacker.
- Complete three classes to become a Structural Welder SMAW.
- There is a one-time investment of approximately $250 for personal equipment.
- Included in tuition is a $200 lab fee.
- Financial assistance may be available through Workforce Solutions or Hazlewood Act benefits.

For more information, call 409-933-8586.
CUSTOMIZED CORPORATE TRAINING

COM’s Continuing Education Department works with many companies to design training to meet their needs. The department can create a customized course, whether employees need leadership or welding skills, expertise in email communication or English as a second language for the workplace.

COM offers a flexible way to become adept in Lean Six Sigma tools like ROI maximization, DMAIC, eight wastes, value stream mapping, and failure mode effects and analysis, plus the processes of Lean Six Sigma. These Green and Black Belt courses are taught through blended learning, which includes self-paced online modules, student guides and instructor-led virtual sessions. It’s all designed so you can improve process efficiency!

In order to qualify for your belt certificate, you’ll need to achieve the minimum score on each module and the final exam. Courses are intensive and only for those who want to be at the top of their game and drive real business value for their companies. Class sizes are limited to ensure optimum instructor/student interaction. The cost includes Stat Software. Contact the Continuing Education Office for a class schedule. Online Six Sigma training is taught through blended learning brought to you by the PEX Network powered by The Quality Group.

LEAN SIX SIGMA-GREEN BELT - 48 HRS
EPCT-1051  Students will learn quality assurance/quality control procedures used to confirm viability and confidence of sample results or procedures. Emphasis on documentation, blank and check sample (spike) preparation, and control tables. Methods and tools in Lean to drive productivity improvement, methods and tools in Six Sigma to drive improvements in defects and variation (DMAIC)

Cost: $2,750

LEAN SIX SIGMA-BLACKBELT - 77 HRS
BMGT-2031  This course will cover planning and implementing quality programs in an organization and analyzing cost/benefit of quality. Also covers the impact of employee empowerment. Methods and tools in Lean to drive productivity improvement, methods and tools in Six Sigma to drive improvements in defects and variation (DMAIC)

Cost: $4,495

PROJECT MANAGEMENT - 28 HRS
BMGT-1021  Students will learn the principles and practical application of proven project management methods during this 11-week course. Engage with our world-class project management instructor and collaborate with fellow students as you prepare to effectively lead projects in your workplace.

• Introduction to Project Management • Starting the Project • Planning the Project • Initiating & Planning • Scheduling Skills • Scheduling Tools • Planning • Executing the Project • Monitoring the Project • Executing, Controlling & Monitoring, Closing the Project

Cost: $1,395

www.legalstudies.com/vender/college-of-the-mainland
HAZARDOUS MATERIAL TECHNICIAN – 80 HRS
This course satisfies curriculum and skills requirements for Texas Commission on Fire Protection Hazardous Materials Technician certification. Topics include curriculum and skills in the TCFP Curriculum Manual for hazardous materials technician. Students will be required to attend labs to complete skills required by the TCFP Skills Manual. Successful completion of the course will make students eligible for the TCFP’s certification examination, provided they satisfy TCFP testing requirements. Suggested Prerequisite: Awareness- and Operations-Level Responders certification or completion of FIRT 1315, Hazardous Material I.
Cost: In district: $765 Out of district: $770
SYN: 7702 FIRS-2050-101CL 08/28/17-12/15/17 MTF
09:00AM-12:00PM IND 001 S Kozlowski/M Simons

FIRE OFFICER III – 56 HRS
This online course meets the curriculum requirements of the Texas Commission on Fire Protection (TCFP) for Fire Officer IV. Students successfully completing the course will be eligible for the TCFP certification for Fire Officer IV. This course satisfies curriculum and skills requirements for Texas Commission on Fire Protection Fire Officer III certification. Topics include curriculum and skills in the TCFP Curriculum Manual for Fire Officer III. Students will be required to attend labs to complete skills required by the TCFP to be completed in person. Students successfully completing the course will be eligible to take the TCFP certification examination for Fire Officer III, provided they satisfy TCFP testing requirements. Suggested Prerequisite: Fire Officer II certification or completion of FIRT 1443, Fire Officer II.
Cost: In district: $225 Out of district: $230
SYN: 7705 FIRT-2057-001IN 09/25/17-12/16/17 Internet D McLerran

SFFMA FIREFIGHTER I
The following two courses satisfy curriculum and certification standards for the State Firefighters and Fire Marshals Association (SFFMA) Firefighter I. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Students must enroll in FIRS 1001 and FIRS 1007. Students successfully completing the course will be eligible to test for the SFFMA Firefighter I certification examination, provided they satisfy SFFMA testing requirements. Suggested Prerequisite: Student must be sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology, for information at 409-933-8378 or dmlcran@com.edu. In order to satisfy SFFMA Firefighter I requirements, students must enroll in the following two courses: FIRS 1001 and FIRS 1007.

FIREFIGHTER CERTIFICATION I – 76 HRS
The cost for both courses is included in FIRS 1001.

FIREFIGHTER CERTIFICATION II – 76 HRS
The cost for both courses is included in FIRS 1001. This course is one in a series of courses in basic preparation for a new firefighter. The course must be taken in conjunction with Firefighter Certification I, III, IV, V, VI and VII to satisfy the Texas Commission on Fire Protection (TCFP) curriculum for Basic Structural Fire Suppression, Course #100. Subjects include curriculum and competencies as set forth in the TCFP Curriculum Manual for Basic Fire Suppression. Firefighter Certification I and II combined satisfy curriculum and skills requirements for State Firemen’s and Fire Marshal’s Association (SFFMA) Firefighter I certification. In order to qualify for the SFFMA Firefighter I certification exam, students must attend scheduled classes and skills labs to complete required skills.
Cost: In district: $801 Out of district: $806
SYN: 7704 FIRS-1007-202CL 09/25/17-12/16/17 MW
06:00PM-10:00PM PSC 118 C Anderson/J Valdina
08:00AM-05:00PM S

Internet or Hybrid Courses
Students taking Internet (IN) courses will be charged a $35 distance education fee per course.
Students in hybrid (HY) courses will be charged a $25 distance education fee per course.
COM’s Commissioned Security Officer Course, which can be completed in about a week, prepares students for a career as a commissioned security officer. Commissioned security officers guard, patrol or monitor premises to prevent theft, violence or infractions of rules. They may operate X-ray and metal detector equipment. They may work in a wide variety of places, including public buildings, retail stores, industrial facilities and office buildings. The median hourly wage in Texas is $24,680 per year ($11.87 per hour. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>SLPS 1013</td>
<td>Commissioned Security Officer</td>
<td>32</td>
</tr>
</tbody>
</table>

This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment.

**TOTAL HOURS** 32

**COMMISSIONED SECURITY OFFICER – 32 HRS**

Contact Dan Blackford at 409-933-8485 for further information.

<table>
<thead>
<tr>
<th>Cost: In district: $260</th>
<th>Out of district: $265</th>
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<tr>
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<tr>
<td>SYN: 7698 SLPS-1013-201CL</td>
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</tr>
<tr>
<td>06:00PM-10:00PM</td>
<td>PSC 116</td>
</tr>
</tbody>
</table>

**SECURITY FIREARMS REQUALIFICATION – 7 HRS**

This course provides training for every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Contact Dan Blackford at 409-933-8485 for further information.

<table>
<thead>
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<td>SYN: 7700 SLPS-2000-102CL</td>
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<tr>
<td>SYN: 7701 SLPS-2000-103CL</td>
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<tr>
<td>08:00AM-03:00PM</td>
<td>FIR 107</td>
</tr>
</tbody>
</table>

**REGISTRATION FOR FALL 2017 BEGINS JULY 31, 2017.**

**TCOLE PATROL RIFLE – 16 HRS**

This course is designed to build upon the basic eight-hour rifle course and will test the students’ shooting abilities and decision-making skills. Students will become familiar with the types of situations that may require the use of a rifle and learn how to effectively deploy it. This course consists of classroom lecture and a live-fire course. Each student must be a licensed peace officer through TCOLE and must be covered by their respective departments’ insurance or worker’s compensation plan. Sixteen hours of TCOLE credit will be given at the completion of this course. While attending any live-fire weapons training, it is recommended to wear personal body armor. For clear recognition of the firearms instructor, he/she will be wearing a red shirt; therefore, it is requested students not wear red shirts.

<table>
<thead>
<tr>
<th>Cost: In district: $125</th>
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<td>11/20/17-11/21/17 MT</td>
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<tr>
<td>08:00AM-05:00PM</td>
<td>FIR 107</td>
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</tbody>
</table>

**TCOLE PATROL RIFLE INSTRUCTOR – 40 HRS**

This course will introduce students to the adult learning process and the differences between adult and child learning, the role of the instructor and the three domains of learning and their impact on the learning process. Other topics included are factors that affect learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations, and the use of instructional media.

<table>
<thead>
<tr>
<th>Cost: In district: $400</th>
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<tbody>
<tr>
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</tr>
<tr>
<td>08:00AM-05:00PM</td>
<td>FIR 107</td>
</tr>
</tbody>
</table>

**TCOLE FIREARMS INSTRUCTOR – 40 HRS**

This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook. Contact Susan Meadows at 409-933-8285 for further information.

<table>
<thead>
<tr>
<th>Cost: In district: $450</th>
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</tr>
<tr>
<td>08:00AM-05:00PM</td>
<td>FIR 107</td>
</tr>
</tbody>
</table>
CONTINUING EDUCATION • FALL 2017 SCHEDULE

TCOLE INSTRUCTOR – 40 HRS
This course will introduce students to the adult learning process and the differences between adult and child learning, the role of the instructor and the three domains of learning and their impact on the learning process. Other topics include factors that affect learning the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations and the use of instructional media.

Cost: In district: $120 Out of district: $125
SYN: 7692 CJLE-2049-101CL 09/11/17-09/15/17 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson

LEGAL UPDATE – 4 HRS
TCOLE 3182 The goal of this curriculum is to provide law enforcement officers with an update on recent statute changes and addition provided by the 82nd legislature. Recent Supreme Court decisions that affect issues such as search and seizure and detention are also included in this curriculum as these cases may impact the function, policy and procedures of law enforcement officers and law enforcement administration.

Cost: In district: $10 Out of district: $15
SYN: 7695 LE-100S-101CL 12/08/17-12/08/17 F
08:00AM-12:00PM PSC 116 R Williamson

CIVILIAN FIREARMS PRACTICE – 3 HRS
This is a structured handgun practice session. Instructors are present for assistance in improving skills and accuracy. The on-campus firing range is located next to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. The minimum age is 18.

Cost: In district: $32 Out of district: $37
SYN: 7716 CIVI-7001-201CL 09/07/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7717 CIVI-7001-202CL 09/21/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7718 CIVI-7001-203CL 10/05/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7719 CIVI-7001-204CL 10/19/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7720 CIVI-7001-205CL 11/02/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7721 CIVI-7001-206CL 11/16/17 TH
06:30PM-09:30PM FIR 107 D Blackford
SYN: 7722 CIVI-7001-207CL 12/07/17 TH
06:30PM-09:30PM FIR 107 D Blackford

CONCEALED HANDGUN LICENSE/LTC – 5 HRS
This course is designed for those wanting to obtain a concealed handgun permit. Covered topics are those required by Texas. State law requires passing a written test and demonstrating proficiency with a handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost: In district: $97 Out of district: $102
SYN: 7706 CIVI-7003-101CL 09/02/17 S
08:00AM-01:00PM FIR 107 D Blackford
SYN: 7707 CIVI-7003-102CL 10/07/17 S
08:00AM-01:00PM FIR 107 D Blackford
SYN: 7708 CIVI-7003-103CL 11/04/17 S
08:00AM-01:00PM FIR 107 D Blackford
SYN: 7710 CIVI-7003-104CL 12/02/17 S
08:00AM-01:00PM FIR 107 D Blackford

FIRST STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS
This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

Cost: In district: $82 Out of district: $87
SYN: 7711 CIVI-7004-201CL 10/30/17-10/31/17 MT
08:00AM-12:00PM FIR 107 D Blackford

FIRST STEP BASIC HANDGUN – 8 HRS
This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

Cost: In district: $82 Out of district: $87
SYN: 7714 CIVI-7004-202CL 09/25/17-09/26/17 MT
06:00PM-10:00PM FIR 107 D Blackford
06:00PM-10:00PM FIR 107 D Blackford

06:00PM-10:00PM FIR 107 D Blackford

DISCOUNT

SYN: 7694 LE-100S-101CL 12/08/17-12/08/17 F
08:00AM-12:00PM PSC 116 R Williamson

50 PLUS
INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS
This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a concealed handgun license (CHL) or a license to carry (LTC). Students must provide own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: $200 Out of district: $205
SYN: 7726 CIVI-7005-201CL 09/18/17-09/20/17 MTW 06:00PM-10:00PM FIR 107 D Blackford
SYN: 7727 CIVI-7005-202CL 12/20/17-12/22/17 MTW 06:00PM-10:00PM FIR 107 D Blackford

BASIC DEFENSE PISTOL SIMULATOR – 4 HRS
This course is designed for real-life training for handgun use in quick reaction self-defense scenarios. Training will include situational awareness, planned response and safety after a shooting incident. The minimum age is 21 and students must have a license to carry/concealed handgun license. Students will be provided with a training handgun and instruction. This is a simulator-based training on when to shoot. There are no live firearms, and training is in the classroom on a state-of-the-art shooting simulator.

Cost: In district: $70 Out of district: $75
SYN: 7723 CIVIX-7010-201CL 09/11/17 T 06:00PM-10:00PM RANGE D Blackford
SYN: 7724 CIVIX-7010-202CL 10/02/17 M 06:00PM-10:00PM RANGE D Blackford
SYN: 7725 CIVIX-7010-203CL 12/04/17 M 06:00PM-10:00PM RANGE D Blackford

PROFESSIONAL DEVELOPMENT
CHILD DEVELOPMENT

ALL ABOUT INFANTS – 7 HRS
This course covers everything you wanted to know about working with infants, including child development, choosing classroom materials, activities, routines and curriculum. This class meets the core competency area for child development, learning environment and curriculum.

Cost: In district: $35 Out of district: $40
SYN: 7731 CDEC-1032-112CL 10/05/17 08:00AM-04:30PM TVB 1647 A Raumaker

ALL ABOUT TODDLERS – 7 HRS
This course covers everything you wanted to know about working with toddlers, including child development, choosing classroom materials, activities, routines and of course biting. This class meets the core competency area for child development, learning environment and curriculum.

Cost: In district: $35 Out of district: $40
SYN: 7732 CDEC-1032-113CL 09/09/17 08:00AM-04:30PM TVB 1647 A Raumaker

ALL ABOUT TWOS – 7 HRS
This course covers everything you wanted to know about working with twos, including child development, activities, outlines, group time and social skills. This class meets the core competency area for child development, learning environment and curriculum.

Cost: In district: $35 Out of district: $40
SYN: 7733 CDEC-1032-115CL 09/09/17 08:00AM-04:30PM TVB 1647 A Raumaker

ALL ABOUT THREES – 7 HRS
This course discusses everything you wanted to know about working with threes, including child development, curriculum, routines, group time and social skills. This class meets the core competency area for child development, learning environment and curriculum.

Cost: In district: $35 Out of district: $40
SYN: 7734 CDEC-1032-117CL 09/09/17 08:00AM-04:30PM TVB 1647 A Raumaker

ALL ABOUT FOURS – 7 HRS
This course covers everything you wanted to know about working with fours, including child development, curriculum, routines, group time and social skills. This class meets the core competency area for child development, learning environment and curriculum.

Cost: In district: $35 Out of district: $40
SYN: 7735 CDEC-1032-119CL 10/07/17 08:00AM-04:30PM TVB 1640 A Raumaker

ALL ABOUT FAMILIES – 7 HRS
Explore ways to connect with parents and get families involved in early childhood programs. This class meets the core competency area for family and community relationships.

Cost: In district: $35 Out of district: $40
SYN: 7736 CDEC-1032-120CL 10/14/17 08:00AM-04:30PM TVB 1640 A Raumaker

BUILD A BETTER PROGRAM BY BREAKING ALL THE RULES – 7 HRS
How do you improve your early learning program? By breaking a few rules. Explore ideas for building on the strengths of your staff, managing areas that need work, and working with your own ideas to help your center move to the next level. This class meets the core competency area for administration.

Cost: In district: $35 Out of district: $40
SYN: 7737 CDEC-1032-121CL 11/04/17 08:00AM-04:30PM TVB 1647 A Raumaker
### GULF COAST SAFETY INSTITUTE

#### OSHA 10 HOUR GENERAL INDUSTRY – 12 HRS
This training is intended to provide entry-level general industry workers information about their rights and employer responsibilities and how to identify, prevent and abate job-related hazards. Training topics include an introduction to OSHA, personal protective equipment, walking and working surfaces, fall protection, emergency action plans, fire prevention plans, exit routes, electrical safety, hazard communication, machine guarding and materials handling. This course meets the OSHA 10-hour outreach requirement. Students who successfully pass the course will receive a completion certificate on-site and an OSHA 10-hour card.

**Cost:** FREE  
**SYN:** 7586 OSHT-1091-110CL  
**09/10/17 T**  
**08:00AM-05:00PM**  
**GCSI 119 M Duggar**  
**08:00AM-12:00PM**  
**SYN:** 7591 OSHT-1091-111CL  
**12/11/17 M**  
**08:00AM-05:00PM**  
**GCSI 119 C Dillon**  
**08:00AM-12:00PM**

#### OSHA 30 HOUR GENERAL INDUSTRY – 32 HRS
This training is targeted to general industry workers with some safety responsibility. The course will emphasize hazard identification, avoidance, control and prevention. Topics will include an introduction to OSHA, employer and employee rights and responsibilities, managing safety and health, walking and working surfaces, exit routes, emergency action plans, fire prevention plans, electrical safety, personal protective equipment, materials handling, hazard communication, machine guarding, permit-required confined spaces, fall protection, an introduction to industrial hygiene, powered industrial trucks, and lockout/tagout. This course meets the OSHA 30-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 30-hour card.

**Cost:** In district: $295  
Out of district: $300  
**SYN:** 7584 OSHT-1091-130CL  
**09/26/17-09/29/17 T**  
**08:00AM-05:00PM**  
**GCSI 119 A Syverson**  
**SYN:** 7590 OSHT-1091-131CL  
**11/07/17-11/10/17 T**  
**08:00AM-05:00PM**  
**GCSI 119 C Dillon**

### CENTER FOR RISK MANAGEMENT

#### SEVERE WEATHER SAFETY – 8 HRS
Learn from a chief meteorologist how to spot severe weather and how to differentiate between severe and non-severe situations. Learn how to report severe weather to the National Weather Service and how to be storm ready. Discover safety procedures during severe weather and during the aftermath and recovery. This class emphasizes safety in the workplace as well as in the home. The goal is to increase knowledge of severe weather to decrease the number of injuries and deaths, and where possible, reduce property damage.

**Cost:** FREE  
**SYN:** 7561 OSHT-1071-119CL  
**09/08/17 F**  
**08:00AM-05:00PM**  
**GCSI 112 B French**

#### OSHA’S SAFETY AND HEALTH MANAGEMENT GUIDELINES – 8 HRS
OSHA’s Safety and Health Program Management Guidelines provide employers, workers and worker representatives with a sound, flexible framework for addressing safety and health issues in diverse workplac-es. These guidelines recognize that finding and fixing hazards before they cause injury or illness is a more effective approach. This course will provide an overview of the seven core elements of the Safety and Health Program Management Guidelines, which include management leadership, worker participation, hazard identification and assessment, hazard prevention and control, education and training, program evaluation and improvement, and coordination and communication on multiemployer worksites. Each element outlines steps that employers and workers can take to establish, implement, maintain, and improve their safety and health programs.

**Cost:** FREE  
**SYN:** 7562 OSHT-1071-120CL  
**09/22/17 F**  
**08:00AM-05:00PM**  
**GCSI 112 C Dillon**

#### ACCIDENT INVESTIGATION – 8 HRS
The purpose of this course is to learn about different ways to investigate accidents. You will determine the root causes and develop corrective actions. Participants will use a variety of techniques to analyze accidents and help prevent future accidents from occurring. After completing this course, each student will be able to understand the theory of accidents, including the domino theory and multiple causation, use interview techniques to collect data, determine causal factors and recommendations, perform an events/causal factors analysis and cause-and-effect chart.

**Cost:** FREE  
**SYN:** 7567 OSHT-1071-121CL  
**10/06/17 F**  
**08:00AM-05:00PM**  
**GCSI 112 J Oakley**

#### NUTS AND BOLTS OF INDUSTRIAL HYGIENE – 8 HRS
By definition, industrial hygiene is the art and science of the anticipa-tion, recognition, evaluation, communication and control of hazards in the workplace that may result in injury or illness. In practice, industrial hygiene is how we measure whether or not someone might get sick or hurt at their job. This class will cover the fundamentals of industrial hygiene and how to determine what the industrial hygiene program should look like at your facility.

**Cost:** FREE  
**SYN:** 7572 OSHT-1071-122CL  
**10/20/17 F**  
**08:00AM-05:00PM**  
**GCSI 112 T Holowaty**
THE CRITICAL CONNECTION BETWEEN SAFETY AND WELLNESS – 8 HRS
Lost productivity, accidents, injuries and higher labor and insurance costs all result from not connecting safety and wellness. In this class participants will learn about workplace illnesses, musculoskeletal disorders/injuries and how they develop, and how to assess your company’s safety and wellness programs. Participants will learn how to integrate safety and wellness programs in one system. The instructor will discuss the benefits of the integration program, such as decreasing employee time away from work, increasing productivity, decreasing health care costs and increasing morale.

Cost: FREE
SYN: 7575 OSHT-1071-123CL  11/03/17   F
08:00AM-05:00PM  GCSI 112  C Major

FOCUS ON SAFETY TO IMPROVE PROFITABILITY – 8 HRS
Understand safety’s role in increasing profit. After the class, participants will be able to recognize and implement key drivers linking safety, quality and production that will directly increase or decrease profitability.

Cost: FREE
SYN: 7577 OSHT-1071-124CL  11/17/17   F
08:00AM-05:00PM  GCSI 112  C Rosier

ETHICS IN THE WORKPLACE – 8 HRS
This session provides insight into the definition of ethics, types of ethical transgressions, understanding how ethics and safety relate to each other, methods to test whether an action is ethical, ethical decision making, and how a code of ethics is developed. Participants will be challenged to create their own personal code of ethics.

Cost: FREE
SYN: 7580 OSHT-1071-125CL  12/01/17   F
08:00AM-05:00PM  GCSI 112  C Lewis/D Squires

MEMBERSHIPS AND RECREATION


MEMBERSHIPS AND RECREATION

NEWS
• Individuals renewing community fitness memberships must do so in the gym lobby with a credit or debit card payment.
• Community fitness membership refunds are not available after the membership period has started. Please refer to the refund policy on page 3 in the CE schedule.
• Lost/replacement IDs can be purchased for $5 in the gym using credit or debit cards only.
• Youth must be 16 or older to enter the facility on their own.
• Youth must be 16 or older to enter all the cardio and strength rooms.

ADULT GYM MEMBERSHIPS – AGES 18-49

Semester Membership
Cost: In district: $30  Out of district: $35
SYN: 7757 GYM CARD YOUTH FASEM  09/01/17 – 12/15/17
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

MONTHLY PASS
This pass provides access to the gym for one month, beginning on the first day of the month and ending on the last day of the month. Monthly passes must be purchased at the gym front desk.

Cost: In district: $20  Out of district: $25
MONTH  DATE
July  07/01/17 – 07/31/17
August  08/01/17 – 08/31/17

For more information, call 409-933-8586.

For more information, call 409-933-8586.
CONTINUING EDUCATION • FALL 2017 SCHEDULE

VOLLEYBALL LEAGUES
The COM Student Life Department will host adult volleyball league open to everyone. The two leagues consist of 4 v. 4 coed reverse play on Tuesdays and 6 v. 6 coed on Thursdays. A one-night tournament to determine the champion concludes each season. Price is per team registering.

VOLLEYBALL – CO-ED 6’S
Cost: In district: $225 Out of district: $230
SYN: 6393 LEAGUE-VOLBALL-CO-ED 6’s
09/1/17-12/15/17 TH 06:00PM-10:00PM

VOLLEYBALL – CO-ED 4’S
Cost: In district: $150 Out of district: $155
SYN: 6392 LEAGUE-VOLLEYBALL-CO-ED 4’S
09/1/17-12/15/17 T 06:00PM-10:00PM

LIFELONG LEARNING FITNESS CLASSES

EXERCISE: COUNTRY WESTERN DANCE – 12 HRS
Participants will be introduced to different styles of country western (partner) dances, including two-step, polka, waltz, nightclub 2, East Coast swing and West Coast swing. Participants will learn lead/follow skills and patterned foot movements. The class prepares participants to practice what they learn at the many local venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed. The class meets once per week.
Cost: 50 Plus: $15 In district: $42 Out of district: $47

EXERCISE: DANCE FOR HEALTH – 24 HRS
This class blends dance, music and exercise to improve overall health and physical fitness. Students need footwear or dance socks that allows them to slide or swivel easily. Participants may join this class at any time during the semester. No partner is needed. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7843 SENR-7001-101CL 09/06/17-11/29/17 MW 11:00AM-12:00PM LLGP 108 P Trevisani

EXERCISE: LINE DANCING – 24 HRS
Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. No partner is needed. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7844 SENR-7006-201CL 09/05/17-11/30/17 TTH 05:30PM-06:30PM LLGP 108 P Horton
SYN: 7845 SENR-7006-202CL 09/05/17-11/30/17 TTH 06:45PM-07:45PM LLGP 108 P Horton
SYN: 7846 SENR-7006-203CL 09/05/17-11/30/17 TTH 08:00PM-09:00PM LLGP 108 P Horton

EXERCISE: PILATES/YOGA (MIXED) – 24 HRS
This class combines yoga, Pilates and low-impact interval exercises with music. This class is for students needing a slower paced exercise class. The instructor will work with the student for exercise modification, if needed. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7848 SENR-7080-102CL 09/06/17-11/29/17 MW 08:30AM-09:30AM LLGP 107 A Johnson Galdamez

WORKOUT FACILITIES:
• Cardio and weight rooms (P-119, P-120, P-132, and P-149)
• Cybex weight equipment
• Hammer Strength equipment
• Precor Cardio equipment

OTHER AMENITIES:
• Gym Floor (Courts) Basketball, Volleyball, Indoor Soccer, and Badminton.
• Racquetball court
• Dry sauna
• Keiser Spin room
• Rip 60 suspension
• Jogging track and trail
• Locker rooms and locker rental
• Other indoor sporting activities equipment

Lifelong Learning and 50 Plus classes are held at Gulfway Plaza located at I-45 and Delany unless otherwise stated.

For more information, call 409-933-8461.
EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7847 SENR-7075-101CL 09/05/17-11/30/17 TTH
04:15PM-05:15PM LLGP 107 S Deshotel
SYN: 8114 SENR-7075-201CL 09/05/17-11/30/17 MW
05:30PM-06:30PM LLGP 107 S Deshotel

EXERCISE: POP PILATES – 24 HRS
POP Pilates® is an equipment free, mat-based workout created by Cassey Ho, of the Blogilates fitness channel on YouTube. Pop Pilates® uses a choreographed class format. The combination of total body Pilates exercises with the energy of music results in an intense workout that is fun and effective. The instructor challenges students to flow from one exercise to the next, developing a rock solid core, while leaving no muscle untouched. Every exercise can be modified to fit the participant’s needs. No experience is needed. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7849 SENR-7086-201CL 09/05/17-11/30/17 TTH
06:00PM-07:00PM LLGP 107 S Valdes

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 24 HRS
This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7850 SENR-7002-101CL 09/05/17-11/30/17 TTH
09:30AM-10:30AM LLGP 108 R Kennedy

EXERCISE: SPINNING (KEISER BIKES) – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Students learn cycling techniques and tips. Individuals may join this class at any time during the semester. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7851 SENR-7085-101CL 09/05/17-11/30/17 TTH
07:15AM-08:15AM TBA A Johnson Galdamez

EXERCISE: TAI CHI I – 24 HRS
If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience a feeling of relaxation and increased energy. This course will introduce you to the Yang style of style Tai Chi and some of the Chinese breathing exercises called Chi-Kung. There will be no class Nov. 22 and 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7853 SENR-7078-102CL 09/05/17-11/30/17 TTH
12:15PM-01:15PM LLGP 108 B Li
SYN: 7852 SENR-7078-101CL 09/06/17-11/29/17 MW
12:15PM-01:15PM LLGP 108 B Li

EXERCISE: TAI CHI II – 24 HRS
What you learned in Tai Chi I will be used to execute an exercise program consisting of the Yang style of Tai Chi and various Chi Kung exercises. Learn the Eight Pieces of Silk Brocade, a Chi Kung routine that dates back to the eighth century. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7840 SENR-7079-101C 09/06/17-11/29/17 MW
01:30PM-02:30PM LLGP 108 B Li

EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS
The country western (partner) dance style is easy and fun to learn. Participants will learn lead/follow skills and turns, pivots, wraps, promenades and spins. The class readiness participants to practice what they learn at the many local dance venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
07:45PM-08:45PM LLGP 108 P Trevisani

EXERCISE: TOTAL BODY FITNESS – 24 HRS
Participants will learn to stretch, warm up, and perform abdominal, upper-body and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7855 SENR-7070-101CL 09/06/17-11/29/17 MW
09:45AM-10:45AM LLGP 107 A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to perform a circuit weight-training program to reduce resting blood pressure, increase muscle and decrease fat. Participants do not have to be strong to do weight-training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle and hand towel, and they should wear comfortable, loose-fitting clothes and tennis shoes. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7856 SENR-7076-101CL 09/06/17-11/29/17 MW
07:15AM-08:15AM TBA A Johnson Galdamez

EXERCISE: YOGA AND STRESS REDUCTION – 24 HRS
Participants will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which can reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7857 SENR-7071-101CL 09/05/17-11/30/17 TTH
08:30AM-09:30AM LLGP 107 A Johnson Galdamez
Open Enrollment in Lifelong Learning & 50 Plus Program

SENRT (Senior) trips are only available to students age 50 and older.
Extended travel trips are not limited to 50 or older.

**IMPORTANT DATES**

- **July 31**: Fall 2017 Registration Begins
- **Sept. 4**: COM Closed – Labor Day
- **Nov. 23-24**: COM Closed – Thanksgiving
- **Dec. 4**: Spring 2018 Registration Begins
- **Dec. 16 – Jan. 2**: COM Closed – Winter Break

For registration information, call 409-933-8586.

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**EXERCISE: ZUMBA – 24 HRS**

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will tone and sculpt your body while burning unwanted fat. Participants may join this class at any time during the semester. There will be no class Nov. 23.

Cost: 50 Plus: $15  In district: $42  Out of district: $47

**50 PLUS DISCOUNT**

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

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**REGISTRATION FOR FALL 2017 BEGINS JULY 31, 2017.**

**A Word about Waiting to Register…**

Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.

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**PREFERRED REGISTRATION SITE:**

**July 31– Aug. 1**

50 Plus Program Office

(Lifelong Learning Gulfway Plaza)

14045 Delaney Road, La Marque, TX 77568

Office Hours: Monday – Friday | 8 a.m. – 5 p.m.
(Hours vary when classes are in session.)

Please register in the CE office after Aug. 2

1200 Amburn Rd., TVB 1475
Main Campus

For more information, call 409-933-8461.
College of the Mainland presents

Vienna & Christmas Markets River Cruise
featuring Rothenburg, Nuremberg & 6 Nights aboard the Amadeus Silver II

9 Days  December 3-11, 2017

For more information, call 409-933-8432.
College of Mainland presents
Washington DC & Williamsburg

7 Days  May 17, 2018

**Highlights**
- Washington DC City Tour
- Arlington Nat’l Cemetery
- DC Twilight Illumination Tour
- World War II Memorial
- Smithsonian Institution
- White House Photo Stop
- US Naval Academy Tour
- Annapolis
- Colonial Williamsburg
- Mt. Vernon Tour
- Jamestown & Yorktown
- Traditional Colonial Dinner
- Richmond
- Three Night Stays (2):
  - Washington DC & Williamsburg

**Inclusions**
- Roundtrip Airfare - IAH
- 9 Meals: 6-Breakfasts & 3-Dinners
- Professional Tour Director
- Sightseeing per Itinerary
- Motorcoach Transportation
- Hotel Transfers
- Baggage Handling

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**Tour Rates**
- Booking Discount*: $2399 pp double
- Regular Rate: $2499 pp double
- Single Supplement: +$725

*See Reservation Info for Booking Discount details

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**Contact Information**
College of the Mainland • Attn: Alesha Aulds
14057 Delaney Rd • La Marque, TX 77568
409.933.8432  Fax: 888.258.8859
aaulds@com.edu

Booking Discount - Save $200 per couple!*

*See Reservation Info for Booking Discount details
50 PLUS PROGRAM

LOCATION CODES

FAB  FINE ARTS BUILDING
College of the Mainland
1200 Amburn Rd.
Texas City Campus
409-933-8348

GYM  COLLEGE OF THE MAINLAND
LRC  1200 Amburn Rd.
TVB  Texas City Campus
        409-933-8422

LLGP  LIFELONG LEARNING CENTER GULFWAY PLAZA
50 Plus Program Office
14057 Gulfway Plaza
La Marque, TX 77568
409-933-8461

CLC  COM LEARNING CENTER – NORTH COUNTY
200 Parker Ct.
League City, TX 77573
281-332-1800

LIFELONG LEARNING AND 50 PLUS PROGRAM REGISTRATION
CE Office
1200 Amburn Rd.
Texas City Campus
TVB 1475
409-933-8586

MESSAGE FROM THE DIRECTOR

Welcome to the COM Lifelong Learning 50 Plus Program. I am proud to report that as of Fall 2017 we will have over 80 courses for you to choose from, including evening classes. Our enrollment is expected to top 1400. Don’t miss your opportunity to be a part of this flourishing program. We are thrilled to be in our new facility at Gulfway Plaza. If you haven’t had a chance to come by and see for yourself, please do. We want everyone to see it!

Our program is designed for students age 50 and older, but is open to anyone age 18 or older at a slightly higher registration fee rate. Please continue to help us spread the word and tell your friends and neighbors about continuing education opportunities at COM.

We hope you will join us for our classes, lectures and educational travel adventures. Inside these pages you will discover ways to express your creative side, learn new skills, connect with others, stay current on technology, have fun and explore a world of opportunity. COM prides itself on instructors who are passionate about their subjects and innovative in their teaching.

Mark your calendar for these important dates:

July 31  First Day of Registration for Fall 2017
Sept. 4  COM Closed – Labor Day
Nov. 23-24  COM Closed – Thanksgiving
Dec. 4  First Day of Registration for Spring 2018
Dec. 16 – Jan. 2  COM Closed – Winter Break

For Fall 2017, you will only be able to register at COM’s Lifelong Learning Gulfway Plaza on Monday, July 31– Aug. 1, or by calling 409-933-8586, or use WebAdvisor online. During registration the Lifelong Learning Center hours are Monday – Friday, 8 a.m. – 5 p.m.

Have you attended our lectures? We have several scheduled for the fall including AARP driver safety courses, Alzheimer Caregiver’s Workshop, How to Use Your Android Phone (everything but iPhone), Veteran’s Benefits, and a variety of financial and genealogy workshops.

Please join us for our evening Book and Movie Community Reading Club hosted by Ami Blackwell of SpinDrift Media and Entertainment. The fall selection is “The Prestige,” a mystery thriller film directed by Christopher Nolan adapted from Christopher Priest’s 1995 World Fantasy Award-winning novel of the same name. Its story follows Robert Angier and Alfred Borden, rival stage magicians in London at the end of the 19th century. Obsessed with creating the best stage illusion, they engage in competitive one-upmanship with tragic results. The film stars Hugh Jackman (Robert Angier), Christian Bale (Alfred Borden), and David Bowie (Nikola Tesla). Additional stars include Michael Caine, Scarlett Johansson, and Piper Perabo. Read the book, then join us for the movie and lively discussion on Wednesday, Nov. 8, at 5:30 p.m.

Have you participated in our educational travel adventures? This is a superb way to get to know other 50+ community members. Most trips fill

50 PLUS DISCOUNT
Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.
up fast, so sign up as soon as registration begins. Our local trips are only for senior adults ages 50 or older, but extended travel trips are available to anyone over 18.

Upcoming extended travel trips including Vienna and Christmas Markets River Cruise (December 2017) and Washington D.C. and Williamsburg (Spring 2018). For more information, please call 409-933-8912.

As our program continues to expand, I challenge you to step outside your comfort zone and try new classes, something that piques your curiosity or that you may have always wanted to try. You might surprise yourself and make some new friends while you’re at it! I am available to speak to local groups or organizations about our program. If you have a suggestion for other new day or evening courses or want to join our email distribution list to receive announcements about events and reminders about registration, please call us at 409-933-8461.

Alesha Vardeman aaulds@com.edu 409-933-8432
www.com.edu/50plus

50 PLUS PROGRAM VISION
The College of the Mainland 50 Plus Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION
The College of the Mainland 50 Plus Program’s mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society’s existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION
50 Plus Program students in a (SENR) exercise class that is located in the gym or 50 Plus Fitness Membership to use the gym on main campus will receive a free ID card to access into the gym facility. All other students who want an ID to receive the benefits below must pay a one-time $5 fee. If the ID card is lost or stolen, the replacement cost is $5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (Fall, Spring, Summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation. Note: A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card are entitled to the following COM benefits:
• Use of the COM Library
• Use of the Innovations Computer Lab in TVB-1324
• Discount on COM cosmetology services at The Salon (call 409-933-8480)
• Discount on tickets for COM Community Theatre productions and $10 tickets for preview shows (call 409-933-8345)
• Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

REGISTRATION FOR 50 PLUS PROGRAM
Students may register in person at the Lifelong Learning Center Gulfway Plaza on July 31 – Aug. 1 only. Students may also register in person in the CE Office on the main campus, or current students may register by phone by calling 409-933-8461 or 409-933-8586 or use WebAdvisor online. If this is your first time to register as a student age 50 or older, you must register in person and show proof of age.

CANCELLATION OF CLASSES
If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION
If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8461 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips follow the procedures printed on the flier for each trip.

WAITING LISTS
Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8461 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING
Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE
Need a ride from COM’s parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

HOURS FOR LIFELONG LEARNING GULFWAY PLAZA
Monday – Friday 8 a.m. – 5 p.m.
(Hours vary when classes are in session.)

OTHER FACILITY HOURS
• COM Cosmetology Lab – Gulfway Plaza in La Marque
  Call 409-933-8480 to make an appointment.
  Open Thursday and Friday 8:30 a.m. – 5 p.m.
• Innovations Lab, TVB-1324, 409-933-8370
  Monday – Thursday 7 a.m. – 7 p.m.
• Library, 409-933-8448
  Monday – Thursday 8 a.m. – 9 p.m.
  Present an ID at the library circulation desk to obtain a library card at no cost.

Alesha Vardeman aaulds@com.edu 409-933-8432
www.com.edu/50plus
ART: BASIC KNITTING – 24 HRS
Students will learn basics of the knit and purl stitches, as well as the different types of yarn, what the label means, and the tools used in knitting. Students will learn how to increase, decrease and bind off yarn. Students will learn how to recognize the difference in how the stitches look, where to put stitch markers and their placement. Students will learn how to choose the correct needle and yarn for their project and how to follow patterns and charts. No experience is needed. There will be no class Nov. 23.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7792 SENR-7056-201CL 09/07/17-11/30/17 TH
06:00PM-08:00PM LLGP 106 B Vollmer

ART: BEADED FASHION JEWELRY – 36 HRS
Have a single earring after losing the other or retro jewelry you want to transform? In this course you can give that jewelry a redo! Bring jewelry tools, glues for metal, a bead pad, beading wire, Fireline thread, crimps, crimp covers, clasps and findings. Students will have the opportunity to work on Wounded Warriors and Art Abandonment projects. They will have an introduction to basic loom work using leather and beads. Plan to make six to eight projects. Bring an 8 x 10 frame, bits and pieces of broken jewelry and 6mm and 8mm pearls and square beads for projects. The supply cost ranges from $50-$80 depending on quantity of projects, quality of tools and types of beads or stones. A supply list, suppliers list and goal statement is available from instructor and the Lifelong Learning Office.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7793 SENR-7048-201CL 09/05/17-11/25/17 W
06:00PM-09:00PM LLGP 102 B Vollmer
SYN: 7794 SENR-7048-201CL 09/06/17-11/29/17 W
01:00PM-04:00PM LLGP 104 B Vollmer

ART: BEADED FASHION JEWELRY (ADVANCED) – 36 HRS
This class will cover advanced beading and jewelry projects. Students will complete six to 10 projects, along with a Bead It Forward project that they will start in class and finish at home. Students have the option to share some of their art with Wounded Warrior and Art Abandonment projects. You will discover how to read new and exciting patterns. Students will pick a pattern, complete the item and share their work. Students choose their style, design and colors. Cost for supplies is $50-$150, depending on choice of beads, stones or leather and quality of tools. Many students will have most of their tools, stones and beads already from the basic course. A list of class goals, basic supplies and a suppliers list will be available from instructor and/or Lifelong Learning Office on or before the first class. There will be no class Nov. 22.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7795 SENR-7050-101CL 09/06/17-11/29/17 W
09:00AM-12:00PM LLGP 104 B Vollmer

ART: BEADING DELICAS CYCLINDER – 36 HRS
This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads for creating projects. Participants will learn to make bracelets, a wall hanging, amulet bags and other projects. For this class, students will need to bring Delicas beads (exclusively), a beading needle, thread, thread wax and a beading mat to class. The instructor will teach students the following stiches: peyote, brick, herringbone and other basic stitches.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7796 SENR-7064-101CL 09/08/17-12/01/17 F
08:45AM-11:45AM LLGP 102 M Warling
There will be no class Nov. 24.
SYN: 7797 SENR-7064-201CL 09/11/17-11/27/17 M
05:45PM-08:45PM LLGP 102 M Warling

ART: CAKE DECORATING: BUTTERCREAM ROYAL ICING AND FONDANT SKILLS – 24 HRS
A certified Wilton Method instructor will teach this three-part course. Learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple-to-pipe flowers that transform ordinary cakes into extraordinary results. Using royal icing you will make lifelike rosebuds, pansies and violets, plus detailed patterns, like lace and basket-weave designs. You will design the color palette and pattern for a cake, plus learn to work with gum paste. From covering your cakes to cutting shapes and painting on fondant, you’ll discover all the essentials! Note: Contact the Lifelong Learning Office for a list of supplies required for first class. There will be no class Nov. 23.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7798 SENR-7033-101CL 09/07/17-11/30/17 TH
12:00PM-03:00PM LLGP 106 C Walker

NEW! ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS
Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery for purchase, but participants will need a #5 and #6 hoop and other project supplies. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. There will be no class Nov. 23.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7799 SENR-7033-101CL 09/07/17-11/30/17 TH
12:00PM-03:00PM LLGP 106 C Walker
ART: FUSED GLASS (BEGINNERS TO ADVANCED) – 36 HRS
This course introduces students to fused glass. Students will also receive an introduction to wire-wrapping a cabochon (gemstone). Students will create at least six cabochons, a window hanging or wind chime, pictures and/or a bowl while learning the techniques involved in creating fused glass. All projects will take two weeks. Students have the option to share some of their art with Wounded Warrior and Art Abandonment projects. The cost of supplies is $60-$100, depending on quantity of glass and quality of tools. The list of safety rules, procedures, goals, sources and supplies is available from the instructor and/or the Lifelong Learning Office. The instructor will collect a fee of $15 on the first day of class for kiln supplies. No experience is required.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7806 SENR-7017-201CL 09/11/17-11/27/17 M
06:00PM-09:00PM LLGP 104 B Vollmer
01:00PM-04:00PM LLGP 104 B Vollmer

ART: FUSED GLASS (ADVANCED) – 36 HRS
In this advanced course students will learn new techniques and methods. The student will create at least six cabochons, pictures and/or bowls. Wire wrapping will also be available one week for those wanting to add this aspect to their pieces. The cost is $80-$200 depending on items used, quality of tools chosen and total projects completed. The list of safety rules, procedures and supplies are available from the instructor and/or the Lifelong Learning Office. The instructor will collect a fee of $15 on the first day of class for kiln supplies. Three semesters of the beginners class is recommended before taking the advanced course.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
09:00AM-12:00PM LLGP 104 B Vollmer

ART: MIXED MEDIA AND RECYCLABLES – 36 HRS
This class incorporates assembly, design, recyclable materials, found objects, collage, fabric and acrylic paint to make art pieces with meaning. Students will make three projects using techniques that build upon each other – a simple wall hanging, a shadow box and a hanging lamp. Some materials will be provided with a list of suggested items needed given at the first class meeting. There will be no class Nov. 24.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7808 SENR-7065-102CL 09/08/17-12/01/17 F
01:00PM-04:00PM LLGP 103 D Runion

ART: MOSAIC – 36 HRS
Participants will learn from a mosaic artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A $5 supply fee will be paid to the instructor at the first class. There will be no class Nov. 24.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7809 SENR-7019-101CL 09/08/17-12/01/17 F
09:00AM-12:00PM LLGP 104 B Holmes
SYN: 7810 SENR-7019-102CL 09/08/17-12/01/17 F
01:00PM-04:00PM LLGP 104 B Holmes
ART: ORIGAMI – 36 HRS
Origami comes from the Japanese words “ori” - to fold and “gami” - paper. People think of origami as an art form or craft; however, origami is the perfect tool for teaching people of all ages a multitude of skills without them knowing they are learning. The class, for novices and those with some experience, will cover the standard origami bases, basic animals, useful items and decorative forms, along with modular origami. We will use some models to make greeting cards. Materials will be provided for the first class; however, students are encouraged to bring any origami books they own. Standard 6” origami paper from craft stores will be used.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
01:00PM-04:00PM LLGP 106 D Davis

ART: PAINTING ON SILK – 36 HRS
This course introduces students to silk painting. It focuses on the basic techniques of the process from beginning to final display. The first project will be painting a silk scarf. Please bring vinyl gloves, a hair dryer, an apron or covering for clothes and a 12-inch embroidery hoop to the first class. A list of additional supplies needed will be provided at the first class. There will be no class Nov. 23.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7812 SENR-7088-101CL 09/07/17-11/30/17 TH
01:00PM-04:00PM LLGP 102 S Moody

ART: PAINTING WITH ACRYLICS – 36 HRS
This class is for beginner and intermediate students. The first two class sessions will focus on techniques. The remaining classes will cover a study in painting birds, palm trees, tropical flowers, seascapes and rural landscapes. During the first class, the instructor will provide a list of supplies, which may be purchased from craft stores. The instructor will provide supplies during the first class for beginners. There will be no class Nov. 22.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7813 SENR-7037-101CL 09/06/17-11/29/17 W
08:15AM-11:15AM LLGP 102 K Kronfeld

ADVANCED
SYN: 7814 SENR-7037-102CL 09/06/17-11/29/17 W
01:00PM-04:00PM LLGP 103 D Brady

ART: PAINTING WITH OILS (BEGINNERS) – 36 HRS
This course is designed for the oil painting beginner. It focuses on the techniques of the great masters and how to hold the brush, mix paint and use glazes. Techniques include exploring color and using light and shadow to create drama. The course starts with a limited paint pallet, expanding as the class progresses. A list of necessary supplies will be provided in the first class.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7817 SENR-7038-101CL 09/05/17-11/21/17 T
09:00AM-12:00PM LLGP 101 D Wheeler
SYN: 7818 SENR-7038-201CL 09/11/17-11/27/17 M
05:30PM-08:30PM LLGP 101 D Wheeler

ART: PAINTING WITH OILS (ADVANCED) – 36 HRS
Participants will work with the instructor to improve techniques and skills in oil painting. Participants may start from scratch or bring their present work. Student may bring supplies that they have. An additional supply list with be given to students at the first class.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7815 SENR-7010-101CL 09/05/17-11/21/17 T
09:00AM-12:00PM LLGP 103 L Johnson
SYN: 7816 SENR-7010-102CL 09/07/17-11/30/17 TH
01:00PM-04:00PM LLGP 103 K Wells

ART: PAINTING WITH WATERCOLOR ON YUPO PAPER – 36 HRS
Discover the joys of painting on Yupo, a slick, synthetic paper that has a wonderful lifting ability. With watercolor and objects such as Q-tips, plastic embroidery grids, corrugated cardboard and other tools, you will learn to create unusual textures with watercolor on Yupo. If you don’t like what you have created, simply wipe off and start over. This class is designed for students of all levels of experience.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7819 SENR-7095-101CL 09/05/17-11/21/17 T
01:00PM-04:00PM LLGP 103 F Jacobs

ART: PAINTING WITH WATERCOLORS – 36 HRS
Participants will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up their techniques. A supply list will be provided at the first class.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
09:00AM-12:00PM LLGP 103 A Johnson
SYN: 7821 SENR-7035-102CL 09/07/17-11/30/17 TH
01:00PM-04:00PM LLGP 103 S Anderson

ART: PAINTING WITH WATERCOLORS (ABSOLUTE BEGINNERS) – 36 HRS
This course is only for students who have never taken watercolor painting. Even if you have never handled a brush before, you’ll enjoy exploring watercolor’s complexities while learning how to deal confidently with washes and color mixing. Discover your hidden potential as you learn the fundamentals of this art form. A list of the necessary supplies will be provided at the first class. There will be no class Nov. 23.

Cost: 50 Plus: $15 In district: $42 Out of district: $47
09:00AM-12:00PM LLGP 103 L Johnson
ART: PAPER MACHE ANIMALS – 36 HRS
Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will proceed to more advanced projects and learn to build the armature (skeleton), create the form and finish the sculpture. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7823 SENR-7040-101CL 09/06/17-11/29/17 W 01:00PM-04:00PM LLGP 101 N House

ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36 HRS
This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with very little or no experience, this practical hands-on course will teach them how to operate their digital cameras and save and edit images at the most basic level. Students will also discover how to print, frame, and exhibit their prints at that level. Students are required to bring a single lens reflex (SLR) or point-and-shoot camera with its manual to each class. There will be no class Nov. 13.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7825 SENR-7049-101CL 09/11/17-12/04/17 M 09:00AM-12:00PM LLGP 105 T Ledoux

ART: PHOTOGRAPHY AS A HOBBY (EXPERIENCED) – 36 HRS
This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. For students with more than a little experience, this practical hands-on course will teach how to operate a digital camera and save images at a higher level than in the beginner photography course. Students will also discover how to print, frame and exhibit their prints at a more advanced level. Students are required to bring an SLR or point-and-shoot camera with its manual to each class. There will be no class Nov. 13.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7824 SENR-7047-101CL 09/11/17-12/04/17 M 01:00PM-04:00PM LLGP 105 T Ledoux

ART: PORTRAIT PAINTING IN OILS – 36 HRS
This class focuses on direct observational portrait painting either from a photograph or fellow classmates. The course emphasizes “seeing,” simplifying, and the importance of beginning a painting well. The instructor will discuss color as it relates to skin tones and how to achieve a “likeness” of the subject. Students will learn how to paint the flesh palette and will learn the alla prima – or wet-on-wet technique. This class is designed for beginners in portrait painting who have a painting background in other genres.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7826 SENR-7096-101CL 09/05/17-11/21/17 T 01:00PM-04:00PM LLGP 102 C Noone

ART: STAINED GLASS (BEGINNERS) – 24 HRS
Students will learn the copper foil technique for making a stained glass project. They can purchase all tools and supplies for this class from the instructor or at local stores. The instructor will give a list of the supplies at the first class. Due to space, students may be limited to one stained glass class per semester.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7828 SENR-7003-101CL 09/05/17-11/21/17 T 08:15AM-10:15AM LLGP 104 P Stettler
SYN: 7829 SENR-7003-201CL 09/05/17-11/21/17 T 06:00PM-08:00PM LLGP 104 P Stettler

ART: STAINED GLASS (ADVANCED) – 24 HRS
This class is for students with experience in working with stained glass.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7827 SENR-7004-101CL 09/05/17-11/21/17 T 10:30AM-12:30PM LLGP 104 P Stettler

ART: STAINED GLASS, LEAD CAME (ADVANCED) – 24 HRS
This class helps students with experience in working with stained glass to learn the advanced lead came method in which the glass is supported by metal channeling (cames). Cames can come in various shapes and metals but are commonly made from lead as well as zinc, brass and copper. The cames are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7830 SENR-7044-101CL 09/05/17-11/21/17 T 02:00PM-04:00PM LLGP 104 P Stettler

ART: WOODWORKING WITH HAND TOOLS (INTRODUCTION) – 36 HRS
This course is for beginning and intermediate students who want to improve their skills using woodworking hand tools. Students will learn wood and tool terminology, methods for using woodworking hand tools for precise joinery and techniques for finishing woodworking projects. Students must bring their hand tools and supplies, which can be purchased from the instructor, at local woodworking stores, yard sales or flea markets. Students will receive a list of required tools and materials at the first class. Students will purchase several tools and items after the first day and build their collection as they progress. The maximum cost of tools and materials will vary based upon where you buy the tools. In addition, each student must purchase an online annual subscription to Fine Woodworking Magazine ($34.95) in order to access copyrighted source materials. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7831 SENR-7094-101CL 09/07/17-11/30/17 TH 09:00AM-12:00PM LLGP 102 N Hansen
SYN: 7832 SENR-7094-201CL 09/07/17-11/30/17 TH 05:30PM-08:30PM LLGP 102 N Hansen
COMPUTER: ABSOLUTE BEGINNERS – 24 HRS
Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet participants where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows “friendlier” or personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class.

Cost: 50 Plus: $15  In district: $72  Out of district: $77
SYN: 7833 SENR-7011-101CL 09/15/17-12/08/17  T
10:00AM-12:00PM  LLGP 105  G Ward

COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS
Students will learn the power of the computer and Microsoft Office applications. Using these applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access.

Cost: 50 Plus: $15  In district: $72  Out of district: $77
SYN: 7834 SENR-7036-201CL 09/11/17-12/17/17  M
06:00PM-08:00PM  LLGP 105  COM Faculty
SYN: 7835 SENR-7036-101CL 09/15/17-12/08/17  F
01:00PM-03:00PM  LLGP 105  M Baker

There will be no class Nov. 24.

COMPUTER: DIGITAL STORYBOOKING – 24 HRS
This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Maker projects. Students will need to bring their precious photos. There will be no class Nov. 22.

Cost: 50 Plus: $15  In district: $72  Out of district: $77
SYN: 7836 SENR-7034-101CL 09/06/17-11/29/17  W
10:00AM-12:00PM  LLGP 105  J Hoggatt
SYN: 7841 SENR-7034-201CL 09/07/17-11/30/17  TH
06:00PM-08:00PM  LLGP 105  J Hoggatt

COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25 HRS
Have you been using an iPhone or iPad for a while but are not sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter, podcasts, weather and news apps. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. There will be no class Oct. 10 and 17.

Cost: 50 Plus: $15  In district: $72  Out of district: $77
SYN: 7837 SENR-7053-101CL 09/05/17-11/21/17  T
09:30AM-12:30PM  LLGP 105  G Ward
SYN: 7838 SENR-7053-102CL 09/05/17-11/21/17  T
12:30PM-03:00PM  LLGP 105  G Ward

COMPUTER: SOCIAL MEDIA FOR BEGINNERS – 24 HRS
Many may think that social media is exclusively for the younger crowd but that is not so! This class will introduce participants to the most popular social networking platforms including Facebook, Twitter, Instagram and Pinterest. So whether you are curious about social media, nervous about trying it or just wondering what the buzz is all about, this course is for you! Please bring your phone/tablet/laptop to class to learn how to use social media on these devices.

Cost: 50 Plus: $15  In district: $72  Out of district: $77
SYN: 7839 SENR-7072-201CL 09/05/17-11/21/17  T
06:00PM-08:00PM  LLGP 105  A Garza

EXERCISE: COUNTRY WESTERN DANCE – 12 HRS
Participants will be introduced to different styles of country western (partner) dances, including two-step, polka, waltz, nightclub 2, East Coast swing and West Coast swing. Participants will learn lead/follow skills and patterned foot movements. The class prepares participants to practice what they learn at the many local venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7842 SENR-7083-201CL 09/11/17-12/17/17  M
06:30PM-07:30PM  LLGP 108  P Trevisani

EXERCISE: DANCE FOR HEALTH – 24 HRS
This class blends dance, music and exercise to improve overall health and physical fitness. Students need footwear or dance socks that allows them to slide or swivel easily. Participants may join this class at any time during the semester. No partner is needed. There will be no class Nov. 22.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7843 SENR-7001-101CL 09/06/17-11/29/17  MW
11:00AM-12:00PM  LLGP 108  P Trevisani

EXERCISE: LINE DANCING – 24 HRS
Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides or swivels easily and does not stick to the floor. No partner is needed. There will be no class Nov. 23.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7844 SENR-7006-201CL 09/05/17-11/30/17  T
05:30PM-06:30PM  LLGP 108  P Horton
SYN: 7845 SENR-7006-202CL 09/05/17-11/30/17  T
06:45PM-07:45PM  LLGP 108  P Horton
SYN: 7846 SENR-7006-203CL 09/05/17-11/30/17  T
08:00PM-09:00PM  LLGP 108  P Horton

There will be no class Oct. 10 and 17.
EXERCISE: PILATES/YOGA (MIXED) – 24 HRS
This class combines yoga, Pilates and low-impact interval exercises with music. This class is for students needing a slower paced exercise class. The instructor will work with the student for exercise modification, if needed. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7848 SENR-7080-102CL 09/06/17-11/29/17 MW 08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7847 SENR-7075-101CL 09/05/17-11/30/17 TTH 04:15PM-05:15PM LLGP 107 S Deshotel
SYN: 8114 SENR-7075-201CL 09/05/17-11/30/17 MW 05:30PM-06:30PM LLGP 107 S Deshotel

EXERCISE: POP PILATES – 24 HRS
Pop Pilates® is an equipment free, mat-based workout created by Cassey Ho, of the Blogilates fitness channel on YouTube. Pop Pilates® uses a choreographed class format. The combination of total body Pilates exercises with the energy of music results in an intense workout that is fun and effective. The instructor challenges students to flow from one exercise to the next, developing a rock solid core, while leaving no muscle untouched. Every exercise can be modified to fit the participant’s needs. No experience is needed. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7849 SENR-7086-201CL 09/05/17-11/30/17 TTH 06:00PM-07:00PM LLGP 107 S Valdes

EXERCISE: TOTAL BODY FITNESS – 24 HRS
This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7850 SENR-7002-101CL 09/05/17-11/30/17 TTH 09:30AM-10:30AM LLGP 108 R Kennedy

EXERCISE: SPINNING (KEISER BIKES) – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Students learn cycling techniques and tips. Individuals may join this class at any time during the semester. There will be no class Nov. 23.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7851 SENR-7085-101CL 09/05/17-11/30/17 TTH 07:15AM-08:15AM TBA A Johnson Galdamez

EXERCISE: TAI CHI I – 24 HRS
If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience a feeling of relaxation and increased energy. This course will introduce you to the Yang style of style Tai Chi and some of the Chinese breathing exercises called Chi-Kung.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7853 SENR-7078-101CL 09/05/17-11/30/17 TTH 12:15PM-01:15PM LLGP 108 B Li

EXERCISE: TAI CHI II – 24 HRS
What you learned in Tai Chi I will be used to execute an exercise program consisting of the Yang style of Tai Chi and various Chi Kung exercises. Learn the Eight Pieces of Silk Brocade, a Chi Kung routine that dates back to the eighth century.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7840 SENR-7079-101C 09/06/17-11/29/17 MW 01:30PM-02:30PM LLGP 108 B Li

EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS
The country western (partner) dance style is easy and fun to learn. Participants will learn lead/follow skills and turns, pivots, wraps, promenades and spins. The class readies participants to practice what they learn at the many local dance venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7854 SENR-7082-201CL 09/11/17-11/27/17 M 07:45PM-08:45PM LLGP 108 P Trevisani

EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to perform a circuit weight-training program to reduce resting blood pressure, increase muscle and decrease fat. Participants do not have to be strong to do weight training exercises; participants will get stronger by performing weight training exercises. Participants will need a clipboard, pencil, water bottle and hand towel, and they should wear comfortable, loose-fitting clothes and tennis shoes. There will be no class Nov. 22.
Cost: 50 Plus: $15 In district: $42 Out of district: $47
SYN: 7855 SENR-7070-101CL 09/06/17-11/29/17 MW 09:45AM-10:45AM LLGP 107 A Johnson Galdamez
EXERCISE: YOGA AND STRESS REDUCTION – 24 HRS
Participants will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which can reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. There will be no class Nov. 23.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7857 SENR-7071-101CL 09/05/17-11/30/17  TTH
08:30AM-09:30AM  LLGP 107  A Johnson Galdamez

SYN: 7861 SENR-7071-105CL 09/05/17-11/30/17  TTH
12:15PM-01:15PM  LLGP 107  J Bridges

SYN: 7862 SENR-7071-106CL 09/05/17-11/30/17  TTH
01:30PM-02:30PM  LLGP 107  J Bridges

SYN: 7858 SENR-7071-102CL 09/06/17-11/29/17  MW
12:15PM-01:15PM  LLGP 107  J Bridges

SYN: 7859 SENR-7071-103CL 09/06/17-11/29/17  MW
01:30PM-02:30PM  LLGP 107  J Bridges

EXERCISE: ZUMBA – 24 HRS
Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-kind fitness program that will tone and sculpt your body while burning unwanted fat. Participants may join this class at any time during the semester. There will be no class Nov. 23.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7863 SENR-7077-101CL 09/05/17-11/30/17  TTH
09:45AM-10:45AM  LLGP 107  A Johnson Galdamez

SYN: 7870 SENR-7028-101CL 09/05/17-11/21/17  MW
05:30PM-08:30PM  LLGP 106  C Walker

SYN: 7871 SENR-7041-101CL 09/05/17-11/21/17  MW
09:00AM-12:00PM  LLGP 106  C Walker

SYN: 7872 SENR-7041-102CL 09/05/17-11/30/17  TH
09:00AM-12:00PM  LLGP 106  C Walker

SEWING: BASIC AND BEYOND QUILTING (BEGINNERS) – 36 HRS
This class is for beginners with little or no experience with sewing machines or quilting. Those who need help with a sewing project or who want to start a new one can join this class to learn how to complete a project for their home or wardrobe. A supply list will be provided the first class day; quilting students must bring their own projects or supplies.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7873 SENR-7041-201CL 09/05/17-11/21/17  T
05:30PM-08:30PM  LLGP 106  C Walker

SYN: 7874 SENR-7041-202CL 09/05/17-11/30/17  TH
09:00AM-12:00PM  LLGP 106  C Walker

SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 36 HRS
Students needing help with a current sewing or quilting project or those wanting to start a new project can join this class to learn how to complete it. Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students must bring their own supplies. Prerequisite: Three semesters of quilting is suggested.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7875 SENR-7041-101CL 09/05/17-11/21/17  MW
09:00AM-12:00PM  LLGP 106  C Walker

SYN: 7876 SENR-7041-201CL 09/05/17-11/30/17  MW
05:30PM-08:30PM  LLGP 106  C Walker

SYN: 7877 SENR-7041-202CL 09/07/17-11/30/17  TH
09:00AM-12:00PM  LLGP 106  C Walker

SPANISH I – 24 HRS
Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases and then proceed to verbs and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant. There will be no class Nov. 24.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7878 SENR-7015-101CL 09/08/17-12/01/17  F
08:30AM-10:30AM  LLGP 101  A Johnson Galdamez

06:00PM-08:00PM  LLGP 106  J Wells

SPANISH II – 24 HRS
Spanish II is a continuation of Spanish I. Topics include constructing full sentences, advanced verbs and increasing vocabulary.

Cost: 50 Plus: $15  In district: $42  Out of district: $47
SYN: 7880 SENR-7043-101CL 09/11/17-10/16/17  M
06:00PM-08:00PM  LLGP 106  J Wells

06:00PM-08:00PM  LLGP 106  J Wells
COMMUNITY LECTURE SERIES
Must Register (open to anyone age 18 or older)

LECTURE: GENEALOGY OVERVIEW
Students will learn about upcoming trips to genealogical libraries and will learn the basic methods for studying genealogy. Experience the thrill of finding ancestors you never knew you had. During upcoming trips, students may discover birth, marriage or death records along with probate records and perhaps wills. Libraries are full of our ancestors’ records. It’s up to the student to learn to dig a little deeper and develop persistence and techniques along the way. Taught by Debbie Cothern.
Cost: FREE
SYN: 7877 SENRL-8401-101CL  09/06/17  W
01:00PM-03:00PM  LLGP 106

LECTURE: GUARDING YOUR SAVINGS & INVESTMENTS
In this workshop you will learn ways to guard your savings and investments. You will learn about tax-deferred investments, things to consider regarding employer plans, the impact of losses, and strategies to combat inflation. You will also learn the impact of medical costs and long-term care. Ultimately, the goal is to not outlive your money — planning makes a difference. Taught by Mike Sofia.
Cost: FREE
SYN: 7944 SENRL-8002-101CL  09/07/17  TH
10:30AM-12:00PM  LLGP 105

LECTURE: EXTENDED TRAVEL PRESENTATION
A representative from Premier World Travel will present a slideshow of upcoming extended travel trips to include Vienna and Christmas Markets River Cruise and Country Roads of Tuscany. For details of upcoming trips, see pages 32-33. For more information, please call 409-933-8912.
Cost: FREE
SYN: 7878 SENRL-8201-101CL  09/20/17  W
03:30PM-05:00PM  LLGP 105

LECTURE: ALZHEIMER CAREGIVER’S WORKSHOP
Participants will learn how to recognize the symptoms of Alzheimer’s disease or other dementias. Determine what techniques work best to manage different types of behaviors and what techniques can encourage your loved one to engage in an activity. Become familiar with activities that are suitable for someone with late-stage Alzheimer’s disease or other dementia to stimulate your loved one’s five senses. Michelle Williams, general manager for Home Instead Senior Care, facilitates.
Cost: FREE
SYN: 7947 SENRL-8005-101CL  09/27/17  W
01:00PM-03:30PM  LLGP 105

LECTURE: AARP DRIVER SAFETY COURSE
This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This is a certified course recognized by most major insurance companies for discounted rates. This class gives seniors tools for safer driving techniques to compensate for age-related problems. Note: This is not a ticket dismissal class. The certificate fee is $15 for students with AARP membership cards, $20 for non-members. This will be collected by the instructor at the beginning of the class. Taught by AARP Instructor Barbara Cook.
Cost: FREE
SYN: 7879 SENRL-8301-101CL  09/28/17  TH
08:30AM-12:30PM  LLGP 105
SYN: 7883 SENRL-8301-102CL  11/30/17  TH
08:30AM-12:30PM  LLGP 105

LECTURE: USING NEWSPAPERS TO FLESH OUT YOUR GENEALOGY
You may have your relatives’ “skeletons” with articles listing dates and places. At this lecture, students will learn how to make a file to put flesh on those skeletons. Students will explore newspapers in their original paper form, on microfilm and electronically.
Cost: FREE
SYN: 7943 SENRL-8404-101CL  10/04/17  W
01:00PM-03:00PM  LLGP 106

LECTURE: A BEGINNERS GUIDE TO ANDROID PHONES
If you’ve never had a smartphone before using an Android, navigating the operating system may seem frightening. Although there are many different versions of Android, there are some basic beginner’s tips that everyone can use to get the most of their Android. This is a hands-on session. Please bring your phone or tablet with you. Taught by Amanda Garza, Marketing and Social Media Specialist at COM.
Cost: FREE
SYN: 7946 SENRL-8004-103CL  10/18/17  W
01:00PM-02:30PM  LLGP 105

LECTURE: UNDERSTANDING CREDIT AND ID THEFT SCAMS – LUNCH AND LEARN
This seminar includes everything you should know about your credit, including facts and myths about credit and credit repair scams, how your FICO score is determined and how to improve your score. It also covers how you can get a free copy of your credit report, how to correct mistakes on your credit report, how to protect your credit and yourself against ID theft and much more. Taught by Mike Sophia.
Cost: FREE
SYN: 7941 SENRL-8006-101CL  10/25/17  W
12:00PM-01:30PM  LLGP 105

www.facebook.com/com50plus
LECTURE: MAKING YOUR MONEY LAST IN RETIREMENT

In this workshop you will learn ways to help you stretch your investments to last a lifetime. See the impact of retiring in a bull market vs. a bear market, investment allocation, withdrawals from your portfolio, focusing on your goals and investing with a three-fund approach. In addition, learn how “cash value” life insurance really works and much more. Taught by Mike Sofia.

Cost: FREE
SYN: 7942 SENRL-8008-105CL 10/26/17 TH 10:30AM-12:00PM LLGP 105

LECTURE: GENEALOGY WITH DAR

Students will learn about Daughters of the American Revolution. The speaker will cover and explain the application process and research requirements. There are also research sites for non-members on the DAR web page and she will explain how to use it. A DAR member will give the lecture.

Cost: FREE
SYN: 7948 SENRL-8405-101CL 11/01/17 W 01:00PM-03:00PM LLGP 106

LECTURE: BOOK AND MOVIE: “THE PRESTIGE”

“The Prestige” is a mystery thriller film directed by Christopher Nolan adapted from Christopher Priest’s 1995 World Fantasy Award-winning novel of the same name. Its story follows Robert Angier and Alfred Borden, rival stage magicians in London at the end of the 19th century. Obsessed with creating the best stage illusion, they engage in competitive one-upmanship with tragic results. The film stars Hugh Jackman (Robert Angier), Christian Bale (Alfred Borden), and David Bowie (Nikola Tesla). Additional stars include Michael Caine, Scarlett Johansson, and Piper Perabo. Read the book, then join us for the movie and lively discussion and free popcorn. Ami Blackwell, of Spindrift Media and Entertainment, facilitates.

Cost: FREE
SYN: 7880 SENRL-8101-202CL 11/08/17 W 05:30PM-08:30PM LLGP 105

LECTURE: VETERANS’ BENEFITS

Veterans and their spouses may be entitled to a tax-free benefit called aid and attendance. The benefit was designed to provide financial assistance to offset the cost of long-term care or in-home care. This class will fully explain the program, how to qualify and provide tips on how to work through the paperwork maze. Taught by Veterans Bob Groux and Richard Shaffer.

Cost: FREE
SYN: 7945 SENRL-8003-101CL 11/15/17 W 01:00PM-02:30PM LLGP 105

TRIP: GENEALOGY: CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top genealogy research libraries in the United States. Instructor Debbie Cothern will assist beginner and advanced students in tracing their family history using library resources. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instructional costs. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Sept. 9

Cost: 50 Plus: $25
SYN: 7905 SENRT-9501-101CL 09/19/17 T 09:00AM-05:00PM
SYN:7906 SENRT-9501-102CL 11/28/17 T 09:00AM-05:00PM

TRIP: ALLEY THEATRE’S “DESCRIBE THE NIGHT”

Join us for the Alley Theatre’s production of “Describe the Night.” In 1920, the Russian writer Isaac Babel wanders the countryside with the Red Cavalry. Seventy years later, a mysterious KGB agent spies on a woman in Dresden and falls in love. In 2010, an aircraft carrying most of the Polish government crashes in the Russian city of Smolensk. Rajiv Joseph (“Gruesome Playground Injuries”) returns to the Alley with his epic new play “Describe the Night,” which traces the stories of seven men and women connected by history, myth and conspiracy theories. Supper will be Dutch treat before the show. The cost of this trip includes transportation and admission fee. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.

Cost: 50 Plus: $49
SYN: 7902 SENRT-9001-102CL 09/21/17 TH 03:30PM-11:00PM

TRIP: ALLEY THEATRE’S “CLEO”

Join us for the Alley Theatre’s production of “Cleo.” Set during the filming of the disastrous 1963 movie “Cleopatra,” “Cleo” is the story of the scandalous romance of Elizabeth Taylor and Richard Burton. Their relationship brought condemnation from the Vatican and the U.S. Congress, and it opened the age of paparazzi and tabloid celebrity, ensuring that the names Burton and Taylor would always be associated with the greatest sex scandal in history. Acclaimed director and actor Bob Balaban (“Close Encounters of the Third Kind”) directs this new play by the Texas-based, Pulitzer Prize-winning author Lawrence Wright. Supper will be Dutch Treat prior to the show. The cost of this trip includes transportation and admission fee. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.

Cost: 50 Plus: $49
SYN: 7900 SENRT-9001-103CL 10/05/17 TH 03:30PM-11:00PM
TRIP: "THE SECRET GARDEN"
Theatre Under the Stars presents the 5th Avenue Theatre/Shakespeare Theatre Company Production of "The Secret Garden," a story of great love and great loss, great sadness and great joy, and a perfect story for the whole family. Based on the 1911 novel by Frances Hodgson Burnett, "The Secret Garden" tells the story of Mary Lennox, a young English girl born and raised in the British Raj. She loses her parents during a cholera outbreak when she is 10 and she is sent to England to live with an uncle and a cousin whom she’s never met. The musical premiered on Broadway in 1991 and ran for 709 performances. This dark and mysterious play brings to exuberant life a saga of deception, grief, jealousy, love and ultimately, rebirth. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Refund deadline: Oct. 4
Cost: 50 Plus: $25
SYN: 7908 SENRT-9504-101CL 11/14/17 T
08:00AM-05:00PM

TRIP: GENEALOGY GEORGE MEMORIAL LIBRARY, RICHMOND
Students will travel to the George Memorial Library in Richmond, Texas. Instructor Debbie Cothren will assist students in tracing their family history using library resources. Library records focus on the southeastern United States, including records of the Civil War, federal censuses, pensions and Texans in the Mexican War. The cost covers transportation and instruction. Lunch is Dutch treat, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Nov. 1
Cost: 50 Plus: $25
SYN: 7907 SENRT-9504-101CL 11/14/17 T
08:00AM-05:00PM

TRIP: "THE ADDAMS FAMILY"
This production is based on the Addams family characters created by Charles Addams in his single-panel gag cartoons, depicting a ghoulish American family with an affinity for all things macabre. The musical, the first stage show based on the characters, is based on the cartoons rather than the television and film characters. A Dutch treat dinner will precede the show. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. No refunds will be given for this trip.
Cost: 50 Plus: $39
SYN: 7910 SENRT-9001-105CL 10/19/17 TH
04:30PM-11:00PM

TRIP: BIRDWATCHING – SAN BERNARD NATIONAL WILDLIFE REFUGE
Travel to San Bernard National Wildlife Refuge to look for wintering birds such as song birds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bring bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. Refund deadline: Oct. 31
Cost: 50 Plus: $25
SYN: 7934 SENRT-9602-101CL 11/14/17 T
08:30AM-04:30PM

TRIP: BIRDWATCHING – GALVESTON
Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. Refund deadline: Oct. 10
Cost: 50 Plus: $25
SYN: 7934 SENRT-9602-101CL 10/24/17 T
08:30AM-04:30PM

TRIP: "ESCAPE TO MARGARITAVILLE"
Join us for Broadway Across America’s “Escape to Margaritaville.” Imagine a place where the sun is hot, the ocean’s warm, and the drinks are as cold as they are plentiful. Welcome to Margaritaville, the island paradise where city folk get away from it all and the locals get into the kind of trouble you can almost always sweet talk your way out of. Featuring both original songs and your most-loved Jimmy Buffett classics that are near and dear to fans’ hearts, this new musical is the story of a part-time bartender, part-time singer and full-time charmer named Tully who thinks he’s got life all figured out until a beautiful, career-minded tourist steals his heart and makes him question everything. “Escape to Margaritaville” is directed by two-time Tony Award nominee Christopher Ashley and features an original story by co-authors Greg Garcia (“My Name is Earl”) and Mike O’Malley (“Shameless”). A Dutch treat dinner will precede the show. The cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.
Cost: 50 Plus: $69
SYN: 7904 SENRT-9001-107CL 11/02/17 TH
03:30PM-11:00PM

TRIP: BIRDWATCHING – GALVESTON
Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. Refund deadline: Oct. 10
Cost: 50 Plus: $25
SYN: 7934 SENRT-9602-101CL 10/24/17 T
08:30AM-04:30PM

TRIP: GENEALOGY MONTGOMERY COUNTY, CONROE, TX
Students will travel to Montgomery County Library in Conroe, Texas. Instructor Debbie Cothren will assist advanced students in tracing their family history. This library houses many resources including special collections, Dawes Rolls (Native American), south Louisiana records by Hebert, 19th-century military records and various books for each state. Lunch is Dutch treat at a local restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Oct. 4
Cost: 50 Plus: $25
SYN: 7908 SENRT-9502-101CL 10/17/17 T
08:00AM-05:00PM

TRIP: "THE SECRET GARDEN"
Theatre Under the Stars presents the 5th Avenue Theatre/Shakespeare Theatre Company Production of "The Secret Garden," a story of great love and great loss, great sadness and great joy, and a perfect story for the whole family. Based on the 1911 novel by Frances Hodgson Burnett, "The Secret Garden" tells the story of Mary Lennox, a young English girl born and raised in the British Raj. She loses her parents during a cholera outbreak when she is 10 and she is sent to England to live with an uncle and a cousin whom she’s never met. The musical premiered on Broadway in 1991 and ran for 709 performances. This dark and mysterious play brings to exuberant life a saga of deception, grief, jealousy, love and ultimately, rebirth. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.
Cost: 50 Plus: $25
SYN: 7903 SENRT-9001-106CL 10/31/17 T
03:30PM-11:00PM

TRIP: GENEALOGY MONTGOMERY COUNTY, CONROE, TX
Students will travel to Montgomery County Library in Conroe, Texas. Instructor Debbie Cothren will assist advanced students in tracing their family history. This library houses many resources including special collections, Dawes Rolls (Native American), south Louisiana records by Hebert, 19th-century military records and various books for each state. Lunch is Dutch treat at a local restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Oct. 4
Cost: 50 Plus: $25
SYN: 7908 SENRT-9502-101CL 10/17/17 T
08:00AM-05:00PM

TRIP: "THE ADDAMS FAMILY"
This production is based on the Addams family characters created by Charles Addams in his single-panel gag cartoons, depicting a ghoulish American family with an affinity for all things macabre. The musical, the first stage show based on the characters, is based on the cartoons rather than the television and film characters. A Dutch treat dinner will precede the show. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. No refunds will be given for this trip.
Cost: 50 Plus: $39
SYN: 7910 SENRT-9001-105CL 10/19/17 TH
04:30PM-11:00PM

TRIP: BIRDWATCHING – SAN BERNARD NATIONAL WILDLIFE REFUGE
Travel to San Bernard National Wildlife Refuge to look for wintering birds such as song birds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. Refund deadline: Oct. 31
Cost: 50 Plus: $25
SYN: 7934 SENRT-9602-101CL 11/14/17 T
08:30AM-04:30PM

TRIP: BIRDWATCHING – GALVESTON
Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. Refund deadline: Oct. 10
Cost: 50 Plus: $25
SYN: 7934 SENRT-9602-101CL 10/24/17 T
08:30AM-04:30PM
**SPACE-AVAILABLE CLASSES**

Space-available classes are workforce credit classes that accept continuing education students. Continuing education students are not required to take a college placement test or apply to the college. These classes are available to a limited number of continuing education students who must complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of pass or fail; however, no college credit hours are earned. Space-available classes start and end with the fall credit class schedule – fall (Aug. 28 – Dec. 15). Full course descriptions are available in the College catalog and more information about these courses is in the credit schedule. Both documents are online at www.com.edu/admissions/schedule-catalog.php.

The following space-available classes are $270 for in-district students or $275 for out-of-district students. There is an additional $25 fee for each hybrid course and a $35 fee for each online course.

<table>
<thead>
<tr>
<th>ACCOUNTING AND BUSINESS</th>
</tr>
</thead>
</table>

**FEDERAL INCOME TAX: INDIVIDUAL – 48 HRS**
- **Cost:** In district: $270 Out of district: $275
- **SYN:** 6785 ACNT-1031-201CL 08/28/17-12/15/17 MW
- **06:00PM-07:20PM TVB 1225 M Williams**

**INTRODUCTION TO ACCOUNTING – 48 HRS**
- **Cost:** In district: $270 Out of district: $275
- **SYN:** 6783 ACNT-1003-201CL 08/28/17-12/15/17 MW
- **07:30PM-08:50PM TVB 1225 M Williams**

**PRINCIPLES OF ACCOUNTING I – 64 HRS**
- **Cost:** In district: $270 Out of district: $275
- **SYN:** 6778 ACNT-1025-001IN 08/28/17-12/15/17 Internet M Williams
- **SYN:** 6780 ACNT-1025-101CL 08/28/17-12/15/17 TTH
  - **09:30AM-10:50AM TVB 1225 M Williams**

**PRINCIPLES OF ACCOUNTING II – 64 HRS**
- **Cost:** In district: $270 Out of district: $275
- **SYN:** 6781 ACNT-1026-101CL 08/28/17-12/15/17 TTH
  - **11:00AM-12:20PM TVB 1225 M Williams**
- **SYN:** 6782 ACNT-1026-201CL 08/28/17-12/15/17 TTH
  - **06:00PM-07:20PM TVB 1310 C Burton**

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**TRIP: ALLEY THEATRE’S “A CHRISTMAS CAROL”**
- Featuring spectacular sets, the inimitable Dickens’ tale is spiced with the usual fog and an unusual twist of the ghosts of Christmas past, present and future. The story instills a powerful message about redemption and the spirit of the holiday season. The cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. A Dutch treat dinner will precede the show. Tickets have been pre-purchased for this event. **No refunds will be given for this trip.**
- **Cost:** 50 Plus: $49
- **SYN:** 7887 SENRT-9001-108CL 12/01/17 F
- **03:30PM-11:00PM**

**TRIP: MOODY GARDENS’ ICE LANDSCULPTURES CARIBBEAN CHRISTMAS**
- Students will travel to Moody Gardens for the Ice Land Ice Sculptures exhibit. Moody Gardens takes the holidays to a whole new level of cool! A skilled team of master ice carvers has charted your course for the ultimate Caribbean Christmas. Embark on a breathtaking undersea journey made of two million pounds of ice. Imagine, a towering oil rig ice slide takes you to the breathtaking Flower Garden Banks and the Gulf of Mexico as you encounter spectacular schools of beautiful tropical fish, eagle rays, turtles, dolphins, hammerhead sharks and more on your way to your island destination! The cost includes transportation, admission to the Ice Land exhibit and admission to the Festival of Lights. Participants will enjoy a Dutch treat supper. This trip is open to anyone age 50 or older. **No refunds will be given for this trip.**
- **Cost:** 50 Plus: $59
- **SYN:** 7913 SENRT-9001-109CL 12/05/17 T
- **04:00PM-11:00PM**

**TRIP: TUT’S “SLEEPING BEAUTY AND HER WINTER NIGHT”**
- Theatre Under the Stars presents “Sleeping Beauty and Her Winter Knight.” The familiar story of Sleeping Beauty is mixed with contemporary pop culture, creating a holiday treat. This is a modern twist on the classic fairy tale, set to a contemporary score featuring the music of Blondie, Bruno Mars, John Legend, Katy Perry, Mariah Carey, Pharrell Williams and more. “Sleeping Beauty and Her Winter Knight” is based on the tale where a Princess named Aurora has a curse put on her by an evil fairy, Carabosse. By her 18th birthday, Aurora will prick her finger on a spindle and fall asleep for 100 years. The royal family live under protection from Silly Billy and Nanny Tickle, but Aurora does prick her finger and falls asleep for 100 years. Broadway and TV stars perform in this interactive musical fairy tale with comedy, magic and pop music sure to delight audiences of all ages! There will be a Dutch treat dinner before the show. The cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. **No refunds will be given for this trip.**
- **Cost:** 50 Plus: $69
- **SYN:** 7911 SENRT-9001-110CL 12/13/17 W
- **03:30PM-11:00PM**

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**SPACE-AVAILABLE CLASSES**

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- **SYN:** 6785 ACNT-1031-201CL 08/28/17-12/15/17 MW
- **06:00PM-07:20PM TVB 1225 M Williams**

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- **SYN:** 6783 ACNT-1003-201CL 08/28/17-12/15/17 MW
- **07:30PM-08:50PM TVB 1225 M Williams**

**PRINCIPLES OF ACCOUNTING I – 64 HRS**
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- **SYN:** 6778 ACNT-1025-001IN 08/28/17-12/15/17 Internet M Williams
- **SYN:** 6780 ACNT-1025-101CL 08/28/17-12/15/17 TTH
  - **09:30AM-10:50AM TVB 1225 M Williams**

**PRINCIPLES OF ACCOUNTING II – 64 HRS**
- **Cost:** In district: $270 Out of district: $275
- **SYN:** 6781 ACNT-1026-101CL 08/28/17-12/15/17 TTH
  - **11:00AM-12:20PM TVB 1225 M Williams**
- **SYN:** 6782 ACNT-1026-201CL 08/28/17-12/15/17 TTH
  - **06:00PM-07:20PM TVB 1310 C Burton**
### DRAFTING

<table>
<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>In district:</th>
<th>Out of district:</th>
<th>Schedule</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>Advanced Computer-Aided Drafting – 96 HRS</td>
<td></td>
<td>$270</td>
<td>$275</td>
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<tr>
<td>Basic Computer-Aided Drafting – 96 HRS</td>
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<td>$270</td>
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<tr>
<td>Electrical Drafting – 96 HRS</td>
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<td>$270</td>
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<tr>
<td>Pipe Drafting – 96 HRS</td>
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<td>$270</td>
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<tr>
<td>Technical Drafting – 64 HRS</td>
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<tr>
<td>Structural Drafting – 96 HRS</td>
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<td>$270</td>
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### GRAPHIC ARTS

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<thead>
<tr>
<th>Course</th>
<th>Credits</th>
<th>In district:</th>
<th>Out of district:</th>
<th>Schedule</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>Interactive Digital Media I – 96 HRS</td>
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<td>$270</td>
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<tr>
<td>Web Design I – 96 HRS</td>
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<tr>
<td>Web Design II – 96 HRS</td>
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<tr>
<td>Design Communication I – 96 HRS</td>
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<tr>
<td>Design Communication II – 96 HRS</td>
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<td>$270</td>
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### LANGUAGES

<table>
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<tr>
<th>Course</th>
<th>Credits</th>
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<th>Out of district:</th>
<th>Schedule</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>Spanish I – 64 HRS</td>
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<td>$270</td>
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<tr>
<td>Spanish II – 64 HRS</td>
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<td>$270</td>
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</table>

### IMPORTANT DATES

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>July 31</td>
<td>Fall 2017 Registration Begins</td>
</tr>
<tr>
<td>Sept. 4</td>
<td>COM Closed – Labor Day</td>
</tr>
<tr>
<td>Nov. 23-24</td>
<td>COM Closed – Thanksgiving</td>
</tr>
<tr>
<td>Dec. 4</td>
<td>Spring 2018 Registration Begins</td>
</tr>
<tr>
<td>Dec. 16 – Jan. 2</td>
<td>COM Closed – Winter Break</td>
</tr>
</tbody>
</table>

For registration information, call 409-933-8586.
Space-available classes are academic/credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Noncredit students do not have to take college placement tests or apply to the College to take these classes.

Space-available classes start and end with the fall credit class schedule – fall (Aug. 28 – Dec. 15). Full course descriptions are available in the College catalog, and more information can be viewed in the credit schedule at www.com.edu/schedule.

### ACTING I – 48 HRS
**Cost:** In district: $270  
Out of district: $275
**SYN:** 6744 ARTSL-2007-140CL  
08/28/17-12/15/17  
11:00AM-12:20PM  
FAB 117  
H Brown

### CERAMICS I – 96 HRS
**Cost:** In district: $270  
Out of district: $275
**SYN:** 6740 ARTSL-2047-133CL  
08/28/17-12/15/17  
01:30PM-04:20PM  
FAB 135  
G Bowes
**SYN:** 6741 ARTSL-2047-233CL  
08/28/17-12/15/17  
06:00PM-08:50PM  
FAB 135  
G Bowes

### PHOTOGRAPHY I – 96 HRS
**Cost:** In district: $270  
Out of district: $275
**SYN:** 6742 ARTSL-2002-137CL  
08/28/17-12/15/17  
01:30PM-04:20PM  
TVB 1139  
C Peet

### CLASS GUITAR – 48 HRS
**Cost:** In district: $90  
Out of district: $95
**SYN:** 6766 MUSIL-2002-160CL  
08/28/17-12/15/17  
03:30PM-06:20PM  
FAB 117  
J Kiefer

### CLASS PIANO I – 48 HRS
**Cost:** In district: $90  
Out of district: $95
**SYN:** 6765 MUSIL-2001-160CL  
08/28/17-12/15/17  
09:30AM-10:50AM  
FAB 111  
P Boyd

### CLASS PIANO II – 48 HRS
**Cost:** In district: $90  
Out of district: $95
**SYN:** 6767 MUSIL-2001-161CL  
08/28/17-12/15/17  
04:30PM-05:50PM  
FAB 111  
P Boyd

### CONCERT BAND – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6757 MUSIL-2003-270CL  
08/28/17-12/15/17  
07:30PM-10:20PM  
FAB 117  
H Koerner

### DUCK AND COVER A CAPPELLA – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6764 MUSIL-2006-270CL  
08/28/17-12/15/17  
06:00PM-07:20PM  
FAB 110  
J Heffel

### GUITAR ENSEMBLE – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6762 MUSIL-2002-170CL  
08/28/17-12/15/17  
03:30PM-06:20PM  
FAB 117  
J Kiefer

### JAZZ COMBO – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6760 MUSIL-2004-170CL  
08/28/17-12/15/17  
03:00PM-04:20PM  
FAB 117  
H Koerner
**SYN:** 6761 MUSIL-2004-270CL  
07:00PM-09:50PM  
FAB 117  
H Koerner

### JAZZ ENSEMBLE – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6758 MUSIL-2005-170CL  
08/28/17-12/15/17  
03:00PM-04:20PM  
FAB 117  
H Koerner
**SYN:** 6760 MUSIL-2004-270CL  
07:00PM-09:50PM  
FAB 117  
H Koerner

### MAINLAND CHORALE – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6763 MUSIL-2007-270CL  
08/28/17-12/15/17  
07:30PM-10:20PM  
FAB 110  
J Heffel

### STUDIO ARTS – 96 HRS
This course allows beginning to advanced noncredit students to fully participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active participants within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Drawing on Mondays and Wednesdays from 9:30 a.m. – 12:20 p.m. or Design Painting on Monday and Wednesdays from 2-4:50 p.m. For more information regarding specific courses contact Mark at 409-933-8673 or mgreenwalt@com.edu.

**Cost:** In district: $270  
Out of district: $275
**SYN:** 6726 ARTSL-2000-120CL  
08/28/17-12/15/17  
07:30PM-10:50PM  
FAB 110  
J Heffel

### WOODWIND ENSEMBLE – CLARINET, SAXOPHONE – 48 HRS
**Cost:** In district: $60  
Out of district: $65
**SYN:** 6759 MUSIL-2008-270CL  
08/28/17-12/15/17  
07:00PM-09:50PM  
FAB 117  
T Kochen

### 50 PLUS DISCOUNT
Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.
For Aziz Sanders, it was job security. For John Aumiller, it was a career change. Both found what they were looking for through a College of the Mainland grant program that pays for training to help the underemployed and unemployed find work quickly.

Sanders, of Hitchcock, worked a series of contract jobs as a scaffold builder with layoffs at the end of each before the H1-B Grant helped him enroll in the COM Mechanical Maintenance Technician Program.

After several months of training, the program connected him with a paid mechanical maintenance apprenticeship at the University of Texas Medical Branch.

“I like taking things apart and putting them together again,” said Sanders. “We all work together to make sure the campus is working for the hospital and patients.”

Aumiller, of La Marque, decided to switch careers from marine engineering to the growing field of instrumentation. He now also has a paid apprenticeship at UTMB shadowing an instrumentation technician.

“COM was the only institute that offered classes for instrumentation that didn’t require any previous experience, so I decided to take the chance and take this course,” said Aumiller.

“I’m thankful for the COM staff for helping source this job for me.”

“The DOL H-1B Ready to Work Grant provides workforce training to long-term unemployed or underemployed individuals as well as to employees who need more training to keep their job or advance in their job,” said Anett King, H-1B Ready to Work Project Manager.

“The workforce training is focused on occupations that are in high demand and related to the petrochemical industry. The grant pays for tuition in those areas for individuals who qualify and assists with connecting successful program completers with job opportunities.”

Besides connecting students with employers looking to hire, grant program staff help students with interviewing, resume and job-seeking skills. They offer workshops plus one-on-one guidance.

“I learned how to make each job pop out on my resume. I learned how to show you’re right for the job,” said Sanders.

To qualify for the grant, students must be over 18 and have a high school diploma or GED. They must also be long-term underemployed or unemployed.

Individuals can select from several training areas including NCCER electrical, instrumentation, pipefitting and welding, as well as mechanical maintenance technician, CNC machinist, Lean Six Sigma, project management and drafting.

“[The instrumentation program] has taught me the ins and outs of instrumentation technology. I was able to show up at UTMB with a basic knowledge of instrumentation,” said Aumiller. “This grant has helped me focus more on my goals in the near future, my schooling, and getting my career started.

For more information, call 409-933-8643, email GCRTW-Grant@com.edu or visit www.com.edu/ce/gcrtw-grant.
Texas Online Defensive Driving (TEA Course Provider #947) $29.95 Cost
- Six-hour course
- Accepted by all Texas courts and municipalities for ticket dismissal
- Completers may be eligible for a 10 percent reduction in insurance policy premiums.

Texas Teen Driver Education Course (TEA Course Provider #C2636) $129.95 Cost
- Has both a parent-taught and virtual-instructor-taught version
- Includes all DPS forms
- Meets all DPS requirements

Adult Driver Education Online (TEA Course Provider #C2636) $65 Cost
- Guides drivers 18-24 years of age in obtaining their first driver’s license
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam.

College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:
- Online text and interactive videos
- Full audio or read-along text for the hearing impaired
- Courses in both English and Spanish
- 24/7 customer phone support
- 24/7 course accessibility with exclusive course memory

Registration available online only at http://tx-dps.com/affiliates/college-of-the-mainland
Register for continuing education classes online at www.com.edu/ce or visit

CONTINUING EDUCATION OFFICE
Technical-Vocational Building, Room TVB 1475, main campus
Phone: 409-933-8586 Fax: 409-933-8026

Email: ContEd@com.edu

COLLEGE MISSION
College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION
College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES
Rachel Delgado, Kyle Dickson, Donald G. Gartman, Rosalie Kettler, Bennie Matthews, Melissa Skipworth, and Alan Waters

ACCREDITATION
College of the Mainland is accredited by:
The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution’s significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT
College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NOTICE OF NONDISCRIMINATION
College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College’s Title IX Coordinator or the U.S. Department of Education’s Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Lonica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

PUBLIC INFORMATION STATEMENT
College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA
El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Titulo IX, Sección 504, y del Titulo VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma ingles no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.
ONLINE CAREER TRAINING PROGRAMS
Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program. You can begin these Programs at any time and learn at your own pace. Upon successful completion of all required coursework, you will receive a Certificate of Completion.

Some of our most popular programs include:

Medical Transcription
Learn to transcribe medical reports in hospitals, offices, or from home with the most popular transcription program in the country for entry-level training.

Certified Electronic Health Records Specialist
Learn how to implement and utilize electronic health records and become a Certified Electronic Health Records Specialist.

Physical Therapy Aide
Master the skills needed to begin a career as a physical therapy aide.

CompTIA Healthcare IT Technician (Voucher Included)
The CompTIA Healthcare IT Technician course teaches the fundamentals of healthcare IT (HT) by using the CompTIA Healthcare IT Technician (HT-001) exam objectives as the framework.

Medical Transcription + Medical Terminology
Start a new career as a medical transcriptionist with the training provided in this program, which includes medical terminology training.

Administrative Dental Assistant
Learn how to perform the administrative tasks essential for managing the business aspects of a dental practice.

Optician Certification Training
Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam.

Administrative Medical Specialist with Certified Electronic Health Records Specialist + Medical Terminology
This program combines the Administrative Medical Specialist program with training in electronic health records and medical terminology to give you a competitive edge in the healthcare field.

Certified Electronic Health Specialist with Medical Terminology
Learn how to implement and utilize electronic health records and become a Certified Electronic Health Records Specialist with 60 hours of medical terminology training to give you a competitive edge in the healthcare field.

ONLINE SHORT COURSES
Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly, are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more.

Some of our most popular courses include:

Accounting Fundamentals
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Administrative Assistant Applications
Gain the skills and knowledge you’ll need to prepare for the Certified Administrative Professional exam and begin a career in this field.

Computer Skills for the Workplace
Gain a working knowledge of the computer skills you’ll need to succeed in today’s job market.

Explore a Career as a Paralegal
Find out if a paralegal career is the perfect choice for you, as you explore the fundamentals of U.S. law and legal terminology.

Introduction to Google Analytics
Learn how to track and generate traffic to your website, create reports, and analyze data with Google’s free, state-of-the-art Web analytics tools.

Introduction to PHP and MySQL
Learn how to create dynamic, interactive Web sites using PHP and a MySQL database server.

Introduction to QuickBooks 2013
Learn how to quickly and efficiently gain control of the financial aspects of your business with this powerful accounting software program.

Introduction to SQL
Gain a solid working knowledge of the most powerful and widely used database programming language.

Java Programming
Deepen your understanding of the Java programming language, and start writing programs that are more sophisticated and professional.

Medical Coding
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