

Continuing Education

Lifelong Learning *for Everyone*

FALL 2016 Schedule

www.com.edu/ce



NEW
Location

**COM'S 50 PLUS PROGRAM
IS EXPANDING**

Lifelong Learning Gulfway Plaza
14057 Gulfway Plaza
La Marque, TX 77568



College of the Mainland®

1200 Amburn Rd., Texas City, TX 77591



COM CE: LIFELONG LEARNING FOR EVERYONE

COM's Continuing Education division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses that will help you upgrade your current skills and expand your knowledge as you seek to advance in your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

QUESTIONS?

For specific course or program information, please call:

- 409-933-8285 Public Service Careers
- 409-933-8226 Lifelong Learning/50 Plus Program
- 409-933-8645 COM Learning Center-Allied Health
- 409-933-8162 Gulf Coast Safety Institute
- 409-933-8406 Industrial Workforce

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.

CONTINUING EDUCATION'S MISSION

College of the Mainland's Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION'S VISION

College of the Mainland's Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US

The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.

Phone: 409-933-8586 • Fax: 409-933-8026

Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591

Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS

| | | |
|-------|--------------------|-----------------|
| Open: | Monday – Tuesday | 8 a.m. – 7 p.m. |
| | Wednesday – Friday | 8 a.m. – 5 p.m. |

CE SCHEDULE DISCLAIMER

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE's Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

Continuing Education Office Hours

(Starts August 8)

| | |
|--------------------|-----------------|
| Monday – Tuesday | 8 a.m. – 7 p.m. |
| Wednesday – Friday | 8 a.m. – 5 p.m. |

For more information, call 409-933-8586.

REGISTRATION IS EASY

FALL 2016 REGISTRATION FOR ALL CE AND 50 PLUS PROGRAM COURSES BEGINS Aug. 1, 2016.

Continuing education registration continues throughout the semester until classes are filled. Please register at least one week prior to the start date.

The registration form is available online at www.com.edu/ce/register and in the printed CE schedule. A photo ID will be required to show proof of age.

Have you previously taken classes at COM?



REGISTER ONLINE

WWW.COM.EDU/CE

- Click Register Now.
- Follow instructions for Continuing Education students.
- Available 24/7.
- Questions about online registration? Click on the HELPDESK arrow located on the WebAdvisor main menu (bottom left) and fill out the form.

New to COM?



CALL

CONTINUING EDUCATION OFFICE

409-933-8586 or 1-888-258-8859, ext. 8586

OFFICE HOURS:

Open: Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

Leave a message and a CE representative will return your call within 24 business hours.



VISIT

Continuing Education Office, Technical Vocational Building, Room T-1475. Tuition and fees must be paid upon registration. Checks, money orders, credit and debit cards are accepted. **NO CASH IS ACCEPTED.**

Open:

Monday – Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover, American Express and money orders. **NO CASH IS ACCEPTED.**



50 PLUS PROGRAM (50+)

Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

A NON-RESIDENT OF COM DISTRICT

A non-resident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES

If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided at the time of registration or at the first class meeting. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS

Classes with insufficient enrollment are canceled prior to the start date of the class. Students will be notified by phone when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund is automatic. Help avoid class cancellations by registering at least five days before the course start date.

REFUND POLICY

Refunds for fitness memberships and continuing education tuition and fees will be refunded 100 percent before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class. When the College cancels a class, the student will receive an automatic 100 percent refund of tuition and fees.

CLASS TRANSFERS

Students may request to transfer to a different class or section prior to the first day of the course for which the student is registered. One hundred percent of tuition paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.



MAIL

MAIL IN REGISTRATIONS ARE NO LONGER ACCEPTED.

MINIMUM AGE REQUIREMENTS

Although some continuing education courses are designed for younger students or for a specific education level, most classes are designed to serve adult learners. Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students who are 16 years of age or older are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+)

Courses designed specifically for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING

Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEU

Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified Continuing Education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar's office at no charge. Reprints of CE certificates are available for \$5.

ARE YOU AGE 50 PLUS?

We have classes just for you! COM 50 PLUS PROGRAM

- Enroll in 50 Plus Program classes – with over 50 options – at a nominal cost.
- Join reasonably priced 50 Plus Program trips.
- Enroll in free or low-cost workshops.
- Receive a discount on COM Gym fitness memberships.
- Use the COM Library.
- Receive a discount on COM Cosmetology Services.
Call 409-933-8480 for more information.
- Enjoy a discount on COM Community Theatre productions.
Call 409-933-8345 for more information.

For more information see page 35 of this schedule,
or call 409-933-8226.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS (TPEG)

Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Student Financial Services Office, 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM

College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Ok., at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu, select Student Financial Services for more information or contact the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)

College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include HVAC, CNC Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

GENERAL INFORMATION

COLLEGE CALENDAR

In accordance with the approved College calendar, the College will be closed on the following dates:

- Sept. 5 Labor Day Holiday
- Nov. 24 – 27 Thanksgiving Holiday
- Dec. 17 – Jan. 2 Winter Holidays

PARKING

Permits are not required. However, permits are now available, as a courtesy, from the campus police office. Regular patrols enforce the following parking regulations:

1. Parking in a no parking zone
2. Backing into a parking space
3. Failure to park within marked spaces
4. Driving against the flow of traffic
5. Unauthorized parking in handicap spaces
6. Driving/parking on nonroadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT

All COM campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABBREVIATIONS USED IN THIS SCHEDULE

| | |
|------|--|
| ADM | Administration and Enrollment Center |
| AHC | Allied Health Center-League City |
| AUD | Industrial Education Building |
| CE | Continuing Education |
| CL | Face-to-face classroom course |
| CLC | North County Learning Center-League City |
| COM | College of the Mainland |
| FAB | Fine Arts Building |
| FIR | Firing Range |
| GCSI | Gulf Coast Safety Institute |
| HY | Hybrid course (50-85 percent online and 15 to 50 percent in the classroom) |
| IN | Internet (online) course |
| LLGP | Lifelong Learning Gulfway Plaza |
| LRC | Learning Resources Center (Library) |
| PSC | Public Service Careers Building |
| SC | Student Center |
| SCI | Science/Math Building |
| SYN | Synonym-unique identifying number |
| TBA | To Be Announced |
| TVB | Technical Vocational Building |

NEW
Location

INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a \$35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a \$25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

ONLINE LEARNER WORKSHOP (OLW)

All students enrolled in Internet or hybrid classes for the first time at College of the Mainland are required to successfully complete the Blackboard Online Learner Workshop prior to the start date of the course. The Online Learner Workshop is an introduction to the Blackboard Learning Management System. Blackboard is where your online courses are hosted. By completing the Online Learner Workshop you will gain the skills necessary to succeed in your online course. Access instructions can be found at <http://www.com.edu/de/olw.cfm>. Contact the CE Department at 409-933-8586 to register for a workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records ten days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or stop by the Enrollment Center for more information.

TAX CREDIT

Continuing education tuition is not recognized the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

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CE WORKFORCE PROGRAMS

information subject to change

Possible Financial Aid Sources

| | HOURS | FOUND ON PAGE | TPEG | HAZLEWD | WIA | H-1B |
|---|--------|---------------|------|---------|-----|------|
| ALLIED HEALTH CAREERS | | | | | | |
| CERTIFIED NURSE AIDE (FAST TRACK) | 130 | 7 | ◆ | ◆ | | |
| CERTIFIED NURSE AIDE | 109 | 7 | ◆ | ◆ | | |
| DENTAL ASSISTANT | 221 | 9 | ◆ | ◆ | | |
| HOME HEALTH AIDE | 96 | 8 | ◆ | ◆ | | |
| MEDICAL OFFICE/INSURANCE SPECIALIST | 104 | 10 | ◆ | ◆ | | |
| MEDICATION AIDE | 140 | 9 | ◆ | ◆ | | |
| PHLEBOTOMY TECHNICIAN | 185 | 10 | ◆ | ◆ | | |
| PHYSICAL THERAPY AIDE | 81 | 11 | ◆ | ◆ | | |
| BUSINESS AND COMPUTER TECHNOLOGY CAREERS | | | | | | |
| PROFESSIONAL BOOKKEEPER | 288 | 12 | | ◆ | | |
| REAL ESTATE | 192 | 18 | | ◆ | | |
| INDUSTRIAL/TRADES CAREERS | | | | | | |
| ELECTRICIAN APPRENTICE PROGRAM | 224 | 14 | | | | ◆ |
| INSTRUMENTATION HELPER (COMING SOON) | 256 | 15 | | | | ◆ |
| HVAC (LEVELS I, II, III) | 298 | 15 | ◆ | ◆ | ◆ | ◆ |
| CNC MACHINIST | 319 | 19 | ◆ | ◆ | ◆ | ◆ |
| MECHANICAL MAINTENANCE TECHNICIAN, BASIC | 365 | 16 | ◆ | ◆ | ◆ | ◆ |
| MECHANICAL MAINTENANCE TECHNICIAN, INTERMEDIATE | 260 | 18 | ◆ | ◆ | ◆ | ◆ |
| MECHANICAL MAINTENANCE TECHNICIAN, ADVANCED | 195 | 18 | ◆ | ◆ | ◆ | ◆ |
| WELDING TECHNOLOGIES | varies | 19 | ◆ | ◆ | ◆ | ◆ |
| PUBLIC SERVICE CAREERS | | | | | | |
| SECURITY OFFICER | 32 | 22 | ◆ | ◆ | ◆ | |

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

FINANCIAL AID INFORMATION

See page 4 for more information about possible financial aid sources.



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www.facebook.com/COMcontinuinged

WORKFORCE PROGRAMS

ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County, located at 200 Parker Ct. on FM 518 in League City. Applications for the allied health certificate programs are available at the COM Learning Center-North County and in the CE Department on the main campus. Return completed applications to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce.

CERTIFIED NURSE AIDE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides to work in hospitals and long-term care facilities. Between 2010-2020, the need for certified nurse aides is projected to grow 20 percent. The mean hourly wage for certified nurse aides is \$11.54. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs | Fast-track Hrs |
|--------------------|---|------------|----------------|
| NURA 1001 | Nurse Aide for Health Care I This course prepares entry-level nursing assistants to gain the knowledge, skills and abilities needed to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Assistant (CNA) Program. | 69 | 90 |
| NURA 1060 | Nurse Aide for Health Care II Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Assistant Program. Tuition includes malpractice insurance. | 40 | 40 |
| TOTAL HOURS | | 109 | 130 |

State certification: Students successfully completing these courses will be prepared to take the state exam, Certified Nursing Assistant. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. Complete list of supplies will be available the first day of class; estimated cost of supplies is \$65.

NURSE AIDE FOR HEALTHCARE I (FAST TRACK) – 90 HRS

Cost: In district: \$739 Out of district: \$744
 SYN: 4073 NURA-1001-107CL 10/03/16-10/26/16 MTWTHF
 09:00AM-02:00PM AHC 103 S Watson
 Students must concurrently enroll in SYN: 4078 NURA-1060-107CL.

NURSE AIDE FOR HEALTHCARE II (FAST TRACK) – 40 HRS

Tuition includes malpractice insurance (\$16) and the ID badge fee (\$6). Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: \$220 Out of district: \$225
 SYN: 4078 NURA-1060-107CL 10/31/16-11/04/16 MTWTHF
 06:00AM-02:00PM TBA S Watson
 Students must concurrently enroll in SYN: 4073 NURA-1001-107CL.

NURSE AIDE FOR HEALTHCARE I – 69 HRS

Cost: In district: \$589 Out of district: \$594
 SYN: 4050 NURA-1001-205CL 09/06/16-11/01/16 TTH
 05:30PM-09:30PM AHC 103 M Fleming
 Students must concurrently enroll in SYN: 4059 NURA-1060-105CL.
 SYN: 4063 NURA-1001-206CL 09/28/16-11/30/16 MW
 06:00PM-10:00PM AHC 115 T Dickerson
 Students must concurrently enroll in SYN: 4071 NURA-1060-106CL.

NURSE AIDE FOR HEALTHCARE II – 40 HRS

Tuition includes malpractice insurance (\$16) and the ID badge fee (\$6). Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: \$220 Out of district: \$225
 SYN: 4059 NURA-1060-105CL 09/24/16-10/22/16 S
 06:00AM-02:00PM TBA M Fleming
 Students must concurrently enroll in SYN: 4050 NURA-1001-205CL
 SYN: 4071 NURA-1060-106CL 10/22/16-11/19/16 S
 06:00AM-02:00PM TBA T Dickerson
 Students must concurrently enroll in SYN: 4063 NURA-1001-206CL.

CNA IN-SERVICE TRAINING – 12 HRS

This class is scheduled for two days, totaling 12 hours. Call Nichole at 409-933-8645 to inquire about dates/times.

Cost: In district: \$55 Out of district: \$60
 SYN: 4079 NURA-2000-103CL

**REGISTRATION FOR FALL 2016
BEGINS AUG. 1, 2016.**

HOME HEALTH AIDE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

If you are looking to start a career in the healthcare field, this program is a great first step! It provides the basic skills needed to perform as a Home Health Aide in the state of Texas. No outside certification exam required, flexible employment opportunities, and helping others are just a few of the benefits of the program!

Home Health Aides work in a variety of settings including private homes, long-term care and assisted living facilities. They are responsible for documenting client's status, obtaining vital signs, and assisting clients/patients. This program meets the requirements set forth by the Texas Department of Aging and Disability Services for Home Health Aide training and competency evaluation program. Between 2014-2024, the need for Home Health Aides is expected to grow 38 percent. The median hourly wage is \$10.28.

(Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|-----------|--|-----|
| HPRS 1004 | Home Health Aide (Basic Health Profession Skills) A study of the concepts that serve as a foundation for health profession courses (such as Home Health Aide), including client care and safety issues, basic client monitoring, and health documentation methods. Students will be able to comply with state and local regulatory agencies, respond to basic medical emergencies, perform client monitoring skills, and document health care. | 96 |

TOTAL HOURS 96

Students will be required to purchase supplies. The complete list will be available the first day of class; the estimated cost is \$65.

NEW! HOME HEALTH AIDE (BASIC HEALTH) – 96 HRS

Tuition includes malpractice insurance (\$16) and the ID badge fee (\$6). Training includes 16 hours of clinicals, which will be scheduled by the instructor. Students must attend every class due to state requirements.

Cost: In district: \$660 Out of district: \$665

SYN: 4045 HPRS-1004-202CL 09/07/16-11/21/16 MW

05:30PM-09:30PM AHC 104 M Fleming

Home Health Aide Program Launches

A first step into the health care field, the COM Home Health Aide Program trains students in hands-on classes.

An in-demand career, home health aides may work in homes, long-term care and assisted living facilities.

To register, call 409-933-8645.



COM's 50th Anniversary Gala
September 15, 2016, at 6 p.m.

Join College of the Mainland Foundation in honoring distinguished COM alumni. All proceeds fund scholarships and student needs.

TICKETS ARE \$125 AND MUST BE PURCHASED IN ADVANCE.

Please contact Denese at
409-933-8675 or dangelles@com.edu.



COM's 50th Birthday Bash
October 1, 2016, 11 a.m. - 3 p.m.

A FAMILY DAY EVENT

- Free Live Music
- Free Kids Entertainment Zones
- Free Birthday Cake
- Free Demonstrations and Exhibits
- Food Trucks
- Campus Tours

All Welcome

DENTAL ASSISTANT

An application is required prior to registration.

Prerequisite: A high school diploma or GED

Contact Nichole Sullivan at 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students for employment as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. Between 2010-2020, the need for dental assistants is projected to grow 31 percent. The mean hourly wage for dental assistants is \$16.09. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|--------------------|--|------------|
| DNTA 1015 | Dental Chairside Assisting Course This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies' standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures. | 85 |
| DNTA 1003 | Registered Dental Assisting Exam Review Course This course prepares dental assistants to meet Texas State Board of Dental Examiners examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant Exam. | 36 |
| DNTA 1060 | Clinical Dental Assistant The Dental Assistant Program prepares students for entry-level positions in one of the fastest-growing health care professions. The course will cover key areas and topics and expose the student to both classroom and laboratory hands-on instruction. | 100 |
| TOTAL HOURS | | 221 |

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam

DENTAL CHAIRSIDE ASSISTING COURSE – 85 HRS

Tuition includes five hours of CPR training, the malpractice insurance fee (\$16) and ID badge fee (\$6). Training includes lab experience, which will be scheduled with the instructor on Thursdays and Saturdays at a local dentist's office. Space is limited. Students will need to enroll in Clinical Dental Assistant course offered in spring 2017 in order to receive the Dental Assistant Program certificate of completion.

| | | |
|--------------|---------------------------|-------------------------------|
| Cost: | In district: \$989 | Out of district: \$994 |
| SYN: 4018 | DNTA-1015-209CL | 09/14/16-01/14/17 |
| MW | 06:00PM-09:00PM | AHC 102 M Tull/A Barton |
| TH | 06:00PM-09:00PM | TBA |
| S | 09:00AM-12:00PM | TBA |

Students must concurrently enroll in SYN: 4389 DNTA-1003-209CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW COURSE – 36 HRS

Students must pay for the Texas Academy of General Dentistry RDA exam (approximately \$155) near the end of the program. The instructor will be able to provide specific due dates. Students will need to enroll in the Clinical Dental Assistant course offered in spring 2017 in order to receive the Dental Assistant Program certificate of completion.

| | | |
|-----------------|---------------------------|-------------------------------|
| Cost: | In district: \$280 | Out of district: \$285 |
| SYN: 4389 | DNTA-1003-209CL | 11/02/16-12/14/16 MW |
| 06:00PM-09:00PM | AHC 102 | M Tull |

Students must concurrently enroll in SYN: 4018 DNTA-1015-209CL.

MEDICATION AIDE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

Prerequisite: A high school diploma or GED; Must be a currently licensed and employed CNA or have 90 days unlicensed direct care experience in a Department of Aging and Disability Services facility.

Medication aides serve an essential role in hospitals and long-term care facilities by helping distribute medications and monitor for adverse reactions. This program prepares students to take the state Medication Aide Certification Examination, and it adheres to the regulations and curriculum established by the Department of Aging and Disability Services. Between 2010-2020, the need for medication aides is projected to grow by 20 percent. The mean hourly wage for medication aides is \$11.54. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|--------------------|--|------------|
| NURA 1013 | Medication Aide In this class students learn how to prepare and administer designated medications by nonlicensed nursing personnel employed in licensed health care agencies. They also learn the responsibilities with medication administration. | 140 |
| TOTAL HOURS | | 140 |

State certification: Students successfully completing these courses will be prepared to take the state Medication Aide Certification Examination.

MEDICATION AIDE – 140 HRS

Training includes 10 hours of clinical experience which will be scheduled with the instructor. Tuition includes malpractice insurance (\$16), the ID badge fee (\$6) and five hours of CPR certification training. Due to state standards, students must complete all hours.

| | | |
|-----------------|---------------------------|-------------------------------|
| Cost: | In district: \$980 | Out of district: \$985 |
| SYN: 4082 | NURA-1013-201CL | 09/06/16-11/22/16 MTW |
| 05:00PM-09:00PM | AHC 103 | R McAninch |

MEDICATION AIDE UPDATE – 8 HRS

Class scheduled for one day (eight hours). Call Nichole at 409-933-8645 to inquire about date/time.

| | | |
|--------------|--------------------------|------------------------------|
| Cost: | In district: \$65 | Out of district: \$70 |
| SYN: 4120 | NURA-2000-101CL | |

PHLEBOTOMY TECHNICIAN

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

Prerequisite: A high school diploma or GED

A rapidly growing occupation in the health care field, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. They find employment in hospitals, doctor's offices, medical and diagnostic laboratories, and blood donor centers. Between 2010-2020, the need for phlebotomy technicians is projected to grow 13 percent. The mean hourly wage for phlebotomy technicians is \$14.53. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|--------------------|--|------------|
| PLAB 1023 | Phlebotomy Technician This course is designed to introduce students to the basic knowledge and skills of the phlebotomy profession. Students will learn types of blood collections utilizing the proper techniques and universal precautions. On completion of the course, a National Healthcareer Association CPT exam will be administered. The required textbook is available in the COM Bookstore. | 85 |
| PLAB 1060 | Clinical: Phlebotomy This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises. | 100 |
| TOTAL HOURS | | 185 |

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

PHLEBOTOMY TECHNICIAN – 85 HRS

Tuition includes malpractice insurance (\$16) and five hours of CPR certification training.

Cost: In district: \$880 Out of district: \$885
 SYN: 4124 PLAB-1023-213CL 09/06/16-12/13/16 TTH
 06:00PM-09:00PM AHC 102 V Moreno
 Students must concurrently enroll in SYN: 4134 PLAB-1060-113CL.

CLINICAL PHLEBOTOMY – 100 HRS

*Course length is 100 hours and will be coordinated by instructor.

Cost: In district: \$119 Out of district: \$124
 SYN: 4134 PLAB-1060-113CL 12/19/16-02/01/17 MTWTHF
 08:00AM-05:00PM TBA V Moreno
 Students must concurrently enroll in SYN: 4124 PLAB-1023-213CL.

**REGISTRATION FOR FALL 2016
BEGINS AUG. 1, 2016.**

**Continuing Education
General Information Policies**

See page 5.

MEDICAL OFFICE/INSURANCE SPECIALIST

No application is required prior to registration.

Prerequisite: A high school diploma or GED

Contact Nichole Sullivan at 409-933-8645 for details.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist Program. These courses prepare students to obtain entry-level administrative positions in health care settings and provide a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is \$14.68. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|--------------------|--|------------|
| MDCA 1000 | Medical Office This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills. | 24 |
| MDCA 1043 | Medical Insurance Specialist This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings. | 80 |
| TOTAL HOURS | | 104 |

MEDICAL OFFICE – 24 HRS

Cost: In district: \$250 Out of district: \$255
 SYN: 4048 MDCA-1000-207CL 09/12/16-10/05/16 MW
 06:00PM-09:00PM CLC 111 S Magdall
 Students must concurrently enroll in SYN: 4049 MDCA-1043-208CL.

MEDICAL INSURANCE SPECIALIST – 80 HRS

Cost: In district: \$699 Out of district: \$704
 SYN: 4049 MDCA-1043-208CL 10/10/16-12/12/16 MTW
 06:00PM-09:00PM CLC 111 S Magdall
 Students must concurrently enroll in SYN: 4048 MDCA-1000-207CL.

We're In Your Neighborhood!



**The COM Learning Center – North County is
located at 200 Parker Ct. in League City.**

It offers allied health care programs,
allied health professional development courses.

Call 409-933-8645 for more information or visit www.com.edu/nc.

PHYSICAL THERAPY AIDE

No application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details.
Recommended: A high school diploma or GED.

This new program trains physical therapy aides to work closely with a physical therapist and to perform duties including preparing the patient and the treatment area. The program serves as an introduction to the field for those who want to continue their education to become physical therapy assistants and for certified nurse assistants who want to expand their skills to work in restorative care. A rapidly growing field, physical therapy aides find employment in hospitals, doctor's offices, skilled nursing care facilities and physical therapy treatment centers. The median pay is \$11.48. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|-----------|--|-----|
| PTHA 1009 | Introduction to Physical Therapy Students will be introduced to the profession of physical therapy and the role of the physical therapist assistant. Topics to be covered include the application of basic patient care, functional skills, communication and selected data collection techniques. | 81 |

TOTAL HOURS 81

Students successfully completing this course will be issued a certificate of completion from College of the Mainland.

INTRODUCTION TO PHYSICAL THERAPY – 81 HRS

Training includes nine hours of observation experience, which will be scheduled with the instructor. Tuition includes five hours of CPR certification training.

Cost: In district: \$575 Out of district: \$580
SYN: 4137 PTHA-1009-201CL 09/06/16-11/22/16 TTH
06:00PM-09:00PM AHC 104 A Flores



"It's a fulfilling job. I'm making a difference in people's lives. Without this class I would not be able to help patients and families like I do now."

– Monica Fischer, former COM student employed Sheila's Angels In-Home Care

ALLIED HEALTH PROFESSIONAL DEVELOPMENT

HEARTSAVER CPR/AED COURSE – 5 HRS

This American Heart Association course provides knowledge and skills of basic CPR for the non-medical person.

The course provides training to anyone who wants to learn basic CPR to include calling for help, head tilt-chin lift, giving compressions and rescue breathing. Students will receive an AHA Heartsaver CPR/AED card upon completion of the course. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

| | | |
|----------------------------|--------------------------|------------------------------|
| Cost: | In district: \$55 | Out of district: \$60 |
| SYN: 4010 AHCEX-1002-105CL | 09/10/16 | S |
| 08:30AM-01:30PM | CLC 106 | M Chatman |
| SYN: 4015 AHCEX-1002-106CL | 11/19/16 | S |
| 08:30AM-01:30PM | CLC 106 | M Chatman |

HEALTHCARE PROVIDER CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR and adult and pediatric foreign body airway obstruction. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

| | | |
|----------------------------|--------------------------|------------------------------|
| Cost: | In district: \$55 | Out of district: \$60 |
| SYN: 4036 EMSCE-1003-111CL | 09/15/16 | TH |
| 05:00PM-10:00PM | CLC 106 | M Chatman |
| SYN: 4039 EMSCE-1003-112CL | 10/06/16 | TH |
| 05:00PM-10:00PM | CLC 106 | M Chatman |
| SYN: 4040 EMSCE-1003-113CL | 10/20/16 | TH |
| 05:00PM-10:00PM | CLC 106 | M Chatman |
| SYN: 4042 EMSCE-1003-114CL | 11/17/16 | TH |
| 05:00PM-10:00PM | CLC 106 | M Chatman |
| SYN: 4043 EMSCE-1003-115CL | 12/08/16 | TH |
| 05:00PM-10:00PM | CLC 106 | M Chatman |



*Learn a life-saving skill with
College of the Mainland CPR courses for
health care providers and other professionals.*

BRIDGE TO CREDIT

MARKETABLE SKILLS ACHIEVEMENT AWARDS

Students completing a Marketable Skills Achievement Award (MSAA) or certificate are encouraged to continue their education to earn a credit certificate or an Associate of Applied Science degree. The MSAA classes will count toward these certificates or degrees. After completing six hours of credit, students can petition for credit. An academic advisor can provide more information.

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

Bookkeeping Fundamentals CE Marketable Skills Achievement Award

| Course # | Title | CEU |
|-------------|--------------------------------------|-----|
| ACNT 1003 | Introduction to Accounting I | 48 |
| ACNT 1031 | Federal Income Tax: Individual | 48 |
| ACNT 1013 | Computerized Accounting Applications | 64 |
| TOTAL HOURS | | 160 |

Career Pathway: Professional Bookkeeper Certificate and/or Associate of Applied Science in Business Administration with Emphasis in Accounting

INTRODUCTION TO ACCOUNTING I – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4541 ACNT-1003-201CL | 08/22/16-12/09/16 | MW |
| 07:30PM-08:50PM | TVB 1225 | M Williams |

FEDERAL INCOME TAX: INDIVIDUAL – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4540 ACNT-1031-201CL | 08/22/16-12/09/16 | MW |
| 06:00PM-07:20PM | TVB 1225 | M Williams |

Professional Bookkeeper Certificate

| Course # | Title | CEU |
|-------------|--------------------------------------|-----|
| ITSC 1009 | Integrated Software Applications I | 64 |
| POFT 1021 | Business Math | 48 |
| ACNT 1003 | Introduction to Accounting | 64 |
| ACNT 1031 | Federal Income Tax: Individual | 48 |
| ACNT 1013 | Computerized Accounting Applications | 64 |
| TOTAL HOURS | | 288 |

Career Pathway: Associate of Applied Science in Business Administration with an Emphasis in Accounting

INTRODUCTION TO ACCOUNTING I – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4541 ACNT-1003-201CL | 08/22/16-12/09/16 | MW |
| 07:30PM-08:50PM | TVB 1225 | M Williams |

FEDERAL INCOME TAX: INDIVIDUAL – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4540 ACNT-1031-201CL | 08/22/16-12/09/16 | MW |
| 06:00PM-07:20PM | TVB 1225 | M Williams |

Child Development/Education CE Marketable Skills Achievement Award

| Course # | Title | CEU |
|-------------|--|-----|
| CDEC 1018 | Wellness of the Young Child | 48 |
| CDEC 1054 | Child Growth and Development | 48 |
| CDEC 1013 | Curriculum Resources for Early Childhood | 112 |
| TOTAL HOURS | | 208 |

WELLNESS OF THE YOUNG CHILD – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4552 CDEC-1018-157CL | 08/22/16-12/09/16 | TH |
| 09:30AM-12:20PM | TVB 1647 | A Raumaker |

When Should I Register?

| If a class starts on a... | Register by noon on the following days. |
|---------------------------|---|
| Sunday, Monday, Tuesday | Wednesday (the week before it starts) |
| Wednesday, Thursday | Thursday (the week before it starts) |
| Friday | Monday (of the same week) |
| Saturday | Tuesday (of the same week) |



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FACEBOOK

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FAST-TRACK REAL ESTATE PROGRAM

In one semester, students in this program prepare for careers as real estate agents, who have an average annual salary of \$45,610, according to the Bureau of Labor Statistics. Classes are held at the COM Learning Center –North County located in League City at 200 Parker Ct. at FM 518.

The Texas Real Estate Commission requires students complete 180 classroom hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms.

REAL ESTATE

| Course # | Title | Hrs |
|------------------|--|-----------|
| RELE 1001 | Real Estate Principles I This course is an overview of licensing as a real estate broker or salesperson. Topics include ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures and real estate mathematics. A minimum of three hours classroom instruction will be devoted to federal, state and local laws relating to housing discrimination, housing credit discrimination and community reinvestment. The textbook can be purchased at the COM Bookstore or online. | 32 |
| RELE 1038 | Real Estate Principles II This class complements Real Estate Principles I and can be taken before Principles I. The textbook can be purchased at the COM Bookstore or online. | 32 |
| RELE 2001 | Real Estate Law of Agency This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent's authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying procedures and the disclosure of an agency. The textbook can be purchased at the COM Bookstore or online. | 32 |
| RELE 1011 | Real Estate Law of Contracts This course covers the elements of a contract, offers and acceptance, the statute of frauds, specific performance and remedies for breaches of contracts, unauthorized practice of law, commission rules relating to use of adopted forms and owner disclosure requirements. The textbook can be purchased at the COM Bookstore or online. | 32 |

Want a career as a REAL ESTATE AGENT?

The real estate market is recovering and COM will train to fill the demand.

- ▶ The Bureau of Labor and Statistics states average annual salary for a real estate agent is \$ 45,610.
- ▶ Fast-track classes start every two weeks.

For more information, call 409-933-8586.

RELE 1019 Real Estate Finance 32

This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act, and the State Housing Agency. The textbook can be purchased at the COM Bookstore or online.

RELE 1000 Real Estate Promulgated Contracts 32

This class examines various topics related to Texas real estate contracts such as the unauthorized practice of law, the Texas Broker-Lawyer Committee, TREC rules governing promulgated contract use, an examination of current TREC promulgated contracts and practice preparing current TREC contracts and forms using case studies. The textbook can be purchased at the COM Bookstore or online.

TOTAL HOURS 192

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

REAL ESTATE EXAM REVIEW – 16 HRS

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$80 | Out of district: \$85 |
| SYN: 3999 RELE-1058-501CL | 09/08/16-09/09/16 | THF |
| 08:45AM-04:45PM | STU 203 | L. Lendsey |

REAL ESTATE PRINCIPLES I – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3993 RELE-1001-501CL | 09/12/16-09/22/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | A Ramirez |

REAL ESTATE PRINCIPLES II – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3994 RELE-1038-501CL | 09/26/16-10/06/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | A Ramirez |

REAL ESTATE LAW OF AGENCY – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3995 RELE-2001-501CL | 10/17/16-10/27/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | L Lendsey |

REAL ESTATE LAW OF CONTRACTS – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3996 RELE-1011-501CL | 11/07/16-11/17/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | L Lendsey |

REAL ESTATE FINANCE – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3997 RELE-1019-501CL | 11/28/16-12/08/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | L Lendsey |

REAL ESTATE PROMULGATED CONTRACTS AND FORMS – 32 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$150 | Out of district: \$155 |
| SYN: 3998 RELE-1000-501CL | 12/05/16-12/15/16 | MTWTH |
| 09:00AM-01:00PM | AHC 103 | L Lendsey |

INDUSTRIAL TRADE CAREERS

Electrician Apprentice Program

RECOMMENDED COURSE SEQUENCE (Select classes will be offered each semester)

COM's Electrical Program, which can be completed in about eight months, prepares students for a successful career as an apprentice electrician. Apprentices work with systems in residential and commercial environments, refineries, manufacturing and electrical plants. The median hourly wage in Texas is \$14.18 (source: DOL 2016) with entry-level positions starting below that rate. Financial assistance may be available (see page 6). Textbooks are not included.

| Course # | Title | Hrs |
|---------------------|--|------------|
| CNBT 1018 | Construction: Safety, Tools, and Techniques | 64 |
| | In this course, students will learn about basic job site construction safety in residential, commercial and industrial construction. Students will learn about selection and use of hand tools, portable power and stationary power tools and related construction equipment. At the end of the course, students will be able to demonstrate the safe use of a variety of hand tools, portable and stationary power tools. | |
| ELPT 1011 | Basic Electrical Theory | 96 |
| | In this course, students will be introduced to mathematical applications utilized to solve problems in the electrical field. Students will learn to use a calculator to perform operations involving fractions and decimals, compute percentages utilizing ratio and proportions, convert unit values, solve simple equations, and calculate areas and volumes of geometric solids. Prerequisite: CNBT 1018 | |
| ELPT 1045 | Commercial Wiring | 64 |
| | In this course, students will be introduced to mathematical applications utilized to solve problems in the electrical field. Students will learn to utilize a calculator to perform operations involving fractions and decimals; compute percentages utilizing ratio and proportions; convert unit values, solve simple equations, and calculate areas and volumes of geometric solids. Prerequisite: CNBT 1018, ELPT 1011 | |
| ELPT 1057 | Industrial Wiring | 64 |
| | This course will introduce students to wiring methods used for industrial installations. Students will learn about the proper installation of wiring devices, conductors, pull and junction boxes, and cable trays according to electrical codes. Students will also learn to demonstrate grounding and bonding methods; identify industrial wiring methods, and demonstrate proper safety procedures. Prerequisite: ELPT 1045 | |
| TOTAL HOURS: | | 320 |

To enroll in this program, students must meet the **eligibility requirements of the H-1B Ready to Work Grant**. For more information, please contact Ginger Hinckley at 409-933-8671.

BASIC ELECTRICAL THEORY – 64 HRS

Cost: In district: \$575 Out of district: \$580
 SYN: 4412 ELPT-1011-201CL 09/22/16-12/15/16 TTH
 06:00PM-10:00PM AUD 006 D Chambers

CONSTRUCTION: SAFETY, TOOLS AND TECHNIQUES – 64 HRS

Cost: In district: \$480 Out of district: \$485
 SYN: CNBT-1018-202CL 10/03/16-11/23/16 MW
 06:00PM-10:00PM AUD 006 COM Faculty

ELECTRIFY YOUR CAREER

NEW ELECTRICAL PROGRAM

For Unemployed and Underemployed Workers

- ⚡ Offered by COM's Continuing Education Department
- ⚡ Paid Tuition and Training*
- ⚡ Resume and Career Support*

*for qualifying students



CALL NOW!

409-933-8643

www.com.edu/ce/GCRTW-Grant

DOL H-1B Gulf Coast Ready to Work Grant

These programs are funded by a grant awarded implemented by the U.S. Dept. of Labor's Employment & Training Administration. The information contained in this product was created by the grantee organization and does not necessarily reflect the official position of the U.S. Dept. of Labor. All references to non-governmental companies or organizations, their services, products or resources are offered for information purposes and should not be construed as an endorsement by the Department of Labor.

Instrumentation Helper COMING SOON

COM's new Instrumentation Program can be completed in about ten months. After finishing it, students will be able to go into entry-level instrumentation helper positions leading into a career as an instrumentation technician. Instrumentation technicians and helpers work with systems in commercial and industrial environments, refineries, manufacturing and electrical plants. The median hourly wage for instrumentation technicians is \$25.08 with entry-level helper positions starting at \$13.80 per hour. (Source: DOL 2015)

To enroll in this program, students must meet the **eligibility requirements of the H-1B Ready to Work Grant**. For more information, please contact Ginger Hinckley at 409-933-8671.

CONSTRUCTION: SAFETY, TOOLS AND TECHNIQUES – 64 HRS

Cost: In district: \$480 Out of district: \$485
SYN: CNBT-1018-231CL 09/06/16-10/27/16 TTH
 06:00PM-10:00PM AUD 009 COM Faculty

Heating, Ventilation and Air-Conditioning

RECOMMENDED COURSE SEQUENCE
 (Select classes will be offered each semester.)
 Textbooks not included.

COM's Heating, Ventilation and Air-Conditioning Program, which can be completed in less than a year, prepares students for a successful career as an HVAC technician. In demand on the Gulf Coast, HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, homes, restaurants and hotels. The need for qualified HVAC technicians and installers in the Gulf Coast region is anticipated to grow 34 percent by 2018. The median hourly wage is \$20.02, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

| Course # | Title | Hrs |
|-----------|--|-----|
| HART 1001 | Basic Electricity for HVAC This course will introduce the principles of electricity as required for the heating, ventilation and air-conditioning trade. This will include proper use of test equipment, electrical circuits, and component theory and operation. At the end of the course, students will be able to demonstrate knowledge of basic principles of electricity, electrical current, circuitry and air-conditioning devices. Students will learn to apply Ohm's law to electrical calculations; perform electrical continuity, voltage and current tests with appropriate meters; and demonstrate electrical safety. | 48 |
| HART 1038 | Air-Conditioning, Level I This course introduces students to HVAC terminology, tools and skills. The instructor will discuss basic HVAC principles and guide students in hands-on activities. | 96 |
| HART 1005 | Air-Conditioning, Level II Students will discover how to apply air-conditioning principles and will learn about air properties, routine maintenance, thermodynamics and compressors. Stu- | 96 |

dents will learn to correctly measure AC and DC electrical circuits as well as air properties and distribution.

| | | |
|-------------|--|-----|
| HART 2036 | Air-Conditioning, Level III This is an advanced course demonstrating troubleshooting principles. Students learn to use test instruments to conduct performance tests and to diagnose problems in air-conditioning and refrigeration components and systems. | 48 |
| HART 1043 | EPA Course and Test Federal regulations require that those who work with regulated refrigerants be certified. This course will provide intensive training to update students' knowledge and/or skills in preparation for the certification exam, which verifies that students have an understanding of Section 608 of the Federal Clean Air Act of 1990. | 10 |
| TOTAL HOURS | | 298 |

BASIC ELECTRICITY FOR HVAC – 48 HRS

Cost: In district: \$345 Out of district: \$350
SYN: 3979 HART-1001-231CL 09/07/16-10/31/16 MW
 06:00PM-09:00PM GCSI 117 COM Faculty

AIR-CONDITIONING, LEVEL III – 48 HRS

Cost: In district: \$345 Out of district: \$350
SYN: 3980 HART-2036-231CL 09/29/16-11/22/16 TTH
 06:00PM-09:00PM GCSI 117 E Martinez

EPA COURSE AND TEST – 10 HRS

Cost: In district: \$200 Out of district: \$205
SYN: 3981 HART-1043-231CL 09/17/16-09/24/16 S
 08:00AM-01:00PM AUD 019 COM Faculty

HVAC TEXAS LABOR MARKET INFORMATION

Texas Employment 2015 30,369
 Regional Employment 2015 6,382
 Average Hourly Wage 2014, Gulf Coast..... \$20.17
 Texas Workforce Commission, 2015

DID YOU KNOW ?

DID YOU KNOW that the college has several funding sources that could **pay for your training in HVAC?**

DID YOU KNOW that skilled HVAC technicians **install and maintain refrigeration systems** for retail locations such as restaurants, clothing and grocery stores?

DID YOU KNOW that you can **start your HVAC career this Fall** by enrolling in a series of four courses and attending classes two nights per week and receive your HVAC Certificate in less than one year?

For more information, call
 Continuing Education at 409-933-8586.

Mechanical Maintenance Technician, Basic Certificate

REQUIRED COURSE SEQUENCE

Required for Mechanical Maintenance Technician Intermediate,
Advanced and Machinist
(Select classes will be offered each semester.)

Textbooks not included.

COM's Mechanical Maintenance Technician Program prepares students for a wide variety of duties, such as preventative maintenance, making machinery adjustments and repairing equipment using blueprints, sketches, diagrams and a variety of tools. Employment can be found in a variety of industrial settings such as petrochemical facilities, energy companies, manufacturing and productions, machine shops, power plants and construction sites. The need for qualified mechanical maintenance technicians (also referred to as industrial machinery mechanics, maintenance workers or millwrights) in the Gulf Coast region is anticipated to grow by 41.5 percent by 2020. The median hourly wage is \$22.31, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

| Course # | Title | Hrs |
|--------------------|--|------------|
| INMT 1005 | Introduction to Industrial Maintenance This course trains in the basic mechanical skills and repair techniques common to most fields of industrial maintenance. Topics include using precision measuring instruments and the safety rules common in industry, including lockout/tagout and OSHA 10 card. | 65 |
| TECM 1001 | Industrial Mathematics This course teaches math skills applicable to industrial occupations. It includes fraction and decimal manipulation, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications. | 65 |
| POFT 1006 | Job Search and Employment Skills Students will gain skills required to obtain a job and will complete a standard employment application, demonstrate interviewing skills and discuss the job search process. | 40 |
| MCHN 1002 | Print Reading for Machine Trades and Rigging Students will study blueprints for machining trades with an emphasis on machine drawings. Topics will include identifying the elements of machine drawings; interpreting the dimensions, tolerances and geometric aspects of blueprints; explaining geometric dimensioning and tolerancing (GD&T) symbols and their meanings; identifying the safety concerns associated with lifting loads; rigging a load for lifting; performing a safety check before a load is lifted; and identifying the equipment required to make a lift. Prerequisites: TECM-1001 and INMT-1005 | 65 |
| WLDG 1021 | Metallurgy and Welding Fundamentals This course is an introduction to the fundamentals of the equipment used in oxy-fuel and arc welding, including welding and cutting safety, basic oxy-fuel welding and cutting, basic arc welding processes and basic metallurgy. Prerequisite: Basic MMT Certificate TECM 1001, INMT 1005 | 65 |
| MCHN 1038 | Basic Machine Shop This course provides an introduction to machine shop theory, math, terminology, basic bench work and part layout using a variety of tools. It also teaches how and when to use machine tools, such as band saws, grinders, drill presses, lathes and mills. Prerequisites: TECM 1001, INMT 1005 and MCHN 1002 | 65 |
| TOTAL HOURS | | 365 |

INDUSTRIAL MAINTENANCE, INTRODUCTION – 65 HRS

Tuition includes OSHA 10 card.

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$485 | Out of district: \$490 |
| SYN: 3972 INMT-1005-231CL | 09/07/16-10/31/16 | MW |
| 06:00PM-10:00PM | AUD 005 | COM Faculty |

INDUSTRIAL MATHEMATICS – 65 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$475 | Out of district: \$480 |
| SYN: 3973 TECM-1001-231CL | 09/06/16-10/27/16 | TTH |
| 06:00PM-10:00PM | AUD 007 | R Himel |

JOB SEARCH AND EMPLOYMENT SKILLS – 40 HRS

Saturday Class 11/12/16 - 8:30 a.m. - 4:30 p.m. (one-hour lunch – 11:30 a.m. - 12:30 p.m.)

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$285 | Out of district: \$290 |
| SYN: 3975 POFT-1006-231CL | 11/01/16-11/17/16 | MTWTH |
| 06:30PM-09:30PM/ | AUD 007 | COM Faculty |
| 08:30AM-4:30PM | 11/12/16 | S |

METALLURGY AND WELDING FUNDAMENTALS – 65 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$475 | Out of district: \$480 |
| SYN: 3974 WLDG-1021-299CL | 09/06/16-10/27/16 | TTH |
| 06:00PM-10:00PM | AUD 005 | COM Faculty |

MILLWRIGHT TEXAS LABOR MARKET INFORMATION

| | |
|--|---------|
| Texas Employment, 2015 | 3,734 |
| Regional Employment, 2015 | 1,499 |
| Average Hourly Wage, 2014 – Gulf Coast | \$21.80 |

Texas Workforce Commission, 2015

When Should I Register?

| If a class starts on a... | Register by noon on the following days. |
|---------------------------|---|
| Sunday, Monday, Tuesday | Wednesday (the week before it starts) |
| Wednesday, Thursday | Thursday (the week before it starts) |
| Friday | Monday (of the same week) |
| Saturday | Tuesday (of the same week) |

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- ✓ Resume and Career Support*

*for qualifying students

Industrial Crafts Training

- CNC Machinist
- Drafting
- Electrical
- HVAC
- Instrumentation
- Mechanical Maintenance / Millwright
- Process Technology
- Welding

Leadership & Professional Training

- Lean Six Sigma
- Project Management



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Mechanical Maintenance Technician, Intermediate

REQUIRED COURSE SEQUENCE

Prerequisite: Basic Mechanical Maintenance Technician Certificate
Textbooks not included.

| Course # | Title | Hrs |
|--------------------|--|------------|
| MCHN 2005 | Millwright III – Bearings, Seals and Couplings This course is an introduction to bearings and seals. It focuses on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Certificate | 65 |
| MCHN 2007 | Millwright IV – Lubrication, Valves and Pumps This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: Basic MMT Certificate | 65 |
| MCHN 2012 | Millwright V – Gear Boxes, Chain and Belt Drives This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: Basic MMT Certificate | 65 |
| INMT 2003 | Pumps, Compressors and Mechanical Drives Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: Basic MMT Certificate | 65 |
| TOTAL HOURS | | 260 |

MILLWRIGHT V – GEAR BOXES, CHAIN AND BELT DRIVES – 65 HRS

Cost: In district: \$475 Out of district: \$480
SYN: 3976 MCHN-2012-231CL 09/07/16-10/31/16 MW
06:00PM-10:00PM AUD 017 L Lindsey

INDUSTRIAL MACHINERY MECHANICS TEXAS LABOR MARKET INFORMATION

Texas Employment, 2015..... 41,270
Regional Employment, 2015 13,024
Average Hourly Wage, 2014 – Gulf Coast..... \$24.41

Texas Workforce Commission, 2015

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a \$35 distance education fee per course.

Students in hybrid (HY) courses will be charged a \$25 distance education fee per course.

Mechanical Maintenance Technician, Advanced

REQUIRED COURSE SEQUENCE

Prerequisite: Basic and Intermediate Mechanical Maintenance Technician Certificate
Textbooks not included.

| Course # | Title | Hrs |
|--------------------|---|------------|
| MCHN 2014 | Millwright VI – Reciprocating, Centrifugal Compressors and Blowers This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors. Prerequisites: Basic Certificate and Intermediate MMT | 65 |
| MCHN 2016 | Millwright VII – Turbines This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repair of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: Basic Certificate and Intermediate MMT | 65 |
| MCHN 2018 | Millwright VIII – Alignment and Vibration This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: Basic Certificate and Intermediate MMT | 65 |
| TOTAL HOURS | | 195 |

MILLWRIGHT VIII – ALIGNMENT AND VIBRATION – 65 HRS

Cost: In district: \$475 Out of district: \$480
SYN: 3977 MCHN-2018-231CL 09/07/16-10/31/16 MW
06:00PM-10:00PM AUD 012 COM Faculty

CE Registration Date

Registration begins Aug. 1, 2016,
for Fall 2016 Continuing Education
and
50 Plus Program classes.

CNC Machinist

RECOMMENDED COURSE SEQUENCE

Prerequisite: Mechanical Maintenance Technician, Basic Certificate
Textbooks not included.

COM's CNC Machinist Program prepares students for employment utilizing machine tools such as lathes, milling machines and grinders to produce precision metal parts. Machinists work from blueprints, sketches or computer-aided design (CAD) and computer-aided manufacturing (CAM) files to set up, operate and disassemble manual, automatic and computer-controlled (CNC) machine tools. Employment can be found in a variety of industrial settings such as petrochemical facilities, energy exploration companies, manufacturing and productions, machine shops, power plants and construction sites. The need for qualified machinists in the Gulf Coast region is anticipated to grow 25.3 percent by 2020. The median hourly wage is \$26.25, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

| Course # | Title | Hrs |
|--------------------|---|------------|
| MCHN 1041 | Basic Machine Shop II This course is a study of the machine shop, machine parts and their functions. It will focus on select layout tools, techniques, terminology, basic machine setups and shop formulas. It will teach how to perform semi-precision layout, execute grinding techniques, demonstrate basic machine operations and apply proper measuring tools. Prerequisite: Basic MMT Certificate | 65 |
| MCHN 2035 | CNC Programming This course is a study of advanced CNC operations with an emphasis on programming and the operations of machining and turning centers. Prerequisites: Basic MMT Certificate and MCHN 1041 | 124 |
| MCHN 1026 | CAD/CAM Mastercam This course is a study of computer-aided manufacturing (CAM) Mastercam software, which is used to develop applications for manufacturing. It will focus on tool geometry, tool selection and the tool library. Prerequisites: Basic MMT Certificate, MCHN 1041 and MCHN 2035 | 65 |
| DFTG 2040 | CAD/CAM 3-D Solid Model Design and Manufacture This course is a study of computer-aided modeling. It will focus on the development of 3-D drawings and models from engineering sketches and orthographic drawings and the utilization of 3-D models in design work. Prerequisites: Basic MMT Certificate, MCHN 1041, MCHN 2035 and MCHN 1026 | 65 |
| TOTAL HOURS | | 319 |

CAD/CAM 3-D SOLID MODEL – 65 HRS

Cost: In district: \$475 Out of district: \$480
 SYN: 3978 DFTG-2040-231CL 07/26/16-09/15/16 TTH
 06:00PM-10:00PM AUD 019 D. Barrett

CNC MACHINIST TEXAS LABOR MARKET INFORMATION

Texas Employment, 2015 2,107
 Regional Employment, 2015 908
 Average Hourly Wage, 2014 – Gulf Coast..... \$27.62

Texas Workforce Commission, 2015

WELDING

Prepare to enter a field with growing opportunities with COM's Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants and construction. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. The median hourly wage is \$17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014)

COM's program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). **The course includes a \$200 lab fee. Not included is approximately \$250 for personal equipment.**

WELDING, MULTIPLE PROCESSES – 112 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$700 | Out of district: \$705 |
| SYN: 3844 WLDG-1007-131CL | 08/22/16-09/15/16 | MTWTH |
| 08:30AM-05:00PM | WLD 010 | V Woods/D Miller/R Brown |
| SYN: 3848 WLDG-1007-132CL | 08/22/16-10/10/16 | MTWTH |
| 6:00PM-10:00PM | WLD 010 | K Phillip |
| SYN: 3845 WLDG-1007-132CL | 09/19/16-10/12/16 | MTWTH |
| 08:30AM-05:00PM | WLD 010 | V Woods/D Miller/R Brown |
| SYN: 3846 WLDG-1007-133CL | 10/17/16-11/09/16 | MTWTH |
| 08:30AM-05:00PM | WLD 010 | V Woods/D Miller/R Brown |
| SYN: 3849 WLDG-1007-271CL | 10/17/16-12/05/16 | MTWTH |
| 06:00PM-10:00PM | WLD 010 | K Phillip |
| SYN: 3847 WLDG-1007-134CL | 11/14/16-12/08/16 | MTWTH |
| 8:30AM-05:00PM | WLD 010 | V Woods/D Miller/R Brown |

Interested in a career in WELDING?

Careers in Welding Technology now provide many job opportunities for skilled technicians. There is a great demand for qualified applicants in transportation equipment, industrial machinery, fabricated products and manufacturing industries. Specialization in construction, repair, industrial and commercial application are prevalent. Employers usually give preference to training program graduates.

- Complete one welding class to become a Welder SMAW helper/tacker.
- Complete three classes to become a Structural Welder SMAW.
- ▶ There is a one-time investment of approximately \$250 for personal equipment.
- ▶ Included in tuition is a \$200 lab fee.
- ▶ Financial assistance may be available through Workforce Solutions or Hazlewood Act benefits.

For more information, call 409-933-8586.

CUSTOMIZED CORPORATE TRAINING

COM's Continuing Education Department works with a variety of companies to design specific training to meet its needs. Whether employees need leadership or welding skills, expertise in email communication or training in workplace ESL, the Continuing Education Department can create a customized course. We also offer a wide variety of professional development courses designed for industry members to learn specific skills. In addition, workforce training courses prepare those who desire to enter an industry, and personal enrichment courses offer an opportunity to broaden students' horizons with new skills and discoveries.

PROCESS VALVES AND VALVE AUTOMATION – 8 HRS

This is an overview of process technology equipment including its purpose, components and operation and the process technician's role in operating and troubleshooting the equipment.

Cost: In district: \$875 Out of district: \$875
 SYN: 4000 PTAC-1015-500CL 09/15/16 TH
 08:00AM-04:30PM STU 203

College of the Mainland offers a flexible way to become adept in Lean Six Sigma Tools like DMAIC, Eight Wastes, Value Stream Mapping, Failure Mode Effects and Analysis (FMEA), and ROI Maximization as well as the processes of Lean Six Sigma.

These Green and Black Belt courses are taught through blended learning which includes self-paced online modules, student guides and instructor-led virtual sessions focused on execution, it's all designed so you can improve process efficiency!

In order to qualify for your Belt Certificate, you'll need to achieve the minimum score on each module and the final exam. Courses are intensive and only for those who want to be at the top of their game and drive real business value for their companies. Class sizes are limited to ensure optimum instructor / student interaction. Statistical software not included, each student will need to have a copy of (Minitab) for data analysis. Contact the Continuing Education office for class schedule. Online six sigma training that is taught through blended learning brought to you by the PEX Network powered by The Quality Group.

LEAN SIX SIGMA-GREEN BELT - 48 HRS

Students will learn quality-assurance/quality-control procedures used to confirm viability and confidence of sample results or procedures. It emphasizes documentation, blank and check sample (spike) preparation and control tables.

Methods and tools in Lean drive productivity improvement. Methods and tools in Six Sigma drive improvements in defects and variation (DMAIC). Cost of class does not include statistical software. You will need to have Minitab. Contact Continuing Education at 409-933-8586 for online access.

Cost: In district: \$2750 Out of district: \$2750
 SYN: 4001 EPCT-1051-500IN
 09/29/16-01/12/17 Internet

LEAN SIX SIGMA-BLACK BELT - 77 HRS

This course will cover planning and implementing quality programs in an organization and analyzing costs/benefits of quality. It also covers the impact of employee empowerment. Methods and tools in Lean drive productivity improvement. Methods and tools in Six Sigma drive improvements in defects and variation (DMAIC).

Cost of class does not include statistical software. You will need to have Minitab. Contact Continuing Education Department at 409-933-8586 for online access.

Cost: In district: \$4495 Out of district: \$4495
 SYN: 4002 BMGT-2031-501IN
 09/29/16-02/16/17 Internet

www.legalstudies.com/vender/college-of-the-mainland



ONLINE CAREER TRAINING – LEGAL COURSES



The Center for Legal Studies is a legal education company focused on providing students with the most affordable and effective legal education possible. Our goal is to provide our students with the flexibility necessary to achieve their academic goals while continuing with their everyday lives. New classes start every eight weeks.

| | |
|---|-------------------|
| Paralegal Certificate Course | \$1289 |
| Advanced Paralegal Certificate Course* | \$1800 / \$300ea. |
| 15 Specialty Team Courses | |
| Advanced Legal Research & Writing | \$729 |
| Legal Nurse Consultant Training | \$895 |
| Software Essentials for the Law Office | \$729 |
| Personal Injury for Paralegals | \$729 |
| Employment Law Certificate Course | \$729 |
| Intellectual Property Law for Engineers | \$845 |
| Legal Investigation | \$645 |
| Legal Secretary | \$645 |
| Victim Advocacy | \$645 |
| Alternative Dispute Resolution | \$645 |

All courses are designed to provide students with practical real-world skills they need to be job-ready. Courses are non-credit, continuing education. Above listed pricing reflects tuition only. Required books and materials are not included. All certificates of completion are issued by College of the Mainland. Call for more info:

1-800-522-7737



**THE CENTER FOR
LEGAL STUDIES**

PUBLIC SERVICE CAREERS

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

FIRE TECHNOLOGY

STATE FIREMEN'S AND FIRE MARSHAL'S ASSOCIATION FIREFIGHTER I:

The following two courses must be taken together in order to satisfy curriculum requirements for the State Firemen's and Fire Marshal's Association (SFFMA) Firefighter I curriculum. The tuition cost for both courses is included with Firefighter Certification I.

FIREFIGHTER CERTIFICATION I – 74 HRS

This course is one in a series of courses to satisfy curriculum requirements for the State Firemen's and Fire Marshal's Association (SFFMA) Firefighter I certification. This course must be taken in conjunction with Firefighter Certification II. Subjects include curriculum and competencies as set forth in the SFFMA Curriculum for Firefighter I.

Cost: In district: \$795 Out of district: \$800
SYN: 4046 FIRS-1001-201CL 09/19/16-10/26/16 MW
06:00PM-10:00PM/ PSC 120 G Obert/D McLerran
08:00AM-05:00PM S

FIREFIGHTER CERTIFICATION II – 74 HRS

This course is one in a series of courses to satisfy curriculum requirements for the State Firemen's and Fire Marshal's Association (SFFMA) for Firefighter I certification. The course must be taken in conjunction with Firefighter Certification I. Subjects include curriculum and competencies as set forth in the SFFMA Curriculum for Firefighter I.

SYN: 4047 FIRS-1007-202CL 10/30/16-12/07/16 MW
06:00PM-10:00PM/ PSC 120 G Obert/D McLerran
08:00AM-05:00PM S

FIRE OFFICER III – 48 HRS

This internet course satisfies curriculum requirements of the Texas Commission on Fire Protection (TCFP) for Fire Officer III Certification. Topics include human resource management, community and government relations, administration, inspection and investigation, emergency service delivery, health and safety and performance skills. Students may be required to attend labs to complete skills that the TCFP requires students to complete in person. Successful completion of the course will make students eligible for the TCFP's certification examination, provided students satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Suggested prerequisite: Fire Officer II Certification and or completion of FIRT-1443.

Cost: In district: \$225 Out of district: \$230
SYN: 4044 FIRT-2056-001IN 09/19/16-12/09/16
Internet D McLerran

HAZARDOUS MATERIALS TECHNICIAN – 80 HRS

The course satisfies curriculum requirements of the Texas Commission on Fire Protection for Hazardous Materials Technician for certification. Topics include hazardous materials laws, regulations and standards, incident analysis, response planning, implementation of the planned response, evaluating progress, terminating the incident and TCFP-required skills. Students must attend labs to complete skills in person. Successful completion of the course will make students eligible for the TCFP's certification examination, provided students satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Prerequisite: Awareness and Operations-Level Responders.

Cost: In district: \$697 Out of district: \$702
SYN: 4041 FIRS-2050-101CL 08/22/16-12/09/16
TBA S Kozlowski/D McLerran

FIRS 2000, TCFP Continuing Education, Skills Testing

This course is a customized training program for students who require continuing education hours for maintaining certification with the Texas Commission on Fire Protection. Training may be completed through classroom or online curriculum.

Additionally, this course may be utilized by students requiring a skills test in order to become eligible for a recertification exam for basic firefighter with the TCFP.

Contact Danny McLerran, Director of Fire Technology, at 409-933-8378 or dmclerran@com.edu for course design and enrollment information.



LAW ENFORCEMENT

ARREST, SEARCH AND SEIZURE – 16 HRS

Topics include probable cause, detention and arrest, exceptions to search warrant requirements, search warrant principles and preparation including documentation and components of a probable cause affidavit, suppression hearings and civil liabilities.

Cost: In district: \$40 Out of district: \$45
SYN: 4033 CJLE-2002-101CL 09/21/16-09/22/16 WTH
08:00AM-05:00PM PSC 116 R Williamson

TCOLE FIREARMS INSTRUCTOR – 40 HRS

This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21.

Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook. Contact Susan Meadows at 409-933-8285 for more information.

Cost: In district: \$450 Out of district: \$455
SYN: 4032 CJLE-2038-101CL 10/03/16-10/07/16 MTWTHF
08:00AM-05:00PM RANGE D Blackford

TCOLE INSTRUCTOR – 40 HRS

This course will introduce students to the adult learning process and the differences between adult and child learning, the role of the instructor, and the three domains of learning and their impact on the learning process. Other topics included are factors that affect learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations and the use of instructional media. Contact Susan Meadows at 409-933-8285 for more information.

Cost: In district: \$215 Out of district: \$220
SYN: 4031 CJLE-2049-101CL 09/26/16-09/30/16 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson

Need Your TCOLE Mandated Training?

Is your department looking for more training for your officers? Contact College of the Mainland Law Enforcement Training. COM can accommodate nearly any training request you may have, from Basic Peace Officer to Master Instructor.

Call us, and we will be happy to work with you.

For more information, call 409-933-8299.

LEGAL UPDATE – 4 HRS

TCOLE #3184: The goal of this curriculum is to provide law enforcement officers with an update on recent state statute changes and or additions made during the 84th Texas legislative session. The course also covers recent U.S. Supreme Court decisions over the past two years that may affect the function, policy, procedures and administration of law enforcement.

| | | |
|-------------------------|--------------------------|------------------------------|
| Cost: | In district: \$10 | Out of district: \$15 |
| SYN: 4034 LE-1005-101CL | 09/23/16 | F |
| 08:00AM-12:00PM | PSC 116 | R Williamson |
| SYN: 4035 LE-1005-102CL | 09/23/16 | F |
| 01:00PM-05:00PM | PSC 116 | R Williamson |

NEW TCOLE PATROL RIFLE – 16 HRS

This course is designed to build on the basic eight-hour rifle course and will test students' shooting abilities and decision-making skills. Students will become familiar with the types of situations that may require the use of a rifle and learn how to deploy it effectively. This course consists of classroom lecture and a live-fire course. Each student must be a licensed peace officer through TCOLE and must be covered by their respective department's insurance or worker's compensation plan. Sixteen hours of TCOLE credit will be given at the completion of this course. While attending any live-fire weapons training, students are encouraged to wear personal body armor.

For clear recognition of the firearms instructor, he/she will be wearing a red shirt; therefore, it is requested students not wear red shirts.

Cost: In district: \$125 Out of district: \$130
SYN: 2037 CJLE-2037-101CL 11/07/16-11/08/16 MT
08:00AM-05:00PM RANGE D Blackford

BASIC POLICE OFFICER



The Basic Peace Officer Academy (769 hours) provides graduates the necessary basic training to obtain a position as a police officer, constable, deputy sheriff or any other licensed peace officer position within the state of Texas.

The night academy is designed for students who are employed full-time. All courses must be taken together and successfully passed for the graduate to test for state licensure.

Spring Day Academy starts Jan. 9, 2017 – May 25, 2017.
Night Academy starts Jan. 30, 2017– Oct. 26, 2017.

For details, call Susan Meadows at 409-933-8285 or
Thom Karlok at 409-933-8299.

CIVILIAN FIREARMS



BASIC TACTICAL RIFLE – 12 HRS

This course will introduce students to the tactical rifle. Students will build a strong foundation while becoming safe and confident in their skill level. This is a great course for the shooter wanting to learn the fundamentals with a rifle and build skills for advanced shooting. Students will learn firearms safety, fundamentals of shooting, loading and unloading procedures, zeroing procedures, malfunction clearing, shooting positions, multiple target engagements, and moving and shooting. Students will need to provide their own rifle in 5.56 or .223, a sling and at least two magazines. Ammunition, range fees, targets and safety equipment are included in the tuition. All students must wear long pants and closed-toe shoes while on the range.

Cost: In district: \$200 Out of district: \$205
 SYN: 4016 CIVI-7009-201CL 10/10/16-10/12/16 MTW
 06:00PM-10:00PM RANGE D Blackford



CIVILIAN FIREARMS PRACTICE – 3 HRS

This is a structured handgun practice session. Instructors are present for assistance in enhanced skills and accuracy. The on-campus firing range is located adjacent to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, and range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. The minimum age is 18.

Cost: In district: \$32 Out of district: \$37
 SYN: 4017 CIVI-7001-201CL 09/01/16 TH
 06:30PM-09:30PM RANGE D Blackford
 SYN: 4019 CIVI-7001-202CL 09/15/16 TH
 06:30PM-09:30PM RANGE D Blackford
 SYN: 4020 CIVI-7001-203CL 10/06/16 TH
 06:30PM-09:30PM RANGE D Blackford
 SYN: 4021 CIVI-7001-204CL 10/20/01 TH
 06:30PM-09:30PM RANGE D Blackford
 SYN: 4022 CIVI-7001-205CL 11/03/16 TH
 06:30PM-09:30PM RANGE D Blackford



CONCEALED HANDGUN LICENSE/LTC – 5 HRS

This course is designed for persons desiring to qualify for a permit to carry a concealed handgun. Course topics are those required by the state of Texas. State law requires passing a written test and demonstrated proficiency with the handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students are required to wear long pants and closed-toe shoes while on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost: In district: \$97 Out of district: \$102
 SYN: 4006 CIVI-7003-101CL 09/03/16 S
 08:00AM-01:00PM RANGE D Blackford

| | | |
|---------------------------|----------|-------------|
| SYN: 4007 CIVI-7003-102CL | 10/01/16 | S |
| 08:00AM-01:00PM | RANGE | D Blackford |
| SYN: 4008 CIVI-7003-103CL | 11/05/16 | S |
| 08:00AM-01:00PM | RANGE | D Blackford |



FIRST STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS

This course is designed to provide beginner-level instruction relating to the use of a handgun. It is strongly recommended for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the variety of sizes and types of handguns, and provide valuable knowledge for the personal selection process. There will be a strong emphasis on safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: \$82 Out of district: \$87
 SYN: 4011 CIVI-7004-201CL 09/26/16-09/27/16 MT
 06:00PM-10:00PM RANGE D Blackford



FIRST STEP BASIC HANDGUN – 8 HRS

This course is designed to provide beginner-level instruction relating to the use of a handgun. It is strongly recommended for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. The instructor will explain the variety of handguns and provide valuable knowledge in how to select one. There will be a strong emphasis on safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: \$82 Out of district: \$87
 SYN: 4012 CIVI-7004-202CL 10/31/16-11/01/16 MT
 06:00PM-10:00PM RANGE D Blackford
 SYN: 4013 CIVI-7004-203CL 11/28/16-11/29/16 MT
 06:00PM-10:00PM RANGE D Blackford



INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS

This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a concealed handgun license (CHL) or a license to carry (LTC). Students must provide their own handguns and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: \$200 Out of district: \$205
 SYN: 4014 CIVI-7005-204CL 09/12/16-09/14/16 MTW
 06:00PM-10:00PM RANGE D Blackford



BASIC DEFENSE PISTOL SIMULATOR – 4 HRS

This course is designed for real-life training for handgun use in quick reaction self-defense scenarios. Training will include situational awareness, planned response and safety after a shooting incident. The minimum age is 21 and students must have a license to carry/concealed handgun license. Students will be provided with a training handgun and instruction. This is a simulator-based training on when to shoot. There are no live firearms, and training is in the classroom on a state-of-the-art shooting simulator.

| | | |
|----------------------------|--------------------------|------------------------------|
| Cost: | In district: \$70 | Out of district: \$75 |
| SYN: 4377 CIVIX-7010-201CL | 09/06/16 | T |
| 06:00PM-10:00PM | RANGE | D Blackford |
| SYN: 4378 CIVIX-7010-202CL | 10/03/16 | M |
| 06:00PM-10:00PM | RANGE | D Blackford |
| SYN: 4379 CIVIX-7010-203CL | 12/05/16 | M |
| 06:00PM-10:00PM | RANGE | D Blackford |

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER

COM's commissioned security officer class, which can be completed in about a week, prepares the student for a successful career as a commissioned security officer. Commissioned security officers guard, patrol or monitor premises to prevent theft, violence or infractions of rules. They may operate X-ray and metal detector equipment and work in a wide variety of places, including public buildings, retail stores, industrial facilities and office buildings. The median hourly wage in Texas is \$24,680 per year/\$11.87 per hour. (Source: Bureau of Labor Statistics)

| Course # | Title | Hrs |
|------------------|---|-----------|
| SLPS 1013 | Commissioned Security Officer | 32 |
| | This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment responsibility. | |

TOTAL HOURS 32

COMMISSIONED SECURITY OFFICER – 32 HRS

Contact Dan Blackford at 409-933-8485 for more information.

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$260 | Out of district: \$265 |
| SYN: 4003 SLPS-1013-101CL | 09/06/16-09/09/16 | TWTHF |
| 08:00AM-05:00PM | PSC 116 | D Blackford |
| SYN: 4004 SLPS-1013-201CL | 11/07/16-11/17/16 | MTWTH |
| 06:00PM-10:00PM | PSC 116 | D Blackford |

SECURITY CLASSROOM INSTRUCTOR – 40 HRS

This course is designed to comply with mandated Texas Commission on Private Security training standards for issuance of a classroom instructor license. Course curriculum is taken directly from the TCOLE Basic Instructor Course. Topics covered include the adult learning process, factors affecting adult learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques for developing tests and evaluations and the use of instructional media.

Contact Dan Blackford for more information 409-933-8485.

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$215 | Out of district: \$220 |
| SYN: 4030 SLPS-2059-101CL | 09/26/16-09/30/16 | MTWTHF |
| 08:00AM-05:00PM | PSC 116 | R Williamson |

SECURITY FIREARMS REQUALIFICATION – 7 HRS

This course provides training for every-two-year firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission.

Contact Dan Blackford at 409-933-8485 for more information.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$65 | Out of district: \$70 |
| SYN: 4005 SLPS-2000-101CL | 09/02/16 | F |
| 08:00AM-03:00PM | RANGE | D Blackford |
| SYN: 4027 SLPS-2000-102CL | 10/07/16 | F |
| 08:00AM-03:00PM | RANGE | D Blackford |
| SYN: 4028 SLPS-2000-103CL | 11/04/16 | F |
| 08:00AM-03:00PM | RANGE | D Blackford |

COMMISSIONED SECURITY OFFICER

The Level III (Level 3), training class is what you take if you are looking to carry a firearm as a Commissioned, or Armed Security Guard in Texas. This course, as required by the State of Texas and the Private Security Bureau, will include a classroom session and a firearms range qualification. You will also receive your Level II certification.

Our Level 3 class is taught by an instructor that is currently active working security. What does this mean for you? It means that you'll have an instructor, with on-hand knowledge and actual work experience teaching you. Our instructor will not just read from a book for the entire class. Our classes are interesting, engaging and interactive!

- General Course Description
- Law Pertinent to the Security Officer
- Field Notes and Report Writing
- Crime Scenes
- Awareness Skills
- Use of Force
- Conflict Resolution
- Defensive Tactics
- Handcuffing
- Firearms

PROFESSIONAL DEVELOPMENT

CHILD DEVELOPMENT

PROFESSIONALISM IN CHILD CARE – 7 HRS

Professionals turn everyday experiences into opportunities to engage in lifelong learning. Explore how your interactions with others can help you become all you can be as a child care professional. This class meets the Core Competency Area for Professionalism and Ethics.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3867 CDEC-1032-102CL | 09/10/16 | S |
| 08:30AM-04:30PM | TVB 1647 | U Flores |

WHY WON'T THESE KIDS LISTEN? – 7 HRS

The class will discuss challenging behavior as it applies to current early childhood brain development research. Students will also learn techniques and strategies for addressing the most challenging classroom behaviors. This class meets the Core Competency Area for Responsive Interactions and Guidance.

| | | |
|--------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN 3868 CDEC-1032-115CL | 09/17/16 | S |
| 08:30AM-04:30PM | TVB 1647 | T Davis |

FAMILY INVOLVEMENT – 7 HRS

Students will explore how community relationships can provide learning experiences that have a lasting impact on children, improve staff morale and increase enrollment. This class goes above and beyond how local charity organizations help families in need. This class meets the Core Competency Area for Family and Community Relationships.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3869 CDEC-1032-109CL | 10/01/16 | S |
| 08:30AM-04:30PM | TVB 1647 | T McGinty-Grimes |

CHILD GROWTH DEVELOPMENT AND ACTIVITIES – 7 HRS

Learn typical developmental characteristics of children from birth to six years of age. Explore techniques of positive guidance and learn how to implement developmentally appropriate activities in daily routines and schedules. This class meets the Core Competency Area for Supporting Skill Development and Child Growth and Development.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3870 CDEC-1032-100CL | 10/08/16 | S |
| 08:30AM-04:30PM | TVB 1647 | E Plasek |

TEACHING DIVERSITY IN THE EARLY CHILDHOOD SETTING – 7 HRS

Students will explore ways to celebrate diversity through experiences, social interactions and cognitive ability. This class will help integrate diversity into the early childhood setting. This class meets the Core Competency Area for Diversity Dual Language Learners.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3871 CDEC-1032-114CL | 10/15/16 | S |
| 08:30AM-04:30PM | TVB 1647 | U Flores |

MINIMUM STANDARDS REVIEW – 7 HRS

Students will review minimum standards and learn practical procedures to ensure they are incorporated and carried out daily. Students will leave with classroom and center-wide management tools to assist with compliance. This class is suitable for both teachers and directors. This class meets the Core Competency Area for Administration.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3872 CDEC-1032-108CL | 10/22/16 | S |
| 08:30AM-04:30PM | TVB 1310 | T Davis |

NATURE IN THE CLASSROOM – 7 HRS

Spending time with nature not only benefits children's appreciation of wildlife but also helps with attention and social skills. Explore ways to bring nature into your classroom with centers, games and learning activities. This class meets the Core Competency Area for Learning Environments, Planning Framework, Curriculum and Standards.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3873 CDEC-1032-110CL | 10/22/16 | S |
| 08:30AM-04:30PM | TVB 1647 | A Raumaker |

CHILD ABUSE AND NEGLECT – 7HRS

Preventing child abuse is everyone's responsibility. This training helps students understand the typical profile of child abusers as well as the various forms and aspects of neglect and abuse, including SIDS and shaken baby syndrome. This class meets the Core Competency Area for Health Safety and Nutrition.

| | | |
|---------------------------|--------------------------|------------------------------|
| Cost: | In district: \$25 | Out of district: \$30 |
| SYN: 3874 CDEC-1032-106CL | 11/05/16 | S |
| 08:30AM-04:30PM | TVB 1647 | E Plasek |



ASSESSMENT, USE IT OR LOSE IT – 7 HRS

Students will explore techniques and strategies for observing and assessing children. Students will use assessment to enhance learning environments. This class meets the Core Competency Area for Observation and Assessment.

Cost: In district: \$25 Out of district: \$30
SYN: 3875 CDEC-1096-104CL 11/12/16 S
08:30AM-04:30PM TVB 1647 T McGinty-Grimes

SOCIAL SKILLS THROUGH STORIES – 7 HRS

Children's books are a way to teach children about their emotions, how to solve problems and values. Learn how to use books at story time and beyond to guide children's behaviors and interactions with others. This class meets the Core Competency Area for Responsive Interactions and Guidance.

Cost: In district: \$25 Out of district: \$30
SYN: 3876 CDEC-1032-125CL 11/12/16 S
08:30AM-04:30PM TVB 1310 A Raumaker

COSMETOLOGY

THE CONSULTATION – 4 HRS

This course, taught by an experienced professional, covers how to consult with a client to ensure they are happy with the results. It will include the one hour-sanitation review and will satisfy the requirements for renewing a Texas cosmetology operator license. Students must hold a current Texas cosmetology operator license.

Cost: In district: \$30 Out of district: \$35
SYN: 4443 CSMEEX-1094-101CL 10/03/16 M
09:00AM-01:00PM COS 114 C Spoor

PERSONAL GREATNESS – GOAL SETTING AND ATTITUDE COURSE – 4 HRS

This discussion-filled course focuses on how effectively goal setting and maintaining a positive attitude can help your business. This course will satisfy the requirements for renewal of a cosmetology operator license and includes the one-hour sanitation review. Students must hold a current Texas cosmetology operator license.

Cost: In district: \$30 Out of district: \$35
SYN: 4444 CSMEEX-1093-101CL 11/07/16 M
09:00AM-01:00PM COS 114 C Spoor

BUILDING SALON SALES AND PRODUCTIVITY – 4 HRS

This discussion-based course focuses on building your business. It will include the one-hour sanitation review and will satisfy the requirements for renewing a Texas cosmetology operator license. Students must hold a current Texas cosmetology operator license.

Cost: In district: \$30 Out of district: \$35
SYN: 4445 CSMEEX-1095-101CL 12/05/16 M
09:00AM-01:00PM COS 114 C Spoor

Time to renew your cosmetology license?

COM Cosmetology is now offering continuing education. Take a discussion-based course and network with other stylists while completing the TDLR requirement.

- **Oct. 5** – The Consultation with Sanitation, 9 a.m. – 1 p.m.
- **Nov. 3** – Personal Greatness – Goal Setting and Attitude, 9 a.m. – 1 p.m.
- **Dec. 7** – Building Salon Sales and Productivity, 9 a.m. – 1 p.m.

For more information, call 409-933-8480.

CE Registration Date

Registration begins Aug. 1, 2016,
for Fall 2016 Continuing Education
and
50 Plus Program classes.

A Word about Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.



LIKE US ON FACEBOOK

www.facebook.com/comcontinuinged

GULF COAST SAFETY INSTITUTE

OSHA 10-HOUR – GENERAL INDUSTRY (ENGLISH) – 12 HRS

This course meets the OSHA 10-hour outreach requirement. Students who successfully pass the course will receive a completion certificate on-site and an OSHA 10-hour card. This training is intended to provide entry-level general industry workers information about their rights and employer responsibilities and how to identify, prevent and abate job-related hazards. Training topics include an introduction to OSHA, personal protective equipment, walking and working surfaces, fall protection, emergency action plans, fire prevention plans, exit routes, electrical safety, hazard communication, machine guarding and materials handling.

Cost: FREE

| | | |
|---------------------------|-------------------|-----------|
| SYN: 3855 OSHT-1091-110CL | 09/21/16-09/22/16 | W |
| 08:00AM-05:00PM | GCSI 112 | E Parsons |
| 08:00AM-12:00PM | | TH |
| SYN: 3857 OSHT-1091-111CL | 11/08/16-11/10/16 | TWTH |
| 6:00PM-10:00PM | GCSI 112 | E Parsons |
| SYN: 3859 OSHT-1091-112CL | 12/13/16-12/14/16 | W |
| 08:00AM-05:00PM | GCSI 112 | E Parsons |
| 08:00AM-12:00PM | | TH |

OSHA 30-HOUR – GENERAL INDUSTRY (ENGLISH) – 32 HRS

This course meets the OSHA 30-hour outreach requirement. Students who successfully pass the course will receive a completion certificate on-site and an OSHA 30-hour card. This training is targeted to general industry workers with some safety responsibility. The course will emphasize hazard identification, avoidance, control and prevention. Topics will include an introduction to OSHA, employer and employee rights and responsibilities, managing safety and health, walking and working surfaces, fall protection, exit routes, emergency action plans, fire prevention plans, electrical safety, personal protective equipment, materials handling, hazard communication, flammable and chemical hazards, machine guarding, introduction to industrial hygiene, permit-required confined spaces, control of hazardous energy sources (lockout/tagout), respiratory protection and bloodborne pathogens. A copy of 29 CFR 1910 is included in the registration fee.

Cost: In district: \$295 Out of district: \$300

| | | |
|---------------------------|-------------------|-----------|
| SYN: 3856 OSHT-1091-130CL | 10/18/16-10/21/16 | TWTHF |
| 08:00AM-05:00PM | GCSI 112 | E Parsons |

OSHA 30-HOUR – CONSTRUCTION (ENGLISH) – 32 HRS

This course meets the OSHA 30-hour outreach requirement. Students who successfully pass the course will receive a completion certificate on-site and an OSHA 30-hour card. This training is targeted to construction industry workers with some safety responsibility. The course will emphasize hazard identification, avoidance, control and prevention.

Topics will include an introduction to OSHA; managing safety and health; OSHA construction focus four, (electrocution, falls, caught in or between, struck by); personal protective and lifesaving equipment; excavations; cranes; derricks; hoists and elevators; material handling; health hazards in construction; scaffolds and ladders; hand and power tools; concrete and masonry construction; confined space entry; fire prevention and protection; ergonomics; powered industrial vehicles; motor vehicles, mechanized equipment and rollover protection; steel erection; welding and cutting; and powered industrial vehicles. A pocket guide to the 29 CFR 1926 OSHA construction regulations and other class materials will be provided.

Cost: In district: \$295 Out of district: \$300

| | | |
|---------------------------|-------------------|-----------|
| SYN: 3858 OSHT-1091-131CL | 11/15/16-11/18/16 | TWTHF |
| 08:00AM-05:00PM | GCSI 112 | J. Cooper |



OSHA 10 and 30-Hour Safety Courses

Avoid injuries and increase employee safety! Improve your employees' ability to recognize hazards in their workplace and know how to address them as OSHA requires.

The Gulf Coast Safety Institute offers courses for both general industry and construction workers that meet the National OSHA Outreach Training criteria. OSHA Authorized Outreach Instructors teach all courses, and students receive Department of Labor wallet cards.

Construction 10 Hour: NO COST – Courses alternate in English and Spanish each month at the GCSI with instructors from the Texas Department of Insurance Safety Training Division. Register: safetytraining@tdi.texas.gov or 512-804-4610.

General Industry 10 Hour: NO COST – Taught at the GCSI by authorized outreach instructors. Register: www.com.edu/gcsi.

Construction and General Industry 30 Hour: Available by contract at your location. Call 409-933-8162.



CENTER FOR RISK MANAGEMENT

HOW TO CREATE AND MANAGE AN EFFECTIVE BACK-TO-WORK PROGRAM – 8 HRS

Return-to-work programs have traditionally been used to reduce workers compensation costs. However, they offer additional benefits such as an improvement in productivity, a boost in employee morale and the prevention of costly turnover within an organization. This course will focus on building return-to-work and transitional duty programs.

Cost: FREE

SYN: 3860 OSHT-1071-116CL 09/02/16 F
08:00AM-05:00PM GCSI 112 Dr Sandesara

ARE YOU A TEAM PLAYER OR A PLAYER? – 8 HRS

Teamwork is critical to the success of all organizations. But what does it take to be an effective team player?

This course will identify the characteristics every safety professional must model to be an essential team player. By adopting these characteristics, you will have greater influence within your organization, ultimately creating a sustainable safety culture. When you become aware of these qualities and learn to use them in your daily interactions with employees, you will add value to the organization and achieve your goals and objectives. Attendees will learn the importance of teamwork, the benefits of being a team player and how being a team player will increase personal influence with others.

Cost: FREE

SYN: 3861 OSHT-1071-117CL 09/16/16 F
08:00AM-05:00PM GCSI 112 D Baker

FLEET SAFETY AND RISK MITIGATION – 8 HRS

Motor vehicle incidents continue to be the leading cause of worker fatalities. One reason may be because of the continued perception that motor vehicle incidents are "accidents" that cannot be controlled. In this course, students will learn a framework to mitigate and manage risk to their fleet operations and to the public as well as learn real-world strategies to keep employees, the public and their fleet safe.

Cost: FREE

SYN: 3862 OSHT-1071-118CL 09/30/16 F
08:00AM-05:00PM GCSI 112 L McGaha

INTRODUCTION TO PROCESS SAFETY MANAGEMENT – 8 HRS

This course will review the history of process safety management (PSM), the importance of PSM and regulatory implications in the United States. Each of the 14 elements of PSM will be discussed and examples of compliance provided. Students will be encouraged to share their own experiences and ask questions to foster a more active discussion. The objective of this course is to provide students with a working knowledge of the PSM framework and some tools to help overcome challenges associated with managing a PSM program. Students will be introduced to resources from OSHA, AICHE, CCPS and other industry leaders. The course will briefly touch on the EPA's Risk Management Plan requirements.

Cost: FREE

SYN: 3863 OSHT-1071-119CL 10/14/16 F
08:00AM-05:00PM GCSI 112 B Wehnes

WALKING/WORKING SURFACES – 8 HRS

Slips, trips and falls constitute the majority of general industry accidents. They cause 15 percent of all accidental deaths and are second only to motor vehicles as a cause of fatalities. The OSHA standards for walking and working surfaces apply to all permanent places of employment, except where only domestic, mining or agricultural work is performed. Upon completion of this course, students will be able to discuss requirements to consider in order to avoid walking/working surface hazards and follow recommended practices for using ladders and scaffolds.

Cost: FREE

SYN: 3864 OSHT-1071-120CL 10/28/16 F
08:00AM-05:00PM GCSI 112 G Njoku

ACCIDENT INVESTIGATION – 8 HRS

The purpose of this course is to learn about different ways to investigate accidents. Students will use a variety of techniques to analyze accidents and help prevent future accidents. After completing this course, each student will be able to understand the theory of accidents including the domino theory and multiple causation, use interview techniques to collect data, determine causal factors and recommendations, perform an events/causal factors analysis and make a cause and effect chart.

Cost: FREE

SYN: 3865 OSHT-1071-121CL 11/11/16 F
08:00AM-05:00PM GCSI 112 J Oakley

RISK MANAGEMENT FOR SAFETY – 8 HRS

Risk management is a key component of a successful safety management system, required to assess the risks associated with identified hazards and to develop and implement effective mitigation. In this course students will learn how to improve operational safety by correctly identifying hazards, review risk management processes, develop and utilize risk management techniques, eliminate or minimize risk, and discuss how behavior influences risk vs. rewards.

Cost: FREE

SYN: 3866 OSHT-1071-122CL 12/02/16 F
08:00AM-05:00PM GCSI 112 B Thompson

Center for Risk Management

The Center for Risk Management provides safety and health training courses at no charge through a generous grant from the Texas Mutual Insurance Company.

All courses are taught at the Gulf Coast Safety Institute, unless otherwise listed.

Visit www.com.edu/rmi for the current list of class offerings.

For more information, call 409-933-8365.

**DANGER
HARD HATS
AND
SAFETY BOOTS
MUST BE WORN
ON THIS SITE**

SMALL BUSINESS SAFETY AND HEALTH CENTER

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL 1 – 24 HRS

Do you know what OSHA regulations apply to your business or what OSHA requirements may impact your organization? Once you complete this course, you will have the fundamental knowledge required to develop, implement and manage the safety processes related to your organization. You will also prepare a few of the minimum documents that your organization needs for OSHA compliance. All students enrolling in their first Internet course at College of the Mainland must complete the New Student Orientation and Online Learner Workshop prior to beginning this course. Students should contact the instructor via email to schedule their orientation at smallbusiness_safety@com.edu.

Cost: FREE

| | | |
|---------------------------|-------------------|----------|
| SYN: 3820 OSHT-1091-209IN | 09/01/16-11/30/16 | |
| | Internet | G Sharpe |
| SYN: 3825 OSHT-1091-212IN | 12/01/16-03/10/17 | |
| | Internet | G Sharpe |

OSHA AND THE TEMPORARY WORKER – 2 HRS

This short course will help small businesses meet their OSHA compliance responsibilities when hiring temporary workers using resources from OSHA's Temporary Worker Initiative. Students will learn which workers OSHA considers temporary workers and how to work with labor or temporary services to divide all required tasks between the appropriate parties.

Cost: FREE

| | | |
|---------------------------|----------|----------|
| SYN: 3839 OSHT-1091-191CL | 09/13/16 | T |
| 11:00AM-01:00PM | GCSI 112 | G Sharpe |
| SYN: 3842 OSHT-1091-194CL | 12/06/16 | T |
| 06:00PM-08:00PM | GCSI 112 | G Sharpe |

UNDERSTANDING OSHA'S SAFETY AND HEALTH PROGRAM MANAGEMENT GUIDELINES – 2 HRS

This short course will examine the latest updates to OSHA's guideline. The guidelines provide employers and workers with a framework for addressing safety and health issues in the workplace. This important discussion will address a proactive approach to finding and fixing hazards before they cause injury, illness or death; improved safety and health in all types of workplaces; help for small and medium-sized businesses to effectively protect their workers; involving workers so everyone has a voice in workplace safety and health; and better communication and coordination on multi-employer worksites.

Cost: FREE

| | | |
|---------------------------|----------|----------|
| SYN: 3840 OSHT-1091-192CL | 10/11/16 | T |
| 06:00PM-08:00PM | GCSI 112 | G Sharpe |
| SYN: 3841 OSHT-1091-193CL | 11/22/16 | T |
| 11:00AM-01:00PM | GCSI 112 | G Sharpe |

Small Business Safety and Health Center



The Small Business Safety and Health Center at the Gulf Coast Safety Institute is here to serve as a resource to keep those involved with small business updated on the trends and changes in occupational safety and health.

Join us for our monthly Lunch & Learn or Dine & Discuss sessions. These provide you with a venue where you can network and share with your peers while learning the latest updates in safety and health.

Don't forget to checkout our courses! They are designed with your safety program in mind!

For more information, call 409-933-8162 or email smallbusiness_safety@com.edu.

**REGISTRATION FOR FALL 2016
BEGINS AUG. 1, 2016.**

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a \$35 distance education fee per course.

Students in hybrid (HY) courses will be charged a \$25 distance education fee per course.

MEMBERSHIPS AND RECREATION

OBTAINING MEMBERSHIPS

- Community fitness memberships can be obtained for a semester (Fall, Spring or Summer) or a month.
- Community memberships may be purchased at the Continuing Education Office in the Technical-Vocational Building, Room TVB-1475 or by calling 409-933-8586 during normal business hours.
- Please bring a paid receipt to the gym front lobby to get a gym card or to update an existing gym card.
- Community refunds are not available after the membership period has started. Please refer to the refund policy on page 3.
- Lost or replacement IDs cost \$5.
- Anyone under 16 must be accompanied by an adult at all times.
- You must be 16 and older to enter all cardio and strength rooms.

ADULT FITNESS MEMBERSHIPS

| Cost: | In district: \$40 | Out of district: \$45 |
|-------------------|-------------------------------------|-----------------------|
| SYN: 4431 | FIT-1111-ADSM (Semester Membership) | |
| 09/01/16-12/16/16 | MTWTH | 06:00AM-10:00PM |
| | F | 06:00AM-07:00PM |
| | SSU | 09:00AM-03:00PM |

YOUTH FITNESS MEMBERSHIPS (AGES 5-17)

| Cost: | In district: \$30 | Out of district: \$35 |
|-------------------|--------------------------------------|-----------------------|
| SYN: 4432 | FIT-2222-YOUSH (Semester Membership) | |
| 09/01/16-12/16/16 | MTWTH | 06:00AM-10:00PM |
| | F | 06:00AM-07:00PM |
| | SSU | 09:00AM-03:00PM |

50 PLUS FITNESS MEMBERSHIPS

| Cost: | In district: \$30 | Out of district: \$35 |
|-------------------|-------------------------------------|-----------------------|
| SYN: 4433 | FIT-3333-SRSM (Semester Membership) | |
| 09/01/16-12/16/16 | MTWTH | 06:00AM-10:00PM |
| | F | 06:00AM-07:00PM |
| | SSU | 09:00AM-03:00PM |

MONTHLY PASS

This pass provides access to the gym for one month, beginning on the first day of the month and ending on the last day of the month. Monthly passes must be purchased in the Continuing Education Office during normal business hours.

| | | | |
|-------------------|--------------------------|------------------------------|-------------------|
| Cost: | In district: \$25 | Out of district: \$30 | |
| Gym Hours: | Monday – Thursday | 6 a.m. – 10 p.m. | |
| | Friday | 6 a.m. – 7 p.m. | |
| | Saturday – Sunday | 9 a.m. – 3 p.m. | |
| MONTH | SYN | COURSE SECTION | DATE |
| September | 3989 | WELL-1003-101CL | 09/01/16-09/30/16 |
| October | 3990 | WELL-1003-102CL | 10/01/16-10/31/16 |
| November | 3991 | WELL-1003-103CL | 11/01/16-11/30/16 |
| December | 3992 | WELL-1004- 104CL | 12/01/16-12/16/16 |

VOLLEYBALL LEAGUES

The COM Student Life Department will host adult volleyball leagues open to students and community. The two leagues consist of 4V4 coed reverse play on Tuesday and 6V6 coed on Thursday. A one-night tournament to determine the champion will be at the end of each season. Price is per each team registering. Teams that register from Aug. 29 - Sept. 9 will be allowed to have open practice nights on Tuesday and Thursday 7-9 p.m. until the leagues begin. Leagues will begin Sept. 13 and Sept. 15. No games during Thanksgiving holiday Nov. 22-24.

VOLLEYBALL – A LEAGUE – 24 HRS

| Cost: | In district: \$225 | Out of district: \$230 |
|---------------------------|--------------------|------------------------|
| SYN: 3982 WELL-5088-204CL | 09/15/16-12/08/16 | TH |
| 06:00PM-08:00PM | GYM 122 | |

VOLLEYBALL – B LEAGUE – 24 HRS

| Cost: | In district: \$225 | Out of district: \$230 |
|---------------------------|--------------------|------------------------|
| SYN: 3983 WELL-5088-205CL | 09/15/16-12/08/16 | TH |
| 08:00PM-10:00PM | GYM 122 | |

VOLLEYBALL – CO-ED 4'S LEAGUE – 24 HRS

| Cost: | In district: \$150 | Out of district: \$155 |
|---------------------------|--------------------|------------------------|
| SYN: 3984 WELL-5088-206CL | 09/13/16-12/06/16 | T |
| 07:00PM-09:00PM | GYM 122 | |

LOCKER RENTAL:

Please check on large locker availability at the front desk, \$20 per year. Small lockers are free.

Daily Pass: Effective Sept. 1, 2015

\$15 (Credit or Debit – MasterCard, Visa and Discover)

No cash is accepted in the gym.

WORKOUT FACILITIES:

- Cardio and weight rooms (P-119, P-120, P-132, and P-149)
- Cybex weight equipment
- Hammer Strength equipment
- Precor Cardio equipment

OTHER AMENITIES:

- Gym floor (courts) basketball, volleyball, indoor soccer and badminton
- Racquetball court
- Dry sauna
- Keiser Spin room
- Rip 60 suspension
- Jogging track and trail
- Locker rooms and locker rental
- Other indoor sporting activities equipment

LIFELONG LEARNING FITNESS CLASSES

EXERCISE: COUNTRY WESTERN DANCE STYLES – 12 HRS

Students will be introduced to different styles of country western (partner) dance styles, which include the two-step, polka, waltz, nightclub 2, East Coast swing and West Coast swing. Students will learn lead/follow skills and patterned foot movements. The class prepares students to practice what they learn at the many local venues. Participants need footwear or dance socks that allow them to slide or swivel easily. The class meets once a week.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4397 SENR-7083-201CL 09/12/16-11/28/16 M
05:30PM-06:30PM LLGP 108 P Trevasani

EXERCISE: DANCE FOR HEALTH – 24 HRS

This class will blend dance, music and exercise to benefit overall health and physical fitness. No partner necessary. Participants need footwear or dance socks that allow them to slide or swivel easily. Students may join this class at any time during the semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4086 SENR-7001-101CL 09/12/16-11/30/16 MW
11:00AM-12:00PM LLGP 108 P Trevasani

EXERCISE: LATIN SOCIAL DANCING – 12 HRS

This course covers the cha-cha, salsa and bachata. Students will learn steps, how to lead and follow, plus how to dance socially. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. This is a cardio and higher-skill level course. It meets once a week. **The class will not meet Nov. 23.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4087 SENR-7052-201CL 09/14/16-12/07/16 W
07:45AM-08:45AM LLGP 108 S Busby

EXERCISE: LINE DANCING – 25 HRS

Line dancing involves forming patterned foot movements and moving in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4088 SENR-7006-201CL 09/13/16-12/08/16 TTH
05:30PM-06:30PM LLGP 108 P Horton
SYN: 4089 SENR-7006-202CL 09/13/16-12/08/16 TTH
6:45PM-07:45PM LLGP 108 P Horton
SYN: 4090 SENR-7006-203CL 09/13/16-12/08/16 TTH
08:00PM-09:00PM LLGP 108 P Horton

EXERCISE: PILATES – 25 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4091 SENR-7075-101CL 09/13/16-12/08/16 TTH
04:15PM-05:15PM LLGP 107 S Deshotel

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 25 HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase their endurance. This class includes chair and floor exercises set to music. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4093 SENR-7002-101CL 09/13/16-12/08/16 TTH
09:30AM-10:30AM LLGP 108 R Kennedy

EXERCISE: SPINNING – 25 HRS

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Students learn cycling techniques and tips. Individuals may join this class at any time during the semester. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 4094 EXER-7053-101CL 09/13/16-12/08/16 TTH
07:15AM-08:15AM GYM A Johnson



EXERCISE: SWING DANCE – 12 HRS

This course will cover the jitterbug, triple swing (East Coast swing) and West Coast swing. Students will learn steps, leading and following, and how to put steps together to dance socially. Students will need to wear footwear that slides and swivels easily and does not stick to the floor. This is a higher skill-level and cardio course.

It meets once a week. **The class will not meet Nov. 23.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4095 SENR-7051-201CL 09/14/16-12/07/16 W
06:30PM-07:30PM LLGP 108 S Busby

EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS

Country western (partner) dance style that is easy and fun to learn. Students will learn leading/following skills, patterned foot movements including turns, pivots, wraps, promenades and spins. The class readies students to practice what they learn at the many local dance venues. Students will need to wear footwear that slides and swivels easily and does not stick to the floor. The class meets once a week.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4398 SENR-7082-201CL 09/12/16-11/28/16 M
06:45PM-07:45PM LLGP 108 P Trevasani

EXERCISE: TOTAL BODY FITNESS – 24 HRS

Students will learn to properly and safely stretch, warm up, and perform abdominal, upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for students who never exercise as well as those who frequent the gym. Students should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4103 SENR-7070-101CL 09/12/16-11/30/16 MW
09:45AM-10:45AM LLGP 107 A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 24 HRS

Students will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Students do not have to be strong in order to do weight training exercises; students will get stronger by performing weight-training exercises. Students will need a clipboard, pencil, water bottle and hand towel and should wear comfortable, loose-fitting clothes and tennis shoes.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4105 SENR-7076-101CL 09/12/16-11/30/16 MW
07:15AM-08:15AM GYM A Johnson Galdamez

EXERCISE: YOGA

Students will learn the art of slow-measured movements to develop muscles along with agility and flexibility, which will help reduce the

effects of the aging process. Through the art of breathing, relaxation and self-awareness, students will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Students should bring a towel or blanket for comfort in lying down. Due to limited space, students will be limited to one yoga class per semester. You must attend the section for which you are registered. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4118 SENR-7071-104CL 09/13/16-12/08/16 TTH
08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: YOGA AND PILATES (MIXED) – 25 HRS

Students will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for Students who never exercise as well as those who frequent the gym. Students should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes. **The class will not meet Nov. 23.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4538 SENR-7080-102CL 09/12/16-11/30/16 MW
08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: ZUMBA – 25 HRS

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will tone and sculpt your body while burning unwanted fat. Students may join this class at any time during the semester. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4400 SENR-7077-101CL 09/13/16-12/08/16 TTH
09:45AM-10:45AM LLGP 107 A Johnson Galdamez

Annual FLU Clinic

Wednesday, September 14
10 a.m. - 2 p.m.

14057 Gulfway Plaza
La Marque, TX 77568

Bring your insurance card and ID.

(Most insurances accepted.)

**REGISTRATION FOR FALL 2016
BEGINS AUG. 1, 2016.**



Travel Presentation Dates!

- Wednesday, Jan. 20, 2016 at 3:30pm
- Wednesday, Mar. 30, 2016 at 3:30pm
- Wednesday, June 15, 2016 at 3:30pm

RSVP: 409.933.8912



Highlights

- New York City Tour
- Rockefeller Center
- One World Observatory
- St. Patrick's Cathedral
- Statue of Liberty & Ellis Island
- 9/11 Memorial Museum
- 9/11 Memorial
- Broadway Show
- Central Park
- 4 Nights in Manhattan
- Rockettes Holiday Show
- Christmas Store Visit
- Holiday Lights Tour

Inclusions

- Roundtrip Airfare - IAH
- 6 Meals (4-B, 2-D)
- Admissions per Itinerary
- Professional Tour Director
- Comprehensive Sightseeing
- Baggage Handling
- Hotel Transfers
- Deluxe Motorcoach
- Cancellation Waiver & Post Departure Plan

Tour Rates

Booking Discount*: \$3199 pp dbl
Regular Rate: \$3299 pp dbl
Single Supplement: +\$1100

*See Reservation Info for Booking Discount details



College of the Mainland Life Long Learning Program CE presents

New York City Holiday

featuring 4 Nights in Manhattan, a Broadway Show & the Rockettes

5 Days December 2 - 6, 2016

Day 1: Arrive New York City

Today depart on your flight to the New York City area. Upon arrival meet your Tour Director and transfer to your hotel in Manhattan to begin a four-night stay. New York City knows how to do the holidays like no other city in the world. Even before the first snowflakes fall, the city transforms into a magical holiday wonderland filled with lights and decorations, skaters doing figure-eights in Central Park and the Rockettes kicking up their heels at Radio City. Tonight enjoy a **Welcome Dinner** with your fellow travelers.

Meal - (D) Overnight: New York City

Day 2: New York City Sightseeing

Today enjoy a **New York City Tour** featuring many of Manhattan's most famous attractions and areas. See **Greenwich Village, Chinatown, Times Square, Little Italy, Central Park** and famous landmarks like the **Chrysler & Empire State Buildings** and **St. Patrick's Cathedral**. Make a stop at **Rockefeller Center**, a famous venue for dining, shopping & entertainment. Also make a **Christmas Store Visit** to see one of Manhattan's popular stores all decked out for the season. This evening enjoy the **Radio City Music Hall Rockettes Holiday Show**. Since the first version in 1933, the show has become a New York City holiday season tradition featuring over 140 performers, lavish sets and costumes. After the show enjoy a brief **Holiday Lights Tour** featuring Rockefeller Plaza and one the country's most famous Christmas Trees.

Meal - (B) Overnight: New York City

Day 3: Statue of Liberty - One World - 9/11 Museum

This morning board a ferry to visit the **Statue of Liberty** and **Ellis Island**. The Statue of Liberty has become a global symbol of freedom. Ellis Island was the first stop in the American journey for millions of immigrants from

around the world. Later visit the new **One World Observatory**, positioned on top of the tallest building in the Western Hemisphere, on levels 100, 101, and 102 of the 1,776 foot tall One World Trade Center building, One World Observatory provides unique, panoramic views of New York City, its most iconic sites, and surrounding waters. Then see the **9/11 Memorial**, a tribute of remembrance to the victims & events of September 11, 2001. Then visit the new **9/11 Memorial Museum**, a moving experience located within the archaeological heart of the World Trade Center which documents the impact of the events and explores the continuing significance of September 11, 2001. Tonight maybe take in a Broadway Show on your own.

Meal - (B) Overnight: New York City

Day 4: Leisure Time - Broadway Show

Today enjoy Manhattan at your leisure. Stroll through Central Park, explore the museums or shop until you drop--there's something for everyone in New York City. This evening "head out in the city" for a fun filled evening. Start with a **Pre-Theatre Farewell Dinner** at a popular local restaurant. Later see an exciting **Broadway Show** with your fellow travelers in the world's most famous theatre district.

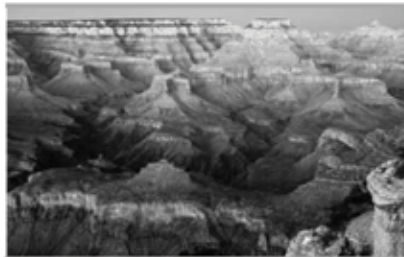
Meals - (B,D) Overnight: New York City

Day 5: New York City - Flight Home

Today say good-bye to the Big Apple. Fly home filled with wonderful memories of your **New York City Holiday**.

Meal - (B)

***BOOKING DISCOUNT - Deposit by July 31, 2016 by check or credit card and make your Final Payment by check & receive \$200 per couple/\$100 per person**



Highlights

- Two Rail Journeys
 - Grand Canyon Railway
 - Verde Canyon Railroad
- Grand Canyon Nat'l Park
- Oak Creek Canyon
- Black Bart's Steakhouse
- Sedona Trolley Tour
- Chapel of the Holy Cross
- Tlaquepaque & Uptown Sedona
- Montezuma Castle
- Jerome
- Chuckwagon Supper & Show
- Old Town Scottsdale
- Admissions per Itinerary

Inclusions

- Roundtrip Airfare - IAH
- 5 Nights Accommodations
- Sightseeing per Itinerary
- Admissions per Itinerary
- 8 Meals
- 5-Breakfasts & 3-Dinners
- Hotel Transfers
- Professional Tour Director
- Motorcoach Transportation
- Baggage Handling

Accommodations

- 5 Nights First Class Hotel
- Hilton Sedona Resort or Poco Diablo Resort, Sedona

Tour Rates

Booking Discount*: \$2395 pp dbl

Regular Rate: \$2495 pp dbl

Single Supplement: +\$650

*Make your final payment by check to receive the discount.

College of the Mainland Senior Adult Program presents

Great Trains & Grand Canyons

featuring five nights in Sedona

6 Days

March 26 - 31, 2017

Day 1: Phoenix - Sedona

Arrive at the Phoenix Airport and meet your Tour Director. Board a deluxe motorcoach and travel north to beautiful **Sedona**. This upscale resort, retirement and artist community is set amongst the red-hued rocks of Oak Creek Canyon. Your home for the next five nights is a picturesque resort style property in the Sedona area. Tonight enjoy a **Welcome Dinner** with fellow travelers.

Meal - (D) Overnight: Sedona

Day 2: Sedona

Start a great day with a **Sedona Trolley Tour** featuring the **Chapel of the Holy Cross** and **Airport Mesa** for spectacular views of the Sedona area. The trolley guide will give you insight into the various rock formations, indigenous vegetation and history of this remarkable area. Later visit **Uptown Sedona** and the Spanish-Mexican Village of **Tlaquepaque** to explore these wonderful areas full of art galleries shopping opportunities and restaurants. Maybe take an optional Guided Jeep Tour into the Sedona backcountry. This evening enjoy Sedona at your own pace.

Meal - (B) Overnight: Sedona

Day 3: Grand Canyon

Begin an unforgettable day with a drive through amazing **Oak Creek Canyon**, a sixteen mile long canyon known for its spectacularly colored white, yellow and red cliffs dotted with pine, cypress and juniper. Then arrive in Williams to board the **Grand Canyon Railway** for a nostalgic two-hour train journey that delivers you to the awe-inspiring **South Rim of Grand Canyon National Park** for free time and lunch on your own. Six million years in the making the Grand Canyon's dynamic colors and textures inspire reflection at nature's power and beauty. Later board your motorcoach to see the

Grand Canyon from other points of interest. Arrive in Flagstaff for dinner at the lively **Black Bart's Steakhouse & Saloon**. After dinner return to Sedona.

Meals - (B,D) Overnight: Sedona

Day 4: Montezuma Castle - Jerome - Verde Canyon Railroad

This morning visit the **Montezuma Castle National Monument** which contains ruins of a cliff dwelling built in the 12th and 13th centuries by the Sinagua Indians. Later visit the old mining town of **Jerome**, once a virtual ghost town, now restored with shops, museums and art galleries. Next travel to Clarkdale to board the **Verde Canyon Railroad** also known as the Wilderness Train. The spectacular four-hour ride in a First Class Railcar takes you between two national forests, past crimson cliffs, over old-fashioned trestles and through a 680-foot tunnel. Early evening return to Sedona.

Meal - (B) Overnight: Sedona

Day 5: Day at Leisure - Blazin' M Ranch

Today is at leisure in Sedona. Enjoy the wonderful amenities of your resort. Maybe spend the day shopping, sightseeing on your own or on a local golf course. An optional tour will be available. This evening experience a **Farewell Dinner at the Blazin' M Ranch** where you will enjoy a hearty Chuckwagon Supper and Western Stage Show.

Meals - (B,D) Overnight: Sedona

Day 6: Sedona - Scottsdale - Flight Home

This morning travel to **Old Town Scottsdale** where Western storefronts recreate an aura of the past. Later arrive at the Phoenix Airport for your flight home filled with unforgettable memories of your **Great Trains & Grand Canyons Tour**.

Meal - (B)

50 PLUS PROGRAM

LOCATION CODES

- FAB FINE ARTS BUILDING**
College of the Mainland
1200 Amburn Rd.
Texas City Campus
409-933-8348
- GYM COLLEGE OF THE MAINLAND**
1200 Amburn Rd.
Texas City Campus
409-933-8422
- HPL HITCHCOCK PUBLIC LIBRARY**
8005 Barry Avenue
Hitchcock, TX 77563
- LRC LEARNING RESOURCES CENTER**
1200 Amburn Rd.
Texas City Campus
409-933-8422
- LLGP LIFELONG LEARNING GULFWAY PLAZA**
50 Plus Program Office
14057 Gulfway Plaza
La Marque, TX 77568
409-933-8226 / 409-933-8912
- WJCC WAYNE JOHNSON COMMUNITY CENTER**
4102 FM 519
La Marque, TX 77568
409-934-8148
- CLC COM LEARNING CENTER – NORTH COUNTY**
200 Parker Ct.
League City, TX 77573
281-332-1800



LIFELONG LEARNING AND 50 PLUS PROGRAM REGISTRATION (formerly Senior Adult Program)

REGISTRATION FOR FALL 2016 BEGINS AUG. 1, 2016.



50 PLUS DISCOUNT

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

MESSAGE FROM THE DIRECTOR



Welcome to the COM Lifelong Learning 50 Plus Program. We hope you have heard the exciting news that we expanded our program to include discounts for anyone age 50 or older and that we will move soon to our new location. **Fall classes will be held at the new location off I-45 at Delaney Rd. in Gulfway Plaza.** Please continue to help us spread the word and tell your friends and neighbors about continuing education opportunities at COM.

Inside these pages you will discover ways to express your creative side, learn new skills, connect with others, stay current on technology, have fun and explore a world of opportunities. COM prides itself on instructors who are passionate about their subjects and innovative in their teaching.

MARK YOUR CALENDAR FOR THESE IMPORTANT DATES:

| | |
|------------------|-------------------------------|
| Aug. 1 | Fall 2016 Registration Begins |
| Sept. 5 | COM Closed for Labor Day |
| Sept. 12 | Fall 2016 Classes Begin |
| Nov. 24-27 | COM Closed for Thanksgiving |
| Dec. 5 | Spring Registration Begins |
| Dec. 17 – Jan. 2 | COM Closed for Holidays |

For spring 2017, you will be able to register at COM's Lifelong Learning Gulfway Plaza from Dec. 5-16 and Jan. 3-13, by calling 409-933-8226 or through WebAdvisor online.

Have you attended our lectures? We have several scheduled for the fall, including the AARP driver safety course, the Alzheimer's Caregivers Workshop, Personal Safety at home and away from home, the Nuts and Bolts of the Under-Used Veterans' Aid Benefit and a variety of genealogy lectures.

Please join us for our first evening Book and Movie Community Reading Club hosted by Ami Blackwell of SpinDrift Media and Entertainment. The book is "The Martian," a 2011 science fiction novel written by Andy Weir adapted into an award-winning film starring Matt Damon. We encourage participants to read the book, watch the movie with us and discuss the plot and major differences between the book and the movie. For more information, see page 43

Have you participated in our educational travel adventures? This is a great way to get to know others and stay involved in your community. Most trips fill up fast, so sign up as soon as registration begins. Local trips are only for adults ages 50 or older, but extended travel trips are open to anyone 6 or older. We will host extended travel presentations on Aug. 31 and Nov. 16 at 3:30 p.m. Presentations will preview the trips New York for the Holidays (Fall 2016) and The Great Trains and Grand Canyon/Sedona, Arizona (Spring 2017). For more information, call 409-933-8912.

As our program expands, I challenge you to try a new class, something that has piqued your curiosity in the past or something you have always wanted to try. You might surprise yourself and make some new friends while you're at it! I am also available to speak to local groups or organizations about our program. If you have a suggestion for new courses or want to join our email distribution list to receive announcements and reminders, call 409-933-8226.

Find us on Facebook: College of the Mainland 50 Plus Program,
www.facebook.com/com50plus.

Alesha Vardeman
aaulds@com.edu
409-933-8432
www.com.edu/50plus

50 PLUS PROGRAM VISION

The College of the Mainland Senior Adult Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION

The College of the Mainland 50 Plus Program's mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society's existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION

50 Plus Program students who register for a (SENR) exercise class or 50 Plus Fitness Membership to use the gym on the main campus will be provided a free ID card to gain access into the gym facility. All other students who want an ID to receive the benefits below must pay a one-time \$5 fee. If the ID card is lost or stolen, the replacement cost is \$5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (Fall, Spring, Summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation. Note: A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM cosmetology services at The Salon (call 409- 933-8480)
- Discount on tickets for COM Community Theatre productions and \$10 tickets for preview shows (call 409-933-8345)
- Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

REGISTRATION FOR 50 PLUS PROGRAM

If this is your first time to register as a student age 50 or older, you must register at the Lifelong Learning Center or in the Continuing Education Office on the main campus and show proof of age. Register in person at LMCR 1130 Delmar in La Marque, August 1-5, 2016, only. After Aug. 5, new students may register in person in the Continuing Education Office on the main campus.

Current students may call 409-933-8586 or use WebAdvisor online to register.

CANCELLATION OF CLASSES

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION

If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8226 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips following the procedures printed on the flier for each trip.

WAITING LISTS

Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8226 or 409-933-8912 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING

Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE

Need a ride from COM's parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

OTHER FACILITY HOURS

- COM Cosmetology Lab – Gulfway Plaza in La Marque
Call 409-933-8480 to make an appointment.
Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370
Monday – Thursday 7 a.m. – 7 p.m.
- Library, 409-933-8448
Monday – Thursday 8 a.m. – 9 p.m.
Present an ID at the library circulation desk to obtain a library card at no cost.

**Register in person at
LMCR 1130 Delmar in La Marque
August 1-5, 2016, ONLY.**

**After Aug. 5, register in person in the CE Office
on main campus, or current students may call
409-933-8586, or use WebAdvisor online.**

50 PLUS PROGRAM CLASSES

50 plus students pay \$15. Under 50 students pay in district or out of district prices.

COURSES IN ALPHABETICAL ORDER

ART: BASKET WEAVING – 24 HRS

Students will use rope and yarn to create simple baskets. It is a satisfying and peaceful craft whose origins and use span across time and all civilizations. The oldest known baskets have been carbon dated around 12,000 years old. You will learn how to center and begin the basket, create the walls and finish the product. **Class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4279 SENR-7081-201CL 09/15/16-12/08/16 TH
 06:30PM-08:30PM LLGP 106 M Willis

ART: BEADED FASHION JEWELRY – 36 HRS

Have a single earring after losing the other or retro jewelry? Sign up to give old jewelry a makeover. Bring jewelry, jewelry tools, glues for metal and glass, beading wire, Tiger Tails, crimps and finishing ends. Students will learn wire wrapping and can even make jewelry for children.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4051 SENR-7048-101CL 09/14/16-11/30/16 W
 01:00PM-04:00PM LLGP 103 B Vollmer
 SYN: 4052 SENR-7048-201CL 09/12/16-11/28/16 M
 05:30PM-08:30PM LLGP 103 B Vollmer

ART: BEADING AND JEWELRY (ADVANCED) – 36 HRS

This class will cover advanced types of beading and jewelry making. Objectives will include pictures, Bead It Forward Projects for Cancer Research, necklaces and a copper bracelet. Students will learn advanced loom work and in-depth wire working and how to read and use difficult patterns. Students can choose patterns. There is no end to what you can learn to do. Due to space, students may be limited to one beaded jewelry class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4053 SENR-7050-101CL 09/14/16-11/30/16 W
 09:00AM-12:00PM LLGP 103 B Vollmer

ART: BEADING WITH DELICAS BEADS – 36 HRS

This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads for creating projects. Students will learn to make bracelets, wall hanging, amulet bags, and other projects. For this class, students will need to bring Delicas beads (only), a beading needle, thread, thread wax and a beading mat to class. The instructor will teach students the following stitches: peyote, brick, herringbone and other basic stitches. **The class will not meet Nov. 25.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4054 SENR-7064-101CL 09/16/16-12/09/16 F
 09:00AM-12:00PM TBA M Warling

ART: BRAZILIAN EMBROIDERY (BEGINNER) – 36 HRS

Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will have supplies for Brazilian embroidery for purchase, but students will need to bring a #5 and #6 hoop and other project supplies. For crochet, students will need a size G or H crochet hook and yarn. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4055 SENR-7046-101CL 09/15/16-12/08/16 TH
 09:00AM-12:00PM LLGP 106 C Walker

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS

Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery for purchase, but students will need a #5 and #6 hoop and other project supplies. For chicken scratch embroidery, students will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, students will need a size G or H crochet hook and yarn. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4056 SENR-7033-101CL 09/15/16-12/08/16 TH
 12:00PM-03:00PM LLGP 106 C Walker

ART: CAKE DECORATING: BUTTERCREAM ICING SKILLS – 8 HRS

Students will learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple-to-pipe flowers that transform ordinary cakes into extraordinary results. A certified Wilton-method instructor will help students use classic buttercream decorating techniques to create modern and traditional cake designs. Students will learn how to make icing the right consistency and how to ice a cake and other sweet treats with the latest techniques. Participants will also discover how to transfer images to a cake. Note: Contact Lifelong Learning Office for list of supplies required for first class. This is course one of three.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4555 SENR-7090-101CL 09/15/16-10/06/16 TH
 05:30PM-07:30PM LLGP 102 D Seyfang

ART: CAKE DECORATING: ROYAL ICING SKILLS – 8 HRS

Students will learn how to create professional-looking flowers and designs made from royal icing. A certified Wilton-method instructor teaches you how to make lifelike rosebuds, pansies and violets, plus detailed patterns, such as lace and basket-weave designs. Students will learn to design the color palette and pattern for a cake and apply advanced buttercream icing piping techniques like basket-weave, cornelli lace and brush embroidery. Participants will create seven different types

**REGISTRATION FOR FALL 2016
 BEGINS AUG. 1, 2016.**

of flowers and learn royal icing appliques and decorative borders. Note: Students must complete course one prior to taking this course. This is course two of three.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4556 SENR-7091-101CL | 10/13/16-11/03/16 | TH |
| 05:30PM-07:30PM | LLGP 102 | D Seyfang |

ART: CAKE DECORATING: FONDANT ICING SKILLS – 8 HRS

From covering your cakes to cutting shapes and painting on fondant, you'll learn all the essentials. A certified Wilton-method instructor will help students each step of the way as they learn to prepare and color gum paste and fondant and create different types of bows and flowers, including the calla lily, rose and carnation. Students will discover how easy it is to paint on fondant and will design and complete a cake with the shapes and flowers from the course. Note: Students must complete course one and two prior to taking this course. This is course three of three. **This class will not meet Nov. 24.**

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4557 SENR-7092-101CL | 11/10/16-12/08/16 | TH |
| 05:30PM-07:30PM | LLGP 102 | D Seyfang |

ART: COLLAGE PAINTING – 36 HRS

Students will explore the wonderful world of mixed media and collage and learn how to create masterpieces through the use of a variety of techniques and materials. Mixed media art is most simply defined as any type of visual art, which combines more than one material in its creation. Collage is a type of mixed media whereby artwork is created through an assemblage of materials such as paper, cardboard, or canvas.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4391 SENR-7068-101CL | 09/14/16-11/30/16 | W |
| 01:00PM-04:00PM | LLGP 104 | K Kronfeld |

ART: CREATIVE GREETING CARDS – 36 HRS

Students will learn to make their own beautiful personalized cards. Supply list is available from instructor at the first class.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4057 SENR-7020-101CL | 09/12/16-11/28/16 | M |
| 01:00PM-04:00PM | LLGP 102 | S Karjala |

ART: DRAWING FROM PHOTOGRAPHS – 36 HRS

This class will combine the drawing from photographs class and basic colored pencils class. When students have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, call the 50 Plus Program Office at 409-933-8226 or come by the office for the list.

The class will not meet Nov. 24.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4058 SENR-7022-101CL | 09/13/16-11/29/16 | T |
| 09:00AM-12:00PM | LLGP 102 | S Karjala |

ART: DRAWING FROM PHOTOGRAPHS (ADVANCED) – 36 HRS

This course is a continuation of Drawing from Photographs for students who have taken the course several times and are advanced in the skill

set. Instructor approval is required.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4392 SENR-7067-101CL | 09/14/16-11/30/16 | W |
| 01:00PM-04:00PM | LLGP 102 | S Karjala |

ART: FUSION GLASS JEWELRY (BEGINNER) – 36 HRS

This course is a return to the fun of glass fusion techniques. Students will create at least six pieces of jewelry, pictures, etc. No experience is required. This class works on design and new inventions. The instructor will teach wire wrapping, so students should bring jewelry tools. Information from outside advanced classes will be provided. Students must pay a \$15 consumables fee to the instructor the first class day. Due to limited space, students may take only one fusion glass jewelry class per semester.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4060 SENR-7017-101CL | 09/12/16-11/28/16 | M |
| 01:00PM-04:00PM | LLGP 103 | B Vollmer |

ART: FUSION GLASS JEWELRY (ADVANCED) – 36 HRS

Return to the fun of glass fusion techniques. Create at least six pieces of jewelry, pictures, etc. Experience is required. This class works on design and new invention. Wire wrapping will be taught, so students should bring those tools. Information from outside advanced classes will be provided. A \$15 consumables fee will be paid to the instructor the first class day. Due to limited space, students can only take one fusion glass jewelry class per semester. Prerequisite: Three semesters of Fusion Glass Beginner is suggested.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4061 SENR-7018-101CL | 09/12/16-11/28/16 | M |
| 09:00AM-12:00PM | LLGP 103 | B Vollmer |

ART: MIXED-MEDIA CREATIONS – 36 HRS

This class incorporates assembly, design, recyclable materials, found objects, collage, fabric and acrylic paint to make art pieces with meaning. Students will make three projects using techniques that build upon the other: a simple wall hanging, shadow box and hanging lamp. Some materials will be provided with a list of suggested items needed given at the first class meeting. **The class will not meet Nov. 25.**

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4393 SENR-7065-101CL | 09/16/16-12/09/16 | F |
| 09:00AM-12:00PM | LLGP 104 | L Runion |

ART: MOSAIC – 36 HRS

Students will learn from a mosaic artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Students will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A \$5 supply fee will be paid to the instructor the first class day.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4062 SENR-7019-101CL | 09/16/16-12/09/16 | F |
| 01:00PM-04:00PM | LLGP 103 | B Holmes |

ART: ORIGAMI – 36 HRS

The word "origami" comes from the Japanese "ori" (to fold) and "gami" (paper). People think of origami as an art form or craft; however, origami is the perfect tool for teaching people of all ages a multitude of skills without them knowing they are learning. The class, for novices and those with some experience, will cover the standard origami bases, animals, useful items and decorative forms, along with modular origami. We will use some models to make greeting cards. Materials will be provided for the first class; however, students are encouraged to bring any origami books they own. Standard 6" origami paper from craft stores will be used.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4394 SENR-7066-101CL | 09/12/16-11/28/16 | M |
| 01:00PM-04:00PM | LLGP 106 | D Davis |

ART: PAINTING WITH ACRYLICS – 36 HRS

This class is for beginner and intermediate students. The first two class sessions will focus on techniques. The remaining classes will cover a study in painting birds, palm trees, tropical flowers, seascapes and rural landscapes. During the first class, the instructor will provide a list of supplies, which may be purchased from craft stores. The instructor will provide supplies during the first class for beginners.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4064 SENR-7037-101CL | 09/14/16-11/30/16 | W |
| 09:00AM-12:00PM | LLGP 104 | K Kronfeld |

ART: PAINTING WITH OILS – 36 HRS

Students will work with the instructor to improve techniques and skills in oil painting. Students may start from scratch or bring their present work. Student may bring supplies that they have. An additional supply list will be given to students at the first class.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4065 SENR-7010-101CL | 09/13/16-11/29/16 | T |
| 09:00AM-12:00PM | LLGP 104 | L Johnson |
| SYN: 4066 SENR-7010-102CL | 09/15/16-12/08/16 | TH |
| 01:00PM-04:00PM | LLGP 104 | K Wells |

ART: PAINTING WITH WATERCOLORS – 36 HRS

Students will learn new methods of color, paint, application and design. This is an ongoing class and is designed for the more seasoned artist as well as those wanting to brush up on their techniques. A list of necessary supplies will be provided at the first class.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4067 SENR-7035-101CL | 09/12/16-11/28/16 | M |
| 01:00PM-04:00PM | LLGP 104 | S Anderson |
| SYN: 4068 SENR-7035-102CL | 09/15/16-12/08/16 | TH |
| 09:00AM-12:00PM | LLGP 104 | L Johnson |

ART: PAPER MACHE ANIMALS – 36 HRS

Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will progress to more advanced projects and learn to build the armature (skeleton), create the form and finish the sculpture.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4069 SENR-7040-101CL | 09/14/16-11/30/16 | W |
| 01:00PM-04:00PM | LLGP 101 | N House |

ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented.

Intended for students with little or no experience, this practical hands-on course will teach them how to operate their digital cameras and save and edit images at the most basic level. Students will also discover how to print, frame and exhibit their prints at that level. Students are required to bring a single-lens reflex (SLR) or point-and-shoot camera with its manual to each class.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4070 SENR-7049-101CL | 09/12/16-11/28/16 | M |
| 09:00AM-12:00PM | LLGP 105 | TBA |

ART: PHOTOGRAPHY AS HOBBY (EXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented.

Intended for students with more than a little experience, this practical hands-on course will teach them how to operate their digital cameras and save images at a level somewhat higher than in the other photography course.

Students will also discover how to print, frame and exhibit their prints at a more advanced level. Students are required to bring an SLR or point-and-shoot camera with its manual to each class.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4072 SENR-7047-101CL | 09/12/16-11/28/16 | M |
| 01:00PM-04:00PM | LLGP 105 | TBA |

ART: SAFE AND FUN ART CREATIONS WITH YOUR GRANDCHILD – 24 HRS

Arts and crafts should be expressive not expensive! Learn how to safely use recyclables and create arts and crafts with your grandchildren. Handouts will include safety tips on working with children under the age of 13, how to instruct and talk about arts and crafts to your grandchildren, and instructions for ideas and construction of projects.

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| Cost: 50 Plus: \$15 | In district: \$42 | Out of district: \$47 |
| SYN: 4395 SENR-7069-101CL | 09/14/16-11/30/16 | W |
| 06:30PM-08:30PM | LLGP 104 | M Willis |

50 PLUS PROGRAM HOLIDAY ART SHOW RECEPTION AND OPEN HOUSE

Tuesday, Dec. 13, 2016, 2-4 p.m.

We wish all our 50 Plus Program students a very happy holiday and invite you to tour our new facility at Gulfway Plaza while viewing our students' fabulous artwork. Enjoy light hors d'oeuvres, music and the art show award festivities. Bring a friend or neighbor!

TIME: 2- 4 p.m., Awards Program at 3 p.m.

LOCATION: Gulfway Plaza, 14057 Delaney Rd. at I-45,
La Marque, TX 77568

This event will also serve as the annual fundraiser for our 50 Plus Program Scholarship, so come prepared to buy 50/50 raffle tickets. Cash and checks made payable to COM Foundation - Grover and Ada Faye 50 Plus Scholarship.

For more information, call 409-933-8226.

ART: STAINED GLASS (BEGINNERS) – 24 HRS

Students will learn the copper foil technique for making a stained glass project. All tools and supplies required for this class may be purchased from the instructor or at a local craft store. The instructor will give a list of the supplies at the first class meeting. Due to limited space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 **In district:** \$42 **Out of district:** \$47
SYN: 4074 SENR-7003-101CL 09/20/16-12/06/16 T
08:00AM-10:00AM LLGP 103 P Stettler

ART: STAINED GLASS (ADVANCED) – 24 HRS

This class is for students with experience in working with stained glass. Due to space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 **In district:** \$42 **Out of district:** \$47
SYN: 4075 SENR-7004-101CL 09/20/16-12/06/16 T
10:30AM-12:30PM LLGP 103 P Stettler

ART: STAINED GLASS, LEAD CAME METHOD – 24 HRS

This class helps students with experience working with stained glass to learn the advanced lead came method, in which the glass is supported by metal channeling (comes). Comes are soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. Due to space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 **In district:** \$42 **Out of district:** \$47
SYN: 4076 SENR-7044-101CL 09/20/16-12/06/16 T
02:00PM-04:00PM LLGP 103 P Stettler

COMPUTER: ABSOLUTE BEGINNERS – 24 HRS

Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet students where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows "friendlier" or personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class.

Cost: 50 Plus: \$15 **In district:** \$72 **Out of district:** \$77
SYN: 4077 SENR-7011-101CL 09/16/16-12/09/16 F
10:00AM-12:00PM LLGP 105 C Mickens

COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS

Students will learn the power of the computer, a valuable tool with the proper software. This class will introduce Microsoft Office applications that students can use to create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access. Students need to bring a USB flash/jump drive to class.

Cost: 50 Plus: \$15 **In district:** \$72 **Out of district:** \$77
SYN: 4080 SENR-7036-101CL 09/16/16-12/09/16 F
01:00PM-03:00PM LLGP 105 C Mickens

COMPUTER: IPAD/IPHONE FOR BEGINNERS – 25 HRS

Are you thrilled to have a new iPad or iPhone but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send emails, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter and Podcasts. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/ iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **The class will not meet Oct. 13, Oct. 20 or Nov. 24.**

Cost: 50 Plus: \$15 **In district:** \$130 **Out of district:** \$135
SYN: 4083 SENR-7045-102CL 09/08/16-12/08/16 TH
12:30PM-03:00PM LLGP 105 C Grim

COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25 HRS

Have you been using an iPhone or iPad for a while but are not sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter, Podcasts, Weather and News apps. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **The class will not meet Oct. 13, Oct. 20 or Nov. 24.**

Cost: 50 Plus: \$15 **In district:** \$143 **Out of district:** \$148
SYN: 4081 SENR-7053-101CL 09/08/16-12/08/16 TH
09:30AM-12:00PM LLGP 105 C Grim

COMPUTER: USING WORD TO CREATE A NEWSLETTER – 24 HRS

Discover fun trips, tricks and traps with desktop publishing in Word 2013. Learn to create a two-page, two-column newsletter complete with images, banner and page numbering. You can use for family newsletters, keeping in communication with your genealogy findings, church or organizational newsletters, and more!

Cost: 50 Plus: \$15 **In district:** \$42 **Out of district:** \$47
SYN: 4396 SENR-7054-101CL 09/13/16-11/29/16 T
06:30PM-08:30PM LLGP 105 M Willis



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EXERCISE: COUNTRY WESTERN DANCE – 12 HRS

Students will be introduced to different styles of country western (partner) dance styles, which include the two-step, polka, waltz, nightclub 2, East Coast swing and West Coast swing in a fun and easy manner. Participants will learn leading/following skills and patterned foot movements. The class prepares students to practice what they learn at the many local venues. Participants need footwear or dance socks that allow them to slide or swivel easily. It meets once a week.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4397 SENR-7083-201CL 09/12/16-11/28/16 M
 05:30PM-06:30PM LLGP 108 P Trevasani

EXERCISE: DANCE FOR HEALTH – 24 HRS

This class will blend dance, music and exercise that will benefit overall health and physical fitness. No partner is necessary. Participants need footwear or dance socks that allow them to slide or swivel easily. Students may join this class at any time during the semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4086 SENR-7001-101CL 09/12/16-11/30/16 MW
 11:00AM-12:00PM LLGP 108 P Trevasani

EXERCISE: LATIN SOCIAL DANCING – 12 HRS

This course covers the cha-cha, salsa and bachata. Students will learn steps, lead and follow, as well as how to put steps together to be able to use the dances socially. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. This is a cardio and higher skill-level course. It meets once a week.

The class will not meet Nov. 23.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4087 SENR-7052-201CL 09/14/16-12/07/16 W
 07:45AM-08:45AM LLGP 108 S Busby

EXERCISE: LINE DANCING – 25 HRS

Line dancing involves forming patterned foot movements and moving in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4088 SENR-7006-201CL 09/13/16-12/08/16 TTH
 05:30PM-06:30PM LLGP 108 P Horton
 SYN: 4089 SENR-7006-202CL 09/13/16-12/08/16 TTH
 06:45PM-07:45PM LLGP 108 P Horton
 SYN: 4090 SENR-7006-203CL 09/13/16-12/08/16 TTH
 08:00PM-09:00PM LLGP 108 P Horton

EXERCISE: PILATES – 25 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4091 SENR-7075-101CL 09/13/16-12/08/16 TTH
 04:15PM-05:15PM LLGP 107 S Deshotel

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 25 HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4093 SENR-7002-101CL 09/13/16-12/08/16 TTH
 09:30AM-10:30AM LLGP 108 R Kennedy

EXERCISE: SWING DANCE – 12 HRS

This course will cover jitterbug, triple swing (East Coast swing) and West Coast swing. Students will learn steps, leading and following, and how to put steps together to dance socially. Students will need to wear footwear that slides and swivels easily and does not stick to the floor. This is a cardio and higher skill-level course. It meets once a week. **The class will not meet Nov. 23.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4095 SENR-7051-201CL 09/14/16-12/07/16 W
 06:30PM-07:30PM LLGP 108 S Busby

EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS

The country western (partner) dance style is easy and fun to learn. Students will learn leading/following skills and patterned foot movements including turns, pivots, wraps, promenades and spins. The class readies students to practice what they learn at the many local dance venues. Participants need footwear or dance socks that allow them to slide or swivel easily. The class meets once a week.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4398 SENR-7082-201CL 09/12/16-11/28/16 M
 06:45PM-07:45PM LLGP 108 P Trevasani

EXERCISE: TOTAL BODY FITNESS – 24 HRS

Students will learn to properly and safely stretch, warm up, and perform abdominal, upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for students who never exercise as well as those who frequent the gym. Students should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
 SYN: 4103 SENR-7070-101CL 09/12/16-11/30/16 MW
 09:45AM-10:45AM LLGP 107 A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 24 HRS

Students will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Students do not have to be strong in order to do weight-training exercises; students will get stronger by performing weight-training exercises. Students will need a clipboard, pencil, water bottle and hand towel and should wear comfortable, loose-fitting

clothes and tennis shoes.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4105 SENR-7076-101CL 09/12/16-11/30/16 MW
07:15AM-08:15AM GYM A Johnson Galdamez

EXERCISE: YOGA

Students will learn the art of slow-measured movements to develop muscles along with agility and flexibility, which will help reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, students will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Students should bring a towel or blanket for comfort in lying down. Due to limited space, students can only take one yoga class per semester. You must attend the section for which you are registered. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4110 SENR-7071-101CL 09/12/16-11/30/16 MTW
11:30AM-12:30PM WJCC B Lambert
SYN: 4113 SENR-7071-102CL 09/12/16-11/30/16 MTW
01:00PM-02:00PM WJCC B Lambert
SYN: 4117 SENR-7071-103CL 09/12/16-11/30/16 MTW
10:00AM-11:00AM WJCC B Lambert
SYN: 4118 SENR-7071-104CL 09/13/16-12/08/16 TTH
08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: YOGA AND PILATES (MIXED) – 25 HRS

Students will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for Students who never exercise as well as those who frequent the gym. Students should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes. **The class will not meet Nov. 23.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4538 SENR-7080-102CL 09/12/16-11/30/16 MW
08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: ZUMBA – 25 HRS

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-kind fitness program that will tone and sculpt your body while burning unwanted fat. Students may join this class at any time during the semester. **The class will not meet Nov. 24.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4400 SENR-7077-101CL 09/13/16-12/08/16 TTH
09:45AM-10:45AM LLGP 107 A Johnson Galdamez

LIFE STORY WRITING – 24 HRS

Everyone has a story to tell, and all of our stories matter! Our children and great-grandchildren will enjoy them for years to come. Creative writing tips will be presented and editing help offered.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4121 SENR-7013-101CL 09/13/16-11/29/16 T
01:00PM-03:00PM LLGP 101 J Payne

SEWING: BASIC AND BEYOND QUILTING (BEGINNERS) – 36 HRS

This class is designed for beginners with little or no experience with sewing machines or quilting. Those with a sewing project who need help or want to start a new one can join this class to learn how to complete a project.

Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students must bring their own projects or supplies.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4125 SENR-7041-101CL 09/13/16-11/29/16 T
09:00AM-12:00PM LLGP 106 C Walker
SYN: 4126 SENR-7041-201CL 09/13/16-11/29/16 T
05:30PM-08:30PM LLGP 106 C Walker

SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 36 HRS

Students needing help with a current sewing or quilting project or those wanting to start a new project can join this class to learn how to complete it. Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students will bring their own supplies. Prerequisite: Three semesters of quilting is suggested.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4123 SENR-7028-101CL 09/13/16-11/29/16 T
01:00PM-04:00PM LLGP 106 C Walker

SPANISH I – 24 HRS

Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases and then proceed to verbs and sentence construction. The last class will be a conversational class dealing with food. **The class will not meet Nov. 25.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4127 SENR-7015-101CL 09/16/16-12/09/16 F
12:30PM-02:30PM LLGP 101 A Johnson Galdamez

SPANISH II – 24 HRS

Spanish II is a continuation of Spanish I. Topics include constructing full sentences, advanced verbs and increasing vocabulary. **The class will not meet Nov. 25.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 4128 SENR-7043-101CL 09/16/16-12/09/16 F
02:30PM-04:30PM LLGP 101 A Johnson Galdamez

NEW
Location

COM'S 50 PLUS PROGRAM IS EXPANDING

Lifelong Learning Gulfway Plaza
14057 Gulfway Plaza
La Marque, TX 77568

COMMUNITY LECTURE SERIES

LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Premier World Travel will present a slideshow of upcoming extended travel trips for the New York City Holiday and the Grand Canyon. For details of upcoming trips see 32-34. For more information, please call 409-933-8912.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4129 SENR-7098-101CL | 08/31/16 | W |
| 03:30PM-05:00PM | LLGP 105 | |
| SYN: 4140 SENR-7098-110CL | 11/16/16 | W |
| 03:30PM-05:00PM | LLGP 105 | |

LECTURE: GENEALOGY – OVERVIEW AND LIBRARY RESEARCH OPPORTUNITIES

Students will learn about upcoming fall trips to genealogical libraries and will learn the basic method and system for studying genealogy. Students will experience the thrill of finding ancestors they never knew they had. During upcoming trips, students may discover birth, marriage or death records along with probate records and wills. Libraries are full of ancestors' records. It's up to the student to learn to dig a little deeper and develop persistence and techniques along the way. Debbie Cothorn teaches.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4130 SENR-7098-102CL | 09/14/16 | W |
| 01:00PM-04:00PM | LLGP 105 | |

LECTURE: AARP DRIVER SAFETY COURSE

This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This is a certified course recognized by most major insurance companies for discounted rates. This class gives seniors tools for safer driving techniques to compensate for age-related problems. NOTE: This is not a ticket dismissal class. Certificate fee is \$15 for students with AARP membership cards, \$20 for non-members. This will be collected by the instructor at the beginning of the class. Barbara Cook teaches.

Cost: FREE

| | | |
|---------------------------|----------|----|
| SYN: 4131 SENR-7098-103CL | 09/15/16 | TH |
| 08:30AM-12:30PM | | |
| SYN: 4141 SENR-7098-111CL | 11/17/16 | TH |
| 08:30AM-12:30PM | | |

LECTURE: ALZHEIMER'S CAREGIVERS WORKSHOP

Students will learn how to recognize the symptoms of Alzheimer's disease or other dementias. Discover techniques to help handle these behaviors. Determine what techniques work best to manage different types of behaviors. Learn about various techniques to encourage your loved one to engage in an activity. Become familiar with activities that are suitable for late stage Alzheimer's disease or other dementia, to stimulate your loved one's five senses. Michelle Williams, general manager for Home Instead Senior Care, facilitates this workshop.

Cost: FREE

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|---------------------------|----------|---|
| SYN: 4132 SENR-7098-104CL | 09/28/16 | W |
| 02:00PM-04:00PM | LLGP 105 | |

LECTURE: BOOK AND MOVIE: THE MARTIAN

"The Martian" is a 2011 science fiction novel written by Andy Weir adapted into an award-winning film directed by Ridley Scott and starring Matt Damon. In the year 2035, astronauts blast off from Mars, leaving behind Mark Watney (Matt Damon) who is presumed dead after a fierce storm. With only a meager amount of supplies, Watney must utilize his wits and spirit to find a way to survive on the hostile planet. Meanwhile, back on Earth, members of NASA and a team of international scientists work tirelessly to bring him home, while his crewmates hatch their own plan for a daring rescue mission. Join us for great discussion and a thought-provoking movie.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4133 SENR-7098-105CL | 10/05/16 | W |
| 05:30PM-09:00PM | LLGP 105 | |

LECTURE: GENEALOGY – HISTORY THROUGH COURT RECORDS

Students will learn about historically significant periods of time and highlight some court records. Students will see images and original court documents from the Republic of Texas, the Civil War and the 1900 storm, among others. Doryn Glenn, director of governmental affairs in Galveston County, teaches.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4135 SENR-7098-106CL | 10/12/16 | W |
| 01:00PM-03:00PM | LLGP 105 | |

LECTURE: PERSONAL SAFETY AND SECURITY AWARENESS

This session is designed to familiarize senior adults with their surroundings in a common-sense approach to security at home and in public. Discussion will include everyday activities such as sending and receiving mail, receiving invited and uninvited guests at the door, lighting inside and outside your home, internet safety, self-protection, roadside assistance and awareness of the latest scams. Frank Walker, retired CEO of All for One Investigations and Security, retired military and former Air Force One security consultant, teaches this workshop.

Cost: FREE

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|---------------------------|----------|---|
| SYN: 4136 SENR-7098-107CL | 10/26/16 | W |
| 06:00PM-07:00PM | LLGP 105 | |

LECTURE: GENEALOGY WITH DAR

Students will learn about the Daughters of the American Revolution. The speaker will explain the application process and how to use family research sites for non-members on the DAR web page. A DAR member will lecture.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4138 SENR-7098-108CL | 11/02/16 | W |
| 01:00PM-03:00PM | LLGP 105 | |

LECTURE: THE NUTS AND BOLTS OF UNDER-USED VETERANS AID AND ATTENDANCE BENEFITS

This is the most misunderstood and under-used benefit for veterans and their spouses. This tax-free benefit has changed recently and all vets and their spouses need to understand these changes. Veterans B. Groux and R. Shaffer teach this class.

Cost: FREE

| | | |
|---------------------------|----------|---|
| SYN: 4139 SENR-7098-109CL | 11/09/16 | W |
| 01:00PM-03:00PM | LLGP 105 | |

50 PLUS TRIPS

(Only open to 50 plus students)

TRIP: ALLEY THEATRE'S "A NIGHT WITH JANIS JOPLIN"

Participants will go on a musical journey celebrating the iconic rock singer Janis Joplin. This powerhouse production is filled with songs including "Me and Bobby McGee," "Piece of My Heart," "Mercedes Benz," "Cry Baby" and "Summertime." The Alley welcomes this remarkable, award-winning cast and live band. Dinner will be Dutch treat. The cost includes transportation and admission fees. This trip is open to anyone age 50 or older. **No refunds will be given for this trip.**

Cost: 50 Plus: \$40

SYN: 4142 SENR-7099-101CL 09/14/16 W
03:00PM-11:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top genealogy research libraries in the United States. Instructor Debbie Cothorn will assist students in tracing their family history using resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. The cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: Sept. 8**

Cost: 50 Plus: \$25

SYN: 4143 SENR-7099-102CL 09/27/16 T
09:00AM-05:00PM D Cothorn

TRIP: HISTORY OF MINUTE MAID! ASTROS FAN APPRECIATION GAME

Do you know the history of Minute Maid Park? Come discover that and attend the Houston Astros Fan Appreciation Game. Lunch will be Dutch treat at Minute Maid Park. Cost includes transportation and admission fees. Note: Minute Maid is an indoor sporting arena. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. **No refunds will be given for this trip.**

Cost: 50 Plus: \$48

SYN: 4380 SENR-7099-111CL 09/28/16 W
09:00AM-06:00PM

TRIP: PASADENA HOMETOWN OPRY 50'S SHOW

A Dutch treat supper will be followed by the Pasadena Hometown Opry's 50's show. Take a walk down memory lane and enjoy the theme for this evening's performance – music from the 1950's. The cost of this trip includes transportation and admission fee. This trip is open to anyone age 50 or older. **Refund deadline: Sept 16**

Cost: 50 Plus: \$28

SYN: 4144 SENR-7099-103CL 09/30/16 F
03:30PM-11:00PM

TRIP: BIRDWATCHING – GALVESTON

Richard Mayfield hosts this trip to Galveston to see migrant traps and migrating shorebirds and songbirds. Students should wear comfortable clothes, hiking or closed-toe shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. **Refund deadline: Sept. 22**

Cost: 50 Plus: \$25

SYN: 4145 SENR-7099-104CL 10/04/16 T
08:30AM-04:30PM R Mayfield

TRIP: GEORGE RANCH HISTORICAL PARK

The George Ranch Historical Park's history follows family lines beginning in 1824 and spans more than 100 years. This is a working ranch featuring historical homes, costumed interpreters and livestock – the living history and untold stories of Fort Bend County. Tour will include visits to the 1830s Jones Stock Farm, the 1860s Ryon Prairie Home, the 1890s Davis Mansion and the 1930s George Ranch Complex. Watch cattlemen in the field and the working blacksmith shop. The trip will be followed by a Dutch treat lunch at Joe's BBQ in Alvin. The cost includes transportation and admission fees. This trip is open to anyone age 50 or older. **Refund deadline: Sept. 30**

Cost: 50 Plus: \$28

SYN: 4146 SENR-7099-105CL 10/14/16 F
07:30AM-04:00PM

TRIP: GENEALOGY – MONTGOMERY COUNTY LIBRARY

Students will travel to Montgomery County Library in Conroe, Texas. Debbie Cothorn will assist students in tracing their family history using research skills and library resources. This library houses special collections, Dawes Rolls (Native American), south Louisiana records by Hebert, 19th-century military records and various books for each of the United States. The cost covers transportation and instruction. Lunch is Dutch treat at Cracker Barrel or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: Oct. 6**

Cost: 50 Plus: \$25

SYN: 4147 SENR-7099-106CL 10/25/16 T
08:00AM-05:00PM D Cothorn

TRIP: BIRDWATCHING – SAN BERNARD NATIONAL WILDLIFE REFUGE

Richard Mayfield hosts this trip to San Bernard National Wildlife Refuge looking for wintering birds such as songbirds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toe shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. **Refund deadline: Nov. 3**

Cost: 50 Plus: \$25

SYN: 4148 SENR-7099-107CL 11/15/16 T
08:30AM-04:30PM R Mayfield



TRIP: TOTS "JERSEY BOYS"

Join us for Broadway Across America's Tony and Oliver Award-winning best musical production of "Jersey Boys." The show follows the lives of The Four Seasons: Frankie Valli, Bob Gaudio, Tommy DeVito and Nick Massi. This is the true story of how four blue-collar kids became one of the greatest successes in pop music history. They wrote their own songs, invented their own sound and sold 175 million records – all before they were 30. Jersey Boys features their hit songs, "Sherry," "Big Girls Don't Cry," "Rag Doll," "Oh What a Night" and "Can't Take My Eyes Off You." Dutch treat dinner before the show. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. **No refunds will be given for this trip.**

Cost: 50 Plus: \$60

SYN: 4149 SENR-7099-108CL 11/16/16 W
03:00PM-11:00PM

TRIP: GENEALOGY – GEORGE MEMORIAL LIBRARY, RICHMOND

Students will travel to the George Memorial Library in Richmond, Texas. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses resources that focus on the southeastern United States, including Civil War, federal census, Texans in the Mexican War and pension records including books and microfilm. Cost covers transportation and instructional costs. Lunch is Dutch treat or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older.

Refund deadline: Nov. 17

Cost: 50 Plus: \$25

SYN: 4150 SENR-7099-109CL 11/29/16 T
08:30AM-05:00PM D Cothorn

TRIP: HOUSTON BALLET'S "THE NUTCRACKER"

Join us for Houston Ballet's production of "The Nutcracker," with music by Peter Tchaikovsky. With grand sets and costumes by the acclaimed British designer Time Goodchild, a Christmas tree touching the sky, and an expanded cast of characters, this exquisite production includes everything audiences love about "The Nutcracker." A Dutch treat dinner will precede the show. Cost includes transportation and admission ticket. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. **No refunds will be given for this trip.**

Cost: 50 Plus: \$70

SYN: 4151 SENR-7099-110CL 12/13/16 T
03:00PM-11:00PM

SPACE AVAILABLE CLASSES

CAREER AND TECHNICAL EDUCATION

Space-available classes are workforce credit classes in which continuing education students may enroll. Noncredit (continuing education) students are not required to take a college placement test or apply to the college. These classes are available to a limited number of noncredit students who must complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of pass or fail; however, no college credit hours are earned.

Space-available classes start and end with the fall credit class schedule – Fall (Aug. 22 – Dec. 9). Full course descriptions are available in the College catalog and more information about these courses can be viewed in the credit schedule. Both of these documents are located online at www.com.edu/admissions/schedule-catalog.php.

The following space-available classes are \$270 for in-district students or \$275 for out-of-district students. There will be an additional \$25 fee for each hybrid course and a \$35 fee for each online course. Hybrid and internet classes require completion of the Online Learner Workshop (OLW) prior to first class date (see page 5 for more details).

ACCOUNTING AND BUSINESS

INTRODUCTION TO ACCOUNTING I – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4541 ACNT-1003-201CL | 08/22/16-12/09/16 | |
| MW 7:30 PM-8:50 PM | TVB 1225 | M Williams |

FEDERAL INCOME TAX: INDIVIDUAL – 48 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4540 ACNT-1031-201CL | 08/22/16-12/09/16 | MW |
| 06:00PM-07:20PM | TVB 1225 | M Williams |

ACCOUNTING PRINCIPLES I – 64 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4572 ACNT-1025-101CL | 08/22/16-12/09/16 | |
| TTH 9:30AM-10:50AM | TVB 1225 | M Williams |

ACCOUNTING PRINCIPLES II – 64 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$270 | Out of district: \$275 |
| SYN: 4573 ACNT-1026-101CL | 08/22/16-12/09/16 | |
| TTH 11:00 AM-12:20 PM | TVB 1225 | M Williams |

RECORDS AND INFORMATION MANAGEMENT – 64 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$305 | Out of district: \$310 |
| SYN: 4239 POFT-1019-001IN | 08/22/16-12/09/16 | |
| | Internet | J Cutaia |

KEYBOARDING – 64 HRS

| | | |
|---------------------------|---------------------------|-------------------------------|
| Cost: | In district: \$305 | Out of district: \$310 |
| SYN: 4241 POFT-2001-001IN | 08/22/16-12/09/16 | |
| | Internet | J Cutaia |

COMPUTERS AND NETWORKING

IMPLEMENTING AND SUPPORTING CLIENT OPERATING SYSTEMS – 80 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4251 ITNW-1008-218HY 10/17/16-12/09/16 TTH
 06:00PM-07:50PM TVB 1224 C Walding

IMPLEMENTING AND SUPPORTING SERVERS – 80 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4252 ITNW-1054-228HY 08/22/16-10/14/16 TTH
 06:00PM-07:50PM TVB 1224 C Walding

INTRODUCTION TO PC OPERATING SYSTEMS – 80 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4253 ITSC-1005-218HY 08/22/16-10/14/16 MW
 05:00PM-07:20PM TVB 1224 M Pitre

LINUX INSTALLATION AND CONFIGURATION – 80 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4254 ITSC-1016-201CL 08/22/16-12/09/16 TTH
 04:30PM-05:50PM TVB 1224 COM Faculty

PERSONAL COMPUTER HARDWARE – 80 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4255 ITSC-1025-228HY 10/17/16-12/09/16 MW
 05:00PM-07:20PM TVB 1224 M Pitre

INTRODUCTION TO DATABASE – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4242 ITSW-1007-218HY 08/22/16-10/14/16 M
 05:00PM-08:50PM TVB 1432 F Alexander

DRAFTING

STRUCTURAL DRAFTING – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4262 ARCE-1052-201HY 08/22/16-12/09/16 TH
 06:00PM-08:50PM TVB 1220 A Gregory

TECHNICAL DRAFTING – 64 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4263 DFTG-1005-201CL 08/22/16-12/09/16 TTH
 06:00PM-07:50PM TVB 1220B1 J Buffa

BASIC COMPUTER-AIDED DRAFTING – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4264 DFTG-1009-201HY 08/22/16-12/09/16 M
 06:00 PM-8:50 PM TVB 1220 A Gregory

ELECTRICAL DRAFTING – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4265 DFTG-2007-201HY 08/22/16-12/09/16 T
 06:00PM-08:50PM TVB 1220 A Gregory

PIPE DRAFTING – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4266 DFTG-2023-201HY 08/22/16-12/09/16 W
 06:00PM-08:50PM TVB 1220 A Gregory

GRAPHIC ARTS

DIGITAL IMAGING I – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4244 ARTC-1002-101CL 08/22/16-12/09/16 TTH
 08:00AM-10:50AM TVB 1572 R Collins

DESIGN COMMUNICATION I – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 3195 ARTC-1017-101CL 08/22/16-12/09/16 MW
 11:00AM-01:50PM TVB 1572A C Jackson

COMPUTER ILLUSTRATION – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4243 ARTC-1053-101CL 08/22/16-12/09/16 MW
 08:00AM-10:50AM TVB 1572 R Collins

DESIGN COMMUNICATION II – 96 HRS

Cost: In district: \$295 Out of district: \$300
 SYN: 4245 ARTC-2047-101HY 08/22/16-12/09/16 TTH
 11:00AM-12:20PM TVB 1572A C Jackson

WEB DESIGN I – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4248 IMED-1016-101CL 08/22/16-12/09/16 TTH
 04:00PM-06:50PM TVB 1572 C Carpenter

INTERACTIVE DIGITAL MEDIA I – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4250 IMED-1045-101CL 08/22/16-12/09/16 TTH
 04:00PM-06:50PM TVB 1572A COM Faculty

WEB DESIGN II – 96 HRS

Cost: In district: \$270 Out of district: \$275
 SYN: 4249 IMED-2015-201CL 08/22/16-12/09/16 MW
 05:30PM-08:20PM TVB 1572A S Torrez

PERSONAL ENRICHMENT

FINE ARTS

Space-available classes are academic/credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes follow the Fall credit class semester: Aug. 22 to Dec. 9. Full course descriptions are available in the College catalog, and more information can be viewed in the credit schedule at www.com.edu/schedule. Students pay an additional \$25 computer fee for hybrid courses and a \$35 fee for online courses. Internet and hybrid classes require completion of the Online Learner Workshop (OLW) prior to first class date. (See page 5 for more details.)

SO PLUS DISCOUNT **ACTING I – 48 HRS**
 Cost: In district: \$270 Out of district: \$275
 SYN: 4409 ARTSL-2007-140CL 08/22/16-12/09/16 TTH
 11:00AM-12:20PM FAB 117 H Brown

SO PLUS DISCOUNT **CERAMICS – ADVANCED – 96 HRS**
 Cost: In district: \$270 Out of district: \$275
 SYN: 4371 ARTSL-2047-233CL 08/22/16-12/09/16 MW
 06:00PM-08:50PM FAB 135 G Bowes
 SYN: 4367 ARTSL-2047-133CL 08/22/16-12/09/16 TTH
 01:30PM-04:20PM FAB 135 G Bowes

SO PLUS DISCOUNT **DRAWING I – 96 HRS**
 Cost: In district: \$270 Out of district: \$275
 SYN: 4310 ARTSL-2010-132CL 08/22/16-12/09/16 TTH
 09:30AM-12:20PM FAB 133 M Ono Gray

SO PLUS DISCOUNT **PHOTOGRAPHY I - 96 HRS**
 Cost: In district: \$270 Out of district: \$275
 SYN: 4384 ARTSL-2002-135CL 08/22/16-12/09/16 MW
 12:30PM-03:20PM TVB 1572 C Peet
 SYN: 4386 ARTSL-2002-236CL 08/22/16-12/09/16 MW
 06:00PM-08:50PM TVB 1139 C Peet

SO PLUS DISCOUNT **A CAPELLA VOCAL ENSEMBLE – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4527 MUSIL-2006-270CL 08/22/16-12/09/16 MW
 02:00PM-03:20PM FAB 110 J Heffel

SO PLUS DISCOUNT **CLASS GUITAR – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4530 MUSIL-2002-160CL 08/22/16-12/09/16 M
 03:30PM-06:20PM FAB 117 J Kiefer

SO PLUS DISCOUNT **CLASS PIANO I – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4528 MUSIL-2001-160CL 08/22/16-12/09/16 TTH
 09:30AM-10:50AM FAB 111 P Boyd

SO PLUS DISCOUNT **CLASS PIANO II – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4529 MUSIL-2001-161CL 08/22/16-12/09/16 TTH
 04:30PM-05:50PM FAB 111 S Termini

SO PLUS DISCOUNT **CONCERT BAND – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4520 MUSIL-2003-270CL 08/22/16-12/09/16 M
 07:30PM-10:20PM FAB 117 H Koerner

SO PLUS DISCOUNT **GUITAR ENSEMBLE – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4525 MUSIL-2002-170CL 08/22/16-12/09/16 W
 03:30PM-06:20PM FAB 117 J Kiefer

SO PLUS DISCOUNT **JAZZ COMBO – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4524 MUSIL-2004-270CL 08/22/16-12/09/16 W
 07:00PM-09:50PM FAB 117 H Koerner
 SYN: 4523 MUSIL-2004-170CL 08/22/16-12/09/16 TTH
 03:00PM-04:20PM FAB 117 H Koerner

SO PLUS DISCOUNT **JAZZ ENSEMBLE – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4521 MUSIL-2005-270CL 08/22/16-12/09/16 T
 07:30PM-10:20PM FAB 117 H Koerner

SO PLUS DISCOUNT **MAINLAND CHORALE – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4526 MUSIL-2007-270CL 08/22/16-12/09/16 T
 07:30PM-10:20PM FAB 110 J Heffel

SO PLUS DISCOUNT **WOODWIND ENSEMBLE – 48 HRS**
 Cost: In district: \$60 Out of district: \$65
 SYN: 4522 MUSIL-2008-270CL 08/22/16-12/09/16 TBA
 FAB 117 T Kochen

SO PLUS DISCOUNT **STUDIO ARTS – 96 HRS**
 This course allows beginning to advanced non-credit students to fully participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active Students within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Design on Tuesday and Thursday from 9:30 a.m. – 12:20 p.m., or Painting on Monday and Wednesdays from 2-4:50pm. For more information regarding specific courses contact Mark at 409-933-8673 or mgreenwalt@com.edu.

Cost: In district: \$270 Out of district: \$275
 SYN: 3843 ARTSL-2000-120CL 08/22/16-12/09/16 FAB 130
 M Greenwalt

LANGUAGES

SPANISH I – 64 HRS
 Cost: In district: \$305 Out of district: \$310
 SYN: 3746 SPANL-1001-021IN 08/22/16-10/14/16 Internet R Naranjo
 Cost: In district: \$295 Out of district: \$300
 SYN: 3747 SPANL-1001-101HY 08/22/16-12/09/16 MW
 08:00AM-09:20AM TVB 1209 R Naranjo

SPANISH II – 64 HRS
 Cost: In district: \$295 Out of district: \$300
 SYN: 3749 SPANL-1002-101HY 08/22/16-12/09/16 TTH
 09:30AM-10:50AM TVB 1209 R Naranjo
 Cost: In district: \$305 Out of district: \$310
 SYN: 3748 SPANL-1002-021IN 10/17/16-12/09/16 Internet

REGISTRATION FOR FALL 2016 BEGINS AUG. 1, 2016.

COLLEGE MISSION

College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION

College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES

Kyle Dickson, Rosalie Kettler, Bennie Matthews, Roney G. McCrary, Wayne H. Miles, Rachel Delgado and Alan Waters

ACCREDITATION

College of the Mainland is accredited by:

The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution's significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT

College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NOTICE OF NONDISCRIMINATION

College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College's Title IX Coordinator or the U.S. Department of Education's Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Lonica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

PUBLIC INFORMATION STATEMENT

College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA

El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Título IX, Sección 504, y del Título VI. El College of the Mainland tomara medidas para asegurar que el desconocimiento del idioma ingles no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.

**REGISTRATION FOR FALL 2016 BEGINS
AUG. 1, 2016.**

**NEW
Location**

COM'S 50 PLUS PROGRAM IS EXPANDING

Lifelong Learning Gulfway Plaza
14057 Gulfway Plaza
La Marque, TX 77568

Annual FLU Clinic

**Wednesday, September 14
10 a.m. - 2 p.m.**

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~
*Threading
 stories:
 87-year-old
 instructor still
 stitching*
 ~

Charlotte Walker



Her needle has taken her to Oregon, Washington, California, Arkansas, Oklahoma and Canada. A certified Brazilian embroidery instructor teaching needlecraft since 1984, Charlotte Walker, 87, has taught across North America. Most days find her at College of the Mainland coaching students in embroidery, quilting and needlework.

"If she doesn't know the answer, nobody knows it," said Diana Kawlee, who takes her advanced quilting class at the COM 50 Plus Program.

Walker first picked up a needle around age 5 when her mother and grandmother taught her quilting.

"In those days, they got together and had quilting bees and we kids sat under the quilt waiting for them to stick their fingers and we'd laugh. We found out it wasn't funny when we started quilting," said Walker.

She launched her teaching career first by assisting in her mother's quilting classes in 1984. She began teaching quilting and sewing solo in 1988 and in 1991 she added Brazilian embroidery, which she learned from Gladys Sullivan at COM.

"I make hats and quilts for cancer patients at Texas Children's Hospital. Student Linda Porter helped me and we do donation quilts for hospices," said Walker, whose youngest son died of cancer in November 2008 and husband died of cancer in 2009.

Walker is certified through the Brazilian Dimensional Embroidery International Guild Inc.



"We're very lucky to have someone of her caliber, who's known at the Brazilian Dimensional Embroidery International Guild's Annual Conference in Portland, Oregon," said Alesha Vardeman, COM director of lifelong learning. **"She's so full of energy and always has a smile."**

Walker instructs advanced students and those who've never held a needle: **"If you want to do anything, you can."**

**For more information about Walker's classes,
 call 409-933-8226.**

TEXAS ONLINE DEFENSIVE DRIVING AND DRIVER'S EDUCATION

Texas Online Defensive Driving (TEA Course Provider #947) \$29.95 Cost

- Six-hour course
- Accepted by all Texas courts and municipalities for ticket dismissal
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Texas Teen Driver Education Course (TEA Course Provider #C2636) \$129.95 Cost

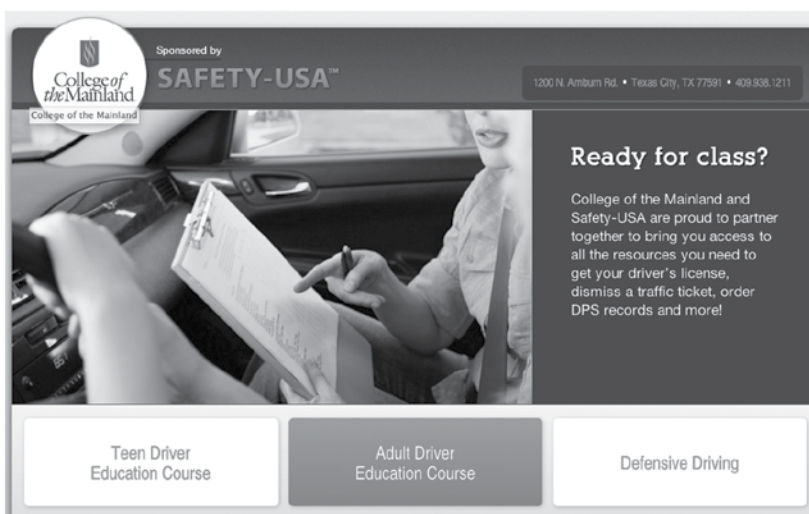
- Has both a parent-taught and virtual-instructor-taught version
- Includes all DPS forms
- Meets all DPS requirements

Adult Driver Education Online (TEA Course Provider #C2636) \$65 Cost

- Guides drivers 18-24 years of age in obtaining their first driver's license
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam.

College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:

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- Courses in both English and Spanish
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- 24/7 course accessibility with exclusive course memory



The screenshot shows the website interface for the College of the Mainland and SAFETY-USA. At the top, there is a header with the College of the Mainland logo and the text 'Sponsored by SAFETY-USA'. Below the header, there is a large image of a person in a car, possibly a driver or instructor. To the right of the image, there is a section titled 'Ready for class?' with a paragraph of text. At the bottom of the page, there are three buttons: 'Teen Driver Education Course', 'Adult Driver Education Course', and 'Defensive Driving'.

Registration available online only at <http://tx-dps.com/affiliates/college-of-the-mainland>.
1-888-596-7307

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CONTINUING EDUCATION OFFICE

Technical-Vocational Building, Room TVB-1475, main campus

Phone: 409-933-8586

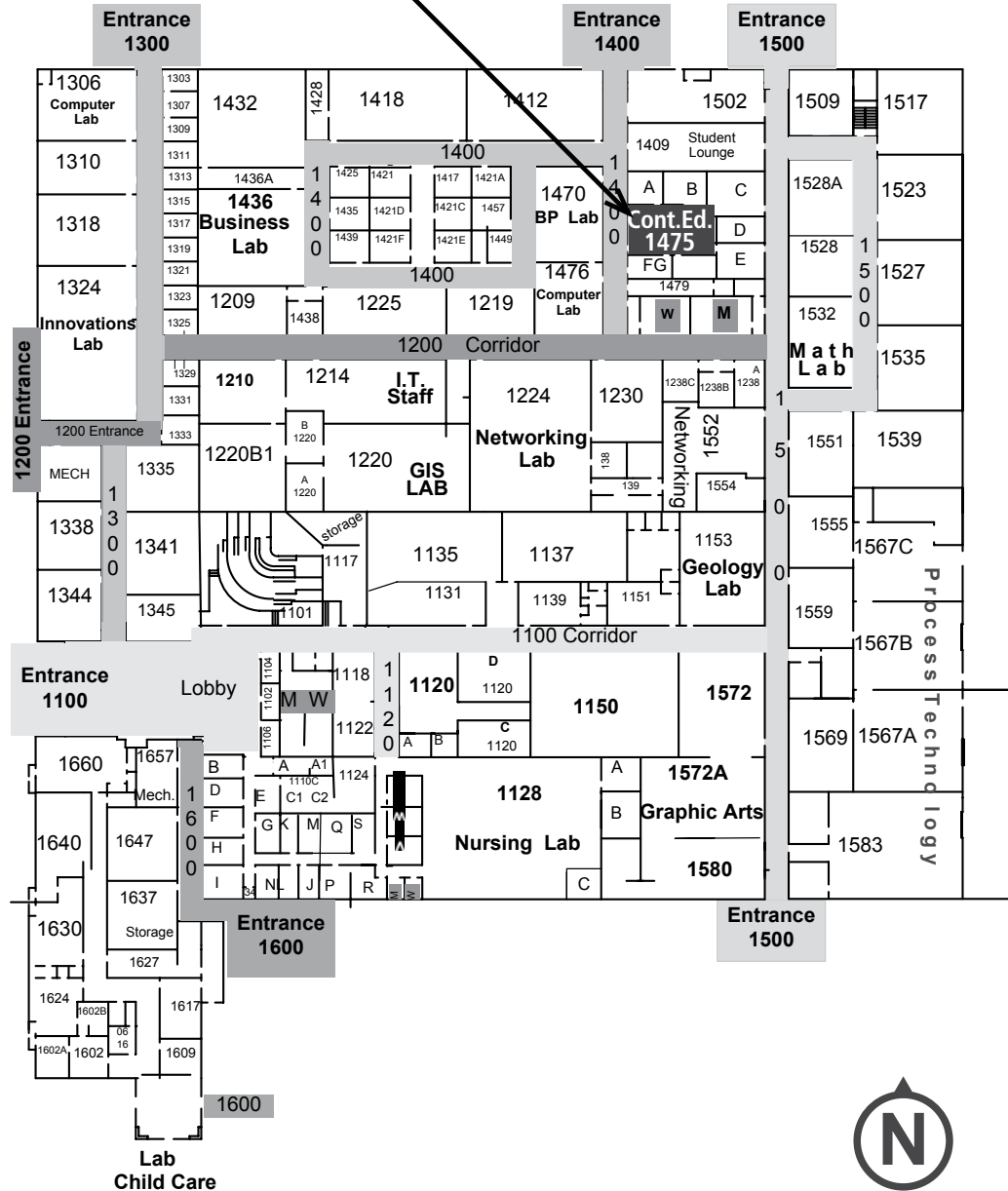
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Grant Writing – 300 hrs

Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

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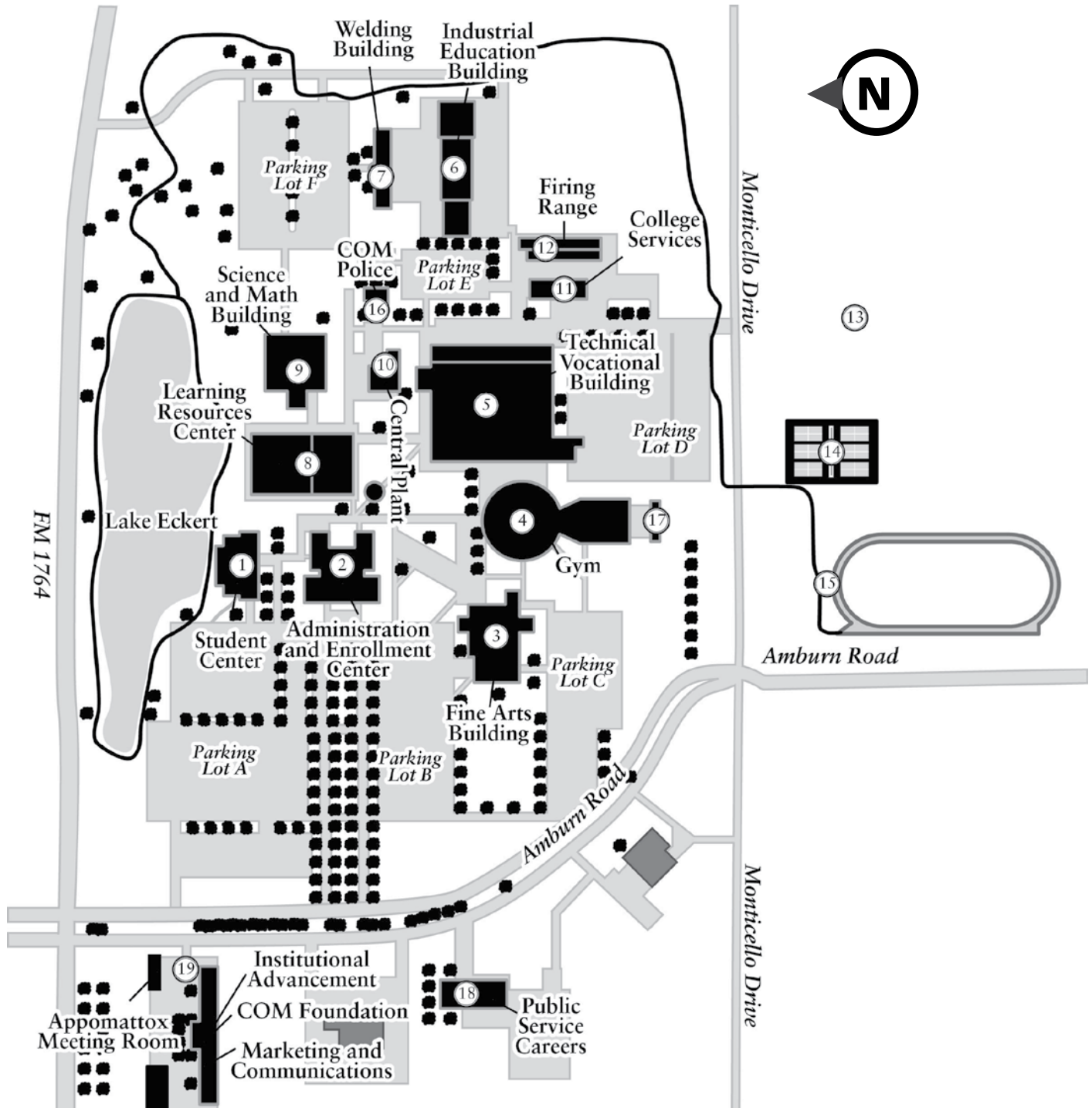
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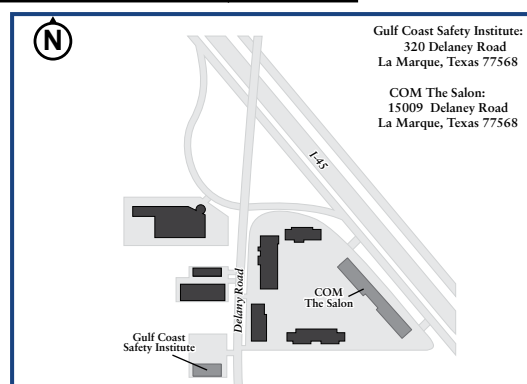
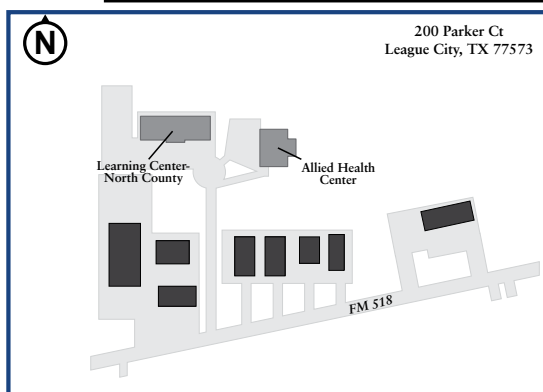
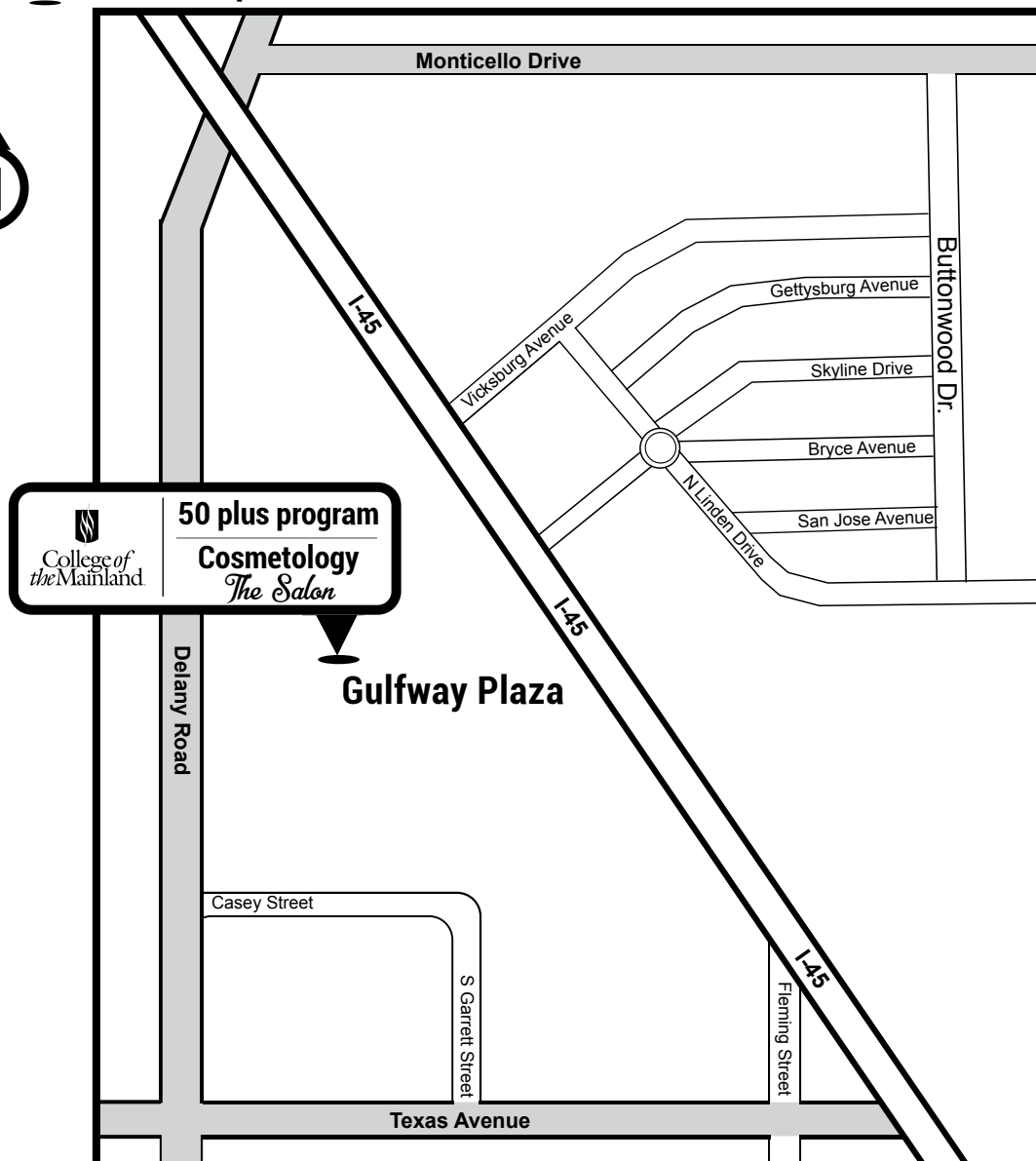
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