

Continuing Education

Lifelong Learning *for Everyone*

Summer 2016 Schedule

www.com.edu/ce



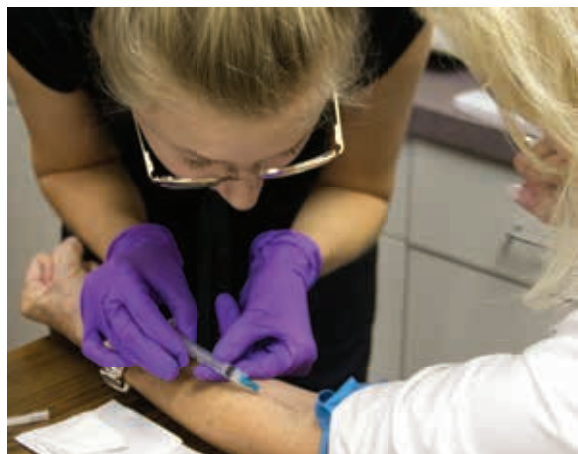
SUMMER HOURS

CONTINUING EDUCATION OFFICE HOURS

(STARTING JUNE 6 AND
ENDING AUGUST 7)

Monday – Tuesday
7 a.m. – 7 p.m.

Wednesday – Thursday
7 a.m. – 6 p.m.



College of the Mainland®



1200 Amburn Rd., Texas City, Texas
409-933-8586

COM CE: LIFELONG LEARNING FOR EVERYONE

COM's Continuing Education division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses that will help you upgrade your current skills and expand your knowledge as you seek to advance in your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

QUESTIONS?

Call 409-933-8586 to register or to generally inquire about COM Continuing Education Department courses or programs.

For specific course or program information, please call:

- 409-933-8285 Public Service Careers
- 409-933-8226 Lifelong Learning/50 Plus Program
- 281-332-1800 COM Learning Center-Allied Health
- 409-933-8162 Gulf Coast Safety Institute
- 409-933-8406 Industrial Crafts

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.



www.facebook.com/comcontinuinged

CONTINUING EDUCATION'S MISSION

College of the Mainland's Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION'S VISION

College of the Mainland's Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US

The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
Phone: 409-933-8586 • Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

CONTINUING EDUCATION SUMMER OFFICE HOURS

(Starts June 6 and ends August 7)

Open: Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.

CE SCHEDULE DISCLAIMER

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE's Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.

REGISTRATION IS EASY

SUMMER 2016 REGISTRATION FOR ALL CE AND 50 PLUS PROGRAM COURSES BEGINS MAY 2, 2016.

Continuing education registration continues throughout the semester until classes are filled. Please register at least one week prior to the start date.

The registration form is available online at www.com.edu/ce and in the printed CE schedule. A photo ID will be required to show proof of age, i.e., a valid driver's license, government-issued ID card or passport.

Have you previously taken classes at COM?



REGISTER ONLINE

WWW.COM.EDU/CE

- Click Register Now.
- Follow instructions for Continuing Education students.
- Available 24/7.
- Questions about online registration? Click on the HELPDESK arrow located on the WebAdvisor main menu (bottom left) and fill out the form.

New to COM?



CALL

CONTINUING EDUCATION OFFICE

409-933-8586 or 1-888-258-8859, ext. 8586

SUMMER HOURS

Open: Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.

Leave a message and a CE representative will return your call within 24 business hours.



VISIT

Continuing Education Office, Technical Vocational Building, Room T-1475. Tuition and fees must be paid upon registration. Checks, money orders, credit and debit cards are accepted. **NO CASH ACCEPTED.**

Open:

Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.



MAIL

Continuing Education Office, (Attention: Nicole Butler)
1200 Amburn Rd., Texas City, TX 77591-2499

Registration must arrive five days prior to the start date of the class. Include completed registration form and payment (check or money order) for tuition and fees.

(Please include TDL, DOB and phone number on the check.)

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover, American Express and money orders. **NO CASH ACCEPTED.**



50 PLUS PROGRAM (50+)

Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

A NON-RESIDENT OF COM DISTRICT

A non-resident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES

If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided at the time of registration or at the first class meeting. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS

Classes with insufficient enrollment are canceled prior to the start date of the class. Students will be notified by phone when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund is automatic. Help avoid class cancellations by registering at least five days before the course start date.

REFUND POLICY

Refunds for fitness memberships and continuing education tuition and fees will be refunded 100 percent before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class. When the College cancels a class, the student will receive an automatic 100 percent refund of tuition and fees.

CLASS TRANSFERS

Students may request to transfer to a different class or section prior to the first day of the course for which the student is registered. One hundred percent of tuition paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.

MINIMUM AGE REQUIREMENTS

Although some continuing education courses are designed for younger students or for a specific education level, most classes are designed to serve adult learners. Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students who are 16 years of age or older are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+)

Courses designed specifically for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING

Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEU

Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified Continuing Education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar's office at no charge. Reprints of CE certificates are available for \$5.

ARE YOU AGE 50 PLUS?

We have classes just for you! COM 50 PLUS PROGRAM

- Enroll in 50 Plus Program classes – with over 50 options – at a nominal cost.
- Join reasonably priced 50 Plus Program trips.
- Enroll in free or low-cost workshops.
- Receive a discount on COM Gym fitness memberships.
- Use the COM Library.
- Receive a discount on COM Cosmetology Services.
Call 409-933-8480 for more information.
- Enjoy a discount on COM Community Theatre productions.
Call 409-933-8345 for more information.

For more information see page 35 of this schedule,
or call 409-933-8226.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS (TPEG)

Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Student Financial Services Office, 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM

College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Ok., at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu, select Student Financial Services for more information or contact the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)

College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include HVAC, CNC Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

GENERAL INFORMATION

COLLEGE CALENDAR

The College will be closed on the following dates:

- May 30 Memorial Day Holiday
- July 4 Independence Day

PARKING

Permits are not required. However, permits are now available, as a courtesy, from the campus police office. Regular patrols enforce the following parking regulations:

1. Parking in a no parking zone
2. Backing into a parking space
3. Failure to park within marked spaces
4. Driving against the flow of traffic
5. Unauthorized parking in handicap spaces
6. Driving/parking on nonroadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT

All COM campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABBREVIATIONS USED IN THIS SCHEDULE

ADM	Administration and Enrollment Center
AHC	Allied Health Center-League City
AUD	Industrial Education Building
CE	Continuing Education
CL	Face-to-face classroom course
CLC	North County Learning Center-League City
COM	College of the Mainland
FAB	Fine Arts Building
FIR	Firing Range
GCSI	Gulf Coast Safety Institute
HY	Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)
IN	Internet (online) course
LMCR	COM Learning Center-Delmar
LRC	Learning Resources Center (Library)
PSC	Public Service Careers Building
SC	Student Center
SCI	Science/Math Building
SYN	Synonym-unique identifying number
TBA	To Be Announced
TVB	Technical Vocational Building

INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a \$35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a \$25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

ONLINE LEARNER WORKSHOP (OLW)

All students enrolled in Internet or hybrid classes for the first time at College of the Mainland are required to successfully complete the Blackboard Online Learner Workshop prior to the start date of the course. The Online Learner Workshop is an introduction to the Blackboard Learning Management System. Blackboard is where your online courses are hosted. By completing the Online Learner Workshop you will gain the skills necessary to succeed in your online course. Access instructions can be found at <http://www.com.edu/de/olw.cfm>. Contact the CE Department at 409-933-8586 to register for a workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records ten days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or stop by the Enrollment Center for more information.

TAX CREDIT

Continuing education tuition is not recognized the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

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CE WORKFORCE PROGRAMS

information subject to change

Possible Financial Aid Sources

	HOURS	FOUND ON PAGE	TPEG	HAZLEWD	WIA
ALLIED HEALTH CAREERS					
CERTIFIED NURSE AIDE	104	7	◆	◆	
DENTAL ASSISTANT	148	8	◆	◆	
HOME HEALTH AIDE	96	7	◆	◆	
MEDICAL OFFICE/INSURANCE SPECIALIST	232	9	◆	◆	
PHLEBOTOMY TECHNICIAN	132	9	◆	◆	
BUSINESS AND COMPUTER TECHNOLOGY CAREERS					
PROFESSIONAL BOOKKEEPER	288	12		◆	
REAL ESTATE	192	13		◆	
INDUSTRIAL/TRADES CAREERS					
ELECTRICAL HELPER	224	14	◆		
AC/HEATING (LEVELS I, II, III)	298	14	◆	◆	◆
CNC MACHINIST	319	18	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, BASIC	365	16	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, INTERMEDIATE	260	17	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, ADVANCED	195	17	◆	◆	◆
WELDING TECHNOLOGIES	VARIES	19	◆	◆	◆
PUBLIC SERVICE CAREERS					
SECURITY OFFICER	32	22	◆	◆	

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students will be required to show proof of having the bacterial meningitis vaccine if you are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

FINANCIAL AID INFORMATION

See page 4 for more information about possible financial aid sources.



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WORKFORCE PROGRAMS

ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County, located at 200 Parker Ct. on FM 518 in League City. Applications for the allied health certificate programs are available at the COM Learning Center-North County and in the CE Department on the main campus. Return completed applications to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce.

CERTIFIED NURSE AIDE CERTIFICATE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides to work in hospitals and long-term care facilities. Between 2010-2020, the need for certified nurse aides is projected to grow 20 percent. The mean hourly wage for certified nurse aides is \$11.54. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
NURA 1001	Nurse Aide for Health Care I This course prepares entry-level nursing assistants to gain the knowledge, skills and abilities needed to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Assistant (CNA) Program.	64
NURA 1060	Nurse Aide for Health Care II Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Assistant Program. Tuition includes malpractice insurance.	40
TOTAL HOURS		104

State certification: Students successfully completing these courses will be prepared to take the state exam, Certified Nursing Assistant. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. Complete list of supplies will be available the first day of class; estimated cost of supplies is \$65.

NURSE AIDE FOR HEALTH CARE I – 64 HRS

Class will not meet July 4.

Cost: In district: \$530 Out of district: \$535
 SYN: 2849 NURA-1001-203CL 06/06/16-08/01/16 MW
 05:30PM-09:30PM AHC 104 M Fleming
 Students must concurrently enroll in SYN: 2850 NURA-1060-104CL.
 SYN: 2851 NURA-1001-204CL 07/05/16-08/25/16 TTH
 06:00PM-10:00PM TVB 1135 C Nelson
 Students must concurrently enroll in SYN: 2852 NURA-1060-105CL.

**REGISTRATION FOR SUMMER 2016
 BEGINS MAY 2, 2016.**

NURSE AIDE FOR HEALTH CARE II – 40 HRS

Tuition includes malpractice insurance (\$16) and the ID badge fee (\$6). Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: \$220 Out of district: \$225
 SYN: 2850 NURA-1060-104CL 06/25/16-07/30/16 S
 06:00AM-02:00PM TBA M Fleming
 Students must concurrently enroll in SYN: 2849 NURA-1001-203CL.
 SYN: 2852 NURA-1060-105CL 07/23/16-08/20/16 S
 06:00AM-02:00PM TBA C Nelson
 Students must concurrently enroll in SYN: 2851 NURA-1001-204CL.

HOME HEALTH AIDE PROGRAM

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

If you are looking to start a career in the healthcare field, this program is a great first step! It provides the basic skills needed to perform as a Home Health Aide in the state of Texas. No outside certification exam required, flexible employment opportunities, and helping others are just a few of the benefits of the program!

Home Health Aides work in a variety of settings including private homes, long-term care and assisted living facilities. They are responsible for documenting client's status, obtaining vital signs, and assisting clients/patients. This program meets the requirements set forth by the Texas Department of Aging and Disability Services for Home Health Aide training and competency evaluation program. Between 2014-2024, the need for Home Health Aides is expected to grow 38 percent. The median hourly wage is \$10.28. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
HPRS 1004	(Home Health Aide) Basic Health Profession Skills A study of the concepts that serve as a foundation for health profession courses (such as Home Health Aide), including client care and safety issues, basic client monitoring, and health documentation methods. Students will be able to comply with state and local regulatory agencies, respond to basic medical emergencies, perform client monitoring skills, and document health care.	96
TOTAL HOURS		96

Tuition includes four hours of CPR for Healthcare Provider training, malpractice insurance fee (\$16), and ID badge fee (\$6). Students will be required to purchase supplies needed for program participation. Complete list of supplies will be available the first day of class; estimated cost of supplies is \$65.

HOME HEALTH AIDE (BASIC HEALTH) – 96 HRS

Tuition includes four hours of CPR training, malpractice insurance (\$16) and the ID badge fee (\$6). Students must attend every class due to state requirements.

Cost: In district: \$675 Out of district: \$680
 SYN: 2984 HPRS-1004-201CL 06/21/16-08/25/16 TTH
 05:30PM-09:30PM AHC 104 M Fleming
 08/06/16-08/13/16 S
 06:00AM-02:00PM TBA

DENTAL ASSISTANT CERTIFICATE

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students for employment as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. Between 2010-2020, the need for dental assistants is projected to grow 31 percent. The mean hourly wage for dental assistants is \$16.09. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
DNTA 1015	Dental Chairside Assisting Course This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies' standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.	64
DNTA 1003	Registered Dental Assisting Exam Review Course 36 This course prepares dental assistants to meet Texas State Board of Dental Examiners (TSBDE) examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant (RDA) Exam.	36
DNTA 1060	Clinical Dental Assistant 48 The Dental Assistant Program prepares students for entry-level positions in one of the fastest growing healthcare professions. The course will cover key areas and topics and expose the student to both classroom and laboratory hands-on instruction.	48
TOTAL HOURS		148

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam

DENTAL CHAIRSIDE ASSISTING COURSE – 64 HRS

Tuition includes four hours of CPR training, the malpractice insurance fee (\$16), ID badge fee (\$6) and lab fee (\$50). Training includes 15 hours of lab experience, which will be scheduled with the instructor on Saturdays from 9 a.m. to noon at a local dentist office. **Class will not meet July 4.**

Cost: In district: \$500 Out of district: \$505
 SYN: 2976 DNTA-1015-201CL 06/01/16-07/27/16 MW
 06:00PM-09:00PM AHC 102 M Tull

Students must concurrently enroll in SYN: 2981 DNTA-1003-201CL and SYN: 3157 DNTA-1060-104CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW COURSE – 36 HRS

Students must pay for the Texas Academy of General Dentistry Registered Dental Assistant Exam (approximately \$155) near the end of the class. The instructor will provide specific due dates.

Cost: In district: \$280 Out of district: \$285
 SYN: 2981 DNTA-1003-201CL 08/01/16-09/12/16 MW
 06:00PM-09:00PM AHC 102 M Tull

Students must concurrently enroll in SYN: 2976 DNTA-1015-201CL and SYN: 3157 DNTA-1060-104CL.

CLINICAL DENTAL ASSISTANT – 48 HRS

*Course length is 48 hours and will be coordinated by instructor.

Cost: In district: \$119 Out of district: \$124
 SYN: 3157 DNTA-1060-104CL 09/13/16-10/14/16 MTWTHF
 08:00AM-05:00PM TBA M Tull

Students must concurrently enroll in SYN: 2976 DNTA-1015-201CL and SYN: 2981 DNTA-1003-201CL.



CELEBRATING THE PAST.
CHANGING THE FUTURE.

1966

2016

An Achieving the Dream Leader College, College of the Mainland has served the community for nearly 50 years. Preparing students to transfer to a university or enter the workforce, College of the Mainland has helped over 90,000 students reach their goals.

PHLEBOTOMY TECHNICIAN CERTIFICATE

An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

A rapidly growing occupation in the health care field, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. They find employment in hospitals, doctor's offices, medical and diagnostic laboratories and blood donor centers. Between 2010-2020, the need for phlebotomy technicians is projected to grow 13 percent. The mean hourly wage for phlebotomy technicians is \$14.53. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
PLAB 1023	Phlebotomy Technician This course is designed to introduce students to the basic knowledge and skills of the phlebotomy profession. Students will learn types of blood collections utilizing the proper techniques and universal precautions. On completion of the course, a National Healthcareer Association CPT exam will be administered. The required textbook is available in the COM Bookstore.	84
PLAB 1060	Clinical: Phlebotomy This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	48
TOTAL HOURS		132

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

PHLEBOTOMY – 84 HRS

Tuition includes malpractice insurance (\$16), ID badge fee (\$6), four hours of CPR certification training and the testing fee (\$161), which includes a study guide and five practice tests attempts. Training includes nine hours of lab experience, which will be scheduled with the instructor during the first week of class. Class time includes lab.

Cost: In district: \$880 Out of district: \$885
SYN: 2854 PLAB-1023-203CL 05/31/16-08/23/16 TTH
06:00PM-09:00PM AHC 102 V Moreno
Students must concurrently enroll in: SYN: 2859 PLAB-1060-103CL.

CLINICAL: PHLEBOTOMY – 48 HRS

*Course length is 48 hours and will be coordinated by instructor.

Cost: In district: \$119 Out of district: \$124
SYN: 2859 PLAB-1060-103CL 08/22/16-09/30/16 MTWTHF
08:00AM-05:00PM TBA V Moreno
Students must concurrently enroll in: SYN: 2854 PLAB-1023-203CL.

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.

Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.

MEDICAL OFFICE/INSURANCE SPECIALIST CERTIFICATE

Prerequisite: A high school diploma or GED
Contact Nichole Sullivan at 409-933-8645 for details and approval.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist Certificate. This certificate prepares students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is \$14.68. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MDCA 1000	Medical Office This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills.	24
MDCA 1043	Medical Insurance Specialist This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings.	48
HITT 1066	Practicum – Health Information This course will cover practical, general workplace training supported by an individualized learning plan developed by the employer, college and student. Prerequisite: Enrollment and completion of MDCA-1000 and MDCA-1043. This course is not required, but highly recommended.	160
TOTAL HOURS		232

MEDICAL OFFICE – 24 HRS

Cost: In district: \$250 Out of district: \$255
SYN: 3048 MDCA-1000-205CL 06/06/16-06/29/16 MW
06:00PM-09:00PM CLC 111 G Parker
Students must concurrently enroll in SYN: 3063 MDCA-1043-206CL.

MEDICAL INSURANCE SPECIALIST – 48 HRS

Cost: In district: \$400 Out of district: \$405
SYN: 3063 MDCA-1043-206CL 07/06/16-09/07/16 MW
06:00PM-09:00PM CLC 111 G Parker
Students must concurrently enroll in SYN: 3048 MDCA-1000-205CL.

PRACTICUM – HEALTH INFORMATION – 160 HRS

Prerequisite: Enrollment and completion of MDCA-1000 and MDCA-1043.

*Course length is 160 hours and will be coordinated by instructor. Clinical sites may require a background check, drug screening and immunizations.

Cost: In district: \$119 Out of district: \$124
SYN: 3156 HITT-1066-103CL 09/12/16-10/14/16 MTWTHF
08:00AM-05:00PM TBA G Parker

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

ALLIED HEALTH PROFESSIONAL DEVELOPMENT

HEARTSAVER CPR/AED/FIRST AID FOR PEDIATRICS – 8 HRS

This course is designed for day care or nursery workers, parents, teachers and individuals other than health care providers or professional rescuers. It provides instruction in basic life support skills for pediatric patients experiencing airway obstruction and cardiovascular emergencies. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: In district: \$85 Out of district: \$90
 SYN: 2968 EMSP-1021-101CL 06/11/16 S
 08:00AM-05:00PM CLC 106 M Chatman

CERTIFIED BASIC LIFE SUPPORT INSTRUCTOR – 8 HRS

Participants will learn the educational theory and skills necessary to prepare the American Heart Association Cardiopulmonary Resuscitation (CPR) instructor candidate to present lectures, facilitate skill stations and conduct student evaluations for CPR courses. **Textbook and supplies are included in the fee, and can be picked up at the North County Campus once registration has been completed.** To arrange pickup, contact Melanie Chatman at 409-933-8279 or email at mchatman@com.edu. AHA instructor training consists of three stages:

Stage 1: The instructor candidate takes the self-directed online Instructor Essentials course in his or her chosen discipline; the certificate of completion is required to proceed to Stage 2.
Stage 2: The instructor candidate takes the faculty-led, classroom-based instructor course in his or her chosen discipline.
Stage 3: A faculty member monitors the instructor candidate as he or she teaches the first course in his or her chosen discipline. Upon successful completion of all stages, candidates receive an instructor card, valid for two years.

Requirements for registration: Candidates must have a current provider course card for their chosen discipline and must align with an American Heart Association Training Center that is accepting new instructors in their chosen discipline.

Note: A required part of the training process for new instructors, the online Instructor Essentials courses, includes information that instructors need in order to teach American Heart Association courses. Each Instructor Essentials course includes approximately 30 minutes of general information about teaching American Heart Association courses with the remainder of the presentation focused on discipline-specific information. Therefore, access to a computer with online connection is necessary. For more information, please contact Melanie Chatman at 409-933-8279. **Class is nonrefundable.**

Cost: In district: \$275 Out of district: \$280
 SYN: 2965 EMSP-1042-106CL 06/30/16 TH
 09:30AM-04:00PM CLC 106 M Chatman

CERTIFIED HEARTSAVER INSTRUCTOR – 8 HRS

Participants will learn the educational theory and skills necessary to prepare the American Heart Association Cardiopulmonary Resuscitation (CPR) instructor candidate to present lectures, facilitate skill stations and conduct student evaluations for Heartsaver CPR courses. **The textbook and supplies are included in the fee and can be picked up at the COM Learning Center-North County after registering.** AHA instructor training consists of three stages:

Stage 1: The instructor candidate takes the self-directed online Instructor Essentials Course in his or her chosen discipline. The certificate of completion is required to proceed to Stage 2. Each Instructor Essentials Course includes approximately 30 minutes of general information about teaching American Heart Association courses, with the remainder of the presentation focused on discipline-specific information.

Stage 2: The instructor candidate takes the faculty-led, classroom-based instructor course in his or her chosen discipline.

Stage 3: A faculty member monitors the instructor candidate as he or she teaches the first course in his or her discipline. After completing all stages, candidates receive an instructor card valid for two years.

Requirements for registration: Candidates must have a current provider course card for their chosen discipline and must align with an American Heart Association Training Center that is accepting new instructors in their chosen discipline. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA. For more information, please contact Melanie Chatman at 409-933-8279. **Class is nonrefundable.**

Cost: In district: \$275 Out of district: \$280
 SYN: 2952 EMSP-1042-107CL 07/16/16 S
 09:30AM-04:00PM CLC 106 M Chatman



*Learn a life-saving skill with
 College of the Mainland CPR courses for
 health care providers and other professionals.*

**REGISTRATION FOR SUMMER 2016
 BEGINS MAY 2, 2016.**

HEALTHCARE PROVIDER CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR and adult and pediatric foreign body airway obstruction. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: In district: \$45 Out of district: \$50

SYN: 2842 EMSCE-1003-107CL 06/09/16 TH
09:00AM-02:00PM CLC 106 M Chatman

SYN: 2843 EMSCE-1003-108CL 07/14/16 TH
05:00PM-10:00PM CLC 106 M Chatman

SYN: 2844 EMSCE-1003-109CL 08/11/16 TH
09:00AM-02:00PM CLC 106 M Chatman

SYN: 2847 EMSCE-1003-110CL 08/25/16 TH
05:00PM-10:00PM CLC 106 M Chatman

HEARTSAVER CPR/AED COURSE – 5 HRS

This American Heart Association course provides knowledge and skills of basic CPR for the nonmedical person. The course provides training to anyone who wants to learn basic CPR, including head tilt-chin lift, giving compressions and rescue breathing. Students will receive an AHA Heart-saver CPR/AED card after completing the course. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: In district: \$45 Out of district: \$50

SYN: 2838 AHCEX-1002-104CL 07/21/16 TH
09:00AM-02:00PM CLC 106 M Chatman

MARKETABLE SKILLS ACHIEVEMENT AWARDS (MSAA)

Students completing a Marketable Skills Achievement Award (MSAA) are encouraged to continue their education to earn a credit certificate or an Associate of Applied Science degree. Unless stated otherwise, MSAA classes will count toward these certificates or degrees. After completing six hours of credit, students can petition for credit. An academic advisor can provide more information.

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

Bookkeeping Fundamentals CE Marketable Skills Achievement Award

Course #	Title	CEU
ACNT 1003	Introduction to Accounting I	48
ACNT 1031	Federal Income Tax: Individual	48
ACNT 1013	Computerized Accounting Applications	64
TOTAL HOURS		160

Career Pathway: Professional Bookkeeper Certificate and/or Associate of Applied Science in Business Administration with Emphasis in Accounting

INTRODUCTION TO ACCOUNTING I – 48 HRS

Cost: In district: \$305 Out of district: \$310

SYN: 3214 ACNT-1003-001IN 06/06/16-07/08/16
Internet M Williams

Cost: In district: \$295 Out of district: \$300

SYN: 3189 ACNT-1003-201HY 06/06/16-07/08/16 MW
05:30PM-07:45PM TVB 1225 M Williams

Child Development/Education CE Marketable Skills Achievement Award

Course #	Title	CEU
CDEC 1019	Child Guidance	48
CDEC 1018	Wellness of the Young Child	64
CDEC 1054	Child Growth and Development	48
CDEC 1003	Families, School and Community	64
TOTAL HOURS		224

Career Pathway: Child Care Administration Certificate, Child Development Associate Caregiver and/or Associate of Applied Science in Child Development/Education – Classroom Teacher Track or Associate of Applied Science in Child Development/Education – Leadership Track

CHILD GUIDANCE – 48 HRS

Cost: In district: \$295 Out of district: \$300

SYN: 3270 CDEC-1019-253HY 06/06/16-07/08/16 MW
05:30PM-07:45PM TVB 1647 R. Castro

Electrical Helper CE Marketable Skills Achievement Award

Course #	Title	CEU
ELPT 1021	Introduction to Electrical Safety and Tools	48
ELPT 1015	Electrical Calculations I	48
ELPT 1019	Fundamentals of Electricity	64
ELPT 1029	Residential Wiring	64
TOTAL HOURS		224

Career Pathway: Continuing Education Certificate in Electrical Technician Level I, Level II and Level III (not eligible to petition for credit)

INTRODUCTION TO ELECTRICAL SAFETY AND TOOLS – 48 HRS

Cost: In district: \$345 Out of district: \$350

SYN: 2858 ELPT-1021-221CL 06/07/16-07/14/16 TTH
06:00PM-10:00PM AUD 006 COM Faculty

Heating, Ventilation and Air-Conditioning Helper

CE Marketable Skills Achievement Award

Course #	Title	CEU
HART 1001	Basic Electricity for HVAC	48
HART 1038	Air-Conditioning Level I	96
HART 1043	EPA Course and Test	10
TOTAL HOURS		154

Career Pathway: Continuing Education Heating, Ventilation and Air-Conditioning Certificate (not eligible to petition for credit)

Mechanical Maintenance Helper

CE Marketable Skills Achievement Award

Course #	Title	CEU
TECM 1001	Industrial Mathematics	65
MCHN 1002	Print Reading for Machines Trades and Rigging	65
INMT 1005	Introduction to Industrial Maintenance	65
TOTAL HOURS		195

Career Pathway: Continuing Education (CE) Mechanical Maintenance Technician Basic Certificate, CE Mechanical Maintenance Technician Intermediate Certificate, CE Mechanical Maintenance Technician Advanced Certificate, CE Machinist Certificate (not eligible to petition for credit)

INTRODUCTION TO INDUSTRIAL MAINTENANCE – 65 HRS

Tuition includes OSHA 10 card (\$5).

Cost:	In district: \$480	Out of district: \$485
SYN: 2821	INMT-1005-221CL	06/07/16-07/28/16 TTH
06:00PM-10:00PM	AUD 017	D Nash

INDUSTRIAL MATHEMATICS – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 3191	TECM-1001-221CL	06/07/16-07/28/16 TTH
06:00PM-10:00PM	AUD 007	R Himel

PRINT READING FOR MACHINE TRADES AND RIGGING – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 2822	MCHN-1002-221CL	06/07/16-07/28/16 TTH
06:00PM-10:00PM	AUD 012	A Mills/J Thomas

Continuing Education General Information Policies

See page 5.

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

BRIDGE TO CREDIT CERTIFICATE

Students successfully completing the certificate below are encouraged to consider enrolling as a credit student to earn a credit certificate or an Associate of Applied Science degree. The Bridge to Credit Certificate classes will apply toward these credit awards. After successfully completing six hours of credit, students can petition for credit. An academic advisor can provide you with more information about this process.

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

Professional Bookkeeper Certificate

Course #	Title	CEU
ITSC 1009	Integrated Software Applications I	64
POFT 1021	Business Math	48
ACNT 1003	Introduction to Accounting	64
ACNT 1031	Federal Income Tax: Individual	48
ACNT 1013	Computerized Accounting Applications	64
TOTAL HOURS		288

Career Pathway: Associate of Applied Science in Business Administration with an Emphasis in Accounting

INTRODUCTION TO ACCOUNTING I – 48 HRS

Cost:	In District: \$305	Out of district: \$310
SYN: 3214	ACNT-1003-001IN	06/06/16-07/08/16
	Internet	M Williams
Cost:	In district: \$295	Out of district: \$300
SYN: 3189	ACNT-1003-201HY	06/06/16-07/08/16 MW
05:30PM-07:45PM	TVB 1225	M Williams

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday	7 a.m. – 7 p.m.
Wednesday – Thursday	7 a.m. – 6 p.m.

For more information, call 409-933-8586.

FAST-TRACK REAL ESTATE PROGRAM

In one semester, students in this program prepare for careers as real estate agents, who have an average annual salary of \$53,100 according to the Bureau of Labor Statistics.

The Texas Real Estate Commission requires students to complete 180 classroom hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms. Classes are held at the COM Learning Center –North County in League City at 200 Parker Ct. at FM 518.

REAL ESTATE CERTIFICATE

Course #	Title	Hrs
RELE 1001	Real Estate Principles I This course is an overview of licensing as a real estate broker or salesperson. Topics include ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures and real estate mathematics. A minimum of three hours classroom instruction will be devoted to federal, state and local laws relating to housing discrimination, housing credit discrimination and community reinvestment. The textbook can be purchased at the COM Bookstore or online.	32
RELE 1038	Real Estate Principles II This class complements Real Estate Principles I and can be taken before Principles I. The textbook can be purchased at the COM Bookstore or online.	32
RELE 2001	Real Estate Law of Agency This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent's authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying procedures and the disclosure of an agency. The textbook can be purchased at the COM Bookstore or online.	32
RELE 1011	Real Estate Law of Contracts This course covers the elements of a contract, offers and acceptance, the statute of frauds, specific performance and remedies for breaches of contracts, unauthorized practice of law, commission rules relating to use of adopted forms and owner disclosure requirements. The textbook can be purchased at the COM Bookstore or online.	32
RELE 1019	Real Estate Finance This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act and the State Housing Agency. The textbook can be purchased at the COM Bookstore or online.	32
RELE 1000	Real Estate Promulgated Contracts This class examines various topics related to Texas real estate contracts such as the unauthorized practice of law, the Texas Broker-Lawyer Committee, TREC rules governing promulgated contract use, an examination of current TREC promulgated contracts and practice preparing current TREC contracts and forms using case studies. The textbook can be purchased at the COM Bookstore or online.	32
TOTAL HOURS		192

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

REAL ESTATE PRINCIPLES I – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2831 RELE-1001-501CL 06/06/16-06/16/16 MTWTH
 09:00AM-01:00PM CLC 113 A Ramirez

REAL ESTATE PRINCIPLES II – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2832 RELE-1038-501CL 06/20/16-06/30/16 MTWTH
 09:00AM-01:00PM CLC 113 A Ramirez

REAL ESTATE LAW OF AGENCY – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2833 RELE-2001-501CL 07/11/16-07/21/16 MTWTH
 09:00AM-01:00PM CLC 113 L Lendsey

REAL ESTATE LAW OF CONTRACTS – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2834 RELE-1011-501CL 07/25/16-08/04/16 MTWTH
 09:00AM-01:00PM CLC 113 L Lendsey

REAL ESTATE FINANCE – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2835 RELE-1019-501CL 08/08/16-08/18/16 MTWTH
 09:00AM-01:00PM CLC 113 L Lendsey

REAL ESTATE PROMULGATED CONTRACTS AND FORMS – 32 HRS

Cost: In district: \$150 Out of district: \$155
 SYN: 2836 RELE-1000-501CL 08/22/16-9/01/16 MTWTH
 09:00AM-01:00PM CLC 113 L Lendsey

Want a career as a REAL ESTATE AGENT?

The real estate market is recovering and
COM will train to fill the demand.

- ▶ The Bureau of Labor and Statistics states average annual salary for a real estate agent is \$ 58,410.
- ▶ Fast-track classes start every two weeks.

For more information, call 409-933-8154.

INDUSTRIAL TRADE CAREERS

Electrical Helper Certificate

RECOMMENDED COURSE SEQUENCE
(Select classes will be offered each semester)

COM's Electrical Program prepares students for a successful career as an electrical helper. Electrical helpers work with systems in residential and commercial environments, refineries, manufacturing and electrical plants. The median hourly wage in Texas is \$14.18 (source: DOL 2016) with entry-level positions starting below that rate. Financial assistance may be available (see page 6). Textbooks are not included.

Course #	Title	Hrs
ELPT 1021	Introduction to Electrical Safety and Tools This course introduces students to safety rules and regulations. Students will further learn to safely select, use and maintain common hand and power tools for electricians. Upon completion of the course, students will be able to explain electrical hazards and how to avoid them in the workplace and discuss safety issues concerning lock-out/tag-out procedures.	48
ELPT 1015	Electrical Calculations I In this course, students will be introduced to mathematical applications utilized to solve problems in the electrical field. Students will learn to utilize a calculator to perform operations involving fractions and decimals, compute percentages utilizing ratio and proportions, convert unit values, solve simple equations and calculate areas and volumes of geometric solids.	48
ELPT 1019	Fundamentals of Electricity This course will introduce students to basic direct current theory including electron theory and direct current applications. Upon course completion, students will be able to explain atomic structure and basic electrical values such as voltage, current, resistance and power as well as summarize the principles of magnetism. Students will also learn to calculate electrical values for series, parallel and combination circuits and utilize electrical measuring instruments.	64
ELPT 1029	Residential Wiring Students will discover the different wiring methods for single family and multi-family dwellings and learn to wire devices according to electrical codes. The course also covers load calculations, service entrance sizing, proper grounding techniques and associated safety procedures. Upon completion of the course, students will be able to compute the circuit sizes needed for the installation of circuits, feeders and conductors and demonstrate grounding methods and safe installation of ground fault circuits.	64
TOTAL HOURS:		224

INTRODUCTION TO ELECTRICAL SAFETY AND TOOLS – 48 HRS

Cost: In district: \$345 Out of district: \$350
 SYN: 2858 ELPT-1021-221CL 06/07/16-07/14/16 TTH
 06:00PM-10:00PM AUD 006 COM Faculty

Heating, Ventilation and Air-Conditioning Certificate

RECOMMENDED COURSE SEQUENCE
(Select classes will be offered each semester.)
Textbooks not included.

COM's Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician. A growing career, HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, homes, restaurants and hotels. The need for qualified HVAC technicians and installers in the Gulf Coast region is anticipated to grow 34 percent by 2018. The median hourly wage is \$20.02, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

Course #	Title	Hrs
HART 1001	Basic Electricity for HVAC This course will introduce the principles of electricity as required for the heating, ventilation and air-conditioning trade. This will include proper use of test equipment, electrical circuits, and component theory and operation. At the end of the course, students will be able to demonstrate knowledge of basic principles of electricity, electrical current, circuitry and air-conditioning devices. Students will learn to apply Ohm's law to electrical calculations; perform electrical continuity, voltage, and current tests with appropriate meters; and demonstrate electrical safety.	48
HART 1038	Air-Conditioning, Level I This course introduces students to HVAC terminology, tools and skills. The instructor will discuss basic HVAC principles and guide students in hands-on activities.	96
HART 1005	Air-Conditioning, Level II Students will discover how to apply air-conditioning principles and will learn about air properties, routine maintenance, thermodynamics and compressors. Students will learn to correctly measure AC and DC electrical circuits as well as air properties and distribution.	96
HART 2036	Air-Conditioning, Level III This is an advanced course demonstrating troubleshooting principles. Students learn to use test instruments to conduct performance tests and to diagnose problems in air-conditioning and refrigeration components and systems.	48
HART 1043	EPA Course and Test Federal regulations require that those who work with regulated refrigerants be certified. This course will provide intensive training to update students' knowledge and/or skills in preparation for the certification exam, which verifies that students have an understanding of Section 608 of the Federal Clean Air Act of 1990.	10
TOTAL HOURS		298

AIR-CONDITIONING LEVEL II – 96 HRS

Cost: In district: \$575 Out of district: \$580
 SYN: 2855 HART-1005-221CL 07/05/16-09/22/16 TTH
 06:00PM-10:00PM GCSI 117 E Martinez

DOL H-1B Gulf Coast Ready to Work Grant

Are you looking for a career change?

The petrochemical field is
HIRING, and
College of the Mainland is
TRAINING.

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Mechanical
Maintenance /
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HVAC



Leadership & Professional Training



Lean Six Sigma



Project Management

*These programs are funded by a grant awarded and implemented by the U.S. Dept. of Labor Employment & Training Administration. The information contained in this product was created by the grantee organization and does not necessarily reflect the official position of the U.S. Dept. of Labor. All references to non-governmental companies or organizations, their services, products or resources are offered for information purposes and should not be construed as an endorsement by the Department of Labor.

**The College district prohibits discrimination, including harassment, against any student on the basis of race, color, religion, gender, national origin, disability or any other basis prohibited by law.



GRANT CONTACT INFORMATION:

College of the Mainland[®]

DOL H-1B Gulf Coast Ready to Work

☎ 409-933-8643
Fax 409-933-8026

✉ GCRTW-Grant@com.edu
www.com.edu/ce/GCRTW-Grant

DOL H-1B GULF COAST READY TO WORK GRANT CONSORTIUM

◆ College of the Mainland ◆ Brazosport College ◆ Lee College ◆ San Jacinto College

Mechanical Maintenance Technician, Basic Certificate

REQUIRED COURSE SEQUENCE

Required for Mechanical Maintenance Technician Intermediate and Advanced Certificates and the Machinist Certificate (Select classes will be offered each semester.) Textbooks not included.

COM's Mechanical Maintenance Technician Program prepares students for a wide variety of duties, such as preventative maintenance, making machinery adjustments and repairing equipment using blueprints, sketches, diagrams and a variety of tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites in all industries. The need for qualified mechanical maintenance technicians (also referred to as industrial machinery mechanics, maintenance workers or millwrights) in the Gulf Coast region is anticipated to grow by 41.5 percent by 2020. The median hourly wage is \$22.31, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

Course #	Title	Hrs
INMT 1005	Introduction to Industrial Maintenance This course trains in the basic mechanical skills and repair techniques common to most fields of industrial maintenance. Topics include using precision measuring instruments and the safety rules common in industry, including lockout/tag-out and OSHA 10 card.	65
TECM 1001	Industrial Mathematics This course teaches math skills applicable to industrial occupations. It includes fraction and decimal manipulation, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications.	65
POFT 1006	Job Search and Employment Skills Students will gain skills required to obtain a job and will complete a standard employment application, demonstrate interviewing skills and discuss the job search process.	40
MCHN 1002	Print Reading for Machine Trades and Rigging Students will study blueprints for machining trades with an emphasis on machine drawings. Topics will include identifying the elements of machine drawings; interpreting the dimensions, tolerances and geometric aspects of blueprints; explaining geometric dimensioning and tolerancing (GD&T) symbols and their meanings; identifying the safety concerns associated with lifting loads; rigging a load for lifting; performing a safety check before a load is lifted; and identifying the equipment required to make a lift. Prerequisites: TECM-1001 and INMT-1005	65
WLDG 1021	Metallurgy and Welding Fundamentals This course is an introduction to the fundamentals of the equipment used in oxy-fuel and arc welding, including welding and cutting safety, basic oxy-fuel welding and cutting, basic arc welding processes and basic metallurgy. Prerequisite: Basic MMT Certificate TECM 1001, INMT 1005	65
MCHN 1038	Basic Machine Shop This course provides an introduction to machine shop theory, math, terminology, basic bench work and part layout using a variety of tools. It also teaches how and when to use machine tools, such as band saws, grinders, drill presses, lathes and mills. Prerequisites: TECM 1001, INMT 1005 and MCHN 1002	65
TOTAL HOURS		365

INTRODUCTION TO INDUSTRIAL MAINTENANCE – 65 HRS

Tuition includes OSHA 10 card (\$5)

Cost:	In district: \$480	Out of district: \$485
SYN: 2821 INMT-1005-221CL	06/07/16-07/28/16	TTH
06:00PM-10:00PM	AUD 017	D Nash

INDUSTRIAL MATHEMATICS – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 3191 TECM-1001-221CL	06/07/16-07/28/16	TH
06:00PM-10:00PM	AUD 007	R Himel

JOB SEARCH AND EMPLOYMENT SKILLS – 40 HRS

Cost:	In district: \$285	Out of district: \$290
SYN: 2841 POFT-1006-221CL	08/02/16-08/18/16	TWTH
06:00PM-09:40PM	AUD 007	COM Faculty
	08/13/16-08/13/16	S
08:30AM-04:30PM	AUD 007	COM Faculty

PRINT READING FOR MACHINE TRADES AND RIGGING – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 2822 MCHN-1002-221CL	06/07/16-07/28/16	TTH
06:00PM-10:00PM	AUD 012	A Mills/J Thomas

METALLURGY AND WELDING FUNDAMENTALS – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 2839 WLDG-1021-299CL	06/07/16-07/28/16	TTH
06:00PM-10:00PM	AUD 005	COM Faculty

MACHINE SHOP BASICS I – 65 HRS

Cost:	In district: \$475	Out of district: \$480
SYN: 2840 MCHN-1038-221CL	06/06/16-08/01/16	MW
06:00PM-10:00PM	AUD 012	COM Faculty

MILLWRIGHT TEXAS LABOR MARKET INFORMATION

Texas Employment 2015	3,734
Regional Employment 2015	1,499
Average Hourly Wage 2014, Gulf Coast.....	\$21.80

Texas Workforce Commission, 2015

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a \$35 distance education fee per course.

Students in hybrid (HY) courses will be charged a \$25 distance education fee per course.

Mechanical Maintenance Technician, Intermediate Certificate

REQUIRED COURSE SEQUENCE

Prerequisite: Basic Mechanical Maintenance Technician Certificate
Textbooks not included.

Course #	Title	Hrs
MCHN 2005	Millwright III – Bearings, Seals and Couplings This course is an introduction to bearings and seals. It focuses on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Certificate	65
MCHN 2007	Millwright IV – Lubrication, Valves and Pumps This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: Basic MMT Certificate	65
MCHN 2012	Millwright V – Gear Boxes, Chain and Belt Drives This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: Basic MMT Certificate	65
INMT 2003	Pumps, Compressors and Mechanical Drives Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: Basic MMT Certificate	65
TOTAL HOURS		260

PUMPS, COMPRESSORS AND MECHANICAL DRIVES – 65 HRS

Cost: In district: \$475 Out of district: \$480
SYN: 2845 INMT-2003-222CL 06/06/16-08/01/16 MW
06:00PM-10:00PM AUD 017 L Lindsey

INDUSTRIAL MACHINERY MECHANICS TEXAS LABOR MARKET INFORMATION

Texas Employment 2015..... 41,270
Regional Employment 2015..... 13,024
Average Hourly Wage 2014, Gulf Coast..... \$24.41

Texas Workforce Commission, 2015

When Should I Register?

If a class starts on a...	Register by noon on the following days.
Sunday, Monday, Tuesday	Wednesday (the week before it starts)
Wednesday, Thursday	Thursday (the week before it starts)
Friday	Monday (of the same week)
Saturday	Tuesday (of the same week)

Mechanical Maintenance Technician, Advanced Certificate

REQUIRED COURSE SEQUENCE

Prerequisite: Basic and Intermediate Mechanical
Maintenance Technician Certificate
Textbooks not included.

Course #	Title	Hrs
MCHN 2014	Millwright VI – Reciprocating, Centrifugal Compressors and Blowers This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors. Prerequisites: Basic and Intermediate MMT Certificates	65
MCHN 2016	Millwright VII – Turbines This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repair of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: Basic and Intermediate MMT Certificates	65
MCHN 2018	Millwright VIII – Alignment and Vibration This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: Basic and Intermediate MMT Certificates	65
TOTAL HOURS		195

MILWRIGHT VIII – ALIGNMENT AND VIBRATION – 65 HRS

Cost: In district: \$475 Out of district: \$480
SYN: 2846 MCHN-2018-222CL 06/06/16-08/01/16 MW
06:00PM-10:00PM AUD 005 COM Faculty

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.

CNC Machinist Certificate

RECOMMENDED COURSE SEQUENCE

Prerequisite: Mechanical Maintenance Technician, Basic Certificate

Textbooks not included.

COM's CNC Machinist Program prepares students for employment utilizing machine tools such as lathes, milling machines and grinders to produce precision metal parts. Machinists work from blueprints, sketches or computer-aided design (CAD) and computer-aided manufacturing (CAM) files to set up, operate and disassemble manual, automatic and computer-controlled (CNC) machine tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified machinists in the Gulf Coast region is anticipated to grow by 25.3 percent by 2020. The median hourly wage is \$26.25, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

Course #	Title	Hrs
MCHN 1041	Basic Machine Shop II This course is a study of the machine shop, machine parts and their functions. It will focus on select layout tools, techniques, terminology, basic machine setups and shop formulas. It will teach how to perform semi-precision layout, execute grinding techniques, demonstrate basic machine operations and apply proper measuring tools. Prerequisite: Basic MMT Certificate	65
MCHN 2035	CNC Programming This course is a study of advanced CNC operations with an emphasis on programming and the operations of machining and turning centers. Prerequisites: Basic MMT Certificate and MCHN 1041	124
MCHN 1026	CAD/CAM Mastercam This course is a study of computer-aided manufacturing (CAM) Mastercam software, which is used to develop applications for manufacturing. It will focus on tool geometry, tool selection and the tool library. Prerequisites: Basic MMT Certificate, MCHN 1041 and MCHN 2035	65
DFTG 2040	CAD/CAM 3-D Solid Model Design and Manufacture This course is a study of computer-aided modeling. It will focus on the development of 3-D drawings and models from engineering sketches and orthographic drawings and the utilization of 3-D models in design work. Prerequisites: Basic MMT Certificate, MCHN 1041, MCHN 2035 and MCHN 1026	65
TOTAL HOURS		319

CAD/CAM MASTERCAM – 65 HRS

Cost: In district: \$475 Out of district: \$480
 SYN: 2848 MCHN-1026-221CL 05/24/16-07/14/16 TTH
 06:00PM-10:00PM AUD 019 D Barrett



A COM student uses the CNC machine in the lab.

CE Registration Date

Registration begins May 2, 2016,
 for Summer 2016 Continuing Education
 and
 50 Plus Program classes.

We're in Your Neighborhood!

The COM Learning Center – North County is
 located at 200 Parker Ct. in League City.

It offers allied health care programs,
 allied health professional development courses.

Call 281-332-1800 for more information or visit www.com.edu/nc.



www.facebook.com/comcontinuinged

CNC TEXAS LABOR MARKET INFORMATION

Texas Employment 2015 2,107
 Regional Employment 2015 908
 Average Hourly Wage 2014, Gulf Coast..... \$27.62

Texas Workforce Commission, 2015



Archie Andrews

Welding student finds father figures in the classroom

Working as a “surgeon with metal,” welder Archie Andrews has high-level skills that companies along the industry-rich Gulf Coast compete to employ.

Earning \$30 per hour in contract jobs in addition to his full-time job at CBI in Texas City, Andrews owns his own truck and equipment and has found that welding jobs abound.

“I didn’t see myself (two years ago) making \$5,000 a week like I am now. It all started at College of the Mainland,” said Andrews, who gained the skills he needed to succeed in about a year in COM’s welding certificate program.

Growing up on a rough street in New Orleans without a father figure, Andrews attributes his current success to welding instructors Doc Miller and Victor Woods.

“They teach you, get down on their knees with you. They care.”

After he relocated to Houston following Hurricane Katrina, his brother-in-law introduced him to COM’s welding program. For him, instructors Doc Miller and Victor Woods made all the difference between success and failure.

“I thank them every other day,” he said. “When I met these guys, they saved me.”

WELDING

Prepare to enter a field with growing opportunities with COM’s Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants and construction. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. The median hourly wage is \$17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) COM’s program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). **The course includes a \$200 lab fee. Not included is approximately \$250 cost for personal equipment.**

WELDING, MULTIPLE PROCESSES – 112 HRS

Cost:	In district: \$700	Out of district: \$705
SYN: 2801 WLDG-1007-139CL	06/06/16-06/29/16	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/D Miller/R Brown
SYN: 2803 WLDG-1007-270CL	06/06/16-07/25/16	MTWTH
06:00PM-10:00PM	WLD 010	K Phillip
SYN: 2802 WLDG-1007-140CL	07/05/16-07/28/16	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/D Miller/R Brown

Interested in a career in WELDING?

Careers in Welding Technology now provide many job opportunities for skilled technicians. There is a great demand for qualified applicants in transportation equipment, industrial machinery, fabricated products and manufacturing industries. Specialization in construction, repair, industrial and commercial application are prevalent. Employers usually give preference to training program graduate.

- Complete one \$700 welding class to become a Welder SMAW helper/tacker.
- Complete three classes to become a Structural Welder SMAW; tuition is \$2,100

- ▶ There is a one-time investment of approximately \$250 for personal equipment.
- ▶ Included in tuition is a \$200 lab fee.
- ▶ Financial assistance may be available through Workforce Solutions or Hazlewood Act benefits.

For more information, call 409-933-8586.

CUSTOMIZED CORPORATE TRAINING

COM's Continuing Education Department can work with your company to design specific training to meet your needs. Whether employees need leadership or welding skills, expertise in email communication or training in workplace ESL, the Continuing Education Department can create a customized course. We also offer a wide variety of professional development courses designed for industry members to learn specific skills. In addition, Workforce training courses prepare those who desire to enter the industry, and personal enrichment courses offer an opportunity to broaden students' horizons with new skills and discoveries.

PROCESS VALVES AND VALVE AUTOMATION – 8 HRS

This is an overview of process technology equipment including its purpose, components and operation and the process technician's role in operating and troubleshooting the equipment.

Cost: In district: \$875 Out of district: \$880
SYN: 2837 PTAC-1015-501CL 06/02/16-06/02/16 TH
08:00AM-04:30PM STU 203 D Bacot

College of the Mainland offers a flexible way to become adept in Lean Six Sigma Tools like DMAIC, Eight Wastes, Value Stream Mapping, Failure Mode Effects and Analysis (FMEA), and ROI Maximization as well as the processes of Lean Six Sigma.

These Green and Black Belt courses are taught through blended learning which includes self-paced online modules, student guides and instructor-led virtual sessions focused on execution, it's all designed so you can improve process efficiency!

In order to qualify for your Belt Certificate, you'll need to achieve the minimum score on each module and the final exam. Courses are intensive and only for those who want to be at the top of their game and drive real business value for their companies. Class sizes are limited to ensure optimum instructor / student interaction. Statistical software not included, each student will need to have a copy of (Minitab) for data analysis. Contact the Continuing Education office for class schedule. Online six sigma training that is taught through blended learning brought to you by the PEX Network powered by The Quality Group.

LEAN SIX SIGMA-GREEN BELT - 48 HRS

EPCT-1051

Students will learn quality assurance/quality control procedures used to confirm viability and confidence of sample results or procedures. Emphasis on documentation, blank and check sample (spike) preparation, and control tables. Methods and tools in Lean to drive productivity improvement, methods and tools in Six Sigma to drive improvements in defects and variation (DMAIC).

Cost: In district: \$2750.00 Out of district: \$2750.00

LEAN SIX SIGMA-BLACK BELT - 77 HRS

BMGT-2031

This course will cover planning and implementing quality programs in an organization and analyzing cost/benefit of quality. Also covers the impact of employee empowerment. Methods and tools in Lean to drive productivity improvement, methods and tools in Six Sigma to drive improvements in defects and variation (DMAIC).

Cost: In district: \$4495.00 Out of district: \$4495.00

PREVIOUSLY DEVELOPED CUSTOMIZED TRAININGS

BUSINESS

- First Line Leadership Training
- Project Management
- Presentation Skills
- Business Communication
- Train the Trainer
- Facilities Rental and Food Service
- Skills Development Grants for Business Training
- CPR Training
- Team Building
- How to Deal with Difficult Customers

INDUSTRIAL

- Microsoft Office Training
- Pump Systems Operation
- Reaction Process Training
- Distillation Process Training
- Process Troubleshooting
- Plant Start-Up and Operations Training
- Specialty Welding Training
- Storage Tank Emissions
- Welding Skills Upgrade
- Hands-On Skills Testing
- Machinist
- Mechanical Maintenance

For more information, call 409-933-8586.

PUBLIC SERVICE CAREERS

FIRE TECHNOLOGY

FIRS 2000, TCFP Continuing Education, Skills Testing

This course is a customized training program for students who require continuing education hours for maintaining certification with the Texas Commission on Fire Protection. Training may be completed through classroom or Internet curriculum.

Additionally, this course may be utilized by students requiring a skills test in order to become eligible for a recertification exam for basic firefighter with the TCFP.

Contact Danny McLerran, director of fire technology, at 409-933-8378 or dmclerran@com.edu for course design and enrollment information.

SUMMER SMOKE

The Summer Smoke program is offered in coordination with the Galveston County Firefighters Association. The program is designed for volunteer firefighters to enhance firefighter's knowledge, skills, and abilities and SFFMA training requirements. Examples of courses include to following:

- TIC/RIT/Rescue
- Rope and Rappel
- Pump Operations
- SEAR (Search Escape and Rescue)
- EVOC
- SFFMA Special Topics

Courses are typically 16 hours and held on weekends.

To obtain the schedule of courses being offered this summer and to enroll, contact the GCFFA Training Coordinator, Chief Stan Kozlowski at skozlow404@aol.com

CE Registration Date

Registration begins May 2, 2016,
for Summer 2016 Continuing Education

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER – 32 HRS

This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III, covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and Commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment responsibility. Call 409-933-8485 for more information.

Cost:	In district: \$260	Out of district: \$265
SYN: 2873 SLPS-1013-101CL	06/13/16-06/16/16	MTWTH
08:00AM-05:00PM	PSC 116	D Blackford

SECURITY FIREARMS REQUALIFICATION – 7 HRS

This course provides training for the every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Call 409-933-8485 for more information.

Cost:	In district: \$65	Out of district: \$70
SYN: 2876 SLPS-2000-101CL	06/02/16	TH
08:00AM-03:00PM	FIR 107	D Blackford
SYN: 2879 SLPS-2000-102CL	07/07/16	TH
08:00AM-03:00PM	FIR 107	D Blackford
SYN: 2882 SLPS-2000-103CL	08/04/16	TH
08:00AM-03:00PM	FIR 107	D Blackford

EMERGENCY MEDICAL SERVICES

Continuing Education for Emergency Medical Services personnel is easy and affordable. Whether you need Department of State Health Services-approved CE (refresher, remedial, recertification) or renewal of your "card classes" (AHA-CPR, ACLS, ITLS, etc.), we are here to help.

If your organization has a specific need, give us a call at 409-933-8224.

We are flexible and quick to respond to the needs of our customers.

For more information, call 409-933-8198.

LAW ENFORCEMENT

ICC ARREST, SEARCH AND SEIZURE – 16 HRS

Topics include probable cause, detention and arrest, exceptions to search warrant requirements, search warrant principles and preparation including documentation and components of a probable cause affidavit, suppression hearings and civil liabilities.

Cost: In district: \$40 Out of district: \$45
SYN: 2872 CJLE-2002-101CL 06/22/16-06/23/16 WTH
08:00AM-05:00PM PSC 116 R Williamson

HUMAN TRAFFICKING – 4 HRS

This is intensive training to meet continuing education and/or review/update requirements associated with professional licensure or certification. This course is designed to be repeated multiple times to improve student proficiency.

Cost: In district: \$35 Out of district: \$40
SYN: 2863 LE-1006-101CL 06/09/16 TH
08:00AM-12:00PM PSC 116 R Williamson

LEGAL UPDATE TCOLE #3184 – 4 HRS

The goal of this curriculum is to provide law enforcement officers with an update on recent statute changes and additions by the 82nd Legislature. Recent Supreme Court decisions that affect issues such as search and seizure and detention are also included in this curriculum as these cases may impact the function, policy and procedures of law enforcement officers and administration.

Cost: In district: \$10 Out of district: \$15
SYN: 2861 LE-1005-102CL 06/08/16 W
08:00AM-12:00PM PSC 116 R Williamson
SYN: 2870 LE-1005-101CL 06/08/16 W
01:00PM-05:00PM PSC 116 R Williamson

Need Your TCOLE Mandated Training?



Is your department looking for more training for your officers? Contact College of the Mainland Law Enforcement Training. COM can accommodate nearly any training request you may have, from Basic Peace Officer to Master Instructor.

Call us, and we will be happy to work with you.
For more information, call 409-933-8299.

BASIC POLICE OFFICER



The Basic Peace Officer Academy (769 hours) provides graduates the necessary basic training to obtain a position as a police officer, constable, deputy sheriff or any other licensed peace officer position within the state of Texas.

The night academy is designed for students who are employed full-time. All courses must be taken together and successfully passed for the graduate to test for state licensure.

Fall Day Academy (begins in Summer II) starts Aug. 1 and ends Dec. 8, 2016.

Night Academy will tentatively be February 2017.

For details, call Susan Meadows at 409-933-8285 or Thom Karlok at 409-933-8299.

A Word about Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

CE Registration Date

Registration begins May 2, 2016,
for Summer 2016 Continuing Education
and
50 Plus Program classes.



www.facebook.com/comcontinuinged

CIVILIAN FIREARMS



CIVILIAN FIREARMS PRACTICE – 3 HRS

This is a structured handgun practice session. Instructors are present for assistance in improving skills and accuracy. The on-campus firing range is located adjacent to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. The minimum age is 18. Students must register before the first day of class.

Cost:	In district: \$32	Out of district: \$37
SYN: 2909 CIVI-7001-201CL	06/02/16	TH
06:30PM-09:30PM	FIR 107	D Blackford
SYN: 2911 CIVI-7001-202CL	06/16/16	TH
06:30PM-09:30PM	FIR 107	D Blackford
SYN: 2929 CIVI-7001-203CL	07/07/16	TH
06:30PM-09:30PM	FIR 107	D Blackford
SYN: 2930 CIVI-7001-204CL	07/21/16	TH
06:30PM-09:30PM	FIR 107	D Blackford
SYN: 2931 CIVI-7001-205CL	08/04/16	TH
06:30PM-09:30PM	FIR 107	D Blackford
SYN: 2940 CIVI-7001-206CL	08/18/16	TH
06:30PM-09:30PM	FIR 107	D Blackford



CONCEALED HANDGUN LICENSE – 5 HRS

This course is designed for those desiring to obtain a concealed handgun permit. State law requires passing a written test and demonstrating proficiency with the handgun before obtaining a license. Course topics are those required by the state of Texas. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students are required to wear long pants and closed-toe shoes while on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost:	In district: \$95	Out of district: \$100
SYN: 2885 CIVI-7003-101CL	06/04/16	S
08:00AM-01:00PM	FIR 107	D Blackford
SYN: 2889 CIVI-7003-102CL	07/02/16	S
08:00AM-01:00PM	FIR 107	D Blackford
SYN: 2891 CIVI-7003-103CL	08/06/16	S
08:00AM-01:00PM	FIR 107	D Blackford



FIRST-STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS

This course provides instruction for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Students will learn the sizes and types of handguns and which might best suit their needs. The course will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee are included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required at least three days before the course date.

Cost:	In district: \$82	Out of district: \$87
SYN: 2901 CIVI-7004-201CL	06/27/16-06/28/16	MT
06:00PM-10:00PM	FIR 107	D Blackford



FIRST-STEP BASIC HANDGUN – 8 HRS

This course provides instruction for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Students will learn the sizes and types of handguns and which might best suit their needs. The course will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee are included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required at least three days before the course date.

Cost:	In district: \$82	Out of district: \$87
SYN: 2903 CIVI-7004-202CL	07/25/16-07/26/16	MT
06:00PM-10:00PM	FIR 107	D Blackford
SYN: 2904 CIVI-7004-203CL	08/29/16-08/30/16	MT
06:00PM-10:00PM	FIR 107	D Blackford

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.

Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.



BASIC TACTICAL RIFLE – 12 HRS

This course will introduce students to the tactical rifle. Students learn fundamentals of shooting and safe handling while building confidence in their skills. Student will learn loading and unloading procedures, zeroing procedures, malfunction clearing, shooting positions and multiple target engagements. Students will need to provide their own rifle in 5.56 or .223, a sling and at least two magazines. Ammunition, range fees, targets and safety equipment are included in the tuition. All students must wear long pants and closed toed shoes while on the range.

Cost: In district: \$200 Out of district: \$205
SYN: 2942 CIVI-7009-201CL 06/06/16-06/08/16 MTW
06:00PM-10:00PM FIR 107 D Blackford



INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS

This course is designed for real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a concealed handgun license. Students must provide their handguns and carry method equipment. Ammunition, targets, range fees and safety equipment are included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: \$200 Out of district: \$205
SYN: 2906 CIVI-7005-201CL 07/11/16-07/13/16 MTW
06:00PM-10:00PM FIR 107 D Blackford

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.
Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.

**Continuing Education Registration
will take place in the CE Office
located in the Technical-Vocational
Building, Ste. 1475 or
register online at www.com.edu/ce.
COM Admissions is no longer registering CE students.**

ATTENTION HIGH SCHOOL STUDENT

incoming freshmen, sophomores, juniors, seniors and exiting seniors

COLLEGE OF THE MAINLAND

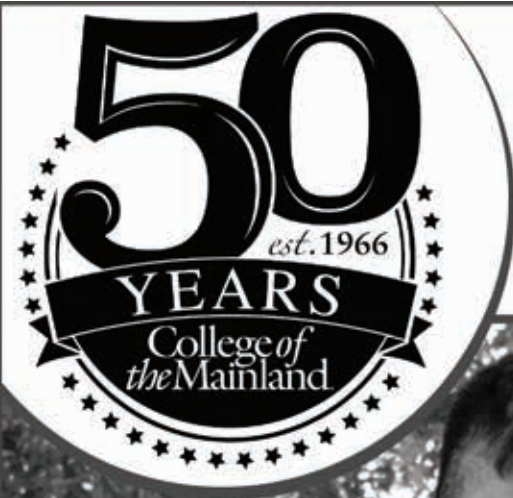
Career Exploration Summer Camp 2016



- ▶ HANDS-ON EXPERIENCE
- ▶ FOUR HOURS
- ▶ FOUR DAYS

Dates to be determined.

For more information, contact Kelli Frederick
at 409-933-8462.



CELEBRATING THE PAST. CHANGING THE FUTURE.

College of the Mainland helps all students reach their goals through innovative programs, support services and dedicated faculty and staff.



 College of the Mainland®

1200 Amburn Rd., Texas City, Texas 77591
www.com.edu

PROFESSIONAL DEVELOPMENT

CHILD DEVELOPMENT

GUIDANCE – 7 HRS

Discover how everyday interactions with children have a powerful impact on their development and learning. Learn how conversations can help children enhance their learning, problem-solving skills and connection to their world. This class meets the Core Competency Area for Responsive Interactions and Guidance.

Cost:	In district: \$25	Out of district: \$30	
SYN: 2776 CDEC-1032-101CL	06/11/16	S	
08:30AM-04:30PM	CLC 111	S Kaiser	

CURRICULUM CHOICES – 7 HRS

Teachers can nurture growth and development using appropriate curriculum. Learn how to select quality curriculum for infants and toddlers. This class meets the Core Competency Area for Learning Environments, Planning Framework, Curriculum and Standards.

Cost:	In district: \$25	Out of district: \$30	
SYN: 2777 CDEC-1032-103CL	06/25/16	S	
08:30AM-04:30PM	CLC 112	S Kaiser	

RECOGNIZING AND REPORTING SUSPECTED ABUSE AND NEGLECT – 7 HRS

Participants will learn about the four major categories of abuse, along with the signs and symptoms of each. Participants will discover their responsibilities and the basic procedures when a suspected case of abuse arises, including cases of SIDS and shaken baby syndrome. This class meets the Core Competency Area for Health, Safety and Nutrition.

Cost:	In district: \$25	Out of district: \$30	
SYN: 2778 CDEC-1032-105CL	07/16/16	S	
08:30AM-04:30PM	CLC 111	E Plasek	

CREATIVE CURRICULUM – 7 HRS

Explore new ways to implement appropriate curriculum. Curriculum choice and implementation affects the quality of care for infants and toddlers. This class meets the Core Competency Area for Learning Environments, Planning Framework, Curriculum and Standards.

Cost:	In district: \$25	Out of district: \$30	
SYN: 2779 CDEC-1032-107CL	08/06/16	S	
08:30AM-04:30PM	CLC 112	S Kaiser	

Want a Career as a CHILD CARE PROVIDER/ ADMINISTRATOR?



Quality early care and education programs play a vital role in the community. These programs must be staffed by individuals who possess the knowledge and skills appropriate to the field, and standards for the quality of these programs will continue to be upgraded in the coming years.

As a child care provider or director, you will have responsibility for the wellbeing and development of today's children who will be tomorrow's leaders. Salary per hour varies from \$8 to \$25 per hour, and individuals' salaries are typically influenced by their education level.

Several career options are available to those interested in becoming a child care provider or a child care administrator. One can complete the **Child Development Associate** or **Child Care Administration Certificate** in approximately one year, with courses scheduled in the evenings and on Saturdays. All course work completed for either certificate will apply toward the completion of an Associate of Applied Science degree. See the College of the Mainland Catalog online at www.com.edu.

For more information, call 409-933-8390.

GULF COAST SAFETY INSTITUTE

OSHA 10-HOUR – GENERAL INDUSTRY (ENGLISH) – 12 HRS

This course meets the OSHA 10-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 10-hour card. This training is intended to provide entry-level general industry workers with information about their rights, employer responsibilities, and how to identify, prevent and abate job-related hazards. Training topics include an introduction to OSHA, personal protective equipment, walking and working surfaces, fall protection, emergency action plans, fire prevention plans, exit routes, electrical safety, hazard communication, machine guarding, control of hazardous energy, LOTO and material handling.

Cost:	In district: FREE	Out of district: FREE
SYN: 2829 OSHT-1091-110CL	06/15/16-06/15/16	W
08:00AM-05:00PM/	GCSI 112	E Parsons
08:00AM-12:00PM	06/16/16-06/16/16	TH
SYN: 2830 OSHT-1091-111CL	08/16/16-08/16/16	T
08:00AM-05:00PM	GCSI 112	E Parsons
08:00AM-12:00PM	08/17/16-08/17/16	W



OSHA 10 and 30 Hour Safety Courses

Avoid injuries and increase employee safety! Increase your employees' ability to recognize hazards in their workplace and know how to address them. The Occupational Safety and Health Act requires it. The Gulf Coast Safety Institute offers courses for General Industry and Construction workers. These courses meet the National OSHA Outreach Training criteria. All courses are taught by OSHA Authorized Outreach Instructors. Department of Labor Wallet cards are issued upon completion.

Construction 10 Hour: NO COST - Taught at GCSI by Texas Department of Insurance (TDI) Safety Training Division monthly alternating Spanish and English. Contact TDI directly for registration at safetytraining@tdi.texas.gov, or by phone: (512) 804-4610.

General Industry 10 Hour: NO COST – Taught at the GCSI by authorized outreach instructors. See the GCSI web site for registration details at www.com.edu/gcsi.

Construction and General Industry 30 Hour: Available by contract at your location. Call the GCSI for pricing at 409-933-8162.



Center for Risk Management

The Center for Risk Management provides safety and health training courses at no charge through a generous grant from the Texas Mutual Insurance Company.

All courses are taught at the Gulf Coast Safety Institute, unless otherwise listed.

Visit www.com.edu/rmi for the current list of class offerings.

For more information, call 409-933-8365.

**DANGER
HARD HATS
AND
SAFETY BOOTS
MUST BE WORN
ON THIS SITE**

CENTER FOR RISK MANAGEMENT

ERGONOMICS FOR WORK – 8 HRS

Musculoskeletal disorders, or MSDs, are among the toughest injuries to diagnose and manage. This course will provide ergonomic strategies to modify your workplace to prevent these injuries. You will also learn how to reduce or eliminate ergonomic injuries, reduce turnover/absenteeism, increase productivity, improve morale and address OSHA compliance.

Cost:	In district: FREE	Out of district: FREE
SYN: 2805 OSHT-1071-110CL	06/10/16	F
08:00AM-05:00PM	GCSI 112	C Major

OCCUPATIONAL HEALTH HAZARDS – 8 HRS

The determination of occupational health hazards is complicated. This course will look at health hazards outlined by OSHA and describe their symptoms, organs targeted, and how to locate information and controls to prevent or lessen the effects of these hazards.

Cost:	In district: FREE	Out of district: FREE
SYN: 2823 OSHT-1071-111CL	06/24/16	F
08:00AM-05:00PM	GCSI 112/114	S Wilson

WORKERS' COMPENSATION – 8 HRS

Do you understand workers' compensation? In this course you will learn how workers' compensation laws differ from state to state, what temporary income benefits are, how percent disability translates into compensation for the injured, the criteria/formula for denying a claim, rules for longshoremen, how to understand the Owner Insurance Program, how to calculate salary for lost wages, what maximum medical improvement is and how back-to-work policies are utilized. Updates on workers' compensation laws will also be provided.

Cost:	In district: FREE	Out of district: FREE
SYN: 2826 OSHT-1071-113CL	07/08/16	F
08:00AM-05:00PM	GCSI 112	COM Faculty

SAFETY MANAGEMENT DURING EMERGENCY OPERATIONS – 8 HRS

During emergency operations the opportunities for severe hazards increase. If safe behaviors and conditions don't already exist within a safety culture, injuries and operational losses can occur when danger and time constraints increase. This course defines safety culture development and its benefits. It also covers management structures, such as the Incident Command System, and how they relate to workplace safety. This course is a must-have for both safety professionals and emergency managers.

Cost: In district: FREE Out of district: FREE
SYN: 2824 OSHT-1071-112CL 07/22/16 F
08:00AM-05:00PM GCSI 112 C Worden

ELECTRICAL REGULATIONS GOVERNING SAFE WORKPLACES – 8 HRS

This course trains individuals on electrical safety work practices and mandated requirements under OSHA 1910.331 through 1910.335. The class will reference the NFPA 70E standards. Topics include employer and employee responsibilities, OSHA penalties and noncompliance, how to identify electrical hazards, lock out/tag out procedures, GFCIs, insulation and grounding, understanding arc flash labels, selection and care of personal protective equipment, and safety and health culture.

Cost: In district: FREE Out of district: FREE
SYN: 2827 OSHT-1071-114CL 08/05/16 F
08:00AM-05:00PM GCSI 112 COM Faculty

NUTS AND BOLTS OF INDUSTRIAL HYGIENE – 8 HRS

By definition, industrial hygiene is the art and science of the anticipation, recognition, evaluation, communication and control of hazards in the workplace that may result in injury or illness. In practice, industrial hygiene is how we measure whether or not people might get sick or hurt at their jobs. This class will cover the fundamentals of industrial hygiene and how to determine what an industrial hygiene program should look like at your facility.

Cost: In district: FREE Out of district: FREE
SYN: 2828 OSHT-1071-115CL 08/19/16 F
08:00AM-05:00PM GCSI 112 T Holowaty

Continuing Education Registration will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce. COM Admissions is no longer registering CE students.

Acceptable forms of registration payment:
Credit and debit cards, money order and check.
Cash cannot be accepted.

WANTED ...

Individuals with Industrial Craft Experience to Teach!

We are looking for professionals to teach the next generation of craft workers! Even if you've never taught, you have valuable, real-world insights to share, while earning a salary to do what you love. We are looking for instructors with a minimum of three years' experience in the following areas:

- Mechanical Maintenance/Millwright
- HVAC
- Manual Machinist
- CNC Machinist
- Instrumentation
- Electrical
- Pipefitting
- Welding



David Barrett, CNC Supervisor A&A Machine and Fabrication

For more information, contact the office of CE Industrial Workforce Programs, email resume to aking15@com.edu or call 409-933-8406.

SMALL BUSINESS SAFETY AND HEALTH CENTER

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL I – 24 HRS

Do you know what OSHA regulations apply to your business or what OSHA requirements may impact your organization? Once you complete this course, you will have the fundamental knowledge required to develop, implement and manage the safety processes related to your organization. You will also prepare a few of the minimum documents that your organization needs for OSHA compliance. All students enrolling in their first Internet course at COM must complete the Online Learner Workshop before this course. Email the instructor to schedule an orientation at smallbusiness_safety@com.edu.

Cost:	In district: FREE	Out of district: FREE
SYN: 2781 OSHT-1091-206IN		
06/01/16-12/31/16	Internet	G Sharpe
SYN: 2783 OSHT-1091-207IN		
07/01/16-01/31/17	Internet	G Sharpe
SYN: 2785 OSHT-1091-208IN		
08/01/16-02/28/17	Internet	G Sharpe

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL II – 36 HRS

In this online curriculum, you will learn industry-specific requirements to avoid OSHA citations and keep your employees safe. Level II focuses on general industry compliance requirements and is customizable to any industry. Once you complete this program, you will have a safety and health program that is crafted specifically to your business and will assist your business in meeting OSHA compliance goals and objectives.

Cost:	In district: \$250	Out of district: \$250
SYN: 2786 OSHT-1091-218IN		
06/01/16-12/31/16	Internet	G Sharpe
SYN: 2787 OSHT-1091-219IN		
07/01/16-01/31/17	Internet	G Sharpe
SYN: 2788 OSHT-1091-220IN		
08/01/16-02/28/17	Internet	G Sharpe

Small Business Safety and Health Center

The Small Business Safety and Health Center at the Gulf Coast Safety Institute serves as a resource to keep you updated on the trends in occupational safety and health affecting your business.

Join us for monthly Lunch and Learn or Dine and Discuss sessions. These provide you with a venue to network with peers while learning the latest updates in safety and health.

Don't forget to check out our courses designed with your safety program in mind!

For more information, call 409-933-8162 or email smallbusiness_safety@com.edu.

MEMBERSHIPS AND RECREATION

OBTAINING MEMBERSHIPS

- Community fitness memberships can be obtained for a semester (Fall, Spring or Summer) or a month.
- Community memberships may be purchased at the Continuing Education Office in the Technical-Vocational Building, Room TVB-1475 or by calling 409-933-8586 during normal business hours.
- Please bring a paid receipt to the gym front lobby to get a gym card or to update an existing gym card.
- Community refunds are not available after the membership period has started. Please refer to the refund policy on page 3.
- Lost or replacement IDs cost \$5.
- Anyone under 16 must be accompanied by an adult at all times.
- You must be 16 and older to enter all cardio and strength rooms.

ADULT FITNESS MEMBERSHIPS

Cost:	In district: \$25	Out of district: \$30
SYN: 2813		FIT-1111-ADSM (Semester Membership)
06/01/16-08/31/16	MTWTH	06:00AM-10:00PM

YOUTH FITNESS MEMBERSHIPS (AGES 5-17)

Cost:	In district: \$15	Out of district: \$20
SYN: 2814		FIT-2222-YOUSM (Semester Membership)
06/01/16-08/31/16	MTWTH	06:00AM-10:00PM

50 PLUS FITNESS MEMBERSHIPS

Cost:	In district: \$15	Out of district: \$20
SYN: 2815		FIT-3333-SRSM (Semester Membership)
06/01/16-08/31/16	MTWTH	06:00AM-10:00PM

MONTHLY PASS

This pass provides access to the gym for one month, beginning on the first day of the month and ending on the last day of the month. Monthly passes must be purchased in the Continuing Education Office during normal business hours.

Cost:	In district: \$20	Out of district: \$25
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Gym Summer Hours:

Monday-Thursday 6 a.m. – 10 p.m.

MONTH	SYN	COURSE SECTION	DATE
June	2817	WELL-1003-101CL	06/01/16-06/30/16
July	2818	WELL-1003-102CL	07/01/16-07/31/16
August	2819	WELL-1003-103CL	08/01/16-08/31/16

VOLLEYBALL LEAGUES

The COM Student Life Department will host adult volleyball leagues open to students and the community. The two leagues consist of 4-4 coed reverse play on Tuesday and 6-6 coed play on Thursday. A one-night tournament to determine the champion will conclude each season. Price is per team registering. Teams that register May 9 to June 3 will be allowed to have open-practice nights on Tuesday and Thursday 7-9 p.m. until the leagues begin. Leagues will begin June 7 and June 9.

VOLLEYBALL – A LEAGUE – 26 HRS

Cost: In district: \$225 Out of district: \$230
SYN: 2810 WELL-5088-201CL 06/09/16-08/25/16 TH
06:00PM-08:00PM GYM 122

VOLLEYBALL – B LEAGUE – 26 HRS

Cost: In district: \$225 Out of district: \$230
SYN: 2811 WELL-5088-202CL 06/09/16-08/25/16 TH
08:00AM-10:00PM GYM 122

VOLLEYBALL – CO-ED 4'S LEAGUE – 26 HRS

Cost: In district: \$150 Out of district: \$155
SYN: 2812 WELL-5088-203CL 06/07/16-08/23/16 T
07:00PM-09:00PM GYM 122

CAMPS

SOCCER CAMP (AGES 8-15) – 15 HRS

Students of all levels will have fun while improving their passing, dribbling, shooting, offensive and defensive skills. Campers should bring sneakers, soccer cleats and shin guards. Sneakers or flat soccer shoes are mandatory for indoor games. Boys and girls ages 8-15 are welcome. Campers will be separated by age and ability for both instruction and games.

Cost: In district: \$50 Out of district: \$55
SYN: 2807 WELL-5089-101CL 06/20/16-06/24/16 MTWTH
09:00AM-12:00PM GYM 122 A Beck
SYN: 2808 WELL-5089-102CL 07/25/16-07/29/16 MTWTH
09:00AM-12:00PM GYM 122 A Beck

BASKETBALL CAMP (AGES 5-15) – 15 HRS

This camp, in partnership with the National Basketball Academy, is designed to improve the skills of any youth basketball player. During this camp all players will receive expert instruction by the National Basketball Academy's highly trained and qualified coaching staff. The focus for this camp will be in the ball handling, shooting, passing and, most importantly, teamwork. Don't miss out on the chance to get better at basketball and have fun!

Cost: In district: \$60 Out of district: \$65
SYN: 2804 WELL-7000-101CL 08/08/16-08/12/16 MTWTH
09:00AM-12:00PM GYM 122 A Settler

LOCKER RENTAL:

Please check on large locker availability at the front desk, \$20 per year. Small lockers are free.

Daily Pass: Effective Sept. 1, 2015

\$15 (Credit or Debit – MasterCard, Visa and Discover)

No cash is accepted in the gym.

NEW SUMMER HOURS: (JUNE 6 THROUGH AUGUST 7)

Monday – Thursday 06:00AM-10:00PM

WORKOUT FACILITIES:

- Cardio and weight rooms (P-119, P-120, P-132, and P-149)
- Cybex weight equipment
- Hammer Strength equipment
- Precor Cardio equipment

OTHER AMENITIES:

- Gym floor (courts) basketball, volleyball, indoor soccer and badminton
- Racquetball court
- Dry sauna
- Keiser Spin room
- Rip 60 suspension
- Jogging track and trail
- Locker rooms and locker rental
- Other indoor sporting activities equipment

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday 7 a.m. – 7 p.m.

Wednesday – Thursday 7 a.m. – 6 p.m.

For more information, call 409-933-8586.

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

LIFELONG LEARNING FITNESS CLASSES

EXERCISE: LINE DANCING – 16 HRS

Line dancing involves performing patterned foot movements in a line in unison. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor.

Cost: 50 Plus: \$15 In district: \$42 / Out of district: \$47

SYN: 2907 SENR-7006-201CL 05/31/16-07/28/16 TTH

05:30PM-06:30PM GYM 112B P Horton

SYN: 2908 SENR-7006-202CL 05/31/16-07/28/16 TTH

06:45PM-07:45PM GYM 112B P Horton

EXERCISE: PILATES – 16 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2910 SENR-7075-101CL 05/31/16-07/28/16 TTH

04:15PM-05:15PM GYM 005 S Deshotel

EXERCISE: TAI CHI (BEGINNER) – 16 HRS

If you value feeling good and want to be physically and mentally healthy, learn Tai Chi and experience relaxation and increased energy. This course will introduce you to the Yang style of Tai Chi short form and some of the Chinese breathing exercises called Chi-Kung. **Class will not meet on Monday 7/4/16.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2914 SENR-7078-101CL 05/31/16-07/28/16 TTH

12:00PM-01:00PM GYM 005 L Bingrong

SYN: 2915 SENR-7078-102CL 06/01/16-07/27/16 MW

11:15AM-12:15PM GYM 005 L Bingrong



www.facebook.com/com50plus

EXERCISE: TOTAL BODY FITNESS – 16 HRS

Participants will learn to properly stretch, warm up, and perform abdominal and upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2917 SENR-7070-102CL 05/31/16-07/28/16 TTH

08:30AM-09:30AM GYM 005 A Johnson Galdamez

SYN: 2916 SENR-7070-101CL 06/01/16-07/27/16 MW

09:45AM-10:45AM GYM 005 A Johnson Galdamez

EXERCISE: CARDIO WALKING/RUNNING – 16 HRS

Outdoor walking on a track offers a fun and effective way to burn fat and improve cardiovascular endurance. Students will walk or run, measuring distance and time. The instructor will give techniques and tips throughout the semester. During inclement weather, the class will be inside. Proper attire includes tennis shoes and socks (please no blue jeans). Bring a notebook to log your progress.

Class will not meet July 4.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 3153 SENR-7057-102CL 06/01/16-07/27/16 MW

07:15AM-08:15AM GYM A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 16 HRS

Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Participants do not have to be strong in order to do weight-training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle and hand towel and should wear comfortable, loose-fitting clothes.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2918 SENR-7076-101CL 05/31/16-07/28/16 TTH

07:15AM-08:15AM GYM A Johnson Galdamez

NEW EXERCISE: YOGA – 18 HRS

Participants will learn the art of slow-measured movements to develop strong muscles, agility and flexibility, which will reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done in the chair and on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to limited space, students will be limited to one yoga class per semester. You must attend the section for which you are registered.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47

SYN: 2922 SENR-7071-104CL 05/31/16-07/28/16 TTH

09:45AM-10:45AM GYM 005 A Johnson Galdamez

www.com.edu/ce



Travel Presentation Dates!

- Wednesday, Jan. 20, 2016 at 3:30pm
 - Wednesday, Mar. 30, 2016 at 3:30pm
 - Wednesday, June 15, 2016 at 3:30pm
- RSVP: 409.933.8912



Highlights

- 6 Nights at One Hotel
- Nantucket Island Tour
- Boston City Tour
- Plimoth Plantation
- Plymouth Rock
- Mayflower II
- Hyannis
- Martha's Vineyard Tour
- Newport's Ocean Drive
- Breakers Mansion Tour
- Heritage Plantation
- Sandwich
- New England Lobster Dinner
- Faneuil Hall Marketplace

Inclusions

- Roundtrip Airfare - IAH
- 6 Nights First Class Hotel
- 9 Meals: 6 - Breakfasts & 3 - Dinners
- Daily Sightseeing
- Admissions per Itinerary
- Professional Tour Director
- Deluxe Motorcoach
- Baggage Handling
- Hotel Transfers
- Cancellation Waiver & Post Departure Plan

Tour Rates

Booking Discount*: \$2495 pp double
 Regular Rate: \$2595 pp double
 Single Supplement: +\$650

*See Reservation Info for Booking Discount details



College of the Mainland Life Long Learning Program CE presents

Cape Cod & the Islands

featuring Boston, Martha's Vineyard, Nantucket & Newport

7 days August 14 - 20, 2016

Day 1: Flight to Boston

Today fly to Boston. Upon arrival meet your **Tour Director** and transfer to the **Doubletree Hotel Hyannis** in Hyannis, Massachusetts for a leisurely six night stay.

Overnight: Hyannis, MA

Day 2: Hyannis, Plymouth & Sandwich

Today enjoy a **Hyannis Tour** to learn more about the history of the Kennedys and this seaside resort. Travel through **Hyannis Port**, home of the Kennedy Compound and see the **Kennedy Memorial & St. Francis Church**. Later visit **Plimoth Plantation**, an accurate re-creation of the Pilgrim's 1627 village where costumed interpreters portray colony residents in this living history museum. This afternoon board the **Mayflower II**, a reproduction of the original ship that brought the pilgrims to the new world in 1620. Also see famous **Plymouth Rock**, the place where the Pilgrims first stepped ashore after a 66 day trans-Atlantic voyage. Later journey to the charming village of **Sandwich**. Incorporated in 1639, it is the oldest town on Cape Cod and known for its glassware. Visit the **Heritage Plantation**, where a collection of Americana ranges from early art and artifacts to horticulture, military history and a 1912 carousel. Enjoy a **Welcome Dinner** this evening.

Meals: (B,D) Overnight: Hyannis, MA

Day 3: Nantucket Island

This morning board a ferry and enjoy the trip to **Nantucket Island**. Enjoy a **Nantucket Island Tour** to see cobblestone Main Street, unspoiled beaches, lone lighthouses, sea captains' houses and art galleries all reflections of an island that some 300 years ago was the whaling capital of the world. After your tour enjoy some time at your own pace to shop or explore the yacht filled harbor and waterfront. This afternoon board a ferry and return to Hyannis.

Meal: (B) Overnight: Hyannis, MA

Day 4: Boston City Tour

Today visit the historic city of **Boston**. Enjoy a **Boston City Tour** featuring Boston Commons, the Old State House, the Old North Church from where Paul Revere got the signal to start his famous ride, the Old South Meeting House, Beacon Hill and Old Ironsides. Visit the **Faneuil Hall Marketplace**,

located in downtown Boston near the waterfront and originally gifted to the city in 1742. Enjoy leisure time to grab a bite to eat, wander, people watch and shop. This evening enjoy dinner in Boston at a popular local restaurant then return to the Cape.

Meals: (B,D) Overnight: Hyannis, MA

Day 5: Martha's Vineyard Tour

This morning enjoy a scenic ferry ride to **Martha's Vineyard** where little has changed since European settlers arrived early in the 17th century. The island's resident population includes writers, artists, entertainers and fishermen. Your **Martha's Vineyard Tour** includes the colorful Victorian cottages of **Oak Bluffs, Edgartown** with its stately houses built by whaling captains, pristine beaches and colorful yacht harbors. Also view the picturesque **Aquinnah Lighthouse** and **Gay Head**. Later return via ferry.

Meal: (B) Overnight: Hyannis, MA

Day 6: Newport Sightseeing

Today visit **Newport, Rhode Island**, one of New England's most delightful coastal cities and a long time favorite vacation site of affluent socialites and yachting enthusiasts. Enjoy a **Newport City Tour** and drive by the Touro Synagogue, the oldest synagogue in America, the International Tennis Hall of Fame and the splendid estates along Bellevue Avenue. Marvel at the extravagant life-style of a bygone era with a guided tour of **The Breakers Mansion**, the Vanderbilt's lavishly decorated turn of the century mansion. Follow "**Ten-Mile-Drive**" along the magnificent rocky coast which boasts exquisite estates from the early 1900's. Enjoy some leisure time in Newport to explore the galleries and quaint shops. Tonight's **Farewell Dinner** is a traditional **New England Lobster Dinner**.

Meals: (B,D) Overnight: Hyannis, MA

Day 7: Hyannis - Boston Flight Home

Today transfer to the Boston airport filled with wonderful memories of your **Cape Cod & the Islands Tour**.

Meal: (B)

***BOOKING DISCOUNT - Deposit by May 31, 2016 by check or credit card and make your Final Payment by check & receive \$200 per couple/\$100 per person**



Travel Presentation Dates!

- Wednesday, Jan. 20, 2016 at 3:30pm
- Wednesday, Mar. 30, 2016 at 3:30pm
- Wednesday, June 15, 2016 at 3:30pm

RSVP: 409.933.8912



Highlights

- New York City Tour
- Rockefeller Center
- One World Observatory
- St. Patrick's Cathedral
- Statue of Liberty & Ellis Island
- 9/11 Memorial Museum
- 9/11 Memorial
- Broadway Show
- Central Park
- 4 Nights in Manhattan
- Rockettes Holiday Show
- Christmas Store Visit
- Holiday Lights Tour

Inclusions

- Roundtrip Airfare - IAH
- 6 Meals (4-B, 2-D)
- Admissions per Itinerary
- Professional Tour Director
- Comprehensive Sightseeing
- Baggage Handling
- Hotel Transfers
- Deluxe Motorcoach
- Cancellation Waiver & Post Departure Plan

Tour Rates

Booking Discount*: \$3199 pp dbl
 Regular Rate: \$3299 pp dbl
 Single Supplement: +\$1100

*See Reservation Info for Booking Discount details



College of the Mainland Life Long Learning Program CE presents

New York City Holiday

featuring 4 Nights in Manhattan, a Broadway Show & the Rockettes

5 Days December 2 - 6, 2016

Day 1: Arrive New York City

Today depart on your flight to the New York City area. Upon arrival meet your Tour Director and transfer to your hotel in Manhattan to begin a four-night stay. New York City knows how to do the holidays like no other city in the world. Even before the first snowflakes fall, the city transforms into a magical holiday wonderland filled with lights and decorations, skaters doing figure-eights in Central Park and the Rockettes kicking up their heels at Radio City. Tonight enjoy a **Welcome Dinner** with your fellow travelers.

Meal - (D) Overnight: New York City

Day 2: New York City Sightseeing

Today enjoy a **New York City Tour** featuring many of Manhattan's most famous attractions and areas. See **Greenwich Village, Chinatown, Times Square, Little Italy, Central Park** and famous landmarks like the **Chrysler & Empire State Buildings** and **St. Patrick's Cathedral**. Make a stop at **Rockefeller Center**, a famous venue for dining, shopping & entertainment. Also make a **Christmas Store Visit** to see one of Manhattan's popular stores all decked out for the season. This evening enjoy the **Radio City Music Hall Rockettes Holiday Show**. Since the first version in 1933, the show has become a New York City holiday season tradition featuring over 140 performers, lavish sets and costumes. After the show enjoy a brief **Holiday Lights Tour** featuring Rockefeller Plaza and one the country's most famous Christmas Trees.

Meal - (B) Overnight: New York City

Day 3: Statue of Liberty - One World - 9/11 Museum

This morning board a ferry to visit the **Statue of Liberty** and **Ellis Island**. The Statue of Liberty has become a global symbol of freedom. Ellis Island was the first stop in the American journey for millions of immigrants from

around the world. Later visit the new **One World Observatory**, positioned on top of the tallest building in the Western Hemisphere, on levels 100, 101, and 102 of the 1,776 foot tall One World Trade Center building, One World Observatory provides unique, panoramic views of New York City, its most iconic sites, and surrounding waters. Then see the **9/11 Memorial**, a tribute of remembrance to the victims & events of September 11, 2001. Then visit the new **9/11 Memorial Museum**, a moving experience located within the archaeological heart of the World Trade Center which documents the impact of the events and explores the continuing significance of September 11, 2001. Tonight maybe take in a Broadway Show on your own.

Meal - (B) Overnight: New York City

Day 4: Leisure Time - Broadway Show

Today enjoy Manhattan at your leisure. Stroll through Central Park, explore the museums or shop until you drop--there's something for everyone in New York City. This evening "head out in the city" for a fun filled evening. Start with a **Pre-Theatre Farewell Dinner** at a popular local restaurant. Later see an exciting **Broadway Show** with your fellow travelers in the world's most famous theatre district.

Meals - (B,D) Overnight: New York City

Day 5: New York City - Flight Home

Today say good-bye to the Big Apple. Fly home filled with wonderful memories of your **New York City Holiday**.

Meal - (B)

***BOOKING DISCOUNT - Deposit by July 31, 2016 by check or credit card and make your Final Payment by check & receive \$200 per couple/\$100 per person**

LEARNING NEVER ENDS

50 PLUS PROGRAM

offers opportunities to tackle a new skill, explore an art form, stay fit and travel the world.



For more information, call 409-933-8226 or visit
www.com.edu/50plus.

50 PLUS PROGRAM

LOCATION CODES

- FAB FINE ARTS BUILDING**
College of the Mainland
1200 Amburn Rd.
Texas City Campus
409-933-8348
- GYM COLLEGE OF THE MAINLAND**
1200 Amburn Rd.
Texas City Campus
409-933-8422
- HPL HITCHCOCK PUBLIC LIBRARY**
8005 Barry Avenue
Hitchcock, TX 77563
- LRC LEARNING RESOURCES CENTER**
1200 Amburn Rd.
Texas City Campus
409-933-8422
- LMCR LEARNING CENTER-DELMAR**
50 Plus Program Office
1130 Delmar
La Marque, TX 77568
409-933-8226 / 409-933-8912
- WJCC WAYNE JOHNSON COMMUNITY CENTER**
4102 FM 519
La Marque, TX 77568
409-934-8148
- CLC COM LEARNING CENTER – NORTH COUNTY**
200 Parker Ct.
League City, TX 77573
281-332-1800

LIFELONG LEARNING AND 50 PLUS PROGRAM REGISTRATION (formerly Senior Adult Program)

REGISTRATION FOR SUMMER 2016 BEGINS MAY 2, 2016.



50 PLUS DISCOUNT

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

MESSAGE FROM THE DIRECTOR



Welcome to the COM Lifelong Learning 50 Plus Program. We hope you have heard the exciting news that we have lowered the age of our program to anyone age 50 or older and that we will move soon to our new location. Please continue to help us spread the word and tell your friends and neighbors about continuing education opportunities at COM. I am also available to speak to local groups or organizations about our program.

We hope you will join us this summer for classes, lectures and educational travel adventures. Inside these pages you will discover ways to express your creative side, learn new skills, connect with others, stay current on technology, have fun and explore a world of opportunity. COM prides itself on instructors who are passionate about their subjects and innovative in their teaching.

Mark your calendar for these important dates:

May 2	Summer 2016 registration begins.
May 30	COM will be closed for Memorial Day.
May 31	Summer 2016 classes begin.
July 4	COM will be closed for Independence Day.
Aug. 1	Fall 2016 registration begins.

You will be able to register at the COM Learning Center-Delmar from May 2-27 or by calling 409-933-8226.

Have you attended our lectures? We have several scheduled for the summer including those discussing driver safety (AARP class), the Texas Free Phones Program (come see if you qualify), dealing with heart disease (a survivors' perspective) and a variety of genealogy lectures and trips.

Please join us for the Book and Movie Community Reading Club hosted by Ami Blackwell of SpinDrift Media and Entertainment. The book is "Life of Pi," a 2001 fantasy adventure by Yann Martel, which was made into a movie in 2012 directed by Ang Lee. We encourage participants to read the book, watch the movie with us and discuss the plot and major differences between the book and the movie. For more information, see page 44.

Have you participated in our educational travel adventures? This is a great way to get to know other seniors and stay involved in your community. Most trips fill up fast, so sign up as soon as summer registration begins. Our local trips are only for senior adults ages 50 or older, but extended travel trips are available to all ages. We will host two extended travel presentations, on June 15 and on Aug. 31, both at 3 p.m. These presentations will preview the trips Cape Cod and the Islands (Summer 2016) and New York (Fall 2016). For more information, please call 409-933-8912.

Find us on Facebook: College of the Mainland 50 Plus Program, www.facebook.com/com50plus.

Join our email distribution list to receive announcements about events and reminders for registration and COM closures. Call Maegan at 409-933-8226.

As our program continues to expand, I challenge you to try a new class, something that has piqued your curiosity in the past or something you have always wanted to try. You might surprise yourself and make some new friends while you're at it!

We strive to offer fun, exciting and relevant classes. If you have a suggestion for other new courses, please call me at 409-933-8226.

Alesha Vardeman
aaulds@com.edu
409-933-8432
www.com.edu/50plus

50 PLUS PROGRAM VISION

The College of the Mainland Senior Adult Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION

The College of the Mainland 50 Plus Program's mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society's existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION

50 Plus Program students who register for a (SENR) exercise class or 50 Plus Fitness Membership to use the gym on the main campus will be provided a free ID card to gain access into the gym facility.

All other students who want an ID to receive the benefits below must pay a one-time \$5 fee. If the ID card is lost or stolen, the replacement cost is \$5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (Fall, Spring, Summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation. Note: A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM cosmetology services at The Salon (call 409- 933-8480)
- Discount on tickets for COM Community Theatre productions and \$10 tickets for preview shows (call 409-933-8345)
- Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

REGISTRATION FOR 50 PLUS PROGRAM

Registration for the Summer 2016 semester will be Monday, May 2, to Friday, May 27. Register on the computers at the COM Learning Center-Delmar. To register by phone, call 409-933-8226 or 409-933-8586. If this

is your first time to register as a student age 50 or older, you must register at the Lifelong Learning Center or in the Continuing Education Office on the main campus and show proof of age.

CANCELLATION OF CLASSES

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION

If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8226 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips following the procedures printed on the flier for each trip.

WAITING LISTS

Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8226 or 409-933-8912 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING

Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE

Need a ride from COM's parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

OTHER FACILITY HOURS

- COM Cosmetology Lab – Gulfway Plaza Outlet Mall in La Marque
Call 409-933-8480 to make an appointment.
Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370
Monday – Thursday 7 a.m. – 7 p.m.
- Library, 409-933-8448
Monday – Thursday 8 a.m. – 9 p.m.
Present an ID at the library circulation desk to obtain a library card at no cost.



www.facebook.com/com50plus

50 PLUS PROGRAM CLASSES

50 plus students pay \$15. Under 50 students pay in district or out of district prices.

COURSES IN ALPHABETICAL ORDER

ART: BEADED FASHION JEWELRY – 24 HRS

Have a single earring after losing the other or retro jewelry? Sign up to give old jewelry a makeover. Bring jewelry, jewelry tools, glues for metal and glass, beading wire, Tiger Tails, crimps and finishing ends. Students will learn wire wrapping and can even make jewelry for children. Due to space, students may be limited to one beaded jewelry class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2864 SENR-7048-101CL 06/01/16-07/20/16 W
01:00PM-04:00PM LMCR 111 B Vollmer

ART: BEADING AND JEWELRY (ADVANCED) – 24 HRS

This class will cover advanced types of beading and jewelry making. Objectives will include pictures, Bead It Forward Projects for cancer research, necklaces and a copper bracelet. This course will teach advanced loom work and in-depth wire working. Learning how to read and use difficult patterns will be an class objective. Individuals can choose patterns. There is no end to what you can learn to do. Due to space, students may be limited to one beaded jewelry class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2865 SENR-7050-101CL 06/01/16-07/20/16 W
09:00AM-12:00PM LMCR 111 B Vollmer

ART: BEADING WITH DELICAS CYLINDER BEADS (ADVANCED) – 24 HRS

This course is designed for advanced beading students who have used Delica (cylinder) beads for creating projects. Participants will learn to make bracelets, wall hangings, amulet bags and other projects. For this class, students will need to bring Delica beads (only), a beading needle, thread, thread wax and a beading mat to class. The instructor will teach students the following stitches: peyote, brick, herringbone and other basic stitches.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2866 SENR-7064-101CL 06/03/16-07/22/16 F
09:00AM-12:00PM WJCC M Warling

ART: BRAZILIAN EMBROIDERY (BEGINNER) – 24 HRS

Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will have supplies for Brazilian embroidery available for purchase, but participants will need to bring a #5 and #6 hoop. For crochet, participants will need a size G or H crochet hook and yarn. Students supply their own materials and tools.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2867 SENR-7046-101CL 06/02/16-07/21/16 TH
09:00AM-12:00PM LMCR 112 C Walker

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 24 HRS

Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have supplies for Brazilian embroidery available for purchase, but participants will need to bring a #5 and #6 hoop. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. Students supply their own materials and tools.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2868 SENR-7033-101CL 06/02/16-07/21/16 TH
12:00PM-03:00PM LMCR 112 C Walker

ART: DRAWING FROM PHOTOGRAPHS – 24 HRS

This class will combine the drawing from photographs class and basic colored pencils class. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, come by or call the 50 Plus Program Office at 409-933-8226.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2875 SENR-7022-101CL 06/02/16-07/21/16 TH
01:00PM-04:00PM LMCR 111 S Karjala

ART: FUSION GLASS JEWELRY (BEGINNER) – 24 HRS

This course is a return to the fun of glass fusion techniques. Participants will create at least six pieces of jewelry, pictures, etc. No experience is required. This class works on design and new invention. The instructor will teach wire wrapping, so participants should bring jewelry tools. Students must pay a \$15 consumables fee to the instructor the first class day. Due to limited space, students may take only one fusion glass jewelry class per semester. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2877 SENR-7017-101CL 06/06/16-08/01/16 M
01:00PM-04:00PM LMCR 111 B Vollmer

ART: FUSION GLASS JEWELRY (ADVANCED) – 24 HRS

Return to the fun of glass fusion techniques and create at least six pieces of jewelry, pictures, etc. Experience is required. This class works on design and new invention. Wire wrapping will be taught, so bring those tools. A \$15 consumables fee will be paid to the instructor the first class day. Due to limited space, students can only take one fusion glass jewelry class per semester. Prerequisite: Three semesters of Fusion Glass Jewelry (Beginner) is suggested. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2878 SENR-7018-101CL 06/06/16-08/01/16 M
09:00AM-12:00PM LMCR 111 B Vollmer

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

ART: MOSAIC – 24 HRS

Participants will learn from an artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A \$5 supply fee will be paid to the instructor the first class day.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2880 SENR-7019-101CL 06/03/16-07/22/16 F
08:45AM-11:45AM LMCRC 112 B Holmes

ART: ABC'S OF PAINTING WITH ACRYLICS AND MORE! – 24 HRS

This class is for beginner and intermediate students. The first two class sessions will focus on techniques. The remaining classes will cover a study in painting birds, palm trees, tropical flowers, seascapes and rural landscapes. The instructor will provide supplies for beginners during the first class and a list of supplies, which may be purchased from craft stores.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2881 SENR-7037-101CL 06/01/16-07/20/16 W
01:30PM-04:30PM LMCRC 107 K Kronfeld

ART: PAINTING WITH OILS – 24 HRS

Participants will work with the instructor to improve their techniques and skills in oil painting. Participants may start from scratch or bring their present work and supplies. An additional supply list will be given at the first class.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2883 SENR-7010-101CL 05/31/16-07/19/16 T
09:00AM-12:00PM LMCRC 111 L Johnson
SYN: 2884 SENR-7010-102CL 06/02/16-07/21/16 TH
01:00PM- 04:00PM LMCRC 107 K Wells

ART: PAINTING WITH WATERCOLORS – 24 HRS

Participants will learn new methods of color, paint, application and design. This is an ongoing class and is designed for the more seasoned artist as well as those wanting to brush up their techniques. A list of supplies will be provided at the first class.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2886 SENR-7035-101CL 06/02/16-07/21/16 TH
09:00AM-12:00PM LMCRC 111 L Johnson



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ART: PAPER MACHE ANIMALS – 24 HRS

Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will advance to more complex projects and learn to build the armature (skeleton), create the form and finish the sculpture.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2887 SENR-7040-101CL 06/01/16-07/20/16 W
01:00PM-04:00PM LMCR 112 N House

ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 24 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with very little or no experience, this practical hands-on course will teach how to operate a digital camera and save and edit images at the most basic level. Students will also discover how to print, frame and exhibit their prints. Students are required to bring a single-lens reflex or point-and-shoot camera with its manual to each class. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2888 SENR-7049-101CL 06/06/16-08/01/16 M
09:00AM-12:00PM LMCR 106 T LeDoux

ART: PHOTOGRAPHY AS HOBBY (ADVANCED) – 24 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with more than a little experience, this practical, hands-on course will teach how to operate a digital camera and save images at a more advanced level. Students will also discover how to print, frame and exhibit their prints. Students are required to bring a single-lens reflex or point-and-shoot camera with its manual to each class. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2890 SENR-7047-101CL 06/06/16-08/01/16 M
01:00PM-04:00PM LMCR 106 T LeDoux

ART: STAINED GLASS (BEGINNER) – 16 HRS

Students will learn the copper-foil technique for making a stained glass project. All tools and supplies required for this class may be purchased from the instructor. The instructor will give a list of the supplies at the first class meeting. Due to space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2892 SENR-7003-101CL 05/31/16-07/19/16 T
08:00AM-10:00AM LMCR 107 P Stettler

ART: STAINED GLASS (ADVANCED) – 16 HRS

This class is for students with experience in working with stained glass. Due to space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2893 SENR-7004-101CL 05/31/16-07/19/16 T
10:30AM-12:30PM LMCR 107 P Stettler

ART: STAINED GLASS, LEAD CAME METHOD – 16 HRS

This class helps students with stained glass experience learn the advanced lead came method, in which the glass is supported by metal channeling (comes). Comes can come in various shapes and metals but are commonly made from lead, zinc, brass and copper. The comes are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. Due to space, students may be limited to one stained glass class per semester.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2894 SENR-7044-101CL 05/31/16-07/19/16 T
02:00PM-04:00PM LMCR 107 P Stettler

COMPUTER: ABSOLUTE BEGINNERS – 16 HRS

Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet participants where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows "friendlier," or personalized, and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2897 SENR-7011-101CL 06/03/16-07/22/16 F
07:45AM-09:45AM LMCR 106 C Mickens

Open Enrollment in Lifelong Learning & 50 Plus Program



SENR (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.

Lifelong Learning 50 plus Program SUMMER ART SHOW

July 1 – August 31
COM Art Gallery

1200 Amburn Road
(Located in the Fine Arts Building)

Awards Presentation and Reception
Thursday, July 7 at 5:30 p.m.

For more information, call 409-933-8226.

COMPUTER: APPLICATIONS FOR BEGINNERS – 16 HRS

Students will learn the power of the computer, a valuable tool with the proper software. This class will introduce Microsoft Office applications. Using these applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use Microsoft Word, PowerPoint, Excel and Access. Students need to bring a USB flash/jump drive to class.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2898 SENR-7036-101CL 06/03/16-07/22/16 F
09:45AM-11:45AM LMCR 106 C Mickens

COMPUTER: IPAD/IPHONE FOR BEGINNERS – 25 HRS

Are you thrilled to have a new iPad or iPhone but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send emails, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and back up to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter and podcasts. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/ iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **Class will not meet June 23.**

Cost: 50 Plus: \$15 In district: \$130 Out of district: \$135
SYN: 2899 SENR-7045-101CL 06/09/16-07/28/16 TH
09:30AM-12:00PM LMCR 106 C Grim

NEW! COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25 HRS

Have you been using an iPhone or iPad for a while but are not sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to effectively use the phone app, send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter, podcasts, weather and news apps. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/ iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. **Class will not meet June 23.**

Cost: 50 Plus: \$15 In district: \$143 Out of district: \$148
SYN: 3047 SENR-7053-102CL 06/09/16-07/28/16 TH
12:30PM-03:00PM LMCR 106 C Grim

EXERCISE: CARDIO WALKING/RUNNING – 16 HRS

Outdoor walking on a track offers a fun and effective way to burn fat and improve cardiovascular endurance. Students will walk or run, measuring distance and time. Techniques and tips will be taught throughout the semester. During inclement weather, students will walk/run inside. Proper attire includes tennis shoes and socks. Please no blue jeans. Bring a notebook to log your progress.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 3153 SENR-7057-102CL 06/01/16-07/27/16 MW
07:15AM-08:15AM GYM A Johnson Galdamez

EXERCISE: LINE DANCING – 16 HRS

Line dancing involves performing patterned foot movements in a line in unison. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2907 SENR-7006-201CL 05/31/16-07/28/16 TTH
05:30PM-06:30PM GYM 112B P Horton
SYN: 2908 SENR-7006-202CL 05/31/16-07/28/16 TTH
06:45PM-07:45PM GYM 112B P Horton

PILATES – 16 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2910 SENR-7075-101CL 05/31/16-07/28/16 TTH
04:15PM-05:15PM GYM 005 S Deshotel

EXERCISE: RHYTHMIC STRENGTHENING AND STRETCHING – 16 HRS

This class will combine yoga, Pilates and low-impact interval exercises set to music. This class is designed for students needing a slower-paced exercise class. The instructor will work with the student for exercise modification, if needed. **Class will not meet July 4.**

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2913 SENR-7080-101CL 06/01/16-07/27/16 MW
08:30AM-09:30AM GYM 005 A Johnson
Galdamez

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 16 HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase their endurance. This class includes chair and floor exercises set to music.

Cost: Senior: \$15 In district: \$42 Out of district: \$47
SYN: 2905 SENR-7002-101CL 05/31/16-07/28/16 TTH
10:00AM-11:00AM GYM 112B R Kennedy

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**



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EXERCISE: TAI CHI (BEGINNER) – 16 HRS

If you value feeling good and want to be physically and mentally healthy, learn Tai Chi and experience relaxation and increased energy. This course will introduce you to the Yang style of Tai Chi short form and some of the Chinese breathing exercises called Chi-Kung.

Class will not meet July 4.

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2914 SENR-7078-101CL	05/31/16-07/28/16	TTH
12:00PM-01:00PM	GYM 005	L Bingrong
SYN: 2915 SENR-7078-102CL	06/01/16-07/27/16	MW
11:15AM-12:15PM	GYM 005	L Bingrong



EXERCISE: TOTAL BODY FITNESS – 16 HRS

Participants will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes. **Class will not meet July 4.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2916 SENR-7070-101CL	06/01/16-07/27/16	MW
09:45AM-10:45AM	GYM 005	A Johnson Galdamez
SYN: 2917 SENR-7070-102CL	05/31/16-07/28/16	TTH
08:30AM-09:30AM	GYM 005	A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 16 HRS

Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower weight and a healthier body composition. Participants do not have to be strong in order to do weight-training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle, hand towel and weight gloves with wraparound wrist support and should wear comfortable, loose-fitting clothes.

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2918 SENR-7076-101CL	05/31/16-07/28/16	TTH
07:15AM-08:15AM	GYM	A Johnson Galdamez

NEW EXERCISE: YOGA – 18 HRS

Participants will learn the art of slow-measured movements to develop strong muscles, agility and flexibility, which will reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done in the chair and on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to limited space, students will be limited to one yoga class per semester. You must attend the section for which you registered.

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2922 SENR-7071-104CL	05/31/16-07/28/16	TTH
09:45AM-10:45AM	GYM 005	A Johnson Galdamez

EXERCISE: YOGA – 25 HRS

Participants will learn the art of slow-measured movements to develop strong muscles, agility and flexibility, which will reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Positions are done in the chair and on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. **Class will not meet July 4.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 2919 SENR-7071-101CL	05/31/16-07/27/16	MTW
11:30AM-12:30PM	WJCC	B Lambert
SYN: 2920 SENR-7071-102CL	05/31/16-07/27/16	MTW
01:00PM-02:00PM	WJCC	B Lambert
SYN: 2921 SENR-7071-103CL	05/31/16-07/27/16	MTW
10:00AM-11:00AM	WJCC	B Lambert

LIFELONG LEARNING 50 PLUS PROGRAM SUMMER OFFICE HOURS

Beginning May 31 – August 5

Monday – Thursday	8 a.m. – 5:15 p.m.
Friday	7:30 a.m. – 12:30 p.m.

For more information, call 409-933-8226.

SEWING: BASIC AND BEYOND QUILTING (BEGINNER) – 24 HRS

This class is for beginners with little or no experience with sewing machines or quilting. Those who need help with a current or new sewing project can join this class to learn how to complete it. Participants will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students may bring their own projects or supplies.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2924 SENR-7041-101CL 05/31/16-07/19/16 T
09:00AM-12:00PM LMCR 112 C Walker

SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 24 HRS

Those who need help with a current or new sewing project can join this class to learn how to complete it. Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students will bring their own supplies. Prerequisite: Three semesters of quilting is suggested.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2923 SENR-7028-101CL 05/31/16-07/19/16 T
01:00PM-04:00PM LMCR 112 C Walker

SPANISH – 16 HRS

Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases, and proceed to verbs and sentence construction. The last class will be a conversational session dealing with food.

Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47
SYN: 2925 SENR-7015-101CL 06/03/16-07/22/16 F
09:30AM-11:30AM LMCR 107 A Johnson Galdamez

**LIFELONG LEARNING
50 PLUS PROGRAM
SUMMER OFFICE HOURS**

Beginning May 31 – August 5

Monday – Thursday 8 a.m. – 5:15 p.m.
Friday 7:30 a.m. – 12:30 p.m.

For more information, call 409-933-8226.

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

50 PLUS DISCOUNT

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.



COMMUNITY LECTURE SERIES

LECTURE: GENEALOGY – OVERVIEW AND LIBRARY RESEARCH OPPORTUNITIES

Students will learn about upcoming trips to genealogical libraries and will learn the basic method for studying genealogy. During upcoming trips students may discover birth, marriage or death records along with probate records and wills. Libraries are full of our ancestors' records. It's up to the student to learn to dig a little deeper and develop persistence and techniques along the way. Taught by Debbie Cothorn.

Cost: FREE

SYN: 2926 SENR-7098-101CL	06/08/16	W
01:00PM-03:00PM	LMCR 106	D Cothorn

LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Premier World Travel will present a slideshow of upcoming trips to Cape Cod and the Islands – featuring Boston, Martha's Vineyard, Nantucket and Newport Beach – and the New York City Holiday – featuring a Radio City Rockettes Holiday Show, Broadway show, Holiday Lights Tour, New York City Tour, Statue of Liberty and Ellis Island, 9/11 Memorial and Museum and more. For details of upcoming trips, see pages 32-33. For more information, please call 409-933-8912.

Cost: FREE

SYN: 2927 SENR-7098-102CL	06/15/16	W
03:30PM-05:00PM	LMCR 106	
SYN: 2943 SENR-7098-111CL	08/31/16	W
03:30PM-05:00PM	LMCR 106	

LECTURE: AARP DRIVER SAFETY COURSE

This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This is a certified course recognized by most major insurance companies for discounted rates. This class gives seniors tools for safer driving techniques to compensate for age-related problems. Note: This is not a ticket-dismissal class. Certificate fee is \$15 for students with AARP membership cards, \$20 for non-members. The instructor will collect this at the beginning of the class. Taught by Barbara Cook.

Cost: FREE

SYN: 2928 SENR-7098-103CL	06/16/16	TH
08:30AM-12:30PM	LMCR 107	
SYN: 2939 SENR-7098-109CL	07/14/16	TH
08:30AM-12:30PM	LMCR 106	

Open Enrollment in Lifelong Learning & 50 Plus Program



SENR (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.

YOU ASKED. WE LISTENED.

COM Lifelong Learning proudly hosts extended travel trips.

Upcoming Destinations:

Cap Cod & the Islands *featuring*
Boston, Martha's Vineyard,
Nantucket and Newport Beach

New York City Holiday

Travel Presentations
June 15 & Aug. 31, 2016
3:30 p.m.
1130 Delmar, La Marque

See pages 32 – 33 for details and pricing for each trip.

These trips are *not* limited to adults over 50.

**Participants must register
(open to anyone age 18 or older).**

For more information or to register, call 409-933-8912.



LECTURE: GENEALOGY TECHNOLOGY

Students will learn how to get information for their family histories from databases such as Ancestry and Family Search. Students will also learn strategies for working with electronic records and how to take computer files home. Taught by Irene Walters from the Clayton Library.

Cost: FREE

SYN: 2934 SENR-7098-104CL 06/22/16 W
01:00PM-03:00PM LMCR 106

LECTURE: STATE FREE PHONES PROGRAM (STAP) – DO YOU QUALIFY?

The Specialized Telecommunications Assistance Program is a state-funded program that enables people to stay connected with family and friends. To be eligible, you must have proof of residency (current ID or utility bill; Social Security number is not required) and have trouble hearing, seeing, speaking, walking or getting to the phone. Social worker Rodney Hamilton discusses.

Cost: FREE

SYN: 2935 SENR-7098-105CL 06/29/16 W
01:00PM-02:00PM LMCR 106

LECTURE: BOOK AND MOVIE COMMUNITY READING CLUB (BAM) "LIFE OF PI"

"Life of Pi" is a 2001 fantasy adventure novel by Yann Martel made into a movie directed by Ang Lee in 2012. The novel is an exploration of spirituality and practicality as told by Piscine Molitor "Pi" Patel, a 16-year-old Indian boy who survives 227 days on a lifeboat in the Pacific Ocean with a Bengal tiger named Richard Parker. Narrated by a middle-aged Pi, the main events of the story are set in the summer of 1977 and draw on places and historical events in India when Indira Gandhi's administration ruled by decree, curtailed press freedoms and imprisoned political opponents. At the 85th Academy Awards the film won four awards from 11 nominations, including Best Director.

Cost: FREE

SYN: 2936 SENR-7098-106CL 07/27/16 W
01:00PM-05:00PM LMCR 106

LECTURE: GENEALOGY – RESEARCHING IN YOUR PAJAMAS

Students will learn how to dig deeper for general and specialized online records sources that can be accessed for free. Kim Zrubek from the Friendswood Library will lead this discussion.

Cost: FREE

SYN: 2937 SENR-7098-107CL 07/06/16 W
01:00PM-03:00PM LMCR 106

LECTURE: DEALING WITH COPD AND RESPIRATORY ISSUES

Students will learn about the anatomy and physiology of the lung and how to stay healthy. Students will also learn about chronic obstructive pulmonary disease (COPD) and discover the types of medication available for COPD. Taught by Emily Lupton, registered nurse, of Absolute Kheir Home Health.

Cost: FREE

SYN: 2938 SENR-7098-108CL 07/13/16 W
01:00PM-02:00PM LMCR 106

LECTURE: CARDIAC REHAB – DEALING WITH HEART DISEASE

From severe unstable angina, emergency bypass surgery, inoperable diseased artery trees and a prognosis of "no hope," Larry Wagner's documented journey was once described by WebMD as "amazing." Students will benefit from Wagner's knowledge, tips and methods gained through a multiyear search for cutting-edge research in nutrition, exercise physiology, rehabilitation and exercise training.

Cost: FREE

SYN: 2941 SENR-7098-110CL 07/20/16 W
01:00PM-02:00PM LMCR 106

LIFELONG LEARNING 50 PLUS PROGRAM SUMMER OFFICE HOURS

Beginning May 31 – August 5

Monday – Thursday 8 a.m. – 5:15 p.m.
Friday 7:30 a.m. – 12:30 p.m.

For more information, call 409-933-8226.



www.facebook.com/com50plus

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

50 PLUS TRIPS

(Only open to 50 plus students)

TRIP: ALLEY THEATRE'S "BORN YESTERDAY"

The Alley Theatre is hosting our group with a complimentary reception consisting of heavy hors' d'oeuvres, wine, beer and non-alcoholic beverages. We will then go to the newly renovated Alley Theatre Hubbard Stage's classic production of "Born Yesterday" by Garsin Kanin. This great American comedy tells the story of a hot-tempered and corrupt tycoon and a not-so-dumb blonde out to capitalize on everything Washington has to offer. After an extreme makeover from a political reporter hired by her boyfriend, this ex-showgirl receives more she bargained for. The play is suitable for general audiences. This trip is open to anyone age 50 or older, and the cost includes transportation and admission. Tickets have been pre-purchased. **No refunds will be given for this trip.**

Cost: 50 Plus: \$50

SYN: 2944 SENR-7099-101CL 06/09/16 TH
03:30PM-11:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY

Students will travel to the Clayton Library for Genealogical Research, one of the top genealogy research libraries in the United States. Instructor Debbie Cothorn will assist beginning and advanced students with tracing their family histories using library resources, including over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: June 1**

Cost: 50 Plus: \$25

SYN: 2945 SENR-7099-102CL 06/14/16 T
09:00AM-05:00PM D Cothorn

TRIP: NATIONAL MUSEUM OF FUNERAL HISTORY

The National Museum of Funeral History houses the country's largest collection of funeral service artifacts and features renowned exhibits on one of man's oldest customs. Discover the mourning rituals of ancient civilizations, view items used in funerals of U.S. presidents and popes, and visit tributes to Marilyn Monroe, Hank Williams, Michael Jackson and Elvis Presley. Following the tour, the group will enjoy a Dutch treat lunch before returning to campus. This trip is open to anyone age 50 or older and includes the cost of transportation and admission. **Refund deadline: June 4**

Cost: 50 Plus: \$28

SYN: 2946 SENR-7099-103CL 06/22/16 W
08:30AM-04:00PM

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**

TRIP: GENEALOGY – MONTGOMERY COUNTY LIBRARY, CONROE

Students will travel to Montgomery County Library in Conroe. Instructor Debbie Cothorn will assist beginner and advanced students in tracing their family histories using library resources, including special collections, Dawes Rolls (Native American), south Louisiana records by Hebert, 19th-century military records and various books for each state. The cost covers transportation and instruction. Lunch is Dutch treat at Cracker Barrel, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: June 8**

Cost: 50 Plus: \$25

SYN: 2947 SENR-7099-104CL 06/28/16 T
08:00AM-05:00PM D Cothorn

TRIP: TUTS "WICKED"

A Dutch treat supper will precede Broadway Across America's award-winning production of "Wicked." "Wicked" is the untold story of the Wizard of Oz's Wicked Witch of the West and Glinda the Good ... before Dorothy dropped in. Based on the Gregory Maguire novel, "Wicked" takes a fantasy journey through the unseen side of Oz, sharing a tale of unexpected friendship and love. This trip is open to anyone age 50 or older and includes the cost of transportation and admission. Tickets have been pre-purchased. **No refunds will be given for this trip.**

Cost: 50 Plus: \$65

SYN: 2948 SENR-7099-105CL 07/06/16 W
03:30PM-11:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY

Students will travel to the Clayton Library for Genealogical Research, one of the top genealogy research libraries in the United States. Instructor Debbie Cothorn will assist beginning and advanced students in tracing their family history using library resources, including over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: July 1**

Cost: 50 Plus: \$25

SYN: 2949 SENR-7099-106CL 07/12/16 T
09:00AM-05:00PM D Cothorn

TRIP: MFAH'S EXHIBIT HIGH SOCIETY: THE PORTRAITS OF FRANZ WINTERHALTER AND LUNCH AT CULINARY ART INSTITUTE

Tour the exhibit "High Society: The Portraits of Franz Winterhalter." This German painter is known for his paintings of royalty such as Queen Victoria and King Albert of Britain. The trip will be followed by a Dutch treat lunch at the Culinary Art Institute, where food is prepared by students in their final lab before graduation under the direction of chef instructors. This trip is open to anyone age 50 or older, and the cost includes transportation and an admission ticket.

Refund deadline: July 11

Cost: 50 Plus: \$28

SYN: 2950 SENR-7099-107CL 07/27/16 W
10:00AM-04:00PM

SPACE AVAILABLE CLASSES

CAREER AND TECHNICAL EDUCATION

Space-available classes are workforce credit classes in which continuing education students may enroll. Noncredit (continuing education) students are not required to take a college placement test or apply to the college. These classes are available to a limited number of noncredit students who must complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of pass or fail; however, no college credit hours are earned.

Space-available classes start and end with the summer credit class schedule – Summer I (June 6 – July 9) or Spring II (July 11 – Aug. 11). Full course descriptions are available in the College catalog and more information about these courses can be viewed in the credit schedule. Both of these documents are located online at www.com.edu/admissions/schedule-catalog.php.

The following space available classes are \$270 in-district, \$275 out-of-district; there will be an additional \$25 computer fee for hybrid courses and a \$35 fee for online courses. Hybrid and Internet classes require completion of the Online Learner Workshop (OLW) prior to first class date (see page 5 for more details).

ACCOUNTING AND BUSINESS

INTRODUCTION TO ACCOUNTING – 48 HRS

Cost:	In district: \$305	Out of district: \$310
SYN: 3214 ACNT-1003-001IN		06/06/16-07/08/16
		Internet
		M Williams
Cost:	In district: \$295	Out of district: \$300
SYN: 3189 ACNT-1003-201HY		06/06/16-07/08/16
		MW
05:30PM-07:45PM		TVB 1225
		M Williams

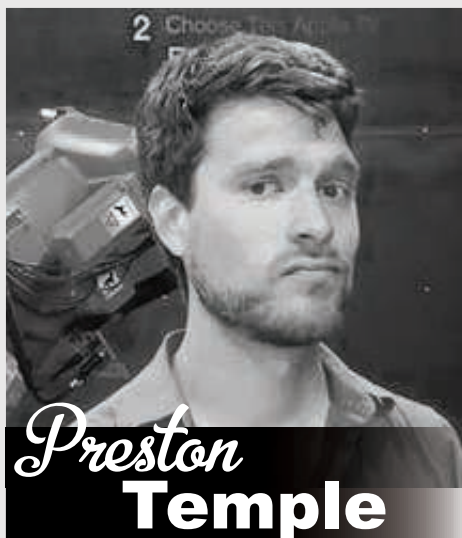
GRAPHIC ARTS

DESIGN COMMUNICATIONS I – 96 HRS

Cost:	In district: \$295	Out of district: \$300
SYN: 3195 ARTC-1017-101HY		06/06/16-07/08/16
		MTWTH
09:00AM-11:20AM		TVB 1572A
		C Jackson

INTRODUCTION TO DIGITAL MEDIA – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 3193 IMED-1001-101CL		06/06/16-07/08/16
		MTWTH
09:00AM-12:50PM		TVB 1572
		COM Faculty



At age 8 Preston Temple began tinkering with computers, creating simple programs on a clunky Apple II.

Technology intrigued him, and at 15 he enrolled as a full-time student at College of the Mainland.

“I sat in on a Flash class, and I decided this is what I want to do,” said Temple.

At 19 he graduated with an Associate of Arts in graphic design/web design.

Now he creates Web apps for his company, imajin.

“I feel like (COM classes) prepared me very well,” said Temple.

“The rapid course structure taught me (to have) a good pace in the workplace. The instructors all shaped who I am in a positive way.”

After graduation, he worked as a web developer for the School of Nursing at the University of Texas-Medical Branch.

“He was ready to get out in the workforce,” said instructor Coleena Jackson. “He absorbed information so well.”

One of his first apps, created as a contract project, was Harborlights, which was used by the Greater Houston Port Bureau and Houston Vessel Traffic System.

“It allowed them to keep track of thousands of ships in the Gulf Coast and departure times and schedules,” said Temple.

Temple sees the technology industry as a vehicle for ingenuity.

“If you enjoying making things work, go for it,” said Temple. “Every job is a chance to use more tools. I treat everything as a learning opportunity.”

COM grad at 19 creates apps and websites

COLLEGE MISSION

College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION

College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES

Kyle Dickson, Rosalie Kettler, Bennie Matthews, Roney G. McCrary, Wayne H. Miles, Rachel Delgado and Alan Waters

ACCREDITATION

College of the Mainland is accredited by:

The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution's significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT

College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NOTICE OF NONDISCRIMINATION

College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College's Title IX Coordinator or the U.S. Department of Education's Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Lonica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

**REGISTRATION FOR SUMMER 2016
BEGINS MAY 2, 2016.**



www.facebook.com/comcontinuinged

PUBLIC INFORMATION STATEMENT

College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA

El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Título IX, Sección 504, y del Título VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma inglés no sea obstáculo a la admisión y participación en todos los programas educativos y vocacionales.

Continuing Education Summer Office Hours

(Starts June 6 and Ends August 7)

Monday – Tuesday	7 a.m. – 7 p.m.
Wednesday – Thursday	7 a.m. – 6 p.m.

For more information, call 409-933-8586.

CONTINUING EDUCATION OFFICE

Technical-Vocational Building, Room TVB-1475, main campus

Phone: 409-933-8586

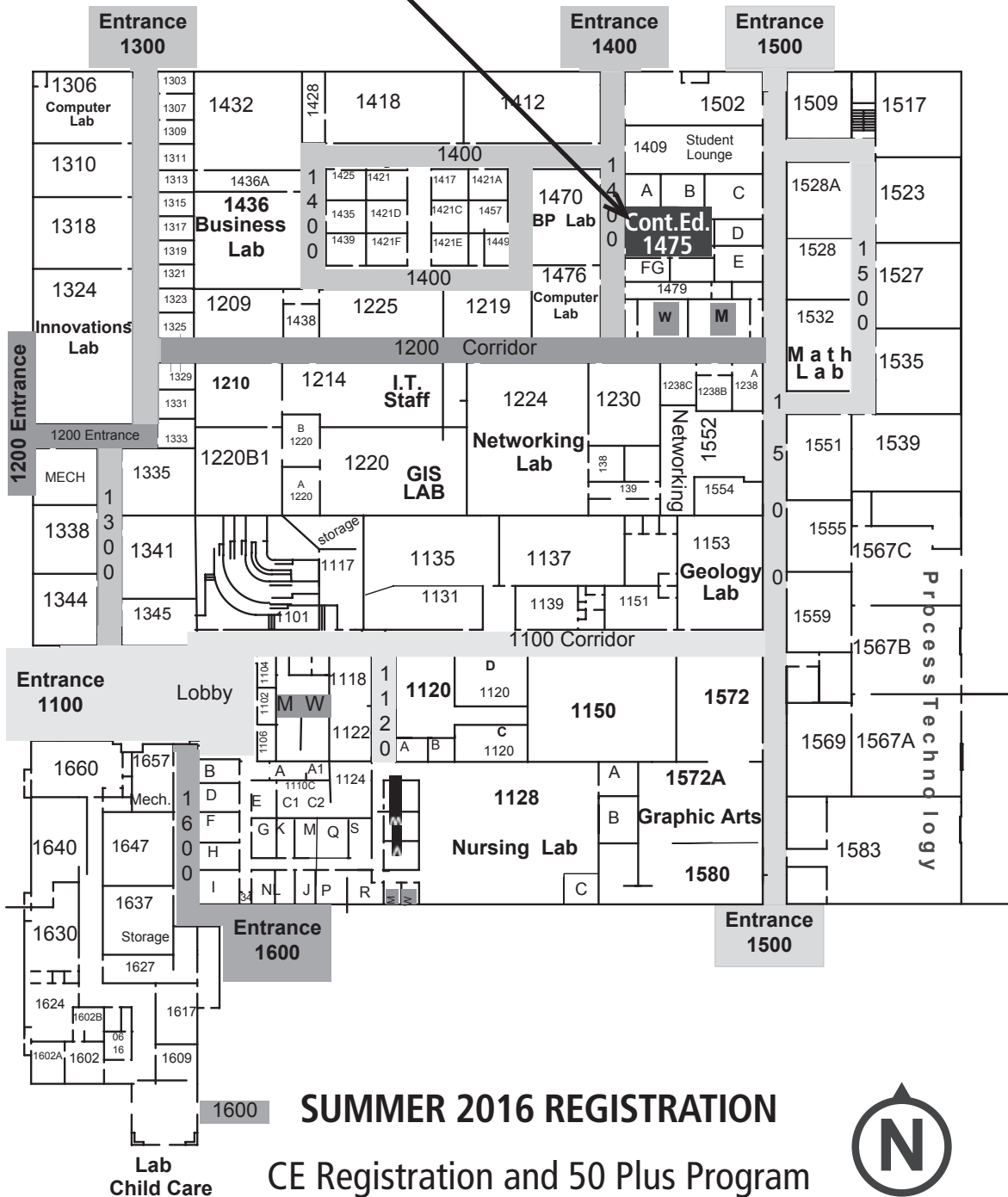
Fax: 409-933-8026

Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591

Email: ContEd@com.edu

Register here or online at www.com.edu/ce.


TECHNICAL-VOCATIONAL BUILDING



SUMMER 2016 REGISTRATION

CE Registration and 50 Plus Program
Registration begins May 2, 2016.





COM HVAC PROGRAM OPEN FOR ENROLLMENT

Summer is coming and with it the need for qualified air-conditioning technicians.

College of the Mainland trains individuals to work as heating, ventilation and air-conditioning technicians in a hands-on program that's less than a year.

Graduates find ample opportunities in the greater Galveston/Houston area.

"We live in the AC capital of the world. Whether you do commercial, residential or industrial, they'll always need help," said Ernie Martinez, a COM HVAC instructor who also works for Coopwood Air Conditioning.

"This time of year, companies are ramping up employees."

The Gulf Coast Workforce Development Board projects that by 2022 opportunities for HVAC technicians will increase 25.7 percent. The median hourly wage is \$20.04, according to Workforce Solutions.

"The need for HVAC service technicians is not dependent on oil prices. In a way that's a safe guarding your employment," said Martinez, adding that industrial and medical facilities with sensitive, critical equipment have to be continually climate controlled.

The program prepares students for entry-level employment, and Martinez encourages students to look

for apprenticeship and internship opportunities as well. COM works closely with employers who are hiring, and John Moore Services recently visited the HVAC Program to recruit students for their apprenticeship program.

"We make the correlation between what we study and real life," said Martinez.

"For instance, their homework may be to go home and draw out a schematic of their home AC."

Hands-on classes focus on work with compressors, circuits and air-conditioning components.

"I put a meter in students' hands, and we identified the electrical components of an HVAC system. We can calculate a unit's efficiency using math and science theories such as Ohm's Law," explained Martinez.

▶ Students may qualify for financial aid through the Workforce Investment Act, Texas Public Education Grants and, for veterans, Hazlewood Grants. Scholarships are also available. The Gulf Coast Ready to Work Grant is another source for paid tuition, training and internships.

▶ Students do not have to take placement tests to enter the program.

For more information on the COM HVAC Program, visit www.com.edu/hvac or call 409-933-8406.

TEXAS ONLINE DEFENSIVE DRIVING AND DRIVER'S EDUCATION

Texas Online Defensive Driving (TEA Course Provider #947) \$29.95 Cost

- Six-hour course
- Accepted by all Texas courts and municipalities for ticket dismissal
- Completers may be eligible for a 10 percent reduction in insurance policy premiums.

Texas Teen Driver Education Course (TEA Course Provider #C2636) \$129.95 Cost

- Has both a parent-taught and virtual-instructor-taught version
- Includes all DPS forms
- Meets all DPS requirements

Adult Driver Education Online (TEA Course Provider #C2636) \$65 Cost

- Guides drivers 18-24 years of age in obtaining their first driver's license
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam.

College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:

- Online text and interactive videos
- Full audio or read-along text for the hearing impaired
- Courses in both English and Spanish
- 24/7 customer phone support
- 24/7 course accessibility with exclusive course memory

The screenshot shows a website header with the College of the Mainland logo and SAFETY-USA logo. Below the header is a navigation bar with three buttons: 'Teen Driver Education Course', 'Adult Driver Education Course', and 'Defensive Driving'. To the right of the navigation bar is a section titled 'Ready for class?' with a paragraph of text: 'College of the Mainland and Safety-USA are proud to partner together to bring you access to all the resources you need to get your driver's license, dismiss a traffic ticket, order DPS records and more!'.

Registration available online only at <http://tx-dps.com/affiliates/college-of-the-mainland>.
1-888-596-7307

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CONTINUING EDUCATION REGISTRATION

SSN or Student ID	NAME (Last, First, Middle Initial)	CITY	STATE	ZIP
CHECK ONE: 1. Do you consider yourself to be Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No 2. In addition, please select one or more of the following racial categories to describe yourself: <input type="checkbox"/> American Indian or Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> White	MAILING ADDRESS			
	Date of Birth	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female	Home Phone	Business/Cell Phone
	EMAIL ADDRESS			
	This is to certify that I <input type="checkbox"/> AM <input type="checkbox"/> AM NOT a legal resident of the College of the Mainland District. To be a legal resident of College of the Mainland District, you must reside in one of the following school districts: Hitchcock, Santa Fe (including <u>Algoa</u> , Arcadia, Alta Loma), Texas City, La Marque and Dickinson. Signature _____ Date _____			


COURSES TO ADD


Term	Synonym	Course Abbreviation	Course #	Section #	Cost


COURSES TO DROP


Term	Synonym	Course Abbreviation	Course #	Section #	Cost

Refund policy: **NO REFUNDS** will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used to pay salaries for our instructors as well as for supplies. **** Please initial: _____**

Personal 
 COM Continuing Education
 Technical-Vocational Building, Rm T-1475
 1200 Amburn Road, Texas City
 (credit card, debit, money order or check)
NO CASH ACCEPTED

Mail 
 COM Continuing Education
 1200 Amburn Road, Texas City, Texas 77591
 (check or money order only)

Call 
 409-933-8586 or
 1-888-258-8359, ext. 8586
 (credit card or debit only)

Online 
 Use WebAdvisor
<https://webadvisor.com.edu>
(Returning students only)

****NO CASH ACCEPTED****

9/25/15

COLLEGE OF THE MAINLAND



Learn from
the comfort
of home!

24-Hour Access

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6 Week Format

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Complete any of these courses entirely from your home or office and at any time of the day or night.

Prices start as low as: **\$103**

INSTRUCTOR LED ONLINE COURSES

Introduction to Google Analytics

Learn how to track and generate traffic to your website, create reports, and analyze data with Google's free, state-of-the-art Web analytics tools.

Performing Payroll in QuickBooks

Learn how to use QuickBooks 2013 to create paychecks, pay tax liabilities, and produce forms and reports.

Accounting Fundamentals

Give yourself skills that are in high demand by exploring corporate accounting with a veteran instructor.

Beginning Writer's Workshop

Get a taste of the writer's life and improve your writing skills in this introduction to writing creatively.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

A to Z Grant Writing

Learn how to research and develop relationships with potential funding sources, organize grant writing campaigns, and prepare proposals.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Introduction to SQL

Gain a solid working knowledge of the most powerful and widely used database programming language.

Introduction to Final Cut Pro X

Make the leap from home video enthusiast to professional video editor using Apple's revolutionary Final Cut Pro X editing software.

Introduction to Microsoft Excel

Become proficient in Microsoft Excel and discover countless shortcuts, tricks, and features for creating and formatting worksheets quickly and efficiently.

Intermediate Microsoft Excel

Take your Microsoft Excel skills to the next level as you master charts, PivotTables, Slicers, Sparklines, and other advanced Excel features.

Introduction to CSS3 and HTML5

Learn to create state-of-the-art Web sites using modern CSS3 and HTML5 techniques.

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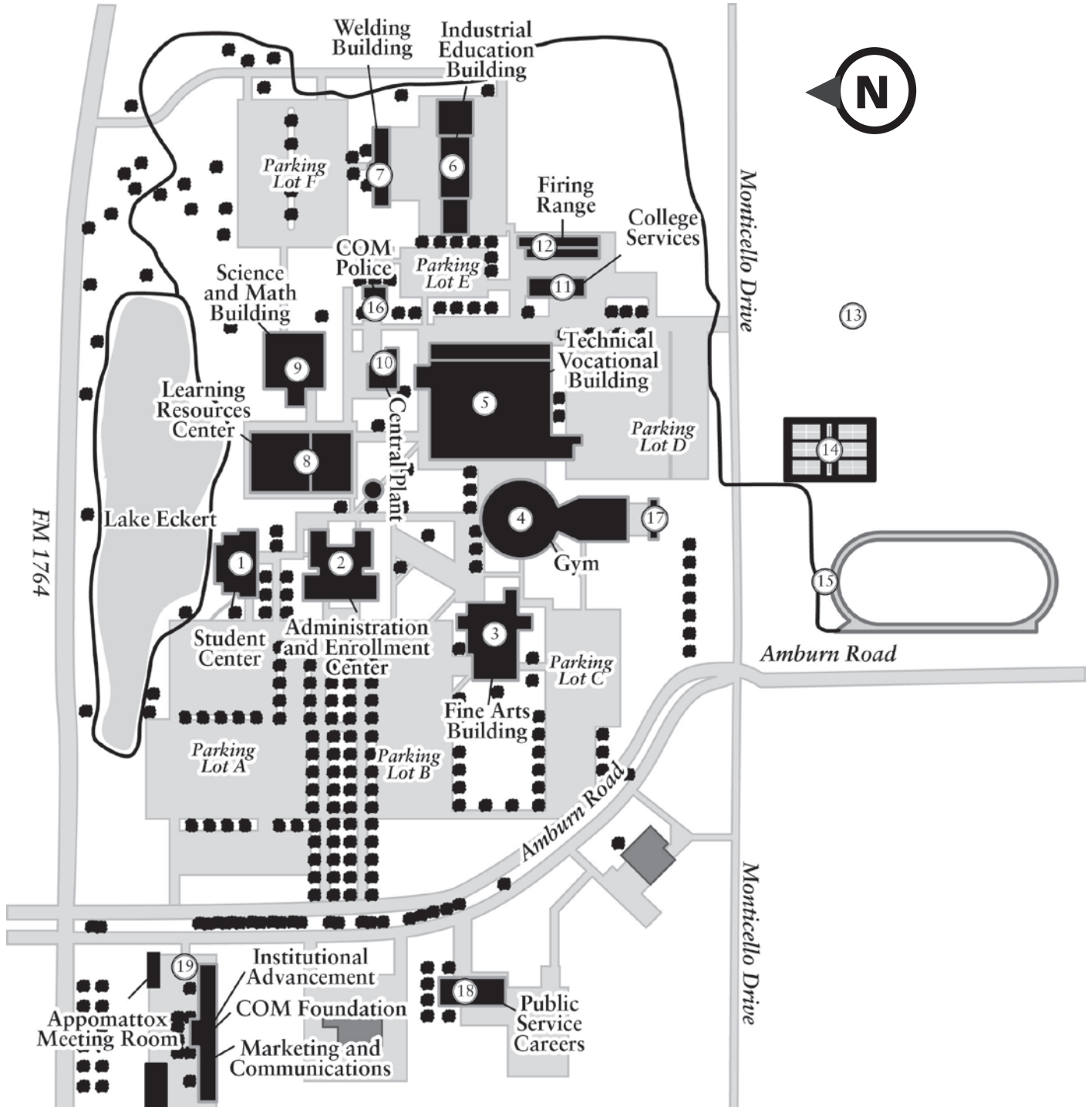
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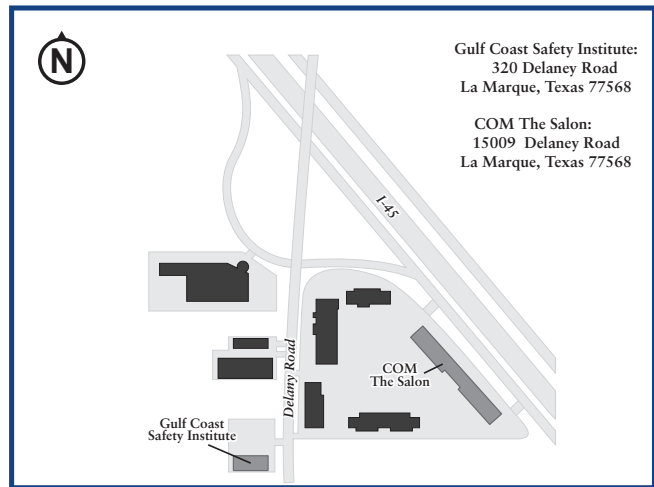
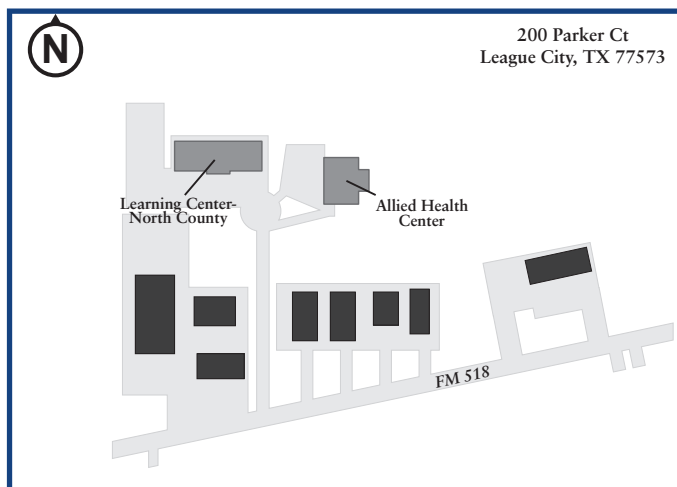
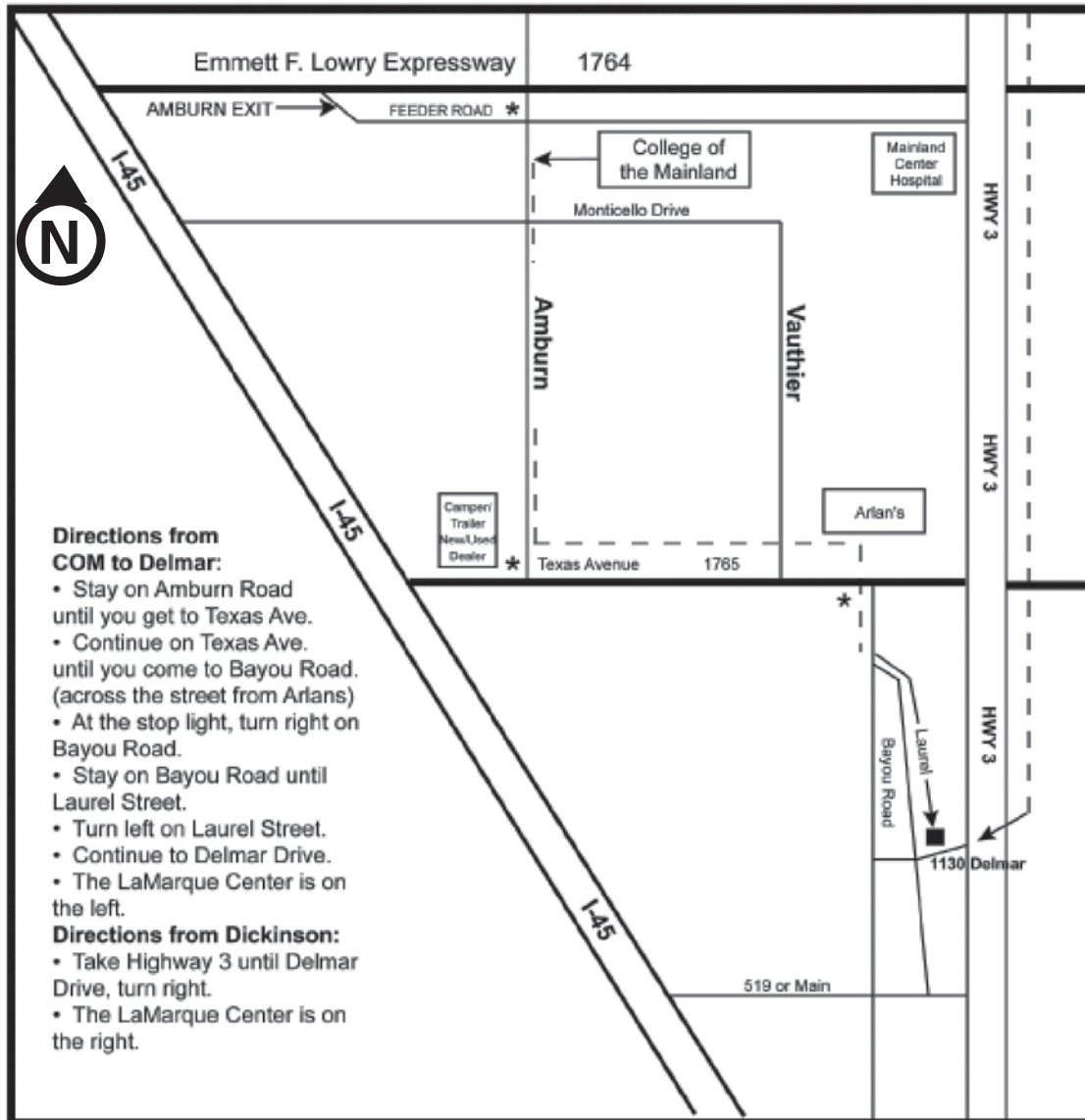
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