

# OSHA 10-Hour Training



The Gulf Coast Safety Institute (GCSI) offers courses for both general industry and construction workers. All courses listed are taught by OSHA authorized outreach instructors. This training is intended to provide entry-level workers information about their rights and employer responsibilities and how to identify, prevent and abate job-related hazards. Department of Labor wallet cards are issued upon successful completion of each class. *Students must attend **all** hours to receive wallet cards.*

## *Who should attend? Anyone!*

### **OSHA 10-Hour Class for General Industry:**

OSHA 10-Hour courses are taught by GCSI instructors. The cost per person is \$30.00 in-district and \$35.00 out-of-district.

Register for these classes through the College of the Mainland Continuing Education Department at 409-933-8586 or 1-888-258-8859, ext. 8586.

### **OSHA 10-Hour Class for Construction:**

Taught by Texas Department of Insurance (TDI) Safety Training Division. Classes are taught at no cost and alternate between Spanish and English each month. The cost for the 10-hour class is \$30.00 per person.

Contact TDI directly for registration at [safetytraining@tdi.texas.gov](mailto:safetytraining@tdi.texas.gov), or by phone: 512-804-4610.

### **OSHA 10-Hour General Industry Courses**

October 10 and 11, 2017 (English)  
December 11 and 12, 2017 (English)

Day One: 8 am – 5 pm  
Day Two: 8 am – 12 pm

### **OSHA 10-Hour Construction Courses**

October 17 and 18, 2017 (English)  
November 14 and 15, 2017 (Spanish)

Courses will run 8:30 am - 4:30 pm each day



320 Delany Road, La Marque, Texas 77568

For more information contact us at 409-933-8162.

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# OSHA 30-Hour Training



The Gulf Coast Safety Institute (GCSI) offers the 30 Hour General Industry OSHA Outreach courses. These courses are taught by OSHA authorized outreach instructors. Completion Certificates and Department of Labor wallet cards are issued upon successful completion of each class. *Students must attend **all** hours to receive wallet cards.*

## *Who should attend?*

*Supervisors, foreman, managers or those with some safety responsibility.*

The 30-Hour Outreach course covers specific OSHA requirements as they apply to general industry work sites and teaches safety awareness which helps in recognizing and reducing the risks of hazards. The course puts emphasis on hazard identification, avoidance, control and prevention and is intended for supervisors or workers who have some safety responsibility.

Register for these classes through the College of the Mainland Continuing Education Department at 409-933-8586 or 1-888-258-8859, ext. 8586.

### Dates

September 26 - 29, 2017  
November 7 - 10, 2017

### Time

8 am - 5 pm each day

### Location

320 Delany Road, La Marque, Texas 77568

### Cost

\$295/300 for in/out-of-district\*

**\*Financial assistance is available to cover the full cost of the course! If you meet the following qualifications call and ask how you can apply. To qualify:**

***You must be currently employed  
Have the support of your company for training  
Work at or with the industrial plants***

**For more information contact us at 409-933-8162.**



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