

# Free English OSHA 10 Hour

Brought to you by the Texas Department of Insurance, Division of Workers' Compensation and hosted by the College of the Mainland, this training program is designed as a **general orientation course** to provide construction workers information about their rights, their employers' responsibilities, how to file a complaint and how to identify, abate, avoid, and prevent job-related hazards on a construction site. Emphasis is on accident prevention.

All training materials, including the participants' books and handouts, will be provided at the training center.

All persons completing the ten hours will receive an OSHA Course completion card within 2-3 weeks

All persons completing the ten hours will receive an OSHA course completion card within 2-6 weeks.

## WHEN

Monday, June 13: 8:30am - 5:10pm  
Tuesday, June 14: 8:30am - 12:15pm



## WHERE

Gulf Coast Safety Institute  
College of the Mainland  
320 Delany Road  
La Marque, TX 77568

## TO REGISTER

Email: [safetytraining@tdi.texas.gov](mailto:safetytraining@tdi.texas.gov)

Phone: 512-804-4610

*\*Registration is required and is processed on a first-come, first-served basis*