

Associate Degree Nursing Program

STUDENT HANDBOOK

2015-2016

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Department Chair, Nursing & Allied Health
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Dear Nursing Student,

Welcome to COM Nursing! I am very pleased that you have chosen our associate degree nursing program to begin or continue your professional nursing education.

The nursing faculty, staff, and I endeavor to provide you with an environment conducive to learning that promotes professionalism, trust, and respect. We are committed to preparing you for professional nurse licensure and practice.

I challenge you to achieve your career goals through persistence, time management, study skills, and a positive attitude. In the midst of the hard work involved in becoming a registered nurse, I hope you have some fun and build long-lasting relationships.

Best wishes in your educational endeavors,

Jere Hammer, PhD, RN Department Chair, Nursing & Allied Health College of the Mainland



Dear Nursing Student,

The faculty would like to extend to you a warm welcome to our campus. We are pleased to offer you a quality education in which you will be given the opportunity to receive an Associate in Applied Science degree in Nursing.

Students entering our program come from a variety of backgrounds. This diversity contributes directly to the quality of your educational experience. You will also be working closely with dedicated faculty who have considerable expertise in the areas in which they teach.

We are confident that when you complete the program you will leave with memories of a rich and satisfying educational experience. We are pleased that you have selected our nursing program and hope you will see the faculty as your ongoing mentors who will be assisting and guiding you toward your goal of becoming a registered nurse.

All our best wishes for your success,

The ADN Nursing Faculty College of the Mainland



1.0 ADN Program Overview

1.1 Introduction

This handbook has been prepared to introduce nursing students to the COM ADN Program. The policies and regulations of the college catalog, COM student handbook and the ADN program student handbook provide guidance for the nursing student. Failure to comply will result in disciplinary action up to and including dismissal from the nursing program and/or college.

Requirements of the Nursing Program are subject to changes in legislation and BON rules and regulations. The current Nursing Student Handbook policies and procedures supersede previous editions once approved by the nursing faculty regardless of the catalog requirements under which the student was first admitted.

1.2 Program History

The COM ADN Program faculty accepted the first class of students in the spring of 1972 under the direction of Ruthie Hebert. This class graduated in the spring of 1974. The ADN Program has also been directed by Claudia Cooper, Dr. Anne Wilson, Carole Labby, Dr. Jeanne Jackson, Pattie Tyler, and Dr. Gay Reeves. Dr. Jere Hammer is the current department chair for nursing.

The ADN Program has maintained accreditation from the Accreditation Commission for Education in Nursing, Inc. (ACEN) and approval from the Texas Board of Nursing throughout the years.

1.3 Program Mission

The ADN Program mission is to provide opportunities for the development of entry level professional nursing knowledge, skills, and attitudes in four major nursing roles:

- Member of the Profession
- Provider of Patient-Centered Care
- Patient Safety Advocate
- Member of the Health Care Team

1.4 Program Description

The ADN program is a campus-based AAS degree program with two admission cycles each year. There are two tracks in the ADN program that lead to the AAS degree at graduation.

The **Pre-licensure track** is a five semester plan of study designed for unlicensed applicants. New pre-licensure students are admitted in the fall and spring semesters.

The **LVN-RN transition track** is a four semester plan of study designed for Licensed Vocational Nurses (LVNs). New transition students are admitted in in the first summer session.

Both tracks include general education and nursing courses. The degree plan consists of 24 credit



hours of non-nursing courses in the humanities and psychobiological sciences and 27-36 credit hours in nursing science. Program graduates are eligible to apply to the Texas BON to take the National Council Licensure Examination for Registered Nurses (NCLEX-RN).

The program is approved by the Texas Board of Nursing (BON) and accredited by the Accreditation Commission for Education in Nursing (ACEN). These organizations may be contacted at:

Texas Board of Nursing 333 Guadalupe #3-460, Austin, TX 78701 1-512-305-7400; www.bon.state.tx.us

Accreditation Commission for Education in Nursing 3343 Peachtree Road, NE, Suite 850 Atlanta, GA 30326; 404-975-5000

Admission to the college does not guarantee admission to the ADN program. Students may apply for admission to the ADN program once all prerequisite courses and admission criteria are met.

1.5 Program of Study

1.5.1 Pre-Licensure Track

General Education Courses	Credits	Nursing Courses	Credits
ENGL1301 Composition I	3	RNSG 1215 Health Assessment	2
BIOL 2401 Human Anatomy & Physiology I	4	RNSG 1205 Nursing Skills I	2
BIOL 2402 Human Anatomy & Physiology II	4	RNSG 1209 Introduction to Nursing	2
BIOL 2420 Microbiology	4	RNSG 1260 Clinical I	2
PSYC 2301 Introduction to Psychology	3	RNSG 1441 Common Concepts of Adult Health	4
XXXX xxxx Humanities/Fine Arts	3	RNSG 1361 Clinical II	3
PSYC 2314 Lifespan Development 3	3	RNSG 2213 Mental Health Nursing	1
		RNSG 2261 Clinical III	2
		RNSG 1251 Care of the Childbearing Family	2
		RNSG 2260 Clinical IV	2
		RNSG 2101 Care of Children & Families	2
		RNSG 1262 Clinical V	2
		RNSG 1343 Complex Concepts of Adult Health	3
		RNSG 2262 Clinical VI	2
		RNSG 2331 Advanced Concepts of Adult Health	3
		RNSG 2263 Clinical VII	2
Subtotal	24	Subtotal	36
		TOAL	60



1.5.2 LVN to RN Transition Track

General Education Courses	Credits	Nursing Courses	Credits
ENGL1301 Composition I	3	RNSG 1215 Health Assessment	2
BIOL 2401 Human Anatomy & Physiology I	4	RNSG 1327 Transition from VN to Prof Nursing	3
BIOL 2402 Human Anatomy & Physiology II	4	RNSG 1162 Transition Clinical	1
BIOL 2420 Microbiology	4	RNSG 2213 Mental Health Nursing	1
PSYC 2301 Introduction to Psychology	3	RNSG 2261 Clinical III	2
XXXX xxxx Humanities/Fine Arts	3	RNSG 1251 Care of the Childbearing Family	2
PSYC 2314 Lifespan Development	3	RNSG 2261 Clinical IV	2
		RNSG 2101 Care of Children & Families	2
		RNSG 1262 Clinical V	2
		RNSG 1343 Complex Concepts of Adult Health	3
		RNSG 2262 Clinical VI	2
		RNSG 2331 Advanced Concepts of Adult Health	3
		RNSG 2263 Clinical VI	2
Subtotal	24	Subtotal	27
		TOTAL	51

1.6 Student Learning Outcomes

Upon successful completion of the ADN Program, the graduate will:

- 1. Synthesize knowledge from the humanities and the psychosocial, biological and nursing sciences.
- 2. Apply the nursing process as a provider of patient-centered care in primary, secondary and tertiary settings to promote health by assisting patients in achieving, improving, or maintaining an optimum level of wellness.
- 3. Practice beginning leadership skills to include effective delegation; collaboration with the patient, family and members of the health care team; coordination of safe, effective, caring, evidence-based, and therapeutic patient-centered care; and integration of knowledge from the humanities, nutrition, pharmacology, and the psychosocial, biological, and nursing sciences,
- 4. Synthesize principles and techniques of interpersonal communication to implement therapeutic interactions with culturally diverse individuals, families, and groups in a variety of settings.
- 5. Incorporate principles of effective communication and documentation using current nursing technology and informatics in providing patient-centered care and therapeutic support for culturally diverse patients at various stages of the life cycle and the wellness-illness continuum.
- 6. Integrate principles of teaching and learning to organize and plan the teaching of patients, family members, and other health care providers with socioeconomic, cultural and spiritual diversity.
- 7. Evaluate and compare benchmarks from evidence-based practice clinical data and literature to plan or refine patient-centered nursing care which will promote homeostasis and



equilibrium for patients experiencing health alterations, disease processes and/or stressors to body systems.

- 8. Practice the delivery of safe and cost effective nursing health care according to established evidence-based standards of practice and within legal/ethical standards.
- 9. Serve as a patient safety advocate by applying the principles of change theory, quality improvement and outcome measures in the healthcare setting.
- 10. Promote personal and professional growth to ensure life-long learning and continued competency in nursing practice as a member of the profession.



2.0 Student Policies

2.1 Admission, Progression, Dismissal, & Readmission Criteria

Admission, progression, dismissal, and readmission criteria for the nursing program differ from those of the college. The Nursing Program faculty has the authority to establish and implement the following policies and reserve the right to make changes to the student handbook as deemed necessary.

2.1.1 Admission Criteria

Admission criteria established by the faculty and staff include:

- 1. Admission to the college.
- 2. Transcripts evaluated by nursing department and admissions department (nursing courses will only transfer to COM if 3 years old or less)
- 3. Establishing a nursing academic plan with the Nursing Academic Advisor.
- 4. Taking and passing with a minimum grade of "C" all prerequisite courses required for the desired track.
- 5. Earning a prerequisite GPA of 2.8
- 6. Completing the Pre-Nursing Orientation modules
- 7. Submitting of required clinical readiness documentation.
- 8. Clearing BON and clinical agency criminal background checks.
- 9. Clearing drug screen.

For detailed information about the Pre-Licensure and LVN-RN Transition track admission criteria go to <u>http://www.com.edu/nursing</u> and select the desired track in the menu.

Eligibility for Licensure by Examination

Information regarding conditions that may disqualify graduates from licensure and their rights to petition the Board for a Declaratory Order of Eligibility can be found in the Nursing Practice Act and the BON Rules and Regulations links below:

Texas Nursing Practice Act Excerpts

Sec. 301.252. License Application

Sec. 301.257. Declaratory Order of License Eligibility

Sec. 301.452. Grounds for Disciplinary Action

Sec. 301.4521. Physical and Psychological Evaluation

Sec. 301.453. Disciplinary Authority of Board; Methods of Discipline

Sec. 301.4531. Schedule of Sanctions

Sec. 301.4535. Required Suspension, Revocation, or Refusal of License for Certain Offenses

Sec. 301.454. Notice and Hearing

Sec. 301.455. Temporary License Suspension or Restriction

Sec. 301.456. Evidence

Sec. 301.457. Complaint and Investigation



Sec. 301.458. Initiation of Formal Charges; Discovery Sec. 301.459. Formal Hearing Sec. 301.460. Access to Information Sec. 301.461. Assessment of Costs Sec. 301.462. Voluntary Surrender of License Sec. 301.463. Agreed Disposition Sec. 301.464. Informal Proceedings Sec. 301.465. Subpoenas; Request for Information Sec. 301.465. Subpoenas; Request for Information Sec. 301.466. Confidentiality Sec. 301.467. Reinstatement Sec. 301.468. Probation Sec. 301.469. Notice of Final Action

Texas BON Rules & Regulations Excerpts

<u>213.27. Good Professional Character</u>
 <u>213.28. Licensure of Persons with Criminal Offenses</u>
 <u>213.29. Criteria and Procedure Regarding Intemperate Use and Lack of Fitness in Eligibility and Disciplinary Matters</u>
 <u>213.30. Declaratory Order of Eligibility for Licensure</u>

The complete documents can be found at the Board of Nursing Website:

- Nursing Practice Act

 <u>http://www.bon.texas.gov/laws_and_rules_nursing_practice_act.asp</u>
- BON Rules & Regulations

 <u>http://www.bon.texas.gov/laws_and_rules_rules_and_regulations.asp</u>

2.1.2 Progression Criteria

Progression criteria established by the faculty and staff include:

- 1. Completing each sequential nursing course with a minimum grade of "C"
- 2. Maintaining at least a 2.0 cumulative GPA throughout the Nursing Program
- 3. Demonstrating Good Professional Character as defined by the BON

2.1.3 Dismissal/Withdrawal Criteria

Dismissal/withdrawal criteria established by the college and nursing faculty include:

Student-Initiated Withdrawal

A student desiring to withdraw from a course must withdraw officially through the Registrar's Office; simply informing the instructor of a desire or intent to withdraw is not sufficient. The student is responsible for officially withdrawing from a course. A grade of "W" will be recorded if the course is dropped on or before the last day to withdraw; a grade of "F" will be recorded after the last day to withdraw or if the student does not officially withdraw from the course.



Faculty-Initiated Dismissal/Withdrawal

Faculty may withdraw a student from a course due to lack of attendance, poor academic performance, or for behavior/conduct detrimental to the learning progress of the student, the class, or detrimental to the safety of patients. The student will receive a "W" for the course(s). Instructors will not drop the students beyond the "W" date listed in the college calendar.

Exit Interview Process

When a student withdraws or is dismissed from the Nursing Program for any reason (i.e., course failure, illness, etc.) an exit interview is required. All recommendations made by the instructor or the Department Chair will be included on the Exit Interview form. The student will sign the form and receive a copy. An Exit Interview form will be completed by the person conducting the interview. **An exit interview is required for consideration for re-entry into the Nursing Program**.

The exiting student is responsible for contacting the course facilitator to schedule the exit interview within 6 weeks following withdrawal from the Nursing Program. If the course facilitator is not on campus to conduct the exit interview, the student will schedule an appointment with the Program Coordinator to complete the interview.

2.1.4 Readmission/Transfer Criteria

Readmission criteria established by the faculty and staff include:

- 1. Admission to the college
- 2. Transfer transcripts evaluated by nursing and admissions departments (nursing courses will only transfer to COM if completed within the previous 3 years)
- 3. Exit interview on file (readmission only)
- 4. Updated academic plan
- 5. Cumulative nursing GPA of at least 2.8
- 6. Successful demonstration of competency in previous nursing coursework
- 7. Approval of the Admission/Progression Committee
- 8. Space available in desired course(s)

2.2 Attendance

Instructors will keep accurate records of student attendance. Absences and tardiness will be reflected in the final course grade.

2.2.1 Class Absences

There will be no excused absences. One percentage point will be deducted from the final course grade for each absence. Three absences will result in an instructor initiated drop from the course and dismissal from the nursing program.

Students leaving a class in session will be restricted from reentering the classroom until the next scheduled break.



2.2.2 Clinical/Lab Absences

There will be no excused absences. One percentage point will be deducted from the final course grade for each hour or portion of an hour missed. In order to meet Clinical/Lab requirements, no more than 12 clinical/lab contact hours can be missed.

2.2.3 Tardiness

Students are considered tardy if arriving to the class, clinical, or lab setting 15 minutes past the scheduled start time at the beginning of the session or after a break according to the instructor's clock. Students arriving late to class at the beginning or after breaks will be restricted from entering the classroom until the next scheduled break. Two late arrivals to a class, clinical, or lab course will count as one absence in the course.

Students will be dismissed from clinical or lab for the day and counted absent if arriving to the clinical or lab setting more than 15 minutes past the scheduled start time according to the instructor's clock.

Any class, clinical, or lab hours missed as a result of instructor absence will be made up without penalty to the student.

2.3 Audio/Video Recording

Students are prohibited from video recording classroom lectures and discussion at any time.

Students may audio record classroom lectures and discussions for individual use with written permission from the class instructor and notification of all students and guest speakers in the class that audio recording may occur. An exception to this policy is any student determined by the Services for Students with Disabilities to be entitled to education adjustments involving audio recording.

Permission by the instructor to allow the recording is not a transfer of any copyrights in the recording. The recording may not be reproduced or uploaded to publicly accessible web environments. Public distribution of lecture recordings may constitute copyright infringement in violation of federal or state law.

To request permission to audio record:

- 1. Submit a written request for permission to audio record to the faculty prior to the start of the class session.
- 2. Include these agreements in the request:
 - a. I agree not to make or allow to be made any additional copies of the audio recording.
 - b. I agree not to share the audio recording with any other individual or group.
 - c. I agree to completely erase all audio recordings made during the course at the end of the semester.
 - d. I agree to stop audio recording:



- i. During any audio or video presentation containing copyrighted material
- ii. When the faculty requests no recording
- iii. When students in the class request no recording
- iv. During lectures or discussions directed by anyone other than the regular course faculty
- 3. Sign and date the request.

2.4 Behavior/Conduct

In addition to following the Code of Student Conduct in the COM Student Handbook, students enrolled in nursing programs must demonstrate <u>Good Professional Character</u> as defined by the BON and adhere to the ANA <u>Code of Ethics for Nurses</u>.

2.5 Clinical Documentation

Students must provide and maintain current documentation of continuing compliance with clinical requirements defined by assigned affiliating agencies for immunizations, TB skin test, CPR certificate for healthcare providers, and other agency requests in order to participate in clinical learning experiences. Students with expired requirements will be prohibited from participating in clinical learning experiences until the requirement is met. Missed clinical hours can affect successful course completion and progression in the program. (See Attendance policy.)

Clinical requirements include, but are not limited to:

<u>Cardiopulmonary Resuscitation (CPR) Certification</u> by the American Heart Association (AHA) Basic Life Support for Healthcare Providers or Red Cross Professional Rescuer CPR certification. No other CPR certification will be accepted.

Immunizations

Flu vaccination must be renewed each year. TdaP vaccination must be renewed every 10 years.

<u>Tuberculosis Skin Tests</u> TB skin testing must be renewed each year.

Physical/Mental Readiness for Clinical

If a student appears to be physically or mentally unable to provide safe patient care, the clinical instructor will have the option of releasing the student from clinical duties for the day. If released, this will constitute a clinical absence.

Professional Liability (Malpractice) Insurance

The non-refundable insurance fee is paid with registration once each year.



2.6 Clinical Guidelines

Scheduled clinical hours are dependent upon availability to clinical sites and faculty. The clinical assignments are variable and may include days, nights and/or weekends. The faculty will do all in its power to give students enough prior notice of required schedules to allow them to plan for their outside responsibilities.

Preparation for Clinical Experience

Patient care assignments are made according to the specific clinical rotation goals and objectives. If applicable, the student is expected to complete all preclinical assignments prior to caring for assigned patient(s). Failure to meet those assignments will result in the student being dismissed from the clinical experience for the day. This will constitute an absence and will be reflected in the weekly evaluation and final course grade.

Rules and Regulations Governing the Clinical Practice Setting

Students are required to conform to the rules and regulations of assigned clinical agencies. Students that violate rules or regulations will be disciplined accordingly and may be removed from the clinical setting.

Clinical Patient Confidentiality Requirements

Students will protect patient confidentiality at all times. No identifiable patient information or copies of any part of the patient record may be removed from the clinical facility. See HIPAA Privacy Rule Compliance; Behavior/Conduct policies.

Illness or Injury of Student while in the Clinical Setting

Illness or injury while in the clinical setting must be reported to the faculty immediately. Expenses for emergency room treatment and physician fees are the responsibility of the student.

Emergency Needlestick Information

If a student sustains a needlestick or sharps injury or is exposed to the blood or body fluid of a patient during the clinical rotation, the student must immediately follow these steps:

- 1. Wash needlesticks and cuts with soap and water
- 2. Flush splashes to the nose, mouth, or skin with water
- 3. Irrigate eyes with clean water, saline, or sterile irrigating solution
- 4. Report the incident to the clinical faculty
- 5. Immediately seek medical treatment

http://www.cdc.gov/niosh/topics/bbp/emergnedl.html

Preventing Needlesticks or Blood/Body Fluid Exposures

- 1. Avoid using needles whenever safe and effective alternatives are available.
- 2. Avoid recapping or bending needles that might be contaminated.
- 3. Use standard-labeled, leak-proof, puncture-resistant sharps containers provided by the clinical agency.



- 4. Promptly dispose of used needle devices and sharps in the containers.
- 5. Plan for the safe handling and disposal of needles before use.
- 6. Secure used sharps containers during transport to prevent spilling.
- 7. Follow standard precautions, infection prevention, and general hygiene practices consistently
- 8. Participate in the clinical agency's bloodborne pathogens training program.
- 9. Use devices with safety features provided by the clinical facility.
- 10. Report any needlestick and other sharps injury immediately.

http://www.cdc.gov/niosh/docs/2012-123/

Health Status

Any student sustaining an injury, requiring hospitalization or surgery, or who is pregnant, must obtain a written statement from the physician verifying that his/her health status will permit the required level of performance in the clinical agency. A student may not be allowed to attend clinical if he/she must take medications that might interfere with his/her ability to perform satisfactorily, or if the clinical agency does not permit the student to attend clinical based on his/her health status. A student who is pregnant should inform the clinical faculty so that no assignment will be made involving exposure to radiation or other hazards.

Uniforms

Students will wear the approved school uniform (below) when in the clinical setting, unless otherwise directed. Uniforms must be worn only for clinical activities and experiences Failure to comply will result in the student being dismissed from the clinical experience for the day. This will constitute an absence and will be reflected the weekly evaluation and final course grade.

1. Top:

- a. Female: White Crossover Top STYLE #5391
- b. Male: White Unisex V-Neck Top STYLE #5998W
- c. Solid white T-shirts or turtle necks may be worn under the red uniform top
- 2. Bottom:
 - a. Red Cherokee® Workwear Female Pull-On Cargo Pant STYLE #4200
 - b. Red Cherokee® Workwear Unisex Drawstring Cargo Pant STYLE #4100
 - c. Red Cherokee® Workwear Male Drawstring Cargo Pant STYLE #4000
 - d. Female students may red uniform skirts (length below the knee) with white hosiery
- 3. Lab Coat
 - a. White, cotton or cotton-blend style of choice
 - b. College Insignia sewn on the left sleeve, 2 inches down from the shoulder seam
- 4. Shoes/Socks:
 - a. White socks or hosiery
 - b. White closed-toe, leather or leather-like nursing shoes (cloth/canvas athletic shoes are not permissible)
- 5. COM student photo ID must be worn at all times in the clinical area.



- 6. When street clothes are required by the clinical agency, business clothing will be worn. Jeans may not be worn in any clinical setting. Students are expected to arrive wearing a lab coat bearing the college seal, and COM student picture I.D.
- 7. When the agency-provided scrub gowns or suits are required for the clinical assignment, students will arrive at the agency in the complete school uniform and change into the agency scrubs.
- 8. A Lab coat, with COM ID, will be worn on specified occasions: Clinical orientation, field trips, and other times as directed by the faculty.

Grooming and Personal Hygiene

- 1. General cleanliness and good grooming are expected at all times. Heavy makeup is inappropriate in patient-care settings. No scented perfumes, powders, or body lotions/watches may be offensive to persons who are ill and should, therefore, not be worn in the clinical setting.
- 2. Hair styles should conform to the standards accepted in a professional environment. Hair, including wigs, must be clean and up off the collar of the uniform and/or lab coat, so not to interfere with patient care or become a safety hazard. Long hair should be arranged in a hairstyle that controls loose hair. Scarves, ribbons and other hair ornaments are not acceptable. Hair color must fall within the normal range of hair colors – blonde, brown, black, red, white, silver, or gray. For example, hair color that is green, purple, blue, bright orange, burgundy, etc., is not allowed in the clinical setting. This applies to both female and male students.
- 3. Men are to be clean-shaven or wear a neatly trimmed facial hair (beard or mustache).
- 4. Fingernails must be kept clean and short so that the tips of the nails do not extend past the ends of the fingers. Artificial nails/wraps or acrylic overlays are not permitted in accordance with the Centers for Disease Control & Prevention (CDC) guidelines. Clear nail polish may be worn, if not chipped or cracked.
- 5. Jewelry that may be worn, if permitted by the clinical agency, includes:
 - a. One watch with a second indicator (required)
 - b. One single band, smooth, finger ring
 - c. One matching stud earring in each ear lobe
- 6. No facial, tongue, or body piercings, except pierced ears, are allowed during clinical hours except for cultural or religious related nose studs that can be covered with a small adhesive bandage (e.g., Band-Aid®)
- 7. Tattoos must not be visible.

Note: The clinical instructor will notify students of additional dress code regulations required by the clinical facility.

Personal Items

1. A watch with a second indicator is required.



- 2. Black ballpoint pens shall be carried for charting or other record keeping unless otherwise specified by the agency.
- 3. The College and clinical agency do not assume responsibility for your personal articles, i.e., purses, etc. It is suggested that you lock any personal items in the trunk of your car before entering the clinical agency.

When performing a new or unfamiliar skill in the clinical setting, an instructor must be present. In some instances the instructor may designate an RN to supervise the procedure. If the procedure is to be done immediately and the instructor is unable to reach your unit in time, allow the staff to perform the procedure and you may observe. Students may not perform a procedure that they have not been checked off on in a lab setting. Patient safety is of primary importance.

Unsatisfactory Clinical Performance

All students are expected to maintain standards of conduct suitable and acceptable to the clinical environment. Examples of unsatisfactory conduct are included in the following list, but are not limited to those listed below:

- 1. Failure to meet 75% of total clinical objectives satisfactorily.
- 2. Failure to achieve a satisfactory score in a critical skill.
- 3. Unethical behavior, including, but not limited to, falsification of data, breach of confidentiality, or theft.
- 4. Putting patients and/or others in emotional or physical jeopardy.

2.7 Costs and Fees

The following costs are estimates of the expenses students can expect when entering the nursing program, in addition to regular college fees. Financial assistance is available through the Financial Aid office.

Associate Degree Nursing	Approximate Cost			
In-District Tuition/Fees	\$2,384.00			
Nursing Course Fees	\$825.00			
Other Costs	\$1,331.00			
In-District Total	\$4,540.00			
Out-of-District Tuition/Fees	\$3,878.00			
Nursing Course Fees*	\$825.00			
Other Costs**	\$1,331.00			
Out-of-District Total	\$6,034.00			
 *Course Fees include: Lab, Malpractice Insurance, HESI Exams, EHR Tutor access fees **Other Costs include: Criminal Background Checks, Drug Screen, Lab Pack, Uniform/Lab Coat, Stethoscope, NCLEX-RN Review Course, BON Licensure Costs, Pearson Vue NCLEX-RN Exam Costs (Required) Pinning Ceremony, Class Photo (Optional) 				

NOTE: Textbook costs vary depending on format and vendor. A student attending College of the Mainland is under



no obligation to purchase a textbook from the college-affiliated bookstore. The same textbook may also be available from an independent retailer, including an online retailer.

Each student is responsible for his own expenses incurred as a result of injury, illness/health problems, hospitalization, physician's care, etc. Therefore, it is recommended that students secure their own health insurance plan prior to enrollment in the nursing program.

Additional expenses may be incurred during the curriculum, including transportation to and from the clinical setting and parking fees.

2.8 Electronic Devices

All electronic devices (mobile phones, beepers, pagers, etc.) must be turned off or placed in silent mode in the classroom, lab and clinical sites. If a device is heard during class, lab, or clinical, the owner will be asked to leave the learning setting and may not be permitted to return until the next break or learning session.

Mobile phones may only be used in the clinical areas for academic reasons. The nurse and charge nurse must be informed that the mobile devise will be only used to access nursing references related to patient care.

Phone calls to the instructor will only be made in non-patient care areas such as break rooms or conference rooms. Personal phone calls will be made before or after the clinical day or during breaks.

2.9 Employment

The faculty recommends that students not work while in nursing school or avoid working hours just prior to class or clinical.

2.10 Faculty Committee Student Representatives

Student representatives are invited to participate as members of the Faculty Council, Curriculum and Recruitment/Retention Committees to provide a student perspective. The designated number of student representatives will be selected at the beginning of the school year by each committee chair. Students may suggest topics for discussion to the Committee Chair at least one week prior to the meeting. Students are not voting members and will be excused during closed sessions.

2.11 Grade Determination & Calculation

Grading criteria for every nursing course will be found in the course syllabus. The instructor will follow these criteria closely when evaluating course work and determining assignment and course grades.

All assignment and test scores will be carried out to the hundredths decimal place and recorded in the course management system. Final grades will be carried out to the hundredths decimal place and reported as whole numbers (no decimals) to the registrar without rounding.



2.12 Grading Scale

The grading scale used in all nursing courses to assign grades may be different than that of other courses at COM:

90.00- 100.00	Α
80.00- 89.99	В
75.00- 79.99	С
60.00- 74.99	D
<60	F

2.13 Graduate Competencies

Nursing students are expected to demonstrate 25 core competencies by the time of graduation, as published in the <u>Differentiated Essential Competencies of Graduates of Texas Nursing Programs</u> (Revised 10/2010). The DECs are the basis of the clinical evaluation tools in each clinical course.

ADN students must also demonstrate <u>Competencies for Graduates of Associate Degree Programs</u> (NLN, 2015).

2.14 Graduation Requirements

Graduation requirements are published in the College Catalog. Applicants for graduation from the college must meet the published requirements and deadlines.

BON instructions for new graduates regarding licensure by examination are published at <u>http://www.bon.texas.gov/exam-eligibility.asp</u>

2.15 HIPAA Privacy Rule Compliance

Nursing students must comply with the HIPAA Privacy Rule that protects the privacy of individually identifiable health information. Protected health information (PHI) includes all forms of patient-related data including demographic information. PHI is confidential and protected from access, use, or disclosure to unauthorized individuals. Violating the HIPAA Privacy Rule will result in counseling and/or disciplinary action.

Students may discuss de-identified PHI in educational settings for educational purposes that does not contain the following identifiers of the individual patient or of relatives, employers or household members of the individual patient:

- (A) Names;
- (B) All geographic subdivisions smaller than a State, including street address, city, county, precinct, zip code, and their equivalent geocodes, except for the initial three digits of a zip code if, according to the current publicly available data from the Bureau of the Census:



- (C) All elements of dates (except year) for dates directly related to an individual, including birth date, admission date, discharge date, date of death; and all ages over 89
- (D) Telephone numbers;
- (E) Fax numbers;
- (F) Electronic mail addresses;
- (G) Social security numbers;
- (H) Medical record numbers;
- (I) Health plan beneficiary numbers;
- (J) Account numbers;
- (K) Certificate/license numbers;
- (L) Vehicle identifiers and serial numbers, including license plate numbers;
- (M) Device identifiers and serial numbers;
- (N) Web Universal Resource Locators (URLs);
- (O) Internet Protocol (IP) address numbers;
- (P) Biometric identifiers, including finger and voice prints;
- (Q) Full face photographic images and any comparable images; and
- (R) Any other unique identifying number, characteristic, or code

For more information, go to <u>http://www.hhs.gov/ocr/privacy/hipaa/understanding/</u>

2.16 Late Assignments

All course assignments are expected to be completed and submitted **to the assigned faculty** on the specified **due date by 4 p.m.**, unless otherwise stated by the instructor. Absence is not an acceptable excuse for a late assignment.

Two points will be deducted from the final course grade for each calendar day an assignment is late, including weekend days and holidays. For example, if the final course grade is 80% and any portion of a specified assignment is one (1) day late the final course grade will be reduced to 78%.

Any assignment, including pass/fail, turned in seven (7) days after the due date will earn a grade of zero (0) or fail (F) whichever is applicable.

All assignments, including pass/fail, must be submitted to the assigned faculty in order for the student to pass the course.

2.17 Skills Lab Guidelines

The skills labs are used for instruction and skills validation. Students may also use the lab during open lab hours to practice or review skills. Available "open" lab hours will be posted on the lab door.

- 1. The Skills Lab Coordinator &/or faculty must be present when students are in the lab.
- 2. Needles are to be disposed of in the red sharps containers located on the medication cart or in the skills lab. If full, the Lab Coordinator needs to be notified.



- 3. Equipment should be returned to the designated areas. Notify lab coordinator of any equipment in need of repair and/or maintenance.
- 4. Manikin and equipment use must be approved by the Skills Lab Coordinator or faculty member present in the lab.
- 5. Students who need assistance with skills can contact the assigned clinical faculty member.

2.18 Skills Validation Requirements

Students must demonstrate competency in all skills prior to being allowed to perform a skill in the clinical setting. Students are required to pass each skill validation examination with a minimum score of 75%. If a student scores less than 75% on the first attempt, two additional attempts to pass the skill will be permitted. The maximum score that can be earned for a repeated skill is 75%.

Skills Courses and Health Assessment Course

- 1. In the case of an absence, the student must notify the skills instructor at least one hour prior to the validation time. All missed skills validations must be made up within five (5) business days.
- 2. If a student cannot demonstrate competency in a skill, he/she will not be able to meet the course objectives. (See individual course syllabus).

Clinical Courses.

3. Absence in any of the Skills Validations in a clinical course will count toward clinical absence. (See individual course syllabus.)

2.19 Social Networking

Student social networking rules are based on the ANA Principles of Social Networking to protect patient privacy and confidentiality and maintain professional standards of practice.

- 1. Do not transmit or place online individually identifiable patient information. (See HIPAA Privacy Rule Compliance)
- 2. Do not interact with patients on social media.
- 3. Evaluate all social media postings with the understanding that a patient, colleague, educational institution, or employer could potentially view those postings.
- 4. Take advantage of privacy settings in all personal online activities and separate online personal and professional sites and information.
- 5. Report posts by peers to the Program Coordinator that reflect incompetent, unethical, illegal, or impaired practice.
- 6. Participate in the development of nursing student policies and procedures for handling reports of online conduct that may raise legal concerns or be professionally unethical. http://www.nursingworld.org/socialnetworkingtoolkit.aspx



2.20 Student Organizations

The COM Nursing Student Association (NSA) is a recognized College of the Mainland student organization and has representation in the Students' Government Association. NSA members participate in community help projects, orientation of new students, graduation celebrations, and educational and supportive activities for current students.

All sophomore students are members of the Florence Nightingale Organization (FNO), which addresses the transition from the student role to the role of a professional nurse.

2.21 Substance Use/Abuse

The ADN Program faculty and staff enforce the college "drug free" policy (See college catalog for further details). Any student exhibiting behavior that suggests impairment related to drugs and/or alcohol will be subject to mandatory drug testing. The student will be escorted to the designated drug testing facility by a faculty member for drug screen testing.

All testing costs are the responsibility of the student. Drug screening results will be sent directly to the student and the Department Chair and become part of the official student record.

A student who has a non-negative drug test, as determined by the medical review officer, will be dismissed from the nursing program. Students dismissed from the program for non-negative drug screens will be ineligible for readmission to the nursing program for one year and will be required to submit a declaratory order determining eligibility for licensure by examination to the BON prior to consideration for readmission to the nursing program.

Mandatory reporting is required in <u>Sec. 301.404</u>. Duty of Nursing Educational Program to <u>Report</u> of the Texas Nursing Practice Act:

"A nursing educational program that has reasonable cause to suspect that the ability of a nursing student to perform the services of the nursing profession would be, or would reasonably be expected to be, impaired by chemical dependency shall file with the Board a written, signed report that includes the identity of the student and any additional information the Board requires."

(http://bon.texas.gov/laws_and_rules_nursing_practice_act_2013.asp#Sec.301.404)

2.22 Technology Requirements

Every nursing course is Web-enhanced, which requires students to have access to a computer that is connected to the Internet. In addition, a small tablet or iPad is recommended for use in the clinical setting for clinical documentation.



Hardware Requirements:

Requirement	РС	MAC
Platform	Windows 7 or higher	OS 10.5 or higher
Processor speed	1.5 GHZ Single Core (Dual Core preferred)	1.5 GHZ Single Core (Dual Core preferred)
RAM	16 MB RAM (2 GB preferred)	1GB RAM (2 GB preferred)
Hard drive	2 GB space available on hard drive	2 GB space available on hard drive
Monitor	15" or 17" with 1024x768 resolution or	15" or 17" with 1024x768 resolution or
	higher	higher
Internet access	DSL or faster	DSL or faster
Printer	to print out the syllabus, course schedule, or	to print out the syllabus, course schedule, or
	assignments	assignments
Email access	Yes	Yes
Speakers	Yes	Yes

Software Requirements:

Students will need a working knowledge of word processing and presentation software. Current students can acquire Office 365 Pro Plus at <u>http://www.com.edu/its/purchasing-software</u>. This software will remain active as long as you are a current student at COM.

2.23 Testing

Course examinations may be administered on-line to evaluate student learning, knowledge, and retention. Students are expected to pass each course examination with a minimum grade of 75%. Prior to final course grade calculation in theory courses, the examination average is calculated. Students must have earned at least a 75% exam average to pass the designated course.

Policies which govern testing include:

- 1. Exams will be taken as scheduled.
- 2. Tardy students may not be allowed to take the exam at that time.
- 3. The course facilitator or Program Coordinator must be notified by the student if unable to be present for an exam.
- 4. A student ID or a picture ID is required to access the Innovations Lab.
- 5. Personal items (e.g., **phones**, **personal calculators**, **books**, **notes**, etc.) must be placed in designated areas at the front or the back of the classroom or testing center during each exam.
- 6. No talking is permitted in the testing area or hallway adjacent to the testing area.
- 7. Courtesy is expected before, during, and after the exam to avoid disturbing other test takers.
- 8. If questions arise during a test, the student will raise a hand and wait for the instructor to approach. Questions will be written down by the student and answered in writing by the instructor or the pair will exit the testing area to discuss complex questions.
- 9. Students may only use computer calculators for exams.
- 10. All written work including scratch paper must be returned to the instructor <u>before</u> leaving the testing area.



Dosage Calculation Examinations

- 1. During each clinical course, students will be required to successfully pass a 20 item, fill-inthe-blank online Dosage Calculation Examination with 90% accuracy in order to go to the clinical setting.
- 2. Only computer calculators may be used during the exam.
- 3. The exam must be completed within one (1) hour.
- 4. Three (3) attempts will be allowed to successfully pass the exam.
- 5. Students must remediate with a nursing tutor between attempts.
- 6. Dimensional analysis calculation formulas and solutions will be written by the student on a worksheet provided by the faculty.
- 7. Rounding should occur at the end of the calculation, in the final answer only, if appropriate.
- 8. The final answer must be CIRCLED on the worksheet and entered into the computer exam in order to receive credit.
- 9. Worksheets will be submitted to the faculty at the end of the exam.
- 10. Students desiring to review a test will make an appointment with the designated faculty within the time frame designated by the Course Facilitator.

Communication of Grade Results

Exam grades will be posted in the course management system within 48 hours of test completion.

Test Item Inquiries

Inquiries must be submitted in writing to the Course Facilitator within three (3) working days following the exam. Students must cite authoritative references for the proposed answer to the test question. References need to include at least one of the following:

- a. Required text
- b. Required readings
- c. Class documentation i.e. handouts, audio

Make-Up Exams

Students will be allowed to make up a missed scheduled examination without penalty, but will not be allowed to make-up missed quizzes. The teaching team reserves the right to give a different objective test from the one initially administered, or an essay exam covering unit objectives.

If a student is unable to take the make-up exam on the date set by the course facilitator, a grade of zero will be recorded for the exam, unless there are extenuating circumstances beyond the control of the student that would prohibit them taking the makeup exam(s) on the scheduled date.

2.24 Transportation

Students are responsible for their own transportation and for complying with parking regulations



on campus and in the assigned clinical agencies. Clinical facilities include hospitals throughout the Gulf Coast region.

3.0 Support Services

3.1 Financial Aid

All financial aid information and transactions are handled through the Financial Aid Office at College of the Mainland. If you are interested in financial aid, please contact them as early as possible.

3.2 Academic and Personal Assistance

Programs and activities are available through counseling services to assist in student's development of individual potential in the pursuit of his/her academic career and personal goals. Counselors are available to assist students with the following primary services:

Academic Counseling Personal Counseling Group Counseling Tutorial Assistance Degree Planning Course Offerings Registration Planning Career Counseling

Sources of a more personal nature are also available through the Counseling/Advisement Center. The Nursing Program can be demanding and stressful. It is best to seek assistance early, when you feel you are beginning to have difficulties. There may be times when you discuss problems with a faculty member and they refer you to these services.

Students who need assistance with job placement or with job search skills will find that help is available in the Career Services.

Further information on these services is found in the College Catalog.



4.0 Web Resources

Recommended Reference Websites & Evidence Based Practice Resources (*)

American Academy of Pediatrics - www.aap.org

American Cancer Society - www.cancer.org

American Diabetes Association - www.diabetes.org

American Heart Association - <u>www.heart.org</u>

American Red Cross - <u>www.redcross.org</u>

American Nurses Association (ANA) – <u>www.nursingworld.org</u>

American Nurses Association (ANA) Scope and Standards of Practice http://www.nursesbooks.org/ebooks/download/NursingScopeStandards.pdf

*Agency for Healthcare Research and Quality – <u>http://www.ahrq.gov</u>

*Academic Center for Evidence Based Nursing (ACE) (USA)- http://www.acestar.uthscsa.edu

Centers for Disease Control & Prevention (CDC) Bloodborne Infectious Disease Resources http://www.cdc.gov/niosh/topics/bbp/

*Cochrane Library – <u>http://www.cochrane.org</u>

Differentiated Essential Competencies for Texas Nursing Graduates (http://bon.state.tx.us/pdfs/publication_pdfs/delc-2010.pdf)

*Evidence Based Medicine Resource Center – <u>http://www.ebmny.org/epg.html</u>

Excellence in Nursing Education - www.texasgulfcoastnursingeducation.org

Health Resources & Service Administration – <u>www.ask.hrsa.gov</u>

*Joanna Briggs Institute for Evidence Based Nursing-http://www.joannabriggs.edu.au/

Medscape - <u>www.medscape.com</u>

Merck Co. - <u>www.merck.com</u>

Merck Vaccines - www.merckvaccines.com/srv/gw/home/desktop.jsp?frame=1



*National Guidelines Clearinghouse – http://www.guideline.gov

National Library of Medicine – <u>www.nlm.nih.gov</u>

National Library of Medicine's MEDLINE plus - www.nlm.nih.gov/medlineplus

National Institutes of Health – <u>www.nih.gov</u>

National Student Nurses Association - http://www.nsna.org

*Nursing Best Practice Guidelines-<u>http://www.rnao.org/bestpractice/index.asp</u>

*Oncology Nursing Society Evidence Based Practice Resource Area – <u>http://onsopcontent.ons.org/toolkits/evidence/</u>

Nursing Center of Nursing Journals - www.nursingcenter.com

Nursing Net of Journals - www.nursingnet.org/journals.htm

P & G School Programs - www.pgschoolprograms.com

PubMed – Nat. Library of Medicine – <u>www.ncbi.nlm.nih.gov/PubMed</u>

Sigma Theta Tau Honor Society – <u>www.nursingsociety.org</u>

Texas Board of Nursing – <u>www.bon.state.tx.us</u>

Texas Department of State Health Services - www.dshs.state.tx.us/schoolhealth/default.shtm

Texas Nurses Association - www.texasnurses.org

The Food Allergy & Anaphylaxis Network – <u>www.foodallergy.org</u>

Transcultural Nursing – <u>www.culturediversity.org</u>

U.S. Census Bureau – <u>www.census.gov</u>

U.S. Department of Education - <u>www.ed.gov/policy/gen/guid/fpco/ferpa/index.html</u>

U.S. Food and Drug Administration - www.fda.gov/cber/vaccine/licvacc.htm



5.0 Acknowledgements & Consents

Instructions: Print and submit this completed form as directed during Student Orientation

Receipt of Student Handbook 2015-2016

I have received a copy of the ADN Nursing Student Handbook and understand that I am responsible for knowing and abiding by the policies and procedures described in the handbook.

Confidentiality Agreement

As a student in the College of the Mainland Associate Degree Nursing Program, I understand that I will have access to confidential information. I promise that:

- 1. I will use confidential information only as needed to perform my legitimate duties as a student.
- 2. I will not discuss patient information outside of the clinical area and will confine any discussions to the educational conference.
- 3. I will safeguard and not disclose any access codes or authorizations that allows me to access confidential information.
- 4. I will make every effort to de-identify patient information so that it cannot by connected back to the patient to whom it relates.
- 5. I will not remove from the facility any facility generated patient protected health information or individually identifiable information.
- 6. I will be responsible for any misuse or wrongful disclosure of confidential information and for my failure to safeguard any authorization to comply with this agreement may also result in my termination as a student.

Consent for Release of Drug Screening Results

My signature below indicates that I have read and understand the policy on drug screening for the nursing program. This form provides my consent for the results of drug screening checks to be released to the COM nursing department chair.

Consent for Release of Criminal Background Screening Results

My signature below indicates that I have read and understand the policy on criminal background screening for the nursing program. This form provides my consent for the results of criminal background checks to be released to the COM nursing department chair.

Printed Name:

Signature:_____

Date:	
Revised September 2015	