Continuing Education
Fall 2015 Schedule
Lifelong Learning for Everyone

Serving Our Community
at
College of the Mainland

Look inside for more opportunities:
Workforce Programs  Bridge to Credit  Professional Development  Fitness and Recreation  50 Plus Program
COM CE: LIFELONG LEARNING FOR EVERYONE

COM’s Continuing Education division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses that will help you upgrade your current skills and expand your knowledge as you seek to advance in your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

CONTINUING EDUCATION’S MISSION
College of the Mainland’s Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION’S VISION
College of the Mainland’s Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US
The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
Phone: 409-933-8586 • Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS
Open: Monday through Friday, 8 a.m. – 5 p.m.

CE SCHEDULE DISCLAIMER
This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE’s Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

QUESTIONS?
Call 409-933-8586 to register or to generally inquire about COM Continuing Education Department courses or programs.

For specific course or program information, please call:

• 409-933-8285 Public Service Careers
• 409-933-8226 Lifelong Learning/50 Plus Program (formerly Senior Adult Program)
• 281-332-1800 COM Learning Center-Allied Health
• 409-933-8162 Gulf Coast Safety Institute
• 409-933-8406 Industrial Crafts

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.

www.facebook.com/comcontinuinged
PAYMENT OF FEES AND TUITION
All tuition and fees must be paid at the time of registration. We accept cash, check, VISA, MasterCard, Discover, American Express and money orders.

SENIOR ADULT (50+ DISCOUNT)
Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.)

A NON-RESIDENT OF COM DISTRICT
A nonresident of the College of the Mainland district shall be subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES
If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided at the time of registration or at the first class meeting. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS
Classes with insufficient enrollment are canceled prior to the start date of the class. Students will be notified by phone when a class is canceled; however, occasionally we are unable to reach a student before the first class meeting. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

REFUND POLICY
Refunds for fitness memberships and Continuing Education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class. When a class is canceled by the College, the student will receive an automatic 100 percent refund of tuition and fees.

CLASS TRANSFERS
Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.
MINIMUM AGE REQUIREMENTS
Although some Continuing Education courses are specifically designed for younger students or for a specific education level, the majority of CE classes are designed to serve adult learners. Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-14 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+) (formerly Senior Adult Program)
Courses designed specifically for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING
Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEU
Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified Continuing Education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar’s office at no charge. Reprints of CE certificates are available for $5.

ARE YOU AGE 50 PLUS?
We have classes just for you!
COM 50 PLUS PROGRAM
• Enroll in 50 Plus Program classes – with over 50 options – at a nominal cost.
• Join reasonably priced 50 Plus Program trips.
• Enroll in free or low-cost workshops.
• Receive a discount on COM Gym fitness memberships.
• Use the COM Library.
• Receive a discount on COM Cosmetology Services. Call 409-933-8480 for more information.
• Enjoy a discount on COM Community Theatre productions. Call 409-933-8345 for more information.

For more information see page 35 of this schedule, or call 409-933-8226.

FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS
Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Student Financial Services Office, 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM
College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Ok., at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu, select Student Financial Services for more information or contact the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)
College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

A Word About Waiting to Register...
Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.
GENERAL INFORMATION

COLLEGE CALENDAR
In accordance with the approved College calendar, the College will be closed on the following dates:
- Sept. 7  Labor Day
- Nov. 26 – 29 Thanksgiving Holiday

PARKING
Permits are not required. However, permits are now available, as a courtesy, from the campus police office. Regular patrols enforce the following parking regulations:
1. Parking in a “no parking zone”
2. Backing into a parking space
3. Failure to park within marked spaces
4. Driving against the flow of traffic
5. Unauthorized parking in handicap spaces
6. Driving/parking on nonroadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT
All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY
College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABBREVIATIONS USED IN THIS SCHEDULE
ADM  Administration and Enrollment Center
AHC  Allied Health Center-League City
AUD  Industrial Education Building
CE   Continuing Education
CLC  North County Learning Center-League City
COM  College of the Mainland
FAB  Fine Arts Building
FIR  Firing Range
GCSI  Gulf Coast Safety Institute
LMCR  COM Learning Center-Delmar
LRC  Learning Resources Center (Library)
PSC  Public Service Careers Building
SC   Student Center
SCI  Science/Math Building
SYN  Synonym-unique identifying number
TBA  To Be Announced
TVB  Technical Vocational Building
CL  Face-to-face classroom course
IN  Internet (online) course
HY  Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)

INTERNET OR HYBRID CLASSES
Students enrolling in Internet (IN) courses will be charged a $35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a $25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT
CE students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records ten days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or stop by the Enrollment Center for more information.

ONLINE LEARNER WORKSHOP
All students enrolled in Internet or hybrid classes for the first time at College of the Mainland are required to successfully complete the Blackboard Online Learner Workshop prior to the start date of the course. The Online Learner Workshop is an introduction to the Blackboard Learning Management System. Blackboard is where your online courses are hosted. By completing the Online Learner Workshop you will gain the skills necessary to succeed in your online course. Access instructions can be found at http://www.com.edu/de/olw.cfm. Contact the CE Department at 409-933-8586 to register for a workshop.

TAX CREDIT
Continuing education tuition is not recognized the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

Table of Contents

<table>
<thead>
<tr>
<th>Course</th>
<th>Page Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>WORKFORCE PROGRAMS</td>
<td>7</td>
</tr>
<tr>
<td>BRIDGE TO CREDIT</td>
<td>13</td>
</tr>
<tr>
<td>PROFESSIONAL DEVELOPMENT</td>
<td>27</td>
</tr>
<tr>
<td>GULF COAST SAFETY INSTITUTE</td>
<td>29</td>
</tr>
<tr>
<td>MEMBERSHIP AND RECREATION</td>
<td>31</td>
</tr>
<tr>
<td>50 PLUS PROGRAM</td>
<td>35</td>
</tr>
</tbody>
</table>
### Allied Health Careers

<table>
<thead>
<tr>
<th>Program</th>
<th>Hours</th>
<th>Found On Page</th>
<th>TPEG</th>
<th>Hazlewd</th>
<th>WIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Certified Nurse Aide (Fast Track)</td>
<td>130</td>
<td>7</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>Certified Nurse Aide</td>
<td>104</td>
<td>7</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>Dental Assistant</td>
<td>148</td>
<td>9</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>ECG Technician</td>
<td>111</td>
<td>9, 10</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>Medication Aide</td>
<td>140</td>
<td>10</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>Medical Office/Insurance Specialist</td>
<td>232</td>
<td>11</td>
<td>♦</td>
<td>♦</td>
<td></td>
</tr>
<tr>
<td>Phlebotomy Technician</td>
<td>132</td>
<td>10</td>
<td>♦</td>
<td>♦</td>
<td></td>
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<tr>
<td>Physical Therapy Aide</td>
<td>80</td>
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</tr>
</tbody>
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### Business and Computer Technology Careers

<table>
<thead>
<tr>
<th>Program</th>
<th>Hours</th>
<th>Found On Page</th>
<th>TPEG</th>
<th>Hazlewd</th>
<th>WIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>Administrative Support</td>
<td>432</td>
<td>13</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Computer Aided Drafting</td>
<td>352</td>
<td>15</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Graphic Design</td>
<td>384</td>
<td>15</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Entrepreneurship</td>
<td>400</td>
<td>14</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Management</td>
<td>400</td>
<td>14</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Marketing</td>
<td>400</td>
<td>14</td>
<td>♦</td>
<td></td>
<td></td>
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<tr>
<td>Professional Bookkeeper</td>
<td>336</td>
<td>13</td>
<td>♦</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Real Estate</td>
<td>180</td>
<td>18</td>
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<td></td>
<td></td>
</tr>
</tbody>
</table>

### Industrial/Trades Careers

<table>
<thead>
<tr>
<th>Program</th>
<th>Hours</th>
<th>Found On Page</th>
<th>TPEG</th>
<th>Hazlewd</th>
<th>WIA</th>
</tr>
</thead>
<tbody>
<tr>
<td>AC/Heating (Levels I, II, III)</td>
<td>260</td>
<td>20</td>
<td>♦</td>
<td>♦</td>
<td>♦</td>
</tr>
<tr>
<td>Machinist</td>
<td>319</td>
<td>23</td>
<td>♦</td>
<td>♦</td>
<td>♦</td>
</tr>
<tr>
<td>Mechanical Maintenance Technician, Basic</td>
<td>365</td>
<td>21</td>
<td>♦</td>
<td>♦</td>
<td>♦</td>
</tr>
<tr>
<td>Mechanical Maintenance Technician, Intermediate</td>
<td>260</td>
<td>22</td>
<td>♦</td>
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<tr>
<td>Mechanical Maintenance Technician, Advanced</td>
<td>195</td>
<td>22</td>
<td>♦</td>
<td>♦</td>
<td>♦</td>
</tr>
<tr>
<td>Welding Technologies</td>
<td>VARIES</td>
<td>16, 19, 23</td>
<td>♦</td>
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### Public Service Careers

<table>
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<th>Hours</th>
<th>Found On Page</th>
<th>TPEG</th>
<th>Hazlewd</th>
<th>WIA</th>
</tr>
</thead>
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<tr>
<td>Security Officer</td>
<td>40</td>
<td>24</td>
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</table>

### Financial Aid Information

See page 4 for more information about possible financial aid sources.

### Bacterial Meningitis Vaccination Requirement

CE students will be required to show proof of having the bacterial meningitis vaccine if you are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.
WORKFORCE PROGRAMS

ALLIED HEALTH CAREERS
Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County, located at 200 Parker Ct. on FM 518 in League City. Applications for the allied health certificate programs are available at the COM Learning Center-North County and in the CE Department on the main campus. Completed applications must be returned to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce.

CERTIFIED NURSE AIDE CERTIFICATE
An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides to work in hospitals and long-term care facilities. Between 2010-2020, the need for certified nurse aides is projected to grow by 20 percent. The mean hourly wage for certified nurse aides is $11.54. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
<th>Fast Track Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURA 1001</td>
<td>Nurse Aide for Health Care I</td>
<td>64</td>
<td>90</td>
</tr>
<tr>
<td></td>
<td>This course prepares entry-level nursing assistants to achieve the knowledge, skills and abilities needed to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Assistant (CNA) Program.</td>
<td></td>
<td></td>
</tr>
<tr>
<td>NURA 1060</td>
<td>Nurse Aide for Health Care II</td>
<td>40</td>
<td>40</td>
</tr>
<tr>
<td></td>
<td>Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Assistant Program. Tuition includes malpractice insurance.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS: 104 130
State certification: Students successfully completing these courses will be prepared to take the state exam, Certified Nursing Assistant. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. Complete list of supplies will be available the first day of class; estimated cost of supplies $65.

NURSE AIDE I (FAST TRACK) – 90 HRS
Cost: In district: $640 Out of district: $645
SYN: 0514 NURA-1001-116CL 08/24/15-09/14/15 MTWTHF 01:00PM-05:00PM AHC 102 T Dickerson
Students must concurrently enroll in SYN: 0515 NURA-1060-116CL.
SYN: 0516 NURA-1001-117CL 10/06/15-11/05/15 TTH 09:00AM-04:00PM AHC 102 COM Faculty
Students must concurrently enroll in SYN: 0526 NURA-1060-117CL.

NURSE AIDE II (FAST TRACK) – 40 HRS
Tuition includes malpractice insurance ($16) and the ID badge fee ($6).
Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: $220 Out of district: $225
SYN: 0515 NURA-1060-116CL 08/29/15-10/03/15 MTWTHF 06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 0514 NURA-1001-116CL.
SYN: 0526 NURA-1060-117CL 11/10/15-11/18/15 TTH 06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 0516 NURA-1001-117CL.

NURSE AIDE I – 64 HRS
Cost: In district: $530 Out of district: $535
SYN: 0527 NURA-1001-118CL 09/14/15-11/04/15 MW 06:00PM-09:00PM AHC 104 COM Faculty
Students must concurrently enroll in SYN: 0528 NURA-1060-118CL.
SYN: 0529 NURA-1001-204CL 10/20/15-12/15/15 TTH 06:00PM-10:00PM TVB 1135 COM Faculty
Students must concurrently enroll in SYN: 0530 NURA-1060-204CL.

NURSE AIDE II – 40 HRS
Tuition includes malpractice insurance ($16) and the ID badge fee ($6).
Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: $220 Out of district: $225
SYN: 0527 NURA-1060-118CL 10/03/15-10/31/15 $ 06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 0528 NURA-1001-118CL.
SYN: 0530 NURA-1060-119CL 11/07/15-12/12/15 $ 06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 0529 NURA-1001-204CL.

CNA STATE TEXAS REVIEW – 4 HRS
Corequisite: NURA 1001 and NURA 1060. Call Nichole at 409-933-8645 to inquire about dates and times.

Cost: In district: $35 Out of district: $40
SYN: 0666 NURAX-1002-106CL

CNA IN-SERVICE TRAINING – 12 HRS
One class scheduled for 2 days with total of 12 hrs.

Cost: In district: $55 Out of district: $60
SYN: 0657 NURA-2000-102CL 09/12/15-09/13/15 $ 09:00AM-05:30PM AHC 102 COM Faculty
09:00AM-01:00PM SU
INSTRUCTOR-LED
ONLINE COURSES

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the comfort of home!

24-Hour Access
Discussion Areas
8 Week Format

Our instructor-led online courses are informative, fun, convenient, and highly interactive. We focus on creating warm, supportive communities for our learners. New course sessions begin monthly. Visit our website to view start dates for the courses that interest you.

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(409) 933-8112
email or other contact information

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Introduction to Microsoft Excel
Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Creating Web Pages
Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Accounting Fundamentals
Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Speed Spanish
Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

Introduction to Dreamweaver
Harness the broad range of capabilities Dreamweaver brings to Web development.

Medical Terminology: A Word Association Approach
Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Introduction to QuickBooks
Learn how to quickly and efficiently gain control over the financial aspects of your business.

GRE Preparation - Part 1
Discover powerful strategies for success in the verbal and analytical sections of the GRE.

Intermediate Microsoft Excel
Work faster and more productively with Excel's most powerful tools.

Real Estate Investing
Build and protect your wealth by investing in real estate.

Introduction to Microsoft Access
Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word
Learn how to create and modify documents with the world's most popular word processor.

Project Management Fundamentals
Gain the skills you'll need to succeed in the fast-growing field of project management.

Computer Skills for the Workplace
Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

A to Z Grantwriting
Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Introduction to PC Troubleshooting
Learn to decipher and solve almost any problem with your PC.

Introduction to PowerPoint
Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Discover Digital Photography
An informative introduction to the fascinating world of digital photography equipment.

Grammar Refresher
Gain confidence in your ability to produce clean, grammatically correct documents and speeches.
**DENTAL ASSISTANT CERTIFICATE**

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

**Prerequisite:** A high school diploma or GED

Through hands-on labs and classes, this program trains students for employment as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. Between 2010-2020, the need for dental assistants is projected to grow 31 percent. The mean hourly wage for dental assistant is $16.09. (Source: Bureau of Labor Statistics) Training includes 16 hours of clinical experience, which will be scheduled with the instructor on Saturdays from 9 a.m. to noon at a local dentist’s office.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>DNTA 1015</td>
<td>Dental Chairside Assisting Course</td>
<td>64</td>
</tr>
<tr>
<td>DNTA 1003</td>
<td>Registered Dental Assisting Exam Review Course</td>
<td>36</td>
</tr>
<tr>
<td>DNTA 1060</td>
<td>Clinical Dental Assistant</td>
<td>48</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**

148

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam.

**DENTAL CHAIRSIDE ASSISTING COURSE – 64 HRS**

Tuition includes the malpractice insurance fee ($16), ID badge fee ($6), lab fee ($50) and four hours of CPR certification training. Training includes 16 hours of clinical experience, which will be scheduled with the instructor on Saturdays from 9 a.m. to noon at a local dentist’s office.

**NEW**

**DENTAL ASSISTANT EXAM REVIEW COURSE – 36 HRS**

Cost: In district: $280 Out of district: $285

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN: 0479 DNTA-1003-207CL</td>
<td>11/04/15-12/16/15 MW 06:00PM-09:00PM AHC 102</td>
<td>36</td>
</tr>
</tbody>
</table>

Students must concurrently enroll in SYN: 0479 DNTA-1015-207CL and SYN: 0480 DNTA-1060-101CL.

**ELECTROCARDIOGRAPHY TECHNICIAN CERTIFICATE**

An application is required prior to registration.

Contact Nichole Sullivan at 409-933-8645 for details and approval.

**Prerequisite:** A high school diploma or GED

This program trains students to become ECG technicians, a key part of the medical team. ECG technicians prepare patients for an ECG by attaching electrodes to a patient’s arms, legs and chest. They also operate ECG machines while monitoring, interpreting and documenting patients’ results, and they maintain and troubleshoot technical problems with ECG machines. ECG technicians work in health clinics, hospitals, medical offices and laboratories. Between 2010-2020, the need for ECG technicians is projected to grow 22 percent. The mean hourly wage for ECG technicians is $15.67. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>ECRD 1011</td>
<td>Electrocardiography &amp; Telemetry Monitoring</td>
<td>63</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**

111

**NEW CLINICAL DENTAL ASSISTANT – 48 HRS**

Cost: In district: $119 Out of district: $124

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN: 0486 DNTA-1060-102CL</td>
<td>10/19/15-11/20/15 MTWTHF 08:00AM-05:00PM TBA</td>
<td>48</td>
</tr>
<tr>
<td>SYN: 0485 DNTA-1003-208CL</td>
<td>11/16/15-12/16/15 MTWTHF 08:00AM-05:00PM TBA</td>
<td>48</td>
</tr>
</tbody>
</table>

Students must concurrently enroll in SYN: 0483 DNTA-1015-208CL and SYN: 0485 DNTA-1003-208CL.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>AHC 102</td>
<td>Clinical CardiovascularTechnology</td>
<td>48</td>
</tr>
</tbody>
</table>

This course will cover pre-clinical chairside assisting procedures, instrumentation, and OSHA and other regulatory agencies’ standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.

**TECHNICIAN CERTIFICATE**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>CVTT 1060</td>
<td>Clinical CardiovascularTechnology</td>
<td>48</td>
</tr>
</tbody>
</table>

This course will cover a health-related work-based learning experience that enables students to apply specialized occupational theory, skills and concepts. The clinical professional supervises. This course is not required, but highly recommended.
ELECTROCARDIOGRAPHY AND TELEMETRY MONITORING – 63 HRS
Tuition includes four hours of CPR certification training, malpractice insurance fee ($16), ID badge fee ($6) and testing fee ($161), which includes study guide and practice exams.

Cost:  
- In district: $585
- Out of district: $590

SYN: 0487 ECRD-1011-106CL  
- 09/15/15-11/24/15  
  - TTH
  - AHC 104  
    - T McGilberry
  - 11/05/15-11/19/15  
    - TTH
  - 09/09/15-12:00PM  
    - T McGilberry

CLINICAL CARDIOVASCULAR TECHNOLOGY – 48 HRS
Prerequisite: Enrollment and completion of ECRD 1011.

Cost:  
- In district: $119
- Out of district: $124

SYN: 0802 CVTT-1060-106CL  
- 12/05/15-11/10/16  
  - MTWTHF
  - T McGilberry
  - 08:00AM-05:00PM  
    - T McGilberry

MEDICATION AIDE CERTIFICATE
An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

Medication aides serve an essential role in hospitals and long-term care facilities by helping distribute medications and monitor for adverse reactions. This program prepares students to take the state Medication Aide Certification Examination, and it adheres to the regulations and curriculum established by the Department of Aging and Disability Services. Between 2010-2020, the need for medication aides is projected to grow by 20 percent. The mean hourly wage for medication aides is $11.54. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURA 1013</td>
<td>Medication Aide</td>
<td>140</td>
</tr>
</tbody>
</table>

State certification: Students successfully completing these courses will be prepared to take the state exam, Medication Aide Certification Examination.

MEDICATION AIDE – 140 HRS
Training includes 40 hours of lab and clinical experience, which will be scheduled with the instructor on Tuesdays from 6-10 p.m. in an approved facility. Tuition includes $16 malpractice insurance, a $6 ID badge fee and four hours of CPR certification training.

Cost:  
- In district: $980
- Out of district: $985

SYN: 0531 NURA-1013-207CL  
- 09/21/15-12/09/15  
  - MTW
  - AHC 103  
    - R McAninch

Managers Seeking Employee Training
Contact Christina Bergvall at 409-933-8512 to learn how COM can meet your facility’s needs.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLAB 1023</td>
<td>Phlebotomy Technician</td>
<td>84</td>
</tr>
</tbody>
</table>

This course is designed to introduce students to basic knowledge and skills of the phlebotomy profession. Students will learn types of blood collections utilizing the proper techniques and universal precautions. On completion of the course, a National Healthcareer Association CPT exam will be administered. The required textbook is available in the COM Bookstore.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLAB 1060</td>
<td>Clinical: Phlebotomy New Course</td>
<td>48</td>
</tr>
</tbody>
</table>

This course will cover a health-related work-based learning experience that enables the student to apply specialized occupational theory, skills, and concepts. The clinical professional supervises. This course is not required, but highly recommended.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>NURA-1013</td>
<td>Medication Aide</td>
<td>140</td>
</tr>
</tbody>
</table>

State certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

PHLEBOTOMY TECHNICIAN – 84 HRS
Tuition includes malpractice insurance ($16), four hours of CPR certification training and the testing fee ($161), which includes a study guide and five practice test attempts. Training includes nine hours of lab experience, which will be scheduled with the instructor during the first week of class. Class time includes labs.

Cost:  
- In district: $880
- Out of district: $885

SYN: 0667 PLAB-1023-106CL  
- 09/15/15-11/16/15  
  - MW
  - 09:00AM-11:00AM  
    - AHC 104  
      - T McGilberry
  - 09/00AM-11:00AM  
    - 11/23/15-12/14/15  
      - M
  - 09/15/15-11/17/15  
    - TTH
  - 06:00PM-10:00PM  
    - AHC 104  
      - COM Faculty
  - 09/09/15-11:00AM  
    - 11/23/15-12/14/15  
      - M

CLINICAL: PHLEBOTOMY – 48 HRS
Students must concurrently enroll in PLAB-1023.

Cost:  
- In district: $119
- Out of district: $124

SYN: 0798 PLAB-1060-107CL  
- 11/17/15-01/31/16  
  - MTWTHF
  - 08:00AM-05:00PM  
    - T McGilberry

PHLEBOTOMY TECHNICIAN CERTIFICATE
An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.
Prerequisite: A high school diploma or GED

A rapidly growing occupation in the health care field, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. They find employment in hospitals, doctor’s offices, medical and diagnostic laboratories, and blood donor centers. Between 2010-2020, the need for phlebotomy technicians is projected to grow 13 percent. The mean hourly wage for phlebotomy technicians is $14.53. (Source: Bureau of Labor Statistics)
MEDICAL OFFICE/INSURANCE SPECIALIST CERTIFICATE
Prerequisite: A high school diploma or GED

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist Certificate. This certificate prepares students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is $14.68. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDCA 1000</td>
<td>Medical Office</td>
<td>24</td>
</tr>
<tr>
<td>MDCA 1043</td>
<td>Medical Insurance Specialist</td>
<td>48</td>
</tr>
<tr>
<td>HITT 1066</td>
<td>PRACTICUM – HEALTH INFORMATION</td>
<td>160</td>
</tr>
</tbody>
</table>

TOTAL HOURS 232

MEDICAL OFFICE – 24HRS
Students must concurrently enroll in SYN: 0512 MDCA-1043-202CL.

Cost: In district: $250  Out of district: $255
SYN: 0511 MDCA-1000-201CL  08/31/15-09/28/15 MW
06:00PM-09:00PM CLC 111 G Parker

MEDICAL INSURANCE SPECIALIST – 48 HRS
Students must concurrently enroll in SYN: 0511 MDCA-1000-201CL.

Cost: In district: $400  Out of district: $405
06:00PM-09:00PM CLC 111 G Parker

PRACTICUM – HEALTH INFORMATION – 160 HRS
This course will cover practical, general workplace training supported by an individualized learning plan developed by the employer, college and student. Prerequisite: Enrollment and completion of MDCA-1000 and MDCA-1043. This course is not required, but highly recommended.

Cost: In district: $119  Out of district: $124
SYN: 0804 HITT-1066-101CL  11/30/15-01/31/16 MTWTHF
08:00AM-05:00PM TBA G Parker

ALLIED HEALTH PROFESSIONAL DEVELOPMENT

HEARTSAVER FIRST AID/CPR/AED – 8 HRS
Heartsaver® First Aid/CPR/AED is a classroom, video-based, instructor-led course that teaches students critical skills needed to respond to and manage a first aid, choking or sudden cardiac arrest emergency in the first few minutes until emergency medical services (EMS) arrives. Students learn skills such as how to treat bleeding, sprains, broken bones, shock and other first aid emergencies. This course also teaches adult CPR and AED use. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: In district: $70  Out of district: $75
SYN: 0510 EMSP-1026-104CL  10/10/15-10/10/15 $
08:00AM-05:00PM CLC 106 M Chatman

CERTIFIED BASIC LIFE SUPPORT INSTRUCTOR – 8 HRS
Participants will learn the educational theory and skills necessary to prepare the American Heart Association Cardiopulmonary Resuscitation (CPR) instructor candidate to present lectures, facilitate skill stations, and conduct student evaluations for CPR courses. Textbook and supplies are included in the fee, and can be picked up at the North County Campus once registration has been completed. AHA Instructor training consists of three stages:

Stage 1: The Instructor candidate takes the self-directed online Instructor Essentials course in his or her chosen discipline, and certificate of completion is required to proceed to Stage 2.

Stage 2: The Instructor candidate takes the faculty-led, classroom-based Instructor course in his or her chosen discipline.

Stage 3: A faculty member monitors the Instructor candidate as he or she teaches the first course in his or her chosen discipline. Upon successful completion of all stages, candidates receive an Instructor card, valid for two years.

Requirements for registration: Candidates must have a current provider course card for their chosen discipline, and must align with an American Heart Association Training Center that is accepting new Instructors in their chosen discipline.

Note: A required part of the training process for new Instructors, the online Instructor Essentials courses, includes information that Instructors need in order to teach American Heart Association courses. Each Instructor Essentials course includes approximately 30 minutes of general information about teaching American Heart Association courses, with the remainder of the presentation focused on discipline-specific information. Therefore, access to a computer with online connection is necessary. For more information, please contact Melanie Chatman at 409-933-8279. This class is nonrefundable.
HEALTHCARE PROVIDER CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR and adult and pediatric foreign body airway obstruction. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost:  In district: $45  Out of district: $50
SYN: 0677 EMSCE-1003-121CL  08/18-08/18  T  
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 0694 EMSCE-1003-123CL  09/17-09/17  TH  
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 0696 EMSCE-1003-124CL  10/08-10/08  TH  
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 0697 EMSCE-1003-125CL  11/05-11/05  TH  
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 0759 EMSCE-1003-126CL  12/08-12/08  T  
05:00PM-10:00PM  CLC 106  M Chatman

HEALTHCARE PROVIDER CPR – 6 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR and adult and pediatric foreign body airway obstruction. This course is recommended for students entering or enrolled in the COM EMS program. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost:  In district: $55  Out of district: $60
SYN: 0679 EMSCE-1003-122CL  09/01-09/01  T  
09:00AM-03:00PM  CLC 113  M Chatman

Continuing Education
General Information Policies

See page 5.
Continuing Education is partnering with the Business and Computer Technology Department to offer workforce courses that lead to entry-level employment and begin a pathway to continued higher education and job advancement. All certificates in this section duplicate credit certificates and upon completion provide a bridge for students to transition from a continuing education student to a degree-seeking student.

Students participating in the certificate programs on pages 13-16 will be enrolled in classes with credit students and are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a letter grade, which they may later apply toward a credit certificate or associate degree if certain requirements are met.

Upon successful completion of these courses and acceptance to College of the Mainland as a degree-seeking student, students may petition for credit for the courses identified in the certificates. To petition for credit, students must (1) complete at least six hours of college credit courses at College of the Mainland, (2) complete the Petition for Credit Form, which must be signed by the program faculty, appropriate dean, chief academic officer and registrar before credit is granted, and (3) provide documentation showing that the noncredit course is equivalent to a specified credit course that the College offers. Certain fees may apply.

Course descriptions are listed online in the College Catalog, www.com.edu/catalog. Course schedules for these classes are located on page 17.

### Courses Leading to the Credit

**Administrative Support Certificate**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>POFT 2001</td>
<td>Intermediate Keyboarding</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>BMGT 1027</td>
<td>Principles of Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1019</td>
<td>Records and Information Management I</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence</td>
<td>48</td>
<td>3</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**

| 480 | 24 |

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Office Management.

### Courses Leading to the Credit

**Professional Bookkeeper Certificate**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1013</td>
<td>Computerized Accounting Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1031</td>
<td>Federal Income Tax: Individual</td>
<td>48</td>
<td>3</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**

| 227 | 15 |

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Accounting.
### Courses Leading to the Credit
#### Entrepreneurship Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence (Sophomore Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>MRKG 1011</td>
<td>Principles of Marketing</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSG 1015</td>
<td>Small Business Operations</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>448</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Entrepreneurship.

### Courses Leading to the Credit
#### Management Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BCISL 1005</td>
<td>Business Computer Applications</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
<td>Business Report Writing and Correspondence (Sophomore Level Version)</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>HRPO 2001</td>
<td>Human Resource Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BMGT 1027</td>
<td>Principles of Management</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>448</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completing the Associate of Applied Science in Business Administration with an Emphasis in Management.

### Courses Leading to the Credit
#### Marketing Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>BUSIL 1001</td>
<td>Business Principles</td>
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<td>3</td>
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<td>3</td>
</tr>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>BUSIL 2004</td>
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<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>MRKG 1011</td>
<td>Principles of Marketing</td>
<td>48</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2014</td>
<td>Design Communication II</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td><strong>496</strong></td>
<td><strong>24</strong></td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the Associate of Applied Science in Business Administration with an Emphasis in Marketing.

www.com.edu/ce
Courses Leading to the Credit
Computer-Aided Drafting Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>DFTG 1005</td>
<td>Technical Drafting</td>
<td>64</td>
<td>3</td>
</tr>
<tr>
<td>DFTG 1009</td>
<td>Basic Computer-Aided Drafting</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>DFTG 2019</td>
<td>Intermediate Computer-Aided Drafting</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>DFTG 2040</td>
<td>Solid Modeling/Design</td>
<td>96</td>
<td>4</td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td></td>
<td>352</td>
<td>14</td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the 2-D/3-D Modeling Certificate and/or Associate of Applied Science in Drafting.

Courses Leading to the Credit
Graphic Design Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CE Contact Hrs</th>
<th>Credit Hr Equivalent</th>
</tr>
</thead>
<tbody>
<tr>
<td>ARTSL 2013</td>
<td>Design Communication I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTSL 2014</td>
<td>Design Communication II</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTC 1053</td>
<td>Computer Illustration</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>ARTC 1002</td>
<td>Digital Imaging I</td>
<td>96</td>
<td>3</td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td></td>
<td>384</td>
<td>12</td>
</tr>
</tbody>
</table>

Bridge to Credit: Students successfully completing these courses are encouraged to consider completion of the Advanced Web Design Certificate and/or Associate of Applied Science in Graphic Design/Web Design.

COM Community Theatre
2015 - 16 Season

STEEL MAGNOLIAS
by Robert Harling
Sept 10 – 27, 2015

ROUND AND ROUND THE GARDEN
by Alan Ayckbourn
Nov 5 – 22, 2015

NUNSENSE
by Dan Goggin
Jan 28 – Feb 14, 2016

SECOND SAMUEL
by Pamela Parker
Mar 31 – Apr 17, 2016

BLEACHER BUMS
by Joe Mantegna
May 19 – Jun 5, 2016

THE DROWSY CHAPERONE
Music & Lyrics by Lisa Lambert & Greg Morrison
Book by Bob Martin & Don McKellar
Jul 14 – 31, 2016

Tickets can be purchased online at www.com.edu/theatre.
## Courses Leading to the Credit

### Entry-Level Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WLDG 1025</td>
<td>Introduction to Oxy-Fuel Welding and Cutting</td>
<td>144</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1030</td>
<td>Introduction to Gas Metal Arc (GMAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1057</td>
<td>Intermediate Shielded Metal Arc Welding (SMAW)</td>
<td>144</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1035</td>
<td>Introduction to Pipe Welding</td>
<td>160</td>
<td>4</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**: 928 (24)

Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.

### Entry-Level Gas Shielded Pipe Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1030</td>
<td>Introduction to Gas Metal Arc (GMAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
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<tr>
<td>WLDG 2051</td>
<td>Advanced Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 2013</td>
<td>Welding Multiple Processes</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1012</td>
<td>Introduction to Flux Cored Arc (FCAW) Welding</td>
<td>112</td>
<td>4</td>
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</tbody>
</table>

**TOTAL HOURS**: 912 (24)

Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.

### Entry-Level Shielded Metal Arc Pipe Welding Certificate

<table>
<thead>
<tr>
<th>COURSE #</th>
<th>TITLE</th>
<th>CE CONTACT HRS</th>
<th>CREDIT HR EQUIVALENT</th>
</tr>
</thead>
<tbody>
<tr>
<td>WLDG 1025</td>
<td>Introduction to Oxy-Fuel Welding and Cutting</td>
<td>144</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Introduction to Welding Fundamentals</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1057</td>
<td>Intermediate Shielded Metal Arc Welding (SMAW)</td>
<td>144</td>
<td>4</td>
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<tr>
<td>WLDG 1035</td>
<td>Introduction to Pipe Welding</td>
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<td>4</td>
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<tr>
<td>WLDG 2006</td>
<td>Intermediate Pipe Welding</td>
<td>160</td>
<td>4</td>
</tr>
<tr>
<td>WLDG 1034</td>
<td>Introduction to Gas Tungsten Arc (GTAW) Welding</td>
<td>160</td>
<td>4</td>
</tr>
</tbody>
</table>

**TOTAL HOURS**: 928 (24)

Bridge to credit: Students successfully completing these courses are encouraged to consider completing the Advanced Level Welding Certificate.

---

### Open Enrollment in Lifelong Learning & 50 Plus Program

SENR (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.

---

### CE Registration Date

Registration begins Aug. 3, 2015, for Fall 2015 Continuing Education and 50 Plus Program classes.
All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

### ACCOUNTING AND BUSINESS

<table>
<thead>
<tr>
<th>COURSE NAME</th>
<th>HOURS</th>
<th>COST: In district</th>
<th>COST: Out of district</th>
<th>SYN: 1069</th>
<th>8/24/15-12/11/15</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>PRINCIPLES OF FINANCIAL ACCOUNTING – 64 HRS</strong></td>
<td></td>
<td></td>
<td></td>
<td>0923</td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>M Williams</td>
</tr>
<tr>
<td>Cost: In district: $270</td>
<td></td>
<td></td>
<td></td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>M Williams</td>
<td></td>
</tr>
<tr>
<td>SYN: 1033 ACCTL-2001-171CL</td>
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<td></td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>M Williams</td>
<td></td>
</tr>
<tr>
<td>09:30AM-10:50PM</td>
<td></td>
<td></td>
<td></td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
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<tr>
<td>04:30PM-05:50PM</td>
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<td></td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
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<tr>
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<td>08/24/15-12/11/15</td>
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<tr>
<td>06:00PM-07:20PM</td>
<td></td>
<td></td>
<td></td>
<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>M Williams</td>
<td></td>
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<table>
<thead>
<tr>
<th>COURSE NAME</th>
<th>HOURS</th>
<th>COST: In district</th>
<th>COST: Out of district</th>
<th>SYN: 1070</th>
<th>8/24/15-12/11/15</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
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<tbody>
<tr>
<td><strong>BUSINESS LAW – 48 HRS</strong></td>
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<td>Cost: In district: $270</td>
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<tr>
<td>SYN: 1070 BUSIL-2001-001IN</td>
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<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>S Rahman</td>
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### ALLIED HEALTH

<table>
<thead>
<tr>
<th>COURSE NAME</th>
<th>HOURS</th>
<th>COST: In district</th>
<th>COST: Out of district</th>
<th>SYN: 0657</th>
<th>8/24/15-12/11/15</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEDICAL TERMINOLOGY I – 25 HRS</strong></td>
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<td></td>
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<tr>
<td>SYN: 0657 HITT-1005-001IN</td>
<td></td>
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<td>08/24/15-12/11/15</td>
<td>Internet</td>
<td>B Frieze</td>
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</table>

### COMPUTERS AND NETWORKING

<table>
<thead>
<tr>
<th>COURSE NAME</th>
<th>HOURS</th>
<th>COST: In district</th>
<th>COST: Out of district</th>
<th>SYN:</th>
<th>8/24/15-12/11/15</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
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</thead>
<tbody>
<tr>
<td><strong>INTRODUCTION TO DATABASE – 96 HRS</strong></td>
<td></td>
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<td></td>
<td>1072 ITSC-1025-228HY</td>
<td>10/19/15-12/11/15</td>
<td>TVB 1432</td>
<td>F Alexander</td>
</tr>
<tr>
<td>Cost: In district: $270</td>
<td></td>
<td></td>
<td></td>
<td>10/19/15-12/11/15</td>
<td>TVB 1432</td>
<td>F Alexander</td>
<td></td>
</tr>
<tr>
<td>SYN: 1072 ITSC-1025-228HY</td>
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<td></td>
<td>10/19/15-12/11/15</td>
<td>TVB 1432</td>
<td>F Alexander</td>
<td></td>
</tr>
<tr>
<td>06:00PM-09:50PM</td>
<td></td>
<td></td>
<td></td>
<td>10/19/15-12/11/15</td>
<td>TVB 1432</td>
<td>F Alexander</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>COURSE NAME</th>
<th>HOURS</th>
<th>COST: In district</th>
<th>COST: Out of district</th>
<th>SYN:</th>
<th>8/24/15-12/11/15</th>
<th>LOCATION</th>
<th>INSTRUCTOR</th>
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<tbody>
<tr>
<td><strong>PERSONAL COMPUTER HARDWARE – 80 HRS</strong></td>
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<td>1074 ITSC-1025-228HY</td>
<td>10/19/15-12/11/15</td>
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<td>Cost: In district: $270</td>
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<td>M Pitre</td>
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<tr>
<td>SYN: 1074 ITSC-1025-228HY</td>
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<td></td>
<td>10/19/15-12/11/15</td>
<td>TVB 1224</td>
<td>M Pitre</td>
<td></td>
</tr>
<tr>
<td>05:00PM-07:20PM</td>
<td></td>
<td></td>
<td></td>
<td>10/19/15-12/11/15</td>
<td>TVB 1224</td>
<td>M Pitre</td>
<td></td>
</tr>
</tbody>
</table>
DRAFTING

STRUCTURAL DRAFTING – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: ARCE-1052-201HY
     08/24/15-12/11/15
     TH
     06:00PM-08:50PM
     TVB 1220
     A Gregory

TECHNICAL DRAFTING – 64 HRS
Cost:  In district: $270
       Out of district: $275
SYN: DFTG-1005-201CL
     08/24/15-12/11/15
     TH
     06:00PM-08:50PM
     TVB 1220
     J Buffa

BASIC COMPUTER AIDED DRAFTING – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: DFTG-1009-201HY
     08/24/15-12/11/15
     TH
     06:00PM-08:50PM
     TVB 1220
     A Gregory

ELECTRICAL DRAFTING – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: DFTG-2007-201HY
     08/24/15-12/11/15
     TH
     06:00PM-08:50PM
     TVB 1220
     A Gregory

GRAPHIC ARTS

DIGITAL IMAGING I – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1042 ARTC-1002-201HY
     08/24/15-12/11/15
     M
     05:30PM-08:20PM
     TVB 1572
     F O'Connor
SYN: 1043 ARTC-1002-101CL
     08/24/15-12/11/15
     TTH
     08:00AM-10:50AM
     TVB 1572
     R Collins

COMPUTER ILLUSTRATION – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1044 ARTC-1053-101CL
     08/24/15-12/11/15
     MW
     08:00AM-10:50AM
     TVB 1572
     COM Faculty

DESIGN COMMUNICATIONS 1 – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1046 ARTSL-2013-171HY
     08/24/15-12/11/15
     MW
     08:00AM-10:50AM
     TVB 1572
     C Jackson

DESIGN COMMUNICATIONS 2 – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1045 ARTSL-2014-101HY
     08/24/15-12/11/15
     TTH
     08:00AM-10:50AM
     TVB 1572
     C Jackson

WEB DESIGN I – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1048 IMED-1016-101CL
     08/24/15-12/11/15
     MW
     12:30PM-03:20PM
     TVB 1572A
     F O'Connor

WEB DESIGN II – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1050 IMED-2015-101CL
     08/24/15-12/11/15
     MW
     09:00AM-11:50AM
     TVB 1572A
     F O'Connor

INTERACTIVE DIGITAL MEDIA I – 96 HRS
Cost:  In district: $270
       Out of district: $275
SYN: 1049 IMED-1045-101CL
     08/24/15-12/11/15
     TTH
     04:00PM-07:00PM
     TVB 1572A
     D Hanus

Want to ...
Start a blog, edit photos, lay out a newsletter, develop a logo or design a Web page?

Discover how to use the Adobe Creative Suite, including Photoshop, Illustrator and InDesign, to create eye-catching designs.

Learn how to develop Web pages using WordPress, HTML, CSS and Dreamweaver.

See course offerings and start today.
For more information, call Coleena Jackson at 409-933-8535 or Freda O’Connor at 409-933-8254.

When Should I Register?

<table>
<thead>
<tr>
<th>If a class starts on a...</th>
<th>Register by noon on the following days.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, Monday, Tuesday</td>
<td>Wednesday (the week before it starts)</td>
</tr>
<tr>
<td>Wednesday, Thursday</td>
<td>Thursday (the week before it starts)</td>
</tr>
<tr>
<td>Friday</td>
<td>Monday (of the same week)</td>
</tr>
<tr>
<td>Saturday</td>
<td>Tuesday (of the same week)</td>
</tr>
</tbody>
</table>
Through the Welding Technology Program, COM educates and prepares students with the technical skills required for this career field. The program curriculum is based on properties of metals, metal welding, brazing, flame-cutting, blueprint reading, electrical principles, welding symbols and mechanical drawing. The program includes entry-level skills in stick (SMAW), oxy-acetylene (GAS), gas shield arc (GTAW and MTAW) and flux-cored arc (FCAW) welding. There is a $200 lab fee per class and a one-time investment of approximately $250 for personal equipment.

INTRODUCTION TO WELDING FUNDAMENTALS – 160 HRS
Cost:  
SYN: WLDG-1021-101CL 08/24/15-12/11/15 MW
07:00AM-12:00PM WLD 010 D Miller
SYN: 1090 WLDG-1021-114CL 08/24/15-12/11/15 TTH
12:30PM-05:30PM WLD 010 D Miller
SYN: 1097 WLDG-1021-104CL 08/24/15-12/11/15 TTH
07:00AM-12:00PM WLD 010 V Woods
SYN: 1105 WLDG-1021-221CL 08/24/15-12/11/15 MW
05:32PM-10:32PM WLD 010 R Spivey
SYN: 1111 WLDG-1021-146CL 08/24/15-12/11/15 F
07:00AM-12:00PM WLD 010 R Brown
12:30PM-05:30PM WLD 010 R Brown

INTRODUCTION TO OXYFUEL WELDING AND CUTTING – 144 HRS
Cost:  
SYN: WLDG-1025-101CL 08/24/15-12/11/15 MW
07:00AM-11:30AM WLD 010 D Miller
SYN: 1092 WLDG-1025-114CL 08/24/15-12/11/15 TTH
12:30PM-05:00PM WLD 010 D Miller
SYN: 1098 WLDG-1025-104CL 08/24/15-12/11/15 TTH
07:00AM-11:30AM WLD 010 V Woods
SYN: 1103 WLDG-1025-112CL 08/24/15-12/11/15 TTH
12:30PM-05:00PM WLD 010 R Brown
SYN: 1106 WLDG-1025-221CL 08/24/15-12/11/15 MW
05:32PM-10:32PM WLD 010 R Spivey
SYN: 1113 WLDG-1025-146CL 08/24/15-12/11/15 F
07:00AM-11:30AM WLD 010 R Brown
12:30PM-05:00PM WLD 010 R Brown

INTRODUCTION TO GAS METAL ARC (MIG) WELDING – 160 HRS
Cost:  
SYN: WLDG-1030-102CL 08/24/15-12/11/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: 1094 WLDG-1030-103CL 08/24/15-12/11/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: 1100 WLDG-1030-111CL 08/24/15-12/11/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: 1108 WLDG-1030-222CL 08/24/15-12/11/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger

INTRODUCTION TO GAS TUNGSTEN ARC (TIG) WELDING – 160 HRS
Cost:  
SYN: WLDG-1034-102CL 08/24/15-12/11/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: 1095 WLDG-1034-103CL 08/24/15-12/11/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: 1101 WLDG-1034-111CL 08/24/15-12/11/15 MW
12:30PM-05:30PM WLD 010 R Brown
SYN: 1109 WLDG-1034-222CL 08/24/15-12/11/15 TTH
05:32PM-10:32PM WLD 010 D Hertenberger

INTRODUCTION TO FLUX CORED ARC (FCAW) WELDING – 112 HRS
Cost:  
SYN: WLDG-1030-102CL 08/24/15-12/11/15 TTH
07:00AM-12:00PM WLD 010 D Miller
SYN: 1096 WLDG-1030-104CL 08/24/15-12/11/15 MW
07:00AM-12:00PM WLD 010 V Woods
SYN: 1102 WLDG-1030-112CL 08/24/15-12/11/15 MW
12:30PM-04:00PM WLD 010 R Brown
SYN: 1110 WLDG-1030-114CL 08/24/15-12/11/15 TTH
05:32PM-09:02PM WLD 010 D Hertenberger

INTERMEDIATE SHIELDED METAL ARC WELDING (SMAW) – 144 HRS
Cost:  
SYN: WLDG-1057-101CL 08/24/15-12/11/15 MW
07:00AM-11:30AM WLD 010 D Miller
SYN: 1091 WLDG-1057-114CL 08/24/15-12/11/15 TTH
12:30PM-05:00PM WLD 010 D Miller
SYN: 1099 WLDG-1057-104CL 08/24/15-12/11/15 TTH
07:00AM-11:30AM WLD 010 V Woods
SYN: 1104 WLDG-1057-112CL 08/24/15-12/11/15 TTH
12:30PM-05:00PM WLD 010 R Brown
SYN: 1107 WLDG-1057-221CL 08/24/15-12/11/15 MW
05:32PM-10:02PM WLD 010 R Spivey
SYN: 1116 WLDG-1057-146CL 08/24/15-12/11/15 F
07:00AM-11:30AM WLD 010 R Brown
12:30PM-05:00PM WLD 010 R Brown

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a $35 distance education fee per course.

Students in hybrid (HY) courses will be charged a $25 distance education fee per course.
Heating, Ventilation and Air-Conditioning Certificate

Recommended Course Sequence
(Select classes will be offered each semester)

COM’s Heating, Ventilation and Air-Conditioning Program, which can be completed in less than a year, prepares students for a successful career as an HVAC mechanic. A growing career, HVAC mechanics work with systems in commercial offices, industrial complexes, manufacturing plants, homes, restaurants and hotels. The need for qualified HVAC mechanics and installers in the Gulf Coast region is anticipated to grow 34 percent by 2018. The median hourly wage is $20.04, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2013) Financial assistance may be available (see page 6). Textbook not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>HART 1038</td>
<td>Air-Conditioning, Level I</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>This course introduces students to HVAC terminology, tools and skills. The instructor will discuss basic HVAC principles and guide students in hands-on activities.</td>
<td></td>
</tr>
<tr>
<td>HART 1005</td>
<td>Air-Conditioning, Level II</td>
<td>96</td>
</tr>
<tr>
<td></td>
<td>Students will discover how to apply air-conditioning principles and will learn about air properties, routine maintenance, thermodynamics and compressors. Students will learn to correctly measure AC and DC electrical circuits as well as air properties and distribution.</td>
<td></td>
</tr>
<tr>
<td>HART 2036</td>
<td>Air-Conditioning, Level III</td>
<td>48</td>
</tr>
<tr>
<td></td>
<td>This is an advanced course demonstrating troubleshooting principles. Students learn to use test instruments to conduct performance tests and to diagnose problems in air-conditioning and refrigeration components and systems.</td>
<td></td>
</tr>
<tr>
<td>HART 1043</td>
<td>EPA Course and Test</td>
<td>10</td>
</tr>
<tr>
<td></td>
<td>Federal regulations require that those who work with regulated refrigerants be certified. This course will provide intensive training to update students’ knowledge and/or skills in preparation for the certification exam, which verifies that students have an understanding of Section 608 of the Federal Clean Air Act of 1990.</td>
<td></td>
</tr>
<tr>
<td>HART 1091</td>
<td>R410A Course and Test – 10 HRS</td>
<td>10</td>
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<tr>
<td></td>
<td>Federal regulations require that those who work with regulated refrigerants be certified. The certification exam verifies that the person has read and understands the requirements of the Federal Clean Air Act.</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL HOURS**

**AIR-CONDITIONING LEVEL I – 96 HRS**

- Cost: In district: $570 Out of district: $575
- SYN: 1206 HART-1038-230CL
- 08/03/15-11/23/15 MW
- 06:00PM-09:00PM
- GCSI 117
- PD Lambert

- Cost: In district: $570 Out of district: $575
- SYN: 1207 HART-1005-230CL
- 08/04/15-11/19/15 TTH
- 06:00PM-09:00PM
- GCSI 117
- PD Lambert

**AIR-CONDITIONING LEVEL II – 96 HRS**

- Cost: In district: $345 Out of district: $350
- SYN: 0799 HART-2036-230CL
- 11/30/15-12/17/15 MTWTH
- 05:30PM-09:30PM
- GCSI 117
- COM Faculty

**HVAC TEXAS LABOR MARKET INFORMATION**

- Texas Employment 2012............................................ 23,230
- Projected Texas Employment 2022 ..................... 28,220
- Absolute Change 2012-2022................................. 4,990
- Percent Change 2012-2022...................................... 22%
- Average Hourly Wage 2013 – Statewide ........... $20.10
- Average Openings per year due to Replacement ........ 590
- Average Openings per year due to Growth............... 500

http://socrates.cdr.state.tx.us/

**A Word about Waiting to Register...**

Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.
Mechanical Maintenance Technician, Basic Certificate

REQUIRED COURSE SEQUENCE

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>65</td>
</tr>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>65</td>
</tr>
<tr>
<td>POFT 1006</td>
<td>Job Search and Employment Skills</td>
<td>40</td>
</tr>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machine Trades &amp; Rigging</td>
<td>65</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1038</td>
<td>Basic Machine Shop I</td>
<td>65</td>
</tr>
</tbody>
</table>

TOTAL HOURS 365

COM’s program prepares students for a wide variety of duties, such as preventative maintenance, making machinery adjustments and repairing equipment using blueprints, sketches, diagrams and a variety of tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified mechanical maintenance technicians (also referred to as industrial machinery mechanic, maintenance worker or millwright) in the Gulf Coast region is anticipated to grow by 41.5 percent by 2020. The median hourly wage is $23.23, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) Financial assistance may be available (see page 6). Textbook not included.

INDUSTRIAL MAINTENANCE INTRODUCTION – 65 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $475</th>
<th>Out of district: $480</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>0826T MCHN-1002-120CL</td>
<td>09/28/15-11/19/15</td>
</tr>
<tr>
<td>TTH</td>
<td></td>
<td></td>
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<tr>
<td>06:00PM-10:00PM</td>
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</table>

INDUSTRIAL MATHEMATICS – 65 HRS

<table>
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<tbody>
<tr>
<td>SYN:</td>
<td>0825T TECM-1001-120CL</td>
<td>08/10/15-10/05/15</td>
</tr>
<tr>
<td>MW</td>
<td></td>
<td></td>
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<tr>
<td>08:00AM-12:00PM</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SYN:</td>
<td>0819T TECM-1001-221CL</td>
<td>09/28/15-11/18/15</td>
</tr>
<tr>
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<td></td>
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<tr>
<td>06:00PM-10:00PM</td>
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<td></td>
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</table>

PRINT READING FOR MACHINE TRADES AND RIGGING – 65 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $475</th>
<th>Out of district: $480</th>
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</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>0826T MCHN-1002-120CL</td>
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</tr>
<tr>
<td>TTH</td>
<td></td>
<td></td>
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<tr>
<td>06:00PM-09:00PM</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

MECHANICAL MAINTENANCE TEXAS LABOR MARKET INFORMATION

Texas Employment 2012.......................................................... 30,520
Projected Texas Employment 2022 ...................................... 43,170
Absolute Change 2012-2022............................................. 12,650
Percent Change 2012-2022............................................... 41%
Average Hourly Wage 2013 – Statewide ...................... $23.48
Average Openings per year due to Replacement ........ $880
Average Openings per year due to Growth .................. 1,265

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MECHANICAL MAINTENANCE PROGRAM

www.com.edu/ce
409-933-8406

COM Mechanical Maintenance Program
# Mechanical Maintenance Technician, Intermediate Certificate

**REQUIRED COURSE SEQUENCE**

Prerequisite: Basic Mechanical Maintenance Technician Certificate  
Textbook not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2005</td>
<td>Millwright III – Bearings, Seals &amp; Couplings</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to bearings and seals. It focuses on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2007</td>
<td>Millwright IV – Lubrication, Valves &amp; Pumps</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2012</td>
<td>Millwright V–Gear Boxes, Chain &amp; Belt Drives</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
</tbody>
</table>

## TOTAL HOURS

260

**MILLWRIGHT IV – LUBRICATION, VALVES AND PUMPS – 65 HRS**

Cost:  
- In district: $475  
- Out of district: $480

SYN: 0821 MCHN-2007-221CL  
09/28/15-11/18/15  
MW  
06:00PM-10:00PM  
AUD 017  
L Lindsey

**MILLWRIGHT VII – TURBINES – 65 HRS**

Cost:  
- In district: $475  
- Out of district: $480

SYN: 0822 MCHN-2016-221CL  
09/29/15-11/19/15  
TTH  
06:00PM-10:00PM  
AUD 017  
COM Faculty

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# Mechanical Maintenance Technician, Advanced Certificate

**REQUIRED COURSE SEQUENCE**

Prerequisite: Basic and Intermediate Mechanical Maintenance Technician Certificate  
Textbook not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2014</td>
<td>Millwright VI – Reciprocating, Centrifugal Compressors and Blowers</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2016</td>
<td>Millwright VII – Turbines</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repair of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2018</td>
<td>Millwright VIII – Alignment and Vibration</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
</tbody>
</table>

## TOTAL HOURS

195

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**Continuing Education Office**

Located in the Technical-Vocational Building, Room T-1475

Business Hours:  
Mon-Fri 8 a.m. – 5 p.m.

Phone: 409-933-8586  
Fax: 409-933-8026  
www.com.edu/ce

Visit us online at www.com.edu/ce.

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**Open Enrollment in Lifelong Learning & 50 Plus Program**

SEN R (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.

---

**Save This Schedule!**

CE offers hundreds of classes.  
One is just right for you!
Machinist Certificate

RECOMMENDED COURSE SEQUENCE
Prerequisite: Mechanical Maintenance Technician, Basic Certificate
Textbook not included.

COM’s program prepares students for employment utilizing machine tools, such as lathes, milling machines and grinders to produce precision metal parts. Machinist work from blueprints, sketches or computer-aided design (CAD), and computer-aided manufacturing (CAM) files to set up, operate and disassemble manual, automatic and computer-controlled (CNC) machine tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified machinists in the Gulf Coast region is anticipated to grow by 25.3 percent by 2020. The median hourly wage is $18.95, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) Financial assistance may be available (see page 6). Textbook is not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 1041</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study of the shop machine, machine parts and their functions. It will focus on select layout tools, techniques, terminology, basic machine setups and shop formulas. It will teach how to perform semi-precision layout, execute grinding techniques, demonstrate basic machine operations and apply proper measuring tools. Prerequisite: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2035</td>
<td>CNC Programming</td>
<td>124</td>
</tr>
<tr>
<td></td>
<td>This course is a study of advanced CNC operations with an emphasis on programming and the operations of machining and turning centers. Prerequisites: Basic MMT Certificate and MCHN 1041</td>
<td></td>
</tr>
<tr>
<td>MCHN 1026</td>
<td>CAD/CAM Mastercam</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study of computer-aided manufacturing (CAM) software, which is used to develop applications for manufacturing. It will focus on tool geometry, tool selection and the tool library. Prerequisites: Basic MMT Certificate, MCHN 1041 and MCHN 2035</td>
<td></td>
</tr>
<tr>
<td>DFTG 2040</td>
<td>CAD/CAM 3-D Solid Model</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>Design and Manufacture</td>
<td></td>
</tr>
<tr>
<td></td>
<td>This course is a study of computer-aided modeling. It will focus on the development of 3-D drawings and models from engineering sketches and orthographic drawings and the utilization of 3-D models in design work. Prerequisites: Basic MMT Certificate, MCHN 1041, MCHN 2035 and MCHN 1026</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS 319

BASIC MACHINE SHOP II – 65 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $475</th>
<th>Out of district: $480</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>0823 MCHN-1041-231CL</td>
<td>09/28/15-11/18/15</td>
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<tr>
<td></td>
<td>06:00PM-10:00PM</td>
<td>AUD 012</td>
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</table>

CAD/CAM 3-D SOLID MODEL – 65 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $475</th>
<th>Out of district: $480</th>
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</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>0824 DFTG-2040-231CL</td>
<td>09/01/15-10/22/15</td>
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<tr>
<td></td>
<td>06:00PM-10:00PM</td>
<td>AUD 019</td>
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</table>

MACHINIST TEXAS LABOR MARKET INFORMATION

<table>
<thead>
<tr>
<th>Texas Employment 2012</th>
<th>1,740</th>
</tr>
</thead>
<tbody>
<tr>
<td>Projected Texas Employment 2022</td>
<td>2,700</td>
</tr>
<tr>
<td>Absolute Change 2012-2022</td>
<td>960</td>
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<tr>
<td>Percent Change 2012-2022</td>
<td>55.20%</td>
</tr>
<tr>
<td>Average Hourly Wage 2013 – Statewide</td>
<td>$23.35</td>
</tr>
<tr>
<td>Average Openings per year due to Replacement</td>
<td>50</td>
</tr>
<tr>
<td>Average Openings per year due to Growth</td>
<td>95</td>
</tr>
</tbody>
</table>

http://socrates.cdr.state.tx.us/

WELDING

Prepare to enter a field with growing opportunities with COM’s Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants and construction. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. The median hourly wage is $17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014)

COM’s program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). The course includes a $200 lab fee. Not included is approximately $250 for personal equipment.

WELDING, MULTIPLE PROCESSES – 112 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $700</th>
<th>Out of district: $705</th>
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</thead>
<tbody>
<tr>
<td>SYN:</td>
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<td>WLD 010</td>
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<tr>
<td>SYN:</td>
<td>0761 WLDG-1007-130CL</td>
<td>08/24/15-09/17/15</td>
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<tr>
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<td>08:30AM-12:00PM</td>
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<td>01:00PM-05:00PM</td>
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<td>SYN:</td>
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<td>01:00PM-05:00PM</td>
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<td>SYN:</td>
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<td>08:30AM-12:00PM</td>
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</tr>
<tr>
<td></td>
<td>01:00PM-05:00PM</td>
<td></td>
</tr>
</tbody>
</table>
PUBLIC SERVICE CAREERS

All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

EMT BASIC RECERTIFICATION – 48 HRS
This course meets the current Texas Department of State Health Services requirements for recertification of EMT-Basic personnel in adherence with the National EMS Education Standards. This class covers 48 continuing education hours (or one-on-skills testing for those between one and 90 days late for DSHS recertification). Contact Julianne Duncan at jduncan3@com.edu to set up dates and times.

Cost:  In district: $150   Out of district: $155  
SYN: 0943 EMSP-1030-101CL  08/24/15-12/11/15  
J Duncan

HAZARDOUS MATERIALS TECHNICIAN – 80 HRS
This course satisfies curriculum requirements of the Texas Commission on Fire Protection for Fire Officer IV certification. Topics include human resource management, community and government relations, administration, inspection and investigation, emergency service delivery, health and safety, and performance skills. Students must attend labs to complete skills required by the TCFP to be completed in person. Students successfully completing the course are eligible to take the TCFP certification examination for Fire Officer IV provided they satisfy the TCFP testing requirements. Prerequisites: Completion of Fire Instructor Fire Officer III. The $85 TCFP test fee is paid separately.

Cost:  In district: $795   Out of district: $800  
SYN: 0945 FIRS-2050-101CL  10/19/15-10/30/15  MTWTHF
08:00AM-05:00PM TBA S Kozlowski

FIRE TECHNOLOGY
All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

GCFFA New Member,  
SFFMA Firefighter I
The course provides basic new member training for volunteer firefighters. It covers the curriculum and skills required for the State Firemen’s and Fire Marshal’s Association Firefighter I, which includes 136 training hours.

Classes meet Monday and Wednesday from 6 – 10 p.m. and every other Saturday from 8 a.m. to 5 p.m. for 12 weeks.

Upon completion, students will receive a certificate of completion and are eligible to test for SFFMA Firefighter I.

For additional information or to enroll, contact GCFFA Training Coordinator Stan Kozlowski at SKozlowski@com.edu.

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER – 40 HRS
This course provides required training to carry firearms for private security employment. Training consists of TCPS Levels II and III, which cover the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution, and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment responsibility. Please call 409-933-8285 for more information.

Cost:  In district: $260   Out of district: $265  
SYN: 0935 SLPS-1013-101CL  09/21/15-09/25/15  MTWTHF
08:00AM-05:00PM PSC 116 R Williamson

FIRS 2000, TCFP Continuing Education, Skills Testing
This course is a customized training program for students who require continuing education hours for maintaining certification with the Texas Commission on Fire Protection. Training may be completed through classroom or online training.

Additionally, this course is for students requiring a skills test in order to become eligible for a recertification exam for basic firefighter with the TCFP.

Contact Danny McLerran, director of fire technology, at 409-933-8378 or dmclerran@com.edu.

FIRE OFFICER IV – 64 HRS
This course satisfies the curriculum requirements of the Texas Commission on Fire Protection (TCFP) for Fire Officer IV certification. Topics include human resource management, community and government relations, administration, inspection and investigation, emergency service delivery, health and safety, and performance skills. Students must attend labs to complete skills required by the TCFP to be completed in person.

Students successfully completing the course are eligible to take the TCFP certification examination for Fire Officer VI provided they satisfy the TCFP requirements. The $85 TCFP test fee is paid separately.

Cost:  In district: $225   Out of district: $230  
SYN: 0946 FIRT-2057-001IN  09/21/15-12/11/15  
Internet  D McLerran
SECURITY FIREARMS REQUALIFICATION – 7 HRS
This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor.
Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and a notebook. Contact Susan Meadows at 409-933-8285 for further instructions.

Cost:  In district: $450  Out of district: $455
SYN: 0948 CJLE-2038-101CL  10/15/15-10/15/15  MTWTHF
08:00AM-05:00PM  FIR 107  J Schirard

TCOLE INSTRUCTOR – 40 HRS
Topics include the adult learning process and the differences between adult and child learning, the role of the instructor, the three domains of learning and their impact on the learning process. Other topics included are factors that affect learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations, and the use of instructional media. Contact Susan Meadows at 409-933-8285 for further information.

Cost:  In district: $120  Out of district: $125
SYN: 0947 CJLE-2049-101CL  10/19/15-10/23/15  MTWTHF
08:00AM-05:00PM  PSC 117  R Williamson

CIVILIAN FIREARMS

CIVILIAN FIREARMS PRACTICE – 3 HRS
This is a structured handgun practice session. Instructors are present for assistance in enhanced skills and accuracy. The on-campus firing range is located adjacent to Parking Lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. The minimum age is 18.

Cost:  In district: $32  Out of district: $37
SYN: 0982 CIVI-7001-201CL  09/03/15-09/03/15  TH
06:30PM-09:30PM  FIR 107  D Blackford
06:30PM-09:30PM  CIVI-7001-202CL  09/03/15-09/03/15  TH
06:30PM-09:30PM  CIVI-7001-203CL  10/01/15-10/01/15  TH
06:30PM-09:30PM  CIVI-7001-204CL  10/15/15-10/15/15  TH
06:30PM-09:30PM  CIVI-7001-205CL  11/05/15-11/05/15  TH
06:30PM-09:30PM  CIVI-7001-206CL  11/19/15-11/19/15  TH
06:30PM-09:30PM  CIVI-7001-207CL  12/03/15-12/03/15  TH
06:30PM-09:30PM  D Blackford

LAW ENFORCEMENT

TCOLE FIREARMS INSTRUCTOR – 40 HRS
This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor.
Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and a notebook. Contact Susan Meadows at 409-933-8285 for further instructions.
handgun. State-required fingerprinting and photographs are available for an extra $25 fee payable separately during class. The on-campus firing range is located adjacent to Parking Lot E.

**FIRST-STEP BASIC HANDGUN – 8 HRS**

This course is strongly recommended for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and provide valuable knowledge for the personal selection process. The instructor will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

**Cost:**
- In district: $82
- Out of district: $87

**SYN:**
- 0979 CIVI-7004-201CL 09/14/15-09/15/15 MT
- 06:00PM-10:00PM FIR 107 D Blackford
- 0978 CIVI-7003-202CL 10/19/15-10/20/15 MT
- 06:00AM-10:00PM FIR 107 D Blackford

**BASIC POLICE OFFICER**

The Basic Peace Officer Academy (769 hours) provides graduates the necessary basic training to obtain a position as a police officer, constable, deputy sheriff or any other licensed peace officer position within the state of Texas.

The night academy is designed for students who are employed full-time. All courses must be taken together and successfully passed for the graduate to test for state licensure.


Potential cadets must be fingerprinted and turn in their completed packers no later than July 10, 2015.

Susan Meadows at 409-933-8285 or Thom Karlok at 409-933-8299.

**INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS**

This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a concealed handgun license. Students must provide their own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

**Cost:**
- In district: $202
- Out of district: $207

**SYN:**
- 0981 CIVI-7005-201CL 11/16/15-11/18/15 MTW
- 06:00PM-10:00PM FIR 107 D Blackford

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**Need Your TCOLE Mandated Training?**

Is your department looking for more training for its officers? Contact College of the Mainland Law Enforcement Training for all of your education. COM can accommodate nearly any training request you may have, from Basic Peace Officer to Master Instructor.

Call us, and we will be happy to work with you.

For more information, call 409-933-8299.
LEAN SIX SIGMA-GREEN BELT – 48 HRS
Students will learn quality-assurance/quality-control procedures used to confirm viability and confidence of sample results or procedures. The course emphasizes documentation, blank and check sample (spike) preparation, and control tables. The methods and tools in this class drive productivity improvement and improvements in defects and variation (DMAIC).

Cost:  
In district: $2,750  
Out of district: $2,750  
SYN: 1000 EPCT-1051-010IN  
09/22/15-12/15/15  
Internet  
TBA

LEAN SIX SIGMA-BLACK BELT – 77 HRS
This course will cover planning and implementing quality programs in an organization and analyzing cost/benefit of quality. It also covers the impact of employee empowerment. The methods and tools in this class drive productivity improvement and improvements in defects and variation (DMAIC).

Cost:  
In district: $4,495  
Out of district: $4,495  
SYN: 1001 BMGT-2031-010IN  
09/22/15-02/09/16  
Internet  
TBA

CHILD DEVELOPMENT

“OH NO, YOU DIDN’T” – 7 HRS
Caregivers are faced with moral and ethical dilemmas every day. In this class we will apply the NAEYC Code of Ethical Conduct to real-life difficult situations involving families, colleagues, management, child behavior and learning. This class meets the Core Competency Area for Professionalism and Ethics.

Cost:  
In district: $25  
Out of district: $30  
SYN: 0473 CDEC-1032-102CL  
09/19/15-09/19/15  
S  
08:30AM-04:30PM  
TVB 1647  
T Davis

BODIES IN MOTION – 7 HRS
Explore activities to support children’s physical development. Play with parachutes, learn yoga games and discover new movement activities. The workshop will cover both fine and gross motor skills development for all ages. The class meets the Core Competency Area for Supporting Skill Development and Child Growth and Development.

Cost:  
In district: $25  
Out of district: $30  
SYN: 0472 CDEC-1032-100CL  
09/12/15-09/12/15  
S  
08:30AM-04:30PM  
TVB 1647  
A Raumaker

CHILDREN AND THEIR DEVELOPMENT – 7 HRS
Explore developmentally appropriate activities for children from birth to age 5. Participants will identify learning opportunities that are age appropriate. This class meets the Core Competency Area for Child Growth and Development.

Cost:  
In district: $25  
Out of district: $30  
SYN: 0492 CDEC-1032-112CL  
11/07/15-11/07/15  
S  
08:30AM-04:30PM  
TVB 1647  
S Kaiser

Want a Career as a Child Care Provider/Administrator?

Quality early care and education programs play a vital role in the community. These programs must be staffed by individuals who possess the knowledge and skills appropriate to the field, and standards for the quality of these programs will continue to be upgraded in the coming years.

As a child care provider or director, you will have responsibility for the wellbeing and development of today’s children who will be tomorrow’s leaders. Salary per hour varies from $8 to $25 per hour, and individuals’ salaries are typically influenced by their education level.

Several career options are available to those interested in becoming a child care provider or a child care administrator. One can complete the Child Development Associate or Child Care Administration Certificate in approximately one year, with courses scheduled in the evenings and on Saturdays. All course work completed for either certificate will apply toward the completion of an Associate of Applied Science degree. See the College of the Mainland Catalog online at www.com.edu.

For more information, call 409-933-8390.

CONNECTING WITH CHILDREN – 7 HRS
Discover how everyday interactions with children influence their development and learning. Learn how conversations can help children extend their learning, problem-solving skills and connection to their world. This class meets the Core Competency Area for Responsive Interactions and Guidance.

Cost:  
In district: $25  
Out of district: $30  
SYN: 0476 CDEC-1032-115CL  
10/10/15-10/10/15  
S  
08:30AM-04:30PM  
TVB 1647  
A Raumaker
CREATIVE CURRICULUM – 7 HRS
Participants will explore developmentally appropriate curriculum using creative ideas and techniques. This class meets the Core Competency Area for Learning Environments, Planning Framework, Curriculum and Standards.

Cost: In district: $25 Out of district: $30
SYN: 0491 CDEC-1032-110CL 10/24/15-10/24/15 S
08:30AM-04:30PM TVB 1647 J. Strambler

FAMILY INVOLENMENT – 7 HRS
Participants will explore innovative ways to communicate with families and foster cooperative relationships. This class meets the Core Competency Area for Family and Community Relationships.

Cost: In district: $25 Out of district: $30
SYN: 0488 CDEC-1032-109CL 10/17/15-10/17/15 S
08:30AM-04:30PM TVB 1647 T. McGinty-Grimes

HEALTHY KIDS, HAPPY KIDS – 7 HRS
Participants will learn effective ways to prevent illness in the classroom and identify the connection between nutrition and behavior patterns. Students will receive easy, inexpensive, behavior-friendly recipes and school menu samples. This class meets the Core Competency Area for Health, Safety and Nutrition.

Cost: In district: $25 Out of district: $30
SYN: 0475 CDEC-1032-106CL 10/03/15-10/03/15 S
08:30AM-04:30PM TVB 1647 T. Davis

OBSERVING AND ASSESSING – 7 HRS
Participants will explore techniques and strategies for observing and assessing children. Participants will use assessment to enhance learning environments. This class meets the Core Competency Area for Observation and Assessment.

Cost: In district: $25 Out of district: $30
SYN: 0474 CDEC-1096-104CL 09/26/15-09/26/15 S
08:30AM-04:30PM TVB 1647 J. Strambler

PROFESSIONALISM IN CHILD CARE – 7 HRS
Participants will learn how to manage people, build a team and foster positive relationships in a child care setting. This class meets the Core Competency Area for Administration.

Cost: In district: $25 Out of district: $30
SYN: 0477 CDEC-1032-108CL 10/10/15-10/10/15 S
08:30AM-04:30PM TVB 1647 U. Flores

TEACHING DIVERSITY IN THE EARLY CHILDHOOD SETTING – 14 HRS
Participants will explore ways to celebrate diversity through experiences, social interactions and cognitive ability. This class will help integrate diversity into the early childhood setting. This class meets the Core Competency Area for Diversity Dual Language Learners. Meets 09/12/15 and 11/14/15.

Cost: In district: $55 Out of district: $60
SYN: 0493 CDEC-1032-114CL 09/12/15 and 11/14/15 S
08:30AM-04:30PM TVB 1310 U. Flores

Want to become a drafter or brush up your drafting skills?
Discover more in hands-on classes:
- AutoCAD Civil 3D
- Autodesk Inventor 3D
- Basic AutoCAD
- Intermediate AutoCAD
- Architectural Commercial Drafting

For more information, email Andrew Gregory at Agregory2@com.edu.

Open Enrollment in Lifelong Learning & 50 Plus Program
SENR (Senior) trips are only available to students age 50 and older.
Extended travel trips are not limited to 50 or older.

CE Registration Date
Registration begins Aug. 3, 2015, for Fall 2015 Continuing Education and 50 Plus Program classes.
GULF COAST SAFETY INSTITUTE

OSHA 10-HOUR – GENERAL INDUSTRY (ENGLISH) – 10 HRS
This course meets the OSHA 10-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 10 hour card. This training is intended to provide entry-level general industry workers information about their rights, employer responsibilities, and how to identify, prevent and abate job related hazards. Training topics include an introduction to OSHA, personal protective equipment, walking and working surfaces, emergency action plans, fire prevention plans, exit routes, electrical safety, hazard communication, fall protection, an introduction to industrial hygiene and machine guarding.

Cost:  In district:  $295  Out of district:  $300
SYN: 0774 OSHT-1091-110CL  09/29/15-09/30/15  T
08:00AM-05:00PM  GCSI 112  E Parsons
08:00AM-12:00PM  W
SYN: 0775 OSHT-1091-111CL  10/28/15-10/29/15  W
08:00AM  GCSI 112  E Parsons
08:00AM-12:00PM  TH

OSHA 30-HOUR – GENERAL INDUSTRY (ENGLISH) – 30 HRS
This course meets the OSHA 30-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 30-hour card. This training is targeted to general industry workers with some safety responsibility. The course will emphasize hazard identification, avoidance, control and prevention. Topics will include an introduction to OSHA, employer and employee rights and responsibilities, and how to recognize and confront organizational barriers and at-risk behaviors. It offers practical approaches for making decisions associated with safety and managing risk.

Cost:  In district:  $95  Out of district:  $100
SYN: 0776 OSHT-1091-110CL  09/29/15-09/30/15  T
08:00AM-05:00PM  GCSI 112  E Parsons
08:00AM-12:00PM  W
SYN: 0777 OSHT-1091-111CL  10/28/15-10/29/15  W
08:00AM  GCSI 112  E Parsons
08:00AM-12:00PM  TH

CENTER FOR RISK MANAGEMENT

INTRODUCTION TO ENVIRONMENTAL REGULATIONS – 8 HRS
This course covers the basics of core environmental regulations such as the Clean Air Act, Clean Water Act, Comprehensive Environmental Response Compensation and Liability Act (CERCLA or Superfund), Emergency Planning and Community Right to Know Act, Resource Conservation and Recovery Act, Safe Drinking Water Act and Toxic Substances Control Act.

Cost:  In district:  FREE  Out of district:  FREE
SYN: 0766 OSHT-1071-117CL  09/11/15-09/11/15  F
08:00AM-05:00PM  GCSI 112  S Laughlin

INTRODUCTION TO PROCESS SAFETY MANAGEMENT – 8 HRS
Process safety management requires a systematic, comprehensive management program that integrates technologies, procedures and practices to evaluate the risk that chemical processes present. This course covers the elements of process safety management found in OSHA 29 CFR 1910.119.

Cost:  In district:  FREE  Out of district:  FREE
SYN: 0767 OSHT-1071-118CL  09/25/15-09/25/15  F
08:00AM-05:00PM  GCSI 112  S Jackson

ACCIDENT INVESTIGATION – 8 HRS
In this course students will gain a better understanding of the theory of accidents, including the domino theory and multiple causation, the use of interview techniques to collect data and how to determine causal factors and recommendations. They will perform an events/causal factors analysis and complete cause-and-effect charts.

Cost:  In district:  FREE  Out of district:  FREE
SYN: 0768 OSHT-1071-119CL  10/09/15-10/09/15  F
08:00AM-05:00PM  GCSI 112  S Walker

ORGANIZATIONAL CHALLENGES AND TACTICS FOR SAFETY COMMUNICATION – 8 HRS
Safety does not have to involve costly investments in detailed procedures, protective measures and equipment. Much of an effective safety and health program lies in communicating and collaborating with co-workers to understand workplace threats and seek safer ways of doing business. This course explores the challenges leaders and safety and health representatives face and addresses organizational issues affecting the work environment. The course reviews conditions that promote risk and how to recognize and confront organizational barriers and at-risk behaviors. It offers practical approaches for making decisions associated with safety and managing risk.

Cost:  In district:  FREE  Out of district:  FREE
SYN: 0769 OSHT-1071-120CL  10/23/15-10/23/15  F
08:00AM-05:00PM  GCSI 112  D Loyd

SURVIVING VIOLENT ENCOUNTERS – 8 HRS
This course helps individuals understand the five indicators of potentially violent encounters and what one can do to survive. Human resource employees, chemical plant employees, oil and gas employees, health care employees, public safety employees and correctional officers may run a higher risk of being attacked. However, everyone should have a plan
in case of random violence. This thought-provoking class, with practice drills with real-life scenarios, is a must-have in navigating conflict.

Cost: In district: FREE Out of district: FREE
SYN: 0770 OSHT-1071-121CL 11/06/15-11/06/15 F
08:00AM-05:00PM GCSI 112 P Harrell

HOW TO IMPROVE YOUR COMPANY’S DRIVING SAFETY PROGRAM – 8 HRS

Are you looking for ways to improve your company’s driving record? This class examines road rage, DUI, speeding, texting while driving, traffic violations, roadway hazards, weather, flooding, construction work and vehicle inspection. The goal of this course is to raise awareness of hazards and improve the safety of motorists on highways.

Cost: In district: FREE Out of district: FREE
SYN: 0771 OSHT-1071-122CL 11/20/15-11/20/15 F
08:00AM-05:00PM GCSI 112 A Kuzmar

FOCUS ON SAFETY TO INCREASE PROFITABILITY – 8 HRS

Safety correlates with productivity and quality to increase profit. This class focuses on the importance of the relationship between the three. After the class, participants will be able to recognize and implement the key drivers linking safety, quality and production that will directly increase or decrease profitability.

Cost: In district: FREE Out of district: FREE
SYN: 0772 OSHT-1071-123CL 12/04/15-12/04/15 F
08:00AM-05:00PM GCSI 112 C Rosier

Small Business Safety and Health Center

The Small Business Safety and Health Center at the Gulf Coast Safety Institute is your resource to stay up-to-date on the latest information and trends in occupational safety and health that impact small business.

Establishing a safe and healthful working environment requires every employer and worker to make safety and health a core value. The Small Business Safety and Health Center can be your resource to figure out which changes in regulations you are accountable for, what compliance means to your business and how to deal with OSHA should they arrive.

Register for our online course, Workplace Safety and Health for Small Business Owners, Managers and Supervisors.

For more information, call 409-933-8162 or email smallbusiness_safety@com.edu.

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL II – 36 HRS

Level II takes your safety and health program to the next level. In this online curriculum, you will address specific requirements that you need to follow in your industry to avoid OSHA citations and keep employees safe. Level II focuses on general industry compliance requirements and is customizable to any industry. Once you complete this program, you will have a safety and health program crafted specifically to your business to assist you in meeting OSHA compliance goals and objectives. All students enrolling in their first Internet course at COM must complete the New Student Orientation and Online Learner Workshop prior to beginning this course. Students should contact the instructor at smallbusiness_safety@com.edu to schedule their orientation.

Cost: In district: $250 Out of district: $255
SYN: 0787 OSHT-1091-221IN 09/01/15-02/29/16
Internet G Sharpe

SYN: 0788 OSHT-1091-222IN 10/01/15-03/31/16
Internet G Sharpe

SYN: 0789 OSHT-1091-223IN 11/01/15-04/30/16
Internet G Sharpe

SYN: 0790 OSHT-1091-224IN 12/01/15-05/31/16
Internet G Sharpe

PERSONAL ENRICHMENT

STUDIO ARTS – 96 HRS

This course allows beginning to advanced noncredit students to participate in any of the three 2-D studio art courses taught by Professor Mark Greenwalt. Students are expected to participate in the collaborative studio environment and pursue course objectives along with their credit student peers. Students can choose to attend Design on Tuesday and Thursday from 9:30 a.m. to 12:20 p.m., Drawing on Monday and Wednesday from 9:30 a.m. to 12:20 p.m., or Painting on Monday and Wednesday from 2-4:50 p.m. For more information contact Mark at 409-933-8673 or mgreenwalt@com.edu. The lab fee is $20. The College Event Participation Fee is $15.

Cost: In district: $270 Out of district: $275
SYN: 0701 ARTSL-2000-120CL 08/24/15-12/17/15
FAB 130 M Greenwalt
CONTINUING EDUCATION • FALL 2015 SCHEDULE

MEMBERSHIPS AND RECREATION

OBTAINING MEMBERSHIPS
Fitness memberships are available for an entire semester (Fall, Spring or Summer). You must have a current ID card to be admitted into the gym facility. Memberships may be purchased at the Continuing Education Office in the Technical-Vocational Building, Room TVB-1475 or by calling 409-933-8586. New members must take the paid receipt to the gym front lobby to obtain a membership ID card. Renewing members must take the paid receipt and current ID card to the gym front lobby to get their membership updated.

ADULT FITNESS MEMBERSHIPS
Cost: In district: $40 Out of district: $45
SYN: 0807 FIT-CARD-ADSM (Semester Membership)
09/1/15-12/18/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

YOUTH FITNESS MEMBERSHIPS
Cost: In district: $30 Out of district: $35
SYN: 0808 FIT-CARD-YOUSM (Semester Membership)
09/1/15-12/18/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

50 PLUS FITNESS MEMBERSHIPS
Cost: In district: $30 Out of district: $35
SYN: 0809 FIT-CARD-SRSM (Semester Membership)
09/1/15-12/18/15
MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

MONTHLY PASS
This pass provides access to the Gym for one month, beginning on the first day of the month and ending on the last day of the month. Monthly passes must be purchased in the Continuing Education office or in the Enrollment Center.

For locker rental, please see Gym Front Desk.
Long lockers are available.
Small lockers are free.

VOLLEYBALL LEAGUES
COM will host adult volleyball leagues open to students and the community. The leagues will have 6-on-6 and 4-on-4 play. All leagues are co-ed. There will also be a league championship at the end of the season.

VOLLEYBALL A-LEAGUE – 26 HRS
Cost: In district: $225 Out of district: $230
SYN: 0803 WELL-5088-204CL 09/10/15-12/03/15 TH
06:00PM-08:00PM GYM 122

VOLLEYBALL B-LEAGUE – 26 HRS
Cost: In district: $225 Out of district: $230
SYN: 0805 WELL-5088-205CL 09/10/15-12/03/15 TH
08:00PM-10:00PM GYM 122

VOLLEYBALL CO-ED 4’S LEAGUE – 26 HRS
Cost: In district: $150 Out of district: $155
SYN: 0806 WELL-5088-206CL 09/08/15-12/01/15 T
07:00PM-09:00PM GYM 122

LIFELONG LEARNING

FITNESS CLASSES

DANCE: TEXAS TWO-STEP – 12 HRS
This fast-paced, high-energy dance style is fun and exciting. Participants will learn dance moves including turns, sweetheart wraps and spins. Individuals may join this class at any time during the semester. A student ID will be required.

EXERCISE: LINE DANCING – 24 HRS
Line dancing involves performing patterned foot movements and moving in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor.

The class will not meet Nov. 26.

EXERCISE: LINE DANCING – 24 HRS

Senior: $15 In district: $42 Out of district: $47
SYN: 0860 SENR-7006-201CL 09/08/15-12/01/15 TTH
05:30PM-06:30PM GYM 112B P Horton

SYN: 0861 SENR-7006-202CL 09/08/15-12/01/15 TTH
06:45PM-07:45PM GYM 112B P Horton

CONTINUING EDUCATION • FALL 2015 SCHEDULE
EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance to the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. **The class will not meet Nov. 26.**

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0862 SENR-7075-101CL  09/08/15-12/01/15  TTH
04:15PM-05:15PM  GYM 005  S Deshotel

EXERCISE: TAI CHI FOR BEGINNERS – 24 HRS
If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience the feeling of relaxation and increased energy. This course will introduce you to the Yang-style Tai Chi short form and some of the Chines breathing exercises call “Chi-Kung.” Wear comfortable, loose-fitting clothes. **Class will not meet Nov. 16.**

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1209 SENR-7078-101CL  09/14/15-12/02/15  TTH
12:00PM-01:00PM  GYM West 005  L Biorng

EXERCISE: TOTAL BODY FITNESS – 24 HRS
Participants will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and should wear comfortable, loose-fitting clothes. **The class will not meet Nov. 26.**

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0866 SENR-7070-102CL  09/08/15-12/01/15  TTH
09:30AM-10:30AM  GYM 005  A Templin

EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Participants do not have to be strong in order to do weight-training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle, hand towel and weight gloves with wraparound wrist support and wear comfortable, loose-fitting clothes. **The class will not meet Nov. 26.**

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0868 SENR-7076-102CL  09/08/15-12/01/15  TTH
07:15AM-08:15AM  GYM 132  A Johnson

KEISER SPIN CLASS – 24 HRS
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Participants learn cycling techniques and tips. Individuals may join this class at any time during the semester. The class is limited to 12 students. A student ID will be required.

Cost: In district: $52  Out of district: $57
SYN: 0470 EXER-7053-201CL  09/14/15-12/02/15  MW
09:30PM-06:30PM  GYM 112A  B Wright
SYN: 0471 EXER-7053-202CL  09/08/15-12/03/15  TTH
05:30PM-06:30PM  GYM 112A  B Wright

**The class will not meet Nov. 26.**

DAILY PASS
$5 (Purchased at the gym front desk)

GYM FLOOR (BASKETBALL COURTS)
Check on availability at the front desk.

RACQUETBALL
Check at the front desk; courts available by reservation only.

POOL HOURS
**The pool will be closed until further notice.**

We are sorry for the inconvenience.

WEIGHT ROOM AND CARDIO ROOMS
Must be 16 or older to enter and work out in strength and cardio rooms.
Rooms 132, 135, 120 and 119
Monday – Thursday  6 a.m. – 10 p.m.
Friday  6 a.m. – 7 p.m.
Saturday – Sunday  9 a.m. – 3 p.m.

SAUNA
(18 years and older)
Monday – Thursday  6 a.m. – 10 p.m.
Friday  6 a.m. – 7 p.m.
Saturday – Sunday  9 a.m. – 3 p.m.

LIKE US ON www.facebook.com/com50plus
College of the Mainland Life Long Learning Program CE presents

Cape Cod & the Islands
featuring Boston, Martha's Vineyard, Nantucket & Newport

7 days August 14 - 20, 2016

Day 1: Flight to Boston
Today fly to Boston. Upon arrival meet your Tour Director and transfer to the Doubletree Hotel Hyannis in Hyannis, Massachusetts for a leisurely six night stay.

Overnight: Hyannis, MA

Day 2: Hyannis, Plymouth & Sandwich
Today enjoy a Hyannis Tour to learn more about the history of the Kennedys and this seaside resort. Travel through Hyannis Port, home of the Kennedy Compound and see the Kennedy Memorial & St. Francis Church. Later visit Plimoth Plantation, an accurate re-creation of the Pilgrim's 1627 village where costumed interpreters portray colony residents in this living history museum. This afternoon board the Mayflower II, a reproduction of the original ship that brought the Pilgrims to the new world in 1620. Also see famous Plymouth Rock, the place where the Pilgrims first stepped ashore after a 66 day trans-Atlantic voyage. Later journey to the charming village of Sandwich. Incorporated in 1639, it is the oldest town on Cape Cod and known for its glassware. Visit the Heritage Plantation, where a collection of Americana ranges from early art and artifacts to horticulture, military history and a 1912 carousel. Enjoy a Welcome Dinner this evening.

Meals: (B,D)  Overnight: Hyannis, MA

Day 3: Nantucket Island
This morning board a ferry and enjoy the trip to Nantucket Island. Enjoy a Nantucket Island Tour to see cobblestoned Main Street, unspoiled beaches, lone lighthouses, sea captains' houses and art galleries all reflections of an island that some 300 years ago was the whaling capital of the world. After your tour enjoy some time at your own pace to shop or explore the yacht filled harbor and waterfront. This afternoon board a ferry and return to Hyannis.

Meal: (B)  Overnight: Hyannis, MA

Day 4: Boston City Tour
Today visit the historic city of Boston. Enjoy a Boston City Tour featuring Boston Commons, the Old State House, the Old North Church from where Paul Revere got the signal to start his famous ride, the Old South Meeting House, Beacon Hill and Old Ironsides. Visit the Faneuil Hall Marketplace, located in downtown Boston near the waterfront and originally gifted to the city in 1742. Enjoy leisure time to grab a bite to eat, wander, people watch and shop. This evening enjoy dinner in Boston at a popular local restaurant then return to the Cape.

Meals: (B,D)  Overnight: Hyannis, MA

Day 5: Martha's Vineyard Tour
This morning enjoy a scenic ferry ride to Martha's Vineyard where little has changed since European settlers arrived early in the 17th century. The island's resident population includes writers, artists, entertainers and fishermen. Your Martha's Vineyard Tour includes the colorful Victorian cottages of Oak Bluffs, Edgartown with its stately houses built by whaling captains, pristine beaches and colorful yacht harbors. Also view the picturesque Aquinnah Lighthouse and Gay Head. Later return via ferry.

Meal: (B)  Overnight: Hyannis, MA

Day 6: Newport Sightseeing
Today visit Newport, Rhode Island, one of New England's most delightful coastal cities and a long time favorite vacation site of affluent societyites and yachting enthusiasts. Enjoy a Newport City Tour and drive by the Touro Synagogue, the oldest synagogue in America, the International Tennis Hall of Fame and the splendid estates along Bellevue Avenue. Marvel at the extravagant lifestyle of a bygone era with a guided tour of The Breakers Mansion, the Vanderbilts lavishly decorated turn of the century mansion. Follow "Ten-Mile-Drive" along the magnificent rocky coast which boasts exquisite estates from the early 1900's. Enjoy some leisure time in Newport to explore the galleries and quaint shops. Tonight's Farewell Dinner is a traditional New England Lobster Dinner.

Meals: (B,D)  Overnight: Hyannis, MA

Day 7: Hyannis - Boston Flight Home
Today transfer to the Boston airport filled with wonderful memories of your Cape Cod & the Islands Tour.

Meal: (B)

*BOOKING DISCOUNT - Deposit by May 31, 2016 by check or credit card and make your final payment by check & receive $200 per couple/$100 per person
College of the Mainland Life Long Learning Program CE presents
Southern California & Queen Mary Getaway

6 Days April 10-15, 2016

Day 1: Welcome to L.A. - Long Beach - Queen Mary
Welcome to beautiful Southern California. Transfer to the legendary Queen Mary, your home for the next five nights and once the grandest ocean liner in the world and now a full-service hotel, historical landmark, and entertainment venue. Offering a unique glimpse into a bygone era when steamships were the most regal way to travel. This evening enjoy a Welcome Dinner.
Meal: (D)  Overnight - Queen Mary

Day 2: L.A. City Tour - Getty Center
Today embark on a panoramic Los Angeles City Tour featuring Downtown Los Angeles, the Staples Center, Disney Hall, Beverly Hills, Rodeo Drive, Hollywood, Grauman's Chinese Theater, the Hollywood Walk of Fame and more. Free time this afternoon for shopping and lunch on your own at the Grove and LA Farmer's Market. Later enjoy a visit to Santa Monica and the time to explore famous Santa Monica Pier and Boardwalk. Next visit the beautiful Getty Center Museum which is privately funded by the John Paul Getty Trust. The Getty Center houses European paintings, drawings, sculptures, illuminated manuscripts, decorative arts and European and American photographs from a spectacular hilltop location overlooking Los Angeles. Return to your hotel and enjoy the evening at leisure.
Meals: (B)  Overnight - Queen Mary

Day 3: Long Beach - Palos Verdes Peninsula
This morning enjoy a guided walking tour of the Queen Mary. You'll learn about her glamorous history, art deco beauty and her historical significance as the "Grey Ghost" during WWII. Next travel along the Pacific Ocean to the Wayfarers Chapel, also known as the "glass church", built by architect Lloyd Wright and listed on the National Registry of Historic Places and located high above the Pacific Ocean among redwood trees. Visit the Point Vicente Interpretive Center to learn about Pacific Gray whales and is one of the few spots along the California coastline where migrating Gray whales and other marine mammals can be spotted on any given day from December through April. After lunch enjoy a whale and dolphin search cruise. An opportunity to spot whales, playful dolphins, sea lions and other sea wildlife.
Meals: (B, L)  Overnight - Queen Mary

Day 4: Day at Leisure
Santa Catalina Island Optional Tour
Today is at leisure to explore on your own or enjoy the full day optional tour to Santa Catalina Island. Board your ferry for a cruise to Catalina and arrive in the beautiful city of Avalon, a Mediterranean-like town just 20 miles off the coast of Long Beach. Tour the Catalina Casino, the Island's most recognizable landmark. The round Art Deco structure is surrounded by the ocean on three sides. Built in 1929, the Casino played host to dozens of Big Bands through the 30s and 40s. Walk the back halls and dressing areas where world famous musicians and Hollywood legends prepared for the performances that would make the Casino one of the most exciting entertainment venues in the country once used by Errol Flynn, Benny Goodman and Cary Grant to name a few. The Casino building is a working theater, ballroom, and concert hall to this day. Later, free time is allowed for shopping in Catalina Island's quaint shops, dining at seaside restaurants or relaxing. Return to Long Beach via ferry with the evening free to relax or explore on your own.
Meals: (B)  Overnight - Queen Mary

Day 5: Warner Brothers Studio - Universal City Walk - Rose Bowl Stadium Tour
Following breakfast it's off for a "behind-the-scenes" tour of your favorite shows and movies at Warner Brothers Studio, the world's busiest motion picture and television studio. Your Warner Brothers guided tour offers a rare and intimate glimpse into real Hollywood at work and takes you through back lot streets, sound stages, sets and craft shops. See up close how sets are constructed as well as your favorite vehicles from film and television. Next, travel to Universal City Walk located at Universal Studios with time for shopping and lunch at your leisure. Later this afternoon enjoy a guided tour of the Rose Bowl Stadium in Pasadena. The Rose Bowl Stadium has recently opened its gates to the public for guided tours and a chance to walk through a National Historic Landmark where countless moments in sports history have been made. Your guide will lead you through behind the scenes locations at the stadium, including the classic stadium seating, original 1922 locker room, the new Terry Donahue Pavilion, the Loge Lounge, the Working Press Box and more. You will learn about the iconic sports history that has taken place here at the Stadium. This evening join your fellow travelers for a Farewell Dinner.
Meals: (B,D)  Overnight - Queen Mary

Day 6: Depart for Home
Today transfer to the airport for your flight home filled with wonderful memories of your Southern California & Queen Mary Getaway Tour.
Meals: (B)

Highlights
- 5 Nights on the Queen Mary
- Los Angeles City Tour
- Hollywood & Walk Of Fame
- Beverly Hills & Rodeo Drive
- Santa Monica Pier & Boardwalk
- Warner Brothers Studio Tour
- Guided Queen Mary Tour
- Wayfarers Chapel
- Whale & Dolphin Search Cruise
- Point Vicente Interpretive Center
- Rose Bowl Stadium Tour
- Universal City Walk
- The Getty Center

Inclusions
- Roundtrip Airfare - IAH
- 5 Nights Accommodations
- Sightseeing per Itinerary
- Admissions per Itinerary
- 8 Meals: 5B, 1L & 2D
- Hotel Transfers
- Professional Tour Director
- Motorcoach Transportation
- Baggage Handling
- Cancellation Waiver & Post Departure Plan

Accommodations
- 5 Nights Aboard the Queen Mary

Tour Rates

$2325  per person double**
+$500  single supplement

**Booking Discount - See flyer back for details!

34
LOCATIONS

CONTINUING EDUCATION • FALL 2015 SCHEDULE

50 PLUS PROGRAM

LOCATION CODES

FAB  FINE ARTS BUILDING
College of the Mainland
1200 Amburn Rd.
Texas City Campus
409-933-8348

GYM  COLLEGE OF THE MAINLAND
1200 Amburn Rd.
Texas City Campus
409-933-8422

HPL  HITCHCOCK PUBLIC LIBRARY
8005 Barry Avenue
Hitchcock, TX 77563

LRC  LEARNING RESOURCES CENTER
1200 Amburn Rd.
Texas City Campus
409-933-8422

LMCR  LEARNING CENTER-DELMAR
50 Plus Program Office
1130 Delmar
La Marque, TX 77568
409-933-8226 / 409-933-8912

POOL GYM
1200 Amburn Rd.
College of the Mainland
Texas City Campus
409-933-8422

WJCC  WAYNE JOHNSON COMMUNITY CENTER
4102 FM 519
La Marque, TX 77568
409-934-8148

CLC  COM NORTH COUNTY LEARNING CENTER
200 Parker Ct.
League City, TX 77573
281-332-1800

LIFELONG LEARNING AND 50 PLUS PROGRAM REGISTRATION (formerly Senior Adult Program)
Registration for Fall 2015 begins Aug. 3, 2015.

50 PLUS DISCOUNT
Students age 50 and older pay just 50 percent of the tuition of selected continuing education classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.). Look for this symbol.

MESSAGE FROM THE DIRECTOR
Welcome to the College of the Mainland Lifelong Learning 50 Plus Program. We hope you heard the exciting news that we lowered the age of our program to welcome anyone age 50 or older. Please continue to help us spread the word about educational opportunities at COM. I am also available to share about our program with local groups that you are involved with.

We hope you will join us this fall for classes, lectures and educational travel adventures. Inside these pages you will discover ways to express your creative side, learn new skills, connect with others, keep pace with technology and explore a world of opportunity. COM prides itself on having instructors who are passionate about their subjects and innovative in their teaching.

Mark your calendar for these important dates.

Aug. 3  Fall 2015 registration begins (You will be able to register at the COM Learning Center-Delmar from Aug. 3 – Sept. 4, or you may call 409-933-8226.)
Sept. 7  COM closed for Labor Day
Sept. 9  Fall classes begin
Nov. 26-27  COM closed for Thanksgiving Holidays
Dec. 7  Spring 2016 registration begins
Dec. 11  Annual 50 Plus Program Community Christmas Luncheon, 11:30 a.m., Main Campus Gym
Dec. 19–Jan. 3  COM closed for Winter Break

BOOK AND MOVIE COMMUNITY READING CLUB (BAM)
Please join us for our fall Book and Movie Community Reading Club hosted by Ami Blackwell of SpinDrift Media and Entertainment. The fall book is Silver Linings Playbook, Matthew Quick’s debut novel made into an award-winning movie starring Bradley Cooper, Jennifer Lawrence (who won the Oscar and Golden Globe for Best Actress), Robert De Niro, Jacki Weaver, Chris Tucker, Anupam Kher and Julia Stiles. We encourage participants to read it and join us to watch the movie and discuss the plot, key themes and differences between the book and movie. For more information and to register, see page 42 of the Fall 2015 schedule, under the Lectures section.

HAVE YOU ATTENDED OUR LECTURES AND WORKSHOPS?
Lectures this fall include AARP driver safety, genealogy lectures, Portion Distortion in a Super-Sized World – Nutrition, the Alzheimer Caregiver’s Workshop, Dealing with COPD and Respiratory Issues, Veteran’s Benefits, Savvy Social Security Planning and several Extended Travel Presentations. For more information, check in the Lecture and Travel section of the schedule.

YOU ASKED. WE LISTENED.
Have you participated in any of our educational travel adventures? This is a great way to meet others and stay involved in your community. Trips fill quickly, so register soon. Local trips are exclusively for senior adults...
ages 50 or older, but extended travel trips are available to all ages. We will host two extended travel presentations this semester: the first Sept. 9, 2015, and the second Nov. 11, 2015, both at 3:30 p.m. at the COM Learning Center-Delmar, 1130 Delmar in La Marque. These presentations will preview the upcoming trips Southern California Queen Mary Getaway (Spring 2016) and Cape Cod and the Islands, featuring Boston, Martha’s Vineyard, Nantucket and Newport Beach (Summer 2016). You do not need to wait until the presentation to place your deposit. Call 409-933-8912 to register or for more information.

FACEBOOK
Find us on Facebook – www.facebook.com/com50plus – for current information, event announcements and photos.

EMAIL DISTRIBUTION LIST
For announcements, reminders and updates, call Maegan Guzman at 409-933-8226 or email mguzman6@com.edu.

As our program expands, try a new class, something that has piqued your curiosity in the past or something you have always wanted to try. You might surprise yourself and make some new friends while you’re at it!

We strive to offer fun, exciting and relevant courses. If you have a suggestion for new courses, please call 409-933-8226.

Alesha Vardeman Aulds
aaulds@com.edu
409-933-8432

50 PLUS PROGRAM VISION
The College of the Mainland 50 Plus Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION
The College of the Mainland Lifelong Learning Program’s mission is to provide learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION
50 Plus Program students who register for a (SENR) class or 50 Plus Fitness Membership to use the gym on the main campus will be provided a free ID card to gain access into the gym facility.

All other students who want an ID to receive the benefits below must pay a one-time $5 fee. If the ID card is lost or stolen, the replacement cost is $5. Cash payments can be made at the gym front desk. Debit or credit card payments must be made at the cashier’s desk located in the Enrollment Center, and members must take the receipt to the gym front desk to have an ID made. Please bring a valid photo ID when having your senior ID made.

After registering each semester (Fall, Spring, Summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation.

**BENEFITS FOR STUDENTS POSSESSING A VALID 50 PLUS PROGRAM ID CARD:**
- Discount on COM cosmetology services at The Salon at College of the Mainland. Call 409-933-8480 for more information.
- Discount on tickets for COM Community Theatre productions and $10 tickets for preview shows. Call 409-933-8345 for more information.
- An automated monitor measuring blood pressure is available daily at the COM Learning Center-Delmar.
- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Use of the printer/copier at LMCR (Delmar Center)

Note: Cost of copies/printing varies per location. COM reserves the right to limit the number of copies per student.

**REGISTRATION FOR 50 PLUS PROGRAM (FORMERLY SENIOR ADULT PROGRAM)**
Registration for the Fall 2015 semester will be August 3-September 4. Preferred methods of registration are in person at the COM Learning Center-Delmar Computer Lab where staff are available to assist you or by calling 409-933-8226. Please note that if you plan to pay by cash, check or money order, you must register at the Enrollment Center on the main campus. If you are registering for the first time, you will need to register in person and show proof of age. A photo ID will be required to show proof of age, i.e., a valid driver’s license, government issued ID Card, or passport.

**CLASS CANCELLATION**
If the college cancels a class, an automatic 100 percent refund of tuition and fees is given. To drop, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

**TRIP CANCELLATION**
If for any reason you cannot attend a trip for which you registered, you must call the Office of Lifelong Learning at 409-933-8226 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trip refunds follow the procedures printed on each trip’s flier.

**WAITING LISTS**
Want to attend a class or trip that is full? Contact the Office of Lifelong Learning at 409-933-8226 or 409-933-8912 to place your name on a waiting list.

**PARKING AT THE COM LEARNING CENTER-DELMAR**
(1130 Delmar, La Marque)
There is parking in front of and behind the COM Learning Center-Delmar. The entrance and exit is located in the front of the building.
ART: BEADED FASHION JEWELRY – 36 HRS
Do you have retro jewelry or one mismatched earring after losing the other? Sign up to give old jewelry a makeover. Students will learn wire wrapping and can even make jewelry for children. Bring jewelry, jewelry tools, glue for metal and glass, beading wire, Tiger Tails, crimps and finishing ends. Due to limited space, students may be limited to one beaded jewelry class per semester.

Cost: Senior: $15 In district: $42 Out of district: $47
01:00PM-04:00PM LMCR 111 B Vollmer

ART: BEADING AND JEWELRY (ADVANCED) – 36 HRS
This class will cover advanced types of beading and jewelry making. Objectives will include pictures, Bead It Forward Projects for cancer research, necklaces and a copper bracelet. The course will teach advanced loom work and in-depth wire working. Students will learn how to read and use difficult patterns. Individuals can choose patterns. There is no end to what you can learn to do. Due to limited space, students may be limited to one beaded jewelry class per semester.

Cost: Senior: $15 In district: $42 Out of district: $47
09:00AM-12:00PM LMCR 111 B Vollmer

ART: BRAZILIAN EMBROIDERY (BEGINNER TO ADVANCED) – 36 HRS
Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will provide supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For crochet, participants will need a size G or H crochet hook and yarn. The class will not meet Nov. 26.

Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 0834 SENR-7022-101CL 09/10/15-12/03/15 TH
01:00PM-04:00PM LMCR 111 S Karjala

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS
Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. The class will not meet Nov. 26.

Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 0833 SENR-7033-101CL 09/10/15-12/03/15 TH
12:00PM-03:00PM LMCR 112 C Walker

ART: BRAZILIAN EMBROIDERY (BEGINNER TO ADVANCED) – 36 HRS
Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will provide supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For crochet, participants will need a size G or H crochet hook and yarn. The class will not meet Nov. 26.

Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 0832 SENR-7046-101CL 09/09/15-12/03/15 TH
09:00AM-12:00PM LMCR 112 C Walker

ART: DRAWING FROM PHOTOGRAPHS – 36 HRS
This class combines the Drawing from Photographs and Basic Colored Pencils classes. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, stop by or call the 50 Plus Program Office at 409-933-8226. The class will not meet Nov. 26.

Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 0833 SENR-7033-101CL 09/10/15-12/03/15 TH
12:00PM-03:00PM LMCR 112 S Karjala

ART: FUSION GLASS JEWELRY (BEGINNER TO ADVANCED) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will create at least six pieces of jewelry, pictures, etc. No experience is required. This class works on design and new invention. The instructor will teach wire wrapping, so participants should bring jewelry tools. Information from outside advanced classes will be provided. Students must pay a $15 consumables fee to the instructor the first class day. Due to space, students may be limited to one fusion glass class per semester.

Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 0835 SENR-7017-101CL 09/14/15-11/30/15 M
01:00PM-04:00PM LMCR 111 B Vollmer
ART: FUSION GLASS JEWELRY (ADVANCED) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will focus on inventive designs and make at least six pieces of jewelry, art or pictures. The instructor will teach wire wrapping, so participants should bring jewelry tools. Due to limited space, students may take only one fusion glass jewelry class per semester. Students must pay a $10 consumables fee to the instructor the first class day. Prerequisite: Three semesters of Fusion Glass Jewelry Beginner are suggested before taking the advanced class. Due to space, students may be limited to one fusion glass jewelry class per semester.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0836  SENR-7018-101CL  09/14/15-11/30/15  M
09:00AM-12:00PM  LMCR 111  B Vollmer

ART: MOSAIC – 36 HRS
Participants will learn from a mosaic artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. Students must pay a $5 supply fee to the instructor the first class day.

The class will not meet Nov. 27.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0837  SENR-7019-101CL  09/11/15-12/04/15  F
01:00PM-04:00PM  LMCR 112  B Holmes

NEW  ART: THE ABC’S OF ACRYLICS AND MORE – 36 HRS
This beginner painting course is for participants who are new to painting and would like a comfortable and objective environment to explore something different. Participants will learn techniques for acrylic painting and using complementary mixed media materials. The teacher will show techniques including application, design and color manipulation through both group and individual instruction during the course. The instructor will provide a list of supplies at the first class in addition to offering suggestions for purchasing supplies.

Cost: Senior: $15  In district: $42  Out of district: $47
09:00AM-12:00PM  LMCR 107  K Kronfeld

ART: PAINTING WITH OILS – 36 HRS
Participants will work with the instructor to improve their techniques and skills in oil painting. Participants may start from scratch or bring their present work and supplies that they have. Students will receive an additional supply list at the first class.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0839  SENR-7010-101CL  09/08/15-11/24/15  T
09:00AM-12:00PM  LMCR 111  L Johnson
SYN: 0840  SENR-7010-102CL  09/10/15-12/03/15  TH
01:00PM-04:00PM  LMCR 107  K Wells

The class will not meet Nov. 26.

ART: PAINTING WITH WATERCOLORS – 36 HRS
Participants will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up on their techniques. A list of supplies will be provided at the first class.
ART: STAINED GLASS (ADVANCED) – 24 HRS
This class is for students with experience in working with stained glass. Due to space, students may be limited to one stained glass class per semester.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0847 SENR-7004-101CL  09/15/15-12/01/15  T
10:30AM-12:30PM  HPL  P Stettler

ART: STAINED GLASS (ADVANCED, LEAD CAME METHOD) – 24 HRS
Students with experience working with stained glass will learn the advanced lead came method, in which the glass is supported by metal channeling (came). Students will develop their skills in this lengthy and detailed process, which includes soldering seams to create large works of glass art. Due to space, students may be limited to one stained glass class per semester.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 0848 SENR-7044-101CL  09/15/15-12/01/15  T
02:00PM-04:00PM  HPL  P Stettler

COMPUTER: ABSOLUTE BEGINNERS – 24 HRS
This class is perfect for those who have rarely used computers or have forgotten what they once knew about them. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows “friendlier,” or personalized, and basic hardware differences. This class includes an introduction to key-boarding, email and Facebook. Students should bring a USB flash/jump drive to class. The class will not meet Nov. 27.

Cost: Senior: $15  In district: $74  Out of district: $79
SYN: 0849 SENR-7011-101CL  09/11/15-12/04/15  F
10:00AM-12:00PM  LMCR 106  C Mickens

COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS
In this course students will learn the potential of Microsoft Office. Using Microsoft Office applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access. Students will need to bring a USB flash/jump drive to class.

Cost: Senior: $15  In district: $74  Out of district: $79
SYN: 0850 SENR-7036-101CL  09/11/15-12/04/15  F
01:00PM-03:00PM  LMCR 106  C Mickens

COMPUTER: IPAD/IPHONE (BEGINNER) – 25 HRS
Are you thrilled to have a new iPad but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to upload apps, send emails, take photos/screenshots, make videos, organize photo albums, upload iTunes cards, update a calendar and address book, use maps and create documents with Pages. It will also demonstrate how to use FaceTime, iMessage, Skype, Facebook and Twitter. Students will also have time to ask the instructor those hard-to-answer questions. Students must bring their iPad/iPhone to class. The class will not meet during November.
**COMPUTER: DIGITAL STORYBOOKING – 24 HRS**  
This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Makers projects. Students will need to bring their photos.

**EXERCISE: DANCE FOR HEALTH – 24 HRS**  
Get in shape in a fun and relaxing atmosphere. Learn the basic steps for performing weight-training exercises. Participants will need a clipboard, a pencil, water bottle, hand towel and weight gloves with wraparound wrist support and should wear comfortable, loose-fitting clothes.  

**EXERCISE: WEIGHT TRAINING – 24 HRS**  
Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Participants do not have to be strong in order to do weight training exercises; participants will get stronger by performing weight-training exercises. Participants will need a clipboard, pencil, water bottle, hand towel and weight gloves with wraparound wrist support and should wear comfortable, loose-fitting clothes.

**EXERCISE: PILATES – 24 HRS**  
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance to the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. The class will not meet on Nov. 26.
EXERCISE: YOGA – 36 HRS
Participants will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which will reduce the effects of aging. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done in the chair and on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. The class will not meet Nov. 11.

LIFE STORY WRITING – 24 HRS
Everyone has a story to tell, and all of our stories matter! Our children and great-grandchildren will enjoy them for years to come. The instructor will offer creative writing tips and editing help.

SPANISH – 24 HRS
Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases and then proceed to verbs and sentence construction. The last class will be a conversational class dealing with food. The class will not meet Nov. 27.

LECTURE: GENEALOGY – OVERVIEW AND LIBRARY RESEARCH OPPORTUNITIES
Students will learn about upcoming summer trips to genealogical libraries and will learn the basic method for studying genealogy. During upcoming trips students may discover birth, marriage or death records along with probate records and wills. Libraries are full of our ancestors’ records. It’s up to the student to learn to dig a little deeper and develop persistence and techniques along the way.

LECTURE: EXTENDED TRAVEL PRESENTATION
A representative from Premier World Travel will present a slideshow of upcoming extended travel trips to Southern California on the Queen Mary Ocean liner and to Cape Cod and the Islands, featuring Boston, Martha’s Vineyard, Nantucket and Newport Beach. For details of upcoming trips see page 33-34.

LECTURE: COPD AND RESPIRATORY ISSUES
Students will learn about the anatomy and physiology of the lung and tips on how to stay healthy. Students will also learn about chronic obstructive pulmonary disease (COPD) and discover the types of medications available for COPD. Emily Lupton, RN with Absolute Kheir Home Health, teaches this class.

LECTURE: AARP DRIVER SAFETY COURSE
This one-day safety course, sponsored by the AARP, gives seniors tools for safer driving techniques to compensate for age-related problems. You will receive a certificate at the end of the class. Check with your insurance agent to see if this certified course recognized by most major insurance companies will qualify you for an insurance discount. NOTE: This is not a ticket dismissal class. The certificate fee is $15 for students with AARP membership cards, $20 for non-members. The instructor will
LECTURE: PORTION DISTORTION IN A SUPER-SIZED WORLD
Average portion sizes have ballooned so much over the past 20 years that sometimes the plate arrives and there's enough food for two or even three people on it. Growing portion sizes are changing what Americans think of as a "normal" portion at home, creating portion distortion. Join us to learn about the effects of portion distortion on our health and medical care costs. Plus, learn about nutrient-dense foods and a simple plan to improve your diet.

Cost: FREE
SYN: 0879 SENR-7098-105CL 09/30/15-09/30/15  W
02:00PM-03:00PM LMCR 106  J Abshire

LECTURE: GENEALOGY – IMMIGRATION AND NATURALIZATION RECORDS
Students will learn how to research Galveston County immigration and naturalization records from the 1800's through the 1950's. The class will share where to look for interesting details regarding your family history, emphasize the legal significance of these documents and show examples of records. Doryn Glenn, director of governmental affairs in Galveston County, teaches this class.

Cost: FREE
SYN: 0892 SENR-7098-106CL 10/07/15-10/07/15  W
01:00PM-03:00PM LMCR 106

LECTURE: DEALING WITH GRIEF AND LOSS
Are you grieving or know someone who is? Grief is a process and affects everyone at some point in life. During this lecture a representative with Hallmark Hospice will give guidance as you navigate the loss of a loved one.

Cost: FREE
SYN: 0893 SENR-7098-107CL 10/14/15-10/14/15  W
01:00PM-02:00PM LMCR 106

LECTURE: BOOK AND MOVIE COMMUNITY READING CLUB (BAM) “SILVER LININGS PLAYBOOK”
Read, watch and discuss "The Silver Linings Playbook," the debut novel by Matthew Quick made into an award-winning movie starring Bradley Cooper, Jennifer Lawrence (who won the Oscar and Golden Globe for Best Actress), Robert De Niro, Jacki Weaver, Chris Tucker, Anupam Kher, and Julia Stiles.
Plot: Upon release from a psychiatric hospital, Pat moves back in with his parents and everything feels off. Determined to win back his estranged wife, Pat meets recently widowed Tiffany who offers to help him get his wife back if he enters a dance competition with her. The two become closer as they train and Pat, his father, and Tiffany examine their relationship.

After viewing the movie we will discuss the plot line and key themes in the book as well as the major differences between the book and the movie. Facilitated by Ami Blackwell, SpinDrift Media and Entertainment.

Cost: FREE
SYN: 1121 SENR-7098-115CL 10/21/15-10/21/15  W
01:00PM-04:30PM LMCR 106

LECTURE: PERSONAL SAFETY AND BODY LANGUAGE
This lecture is a follow-up to Personal Safety and Body Language. Students can learn how to use and read body language for personal safety. In addition, the student will practice verbal commands and learn basic self-defense techniques. Chief Sylvia Chapa from the COM Police Department teaches this class.

Cost: FREE
SYN: 0894 SENR-7098-108CL 10/22/15-10/22/15  TH
01:00PM-02:00PM TBA

LECTURE: GENEALOGY – HERITAGE QUEST ONLINE
Students will learn how to use the free online resource, Heritage Quest, which has a new user interface. Learn tips on searching and filtering to find ancestor information in the U.S. Federal Census, family and local history books, Revolutionary War pensions, Freeman Bank Records, and the U.S. Congressional record. Kim Zrubek, librarian at the Friendswood Public Library, teaches this class.

Cost: FREE
02:00PM-04:00PM LMCR 106

LECTURE: VETERAN’S BENEFITS
Veterans and their spouses may be entitled to a tax-free benefit called aid and attendance. The benefit was designed to provide financial assistance to offset the cost of long-term or in-home care. This class will fully explain the program, how to qualify and how to work through the paperwork maze. Bob Groux and Bob Shaffer of Veteran’s Advocates will share where to look for interesting details regarding your family history, emphasize the legal significance of these documents and show examples of records. Doryn Glenn, director of governmental affairs in Galveston County, teaches this class.

Cost: FREE
SYN: 0896 SENR-7098-110CL 11/04/15-11/04/15  W
01:00PM-03:00PM LMCR 106

LECTURE: CAREGIVERS OF ALZHEIMER’S PATIENTS WORKSHOP
Participants will learn how to recognize the symptoms of Alzheimer’s disease or other dementias and discover techniques to help handle these behaviors. They will become familiar with activities suitable for those with late-stage Alzheimer’s disease or dementia to stimulate your loved one’s five senses and discover how to encourage your loved one to engage in an activity. Michelle Williams, general manager for Home Instead Senior Care, facilitates this class.

Cost: FREE
SYN: 0897 SENR-7098-111CL 11/11/15-11/11/15  W 01:00PM-03:00PM LMCR 106
LEcTURe: SAvY SoCIal SeCURIty PlannIng
Will Social Security be there for me? How much can I expect to receive? How can I maximize my benefits? Attendees will learn five factors to consider when deciding to apply for benefits and how to coordinate Social Security with other forms of retirement income. Bruce Woodcock, retired planning counselor, teaches this class.
Cost: FREE
SYN: 0901 SENR-7098-113CL 11/18/15-11/18/15 W 01:00PM-02:00PM LMCR 106

sEnIOr trIPS

TRIP: SCHULENBURG PAINTED CHURCHES
Students will travel to Schulenburg for the official state of Texas Painted Churches Tour, which includes Ascension of Our Lord Catholic Church in Moravia and St. John the Baptist Catholic Church. These two churches are only available on the guided tour. The other painted churches are located in the communities of Dubina, High Hill and Ammannsville. Appearing unassuming on the outside, these churches take visitors’ breath away with their beauty inside. Midway through the tour, there will be a stop for Dutch treat lunch. The cost includes transportation, admission and docent fees. This trip is open to anyone age 50 or older. Refund deadline: Sept. 4
Cost: Senior: $40
SYN: 0906 SENR-7099-101CL 09/15/15-09/15/15 T 07:00AM-05:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY
Students will travel to Clayton Library for Genealogical Research, one of the top genealogical research libraries in the U.S. Instructor Debbie Cothern will assist beginner and advanced students. She will help students trace their family history using library resources, including special collections, Dawes Rolls (Native American), South Louisiana records by Hebert, 19th-century military records and various books for each state. The cost covers transportation and instructional costs. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Sept. 8
Cost: Senior: $28
SYN: 0907 SENR-7099-102CL 09/22/15-09/22/15 T 09:00AM-05:00PM D Cothern

TRIP: BRAZOS BEND GONE WILD! ART/PHOTO SAFARI IN BRAZOS BEND STATE PARK
Doug Hiser, award-winning wildlife painter and best-selling author, hosts a day trip to Brazos Bend State Park (Needville, Texas). During this trip you will see a variety of scenic landscapes suitable for great artwork and photos as well as possible sightings of deer, armadillo, ducks, crickles, woodpeckers, hawks and of course the American alligator! Participants should wear comfortable clothes suitable for fall weather and hiking boots or other closed-toe shoes and be prepared to walk. Bottled water, snacks, brown bag lunch, sunscreen, sunglasses, binoculars and camera are recommended. Artists can bring small sketchpads, pencils and other materials if desired. The cost of this trip includes transportation and the guided tour. This trip is open to anyone age 50 or older. Refund deadline: Sept 18
Cost: Senior: $35
SYN: 0908 SENR-7099-103CL 10/03/15-10/03/15 S 09:00AM-05:00PM

TRIP: BIRDWATCHING – GALVESTON
Richard Mayfield hosts this trip to Galveston to see migrating shorebirds and songbirds. Students should wear comfortable clothes and hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant. This trip is open to anyone age 50 or older. Refund deadline: Sept. 22
Cost: Senior: $28
SYN: 0909 SENR-7099-104CL 10/06/15-10/06/15 T 08:30AM-04:30PM R Mayfield

TRIP: PASADENA LITTLE THEATRE’S “EVERYTHING IN THE GARDEN”
A Dutch treat dinner will be followed by the Pasadena Little Theatre’s “Everything in the Garden.” This satirical drama is a morality play about materialism and character and takes place in an American suburb in the 1960s. Richard and his wife, Jenny, chase the American dream and live beyond their means when the corruption of money and the rottenness of a bigoted suburbia take seed leading to an immoral proposition. This play contains mature content. The cost includes transportation and an admission ticket. This trip is open to anyone age 50 or older. Refund deadline: Oct. 2
Cost: Senior: $30
SYN: 0910 SENR-7099-105CL 10/16/15-10/16/15 F 04:00PM-11:00PM

TRIP: GENEALOGY – MONTGOMERY COUNTY LIBRARY, CONROE
Students will travel to Montgomery County Library in Conroe. Beginning and advanced students will be assisted by instructor Debbie Cothern. She will help students trace their family history using library resources, including special collections, Dawes Rolls (Native American), South Louisiana records by Hebert, 19th-century military records and various books for each state. The cost covers transportation and instruction. Lunch is Dutch treat at Cracker Barrel, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Oct. 6
Cost: Senior: $28
SYN: 0897 SENR-7099-106CL 10/20/15-10/20/15 T 08:00AM-05:00PM D Cothern

TRIP: INTERNATIONAL QUILT FESTIVAL
Students will travel to the George R. Brown Convention Center in Houston to the 40th anniversary of the International Quilt Festival, the largest annual quilt show, quilt sale and quilt-making classes in the world. The Friday Sampler will include almost 30 festival teachers conducting continuous demonstrations of specialty techniques and methods. The festival features over 1,100 booths with over 1,500 quilts, dolls, wearable ensembles and pieces of fabric art on display. Lunch will be Dutch treat on
your own at the festival. The cost includes transportation and admission. This trip is open to anyone age 50 or older. **Refund deadline: Oct. 16**

**Cost:** Senior: $28  
SYN: 0900 SENR-7099-107CL  10/30/15-10/30/15  F  
09:00AM-03:00PM

**TRIP: THE WOODLANDS / HISTORICAL CYNTHIA WOODS MITCHELL PAVILION TOUR**

Students will travel to the Woodlands for a guided tour of the historic Cynthia Woods Mitchell Pavilion followed by a visit to the Central Park at Market Street, which displays beautiful art and water fountains along the waterway square featuring the Koi Gardens and exotic fish pond. Hop aboard the free Waterway Trolley, which stops throughout the Woodland Town Center. The cost includes transportation and guided tour. This trip is open to anyone age 50 or older. **Refund deadline: Oct. 16**

**Cost:** Senior: $20  
SYN: 0903 SENR-7099-108CL  11/06/15-11/06/15  F  
08:00AM-04:00PM

**TRIP: GENEALOGY – CLAYTON LIBRARY**

Students will travel to Clayton Library for Genealogical Research, one of the top genealogical research libraries in the U.S. Beginner and advanced students will be assisted by instructor Debbie Cothern. She will help students trace their family history using library resources. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: Oct 27**

**Cost:** Senior: $28  
SYN: 0904 SENR-7099-109CL  11/10/15-11/10/15  T  
09:00AM-05:00PM  D Cothern

**TRIP: BIRDWATCHING – SAN BERNARD WILDLIFE REFUGE**

Richard Mayfield hosts this trip to San Bernard National Wildlife Refuge looking for wintering birds such as songbirds, ducks and raptors. Students should wear comfortable clothes and hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. **Refund deadline: Nov. 3**

**Cost:** Senior: $28  
08:30AM-04:30PM  R Mayfield

**TRIP: TUTS “PHANTOM OF THE OPERA”**

Join us for Broadway Across America’s Tony Award-winning matinee production of “The Phantom of the Opera.” Andrew Lloyd Webber’s musical masterpiece is the timeless story of seduction and despair, romance and forbidding. Set in an opera house, the lead soprano becomes the obsession of a mysterious, disfigured musical genius. Signature songs “Music of the Night” and “All I Ask of You” thrill audiences with their chilling melodies. A Dutch treat dinner will follow. The cost includes transportation and admission. The increased cost of the trip is due to the popularity of this musical for which no discount tickets are sold by the venue. This trip is open to anyone age 50 or older. **No refunds will be given for this trip.**

**Cost:** Senior: $65  
SYN: 0912 SENR-7099-111CL  11/19/15-11/19/15  TH  
12:00PM-08:00PM

**TRIP: GENEALOGY – GEORGE MEMORIAL LIBRARY, RICHMOND**

Students will travel to the George Memorial Library in Richmond, Texas. Beginner and advanced students will be assisted by instructor Debbie Cothern in tracing their family history using library resources. This library houses resources that focus on the southeastern United States, including records of the Civil War, federal census, pensions and Texans in the Mexican War on books and microfilm. The cost covers transportation and instruction. Lunch is Dutch treat or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: Nov. 17**

**Cost:** Senior: $28  
SYN: 0913 SENR-7099-112CL  12/01/15-12/01/15  T  
08:30AM-05:00PM  D Cothern

**TRIP: MOODY GARDENS’ HARBIN, CHINA ICE LAND ICE SCULPTURES**

Students will travel to Moody Gardens for the Ice Land Ice Sculptures exhibit, where a team of internationally acclaimed professional ice carvers from Harbin, China, will transform over 900 tons of ice into majestic art. A temperature-controlled tent houses over 50 sculptures, some more than 30 feet tall. Cost includes transportation, admission to the Ice Land exhibit, admission into the Festival of Lights and the dinner buffet. This trip is open to anyone age 50 or older. **Refund deadline: Dec. 1**

**Cost:** Senior: $50  
SYN: 0914 SENR-7099-113CL  12/15/15-12/15/15  T  
04:00PM-10:00PM

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www.facebook.com/com50plus
Space-available classes are academic/credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes follow the Fall credit class semester: August 24 to December 11.

Full course descriptions are available in the College catalog, and more information can be viewed in the credit schedule at www.com.edu/schedule. Students pay an additional $25 computer fee for hybrid courses and a $35 fee for online courses. Internet and hybrid classes require completion of the Online Learner Workshop (OLW) prior to first class date. (See page 5 for more details.)

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Texas Online Defensive Driving
(TEA Course Provider #947)
$29.95 Cost
- Six-hour course
- Accepted by all Texas courts and municipalities for ticket dismissal
- Completers may be eligible for a 10 percent reduction in insurance policy premiums.

Texas Teen Driver Education Course
(TEA Course Provider #C2636)
$129.95 Cost
- Has both a parent-taught and virtual-instructor-taught version
- Includes all DPS forms
- Meets all DPS requirements

Adult Driver Education Online
(TEA Course Provider #C2636)
$65 Cost
- Guides drivers 18-24 years of age in obtaining their first driver’s license
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam.

College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:

- Online text and interactive videos
- Full audio or read-along text for the hearing impaired
- Courses in both English and Spanish
- 24/7 customer phone support
- 24/7 course accessibility with exclusive course memory

Registration available online only at http://tx-dps.com/affiliates/college-of-the-mainland.
1-888-596-7307

CE Registration Date

Registration begins Aug. 3, 2015, for Fall 2015 Continuing Education and 50 Plus Program classes.

Continuing Education Office

Located in the Technical-Vocational Building, Room T-1475

Business Hours:
Monday through Friday, 8 a.m. – 5 p.m.

Phone: 409-933-8586
Fax: 409-933-8026
www.com.edu/ce

Visit us online at www.com.edu/ce.
CERTIFIED NURSE AIDE PROGRAM ENROLLING

Train for a new career in less than eight weeks with COM’s Certified Nurse Aide Program. A vital part of the health care field, certified nurse aides provide compassionate basic care for patients and demand for their skills is increasing.

The COM program trains students to assist patients of hospitals and long-term care facilities with daily activities. Through hands-on classes, labs and a practicum at a health care facility, students prepare for the state licensure exam.

Daytime, fast-track classes are offered monthly, and evening programs can be completed in approximately two months.

Students may qualify for financial aid.

For information, call 409-933-8645 or visit www.com.edu/ce/certificate/certified-nurses-aide-certificate.

HVAC PROGRAM FOR HIGH-SKILLS, HIGH-DEMAND JOBS

Maintenance technician Colby McNeel looks to improve his skills for more job opportunities within the field while Alex Crespo wants to enter the heating and air-conditioning field.

Both came to the College of the Mainland Heating, Ventilation and Air-Conditioning (HVAC) Program to reach their goals.

"Since I’ve been in the class, I’ve progressed," said McNeel. "I’ve learned a lot about furnaces and air handlers and condensers and the theory and the physics behind it. The class … allows you to own your skills."

Working as troubleshooters and problem solvers, HVAC technicians find employment in commercial, residential and industrial settings.

The field is projected to grow 34 percent by 2018 along the Gulf Coast. The median hourly wage is $20.04, according to Workforce Solutions.

"I knew nothing about HVAC (when I began)," said Crespo. "It’s really interesting, the hands-on work. I enjoy putting different components together and circuits."

Meeting two evenings a week, one class focuses on hands-on work with compressors, circuits and air-conditioning components. The other explores the science behind the way things work.

"It’s not just air conditioning; it’s electrical, plumbing and piping," said Colby. "Not only can you make a lot of money doing it, but it’s interesting. You’re always learning something."

Roy Bird, an HVAC journeyman with 14 years of experience running his company, Bird Refrigeration, teaches the class.

"We focus on analysis of problems, repairs and installation of new equipment," said Bird. "It’s hands-on."

The HVAC Program offers three certificates, and all three can be completed in a year. Students may enter the workforce after completing the first certificate but gain the highest payoff from completing all three.

After completing the first certificate, students may take the Environmental Protection Agency technician certification, which companies seek in new hires.

The field is ideal for "curious, open-minded people from all fields, whether from an office or maintenance," said Bird. "The field is constantly growing. There’s a high demand for skilled technicians. There are a lot of companies out there ready to hire people."

Financial aid is available for students through Workforce Investment Act, Texas Public Education Grants and, for veterans, Hazlewood Grants. Students may also qualify for scholarships.

Students do not have to take placement exams to enter this program.

For more information on the COM HVAC Program, visit www.com.edu/ce or call 409-933-8586.
Customized Training

COM's Continuing Education Department can work with your company to design specific training to meet your needs. Whether employees need leadership or welding skills, expertise in email communication or training in workplace ESL, the Continuing Education Department can create a customized course. We also offer a wide variety of professional development courses designed for industry members to learn specific skills. In addition, Workforce training courses prepare those who desire to enter the industry, and personal enrichment courses offer an opportunity to broaden students' horizons with new skills and discoveries. Continuing Education courses provided training and enrichment to more than 7,500 students in 2010-11.

### PREVIOUSLY DEVELOPED CUSTOMIZED TRAININGS

**BUSINESS**
- Safety and Health
- First Line Leadership Training
- Shift Superintendent Training
- Industrial Safety
- Computer Training
- Project Management
- Presentation Skills
- Six Sigma
- Problem Solving
- Business Communication
- Train the Trainer
- Facilities Rental and Food Service
- Skills Development Grants for Business Training
- Vocational ESL
- CPR Training
- Quality Customer Service
- Team Building
- How to Deal with Difficult Customers

**INDUSTRIAL**
- Microsoft Office Training
- I&E Motor Control Training
- I&E Level Control Training
- I&E Control Valve Training
- Pump Systems Operation
- Reaction Process Training
- Distillation Process Training
- Process Troubleshooting
- Plant Start-Up and Operations Training
- Specialty Welding Training
- Storage Tank Emissions
- Welding Skills Upgrade
- Hands-On Skills Testing
- BP Craft Apprenticeship Programs
- Electrical Apprenticeship Program
- TCEQ Basic Equipment Training
- Machinist
- Mechanical Maintenance
- Medical Office/Medical Insurance Specialist
- Medication Aid
- Phlebotomy Technician
- Physical Therapy Aide
- Emergency Medical Technician
- Administrative Assistant
- Real Estate Agent
- Dental Assistant
- Police Academy
- Security Officer

### INDEX

<table>
<thead>
<tr>
<th>Section</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>DRIVERS EDUCATION</td>
<td>46</td>
</tr>
<tr>
<td>FITNESS AND RECREATION</td>
<td>31</td>
</tr>
<tr>
<td>MEMBERSHIPS</td>
<td>31</td>
</tr>
<tr>
<td>FITNESS</td>
<td>32</td>
</tr>
<tr>
<td>GULF COAST SAFETY INSTITUTE</td>
<td>29</td>
</tr>
<tr>
<td>CENTER FOR RISK MANAGEMENT</td>
<td>29</td>
</tr>
<tr>
<td>SMALL BUSINESS SAFETY AND HEALTH</td>
<td>30</td>
</tr>
<tr>
<td>PROFESSIONAL DEVELOPMENT</td>
<td>27</td>
</tr>
<tr>
<td>NETWORKING AND COMPUTER SUPPORT</td>
<td>27</td>
</tr>
<tr>
<td>CHILD DEVELOPMENT</td>
<td>28</td>
</tr>
<tr>
<td>50 PLUS PROGRAM</td>
<td>35</td>
</tr>
<tr>
<td>WORKFORCE PROGRAMS</td>
<td>7</td>
</tr>
<tr>
<td>ADMINISTRATIVE SUPPORT</td>
<td>13</td>
</tr>
<tr>
<td>ALLIED HEALTH</td>
<td>7</td>
</tr>
<tr>
<td>COMPUTER-AIDED DRAFTING</td>
<td>15</td>
</tr>
<tr>
<td>ENTREPRENEURSHIP</td>
<td>14</td>
</tr>
<tr>
<td>GRAPHIC DESIGN</td>
<td>15</td>
</tr>
<tr>
<td>INDUSTRIAL TRADES</td>
<td>21-23</td>
</tr>
<tr>
<td>MANAGEMENT</td>
<td>14</td>
</tr>
<tr>
<td>MARKETING</td>
<td>14</td>
</tr>
<tr>
<td>PROFESSIONAL BOOKKEEPER</td>
<td>13</td>
</tr>
<tr>
<td>PUBLIC SERVICE CAREERS</td>
<td>24</td>
</tr>
<tr>
<td>WELDING</td>
<td>19,23</td>
</tr>
</tbody>
</table>
COM GRANT EXPANDS FREE GED, WORKFORCE TRAINING PROGRAM

Students looking to enter the workforce quickly with in-demand skills will have a new option, thanks to the Accelerate TEXAS grant awarded to College of the Mainland.

The grant allows students lacking a GED or high school diploma or with limited English skills to start job training now. Students may earn welding certificates while working toward their GED certificate.

The program offers scholarships covering tuition, books and fees for students who qualify. It will continue the success of the previous Accelerate TEXAS grant that the college received to allow students to earn their GED certificate and welding; or heating, ventilation and air-conditioning certificate.

“We can start people in their vocational pathway before they finish their GED,” said COM Director of Adult Education Josh Hayes. “Not only are we extending the number of slots in our Accelerate Texas grant program, we’re leading two other colleges in a program that’s been successful for us.”

COM is the lead administrator of the grant for Lee College and Brazosport College.

The grant will allow the college to add up to 100 students to its current 200 slots.

Accelerate TEXAS programs help underprepared adults to complete high-demand career training programs while they are enrolled in classes that improve their reading and math skills. Students may work toward a GED while they are training or be learning English as a second language.

“I needed a career. I’d worked at a local feed store and it was a basic minimum wage. Without (the Adult Education Program) I’d probably still be there,” said Daviana Tucker, who graduated with her GED last fall and is now pursuing a welding certificate. “(Career Navigator) Roger Mora has taken me step by step.”

The Texas Higher Education Coordinating Board funds Accelerate TEXAS and provides services at state community colleges in partnership with federally-supported adult education and literacy programs funded by the Texas Workforce Commission.

For more information on the COM Adult Education Program, visit www.com.edu/adulted.

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COLLEGE MISSION
College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION
College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES
Kyle Dickson, Rosalie Kettler, Bennie Matthews, Roney G. McCrary, Wayne H. Miles, Rachel Delgado and Alan Waters

ACCREDITATION
College of the Mainland is accredited by:
The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution’s significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT
College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

CE Registration Date
Registration begins Aug. 3, 2015, for Fall 2015 Continuing Education and 50 Plus Program classes.

NOTICE OF NONDISCRIMINATION
College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College’s Title IX Coordinator or the U.S. Department of Education’s Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Monica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

PUBLIC INFORMATION STATEMENT
College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA
El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Titulo IX, Sección 504, y del Titulo VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma ingles no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.

Save This Schedule!
CE offers hundreds of classes.
One is just right for you!

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CONTINUING EDUCATION REGISTRATION

<table>
<thead>
<tr>
<th>SSN or Student ID</th>
<th>NAME (Last, First, Middle Initial)</th>
</tr>
</thead>
</table>

**CHECK ONE:**
1. Do you consider yourself to be Hispanic/Latino?
   - Yes
   - No
2. In addition, please select one or more of the following racial categories to describe yourself:
   - American Indian or Alaska Native
   - Asian
   - Black or African American
   - Native Hawaiian or Pacific Islander
   - White

MAILING ADDRESS

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<th>STATE</th>
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</thead>
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Date of Birth  Sex  Home Phone  Business.Cell Phone
- Male
- Female

**EMAIL ADDRESS**

This is to certify that I □ AM  □ AM NOT a legal resident of the College of the Mainland District. To be a legal resident of College of the Mainland District, you must reside in one of the following school districts: Hitchcock, Santa Fe (including Algoa, Arcadia, Alta Loma), Texas City, La Marque and Dickinson.

Signature ________________________________ Date ________________________

CHECK ONE:
1. Do you consider yourself to be Hispanic/Latino?
   - Yes
   - No
2. In addition, please select one or more of the following racial categories to describe yourself:
   - American Indian or Alaska Native
   - Asian
   - Black or African American
   - Native Hawaiian or Pacific Islander
   - White

**COURSES TO ADD**

<table>
<thead>
<tr>
<th>Term</th>
<th>Synonym</th>
<th>Course Abbreviation</th>
<th>Course #</th>
<th>Section #</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
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</tbody>
</table>

What is your primary educational goal?
- Personal enrichment
- New/better/improved job
- One-year certificate
- Other ___________________________

Reason for taking this course:
- Need for my current job
- For my/my family’s health
- For future job skills
- Just for fun
- To explore new interests
- Other ___________________________

How you learned about this class:
- Newspaper ad
- Radio ad
- TV ad
- Brochure or flier
- Friend recommended
- Found on the Web
- Previous classes here
- Other ___________________________

Refund policy: **NO REFUNDS** will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used to pay salaries for our instructors as well as for supplies.

Register in person:
COM Continuing Education
Technical-Vocational Building, Rm T-1475
1200 Amburn Road, Texas City (pay by credit card)

Register by mailing to:
COM Admissions
1200 Amburn Road
Texas City, TX 77590-2499 (pay by check or money order)

Register by calling:
409-933-8586 or 1-888-258-8859, ext. 8586 (pay by credit card)

Register online:
Use WebAdvisor
https://webadvisor.com.edu

7/2013/MCT
COM MECHANICAL STUDENTS WILL GRADUATE WITH CERTIFICATES, JOBS

For Caleb Mauer and Velvet Hill classes at College of the Mainland have paid off before graduation.

The two students were hired as millwright apprentices at INEOS Battleground, which will pay them $22 per hour to work while continuing their education at COM and reimburse their class fees.

“When (INEOS) told me you’ll be making six figures by the time you’re 21, they sold me,” said Mauer, of League City. “I know that I wouldn’t have gotten hired (without COM classes).”

Now with a full-time job, the two will take classes at night.

“Getting to know the machines is cool. All those little parts make this machine that makes things,” said Mauer.

INEOS Olefins and Polymers USA creates plastics, and Hill and Mauer assist in repairing machines.

“We’re doing repair on pumps and small turbines,” said Hill. “I’ve always liked figuring out how they work and putting them back together. I like not being in an office.”

Their training in the classroom and on machines in the lab at COM prepared them to troubleshoot on the job.

“You have new problems everyday. If there’s a problem with (machines), we fix it,” said Mauer.

Mechanical maintenance technicians and millwrights are currently high-demand, high-skills jobs, according to Workforce Solutions. The organization projects that by 2020 the need for mechanical maintenance technicians (also called industrial maintenance technicians) will grow 41.5 percent. Its data shows the median hourly wage to be $23.

“Jobs are here and will be increasing over the next three to 10 years based on a meeting I attended with the Texas Workforce Commission. The focus will be on new construction projects in the petrochemical field which could generate between 15,000 plus jobs in the Texas Gulf Coast area,” said Laura Baumgartner, COM director of continuing education industrial workforce training.

In COM’s hands-on program students learn a wide range of skills, such as preventative maintenance, making machinery adjustments and repairing equipment.

“Industry partnerships have made this program successful, not only by supporting us with equipment but by providing a strong team of knowledgeable instructors and career opportunities like this apprenticeship program through INEOS,” said Baumgartner.

The COM Mechanical Maintenance Program is open for registration for the fall semester, and students may qualify for financial aid through Texas Public Education Grants and the Workforce Investment Act.

For more information, call 409-933-8586 or visit www.com.edu/ce.

Caleb Mauer

Velvet Hill
Use your *experience* to *train* the next generation of health care *professionals*!

COM is looking for professionals with real-world experience to teach health care classes including:

- Certified Nurse Aide
- Dental Assistant
- ECG Technician
- Medical Office/Insurance Specialist
- Phlebotomist
- Physical Therapy Aide
- CPR Certification

COM offers a flexible schedule at locations in Texas City and League City.

For more information, contact Christina Bergvall at cbergvall@com.edu or 409-933-8512.

[https://jobs.com.edu](https://jobs.com.edu)
COM 50 PLUS PROGRAM
Location: 1130 Delmar • Phone: 409-933-8432

Directions from COM to Delmar:
• Stay on Amburn Road until you get to Texas Ave.
• Continue on Texas Ave. until you come to Bayou Road. (across the street from Ariens)
• At the stop light, turn right on Bayou Road.
• Stay on Bayou Road until Laurel Street.
• Turn left on Laurel Street.
• Continue to Delmar Drive.
• The LaMarque Center is on the left.

Directions from Dickinson:
• Take Highway 3 until Delmar Drive, turn right.
• The LaMarque Center is on the right.

Learning Center North County
Allied Health Center

Gulf Coast Safety Institute:
320 Delaney Road
La Marque, Texas 77568

COM The Salon:
15009 Delaney Road
La Marque, Texas 77568

200 Parker Ct
League City, TX 77573
COM Lifelong Learning proudly announces the return of

Extended Travel Trips

Southern California
April 10 – 15, 2016

Cape Cod & the Islands
August 14 – 20, 2016

Tours include airfare, some meals, daily sightseeing and admission fees, professional tour director, baggage handling and cancellation waiver and post-departure plan.

See pages 33 and 34 for all of the details and pricing for each trip.

These trips are open to all age groups and not limited to 50+ age group.

For more information or to register for these trips, call 409-933-8912.

Travel Presentations
Sept. 9 and Nov. 11, 2015 • 3:30 – 5 p.m. • (RSVP for either to 409-933-8912.) • 1130 Delmar, La Marque