Welcome. Come on in!
Effective Nov. 30, 2015

CONTINUING EDUCATION
REGISTRATION

will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce.
See the back cover for more details.
COM CE: LIFELONG LEARNING FOR EVERYONE

COM’s Continuing Education Division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We provide career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer classes that will help you upgrade your current skills and expand your knowledge as you seek to advance in your career.

We also hold professional development courses needed for continued certification in your chosen profession.

Plus we offer classes to pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that intrigue you.

Let us help you continue learning throughout life.

COM Continuing Education
Lifelong Learning for Everyone

www.com.edu/ce
409-933-8586
ContEd@com.edu

CONTINUING EDUCATION’S MISSION
College of the Mainland’s Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION’S VISION
College of the Mainland’s Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US
The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
Phone: 409-933-8586 • Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

CONTINUING EDUCATION OFFICE HOURS
Open: Monday and Tuesday, 8 a.m. - 7 p.m. and Wednesday through Friday, 8 a.m. - 5 p.m.)

CE SCHEDULE DISCLAIMER
This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE’s Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

QUESTIONS?
Call 409-933-8586 to register or to generally inquire about COM Continuing Education Department courses or programs.

For specific course or program information, please call:
• 409-933-8285 Public Service Careers
• 409-933-8226 Lifelong Learning/50 Plus Program
• 281-332-1800 COM Learning Center-Allied Health
• 409-933-8162 Gulf Coast Safety Institute
• 409-933-8406 Industrial Crafts

For any questions about programs or courses, call 409-933-8586. The CE office staff will be happy to assist you or direct your call to the appropriate department.

Effective Nov. 30, 2015
Continuing Education Registration will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce.
COM Admissions is no longer registering CE students.
Acceptable forms of registration payment:
Credit and debit cards, money order and check.
Cash cannot be accepted.

50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.
PAYMENT OF FEES AND TUITION
All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover, American Express and money orders.

50 PLUS PROGRAM (50+)
Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

A NON-RESIDENT OF COM DISTRICT
A nonresident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES
If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided at the time of registration or at the first class meeting. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS
Classes with insufficient enrollment are canceled prior to the start date of the class. Students will be notified by phone when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund is automatic. Help avoid class cancellations by registering at least five days before the course start date.

REFUND POLICY
Refunds for fitness memberships and continuing education tuition and fees will be refunded 100 percent before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class. When the College cancels a class, the student will receive an automatic 100 percent refund of tuition and fees.

CLASS TRANSFERS
Students may request to transfer to a different class or section prior to the first day of the course for which the student is registered. One hundred percent of tuition paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.
FINANCIAL ASSISTANCE

TEXAS PUBLIC EDUCATION GRANTS (TPEG)
Grants are available, based on need, to individuals taking occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Student Financial Services Office, 409-933-8274 or 1-888-258-8859, ext. 8274, for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM
College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Oklahoma, at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu, select Student Financial Services for more information or contact the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INVESTMENT ACT (WIA)
COM is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers Office. Currently approved programs include HVAC, CNC Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, contact Tina Starkey at 409-933-8581.

ARE YOU AGE 50 PLUS?
We have classes just for you!
COM 50 PLUS PROGRAM
- Enroll in 50 Plus Program classes – with over 50 options – at a nominal cost.
- Join reasonably priced 50 Plus Program trips.
- Enroll in free or low-cost workshops.
- Receive a discount on COM Gym fitness memberships.
- Use the COM Library.
- Receive a discount on COM Cosmetology Services. Call 409-933-8480 for more information.
- Enjoy a discount on COM Community Theatre productions. Call 409-933-8345 for more information.

For more information see page 35 of this schedule, or call 409-933-8226.

A Word About Waiting to Register...
Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.

MINIMUM AGE REQUIREMENTS
Although some continuing education courses are designed for younger students or for a specific education level, most classes are designed to serve adult learners. Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students who are 16 years of age or older are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-14 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

50 PLUS PROGRAM (50+)
Courses designed specifically for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

AUDITING
Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEU
Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified continuing education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar’s office at no charge. Reprints of CE certificates are available for $5.

A Word About Waiting to Register...
Each class has a minimum enrollment. Once that minimum is reached, the class has “made.” Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course “make” or be canceled.
CONTINUING EDUCATION • SPRING 2016 SCHEDULE

GENERAL INFORMATION

COLLEGE CALENDAR
The College will be closed on the following dates:
- Jan. 18 Martin Luther King Jr. Day
- March 14-20 Spring Break
- March 25-27 Easter Holiday

PARKING
Permits are not required. However, permits are now available, as a courtesy, from the campus police office. Regular patrols enforce the following parking regulations:
1. Parking in a no parking zone
2. Backing into a parking space
3. Failure to park within marked spaces
4. Driving against the flow of traffic
5. Unauthorized parking in handicap spaces
6. Driving/parking on nonroadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT
All COM campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY
College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABREVIATIONS USED IN THIS SCHEDULE
ADM Administration and Enrollment Center
AHC Allied Health Center-League City
AUD Industrial Education Building
CE Continuing Education
CLC North County Learning Center-League City
COM College of the Mainland
FAB Fine Arts Building
FIR Firing Range
GCSI Gulf Coast Safety Institute
LMCR COM Learning Center-Delmar
LRC Learning Resources Center (Library)
PSC Public Service Careers Building
SC Student Center
SCI Science/Math Building
SYN Synonym-unique identifying number
TBA To Be Announced
TVB Technical Vocational Building
CL Face-to-face classroom course
IN Internet (online) course
HY Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)

INTERNET OR HYBRID CLASSES
Students enrolling in Internet (IN) courses will be charged a $35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a $25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

ONLINE LEARNER WORKSHOP
All students enrolled in Internet or hybrid classes for the first time at College of the Mainland are required to successfully complete the Blackboard Online Learner Workshop prior to the start date of the course. The Online Learner Workshop is an introduction to the Blackboard Learning Management System. Blackboard is where your online courses are hosted. By completing the Online Learner Workshop you will gain the skills necessary to succeed in your online course. Access instructions can be found at http://www.com.edu/de/olw.cfm. Contact the CE Department at 409-933-8586 to register for a workshop.

BACTERIAL MENINGITIS VACCINATION REQUIREMENT
CE students must show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records 10 days before the first class. Visit www.com.edu/admissions/meningitis-vaccinations.php or the Enrollment Center for more information.

TAX CREDIT
Continuing education tuition is not recognized as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

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CE WORKFORCE PROGRAMS

BACTERIAL MENINGITIS VACCINATION REQUIREMENT
CE students must show proof of having the bacterial meningitis vaccine if they are younger than 22 years old and enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions and Records 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

FINANCIAL AID INFORMATION
See page 4 for more information about possible financial aid sources.

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FINANCIAL AID INFORMATION
See page 4 for more information about possible financial aid sources.
ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County, located at 200 Parker Ct. on FM 518 in League City. Applications for the allied health certificate programs are available at the COM Learning Center-North County and in the CE Department on the main campus. Return completed applications to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce.

CERTIFIED NURSE AID CERTIFICATE

An application is required prior to registration. Contact Nichole Sullivan at 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides to work in hospitals and long-term care facilities. Between 2010-2020, the need for certified nurse aides is projected to grow 20 percent. The mean hourly wage for certified nurse aides is $11.54. (Source: Bureau of Labor Statistics)

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<td>This course prepares entry-level nursing assistants to gain the knowledge, skills and abilities needed to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Assistant (CNA) Program.</td>
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<td>NURA 1060</td>
<td>Nurse Aide for Health Care II</td>
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<td>Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Assistant Program. Tuition includes malpractice insurance.</td>
<td></td>
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</tbody>
</table>

TOTAL HOURS: 104

State certification: Students successfully completing these courses will be prepared to take the state exam, Certified Nursing Assistant. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. Complete list of supplies will be available the first day of class; estimated cost of supplies is $65.

NURSE AIDE FOR HEALTH CARE I – 64 HRS

Cost: In district: $530 Out of district: $535
SYN: 1431 NURA-1001-201CL 01/26/16-03/24/16 TTH
05:30PM-09:30PM AHC 104 T Dickerson
Students must concurrently enroll in SYN: 1432 NURA-1060-101CL.
SYN: 1435 NURA-1001-103CL 04/02/16-04/24/16 SSU
08:30AM-05:00PM AHC 104 COM Faculty
Students must concurrently enroll in SYN: 1436 NURA-1060-103CL.
SYN: 1433 NURA-1001-202CL 04/05/16-05/26/16 TTH
06:00PM-10:00PM AHC 104 COM Faculty
Students must concurrently enroll in SYN: 1434 NURA-1060-102CL.

NURSE AIDE FOR HEALTH CARE II – 40 HRS

Tuition includes malpractice insurance ($16) and the ID badge fee ($6). Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

Cost: In district: $220 Out of district: $225
SYN: 1432 NURA-1060-101CL 02/13/16-03/12/16 SSU
06:00AM-02:00PM TBA T Dickerson
Students must concurrently enroll in SYN: 1431 NURA-1001-201CL.
SYN: 1436 NURA-1060-103CL 04/30/16-05/21/16 SSU
06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 1435 NURA-1001-103CL.
SYN: 1434 NURA-1060-102CL 04/23/16-05/21/16 SSU
06:00AM-02:00PM TBA COM Faculty
Students must concurrently enroll in SYN: 1433 NURA-1001-202CL.

CNA STATE TEXAS REVIEW – 4 HRS

Corequisite: NURA 1001 and NURA 1060. Call Nichole at 409-933-8645 to inquire about dates/times.

Cost: In district: $35 Out of district: $40
SYN: 1438 NURAX-1002-106CL

CNA IN-SERVICE TRAINING – 12 HRS

One class scheduled for two days with total of 12 hours. Call Nichole at 409-933-8645 to inquire about dates/times.

Cost: In district: $55 Out of district: $60
SYN: 1437 NURA-2000-103CL

Effective Nov. 30, 2015

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Acceptable forms of registration payment: Credit and debit cards, money order and check. **Cash cannot be accepted.**

50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.
DENTAL ASSISTANT CERTIFICATE
An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students for employment as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. Between 2010-2020, the need for dental assistants is projected to grow 31 percent. The mean hourly wage for dental assistants is $16.09. (Source: Bureau of Labor Statistics)

Course # | Title | Hrs
--- | --- | ---
DNTA 1015 | Dental Chairside Assisting Course | 64
| This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies’ standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.

DNTA 1003 | Registered Dental Assisting Exam Review Course | 36
| This course prepares dental assistants to meet Texas State Board of Dental Examiners (TSBDE) examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant (RDA) Exam.

DNTA 1060 | Clinical Dental Assistant | 48
| The Clinical Dental Assistant Program prepares students for entry-level positions in one of the fastest growing healthcare professions. The course will cover key areas and topics and expose the student to both classroom and laboratory hands-on instruction.

TOTAL HOURS 148
State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam

DENTAL CHAIRSIDE ASSISTING COURSE – 64 HRS
Tuition includes four hours of CPR training, the malpractice insurance fee ($16), ID badge fee ($6) and lab fee ($50). Training includes 15 hours of lab experience, which will be scheduled with the instructor on Saturdays from 9 a.m. to noon at a local dentist office.

Cost: In district: $500 Out of district: $505
SYN: 1398 DNTA-1015-209CL 01/25/16-03/23/16 MW 06:00PM-09:00PM AHC 102 MTull/A Barton
Students must concurrently enroll in SYN: 1402 DNTA-1003-209CL and SYN: 1409 DNTA-1060-103CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW COURSE – 36 HRS
Students will be required to pay online to the Texas Academy of General Dentistry RDA exam (approximately $155) due near the end of the class. The instructor will be able to provide specific due dates.

Cost: In district: $280 Out of district: $285
SYN: 1402 DNTA-1003-209CL 03/28/16-05/04/16 MW 06:00PM-09:00PM AHC 102 MTull/A Barton
Students must concurrently enroll in SYN: 1398 DNTA-1015-209CL and SYN: 1409 DNTA-1060-103CL.

CLINICAL DENTAL ASSISTANT – 48 HRS
*Course length is 48 hours and will be coordinated by instructor.

Cost: In district: $119 Out of district: $124
SYN: 1409 DNTA-1060-103CL 05/09/16-06/10/16 MTWTHF 08:00AM-05:00PM TBA MTull/A Barton
Students must concurrently enroll in SYN: 1398 DNTA-1015-209CL and SYN: 1402 DNTA-1003-209CL.

ELECTROCARDIOGRAPHY TECHNICIAN CERTIFICATE
An application is required prior to registration.
Contact Nichole Sullivan at 409-933-8645 for details and approval.

This program trains students to become ECG technicians, a key part of the medical team. ECG technicians prepare patients for an ECG by attaching electrodes to a patient’s arms, legs and chest. They also operate ECG machines while monitoring, interpreting and documenting patients’ results, and they maintain and troubleshoot technical problems with ECG machines. ECG technicians work in health clinics, hospitals, medical offices and laboratories. Between 2010-2020, the need for ECG technicians is projected to grow 22 percent. The mean hourly wage for ECG technicians is $15.67. (Source: Bureau of Labor Statistics)

Course # | Title | Hrs
--- | --- | ---
ECRD 1011 | Electrocardiography and Telemetry Monitoring | 63
| This introductory course is designed to teach the fundamentals of cardiovascular anatomy and physiology. Topics include basic electrocardiography procedures, interpretation of basic dysrhythmias and appropriate treatment modalities. Additional topics include an understanding of the heart and the implications of decreased cardiac output and its application in interpreting electrical activity. It also emphasizes the recognition of common and potentially lethal dysrhythmias.

CVTT 1060 | Clinical Cardiovascular Technology | 48
| This course will cover a health-related, work-based learning experience that enables students to apply specialized occupational theory, skills and concepts. The clinical professional supervises. This course is not required, but highly recommended.

TOTAL HOURS 111

ELECTROCARDIOGRAPHY AND TELEMETRY MONITORING – 63 HRS
Tuition includes four hours of CPR certification training, malpractice insurance fee ($16), ID badge fee ($6) and testing fee ($161), which includes study guide and practice exams.

Cost: In district: $585 Out of district: $590
SYN: 1411 ECRD-1011-107CL 02/01/16-04/18/16 MW 09:00AM-12:00PM AHC 104 B Scott
03/30/16-04/13/16 MW 09:00AM-12:00PM CLC 112

CLINICAL CARDIOVASCULAR TECHNOLOGY – 48 HRS
Prerequisite: Enrollment and completion of ECRD 1011. *Course length is 48 hours and will be coordinated by instructor.

Cost: In district: $119 Out of district: $124
SYN: 1394 CVTT-1060-107CL 04/19/16-05/27/16 MTWTHF 08:00AM-05:00PM TBAMull/A Barton
Students must concurrently enroll in SYN: 1398 DNTA-1015-209CL and SYN: 1402 DNTA-1003-209CL.

Related course: SYN: 1398 DNTA-1015-209CL
**PHLEBOTOMY TECHNICIAN CERTIFICATE**

An application is required prior to registration. Contact Nichole Sullivan at 409-933-8645 for details and approval.

A rapidly growing occupation in the health care field, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. They find employment in hospitals, doctor’s offices, medical and diagnostic laboratories and blood donor centers. Between 2010-2020, the need for phlebotomy technicians is projected to grow 13 percent. The mean hourly wage for phlebotomy technicians is $14.53. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>PLAB 1023</td>
<td>Phlebotomy Technician</td>
<td>84</td>
</tr>
<tr>
<td>PLAB 1060</td>
<td>Clinical: Phlebotomy</td>
<td>48</td>
</tr>
</tbody>
</table>

| TOTAL HOURS | 132 |

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

**PHLEBOTOMY – 84 HRS**

Tuition includes malpractice insurance ($16), ID badge fee ($6), four hours of CPR certification training and testing fee ($161), which includes a study guide and five practice tests attempts. Training includes nine hours of lab experience, which will be scheduled with the instructor during the first week of class. Cost time includes lab.

Cost: In district: $880 Out of district: $885

SYN: 1439 PLAB-1023-108CL 02/02/16-04/19/16 TTH 09:00AM-01:00PM AHC 102 COM Faculty

Students must concurrently enroll in SYN: 1440 PLAB-1060-108CL.

SYN: 1452 PLAB-1023-202CL 03/22/16-05/26/16 TTH 05:30PM-09:30PM AHC 102 V Moreno

Students must concurrently enroll in SYN: 1455 PLAB-1023-110CL.

SYN: 1442 PLAB-1023-109CL 04/02/16-05/07/16 5SU 08:30AM-05:00PM AHC 102 COM Faculty

Students must concurrently enroll in SYN: 1443 PLAB-1023-109CL.

**CLINICAL: PHLEBOTOMY – 48 HRS**

*Course length is 48 hours and will be coordinated by instructor.

Cost: In district: $119 Out of district: $124

SYN: 1440 PLAB-1060-108CL 04/20/16-05/13/16 MTWTHF 08:00AM-05:00PM TBA COM Faculty

Students must concurrently enroll in 1439 PLAB-1023-108CL.

SYN: 1443 PLAB-1060-109CL 05/09/16-05/27/16 MTWTHF 08:00AM-05:00PM TBA COM Faculty

Students must concurrently enroll in 1442 PLAB-1023-109CL.

SYN: 1455 PLAB-1060-110CL 05/31/16-06/24/16 MTWTHF 08:00AM-05:00PM TBA COM Faculty

Students must concurrently enroll in 1452 PLAB-1023-202CL.

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**MEDICAL OFFICE/INSURANCE SPECIALIST CERTIFICATE**

Prerequisite: A high school diploma or GED

Contact Nichole Sullivan at 409-933-8645 for details and approval.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist Certificate. This certificate prepares students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is $14.68. (Source: Bureau of Labor Statistics)

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MDCA 1000</td>
<td>Medical Office</td>
<td>24</td>
</tr>
<tr>
<td>MDCA 1043</td>
<td>Medical Insurance Specialist</td>
<td>48</td>
</tr>
<tr>
<td>HITT 1066</td>
<td>PRACTICUM – HEALTH INFORMATION</td>
<td>160</td>
</tr>
</tbody>
</table>

**TOTAL HOURS** 232
MEDICAL OFFICE – 24 HRS
Students must concurrently enroll in SYN: 1430 MDCA-1043-204CL.
Cost:  In district: $250  Out of district: $255
SYN: 1429 MDCA-1000-203CL 02/22/16-03/23/16  MW
06:00PM-09:00PM  CLC 111  G Parker

MEDICAL INSURANCE SPECIALIST – 48 HRS
Students must concurrently enroll in SYN: 1429 MDCA-1000-203CL.
Cost:  In district: $400  Out of district: $405
SYN: 1430 MDCA-1043-204CL 03/28/16-05/18/16  MW
06:00PM-09:00PM  CLC 111  G Parker

PRACTICUM – HEALTH INFORMATION – 160 HRS
Prerequisite: Enrollment and completion of MDCA-1000 and MDCA-1043.
*Course length is 160 hours and will be coordinated by instructor. Clinical sites may require a background check, drug screening and immunizations.
Cost:  In district: $119  Out of district: $124
SYN: 1427 HITT-1066-102CL 05/23/16-06/30/16  MTWTHF
08:00AM-05:00PM  TBA  G Parker

ALLIED HEALTH PROFESSIONAL DEVELOPMENT

HEARTSAVER CPR/AED COURSE – 5 HRS
This American Heart Association course provides knowledge and skills of basic CPR for the non-medical person. The course provides training to anyone who wants to learn basic CPR to include calling for help, head tilt/chin lift, giving compressions and rescue breathing. Students will receive an AHA Heartsaver CPR/AED card upon completion of the course. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.
Cost:  In district: $45  Out of district: $50
SYN: 1389 AHCEX-1002-102CL 01/23/16-01/23/16  S
08:30AM-01:30PM  CLC 106  M Chatman
SYN: 1391 AHCEX-1002-103CL 04/16/16-04/16/16  S
08:30AM-01:30PM  CLC 106  M Chatman

CERTIFIED BASIC LIFE SUPPORT INSTRUCTOR – 8 HRS
Participants will learn the educational theory and skills necessary to prepare the American Heart Association Cardiopulmonary Resuscitation (CPR) instructor candidate to present lectures, facilitate skill stations and conduct student evaluations for CPR courses. Textbook and supplies are included in the fee, and can be picked up at the North County Campus once registration has been completed. To arrange pickup, contact Melanie Chatman at 409-933-8279 or email at mchatman@com.edu. AHA instructor training consists of three stages:

Stage 1: The instructor candidate takes the self-directed online Instructor Essentials course in his or her chosen discipline; the certificate of completion is required to proceed to Stage 2.
Stage 2: The instructor candidate takes the faculty-led, classroom-based instructor course in his or her chosen discipline.
Stage 3: A faculty member monitors the instructor candidate as he or she teaches the first course in his or her chosen discipline. Upon successful completion of all stages, candidates receive an instructor card, valid for two years.

Requirements for registration: Candidates must have a current provider course card for their chosen discipline and must align with an American Heart Association Training Center that is accepting new instructors in their chosen discipline.

Note: A required part of the training process for new instructors, the online Instructor Essentials courses, includes information that instructors need in order to teach American Heart Association courses. Each Instructor Essentials course includes approximately 30 minutes of general information about teaching American Heart Association courses with the remainder of the presentation focused on discipline-specific information. Therefore, access to a computer with online connection is necessary. For more information, please contact Melanie Chatman at 409-933-8279. Class is nonrefundable.

HEALTHCARE PROVIDER CPR – 5 HRS
Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR and adult and pediatric foreign body airway obstruction. The American Heart Association strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.
Cost:  In district: $45  Out of district: $50
SYN: 1417 EMSP-1003-101CL 01/14/16-01/14/16  TH
09:00AM-02:00PM  CLC 113  M Chatman
SYN: 1418 EMSP-1003-102CL 01/21/16-01/21/16  TH
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 1419 EMSP-1003-103CL 02/11/16-02/11/16  TH
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 1420 EMSP-1003-104CL 03/10/16-03/10/16  TH
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 1421 EMSP-1003-105CL 04/14/16-04/14/16  TH
05:00PM-10:00PM  CLC 106  M Chatman
SYN: 1422 EMSP-1003-106CL 05/19/16-05/19/16  TH
05:00PM-10:00PM  CLC 106  M Chatman
MARKETABLE SKILLS ACHIEVEMENT AWARDS (MSAA)

Students completing one of these certificates are encouraged to consider enrolling as a credit student to continue a career pathway leading to a credit certificate or an Associate of Applied Science degree. MSAA classes will apply toward these credit awards. After successfully completing six hours of credit, students can petition for credit. An academic advisor can provide you with more information about this process.

Bookkeeping Fundamentals

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
</tr>
</thead>
<tbody>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting I</td>
<td>48</td>
</tr>
<tr>
<td>ACNT 1031</td>
<td>Federal Income Tax: Individual</td>
<td>48</td>
</tr>
<tr>
<td>ACNT 1013</td>
<td>Computerized Accounting Applications</td>
<td>64</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td>160</td>
</tr>
</tbody>
</table>

Career Pathway: Professional Bookkeeper Certificate and/or Associate of Applied Science in Business Administration with Emphasis in Accounting

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
</tr>
</thead>
<tbody>
<tr>
<td>HART 1001</td>
<td>Basic Electricity for HVAC</td>
<td>48</td>
</tr>
<tr>
<td>HART 1038</td>
<td>Air-Conditioning Level I</td>
<td>96</td>
</tr>
<tr>
<td>HART 1043</td>
<td>EPA Course and Test</td>
<td>10</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td>154</td>
</tr>
</tbody>
</table>

Career Pathway: CE Certificate in Air-Conditioning Level III (cannot petition for credit)

Child Development/Education

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
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</thead>
<tbody>
<tr>
<td>CDEC 1019</td>
<td>Child Guidance</td>
<td>48</td>
</tr>
<tr>
<td>CDEC 1018</td>
<td>Wellness of the Young Child</td>
<td>64</td>
</tr>
<tr>
<td>CDEC 1054</td>
<td>Child Growth and Development</td>
<td>48</td>
</tr>
<tr>
<td>CDEC 1003</td>
<td>Families, School and Community</td>
<td>64</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td>224</td>
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</tbody>
</table>

Career Pathway: Child Care Administration Certificate, Child Development Associate Caregiver and/or Associate of Applied Science in Child Development/Education – Classroom Teacher Track or Associate of Applied Science in Child Development/Education – Leadership Track

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machines Trades and Rigging</td>
<td>65</td>
</tr>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>65</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
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<td>195</td>
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</tbody>
</table>


Mechanical Maintenance Helper

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
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</thead>
<tbody>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machines Trades and Rigging</td>
<td>65</td>
</tr>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>65</td>
</tr>
<tr>
<td><strong>TOTAL HOURS</strong></td>
<td></td>
<td>195</td>
</tr>
</tbody>
</table>

INDUSTRIAL MATHEMATICS – 65 HRS
Cost: In district: $475 Out of district: $480
SYN: 1406 TECM-1001-221CL 03/21/16-05/11/16 MW
06:00PM-10:00PM AUD 007 N Hicks
SYN: 1404 TECM-1001-120CL 03/22/16-05/12/16 TTH
08:00AM-12:00PM AUD 017 R Himel

Networking Fundamentals
CE Marketable Skill Achievement Award
Course # Title CEU
ITSC 1005 Introduction to PC Operating Systems 80
ITSC 1025 Personal Computer Hardware 80
ITNW 1008 Implementing and Supporting
Client Operating Systems 80
ITNW 1054 Implementing and Supporting Servers 80
TOTAL HOURS 320
Career Pathway: Networking Certificate

INTRODUCTION TO PC OPERATING SYSTEMS – 80 HRS
Cost: In district: $270 Out of district: $275
SYN: ITSC-1005-218HY 01/19/16-03/13/16 MW
04:30PM-05:50PM TVB 1224 M Pitre

PERSONAL COMPUTER HARDWARE – 80 HRS
Cost: In district: $270 Out of district: $275
SYN: ITSC-1025-228HY 03/21/16-05/13/16 MW
04:30PM-05:50PM TVB 1224 M Pitre

Web Design Fundamentals
CE Marketable Skill Achievement Award
Course # Title CEU
IMED 1016 Web Design I 96
IMED 2015 Web Design II 96
ARTC 1002 Digital Imaging I 96
TOTAL HOURS 288
Career Pathway: Graphic Design Certificate, Web Design Certificate and/or Associate of Applied Science in Graphic Design/Web Design

DIGITAL IMAGING I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: ARTC-1002-101CL 01/19/16-05/13/16 MW
08:00AM-10:50AM TVB 1572 R Collins

WEB DESIGN I – 96 HRS
Cost: In district: $270 Out of district: $275
SYN: IMED-1016-101CL 01/19/16-05/13/16 TTH
04:00PM-06:50PM TVB 1572A S Torrez

We're In Your Neighborhood!

The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs, allied health professional development courses.

Call 281-332-1800 for more information or visit www.com.edu/nc.
## Professional Bookkeeper Certificate

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>CEU</th>
</tr>
</thead>
<tbody>
<tr>
<td>ITSC 1009</td>
<td>Integrated Software Applications I</td>
<td>64</td>
</tr>
<tr>
<td>POFT 1021</td>
<td>Business Math</td>
<td>48</td>
</tr>
<tr>
<td>ACNT 1003</td>
<td>Introduction to Accounting</td>
<td>64</td>
</tr>
<tr>
<td>ACNT 1031</td>
<td>Federal Income Tax: Individual</td>
<td>48</td>
</tr>
<tr>
<td>ACNT 1013</td>
<td>Computerized Accounting Applications</td>
<td>64</td>
</tr>
<tr>
<td>TOTAL HOURS</td>
<td></td>
<td>288</td>
</tr>
</tbody>
</table>

Career Pathway: Associate of Applied Science in Business Administration with an Emphasis in Accounting

## INTEGRATED SOFTWARE APPLICATIONS I – 64 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $270</th>
<th>Out of district: $275</th>
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</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>ITSC-1009-101CL</td>
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<tr>
<td></td>
<td>01/19/16-05/13/16</td>
<td>MW</td>
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<tr>
<td></td>
<td>11:00AM-12:50PM</td>
<td>TVB 1476</td>
</tr>
<tr>
<td>J Barber</td>
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## BUSINESS MATH – 48 HRS

<table>
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<th>In district: $270</th>
<th>Out of district: $275</th>
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<tbody>
<tr>
<td>SYN:</td>
<td>POFT-1021-001IN</td>
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</tr>
<tr>
<td></td>
<td>01/19/16-05/13/16</td>
<td>Internet</td>
</tr>
<tr>
<td>S Rahman</td>
<td></td>
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</tbody>
</table>

## COMPUTERIZED ACCOUNTING APPLICATIONS – 64 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
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<th>Out of district: $275</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>ACNT-1013-001IN</td>
<td></td>
</tr>
<tr>
<td></td>
<td>01/19/16-05/13/16</td>
<td>Internet</td>
</tr>
<tr>
<td>M Williams</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## INTRODUCTION TO ACCOUNTING I – 48 HRS

<table>
<thead>
<tr>
<th>Cost:</th>
<th>In district: $270</th>
<th>Out of district: $275</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>ACNT-1003-001IN</td>
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<tr>
<td></td>
<td>01/19/16-05/13/16</td>
<td>Internet</td>
</tr>
<tr>
<td>M Williams</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### Open Enrollment in Lifelong Learning & 50 Plus Program

- **SENR (Senior) trips** are only available to students age 50 and older.
- Extended travel trips are not limited to 50 or older.

### Continuing Education General Information Policies

See page 5.
FAST-TRACK REAL ESTATE PROGRAM

In one semester, students in this program prepare for careers as real estate agents, who have an average annual salary of $53,100 according to the Bureau of Labor Statistics. All classes are offered in one-week sessions. Classes are held at the COM Learning Center – North County located in League City at 200 Parker Ct. at FM 518.

The Texas Real Estate Commission requires students to complete 180 classroom hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>RELE 1001</td>
<td>Real Estate Principles I</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This course is an overview of licensing as a real estate broker or salesperson. Topics include ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures and real estate mathematics. A minimum of three hours classroom instruction will be devoted to federal, state and local laws relating to housing discrimination, housing credit discrimination and community reinvestment. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1038</td>
<td>Real Estate Principles II</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This class complements Real Estate Principles I and can be taken before Principles I. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
<tr>
<td>RELE 2001</td>
<td>Real Estate Law of Agency</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent’s authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying procedures and the disclosure of an agency. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1011</td>
<td>Real Estate Law of Contracts</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This course covers the elements of a contract, offers and acceptance, the statute of frauds, specific performance and remedies for breaches of contracts, unauthorized practice of law, commission rules relating to use of adopted forms and owner disclosure requirements. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1019</td>
<td>Real Estate Finance</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act and the State Housing Agency. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
<tr>
<td>RELE 1000</td>
<td>Real Estate Promulgated Contracts</td>
<td>32</td>
</tr>
<tr>
<td></td>
<td>This class examines various topics related to Texas real estate contracts such as the unauthorized practice of law, the Texas Broker-Lawyer Committee, TREC rules governing promulgated contract use, an examination of current TREC promulgated contracts and practice preparing current TREC contracts and forms using case studies. The textbook can be purchased at the COM Bookstore or online.</td>
<td></td>
</tr>
</tbody>
</table>

TOTAL HOURS: 180

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

REAL ESTATE PRINCIPLES I – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1342 RELE-1001-126CL 01/11/16-01/15/16 MTWTH
08:45AM-04:15PM AHC-103 A Ramirez
08:45AM-12:45PM F

REAL ESTATE PRINCIPLES II – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1343 RELE-1038-126CL 01/25/16-01/29/16 MTWTH
08:45AM-04:15PM AHC-103 L Lendsey
08:45AM-12:45PM F

REAL ESTATE LAW OF AGENCY – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1344 RELE-2001-126CL 02/01/16-02/05/16 MTWTH
08:45AM-04:15PM AHC-103 A Ramirez
08:45AM-12:45PM F

REAL ESTATE LAW OF CONTRACTS – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1352 RELE-1011-126CL 02/15/16-02/19/16 MTWTH
08:45AM-04:15PM AHC-103 L Lendsey
08:45AM-12:45PM F

REAL ESTATE FINANCE – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1345 RELE-1019-126CL 02/29/16-03/04/16 MTWTH
08:45AM-04:15PM STU-203 L Lendsey
08:45AM-12:45PM F

REAL ESTATE PROMULGATED CONTRACTS AND FORMS – 32 HRS
Cost: In district: $150 Out of district: $155
SYN: 1353 RELE-1000-126CL 03/28/16-04/01/16 MTWTH
08:45AM-04:15PM AHC-103 A Ramirez
08:45AM-12:45PM F

REAL ESTATE EXAM REVIEW – 16 HRS
Cost: In district: $80 Out of district: $85
SYN: 1355 RELE-1000-126CL 04/07/16-04/08/16 THF
09:00AM-05:00PM STU-203 L Lendsey

Internet or Hybrid Courses

Students taking Internet (IN) courses will be charged a $35 distance education fee per course.

Students in hybrid (HY) courses will be charged a $25 distance education fee per course.
INDUSTRIAL TRADE CAREERS

Heating, Ventilation and Air-Conditioning Certificate

RECOMMENDED COURSE SEQUENCE
(Select classes will be offered each semester)
Textbooks not included.

COM’s Heating, Ventilation and Air-Conditioning Program, which can be completed in less than a year, prepares students for a successful career as an HVAC technician. A growing career, HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, homes, restaurants and hotels. The need for qualified HVAC technicians and installers in the Gulf Coast region is anticipated to grow 34 percent by 2018. The median hourly wage is $20.02, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbooks not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>HART 1001</td>
<td>Basic Electricity for HVAC</td>
<td>48</td>
</tr>
<tr>
<td>HART 1038</td>
<td>Air-Conditioning, Level I</td>
<td>96</td>
</tr>
<tr>
<td>HART 1005</td>
<td>Air-Conditioning, Level II</td>
<td>96</td>
</tr>
<tr>
<td>HART 2036</td>
<td>Air-Conditioning, Level III</td>
<td>48</td>
</tr>
<tr>
<td>HART 1043</td>
<td>EPA Course and Test</td>
<td>10</td>
</tr>
</tbody>
</table>

NEW BASIC ELECTRICITY FOR HVAC – 48 HRS
Cost: In district: $345  Out of district: $350
SYN: 1586 HART-1001-231CL  01/12/16-03/03/16  TTH
06:00PM-09:00PM  GCSI 117  COM Faculty

AIR-CONDITIONING LEVEL I – 96 HRS
Cost: In district: $570  Out of district: $575
SYN: 1424 HART-1038-231CL  05/02/16-07/27/16  MW
06:00PM-10:00PM  GCSI 117  PD Lambert

AIR-CONDITIONING LEVEL II – 96 HRS
Cost: In district: $570  Out of district: $575
SYN: 1416 HART-1005-231CL  01/11/16-04/11/16  MW
06:00PM-10:00PM  GCSI 117  PD Lambert

AIR-CONDITIONING LEVEL III – 48 HRS
Cost: In district: $345  Out of district: $350
SYN: 1425 HART-2036-231CL  05/03/16-06/23/16  TTH
06:00PM-09:00PM  GCSI 117  COM Faculty

EPA COURSE AND TEST – 10 HRS
Cost: In district: $185  Out of district: $190
SYN: 1426 HART-1043-131CL  01/23/16-01/30/16  S
08:00AM-01:00PM  GCSI 117  PD Lambert
SYN: 1428 HART-1043-132CL  04/23/16-04/30/16  S
08:00AM-01:00PM  GCSI 117  PD Lambert

HVAC TEXAS LABOR MARKET INFORMATION
Texas Employment 2015 ........................................ 30,369
Regional Employment 2015 ................................... 6,382
Average Hourly Wage 2014, Gulf Coast..................... $20.17
Texas Workforce Commission, 2015

CE Registration Date

Registration begins Nov. 30, 2015, for Spring 2016 Continuing Education and
50 Plus Program classes.
Are you looking for a career change?

The petrochemical field is hiring, and College of the Mainland is training.

PAID Tuition Training Internships CAREER Support Services LIMITED SPACES!

Industrial Crafts Training

- CNC Machinist
- Electrical Drafting
- Process Technology
- Welding
- Instrumentation
- Mechanical Maintenance / Millwright

Leadership & Professional Training

- Lean Six Sigma
- Project Management

*These programs are funded by a grant awarded and implemented by the U.S. Dept. of Labor Employment & Training Administration. The information contained in this product was created by the grantee organization and does not necessarily reflect the official position of the U.S. Dept. of Labor. All references to non-governmental companies or organizations, their services, products or resources are offered for information purposes and should not be construed as an endorsement by the Department of Labor.

**The College district prohibits discrimination, including harassment, against any student on the basis of race, color, religion, gender, national origin, disability or any other basis prohibited by law.

GRANT CONTACT INFORMATION:

DOL H-1B Gulf Coast Ready to Work

409-933-8643 GCRTW-Grant@com.edu
Fax 409-933-8026 www.com.edu/ce

DOL H-1B GULF COAST READY TO WORK GRANT CONSORTIUM

- College of the Mainland
- Brazosport College
- Lee College
- San Jacinto College
COM's Mechanical Maintenance Technician Program prepares students for a wide variety of duties, such as preventative maintenance, making machinery adjustments and repairing equipment using blueprints, sketches, diagrams and a variety of tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites in all industries. The need for qualified mechanical maintenance technicians (also referred to as industrial machinery mechanics, maintenance workers or millwrights) in the Gulf Coast region is anticipated to grow by 41.5 percent by 2020. The median hourly wage is $22.31, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2015) Financial assistance may be available (see page 6). Textbook not included.

**Mechanical Maintenance Technician, Basic Certificate**

**REQUIRED COURSE SEQUENCE**

Required for Mechanical Maintenance Technician Intermediate and Advanced Certificates and the Machinist Certificate (Select classes will be offered each semester.) Textbooks not included.

INDUSTRIAL MAINTENANCE, INTRODUCTION – 65 HRS

Tuition includes OSHA 10 card ($5).

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>INMT 1005</td>
<td>Introduction to Industrial Maintenance</td>
<td>65</td>
</tr>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>65</td>
</tr>
<tr>
<td>POFT 1006</td>
<td>Job Search and Employment Skills</td>
<td>40</td>
</tr>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machine Trades and Rigging</td>
<td>65</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1038</td>
<td>Basic Machine Shop</td>
<td>65</td>
</tr>
</tbody>
</table>

**TOTAL HOURS** 365

PRINT READING FOR MACHINE TRADES AND RIGGING – 65 HRS

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>TECM 1001</td>
<td>Industrial Mathematics</td>
<td>65</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1038</td>
<td>Basic Machine Shop</td>
<td>65</td>
</tr>
</tbody>
</table>

**METALLURGY AND WELDING FUNDAMENTALS – 65 HRS**

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 1002</td>
<td>Print Reading for Machine Trades and Rigging</td>
<td>65</td>
</tr>
<tr>
<td>WLDG 1021</td>
<td>Metallurgy and Welding Fundamentals</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 1038</td>
<td>Basic Machine Shop</td>
<td>65</td>
</tr>
</tbody>
</table>

**TOTAL HOURS** 365

MILLWRIGHT TEXAS LABOR MARKET INFORMATION

Texas Employment 2015................................. 3,734
Regional Employment 2015............................ 1,499
Average Hourly Wage 2014, Gulf Coast............ $21.80

Texas Workforce Commission, 2015

When Should I Register?

<table>
<thead>
<tr>
<th>If a class starts on a...</th>
<th>Register by noon on the following days.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sunday, Monday, Tuesday</td>
<td>Wednesday (the week before it starts)</td>
</tr>
<tr>
<td>Wednesday, Thursday</td>
<td>Thursday (the week before it starts)</td>
</tr>
<tr>
<td>Friday</td>
<td>Monday (of the same week)</td>
</tr>
<tr>
<td>Saturday</td>
<td>Tuesday (of the same week)</td>
</tr>
</tbody>
</table>
### Mechanical Maintenance Technician, Intermediate Certificate

**REQUIRED COURSE SEQUENCE**
Prerequisite: Basic Mechanical Maintenance Technician Certificate
Textbooks not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2005</td>
<td>Millwright III – Bearings, Seals and Couplings</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to bearings and seals. It focuses on the design and installation of bearings and couplings. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2007</td>
<td>Millwright IV – Lubrication, Valves and Pumps</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>MCHN 2012</td>
<td>Millwright V – Gear Boxes, Chain and Belt Drives</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course teaches the recognition and application of gearbox drives, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
<tr>
<td>INMT 2003</td>
<td>Pumps, Compressors and Mechanical Drives</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: Basic MMT Certificate</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL HOURS**
260

### MILLWRIGHT V – GEAR BOXES, CHAINS AND BELT DRIVES – 65 HRS

**Cost:**
- In district: $475
- Out of district: $480

SYN: MCHN-2012-221CL
01/11/16-03/07/16  MW
06:00PM-10:00PM  AUD 017  L Lindsey

### Mechanical Maintenance Technician, Advanced Certificate

**REQUIRED COURSE SEQUENCE**
Prerequisite: Basic and Intermediate Mechanical Maintenance Technician Certificate
Textbooks not included.

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 2014</td>
<td>Millwright VI – Reciprocating, Centrifugal Compressors and Blowers</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2016</td>
<td>Millwright VII – Turbines</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repair of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
<tr>
<td>MCHN 2018</td>
<td>Millwright VIII – Alignment and Vibration</td>
<td>65</td>
</tr>
<tr>
<td></td>
<td>This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: Basic and Intermediate MMT Certificates</td>
<td></td>
</tr>
</tbody>
</table>

**TOTAL HOURS**
195

### MILLWRIGHT VI – RECIPOCATING, CENTRIFUGAL COMPRESSORS AND BLOWERS – 65 HRS

**Cost:**
- In district: $475
- Out of district: $480

SYN: MCHN-2014-221CL
03/22/16-05/12/16  TTH
06:00PM-10:00PM  AUD 017  COM Faculty

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**Effective Nov. 30, 2015**
Continuing Education Registration will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce. COM Admissions is no longer registering CE students.

Acceptable forms of registration payment:
- Credit and debit cards, money order and check.
  
  **Cash cannot be accepted.**

50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.

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**INDUSTRIAL MACHINERY MECHANICS TEXAS LABOR MARKET INFORMATION**
Texas Employment 2015.................................................. 41,270
Regional Employment 2015............................................. 13,024
Average Hourly Wage 2014, Gulf Coast............................ $24.41

Texas Workforce Commission, 2015

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*College of the Mainland*
CONTINUING EDUCATION • SPRING 2016 SCHEDULE

CNC Machinist Certificate

RECOMMENDED COURSE SEQUENCE
Prerequisite: Mechanical Maintenance Technician, Basic Certificate
Textbooks not included.

COM’s CNC Machinist Program prepares students for employment utilizing machine tools such as lathes, milling machines and grinders to produce precision metal parts. Machinists work from blueprints, sketches or computer-aided design (CAD) and computer-aided manufacturing (CAM) files to set up, operate and disassemble manual, automatic and computer-controlled (CNC) machine tools. Employment can be found in a variety of industrial settings such as petrochemical, energy exploration, manufacturing and productions, machine shop, power plants and construction sites. The need for qualified machinists in the Gulf Coast region is anticipated to grow by 25.3 percent by 2020. The median hourly wage is $26.25, with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) COM’s program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). The course includes a $200 lab fee. Not included is approximately $250 cost for personal equipment.

WELDING

Prepare to enter a field with growing opportunities with COM’s Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants and construction. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. The median hourly wage is $17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014) COM’s program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). The course includes a $200 lab fee. Not included is approximately $250 cost for personal equipment.

CNC PROGRAMMING – 124 HRS

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>MCHN 1041</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>MCHN 2035</td>
<td>CNC Programming</td>
<td>124</td>
</tr>
<tr>
<td>MCHN 1026</td>
<td>CAD/CAM Mastercam</td>
<td>65</td>
</tr>
<tr>
<td>DFTG 2040</td>
<td>CAD/CAM 3-D Solid Model</td>
<td>65</td>
</tr>
</tbody>
</table>

TOTAL HOURS 319

WELDING, MULTIPLE PROCESSES – 112 HRS

<table>
<thead>
<tr>
<th>Course #</th>
<th>Title</th>
<th>Hrs</th>
</tr>
</thead>
<tbody>
<tr>
<td>WLDG-1007-115CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-116CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-117CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-118CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-119CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-215CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-216CL</td>
<td>Basic Machine Shop II</td>
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<tr>
<td>WLDG-1007-217CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
<tr>
<td>WLDG-1007-218CL</td>
<td>Basic Machine Shop II</td>
<td>65</td>
</tr>
</tbody>
</table>

TOTAL HOURS 319

CE Registration Date

Registration begins Nov. 30, 2015, for Spring 2016 Continuing Education and 50 Plus Program classes.
**CUSTOMIZED CORPORATE TRAINING**

COM’s Continuing Education Department can work with your company to design specific training to meet your needs. Whether employees need leadership or welding skills, expertise in email communication or training in workplace ESL, the Continuing Education Department can create a customized course. We also offer a wide variety of professional development courses designed for industry members to learn specific skills. In addition, Workforce training courses prepare those who desire to enter the industry, and personal enrichment courses offer an opportunity to broaden students’ horizons with new skills and discoveries.

### LEAN SIX SIGMA – GREEN BELT – 48 HRS

Students will learn quality-assurance/quality-control procedures used to confirm the viability and confidence of sample results or procedures. The course emphasizes documentation, blank and check sample (spike) preparation, and control tables. The methods and tools in this class drive productivity improvement and improvements in defects and variation (DMAIC).

<table>
<thead>
<tr>
<th>Cost</th>
<th>In district: $1,748</th>
<th>Out of district: $1,748</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>EPCT-1051-011IN</td>
<td>1/21/16-4/14/16</td>
</tr>
<tr>
<td>Internet:</td>
<td>TBA</td>
<td></td>
</tr>
</tbody>
</table>

### LEAN SIX SIGMA – BLACK BELT – 77 HRS

This course will cover planning and implementing quality programs in an organization and analyzing cost/benefit of quality. It also covers the impact of employee empowerment. The methods and tools in this class drive productivity improvement and improvements in defects and variation (DMAIC).

<table>
<thead>
<tr>
<th>Cost</th>
<th>In district: $4,493</th>
<th>Out of district: $4,493</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>BMGT-2031-011IN</td>
<td>1/21/16-5/26/16</td>
</tr>
<tr>
<td>Internet:</td>
<td>TBA</td>
<td></td>
</tr>
</tbody>
</table>

### PROCESS VALVES AND VALVE AUTOMATION – 8 HRS

This course is an overview of process technology equipment including purpose, components, operation, and the process technician’s role for operating and troubleshooting equipment.

<table>
<thead>
<tr>
<th>Cost</th>
<th>In district: $875</th>
<th>Out of district: $880</th>
</tr>
</thead>
<tbody>
<tr>
<td>SYN:</td>
<td>PTAC-1015-193CL</td>
<td>04/14/16-04/14/16</td>
</tr>
<tr>
<td>Time:</td>
<td>08:00AM-05:00PM</td>
<td>STU 203</td>
</tr>
</tbody>
</table>

### BUSINESS
- Safety and Health
- First Line Leadership Training
- Shift Superintendent Training
- Industrial Safety
- Computer Training
- Project Management
- Presentation Skills
- Six Sigma
- Problem Solving
- Business Communication
- Train the Trainer
- Facilities Rental and Food Service
- Skills Development Grants for Business Training
- Vocational ESL
- CPR Training
- Quality Customer Service
- Team Building
- How to Deal with Difficult Customers

### INDUSTRIAL
- Microsoft Office Training
- I&E Motor Control Training
- I&E Level Control Training
- I&E Control Valve Training
- Pump Systems Operation
- Reaction Process Training
- Distillation Process Training
- Process Troubleshooting
- Plant Start-Up and Operations Training
- Specialty Welding Training
- Storage Tank Emissions
- Welding Skills Upgrade
- Hands-On Skills Testing
- BP Craft Apprenticeship Programs
- Electrical Apprenticeship Program
- TCEQ Basic Equipment Training
- Machinist
- Mechanical Maintenance

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**CE Registration Date**

Registration begins Nov. 30, 2015, for Spring 2016 Continuing Education and 50 Plus Program classes.
All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

**EMT REFRESHER/RECERTIFICATION – 48 HRS**
Students will review the theory and skills necessary to meet national and/or state requirements for remediation or recertification as an emergency medical technician (EMT). This course meets the current Texas Department of State Health Services requirements for recertification of EMS personnel in adherence with the National EMS Education Standards. Covers 48 CE hours (or one-on-one skills testing for those between one and 90 days late for DSHS recertification). Contact Julianne Duncan at jduncan3@com.edu to set up dates and times.

Cost:  
In district: $150  
Out of district: $155  
SYN: 1634 EMSP-1004-101CL  
01/25/16-05/13/16  
PSC 119  
J Duncan

**FIRE TECHNOLOGY**
All students enrolling in Internet (IN) or hybrid (HY) classes for the first time at College of the Mainland are required to successfully complete the free, two-hour Blackboard Online Learner Workshop prior to the start date of the course. See page 5 of this schedule for registration details. Students will be charged an additional $25 fee for each hybrid course and a $35 fee for each Internet course.

**FIRS 2000, TCFP Continuing Education, Skills Testing**
This course is a customized training program for students who require continuing education hours for maintaining certification with the Texas Commission on Fire Protection. Training may be completed through classroom or online training.

Additionally, this course is for students requiring a skills test in order to become eligible for a recertification exam for basic firefighter with the TCFP.

Contact Danny McLerran, director of fire technology, at 409-933-8378 or dmclerran@com.edu.

**TCFP DRIVER/OPERATOR/PUMPER – 80 HRS**
This course meets the curriculum requirements of the Texas Commission on Fire Protection (TCFP) for Driver/Operator-Pumper. Topics include preventive maintenance, driving and operating fire department vehicles, pump operations and related functions, and performance skills. *College of the Mainland, Fire Technology is a certified training facility by the TCFP and all instructors teaching this course are certified Driver/Operator-Pumper by the TCFP.*

Cost:  
In district: $795  
Out of district: $800  
SYN: 1514 FIRS-2044-101CL  
05/16/16-05/27/16  
MTWTHF  
08:00AM-05:00PM  
PSC 120  
S Scott

**FIRE INSTRUCTOR III – 64 HRS**
Internet Course: This course satisfies curriculum requirements for Texas Commission on Fire Protection (TCFP) Fire Instructor III certification. Course topics include developing comprehensive training curriculum and programs, organizing needs analysis, and developing training goals and implementation strategies. Students may be required to attend labs to complete skills required by the TCFP to be completed in the presence of a field examiner. Lab dates and times will be listed in the course syllabus. Students successfully completing the course will be eligible for the TCFP Fire Instructor III certification examination, provided they satisfy TCFP testing requirements. Students are responsible for testing and certification fees. Contact the Director of Fire Technology, Danny McLerran, at 409-933-8378 or dmclerran@com.edu for additional information.

Cost:  
In district: $185  
Out of district: $190  
SYN: 1517 FIRT-2059-001IN  
02/15/16-05/13/16  
Internet  
D McLerran

**GCFFA New Member, SFFMA Firefighter I**
The course provides basic new member training for volunteer firefighters. It covers the curriculum and skills required for the State Firemen’s and Fire Marshal’s Association Firefighter I, which includes 156 training hours.

Classes meet Monday and Wednesday from 6 – 10 p.m. and every other Saturday from 8 a.m. to 5 p.m. for 12 weeks.

Upon completion, students will receive a certificate of completion and are eligible to test for SFFMA Firefighter I.

For additional information or to enroll, contact GCFFA Training Coordinator Stan Kozlowski at SKozlow404@aol.com.
BASIC FIRE INSPECTOR – 224 HRS
The following three courses combined satisfy curriculum requirements for Texas Commission on Fire Protection (TCFP) Basic Fire Inspector Certification. Course topics include basic fire inspection practices and procedures, inspection practices of various types of occupancies, interpretation of applicable codes and standards, analysis of building construction, hazardous processes, and architectural drawings or plans to ensure compliance with building and fire codes. Students will be required to review course materials and complete quizzes and periodic exams online. Students will be required to attend labs to complete TCFP performance skills. Lab dates and times will be listed in the course syllabus. Students successfully completing the course will be eligible for the TCFP Basic Fire Inspector certification examination, provided they satisfy TCFP testing requirements. Students are responsible for testing and certification fees. Contact Director of Fire Technology Danny McLerran at 409-933-8378 or dmclerran@com.edu for additional information.

In order to satisfy TCFP Basic Fire Inspector curriculum requirements, students must enroll in the following three courses: Fire Inspector I, Fire Inspector II and Plans Examiner I. The cost for the three courses is listed with Fire Inspector I.

FIRE INSPECTOR I – 96 HRS
Students must enroll in all three classes to complete Fire Instructor: Fire Inspector I and II and Plan Examiner I. The cost for the three courses is listed with Fire Inspector I.

Cost: In District: $695 Out of District: $700
SYN: 1571 FIR-1008-101CL 01/19/16-05/13/16
T Parker/D McLerran

FIRE INSPECTOR II – 80 HRS
Students must enroll in all three classes: Fire Inspector I and II and Plan Examiner I. The cost for the three courses is listed with Fire Inspector I.

SYN: 1588 FIR-1040-101CL 01/19/16-02/26/16
T Parker/D McLerran

PLAN EXAMINER I – 48 HRS
Students must enroll in all three classes: Fire Inspector I and II and Plan Examiner I. The cost for the three courses is listed with Fire Inspector I.

SYN: 1589 FIR-1002-101CL 01/19/16-02/26/16
T Parker/D McLerran

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER – 40 HRS
This course provides required training to carry firearms for private security employment. Training consists of TCPS Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution, and Commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment responsibility. Call 409-933-8485 for more information.

Cost: In district: $260 Out of district: $265
SYN: 1446 SLPS-1013-101CL 01/11/16-01/15/16 MTWTHF
08:00AM-05:00PM PSC 116 D Blackford
SYN: 1447 SLPS-1013-201CL 02/01/16-02/12/16 MTWTHF
06:00PM-10:00PM PSC 116 D Blackford
SYN: 1448 SLPS-1013-102CL 03/07/16-03/11/16 MTWTHF
08:00AM-05:00PM PSC 116 D Blackford
SYN: 1449 SLPS-1013-202CL 04/04/16-04/15/16 MTWTHF
06:00PM-10:00PM PSC 116 D Blackford

SECURITY FIREARMS REQUALIFICATION – 7 HRS
This course provides training for the every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Call 409-933-8485 for more information.

Cost: In district: $65 Out of district: $70
SYN: 1450 SLPS-2000-101CL 01/08/16-01/08/16 F
08:00AM-03:00PM FIR 107 D Blackford
SYN: 1451 SLPS-2000-102CL 02/19/16-02/19/16 F
08:00AM-03:00PM FIR 107 D Blackford
SYN: 1453 SLPS-2000-103CL 04/01/16-04/01/16 F
08:00AM-03:00PM FIR 107 D Blackford
SYN: 1454 SLPS-2000-104CL 05/06/16-05/06/16 F
08:00AM-03:00PM FIR 107 D Blackford

SECURITY CLASSROOM INSTRUCTOR – 40 HRS
This course is designed to comply with mandated Texas Commission on Private Security training standards for issuance of a Classroom Instructor License. Course curriculum is taken directly from TCOLE Basic Instructor Course. Topics covered include the adult learning process, the four phases of teaching/learning process, factors affecting adult learning, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques for developing tests and evaluations, and the use of instructional media.

Cost: In district: $215 Out of district: $220
SYN: 1457 SLPS-2059-101CL 02/22/16-02/26/16 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson
SECURITY NEW SUPERVISOR – 24 HRS
This course prepares new supervisors for their supervisory role. Topics include values, ethics, principles, communication, leadership styles, cultural diversity, racial sensitivity, planning and organizing. It meets the requirements of Section 415.034 Texas Government Code, continuing education for new supervisors.
Cost: In district: $130 Out of district: $135
SYN: 1456 SLPS-2000-105CL 02/15/16-02/17/16 WTHF
08:00AM-05:00PM PSC 116 R Williamson

SECURITY FIREARMS INSTRUCTOR – 40 HRS
This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook.
Cost: In district: $450 Out of district: $455
SYN: 1555 SLPS-2000-106CL 02/29/16-03/04/16 MTWTHF
08:00AM-05:00PM FIR 107 D Blackford

LEVEL IV PERSONAL PROTECTION OFFICER – 40 HRS
This course provides the training necessary to receive personal protection officer authorization in Texas; upon completion the student will be eligible to receive a Level IV license through a licensed security company. The training will cover the required 15 hours mandated by the private security board and an additional 25 hours of training in options in personal protection, increase in security consciousness, rules to employ in personal protection, the force continuum, physical training in unarmed defensive tactics, and oleoresin capsicum (OC) spray. Students must be certified as a commissioned Level III security officer before this class.
Cost: In district: $260 Out of district: $265
SYN: 1558 SLPS-2000-106CL 03/28/16-04/01/16 MTWTHF
08:00AM-05:00PM PSC 116 D Blackford

BASIC POLICE OFFICER
The Basic Peace Officer Academy (769 hours) provides graduates the necessary basic training to obtain a position as a police officer, constable, deputy sheriff or any other licensed peace officer position within the state of Texas.

The night academy is designed for students who are employed full-time. All courses must be taken together and successfully passed for the graduate to test for state licensure.

Day Academy begins Jan. 11, 2016 and will end May 26, 2016.
Fingerprints due Dec. 4, 2015.

For details, call Susan Meadows at 409-933-8285 or Thom Karlok at 409-933-8299.

Need Your TCOLE Mandated Training?
Is your department looking for more training for your officers? Contact College of the Mainland Law Enforcement Training. COM can accommodate nearly any training request you may have, from Basic Peace Officer to Master Instructor.

Call us, and we will be happy to work with you.
For more information, call 409-933-8299.

TCOLE INSTRUCTOR – 40 HRS
This course introduces students to the adult learning process and the differences between adult and child learning, the role of the instructor, and the three domains of learning and their impact on the learning process. Other topics are factors that affect learning, the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations, and the use of instructional media. Contact Susan Meadows at 409-933-8285 for further information.
Cost: In district: $215 Out of district: $220
SYN: 1590 CJLE-2049-101CL 02/22/16-02/26/16 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson
POLICE FIREARMS INSTRUCTOR – 40 HRS
This course is designed to comply with mandated TCOLE training standards for the issuance of a firearms instructor license. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook.

Cost:  
In district: $450  
Out of district $455
SYN: 1591 CJLE-2038-101CL  
02/29/16-03/01/16  
MTWTHF  
PSC 116  
D Blackford

CIVILIAN FIREARMS

CIVILIAN FIREARMS PRACTICE – 3 HRS
This is a structured handgun practice session. Instructors are present for assistance in enhancing skills and accuracy. The on-campus firing range is located adjacent to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students are required to wear long pants and closed-toe shoes while on the range. The minimum age is 18.

Cost:  
In district: $32  
Out of district: $37
SYN: 1536 CIVI-7001-201CL  
01/07/16-01/07/16  
D Blackford

SYN: 1538 CIVI-7001-202CL  
01/21/16-01/21/16  
D Blackford

SYN: 1539 CIVI-7001-203CL  
02/04/16-02/04/16  
D Blackford

SYN: 1541 CIVI-7001-204CL  
02/18/16-02/18/16  
D Blackford

SYN: 1542 CIVI-7001-205CL  
03/03/16-03/03/16  
D Blackford

SYN: 1543 CIVI-7001-206CL  
03/24/16-03/24/16  
D Blackford

SYN: 1545 CIVI-7001-207CL  
04/07/16-04/07/16  
D Blackford

SYN: 1546 CIVI-7001-208CL  
04/21/16-04/21/16  
D Blackford

SYN: 1547 CIVI-7001-209CL  
05/05/16-05/05/16  
D Blackford

SYN: 1548 CIVI-7001-210CL  
05/19/16-05/19/16  
D Blackford

CONCEALED HANDGUN LICENSE – 5 HRS
This course is designed for persons desiring to qualify to obtain a permit to carry a concealed handgun. Course topics are those required by the state of Texas. State law requires passing a written test and demonstrated proficiency with the handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, range fee and safety equipment is included in tuition. All students are required to wear long pants and closed-toe shoes while on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost:  
In district: $97  
Out of district: $102
SYN: 1459 CIVI-7003-101CL  
01/09/16-01/09/16  
D Blackford

SYN: 1460 CIVI-7003-102CL  
02/06/16-02/06/16  
D Blackford

SYN: 1461 CIVI-7003-103CL  
03/05/16-03/05/16  
D Blackford

SYN: 1462 CIVI-7003-104CL  
04/02/16-04/02/16  
D Blackford

SYN: 1522 CIVI-7003-105CL  
05/07/16-05/07/16  
D Blackford

FIRST-STEP BASIC HANDGUN – 8 HRS
This course is for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and provide knowledge in selecting one. There will be a strong emphasis on safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost:  
In district: $82  
Out of district: $87
SYN: 1526 CIVI-7004-202CL  
02/22/16-02/23/16  
D Blackford

SYN: 1528 CIVI-7004-203CL  
03/28/16-03/29/16  
D Blackford

SYN: 1531 CIVI-7004-205CL  
05/23/16-05/24/16  
D Blackford

Save This Schedule!

CE offers hundreds of classes.
One is just right for you!
FIRST-STEP BASIC HANDGUN (LADIES ONLY) - 8 HRS
This course is for beginners interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and provide knowledge in selecting one. There will be a strong emphasis on safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. LADIES-ONLY CLASS.

Cost: In district: $82 Out of district: $87
SYN: 1525 CIVI-7004-201CL 01/25/16-01/26/16 MT
06:00PM-10:00PM FIR 107 D Blackford
SYN: 1530 CIVI-7004-204CL 04/25/16-04/26/16 MT
06:00PM-10:00PM FIR 107 D Blackford

INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS
This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a concealed handgun license. Student must provide own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost: In district: $202 Out of district: $207
SYN: 1533 CIVI-7005-201CL 02/15/16-02/17/16 MTW
06:00PM-10:00PM FIR 107 D Blackford
SYN: 1534 CIVI-7005-202CL 04/18/16-04/20/16 MTW
06:00PM-10:00PM FIR 107 D Blackford

BASIC TACTICAL RIFLE – 12 HRS
This course will introduce students to the tactical rifle. Students will build a strong foundation with their rifle while becoming safe and confident in their skill level. This is a great course for the shooter wanting to learn the fundamentals of a rifle and build skills for advanced shooting. Students will learn firearms safety, nomenclature, fundamentals of shooting, loading and unloading procedures, zeroing procedures, malfunction clearing, shooting positions, multiple target engagements, moving and shooting. Students will need to provide their own rifle in 5.56 or .223, a sling and at least two magazines. Ammunition, range fees, targets and safety equipment are included in the tuition. All students must wear long pants and closed-toe shoes on the range.

Cost: In district: $200 Out of district: $205
SYN: 1550 CIVI-7009-201CL 01/11/16-01/13/16 MTW
06:00PM-10:00PM FIR 107 D Blackford
SYN: 1552 CIVI-7009-202CL 03/07/16-03/09/16 MTW
06:00PM-10:00PM FIR 107 D Blackford
PROFESSIONAL DEVELOPMENT

CHILD DEVELOPMENT

CHILDREN AND THEIR DEVELOPMENT – 7 HRS
Explore the basics of children’s developmental stages from birth to age 5. This class meets the Core Competency Area for Supporting Skill Development and Child Growth and Development.
Cost: In district: $25 Out of district: $30
 SYN: 1356 CDEC-1032-100CL 02/06/16-02/06/16  S
08:30AM-04:30PM TVB 1647  T McGinty-Grimes

MARKETING 101 – 7 HRS
Need to increase your enrollment? Participants will explore inexpensive ways to effectively market their centers including lead generation and social media. Participants will leave with a solid marketing plan ready to implement. This class meets the Core Competency Area for Administration.
Cost: In district: $25 Out of district: $30
 SYN: 1357 CDEC-1032-108CL 02/13/16-02/13/16  S
08:30AM-04:30PM TVB 1310  T Davis

TEACHING DIVERSITY IN THE EARLY CHILDHOOD CLASSROOM – 7 HRS
Participants will explore ways to celebrate diversity through experiences and social interactions. This class will help integrate diversity into the early childhood setting. This class meets the Core Competency Area for Diversity Dual Language Learners.
Cost: In district: $25 Out of district: $30
 SYN: 1359 CDEC-1032-114CL 02/13-16-02/13/16  S
08:30AM-04:30PM TVB 1647  U Flores

CREATIVE CURRICULUM – 7 HRS
Curriculum choice and implementation affects the quality of care for infants and toddlers. Participants will learn how to provide care while nurturing children’s growth and development through appropriate curriculum. This class meets the Core Competency Area for Learning Environments, Planning Framework, Curriculum and Standards.
Cost: In district: $25 Out of district: $30
 SYN: 1361 CDEC-1032-110CL 02/20/16-02/20/16  S
08:30AM-04:30PM TVB 1647  E Plasek

“OH NO, YOU DIDN’T” – 7 HRS
Caregivers are faced with moral and ethical dilemmas every day. We will apply the NAEYC Code of Ethical Conduct to difficult real-life situations involving families, colleagues, management, child behavior and learning. This class meets the Core Competency Area for Professionalism and Ethics.
Cost: In district: $25 Out of district: $30
 SYN: 1364 CDEC-1032-102CL 02/27/16-02/27/16  S
08:30AM-04:30PM TVB 1647  T Davis

OBSERVING AND ASSESSING – 7 HRS
Explore techniques and strategies for observing and assessing children. Participants will use assessments to enhance learning environments. This class meets the Core Competency Area for Observation and Assessment.

MARKETING 101 – 7 HRS
Need to increase your enrollment? Participants will explore inexpensive ways to effectively market their centers including lead generation and social media. Participants will leave with a solid marketing plan ready to implement. This class meets the Core Competency Area for Administration.
Cost: In district: $25 Out of district: $30
 SYN: 1357 CDEC-1032-108CL 02/13/16-02/13/16  S
08:30AM-04:30PM TVB 1310  T Davis

FAMILY INVOLVEMENT – 7 HRS
This class goes beyond how local organizations help families in need. Participants will explore how community relationships can provide learning experiences that have a lasting impact on children, improve staff morale and increase enrollment. This class meets the Core Competency Area for Family and Community Relationships.
Cost: In district: $25 Out of district: $30
 SYN: 1374 CDEC-1032-109CL 03/12/16-03/12/16  S
08:30AM-04:30PM TVB 1647  U Flores

GUIDANCE NOT DISCIPLINE – 7 HRS
Discover how everyday interactions with children have a powerful impact on their development and learning. Learn how conversations can help children extend their learning, expand their problem-solving skills and connect to their world. This class meets the Core Competency Area for Responsive Interactions and Guidance.
Cost: In district: $25 Out of district: $30
 SYN: 1376 CDEC-1032-115CL 04/02/16-04/02/16  S
08:30AM-04:30PM TVB 1647  T McGinty-Grimes

CHILD ABUSE AND NEGLECT – 7 HRS
Preventing child abuse is everyone's responsibility. This training helps students understand the typical profile of child abusers as well as the various forms and aspects of neglect and abuse, including SIDS and shaken baby syndrome. This class meets the Core Competency Area for Health, Safety and Nutrition.
Cost: In district: $25 Out of district: $30
 SYN: 1378 CDEC-1032-106CL 04/09/16-04/09/16  S
08:30AM-04:30PM TVB 1647  E Plasek

DIVERSITY, MORE THAN ETHNIC CELEBRATION – 7 HRS
It's important for educators to look at the world through a fresh set of lenses. Participants will explore diversity and leave this class with a broader view of society. This class meets the Core Competency Area for Diversity Dual Language Learners.
Cost: In district: $25 Out of district: $30
 SYN: 1381 CDEC-1032-135CL 04/16/16-04/16/16  S
08:30AM-04:30PM TVB 1647  T Davis
## OSHA 10-HOUR – GENERAL INDUSTRY (ENGLISH) – 12 HRS
This course meets the OSHA 10-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 10-hour card. This training teaches entry-level general industry workers about their rights and employer responsibilities and how to identify, prevent and abate job-related hazards. Training topics include an introduction to OSHA, personal protective equipment, walking and working surfaces, fall protection, emergency action plans, fire prevention plans, exit routes, electrical safety, hazard communication, machine guarding and materials handling.

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## OSHA 30-HOUR – GENERAL INDUSTRY (ENGLISH) – 32 HRS
This course meets the OSHA 30-hour outreach requirement. Students who successfully pass the course will receive a completion certificate and an OSHA 30-hour card. This training for general industry workers with some safety responsibility. The course will emphasize hazard identification, avoidance, control and prevention. Topics will include an introduction to OSHA, employer and employee rights and responsibilities, managing safety and health, walking and working surfaces, fall protection, exit routes, emergency action plans, fire prevention plans, electrical safety, personal protective equipment, materials handling, hazard communication, flammable and chemical hazards, machine guarding, introduction to industrial hygiene, permit-required confined spaces, control of hazardous energy sources (lockout/tag-out), respiratory protection and bloodborne pathogens. A copy of 29 CFR 1910 is included in the registration fee.

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<th>Cost: In district: FREE</th>
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## Center for Risk Management

### OSHA RECORDKEEPING – 8 HRS
This course will review the requirements for recording injuries or illnesses on your OSHA Log 300 through case studies and a workshop to improve your skills in identifying recordable incidents. The latest updates to the OSHA standard and proposed changes will also be discussed.

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### FOCUS 4 CONSTRUCTION SAFETY – 8 HRS
This course provides an introduction to the Focus 4 Hazards in Construction – electrocutions, falls from heights, being caught in or between, and being struck by hazards. This course will provide a variety of construction scenarios and workshops for students to learn and apply effective training techniques on the worksite.

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### HEARING CONSERVATION – 8 HRS
Learn from a licensed audiologist the practical approach to controlling noise and preserving hearing in the workplace. The course will discuss the principles of noise, noise measurement, engineering controls, hearing-protective devices and noise-measurement equipment. It will also discuss how to determine the average standard threshold shift, temporary shift and short-term shift.

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### Open Enrollment in Lifelong Learning & 50 Plus Program

SENR (Senior) trips are only available to students age 50 and older. Extended travel trips are not limited to 50 or older.
SAFETY FOR CONFINED SPACE ENTRY – 8 HRS
This course utilizes the OSHA 29 CFR 1910.146 permit-required confined space standard for general industry to show students how to maximize safety in a confined space. After completing this course students will understand the scope and application of OSHA’s confined-space entry standards, identify confined spaces and determine if they are permit required, develop and maintain permits, know the responsibilities of entrants, identify when to utilize alternate entry and reclassification procedures, understand the requirements of rescue and emergency services and understand the general use and limitations of related equipment.
Cost:  In district: FREE  Out of district: FREE
SYN: 1396 OSHT-1071-105CL 03/04/16-03/04/16  F
08:00AM-05:00PM  GCSI 112  J Cherry

HEAT STRESS AWARENESS – 8 HRS
Heat-related illnesses have been a focus for OSHA for the past few summers. In this course we will discuss the signs and symptoms of heat-related illnesses, discuss how to treat employees who are displaying these signs and symptoms, and share best practices for heat-safety programs gathered from industries around the Houston area.
Cost:  In district: FREE  Out of district: FREE
SYN: 1397 OSHT-1071-106CL 04/01/16-04/01/16  F
08:00AM-05:00PM  GCSI 112  C Lewis

SAFETY AUDITING AND COMPLIANCE – 8 HRS
Safety audits are used to identify suspected problems or to evaluate compliance status. This course focuses on the process of conducting occupational, health, environmental and safety audits. Students will learn the philosophy and purpose behind the auditing process and how to receive and review auditing documentation covered by the Occupational Safety and Health Administration regulations and compliance. Additionally, students will learn how to present and manage information gathered in audits to maximize the inspection process and learn how to create and customize audit checklists for their specific industry and job scope.
Cost:  In district: FREE  Out of district: FREE
SYN: 1399 OSHT-1071-107CL 04/15/16-04/15/16  F
08:00AM-05:00PM  GCSI 112  G Smith

HAZARDOUS MATERIAL HANDLING – REGULATIONS NOT USUALLY CONSIDERED – 8 HRS
The safe storage and handling of hazardous materials are subject to OSHA regulations on employee safety, EPA regulations for community safety, NFPA for state and local fire regulations, and the Department of Transportation for transportation of hazardous material. This class addresses important, but not usually considered, regulations and shows how proper hazardous material handling plays a significant role in homeland security. After this training attendees will be able to explain what a TWIC card is and when it is required, determine how to develop a Hazardous Materials Security Plan, ensure an operation complies with shipping regulations and determine if an operation handles hazardous materials.
Cost:  In district: FREE  Out of district: FREE
SYN: 1400 OSHT-1071-108CL 05/06/16-05/06/16  F
08:00AM-05:00PM  GCSI 112  J Christy

SEVERE WEATHER SAFETY – 8 HRS
Learn from a chief meteorologist how to spot severe weather including hail, damaging winds and tornadoes, how to report this to the National Weather Service, and how to be storm ready. Participants will gain insight on how to spot severe weather and how to differentiate between severe and non-severe situations. The second portion of the course focuses on preparation for severe weather, safety procedures during severe weather events, and safety hazards during aftermath and recovery. It emphasizes safety in the workplace as well as at home. The course objective is to increase awareness and knowledge of severe weather in order to decrease injuries, property damage and deaths.
Cost:  In district: FREE  Out of district: FREE
SYN: 1401 OSHT-1071-109CL 05/20/16-05/20/16  F
08:00AM-05:00PM  GCSI 112  C Lewis

Effective Nov. 30, 2015
Continuing Education Registration will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce. COM Admissions is no longer registering CE students.
Acceptable forms of registration payment: Credit and debit cards, money order and check. Cash cannot be accepted.
50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.
WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL I – 24 HRS
Do you know what OSHA regulations apply to your business or what OSHA requirements may impact your organization? The Gulf Coast Safety Institute’s Small Business Safety and Health Center offers a free online curriculum to help you understand the requirements as they apply to any small business. Once you complete this course, you will have the fundamental knowledge required to develop, implement and manage the safety processes related to your organization. You will also prepare a few of the minimum documents that your organization needs for OSHA compliance. All students enrolling in their first Internet course at COM must complete the New Student Orientation and Online Learner Workshop prior to beginning this course. Students should contact the instructor via email to schedule their orientation at smallbusinesssafety@com.edu.

Cost:  
In district:  FREE  Out of district:  FREE
SYN: 1368 OSHT-1091-201IN  01/01/16-06/30/16
Internet  G Sharpe
SYN: 1370 OSHT-1091-202IN  02/01/16-07/31/16
Internet  G Sharpe
SYN: 1372 OSHT-1091-203IN  03/01/16-08/31/16
Internet  G Sharpe
SYN: 1373 OSHT-1091-204IN  04/01/16-09/30/16
Internet  G Sharpe
SYN: 1375 OSHT-1091-205IN  05/01/16-10/31/16
Internet  G Sharpe

WORKPLACE SAFETY FOR SMALL BUSINESS OWNERS, MANAGERS AND SUPERVISORS LEVEL II – 36 HRS
Level II is taking it to the next step. In this online curriculum, you will address industry-specific requirements that you need to follow to avoid OSHA citations and keep your employees safe. Level II focuses on general industry compliance requirements and is customizable to any industry. Once you complete this program, you will have a safety and health program crafted specifically to your business that will assist your business in meeting OSHA-compliance goals and objectives. All students enrolling in their first Internet course at COM must complete the New Student Orientation and Online Learner Workshop prior to beginning this course. Students should contact the instructor via email to schedule their orientation at smallbusinesssafety@com.edu.

Cost:  
In district:  FREE  Out of district:  FREE
SYN: 1377 OSHT-1091-213IN  01/01/16-06/30/16
Internet  G Sharpe
SYN: 1379 OSHT-1091-214IN  02/01/16-07/31/16
Internet  G Sharpe
SYN: 1380 OSHT-1091-215IN  03/01/16-08/31/16
Internet  G Sharpe
SYN: 1382 OSHT-1091-216IN  04/01/16-09/30/16
Internet  G Sharpe
SYN: 1383 OSHT-1091-217IN  05/01/16-10/31/16
Internet  G Sharpe

LIFELONG LEARNING

FITNESS CLASSES

DANCE: TEXAS TWO-STEP – 12 HRS
This fast-paced, high-energy dance style is fun and exciting. Participants will learn dance moves including turns, sweetheart wraps and spins. Individuals may join this class at any time during the semester. Student ID will be required. Class will not meet on 3/14/16.

Cost:  
In district:  $34  Out of district:  $39
SYN: 1463 EXER-7008-201CL  01/25/16-04/18/16  M 07:00PM-08:00PM  GYM 112B  B Whistler

NEW  
EXERCISE: DANCE-SWING COLLECTION – 12 HRS
This course will cover Jitterbug, Triple Swing (East Coast Swing) and West Coast Swing. Students will learn steps, how to lead and follow and how to dance socially. Students will need to wear footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/16/16.

Cost:  
Senior:  $15  In district:  $34  Out of district:  $39
SYN: 1506 SENR-7051-101CL  01/20/16-04/13/16  W 06:45PM-07:45PM  GYM 112B  S Busby

NEW  
NEW EXERCISE: DANCE: LATIN SOCIAL DANCING – 12 HRS
This course covers the cha-cha, salsa and bachata. Students will learn steps, how to lead and follow and how to put steps together to dance socially. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/16/16.

Cost:  
Senior:  $15  In district:  $34  Out of district:  $39
SYN: 1507 SENR-7052-T01CL  01/20/16-04/13/16  W 08:00PM-09:00PM  GYM 112B  S Busby

EXERCISE: LINE DANCING – 24 HRS
Line dancing involves performing patterned foot movements and moving in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/15/16 or 3/17/16.

Cost:  
Senior:  $15  In district:  $42  Out of district:  $47
SYN: 1509 SENR-7006-201CL  01/19/16-04/14/16  TTH 05:30PM-06:30PM  GYM 112B  P Horton
SYN: 1510 SENR-7006-202CL  01/19/16-04/14/16  TTH 06:45PM-07:45PM  GYM 112B  P Horton
EXERCISE: PILATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. **Class will not meet on 3/15/16 or 3/17/16.**

Cost: Senior: $15
In district: $42
Out of district: $47
SYN: 1511 SENR-7075-101CL
01/19/16-04/14/16
TTH
04:15PM-05:15PM
GYM 005
L Bingrong

**KEISER SPIN CLASS – 24 HRS**
Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Participants learn cycling techniques and tips. Individuals may join this class at any time during the semester. The class is limited to 12 students. Student ID will be required. **Class will not meet on 3/15/16 or 3/17/16.**

Cost: In District: $52
Out of District: $57
SYN: 1464 EXER-7053-202CL
01/19/16-04/14/16
TTH
05:30PM-06:30PM
TBA
A Johnson Galdamez

EXERCISE: TAI CHI (BEGINNER) – 24 HRS
If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience relaxation and increased energy. This course will introduce you to the Yang style Tai Chi short form and some of the Chinese breathing exercises call Chi-Kung.

**Class will not meet on 3/15/16 or 3/17/16.**

Cost: Senior: $15
In district: $42
Out of district: $47
SYN: 1515 SENR-7078-101CL
01/19/16-04/14/16
TTH
12:00PM-01:00PM
GYM 005
L Bingrong

**EXERCISE: TAI CHI II (INTERMEDIATE) – 24 HRS**
What you learned in Tai Chi Beginner will be used to advance in the Yang style and various Chi-Kung exercises. Learn the Eight Pieces of Silk Brocade and Chi-Kung routine that dates back to the eighth century.

**Class will not meet on 3/15/16 or 3/17/16.**

Cost: Senior: $15
In district: $42
Out of district: $47
SYN: 1513 SENR-7079-101CL
01/19/16-04/14/16
TTH
10:45AM-11:45AM
GYM 005
L Bingrong

EXERCISE: TOTAL BODY FITNESS – 24 HRS
Participants will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes. **Class will not meet on 3/14/16 or 3/16/16.**

Cost: Senior: $15
In district: $42
Out of district: $47
SYN: 1518 SENR-7070-101CL
01/25/16-04/20/16
MW
09:45AM-10:45AM
GYM 005
A Johnson Galdamez

EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight, and a healthier body composition. Participants do not have to be strong in order to do weight training exercises; participants will get stronger by performing weight training exercises. Participants will need a clipboard, pencil, water bottle, hand towel and weight gloves with wraparound wrist support and wear comfortable, loose-fitting clothes. **Class will not meet on 3/15/16 or 3/17/16.**

Cost: Senior: $15
In district: $42
Out of district: $47
SYN: 1519 SENR-7076-102CL
01/19/16-04/14/16
TTH
07:15AM-08:15AM
GYM 132
A Johnson Galdamez

MEMBERSHIPS AND RECREATION

**OBTAINING MEMBERSHIPS**

- Community annual fitness memberships are no longer available.
- Community fitness memberships can be obtained for a semester (Fall, Spring, or Summer) or a month.
- Community memberships may be purchased at the Continuing Education Office in the Technical-Vocational Building, Room TVB-1475 or by calling 409-933-8586.
- Please bring paid receipt to the gym front lobby to get gym card or to update existing gym card.
- Community refunds are not available after the membership period has started. Please refer to the refund policy on page 3.
- Lost or replacement IDs cost $5.

**ADULT FITNESS MEMBERSHIPS**

Cost: In district: $40
Out of district: $45
SYN: 1339 FIT-1111-ADSM (Semester Membership) 01/04/16-05/31/16 MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

**YOUTH FITNESS MEMBERSHIPS**

Cost: In district: $30
Out of district: $35
SYN: 1340 FIT-2222-YOUSM (Semester Membership) 01/04/16-05/31/16 MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM

**50 PLUS FITNESS MEMBERSHIPS**

Cost: In district: $30
Out of district: $35
SYN: 1341 FIT-3333-SRSM (Semester Membership) 01/04/16-05/31/16 MTWTH 06:00AM-10:00PM
F 06:00AM-07:00PM
SSU 09:00AM-03:00PM
MONTHLY PASS
This pass provides access to the gym for one month, beginning on the first day of the month and ending on the last day of the month. Monthly passes must be purchased in the Continuing Education Office.

Hours: Monday-Thursday 06:00AM-10:00PM
      Friday 06:00AM-07:00PM
      Saturday and Sunday 09:00AM-03:00PM

Cost:  In district: $25  Out of district: $30

MONTHLY PASS

VOLLEYBALL LEAGUES
COM will host adult volleyball leagues open to students and the community. The leagues will have 6-on-6 and 4-on-4 play. All leagues are coed. There will be a league championship at the end of the season. The first practice night will be Jan. 21, 2016, from 6:30-8 p.m. Price is per team registration.

VOLLEYBALL – A LEAGUE – 26 HRS
Cost:  In district: $225  Out of district: $230
SYN: 1336 WELL-5088-204CL 01/28/16-05/05/16 TH 06:00PM-08:00PM GYM 122

VOLLEYBALL – B LEAGUE – 26 HRS
Cost:  In district: $225  Out of district: $230
SYN: 1337 WELL-5088-205CL 01/28/16-05/05/16 TH 08:00PM-10:00PM GYM 122

VOLLEYBALL – CO-ED 4’S LEAGUES – 26 HRS
Cost:  In district: $150  Out of district: $155
SYN: 1338 WELL-5088-206CL 01/26/16-05/03/16 T 07:00PM-09:00PM GYM 122

LOCKER RENTAL:
Please check on long locker availability at the front desk. Cost is $20 per year. Small lockers are free.

Daily Pass: Effective Sept. 1, 2015
$15 (Credit or Debit – MasterCard, Visa and Discover)
No cash is accepted in the gym.

Hours:  Monday – Thursday 6 a.m. - 10 p.m.
        Friday 6 a.m. - 7 p.m.
        Saturday – Sunday 9 a.m. - 3 p.m.

WORKOUT FACILITIES:
• Cardio and weight rooms (P-119, P-120, P-132, and P-149)
• Cybex weight equipment
• Hammer Strength equipment
• Precor Cardio equipment

OTHER AMENITIES:
• Gym floor (courts), basketball, volleyball, indoor soccer and badminton
• Racquetball court
• Dry sauna
• Keiser spin room
• Rip 60 suspension
• Jogging track and trail
• Locker rooms and locker rental
• Other indoor sporting activities equipment

Open Enrollment in Lifelong Learning & 50 Plus Program
SENr (Senior) trips are only available to students age 50 and older.

Extended travel trips are not limited to 50 or older.

www.facebook.com/comcontinuinged

LIKE US ON

www.com.edu/ce
College of the Mainland Life Long Learning Program CE presents

Southern California & Queen Mary Getaway

6 Days April 10-15, 2016

Day 1: Welcome to L.A. - Long Beach - Queen Mary
Welcome to beautiful Southern California. Transfer to the legendary Queen Mary, your home for the next five nights and once the grandest ocean liner in the world and now a full-service hotel, historical landmark, and entertainment venue. Offering a unique glimpse into a bygone era when steamships were the most regal way to travel. This evening enjoy a Welcome Dinner.

Meal: (D) Overnight - Queen Mary

Day 2: L.A. City Tour - Getty Center
Today embark on a panoramic Los Angeles City Tour featuring Downtown Los Angeles, the Staples Center, Disney Hall, Beverly Hills, Rodeo Drive, Hollywood, Grauman’s Chinese Theater, the Hollywood Walk of Fame and more. Free time this afternoon for shopping and lunch on your own at the Grove and LA Farmer’s Market. Later enjoy a visit to Santa Monica and the time to explore famous Santa Monica Pier and Boardwalk. Next visit the beautiful Getty Center Museum which is privately funded by the John Paul Getty Trust. The Getty Center houses European paintings, drawings, sculptures, illuminated manuscripts, decorative arts and European and American photographs from a spectacular hilltop location overlooking Los Angeles. Return to your hotel and enjoy the evening at leisure.

Meals: (B) Overnight - Queen Mary

Day 3: Long Beach - Palos Verdes Peninsula
This morning enjoy a guided walking tour of the Queen Mary. You’ll learn about her glamorous history, art deco beauty and her historical significance as the “Grey Ghost” during WWII. Next travel along the Pacific Ocean to the Wayfarers Chapel, also known as the “glass church”, built by architect Lloyd Wright and listed on the National Registry of Historic Places and located high above the Pacific Ocean among redwood trees. Visit the Point Vicente Interpretive Center to learn about Pacific Gray whales and is one of the few spots along the California coastline where migrating Gray whales and other marine mammals can be spotted on any given day from December through April. After lunch enjoy a whale and dolphin search cruise. An opportunity to spot whales, playful dolphins, sea lions and other sea wildlife.

Meals: (B, L) Overnight - Queen Mary

Day 4: Day at Leisure
Santa Catalina Island Optional Tour
Today is at leisure to explore on your own or enjoy the full day optional tour to Santa Catalina Island. Board your ferry for a cruise to Catalina and arrive in the beautiful city of Avalon, a Mediterranean-like town just 20 miles off the coast of Long Beach. Tour the Catalina Casino, the island’s most recognizable landmark. The round Art Deco structure is surrounded by the ocean on three sides. Built in 1929, the Casino played host to dozens of Big Bands through the 30s and 40s. Walk the back halls and dressing areas where world famous musicians and Hollywood legends prepared for the performances that would make the Casino one of the most exciting entertainment venues in the country once used by Errol Flynn, Benny Goodman and Cary Grant to name a few. The Casino building is a working theater, ballroom, and concert hall to this day. Later, free time is allowed for shopping in Catalina Island quaint shops, dining at seaside restaurants or relaxing. Return to Long Beach via ferry with the evening free to relax or explore on your own.

Meal: (B) Overnight - Queen Mary

Day 5: Warner Brothers Studio - Universal City Walk - Rose Bowl Stadium Tour
Following breakfast it’s off for a “behind-the-scenes” tour of your favorite shows and movies at Warner Brothers Studio, the world’s busiest motion picture and television studio. Your Warner Brothers guided tour offers a rare and intimate glimpse into real Hollywood at work and takes you through back lot streets, sound stages, sets and craft shops. See up close how sets are constructed as well as your favorite vehicles from film and television. Next, travel to Universal City Walk located at Universal Studios with time for shopping and lunch at your leisure. Later this afternoon enjoy a guided tour of the Rose Bowl Stadium in Pasadena. The Rose Bowl Stadium has recently opened its gates to the public for guided tours and a chance to walk through a National Historic Landmark where countless moments in sports history have been made. Your guide will lead you through behind the scenes locations at the stadium, including the classic stadium seating, original 1922 locker room, the new Terry Donahue Pavilion, the Loge Lounge, the Working Press Box and more. You will learn about the iconic sports history that has taken place here at the Stadium. This evening join your fellow travelers for a Farewell Dinner.

Meal: (B,D) Overnight - Queen Mary

Day 6: Depart for Home
Today transfer to the airport for your flight home filled with wonderful memories of your Southern California & Queen Mary Getaway Tour.

Meal: (B)

Inclusions:
- Roundtrip Airfare - IAH
- 5 Nights Accommodations
- Sightseeing per Itinerary
- Admissions per Itinerary
- 8 Meals: 5B, 1L & 2D
- Hotel Transfers
- Professional Tour Director
- Motorcoach Transportation
- Baggage Handling
- Cancellation Waiver & Post Departure Plan

Accommodations:
- 5 Nights Aboard the Queen Mary

Tour Rates:
$2325 per person double**
$2825 single supplement

**Booking Discount - See flyer back for details! Save $200 per couple/$100 per person
College of the Mainland Life Long Learning Program CE presents

Cape Cod & the Islands
featuring Boston, Martha's Vineyard, Nantucket & Newport

7 days August 14 - 20, 2016

Day 1: Flight to Boston
Today fly to Boston. Upon arrival meet your Tour Director and transfer to the Doubletree Hotel Hyannis in Hyannis, Massachusetts for a leisurely six night stay.

Overnight: Hyannis, MA

Day 2: Hyannis, Plymouth & Sandwich
Today enjoy a Hyannis Tour to learn more about the history of the Kennedys and this seaside resort. Travel through Hyannis Port, home of the Kennedy Compound and see the Kennedy Memorial & St. Francis Church. Later visit Plymouth Plantation, an accurate re-creation of the Pilgrim’s 1627 village where costumed interpreters portray colony residents in this living history museum. This afternoon board the Mayflower II, a reproduction of the original ship that brought the pilgrims to the new world in 1620. Also see famous Plymouth Rock, the place where the Pilgrims first stepped ashore after a 66 day trans-Atlantic voyage. Later journey to the charming village of Sandwich. Incorporating in 1639, it is the oldest town on Cape Cod and known for its glassware. Visit the Heritage Plantation, where a collection of American ranges from early art and artifacts to horticulture, military history and a 1912 carousel. Enjoy a Welcome Dinner this evening.

Meals: (B, D) Overnight: Hyannis, MA

Day 3: Nantucket Island
This morning board a ferry and enjoy the trip to Nantucket Island. Enjoy a Nantucket Island Tour to see cobblestoned Main Street, unspoiled beaches, lone lighthouses, sea captains’ houses and art galleries all reflections of an island that some 300 years ago was the whaling capital of the world. After your tour enjoy some time at your own pace to shop or explore the yacht filled harbor and waterfront. This afternoon board a ferry and return to Hyannis.

Meal: (B) Overnight: Hyannis, MA

Day 4: Boston City Tour
Today visit the historic city of Boston. Enjoy a Boston City Tour featuring Boston Commons, the Old State House, the Old North Church from where Paul Revere got the signal to start his famous ride, the Old South Meeting House, Beacon Hill and Old Ironsides. Visit the Faneuil Hall Marketplace, located in downtown Boston near the waterfront and originally gifted to the city in 1742. Enjoy leisure time to grab a bite to eat, wander, people watch and shop. This evening enjoy dinner in Boston at a popular local restaurant then return to the Cape.

Meals: (B, D) Overnight: Hyannis, MA

Day 5: Martha’s Vineyard Tour
This morning enjoy a scenic ferry ride to Martha’s Vineyard where little has changed since European settlers arrived early in the 17th century. The island’s resident population includes writers, artists, entertainers and fishermen. Your Martha’s Vineyard Tour includes the colorful Victorian cottages of Oak Bluffs, Edgartown with its stately houses built by whaling captains, pristine beaches and colorful yacht harbors. Also view the picturesque Aquinnah Lighthouse and Gay Head. Later return via ferry.

Meal: (B) Overnight: Hyannis, MA

Day 6: Newport Sightseeing
Today visit Newport, Rhode Island, one of New England’s most delightful coastal cities and a long time favorite vacation site of affluent socialites and yachting enthusiasts. Enjoy a Newport City Tour and drive by the Touro Synagogue, the oldest synagogue in America, the International Tennis Hall of Fame and the splendid estates along Bellevue Avenue. Marvel at the extravagant lifestyle of a bygone era with a guided tour of The Breakers Mansion, the Vanderbilts’ lavishly decorated turn of the century mansion. Follow “Ten-Mile-Drive” along the magnificent rocky coast which boasts exquisite estates from the early 1900’s. Enjoy some leisure time in Newport to explore the galleries and quaint shops. Tonight’s Farewell Dinner is a traditional New England Lobster Dinner.

Meals: (B, D) Overnight: Hyannis, MA

Day 7: Hyannis - Boston Flight Home
Today transfer to the Boston airport filled with wonderful memories of your Cape Cod & the Islands Tour.

Meal: (B)

*BOOKING DISCOUNT - Deposit by May 31, 2016 by check or credit card and make your Final Payment by check & receive $200 per couple/$100 per person
College of the Mainland Life Long Learning Program CE presents

New York City Holiday

featuring 4 Nights in Manhattan, a Broadway Show & the Rockettes

5 Days  December 2 - 6, 2016

Day 1: Arrive New York City
Today depart on your flight to the New York City area. Upon arrival meet your Tour Director and transfer to your hotel in Manhattan to begin a four-night stay. New York City knows how to do the holidays like no other city in the world. Even before the first snowflakes fall, the city transforms into a magical holiday wonderland filled with lights and decorations, skaters doing figure-eights in Central Park and the Rockettes kicking up their heels at Radio City. Tonight enjoy a Welcome Dinner with your fellow travelers.

Meal - (D)  Overnight: New York City

Day 2: New York City Sightseeing
Today enjoy a New York City Tour featuring many of Manhattan's most famous attractions and areas. See Greenwich Village, Chinatown, Times Square, Little Italy, Central Park and famous landmarks like the Chrysler & Empire State Buildings and St. Patrick's Cathedral. Make a stop at Rockefeller Center, a famous venue for dining, shopping & entertainment. Also make a Christmas Store Visit to see one of Manhattan's popular stores all decked out for the season. This evening enjoy the Radio City Music Hall Rockettes Holiday Show. Since the first version in 1933, the show has become a New York City holiday season tradition featuring over 140 performers, lavish sets and costumes. After the show enjoy a brief Holiday Lights Tour featuring Rockefeller Plaza and one of the country's most famous Christmas Trees.

Meal - (B)  Overnight: New York City

Day 4: Leisure Time - Broadway Show
Today enjoy Manhattan at your leisure. Stroll through Central Park, explore the museums or shop until you drop--there's something for everyone in New York City. This evening "head out in the city" for a fun filled evening. Start with a Pre-Theatre Farewell Dinner at a popular local restaurant. Later see an exciting Broadway Show with your fellow travelers in the world's most famous theatre district.

Meal - (B,D)  Overnight: New York City

Day 5: New York City - Flight Home
Today say good-bye to the Big Apple. Fly home filled with wonderful memories of your New York City Holiday.

Meal - (B)

*BOOKING DISCOUNT - Deposit by July 31, 2016 by check or credit card and make your Final Payment by check & receive $200 per couple/$100 per person
LOCATIONS CODES

FAB  FINE ARTS BUILDING  
College of the Mainland  
1200 Amburn Rd.  
Texas City Campus  
409-933-8348

GYM  COLLEGE OF THE MAINLAND  
1200 Amburn Rd.  
Texas City Campus  
409-933-8422

HPL  HITCHCOCK PUBLIC LIBRARY  
8005 Barry Avenue  
Hitchcock, TX 77563

LRC  LEARNING RESOURCES CENTER  
1200 Amburn Rd.  
Texas City Campus  
409-933-8422

LMCR  LEARNING CENTER-DELMAR  
50 Plus Program Office  
1130 Delmar  
La Marque, TX 77568  
409-933-8226 / 409-933-8912

WJCC  WAYNE JOHNSON COMMUNITY CENTER  
4102 FM 519  
La Marque, TX 77568  
409-934-8148

CLC  COM LEARNING CENTER – NORTH COUNTY  
200 Parker Ct.  
League City, TX 77573  
281-332-1800

LIFELONG LEARNING AND 50 PLUS PROGRAM  
REGISTRATION  (formerly Senior Adult Program)

MESSAGE FROM THE DIRECTOR

Welcome to the College of the Mainland Lifelong Learning 50 Plus Program. We hope you heard the exciting news that we lowered the age of our program to everyone age 50 or older. Please continue to help us spread the word. I am also available to come speak to local groups or organizations that you are involved with to share about our program.

As you read through the pages of the Spring 2016 Schedule, you will discover some exciting changes! New classes and instructors have been added. Our program has continued to grow, and we consistently have over 1,000 students each fall and spring. Look for more changes soon!

Have you heard about our Book and Movie Community Reading Club hosted by Ami Blackwell of SpinDrift Media and Entertainment? The spring book is “The Book Thief,” a novel by Markus Zusak adapted into a film starring Geoffrey Rush, Emily Watson, Ben Schnetzer, Nico Liersch and Sophie Nélisse. We encourage participants to read the book, watch the movie with us and discuss the plot, themes and differences between the book and movie. For more information, see page 43.

Mark your calendar for these important dates:

- Nov. 30  Spring registration begins
- Jan. 19  Spring classes begin
- March 14-20  COM closed for Spring Break
- March 25-27  COM closed for Easter Holiday
- May 2  Summer registration begins
- June 1  Summer classes begin

Have you participated in any of our educational travel adventures? This is a great way to get to know other seniors and stay involved in your community. Most of our trips fill up quickly, so register soon.

YOU ASKED. WE LISTENED.  
BACK BY POPULAR DEMAND.

COM Lifelong Learning now offers Extended Travel Trips. Upcoming destinations include: Cape Cod & the Islands and New York City Holiday. Make plans to attend the travel presentations Jan. 20 and March 30 at 3:30 p.m. See details and pricing on pages 32 – 34 of this schedule. You don’t need to wait until the travel presentation to place your deposit. Call 409-933-8912 to register or for more information.

We invite you to find us on Facebook for current information, event announcements and photos: College of the Mainland 50 Plus Program, www.facebook.com/com50plus.

If you want to be added to our email distribution list to receive event announcements and reminders, please call Maegan at 409-933-8226.

As our program expands, I challenge you to try a new class, something that has piqued your curiosity or something you have always wanted to try. You might surprise yourself and make some new friends while you’re at it!
We strive to offer fun, exciting and relevant classes. If you have a suggestion for other new courses, please call me at 409-933-8226.

Alesha Vardeman Aulds
aaulds@com.edu
409-933-8432

50 PLUS PROGRAM VISION
The College of the Mainland Senior Adult Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

50 PLUS PROGRAM MISSION
The College of the Mainland 50 Plus Program’s mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society’s existing and emerging educational needs for this population.

50 PLUS PROGRAM ID CARD INFORMATION
50 Plus Program students who register for a (SENR) exercise class or 50 Plus Fitness Membership to use the gym on the main campus will be provided a free ID card to gain access into the gym facility.

All other students who want an ID to receive the benefits below must pay a one-time $5 fee. If the ID card is lost or stolen, the replacement cost is $5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card are entitled to the following COM benefits:

• Use of the COM Library
• Use of the Innovations Computer Lab in TVB-1324
• Discount on COM cosmetology services at The Salon (call 409-933-8480)
• Discount on tickets for COM Community Theatre productions and $10 tickets for preview shows (call 409-933-8345)
• Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

REGISTRATION FOR 50 PLUS PROGRAM
Registration for the Spring 2016 semester will be Monday, Nov. 30, to Friday, Dec. 18. (The Lifelong Learning Center will be closed Friday, Dec. 11, for the Annual Christmas Luncheon). Registration continues Jan. 5-15.

Register on the computers at the COM Learning Center-Delmar from Nov. 30 – Dec. 18 and Jan. 5-15. To register by phone, call 409-933-8226 or 409-933-8586. If this is your first time to register as a student age 50 or older, you must register at the Lifelong Learning Center or in the Continuing Education Office on the main campus and show proof of age.

CANCELLATION OF CLASSES
If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION
If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8226 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips following the procedures printed on the flier for each trip.

WAITING LISTS
Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8226 or 409-933-8912 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING
Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE
Need a ride from COM’s parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

OTHER FACILITY HOURS
• COM Cosmetology Lab – Gulfway Plaza Outlet Mall in La Marque Call 409-933-8480 to make an appointment.
  Open Thursday and Friday 8:30 a.m. – 5 p.m.
• Innovations Lab, TVB-1324, 409-933-8370
  Monday 7 a.m. – 8:30 p.m.
  Tuesday, Wednesday, Thursday 7 a.m. – 9:30 p.m.
  Friday 8 a.m. – noon
• Library, 409-933-8448
  Monday – Thursday 8 a.m. – 9 p.m.
  Friday 8 a.m. – 5 p.m.
  Saturday 9 a.m. – 1 p.m.
  Present an ID at the library circulation desk to obtain a library card at no cost.

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ART: BEADED FASHION JEWELRY – 36 HRS
Have a single earring after losing the other or have retro jewelry? Sign up to give old jewelry a makeover. Bring jewelry, jewelry tools, glues for metal and glass, beading wire, Tiger Tails, crimps and finishing ends. Students will learn wire wrapping and can even make jewelry for children. Due to limited space, students may be limited to one beaded jewelry class per semester. Class will not meet on 3/16/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1466 SENR-7050-101CL 01/20/16-04/13/16 W
01:00PM-03:00PM LMCR 111 B Vollmer

ART: BEADING AND JEWELRY (ADVANCED) – 36 HRS
This class will include advanced types of beading and jewelry making. Objectives will include pictures, “Bead It Forward Projects for Cancer,” necklaces and a copper bracelet. Advanced loom work and in-depth wire working will be covered. Learning how to read and use difficult patterns will be an objective of this class. Individuals can choose patterns; there is no end to what you can learn to do. Due to space, students may be limited to one beaded jewelry class per semester. Class will not meet on 3/16/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1467 SENR-7064-101CL 01/20/16-04/13/16 W
01:00AM-12:00PM LMCR 111 B Vollmer

ART: BEADING WITH DELICAS CYLINDER BEADS (ADVANCED) – 36 HRS
This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads. Participants will learn to make bracelets, wall hangings, amulet bags and other projects. For this class students will need to bring Delicas beads (only), a beading needle, thread, thread wax and a beading mat. The instructor will teach students peyote, brick, herringbone and other basic stitches. Class will not meet on 3/18/16 or 3/25/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1467 SENR-7064-101CL 01/22/16-02/22/16 F
09:00AM-12:00PM WJCC M Warling

ART: BRAZILIAN EMBROIDERY (BEGINNER) – 36 HRS
Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. Class will not meet on 3/17/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1469 SENR-7033-101CL 01/21/16-04/14/16
TH 12:00PM-03:00PM LMCR 112 C Walker

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS
Students may learn the art of crochet or of Brazilian embroidery, which uses high-sheen thread. The instructor will have supplies for Brazilian embroidery, but participants will need a #5 and #6 hoop. For crochet, participants will need size G or H crochet hook and yarn. Class will not meet on 3/17/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1468 SENR-7046-101CL 01/21/16-04/14/16 TH
09:00AM-12:00PM LMCR 112 C Walker

ART: CERAMICS (BEGINNERS) – 18 HRS
Students will learn the art of pouring, cleaning and firing ceramics as well as basic painting using acrylic paints and glazes. Students will also learn the differences between acrylic stains, glazes and underglazes plus the different type of clays and their uses. This class will include how to paint ceramic animals, statues and more. Note: At the first class students must pay a $5 fee for the six-week course to cover paints, clays and use of ceramic molds. Students can purchase ceramic items for painting from instructor or local ceramic shops. The instructor will give students a list of shops in the area.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1470 SENR-7062-101CL 01/19/16-02/23/16 T
01:00PM-04:00PM WJCC M Richards
SYN: 1471 SENR-7062-102CL 03/08/16-04/19/16 T
01:00PM-04:00PM WJCC M Richards
Class will not meet on 3/15/16.

ART: CERAMICS (INTERMEDIATE) – 18 HRS
Students will learn more painting techniques, blending colors, dry-brushing and more. Students will learn how to paint using underglazes on greenware items, how to fire, and how to clear glazes over to have beautiful glossy ceramics. Note: At the first class a $5 fee will be collected for the six-week course for the use of paints and glazes. Students can purchase any ceramic items they wish to paint from the instructor or any other ceramic shops. The instructor will give a list of local ceramic shops in the area.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1472 SENR-7063-101CL 01/22/16-02/26/16 F
09:00AM-12:00PM WJCC M Richards
SYN: 1474 SENR-7063-102CL 03/04/16-04/22/16 F
09:00AM-12:00PM WJCC M Richards
Class will not meet on 3/18/16 or 3/25/16.

REGISTRATION FOR SPRING 2016 BEGINS NOV. 30, 2015.
ART: DRAWING FROM PHOTOGRAPHS – 36 HRS
This class will combine the drawing from photographs class and basic colored pencils class. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, call the 50 Plus Program Office at 409-933-8226 or come by the office. Class will not meet on 3/17/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1475 SENR-7022-101CL 01/21/16-04/14/16 TH
01:00PM-04:00PM LMCR 111 S Karjala

ART: FUSION GLASS JEWELRY (BEGINNER) – 36 HRS
This course is a return to the fun of glass fusion techniques. Participants will create at least six pieces of jewelry, pictures, etc. No experience is required. This class works on design and new invention. The instructor will teach wire wrapping, so participants should bring jewelry tools. Students must pay a $15 consumables fee to the instructor the first class day. Due to space, students may be limited to one fusion glass class per semester. Class will not meet on 3/14/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1476 SENR-7017-101CL 01/25/16-04/18/16 M
01:00PM-04:00PM LMCR 111 B Vollmer

ART: FUSION GLASS JEWELRY (ADVANCED) – 36 HRS
Return to the fun of glass fusion techniques. Create at least six pieces of jewelry, pictures, etc. Experience is required. This class works on design and new invention. Wire wrapping will be taught, so be sure to bring those tools. Students must pay a $15 consumables fee to the instructor the first class day. Prerequisite: Three semesters of Fusion Glass Jewelry Beginner is suggested. Due to space, students may be limited to one fusion glass class per semester. Class will not meet on 3/14/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1477 SENR-7018-101CL 01/25/16-04/18/16 M
09:00AM-12:00PM LMCR 111 B Vollmer

ART: MOSAICS – 36 HRS
Participants will learn from a mosaic artist how to make modern projects. This class is for beginners and more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. A $5 supply fee will be paid to the instructor the first class day. Class will not meet on 3/18/16 or 3/25/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1478 SENR-7019-101CL 01/22/16-04/22/16 F
01:00PM-04:00PM LMCR 112 B Holmes

ART: THE ABC’S OF ACRYLICS AND MORE! – 36 HRS
This class is for beginner and intermediate students. The first two classes will focus on techniques. Remaining classes will cover painting birds, palm trees, tropical flowers, seascapes and rural landscapes. During the first class, the instructor will provide a list of supplies, which may be purchased from craft stores. The instructor will provide supplies during the first class for beginners. Class will not meet on 3/16/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1479 SENR-7037-101CL 01/20/16-04/13/16 W
09:00AM-12:00PM LMCR 112 K Kronfeld

ART: PAINTING WITH OILS – 36 HRS
Participants will work with the instructor to improve techniques and skills in oil painting. Participants may start from scratch or bring their present work. Student may bring supplies they have. The instructor will give an additional supply list at the first class.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1480 SENR-7010-101CL 01/19/16-04/12/16 T
09:00AM-12:00PM LMCR 111 L Johnson
Class will not meet on 3/15/16.
SYN: 1491 SENR-7010-102CL 01/21/16-04/14/16 TH
01:00PM-04:00PM LMCR 107 K Wells
Class will not meet on 3/17/16.

ART: PAINTING WITH WATERCOLORS – 36 HRS
Participants will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up on their techniques. A list of supplies will be provided at the first class.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1493 SENR-7035-102CL 01/21/16-04/14/16 TH
09:00AM-12:00PM LMCR 111 L Johnson
Class will not meet on 3/17/16.
SYN: 1492 SENR-7035-101CL 01/25/16-04/18/16 M
01:00PM-04:00PM LMCR 112 S Anderson
Class will not meet on 3/14/16.

ART: PAPER MACHE ANIMALS – 36 HRS
Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will advance to more challenging projects and learn to build the armature (skeleton), create the form and finish the sculpture. Class will not meet on 3/16/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1494 SENR-7040-101CL 01/20/16-04/13/16 W
01:00PM-04:00PM LMCR 112 N House

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ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36 HRS
This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with little or no experience, this practical hands-on course will teach how to operate a digital camera and save and edit images at the most basic level. Students will also discover how to print, frame and exhibit their prints at that level. Students must bring an Single Lens Reflex (SLR) or point-and-shoot camera with its manual to each class. Class will not meet on 3/14/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1495 SENR-7049-101CL 01/25/16-04/18/16 M
09:00AM-12:00PM LMCR 106

ART: PHOTOGRAPHY AS A HOBBY (EXPERIENCED) – 36 HRS
This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with more than a little experience, this practical hands-on course will teach how to operate a digital camera and save images at a level somewhat higher than in the other photography course. Students will also discover how to print, frame and exhibit their prints at a more advanced level. Students must bring an SLR or point-and-shoot camera with its manual to each class. Class will not meet on 3/14/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1496 SENR-7047-101CL 01/25/16-04/18/16 M
01:00PM-04:00PM LMCR 106

ART: STAINED GLASS (ADVANCED) – 24 HRS
This class is for students with experience in working with stained glass. Due to space, students may be limited to one stained glass class per semester. Class will not meet on 3/15/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1498 SENR-7004-101CL 01/19/16-04/12/16 T
10:30AM-12:30PM HPL P Stettler

ART: STAINED GLASS (BEGINNER) – 24 HRS
Students will learn the copper foil technique for making a stained glass project. All tools and supplies required for this class may be purchased from the instructor or at any local store. The instructor will give a supply list at the first class. Due to space, students may be limited to one stained glass class per semester. Class will not meet on 3/15/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1497 SENR-7003-101CL 01/19/16-04/12/16 T
08:00AM-10:00AM HPL P Stettler

ART: STAINED GLASS, LEAD CAME METHOD – 24 HRS
This class helps students with experience in working with stained glass learn the advanced lead came method, in which the glass is supported by metal channeling (came). Cames can come in various shapes and metals but are commonly made from lead as well as zinc, brass and copper. Cames are then soldered together at the seams to lend strength to the piece of art. This is the method used when creating large works of glass art, like windows. Caming is a lengthy and often detailed process. Due to space, students may be limited to one stained glass class per semester. Class will not meet on 3/15/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1499 SENR-7044-101CL 01/19/16-04/12/16 T
02:00PM-04:00PM HPL P Stettler

COMPUTER: ABSOLUTE BEGINNERS – 24 HRS
Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet participants where they are. The class will cover how to get a computer up and running and how to shut down safely. Students will learn to make Microsoft Windows personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class. Class will not meet on 3/18/16 or 3/25/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1500 SENR-7011-101CL 01/22/16-04/12/16 M
10:00AM-12:00PM LMCR 106 C Mickens

COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS
Students will learn the power of the computer, a valuable tool with the proper software. This class will introduce Microsoft Office applications. Using these applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use Microsoft Word, PowerPoint, Excel and Access. Students need to bring a USB flash/jump drive to class. Class will not meet on 3/18/16 or 3/25/16.
Cost: Senior: $15 In district: $42 Out of district: $47
SYN: 1501 SENR-7036-101CL 01/22/16-04/12/16 M
01:00PM-03:00PM LMCR 106 C Mickens

COMPUTER: IPAD/IPHONE (BEGINNERS) – 25 HRS
Are you thrilled to have a new iPad but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to upload apps, send email, take photos/screenshots, make videos, organize photo albums, upload iTunes cards, update calendar and address book, use maps and create documents with Pages. The class will also demonstrate how to use FaceTime, iMessage, Skype, Facebook and Twitter. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/iPhone to class, and software must be iOS 7 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets. If you have questions, call 409-933-8226. Class will not meet on 3/10/16, 3/17/16, 3/24/16 or 3/31/16.
Cost: Senior: $15 In district: $132 Out of district: $137
SYN: 1502 SENR-7045-101CL 01/21/16-04/21/16 TH
09:30AM-12:00PM LMCR 106 C Grim
SYN: 1503 SENR-7045-102CL 01/21/16-04/21/16 TH
12:30PM-03:00PM LMCR 106 C Grim

COMPUTER PROJECTS: STORYBOOKING – 24 HRS
This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Maker projects. Students will need to bring their previous photos. Class will not meet on 3/16/16.
Cost: Senior: $15 In district: $74 Out of district: $79
SYN: 1504 SENR-7034-101CL 01/20/16-04/13/16 W
09:00AM-11:00AM TBA J Hoggatt
EXERCISE: DANCE FOR HEALTH – 24 HRS
Get in shape in a fun and relaxing atmosphere. Learn the basic steps for line dancing and group dancing. Keep those legs moving and stay young! No partner required. You may join at any time if the class is not full (registered students only). Class will not meet on 3/15/16 or 3/17/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1505 SENR-7001-101CL 01/19/16-04/14/16  TTH
10:45AM-11:45AM  GYM 112B  B Whistler

EXERCISE: DANCE – SWING COLLECTION – 12 HRS
This course will cover Jitterbug, Triple Swing (East Coast Swing) and West Coast Swing. Students will learn steps, how to lead and follow, and how to dance socially. Students will need to wear footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/15/16.

Cost: Senior: $15  In district: $34  Out of district: $39
SYN: 1506 SENR-7051-101CL 01/20/16-04/13/16  W
06:45PM-07:45PM  GYM 112B  S Busby

EXERCISE: DANCE: LATIN SOCIAL DANCING – 12 HRS
This course covers the cha-cha, salsa and bachata. Students will learn steps, how to lead and follow, and how to dance socially. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/15/16.

Cost: Senior: $15  In district: $34  Out of district: $39
SYN: 1507 SENR-7052-101CL 01/20/16-04/13/16  W
08:00PM-09:00PM  GYM 112B  S Busby

EXERCISE: SIT 'N' FIT (INTERMEDIATE) – 24 HRS
This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. Class will not meet on 3/15/16 or 3/17/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1508 SENR-7002-101CL 01/19/16-04/14/16  TTH
09:30AM-10:30AM  GYM 112B  R Kennedy

EXERCISE: LINE DANCING – 24 HRS
Line dancing involves performing patterned foot movements and moving in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. Class will not meet on 3/15/16 or 3/17/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1509 SENR-7006-201CL 01/19/16-04/14/16  TTH
05:30PM-06:30PM  GYM 112B  P Horton
SYN: 1510 SENR-7006-202CL 01/19/16-04/14/16  TTH
06:45PM-07:45PM  GYM 112B  P Horton

EXERCISE: PATES – 24 HRS
Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance to the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine in order to decrease tension, increase flexibility and strengthen the body from the inside out. Class will not meet on 3/15/16 or 3/17/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1511 SENR-7075-101CL 01/19/16-04/14/16  TTH
04:15PM-05:15PM  GYM 005  S Deshotel

EXERCISE: RHYTHMIC STRENGTHENING AND STRETCHING – 24 HRS
This class will combine yoga, Pilates and low-impact interval exercises set to music. This class is for students needing a slower-paced exercise class. The instructor will work with the student for exercise modification, if needed. Class will not meet on 3/14/16 or 3/16/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1512 SENR-7080-101CL 01/25/16-04/20/16  MW
08:30AM-09:30AM  GYM 005  A Johnson Galdamez

EXERCISE: TAI CHI (BEGINNER) – 24 HRS
If you value feeling good and desire to be physically and mentally healthy, learn Tai Chi and experience relaxation and increased energy. This course will introduce you to the Yang-style Tai Chi short form and some of the Chinese breathing exercises called Chi-Kung.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1515 SENR-7078-101CL 01/19/16-04/14/16  TTH
12:00PM-01:00PM  GYM 005  L Bingrong
Class will not meet on 3/15/16 or 3/17/16.

SYN: 1516 SENR-7078-102CL 01/25/16-04/20/16  MW
11:15AM-12:15PM  GYM 005  L Bingrong
Class will not meet on 3/14/16 or 3/16/16.

EXERCISE: TAI CHI II (INTERMEDIATE) – 24 HRS
What students learned in Tai Chi Beginner will be used to execute an exercise program consisting of the Yang style and various Chi-Kung exercises. Learn the Eight Pieces of Silk Brocade and Chi-Kung routine that dates back to the eighth century. Class will not meet on 3/15/16 or 3/17/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1513 SENR-7079-101CL 01/19/16-04/14/16  TTH
10:45AM-11:45AM  GYM 005  L Bingrong

EXERCISE: TOTAL BODY FITNESS – 24 HRS
Participants will learn to properly and safely stretch, warm up, and perform abdominal and upper and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes. Class will not meet on 3/14/16 or 3/16/16.

Cost: Senior: $15  In district: $42  Out of district: $47
SYN: 1518 SENR-7070-101CL 01/25/16-04/20/16  MW
09:45AM-10:45AM  GYM 005  A Johnson Galdamez
### EXERCISE: WEIGHT TRAINING – 24 HRS
Participants will learn to safely and properly perform a circuit weight-training program, which should result in reduced resting blood pressure, increased muscle and decreased fat, a lower body weight and a healthier body composition. Participants do not have to be strong in order to do weight training exercises; participants will get stronger by performing weight training exercises. Participants will need a clip board, pencil, water bottle, hand towel and weight gloves with wraparound wrist support and wear comfortable, loose-fitting clothes. Students may only sign up for one weight training class per semester. **Class will not meet on 3/15/16 or 3/17/16.**

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<td>GYM 149</td>
<td>B Lambert</td>
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<td>GYM 149</td>
<td>B Lambert</td>
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### EXERCISE: YOGA – 35 HRS
Participants will learn the art of slow-measured movements to develop strong muscles, agility and flexibility, which will reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done in the chair and on the floor. Due to limited space, students will be limited to one yoga class per semester. **Class will not meet on 2/15/16, 3/14/16, 3/15/16 or 3/16/16.**

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<td>01/25/16-04/20/16</td>
<td>F</td>
<td>01:00PM-02:00PM</td>
<td>GYM 132</td>
<td>A Johnson Galdamez</td>
</tr>
</tbody>
</table>

### LIFE STORY WRITING – 24 HRS
Everyone has a story to tell, and all of our stories matter! Our children and great-grandchildren will enjoy them for years to come. Creative writing tips will be presented and editing help offered. **Class will not meet on 3/15/16.**

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
</tr>
</thead>
<tbody>
<tr>
<td>LMCR-105</td>
<td>01/25/16-04/20/16</td>
<td>T</td>
<td>11:00AM-12:00PM</td>
<td>GYM 132</td>
<td>A Johnson Galdamez</td>
</tr>
<tr>
<td>LMCR-106</td>
<td>01/25/16-04/20/16</td>
<td>T</td>
<td>08:00AM-09:00AM</td>
<td>GYM 132</td>
<td>A Johnson Galdamez</td>
</tr>
<tr>
<td>LMCR-107</td>
<td>01/25/16-04/20/16</td>
<td>T</td>
<td>01:00PM-02:00PM</td>
<td>GYM 132</td>
<td>A Johnson Galdamez</td>
</tr>
</tbody>
</table>

### SEWING: BASIC AND BEYOND QUILTING (BEGINNER) – 36 HRS
This class is designed for beginners with little or no experience with sewing machines or quilting. Those who need help with a sewing project or who want to start a new one can join this class to learn how to complete it. Participants will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students may bring their own projects or supplies. **Class will not meet on 3/15/16.**

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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</thead>
<tbody>
<tr>
<td>SYN: 1529</td>
<td>01/19/16-04/12/16</td>
<td>T</td>
<td>09:00AM-12:00PM</td>
<td>WJCC</td>
<td>C Walker</td>
</tr>
</tbody>
</table>

### SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 36 HRS
Students needing help with a current sewing or quilting project, or those wanting to start a new project, can join this class to learn how to complete a project. Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students will bring their own supplies. Prerequisite: Three semesters of quilting is suggested. **Class will not meet on 3/15/16.**

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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</thead>
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<td>T</td>
<td>01:00PM-04:00PM</td>
<td>LMCR-112</td>
<td>C Walker</td>
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</table>

### LECTURES

#### LECTURE: EXTENDED TRAVEL PRESENTATION
A representative from Premier World Travel will present a slideshow of upcoming extended travel trips to Southern California on the Queen Mary ocean liner and to Cape Cod and the Islands, featuring Boston, Martha’s Vineyard, Nantucket and Newport Beach. For details of upcoming trips, see pages 32 – 34. For more information, please call 409-933-8912.

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
<th>Instructor</th>
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<tbody>
<tr>
<td>SYN: 1535</td>
<td>01/20/16-01/20/16</td>
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<td>03:00PM-05:00PM</td>
<td>LMCR-106</td>
<td>A Johnson Galdamez</td>
</tr>
</tbody>
</table>

#### LECTURE: AARP DRIVER SAFETY COURSE
This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. This is a certified course recognized by most major insurance companies for discounted rates. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This class gives seniors tools for safer driving techniques to compensate for age-related problems. **NOTE:** This is not a ticket dismissal class. The certificate fee is $15 for students with AARP membership cards, $20 for non-members. This will be collected by the instructor at the beginning of the class. Barbara Cook teaches. **Open to anyone age 50 or older.**

<table>
<thead>
<tr>
<th>Class Code</th>
<th>Session Dates</th>
<th>Days of Class</th>
<th>Time</th>
<th>Location</th>
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<tr>
<td>SYN: 1559</td>
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<td>TH</td>
<td>08:30AM-12:30PM</td>
<td>LMCR-107</td>
<td>C Walker</td>
</tr>
</tbody>
</table>
YOU ASKED.
WE LISTENED.

COM Lifelong Learning proudly announces the return of extended travel trips.

Upcoming Destinations:

Southern California & Queen Mary Getaway
Cap Cod & the Islands featuring Boston, Martha’s Vineyard, Nantucket and Newport Beach
New York City Holiday

Travel Presentations
Jan. 20 & March 30, 2016
3:30 p.m.
1130 Delmar, La Marque

See pages 32 – 34 for details and pricing for each trip.

These trips are not limited to adults over 50.

For more information or to register, call 409-933-8912.

LECTURE: GENEALOGY – OVERVIEW AND LIBRARY OPPORTUNITIES
Students will learn about upcoming trips to genealogical libraries and will learn the basic method for studying genealogy. During upcoming trips students may discover birth, marriage or death records along with probate records and wills. Libraries are full of our ancestors’ records. It’s up to the student to learn to dig a little deeper and develop persistence and techniques along the way. Debbie Cothern teaches.
Cost: FREE
SYN: 1540 SENR-7098-103CL 01/27/16-01/27/16 W 01:00PM-03:00PM LMCR-106 D Cothern

LECTURE: TIPS ON HOW TO PREPARE ARTWORK FOR A SHOW
This session is designed to help artists who want to enter artwork into art shows and juried exhibitions. Topics will include how to select a frame that complements your work, how to properly frame your work, acceptable hanging methods and matching the surface to the medium. Nikki Thompson and Alicia Boles of Affaire d’ Art teach this class.
Cost: FREE
SYN: 2108 SENR-7098-113CL 02/10/16-02/10/16 W 01:00PM-03:00PM TBA

LECTURE: PERSONAL SAFETY AND SECURITY AWARENESS
This session is designed familiarize senior adults with their surroundings in a common-sense approach to security at home and in public. Discussion will include everyday activities such as sending and receiving mail, receiving invited and uninvited guests at the door, lighting inside and outside your home, Internet safety, self-protection, roadside assistance and awareness of the latest scams. Conducted by Frank Walker, CEO of All For One Investigations and Security, retired military and former Air Force One security consultant.
Cost: FREE
SYN: 1544 SENR-7098-104CL 02/17/16-02/17/16 W 01:00PM-02:30PM LMCR-106

LECTURE: GENEALOGY – RESEARCH THE DASH IN THE FUNERAL HOME
Students will learn how to research what a funeral home can provide. They have your ancestors’ packets full of information. Come and learn to research the “dash.” Taught by Mark Crowder, of Crowder Funeral Homes.
Cost: FREE
SYN: 1549 SENR-7098-105CL 02/24/16-02/24/16 W 01:00PM-03:00PM LMCR-106

LECTURE: ABC’S OF CONSERVATIVE INVESTING
Have you lost money in the stock market lately? Tired of not understanding your investment portfolio? Then this workshop is for you. We will discuss all areas of investing and help take the mystery out of investing. Anyone who is concerned about out-living their investments should attend. Risk needs to be understood, not feared. Taught by Bob Groux and Paul Shaffer from Investments Design.
Cost: FREE
SYN: 1551 SENR-7098-106CL 03/02/16-03/02/16 W 01:00PM-02:30PM LMCR-106
LECTURE: BOOK AND MOVIE COMMUNITY READING CLUB (BAM)
Read, watch and discuss “The Book Thief,” a novel by Markus Zusak adapted into a film starring Geoffrey Rush, Emily Watson, Ben Schnetzer, Nico Liersch and Sophie Nelisse. As a young girl living with her adoptive family in Nazi Germany, Liesel Meminger’s experiences are narrated by Death, who details both the beauty and destruction of life in this era. Learning to read from her foster father, Hans, Liesel steals the books that the Nazi party is looking to destroy and begins to share the power of language with Max, a Jewish refugee sheltered in their home. As Liesel copes with the trauma of her past and the horrors of the war-torn world around her, Death narrates her journey of self-discovery, forming a new family, and mostly, her life as “the book thief.” Hosted by Ami Blackwell of SpinDrift Media and Entertainment.
Cost: FREE
SYN: 1553 SENR-7098-107CL 03/23/16-03/23/16  W 01:00PM-04:30PM  LMCR-106

LECTURE: GENEALOGY – TIPS AND TRICKS
Students will learn tips and tricks for searching around known family information to find “tricky” ancestors. Taught by Irene Walters, of Clayton Library.
Cost: FREE
SYN: 1554 SENR-7098-108CL 03/30/16-03/30/16  W 01:00PM-03:00PM  LMCR-106

LECTURE: EXTENDED TRAVEL PRESENTATION
A representative from Premier World Travel will present a slideshow of upcoming extended travel trips: Cape Cod and the Islands, featuring Boston, Martha’s Vineyard, Nantucket and Newport Beach, and New York City Holiday, featuring Radio City Rockettes’ Holiday Show, a Broadway show, Holiday Lights Tour, New York City Tour, Statue of Liberty and Ellis Island, 9/11 Memorial and more. For details of upcoming trips, see pages 32 – 34. For more information, please call 409-933-8912.
Cost: FREE
SYN: 1556 SENR-7098-109CL 03/30/16-03/30/16  W 03:30PM-05:00PM  LMCR-106

LECTURE: SMART SNACKS
Meal planning is one aspect of maintaining our health, but what about snacks? Snacks help curb hunger while adding a nutritious energy boost to our day. Making wise choices when snacking is crucial for those with diabetes. Eating “smart snacks” will help everyone maintain healthy blood glucose levels and manage their weight. Join us as we discuss some real-world options and how to make planning and preparation short and simple. Taught by COM faculty, Jason Abshire and Crystal Collins.
Cost: FREE
SYN: 1557 SENR-7098-110CL 04/06/16-04/06/16  W 02:00PM-03:00PM  LMCR-106

LECTURE: GULF PARKINSON’S SOURCE
Jane Johnson, president and a founder of Gulf Parkinson’s Source, will speak about Parkinson’s disease with an emphasis on the nonmotor symptoms of which most people are unaware. Diagnosed with the disease more than eight years ago, Johnson will provide information on the Houston Area Parkinson’s Society and the local support group Gulf Parkinson’s Source, which serves the Galveston County area. She will also share information on new drugs and treatments for Parkinson’s disease.
Cost: FREE
SYN: 1611 SENR-7098-112CL 04/13/16-04/13/16  W 01:30PM-03:00PM  LMCR-106

LECTURE: GULF PARKINSON’S SOURCE
Jane Johnson, president and a founder of Gulf Parkinson’s Source, will speak about Parkinson’s disease with an emphasis on the nonmotor symptoms of which most people are unaware. Diagnosed with the disease more than eight years ago, Johnson will provide information on the Houston Area Parkinson’s Society and the local support group Gulf Parkinson’s Source, which serves the Galveston County area. She will also share information on new drugs and treatments for Parkinson’s disease.
Cost: FREE
SYN: 1611 SENR-7098-112CL 04/13/16-04/13/16  W 01:30PM-03:00PM  LMCR-106

SENIOR TRIPS
TRIP: ALLEY THEATRE’S “ALL THE WAY”
This trip begins with a Dutch treat supper followed by a trip to the newly renovated Alley Theatre’s Hubbard Stage production of the 2014 Tony Award-winning, “All the Way.” The Texas-sized production of this gripping new play about LBJ features a cast combining artists from the Alley with members of the Dallas Theatre Center portraying some of history’s most dynamic figures: J. Edgar Hoover, Martin Luther King Jr., Gov. George Wallace, Sen. Hubert Humphrey, Secretary of Defense Robert McNamara and the 36th President of the United States, Lyndon Baines Johnson. Note: Contains mature language and racial slurs. This trip is open to anyone age 50, or older and the cost includes transportation and an admission ticket. Refund deadline: Jan. 15.
Cost: Senior: $40
SYN: 1560 SENR-7099-101CL 01/29/16-01/29/16  F 03:30PM-11:00PM

TRIP: GENEALOGY – CLAYTON LIBRARY
Students will travel to Clayton Library for Genealogical Research, one of the top genealogical research libraries in the U.S. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothern. She will help students trace their family history using library resources. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Jan. 19.
Cost: Senior: $25
SYN: 1561 SENR-7099-102CL 02/02/16-02/02/16  T 09:00AM-05:00PM  D Cothern
TRIP: TUTS – “THE SOUND OF MUSIC”
A Dutch treat supper will precede Broadway Across America’s production of Rodgers and Hammerstein’s classic “The Sound of Music,” featuring a Tony, Grammy and Academy Award-winning best score, including “My Favorite Things,” “Do-Re-Mi,” “Climb Every Mountain,” “Edelweiss” and the title song. The hills are alive with “The Sound of Music.” Tickets will go quickly for this popular production. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.
Cost: Senior: $50
SYN: 1562 SENR-7099-103CL  02/16/16-02/16/16  T  03:30PM-11:00PM

TRIP: BIRDWATCHING – SAN BERNARD WILDLIFE REFUGE
Richard Mayfield hosts this trip to Brazoria’s San Bernard National Wildlife Refuge looking for wintering birds such as songbirds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toe shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. Cost of this trip includes transportation and the guided tour. Lunch will be Dutch treat at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. Cost covers transportation and instructional costs. Refund deadline: Feb. 2.
Cost: Senior: $25
SYN: 1563 SENR-7099-104CL 02/16/16-02/16/16  T  08:30AM-04:30PM  R Mayfield

TRIP: CAMP ALLEN ABUNDANT LIVING CONFERENCE FOR SENIORS
Travel to the Piney Woods of Camp Allen to attend the Abundant Living Conference, a three-day, all-inclusive trip with hotel style accommodations and buffet dining (three meals per day) in a beautiful setting with excellent facilities. Professional keynote presentations and workshops discuss aging as a spiritual journey, family members and caregivers, the courage to grow old and praying in color. There will be “bucket list” activities, a wine and cheese social, and watercolors. Also enjoy nature walks, cooking, canoeing, art, song fests and more. Cost includes transportation, all meals, lodging, conference fees and all activities. Refund deadline: Jan. 29.
Cost: Senior: $225/double occupancy
SYN: 1564 SENR-7099-105CL 02/16/16-02/16/16  MTW  Leave time 09:00AM from Main campus.

TRIP: GENEALOGY – MONTGOMERY COUNTY LIBRARY, CONROE
Students will travel to Montgomery County Library in Conroe, Texas. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothern. She will assist students in tracing their family history using research skills and resources. This library houses many resources including: Special Collections, Dawes Rolls (Native American), South Louisiana Records by Hebert, 19th-century military records and various books for each state. Cost covers transportation and instruction. Lunch is Dutch treat at Cracker Barrel, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: Feb. 16.
Cost: Senior: $25
SYN: 1565 SENR-7099-106CL 02/16/16-02/16/16  T  08:00AM-05:00PM  D Cothern

TRIP: MFAH’S EXHIBIT ART DECO AUTOMOBILES AND LUNCH AT CULINARY ART INSTITUTE
Tour the “Sculpted Steel: Art Deco Automobiles” exhibit at the Houston Museum of Fine Arts. This exhibit includes examples of classic automobiles and motorcycles depicting the evolution of Art Deco transportation over the 1920s and 1930s. Today’s art experts acknowledge these classic cars as the most visually exciting and refined designs of the 20th century. Trip is followed by Dutch treat lunch at the Culinary Art Institute, where food is prepared by culinary art students in their final lab before graduation under the direction of chef instructors. This trip is open to anyone age 50 or older, and the cost includes transportation and an admission ticket. Refund deadline: Feb. 22
Cost: Senior: $30
SYN: 1566 SENR-7099-107CL 02/16/16-02/16/16  W  10:00AM-04:30PM

TRIP: TUTS – “CABARET”
A Dutch treat supper will precede Broadway Across America’s Tony Award-winning production “Cabaret.” Set in pre-WWII Germany, “Cabaret” highlights the decadent allure of the Berlin nightlife. Is the glamour enough to get citizens through dangerous times? Tickets will go quickly for this popular production. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this event.
Cost: Senior: $50
SYN: 1567 SENR-7099-108CL 02/16/16-02/16/16  T  03:30PM-11:00PM

Open Enrollment in Lifelong Learning & 50 Plus Program
SENR (Senior) trips are only available to students age 50 and older.
Extended travel trips are not limited to 50 or older.

CE Registration Date
Registration begins Nov. 30, 2015, for Spring 2016 Continuing Education and 50 Plus Program classes.
TRIP: GENEALOGY – CLAYTON LIBRARY
Students will travel to Clayton Library for Genealogical Research, one of the top genealogical libraries in the U.S. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothern. She will help students trace their family history using research skills and resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instruction. Lunch is Dutch treat at Bodgas Mexican Restaurant, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: March 8
Cost: Senior: $25
SYN: 1568 SENR-7099-109CL 03/29/16-03/29/16 T 09:00AM-05:00PM D Cothern

TRIP: GENEALOGY – SAM HOUSTON LIBRARY, LIBERTY, TEXAS
Students will travel to the Sam Houston Regional Library and Research Center in Liberty, Texas. Instructor Debbie Cothern will assist students in tracing their family history using library resources. This trip will also include a guided tour of the Jean and Price Daniel Home, the 1898 St. Stephen’s Episcopal Church, the 1883 Norman House, the 1848 Gillard-Duncan House and the library museum. The facility is a part of the Texas State Library and Archives. Cost covers transportation and instruction. Lunch is Dutch treat, or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. Refund deadline: March 29
Cost: Senior: $25
SYN: 1569 SENR-7099-110CL 04/12/16-04/12/16 T 08:00AM-05:00PM D Cothern

TRIP: BIRDWATCHING – GALVESTON
Richard Mayfield hosts this trip to Galveston to see migrating shorebirds and songbirds. Students should wear comfortable clothes, hiking or closed-toe shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. Cost of this trip includes transportation and the guided tour. Lunch will be a Dutch treat supper at a local restaurant. This trip is open to anyone age 50 or older. Cost covers transportation and instructional costs. Refund deadline: April 5
Cost: Senior: $25
SYN: 1570 SENR-7099-111CL 04/26/16-04/26/16 T 08:30AM-04:30PM R Mayfield

TRIP: TUTS – DISNEY’S “BEAUTY AND THE BEAST”
A Dutch treat supper will precede Broadway Across America’s Disney production of “Beauty and the Beast.” “Tale as old as time, true as it can be,” this smash hit musical is coming to Houston. This classic musical love story is filled with unforgettable characters, magnificent costumes and dazzling production numbers. Tickets will go quickly for this popular production. This trip is open to anyone age 50 or older. Tickets have been pre-purchased for this event. No refunds will be given for this trip.
Cost: Senior: $50
SYN: 1572 SENR-7099-112CL 04/27/16-04/27/16 W 03:30PM-11:00PM

SPACE AVAILABLE CLASSES
CAREER AND TECHNICAL EDUCATION
Space available classes are workforce credit classes in which continuing education students may enroll. Noncredit students are not required to take the college placement test or make application to the college to take these classes. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Space available classes start and end with the Spring credit class schedule – Spring I (Jan. 19 – March 11) or Spring II (March 21 – May 13).

ACCOUNTING AND BUSINESS
PRINCIPLES OF ACCOUNTING I – 64 HRS
Cost: In district: $270 Out of district: $275
SYN: ACNT-1025-101CL 01/19/16-05/13/16 TTH 09:30AM-10:50AM TVB 1225 M Williams
SYN: ACNT-1025-201CL 01/19/16-05/13/16 TTH 06:00PM-07:20PM TVB 1310 C Burton
SYN: ACNT-1025-001IN 01/19/16-05/13/16 Internet M Williams

PRINCIPLES OF ACCOUNTING II – 64 HRS
Cost: In district: $270 Out of district: $275
SYN: ACNT-1026-101CL 01/19/16-05/13/16 TTH 11:00AM-12:20PM TVB 1225 M Williams
SYN: ACNT-1026-001IN 01/19/16-05/13/16 Internet M Williams

RECORDS AND INFORMATION MANAGEMENT – 64 HRS
Cost: In district: $270 Out of district: $275
SYN: POFT-1019-001IN 01/19/16-05/13/16 Internet J Cutaia

INTERMEDIATE KEYBOARDING – 64 HRS
Cost: In district: $270 Out of district: $275
SYN: POFT-2001-001IN 01/19/16-05/13/16 Internet J Cutaia

PRINCIPLES OF MANAGEMENT – 48 HRS
Cost: In district: $270 Out of district: $275
SYN: BMGT-1027-001IN 01/19/16-05/13/16 Internet E Glover
SMALL BUSINESS OPERATIONS – 48 HRS  
Cost: In district: $270 Out of district: $275  
SYN: BUSG-1015-001IN  
01/19/16-05/13/16  
Internet  
J Barber

HUMAN RESOURCES MANAGEMENT – 48 HRS  
Cost: In district: $270 Out of district: $275  
SYN: HRPO-2001-001IN  
01/19/16-05/13/16  
Internet  
L Pierre

PRINCIPLES OF MARKETING – 48 HRS  
Cost: In district: $270 Out of district: $275  
SYN: MRKG-1011-001IN  
01/19/16-05/13/16  
Internet  
E Glover

ALLIED HEALTH

MEDICAL TERMINOLOGY – 48 HRS  
Cost: In district: $270 Out of district: $275  
SYN: HITT-1005-003IN  
01/19/16-03/11/16  
Internet  
TBA

SYN: HITT-1005-002IN  
01/19/16-05/13/16  
Internet  
TBA

SYN: HITT-1005-001IN  
01/19/16-05/13/16  
Internet  
C Pannell

COMPUTERS AND NETWORKING

FUNDAMENTALS OF NETWORK TECHNOLOGY – 80 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ITNW-1025-218HY  
01/19/16-03/11/16  
TTH  
06:00PM-07:50PM  
TVB 1224  
C Walding

ROUTERS – 80 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ITNW-2012-228HY  
03/21/16-05/13/16  
TTH  
06:00PM-07:50PM  
TVB 1224  
C Walding

IMPLEMENTING NETWORK DIRECTORY SERVICES – 80 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ITNW-1045-218HY  
01/19/16-03/11/16  
TTH  
08:00PM-09:50PM  
TVB 1224  
C Walding

SUPPORTING NETWORK SERVER INFRASTRUCTURE – 80 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ITNW-1053-228HY  
03/21/16-05/13/16  
TTH  
08:00PM-09:50PM  
TVB 1224  
C Walding

FUNDAMENTALS OF INFORMATION SECURITY – 80 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ITSY-1000-001IN  
01/19/16-05/13/16  
Internet  
COM Faculty

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• Autodesk Inventor 3D  
• Basic AutoCAD  
• Intermediate AutoCAD  
• Architectural Commercial Drafting  

For more information, email  
Andrew Gregory at Agregory2@com.edu.

DRAFTING

CIVIL DRAFTING – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: DFTG-2030-201HY  
01/19/16-05/13/16  
TTH  
06:00PM-08:50PM  
TVB 1220  
A Gregory

ARCHITECTURAL DRAFTING-COMMERCIAL – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: DFTG-2028-201HY  
01/19/16-05/13/16  
M  
06:00PM-08:50PM  
TVB 1220  
A Gregory

GRAPHIC ARTS

COMPUTER ILLUSTRATION – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ARTC-1053-101HY  
01/19/16-05/13/16  
MW  
11:00AM-12:20PM  
TVB 1572  
C Jackson

INTRODUCTION TO DIGITAL MEDIA – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: IMED-1001-101CL  
01/19/16-05/13/16  
TTH  
04:00PM-06:50PM  
TVB 1572A  
S Turnbough

DESIGN COMMUNICATIONS I – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ARTC-1017-101HY  
01/19/16-05/13/16  
TTH  
12:30PM-01:50PM  
TVB 1572  
C Jackson

DESIGN COMMUNICATIONS II – 96 HRS  
Cost: In district: $270 Out of district: $275  
SYN: ARTC-2047-101HY  
01/19/16-05/13/16  
TTH  
11:00AM-12:20PM  
TVB 1572  
C Jackson

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• Autodesk Inventor 3D
• Basic AutoCAD
• Intermediate AutoCAD
• Architectural Commercial Drafting

For more information, email
Andrew Gregory at Agregory2@com.edu.
### FINE ARTS

Space-available classes are academic credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who must complete all course requirements, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, they do not earn college credit. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes follow the Spring credit class semester: Jan. 19 – May 13. Full course descriptions are available in the College catalog, and more information is in the credit schedule at www.com.edu/schedule. Students cannot petition for credit.

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>DRAWING I – 96 HRS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost: In district: $270</td>
<td></td>
<td>Out of district: $275</td>
</tr>
<tr>
<td>SYN: ARTSL-2010-120CL</td>
<td>01/19/16-05/13/16</td>
<td>TTH</td>
</tr>
<tr>
<td>09:30AM-12:20PM</td>
<td>FAB 130</td>
<td>TBA</td>
</tr>
</tbody>
</table>

| CERAMICS I – 96 HRS    |       |          |
| Cost: In district: $270 |       | Out of district: $275 |
| SYN: ARTSL-2047-133CL  | 01/19/16-05/13/16 | TTH |
| 01:30PM-04:20PM        | FAB 138 | G Bowes  |
| SYN: ARTSL-2047-233CL  | 01/19/16-05/13/16 | MW |
| 06:00PM-08:30PM        | FAB 138 | G Bowes  |

| PHOTOGRAPHY I (DIGITAL) – 96 HRS |       |          |
| Cost: In district: $270         |       | Out of district: $275 |
| SYN: ARTSL-2002-135CL          | 01/19/16-05/13/16 | MW |
| 09:30AM-12:20PM                | TVB 1572A | C Peet  |

| PHOTOGRAPHY I (FILM) – 96 HRS |       |          |
| Cost: In district: $270        |       | Out of district: $275 |
| SYN: ARTSL-2002-136CL          | 01/19/16-05/13/16 | TTH |
| 09:30AM-12:20PM                | TVB 1139 | C Peet  |

| ACTING I – 48 HRS            |       |          |
| Cost: In district: $270      |       | Out of district: $275 |
| SYN: ARTSL-2007-140CL        | 01/19/16-05/13/16 | TTH |
| 11:00AM-12:20PM              | FAB 117 | H Brown |

| CONCERT BAND – 48 HRS        |       |          |
| Cost: In district: $60       |       | Out of district: $65 |
| SYN: MUSIL-2003-270CL        | 01/19/16-05/13/16 | M |
| 07:30PM-10:20PM              | FAB 117 | H Koerner |

| JAZZ ENSEMBLE – 48 HRS       |       |          |
| Instructor approval required.|       |          |
| Cost: In district: $60       |       | Out of district: $65 |
| SYN: MUSIL-2005-270CL        | 01/19/16-05/13/16 | T |
| 07:30PM-10:20PM              | FAB 117 | H Koerner |

| WOODWIND ENSEMBLE – 48 HRS   |       |          |
| Instructor approval required.|       |          |
| Cost: In district: $60       |       | Out of district: $65 |
| SYN: MUSIL-2008-270CL        | 01/19/16-05/13/16 | W |
| 07:00PM-09:40PM              | FAB 117 | T Kochen |

### SPACE AVAILABLE CLASSES

<table>
<thead>
<tr>
<th>Course</th>
<th>Hours</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>JAZZ COMBO – 48 HRS</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Cost: In district: $60</td>
<td></td>
<td>Out of district: $65</td>
</tr>
<tr>
<td>SYN: MUSIL-2004-170CL</td>
<td>01/19/16-05/13/16</td>
<td>TTH</td>
</tr>
<tr>
<td>03:00PM-04:20PM</td>
<td>FAB 117</td>
<td>H Koerner</td>
</tr>
</tbody>
</table>

| GUITAR ENSEMBLE – 48 HRS |       |          |
| Cost: In district: $60  |       | Out of district: $65 |
| SYN: MUSIL-2002-170CL   | 01/19/16-05/13/16 | W |
| 03:30PM-06:20PM         | FAB 117 | H Koerner |

| MAINLAND CHORALE – 48 HRS |       |          |
| Cost: In district: $60   |       | Out of district: $65 |
| SYN: MUSIL-2007-270CL    | 01/19/16-05/13/16 | T |
| 07:30PM-10:20PM          | FAB 110 | J Heffel |

| MAINLAND SINGERS – 48 HRS |       |          |
| Cost: In district: $60   |       | Out of district: $65 |
| SYN: MUSIL-2006-270CL    | 01/19/16-05/13/16 | M |
| 07:30PM-10:20PM          | FAB 110 | J Heffel |

| CLASS PIANO I – 48 HRS    |       |          |
| Recommended if no prior piano experience. |       |          |
| Cost: In district: $60   |       | Out of district: $65 |
| SYN: MUSIL-2001-160CL    | 01/19/16-05/13/16 | TTH |
| 09:30AM-10:50AM          | FAB 111 | TBA      |

| CLASS PIANO II – 48 HRS   |       |          |
| Cost: In district: $60   |       | Out of district: $65 |
| SYN: MUSIL-2001-161CL    | 01/19/16-05/13/16 | TTH |
| 04:30PM-05:50PM          | FAB 111 | TBA      |

| CLASS GUITAR – 48 HRS     |       |          |
| Recommended if no prior guitar experience. |       |          |
| Cost: In district: $60   |       | Out of district: $65 |
| SYN: MUSIL-2002-160CL    | 01/19/16-05/13/16 | M |
| 03:30PM-06:20PM          | FAB 117 | J Heffel |

| STUDIO ARTS – 96 HRS     |       |          |
| This course allows beginning to advanced noncredit students to fully participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active participants within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Design on Tuesday and Thursday from 2-4:50 p.m., or Drawing on Tuesdays and Thursday from 6-8:50 p.m. or Life Drawing on Monday and Wednesday from 9:30 a.m. - 12:20 p.m. or Painting on Monday and Wednesday from 2-4:50 p.m. For more information regarding specific courses contact Mark at 409-933-8673 or mgreenwalt@com.edu. There is a $20 course fee plus a $15 college event participation fee. |       |          |
CONTINUING EDUCATION OFFICE
Technical-Vocational Building, Room TVB-1475, main campus
Phone: 409-933-8586   Fax: 409-933-8026
Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591
Email: ContEd@com.edu

SPRING 2016 REGISTRATION
CE Registration and 50 Plus Program
Registration begins Nov. 30, 2015.

Register here or online at www.com.edu/ce.
Individuals looking to re-career or re-enter the workforce can receive assistance in reaching their goals through a College of the Mainland grant covering tuition and career services.

Students can choose from programs such as mechanical maintenance, CNC machinist, welding, process technology, drafting, project management or Lean Six Sigma courses.

The H-1B Gulf Coast Ready to Work Grant is for individuals with a high school diploma or GED who want to launch a career or advance in these industries.

“The goal is to train new and current workers in the oil and gas industry as quickly as possible,” said Chris Hollman, COM H-1B Gulf Coast Ready to Work project coordinator.

Besides helping participants earn a degree or certificate, the program provides career placement services in the form of paid internships, job fairs and career support services.

“Once you gain the skills, it’s important to promote and sell your skills to an employer,” said Hollman. “Resume writing and mock interviewing are part of the career support services offered.”

The grant is designed to help those who lost jobs or found jobs not aligned with their skills during the recession. The petrochemical and manufacturing programs are funded by the H-1B Gulf Coast Ready to Work grant, awarded and implemented by the U.S. Department of Labor Employment and Training Administration.

The grant aims to meet the regional employment needs of the petrochemical and other manufacturing industries for middle and upper-level positions. The American Chemistry Council estimates over $55 billion in investment along the Gulf Coast between 2010 and 2020.

To meet the need for petrochemical and manufacturing employees, a consortium of four colleges including College of the Mainland are providing paid tuition for future and current employees.

Individuals must complete an application and assessment to determine eligibility for the grant.

Students may begin classes this fall or spring, depending on the program they select. Those interested may attend a tour of available COM programs. Tours are listed at com.edu/ce.

For more information, call 409-933-8643 or email GCRTW-Grant@com.edu.
## Texas Online Defensive Driving and Driver’s Education

<table>
<thead>
<tr>
<th>Course Description</th>
<th>Cost</th>
<th>Details</th>
</tr>
</thead>
</table>
| Texas Online Defensive Driving (TEA Course Provider #947) | $29.95 | - Six-hour course  
- Accepted by all Texas courts and municipalities for ticket dismissal  
- Completers may be eligible for a 10 percent reduction in insurance policy premiums |
| Texas Teen Driver Education Course (TEA Course Provider #C2636) | $129.95 | - Has both a parent-taught and virtual-instructor-taught version  
- Includes all DPS forms  
- Meets all DPS requirements |
| Adult Driver Education Online (TEA Course Provider #C2636) | $65 | - Guides drivers 18-24 years of age in obtaining their first driver’s license  
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam |

College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:

- Online text and interactive videos  
- Full audio or read-along text for the hearing impaired  
- Courses in both English and Spanish  
- 24/7 customer phone support  
- 24/7 course accessibility with exclusive course memory

Registration available online only at http://tx-dps.com/affiliates/college-of-the-mainland.  
1-888-596-7307

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COLLEGE MISSION
College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION
College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES
Kyle Dickson, Rosalie Kettler, Bennie Matthews, Roney G. McCrary, Wayne H. Miles, Rachel Delgado and Alan Waters

ACCREDITATION
College of the Mainland is accredited by:
The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution’s significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT
College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

Effective Nov. 30, 2015
Continuing Education Registration will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce.
COM Admissions is no longer registering CE students.

Acceptable forms of registration payment:
Credit and debit cards, money order and check.
Cash cannot be accepted.

50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.

NOTICE OF NONDISCRIMINATION
College of the Mainland does not discriminate in its education programs and activities on the basis of sex. Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College’s Title IX Coordinator or the U.S. Department of Education’s Office of Civil Rights. The College District designates the following person to coordinate its efforts to comply with Title IX of Education Amendments: Monica Bush, lbush@com.edu, 1200 Amburn Road, Texas City, TX 77591, 409-933-8413.

PUBLIC INFORMATION STATEMENT
College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA
El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional entre sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Titulo IX, Sección 504, y del Titulo VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma ingles no sea obstaculo a la admisión y participación en todos los programas educativos y vocacionales.

SPRING 2016 REGISTRATION
CE Registration and 50 Plus Program Registration begins Nov. 30, 2015.
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6 Week Format

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Certified Personal Trainer – 62 hrs
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Travel Agent Training – 250 hrs
Learn the basic skills needed to operate a computer reservation system for airlines, travel agencies, cruise lines, hotel, or as a home-based agent, and get started in a career in the travel industry.

Principles of Green Building – 30 hrs
The Principles of Green Buildings (PGB) program explains the science that individuals in the building, remodeling, or trade industries need to know in order to make buildings perform more efficiently.

Event Management & Design - 300 hrs
From planning to pyrotechnics, the Event Management and Design Online Training Program will teach you everything you need to know to create events that are truly special.

Fitness Business Management – 200 hrs
Learn how to manage a personal training program, department, or facility as a strategic business with this innovative program.

Grant Writing – 300 hrs
Learn to write grant proposals that get funded in this nationally recognized Grant Writing online training program.

AutoCAD 3D 2015 – 80 hrs
Once you successfully complete the Training Program you will have learned AutoCAD’s 3D tools and will be able to design three-dimensional models using AutoCAD 2015 software.

Certified Wedding Planner – 340 hrs
This comprehensive program covers everything an aspiring wedding planner needs to know to get started in the business. Whether you plan on working part-time or full-time, this program will provide all the knowledge you need to work as a professional wedding planner or start your wedding planning business.

Human Resources Professional – 120 hrs
Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR (Professional in Human Resources) certification exam.

Non-Profit Management – 300 hrs
Examine the fundamental principles of nonprofit management, explore the roles and responsibilities of a nonprofit board of directors and the management team, discover the essential aspects of fundraising, and become acquainted with the fundamentals of the budgeting process.

Optician Certification Training - 150 hrs
Master the skills you need for a successful career as an optician and prepare yourself to take the ABO certification exam.

Prepare for employment in some of today’s hottest careers with a comprehensive, affordable, and self-paced online Career Training Program.

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career.ed2go.com/mainland
(409) 933-8112
CAMPUS MAPS

1200 Amburn Road
Texas City, Texas 77591
409-938-1211 or 1-888-258-8859
www.com.edu
Effective Nov. 30, 2015

CONTINUING EDUCATION REGISTRATION

will take place in the CE Office located in the Technical-Vocational Building, Ste. 1475 or register online at www.com.edu/ce.

COM Admissions is no longer registering CE students.

To better serve you, we have new office hours:

Monday and Tuesday 8 a.m. – 7 p.m.
Wednesday – Friday 8 a.m. – 5 p.m.

Acceptable forms of registration payment:

Credit and debit cards, money order and check. Cash cannot be accepted.

50 Plus students can still register at the 50 Plus Office or Technical-Vocational Building.