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TUITION-FREE HEALTHCARE CAREER TRAINING

You could qualify for **free training** in a **healthcare career**, depending on your income.

Jan 15, 29 • Feb 12, 26 • Mar 25 • Apr 8, 22 • May 6, 20

HPOG Information Session 10 a.m. – 12 p.m. at the North County Learning Center
200 Parker Ct., League City, TX 77573.

409-933-8645 | www.com.edu/ce/allied-health



This document was supported by Grant [90FX0035-01-00] from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS. HPOG is a study funded by the federal government which is being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate in these opportunities.

COM CE: LIFELONG LEARNING FOR EVERYONE

COM's Continuing Education Division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer:

- Career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.
- Courses to help you upgrade your current skills and expand your knowledge as you seek to advance your career.
- Professional development courses needed for continued certification in your chosen profession.
- Many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

COM Continuing Education

Lifelong Learning for Everyone

www.com.edu/ce

409-933-8586

ContEd@com.edu

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CONTINUING EDUCATION'S MISSION

College of the Mainland's Continuing Education division is dedicated to providing workforce development training programs, customized corporate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

CONTINUING EDUCATION'S VISION

College of the Mainland's Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

HOW TO CONTACT US

- The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.
- Phone: 409-933-8586 • Fax: 409-933-8026
- Mail: Continuing Education
1200 N Amburn Rd.
Texas City, TX 77591
- Email: ContEd@com.edu

CONTINUING EDUCATION NEW OFFICE HOURS

Open: Monday - Friday 8 a.m. - 5 p.m.

CE SCHEDULE DISCLAIMER

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at www.com.edu/ceschedule and CE's Facebook page at www.facebook.com/comcontinuinged. The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

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QUESTIONS?

For specific course or program information, please call:

- **409-933-8285** – Public Service Careers
- **409-933-8461** – Lifelong Learning
- **409-933-8645** – COM Learning Center-Allied Health
- **409-933-8162** – Gulf Coast Safety Institute
- **409-933-8406** – Industrial Crafts

For any questions about programs or courses, call

409-933-8586.

The CE office staff will be happy to assist you or direct your call to the appropriate department.

REGISTRATION IS EASY

SPRING 2020 REGISTRATION FOR ALL CE AND LIFELONG LEARNING PROGRAM COURSES BEGINS DECEMBER 2, 2019.

The registration form is available online at www.com.edu/ce and in the printed CE schedule. A photo ID will be required to show proof of age, e.g., a valid driver's license, government-issued ID card or passport for students age fifty and over.



Have you previously taken classes at COM?

REGISTER ONLINE



WWW.COM.EDU/CE/REGISTER

- Click "Register Online."
- Follow the instructions for continuing education students.
- Questions about online registration? Click on the yellow HELPDESK arrow located on the WebAdvisor main menu (bottom left) and fill out the form.

New to COM? Call to register or register in person.

CALL



CONTINUING EDUCATION
OFFICE HOURS

Monday - Friday 8 a.m. - 5 p.m.

409-933-8586
or **1-888-258-8859, ext. 8586**

Leave a message, and a CE representative will return your call within 24 business hours.

VISIT



CONTINUING EDUCATION
OFFICE HOURS

Monday - Friday 8 a.m. - 5 p.m.

The Continuing Education Office is located in the Technical Vocational Building, Room TVB 1475. Tuition and fees must be paid upon registration. Checks, money orders, credit and debit cards are accepted at the office. **No cash or American Express is accepted.**

PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover and money orders.

No cash or American Express is accepted. See page 3 for financial assistance.

⊕ 50 PLUS (AGE 50 AND OVER DISCOUNT)

Students, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for the ⊕ symbol next to courses in this catalog.

A NONRESIDENT OF COM DISTRICT

A nonresident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

BOOKS AND SUPPLIES

If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided. Books and supplies are usually available at the COM Bookstore or by ordering online at www.combookstore.com.

CLASS CANCELLATIONS

Classes with insufficient enrollment are canceled before the start of the class. Students will be called when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

REFUND POLICY

Refunds for fitness memberships and continuing education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

CLASS TRANSFERS

Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.

MINIMUM AGE REQUIREMENTS

Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

AUDITING

Continuing Education classes may not be audited.

RECORD OF ACHIEVEMENT: CEUS

Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified continuing education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar's office at no charge. Reprints of CE certificates are available for \$5.

FINANCIAL ASSISTANCE**TEXAS PUBLIC EDUCATION GRANTS**

Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 5. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application. Contact the Continuing Education Office at 409-933-8586 for more information.

THE HAZLEWOOD ACT/LEGACY PROGRAM

College of the Mainland may waive tuition and some fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Oklahoma, at 888-442-4551 or www.gibill.va.gov, provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit www.com.edu and select Student Financial Services for more information, or call the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

WORKFORCE INNOVATION AND OPPORTUNITY ACT (WIOA)

College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include CNC Machinist, HVAC, Industrial Pipefitting, Manual Machinist, Mechanical Maintenance Technician, Welding, Electrical, and Instrumentation Programs. For more information on WIA, please call 409-933-8586.

GENERAL INFORMATION

COLLEGE CALENDAR

In accordance with the approved College calendar, the College will be closed on:

JAN 13	JAN 20	MAR 9-15	APR 10-12	MAY 25
CONVOCATION	MLK DAY	SPRING BREAK	SPRING HOLIDAY	MEMORIAL DAY

PHOTO AND VIDEO POLICY

COM's Marketing and Communications Department takes photographs (still and video) of students throughout the year. These photographs and videos often include students in classrooms, study areas, at events, etc. COM reserves the right to use these photographs and video as a part of its publicity and marketing efforts. Students who enroll at COM do so with the understanding that these photographs and videos might be used in College publications, both printed and electronic, for recruiting and advertising purposes.

PARKING

Parking permits are mandatory. Parking permits are required to be displayed on the rear window, lower left side. Parking permits are available at the Campus Police Department, building #16 at no cost. Students will fill out a brief application and will need their vehicle license plate number(s) and VIN # (vehicle identification number).

1. No parking in a "no parking zone"
2. No parking against traffic or backing into a parking space in parking lots (A), (B), and (C)
3. Must park within marked spaces
4. No driving against the flow of traffic
5. No unauthorized parking in handicap spaces
6. No driving/parking on non-roadways (i.e., sidewalks and grass)

TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

ABBREVIATIONS USED IN THIS SCHEDULE

ADM	Administration and Enrollment Center
AHC	Allied Health Center-League City
IND	Industrial Education Building (formerly AUD building)
CE	Continuing Education
CL	Face-to-face classroom course
CLC	North County Learning Center-League City
COM	College of the Mainland
COS	Cosmetology Gulfway Plaza
DRM	Dickinson Railroad Museum
FAB	Fine Arts Building
FIR	Firing Range
GCSI	Gulf Coast Safety Institute
HY	Hybrid course (50-85 percent online and 15 to 50 percent in the classroom)
IN	Internet course
LLGP	Lifelong Learning Gulfway Plaza
LRC	Learning Resources Center (Library)
OLW	Online Learner Workshop
OSA	Occupational Skills Award
PSC	Public Service Careers Building
SC	Student Center
SCI	Science/Math Building
SYN	Synonym-unique identifying number
TBA	To Be Announced
TVB	Technical-Vocational Building
WIOA	Workforce Innovation and Opportunity Act

INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a \$35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a \$25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

COM ALERT

College of the Mainland uses a rapid notification system called COM Alert to send text, voice and/or email messages for unscheduled school closings and other emergencies. Student and employee contact information provided during registration is automatically loaded into the system and updated every night. Because of this, students are encouraged to provide a cellphone number as their primary contact phone number. Individuals may update their default contact information through the office where they registered for classes.

In addition to the automated process, anyone including non-student family and community members may create a COM Alert account by visiting <https://comalert.bbcportal.com/>. This type of account is managed independently from the automatic uploads and allows for multiple contact phone numbers to be provided.

TAX CREDIT

Continuing education tuition is not the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to

comply with Senate Bill 11, commonly known as the “campus carry” bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed.

A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun free zones under

this policy. For further information about gun free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>. A video addressing Campus Carry and weapons guidelines can be found on COM’s home page at www.com.edu.

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District. In accordance with law, this policy shall not apply to commissioned peace officers.

CE WORKFORCE PROGRAMS

Information subject to change.

Possible Financial Aid Sources

	HOURS	FOUND ON PAGE	TPEG	HAZLEWD	WIOA
MESSAGE THERAPY					
MESSAGE THERAPY	545	6	◆		
ALLIED HEALTH CAREERS					
CERTIFIED NURSE AIDE	118	8	◆	◆	
DENTAL ASSISTANT	234	9	◆	◆	
ELECTROCARDIOGRAPHY (EKG) TECHNICIAN	149	9	◆	◆	
MEDICAL OFFICE/INSURANCE SPECIALIST	132	11	◆	◆	
PHLEBOTOMY TECHNICIAN	196	10	◆	◆	
STERILE PROCESSING TECHNICIAN	201	11	◆	◆	
INDUSTRIAL TRADE CAREERS					
HVAC (LEVELS I, II, III)	298	17	◆	◆	◆
ELECTRICAL I	288	18	◆	◆	◆
INSTRUMENTATION I	224	19	◆	◆	◆
CNC MACHINIST	252	22	◆	◆	◆
MANUAL MACHINIST	256	21	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, BASIC	296	19	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, INTERMEDIATE	256	20	◆	◆	◆
MECHANICAL MAINTENANCE TECHNICIAN, ADVANCED	192	21	◆	◆	◆
INDUSTRIAL PIPEFITTING I	288	23	◆	◆	◆
WELDING TECHNOLOGIES	varies	23	◆	◆	◆
PUBLIC SERVICE CAREERS					
SECURITY OFFICER	32	25	◆	◆	

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class.

Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.

WORKFORCE PROGRAMS



MASSAGE THERAPY

MASSAGE THERAPIST

Call 409-933-8114 for details.

Complete the required 500 clock hours mandated by the Texas Department of Licensing and Registration (TDLR) to prepare to enter the health care service industry in one year through our hands-on labs and classes. Massage therapists manipulate the soft tissue of one's body by hand or through a mechanical or electrical apparatus for therapeutic purposes. Upon completing the program and clock hours, you will take the Texas State Board Exam for licensure. A licensed massage therapist works in an array of settings, such as spas, franchised clinics, physicians' offices, hotels, cruise ships and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage. Employment of massage therapists is projected to grow 26 percent from 2016 to 2026, much faster than the average for all occupations. The mean hourly wage is \$19.23 per hour. (Source: Bureau of Labor Statistics) Financial Aid is available through COM Student Financial Services. Students under the age of 22 must show proof of having a Bacterial Meningitis vaccine.

Notice to Students Regarding Licensing

Effective September 1, 2017, HB 1508 amends the Texas Occupations Code Section 53 that requires education providers to notify potential or enrolled students that a criminal history may make them ineligible for an occupational license upon program completion. The following website provides links to information about the licensing process and requirements: <https://www.tdlr.texas.gov/mas/mas.htm>

Should you wish to request a review of the impact of criminal history on your potential Massage Therapy Certificate prior to or during your quest for a certificate, you can visit this link and request a "Criminal History Evaluation": <https://www.tdlr.texas.gov/misc/evaluation/MAS-Therapist-or-Instructor.pdf>. To be eligible for licensure, you must successfully pass a criminal history background check which includes fingerprinting.

Course #	Title	Hrs
MSSG 1013	Anatomy and Physiology for Massage This course will provide an in-depth coverage of the structure and function of the human body, including cell structure and function, tissues, body organization, and the integumentary, skeletal, muscular, nervous, and endocrine systems. Content will emphasize homeostasis/wellness care. This course meets the minimum 75-contact-hour requirement for Anatomy and Physiology for licensure. Co-requisite: MSSG 1009	75
MSSG 1009	Health and Hygiene Students will study safety and sanitation practices including universal precautions. Students will also learn the importance of proper body mechanics, maintaining a healthy lifestyle, maintaining the massage environment, and the advantage of therapeutic relationships. Co-requisite: MSSG 1013	20
MSSG 1011	Massage Therapy Fundamentals I This course will introduce the theory and the application of skills necessary to perform basic massage skills. Students will demonstrate proficiency in the skills necessary to perform basic massage skills within the rules and regulations set by TDLR. Pre-requisite: MSSG 1013, MSSG 1009. Co-requisite: MSSG 1009, MSSG 1013.	96
MSSG 2013	Kinesiology for Massage This course is an applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. Theory and practice of functional muscle testing will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; Co-requisite: MSSG 2014	64
MSSG 2014	Pathology for Massage This course is a general discussion of pathologies as they relate to massage therapy and includes universal precautions and their management in professional practice. Etiology, signs, symptoms, and the physiological and psychological reactions to disease and injury will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009; MSSG 1011; Co-requisite: MSSG 2013	48

MSSG 2011	Massage Therapy Fundamentals II	112
	This course will introduce the theory and the application of skills necessary to perform basic massage skills. Students will demonstrate proficiency in the skills necessary to perform basic massage skills within the rules and regulations set by TDLR. Pre-requisite: MSSG 1013, MSSG 1009, MSSG 1011, MSSG 2013, MSSG 2014; Co-requisite 1005	
MSSG 1005	Hydrotherapy/Therapeutic Modalities	32
	Students will learn the use of accepted hydrotherapy and holistic healthcare modalities of external application of temperature for its reflexive effect. Pre-requisite: MSSG 1013, MSSG 1009, MSSG 1011, MSSG 2013, MSSG 2014; Co-requisite MSSG 2011	
MSSG 1007	Business Practices & Professional Ethics	48
	The course is the study of physical and financial office practices and marketing. A discussion of ethical practices for massage therapists as established by law or regulatory agency will also be discussed. Pre-requisite: MSSG 1013, MSSG 1009, MSSG 1011, MSSG 2013, MSSG 2014, MSSG 2011, MSSG 1005; Co-requisite MSSG 2086	
MSSG 2086	Massage Therapy Internship	50
	This course is a work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. A learning plan is developed by the college and the employer. Pre-requisite: MSSG 1013, MSSG 1009, MSSG 1011, MSSG 2013, MSSG 2014, MSSG 2011, MSSG 1005; Co-requisite MSSG 1007	
TOTAL HOURS		545

BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class. Visit www.com.edu/admissions/meningitis-vaccinations.php or go by the Enrollment Center or Continuing Education Office for more information.

KINESIOLOGY FOR MASSAGE – 64 HRS

7-week course. Clock hour program through TDLR. Must complete the required 500 clock hours before taking the TX Massage State Licensure Exam.

Cost:	In district: \$445	Out of district: \$450
SYN: 6346 MSSG-2013-221CL	03/19/20-05/07/20	TTH
05:30PM-10:00PM	COS 104	C Dunn

ANATOMY AND PHYSIOLOGY – 75 HRS

8.5-week course. Clock hour program through TDLR. Must complete the required 500 clock hours before taking the TX Massage State Licensure Exam.

Cost:	In district: \$519	Out of district: \$524
SYN: 6343 MSSG-1013-221CL	01/14/20-03/17/20	TTH
05:30PM-10:00PM	COS 104	C Dunn

HEALTH AND HYGIENE – 20 HRS

2.5-week course. Clock hour program through TDLR. Must complete the required 500 clock hours before taking the TX Massage State Licensure Exam.

Cost:	In district: \$170	Out of district: \$175
SYN: 6344 MSSG-1009-221CL	01/13/20-01/29/20	MW
05:30PM-10:00PM	COS 104	M Massey

MASSAGE THERAPY FUNDAMENTALS I – 96 HRS

11-week course. Clock hour program through TDLR. Must complete the required 500 clock hours before taking the TX Massage State Licensure Exam.

Cost:	In district: \$645	Out of district: \$650
SYN: 6345 MSSG-1011-221CL	02/03/20-04/22/20	MW
05:30PM-10:00PM	COS 104	M Massey

CONTINUING PROFESSIONAL EDUCATION FOR LICENSED MASSAGE THERAPIST

MYOFASCIAL RELEASE – 8 HRS

This course would teach the student to lightly massage without the use of lotion. This course will also teach techniques to reduce tightness in muscles, increase circulation and find the muscles that may contain adhesions.

Cost:	In district: \$175	Out of district: \$180
SYN: 7577 MSSG-2000-102CL	02/22/20	S
08:00AM-05:00PM	COS 104	C Dunn

PRENATAL MASSAGE – 8 HRS

This course would teach proper techniques and pressure needed to safely massage a pregnant client. Student will also learn contraindications and positions the client must be in during the massage.

Cost:	In district: \$175	Out of district: \$180
SYN: 7578 MSSG-2000-103CL	03/28/20	S
08:00AM-05:00PM	COS 104	C Dunn

CRANIAL RELEASE – 8 HRS

This course would teach the students the anatomy and muscles of the head. Students will also learn the symptoms that cranial release would help to reduce by massaging certain muscles of the cranium.

Cost:	In district: \$175	Out of district: \$180
SYN: 7579 MSSG-2000-104CL	04/25/20	S
08:00AM-05:00PM	COS 104	C Dunn



SACRAL RELEASE – 8 HRS

This course would teach the students the proper technique for massaging the sacral bone to reduce the pressure on the sacral plexus. Students will learn the benefits the client will experience in pain relief within the lumbar.

Cost:	In district: \$175	Out of district: \$180
SYN: 7580 MSSG-2000-105CL	05/23/20	S
08:00AM-05:00PM	COS 104	C Dunn

DEEP TISSUE MASSAGE – 8 HRS

This course would teach students how to use their forearms, elbows and ulnar side of the palms on specific muscles and locations on the body with the proper amount of pressure.

Cost: **In district: \$175** **Out of district: \$180**
 SYN: 7576 MSSG-2000-101CL 01/25/20 S
 08:00AM-05:00PM COS 104 C Dunn

ALLIED HEALTH CAREERS

Allied health classes are offered at the Texas City main campus as well as the COM Learning Center-North County at 200 Parker Ct. on FM 518 in League City. Applications for allied health certificate programs are available at the COM Learning Center-North County and in the Continuing Education department on the main campus. Completed applications must be returned to the COM Learning Center-North County. Applications are also available online at www.com.edu/ce. Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

CERTIFIED NURSE AIDE

An approved application is required prior to registration.
 Call 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides in classes and clinicals to work in hospitals and long-term care facilities.

The average hourly wage for certified nurse aides is \$11.80. Between 2014-2024, the need for certified nurse aides is projected to grow by 17 percent. (Source: Bureau of Labor Statistics) Students will be charged an additional \$25 fee for each hybrid course.

Notice to Students Regarding Licensing
Effective September 1, 2017, HB 1508 amends the Texas Occupations Code Section 53 that requires education providers to notify potential or enrolled students that a criminal history may make them ineligible for an occupational license upon program completion. The following website provides links to information about the licensing process and requirements: <https://hhs.texas.gov/doing-business-hhs/licensing-credentialing-regulation>

Should you wish to request a review of the impact of criminal history on your potential licensure prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": <https://records.txdps.state.tx.us/DpsWebsite/CriminalHistory/> and compare it to the requirements for CNA's here: <https://hhs.texas.gov/doing-business-hhs/licensing-credentialing-regulation>

This information is being provided to all persons who apply or enroll in the program, with notice of the requirements as described above, regardless of whether or not the person has been convicted of a criminal offense. Additionally, HB 1508 authorizes licensing agencies to require reimbursements when a student fails to receive the required notice.

Course #	Title	Hrs
NURA 1001	Nurse Aide for Health Care I This course prepares entry-level nursing aides to gain the knowledge, skills and abilities to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Aide (CNA) Program.	78
NURA 1060	Nurse Aide for Health Care II Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Aide Program. Tuition includes malpractice insurance and the state exam fee.	40

TOTAL HOURS **118**

State certification: Students successfully completing these courses will be prepared to take the state exam. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. A complete list of supplies will be available the first day of class; the estimated cost of supplies is \$65. Tuition includes malpractice insurance (\$16), the ID badge fee (\$6), CPR certification training, and industry recommended professional skills training, and the state exam fee. Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

NURSE AIDE FOR HEALTHCARE I AND II – 118 HRS

Students must enroll at the same time in SYN: 6388 NURA-1001-221CL and SYN: 6389 NURA-1060-121CL.

Cost: **In district: \$669** **Out of district: \$674**
 SYN:6388 NURA-1001-221CL 02/03/20-03/05/20 MTWTH
 06:00PM-10:00PM TVB 1135 COM Faculty

Cost: **In district: \$260** **Out of district: \$265**
 SYN:6389 NURA-1060-121CL 02/15/20-02/29/20 SSU
 06:00AM-02:00PM TBA COM Faculty

Students must enroll at the same time in SYN: 6386 NURA-1001-120CL and SYN: 6387 NURA-1060-120CL.

Cost: **In district: \$669** **Out of district: \$674**
 SYN:6386 NURA-1001-120CL 03/23/20-04/23/20 MTWTH
 08:45AM-12:45PM AHC 103 K Sellers

Cost: **In district: \$260** **Out of district: \$265**
 SYN:6387 NURA-1060-120CL 04/27/20-05/01/20 MTWTHF
 06:00AM-02:00PM TBA K Sellers

CNA STATE TEXAS REVIEW – 4 HRS

This course is a co-requisite to NURA 1001 and NURA 1060. Students will review for the state exam, Certified Nursing Assistant. Class registration is only for COM CNA students who have completed the CNA program in the Spring 2020 semester.

SYN: 6390 NURAX-1002-101CL 03/21/20 S
 08:45AM-12:45PM

SYN: 6391 NURAX-1002-102CL 05/15/20 F
 08:45AM-12:45PM

REGISTRATION FOR SPRING 2020 BEGINS DECEMBER 2, 2019.

DENTAL ASSISTANT Occupational Skills Award

An approved application is required prior to registration.
Call 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students to work as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping. The average hourly wage for dental assistant is \$16.95. Between 2014-2024, the need for dental assistants is projected to grow 18 percent. (Source: Bureau of Labor Statistics)



Notice to Students Regarding Licensing

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Should you wish to request a review of the impact of criminal history on your potential licensure prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": <https://records.txdps.state.tx.us/DpsWebsite/CriminalHistory/>

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Course #	Title	Hrs
DNTA 1015	Dental Chairside Assisting This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies' standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.	80
DNTA 1003	Registered Dental Assisting Exam Review This course prepares dental assistants to meet Texas State Board of Dental Examiners examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant Exam.	24
DNTA 1060	Clinical Dental Assistant This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional provides direct supervision.	100
TOTAL HOURS		204

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam.

DENTAL CHAIRSIDE ASSISTING – 80 HRS

Tuition includes six hours of CPR training, the malpractice insurance fee (\$16); ID badge fee (\$6). Training includes lab experience. Lab experience will take place on Saturdays (6) from 9am-1pm, and will be scheduled by the instructor on the first day of class. No Saturday class on 03/14/20.

Cost:	In district: \$1031	Out of district: \$1036
SYN:6366 DNTA-1015-220CL	02/04/20-04/09/20	TTH
06:00PM-09:00PM	AHC 102	E Enriquez
	02/22/20-04/04/20	S
09:00AM-01:00PM	TBA	E Enriquez

Students must enroll at the same time in SYN: 6367 DNTA-1003-220CL and SYN: 6368 DNTA-1060-120CL.

REGISTERED DENTAL ASSISTANT EXAM REVIEW – 24 HRS

Students must pay for the Registered Dental Assistant exam (approximately \$85). The instructor will provide specific due dates. The class will have an online component requiring that modules be completed. This course also includes industry recommended professional skills training.

Cost:	In district: \$265	Out of district: \$270
SYN:6367 DNTA-1003-220CL	04/14/20-05/07/20	TTH
06:00PM-09:30PM	AHC 102	E Enriquez

Students must enroll at the same time in SYN: 6366-DNTA-1015-220CL and SYN 6368 DNTA 1060 120CL.

CLINICAL DENTAL ASSISTANT – 100 HRS

*Course length is 100 hours and will be coordinated by instructor. Students must enroll at the same time in SYN: 6366 DNTA-1015-220CL and SYN: 6367 DNTA-1003-220CL.

Cost:	In district: \$119	Out of district: \$124
SYN:6368 DNTA-1060-120CL	05/11/20-06/19/20	MTWTHF
08:00AM-05:00PM	TBA	E Enriquez

ELECTROCARDIOGRAPHY (EKG) TECHNICIAN

An approved application is required prior to registration.
Prerequisite: A high school diploma or GED and previous healthcare experience or certification
Call 409-933-8645 for details and approval.

This program trains students to become EKG technicians, a key part of the medical team. EKG technicians prepare patients for an EKG by attaching electrodes to patient's arms, legs and chest. They also operate EKG machines while monitoring, interpreting and documenting patients' results, and they maintain and troubleshoot technical problems with EKG machines. EKG technicians work in health clinics, hospitals, and medical offices. Between 2018-2028, the need for EKG technicians is projected to grow 17.5 percent. The mean hourly wage is \$20.50. (Source: Bureau of Labor Statistics)

Notice to Students Regarding Licensing

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history checks are required for clinical experience purposes.

Should you wish to request a review of the impact of criminal history on your potential licensure prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": <https://www.precheck.com/>

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Course #	Title	Hrs
ECRD 1011	Electrocardiography and Telemetry Monitoring This introductory course is designed to teach the fundamentals of cardiovascular anatomy and physiology. Topics include basic electrocardiography procedures, interpretation of basic dysrhythmias and appropriate treatment modalities. Additional topics include an understanding of the heart and the implications of decreased cardiac output and its application in interpreting electrical activity. It also emphasizes the recognition of common and potentially lethal dysrhythmias.	64
EMSP 1050	Introduction to 12-lead ECG Interpretation Telemetry Monitoring The course will cover the interpretation of 12-lead electrocardiograms (ECGs) to identify dysrhythmias, axis deviation and myocardial ischemia, injury and infarction. It will discuss the clinical significance of abnormalities.	21
CVTT 1060	Clinical: Cardiovascular Technology This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	64
TOTAL HOURS		149

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

ELECTROCARDIOGRAPHY AND TELEMTRY – 64 HRS

Hybrid course. Tuition includes CPR certification training, malpractice insurance fee (\$16), ID badge fee (\$6) and testing fee (\$186), which includes study guide and practice exams. Students must concurrently enroll in SYN: 6365-EMSP-1050-220CL and SYN:6365-CVTT-1060-120CL. Class meets face to face once a week beginning Tuesday, 02/04/20. CPR will be held on Tuesday, 03/03 and Thursday, 03/05 in CLC 106 from 6p-9:00p.

Cost: In district: \$714 Out of district: \$719
SYN:6369 ECRD-1011-220HY 02/04/20-03/31/20 T
06:00PM-09:15PM AHC 104 J Kutinac

INTRODUCTION TO 12-LEAD ECG I INTERPRETATION – TELEMTRY MONITORING – 21 HRS

FACE TO FACE CLASS Prerequisite: Completion of SYN:6369-ECRD-1001-220HY and Enrollment in SYN:6365-CVTT-1060-120CL.

Cost: In district: \$230 Out of district: \$235
SYN:6370 EMSP-1050-220CL 04/07/20-04/28/20 TTH
06:00PM-09:15PM AHC 104 J Kutinac

CLINICAL: CARDIOVASCULAR TECHNOLOGY (EKG) – 64 HOURS

*Course length is 64 hours and the instructor will coordinate the times. Students must enroll at the same time in SYN: 6369-ECRD-1011-220HY and SYN: 6370-EMSP-1050-220CL.

Cost: In district: \$119 Out of district: \$124
SYN: 6365 CVTT-1060-120CL 05/04/20-06/04/20 MTWTHF
8:00AM- 5:00PM TBA J Kutinac

PHLEBOTOMY TECHNICIAN

Occupational Skills Award

An approved application is required prior to registration.

Prerequisite: A high school diploma or GED and previous healthcare experience or certification

Call 409-933-8645 for details and approval.



A rapidly growing occupation in the health care, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible. The average hourly wage for phlebotomy technicians is \$15.87. Between 2018-2028, the need for phlebotomy technicians is projected to grow 23 percent. (Source: Bureau of Labor Statistics) They find employment in hospitals, doctor's offices, medical and diagnostic laboratories, and blood donor centers.

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Course #	Title	Hrs
PLAB 1023	Phlebotomy Technician This course introduces students to the basic knowledge and skills of the phlebotomy profession. Students learn types of blood collections utilizing the proper techniques and universal precautions. The required textbook is available in the COM Bookstore.	96
PLAB 1060	Clinical: Phlebotomy This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	100
TOTAL HOURS		196

National certification: Students successfully completing these courses will be prepared to take the national exam given by American Society for Clinical Pathology.

PHLEBOTOMY TECHNICIAN – 96 HRS

Tuition includes malpractice insurance (\$16), six hours of CPR certification training, and industry recognized Professional Skills training.

Cost: In district: \$870 Out of district: \$875
 SYN: 6392 PLAB-1023-220CL 02/04/20-05/14/20 TTH
 06:00PM-09:30PM AHC 103 V Moreno

Students must enroll at the same time in SYN: 6393 PLAB-1060-120CL.

CLINICAL: PHLEBOTOMY – 100 HRS

*Course length is 100 hours and the instructor will coordinate times. Cost includes ID badge fee (\$6) and exam fee.

Cost: In district: \$254 Out of district: \$259
 SYN: 6393 PLAB-1060-120CL 05/18/20-06/26/20 MTWTHF
 08:00AM-05:00PM V Moreno

Students must enroll at the same time in SYN: 4371 PLAB-1023-263CL.

MEDICAL OFFICE/INSURANCE SPECIALIST

Prerequisite: A high school diploma or GED
 Call 409-933-8645 for details.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist. These courses prepare students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2018-2028, this field is projected to grow 16 percent, much faster than the average for all occupations. The mean hourly wage is \$16.42. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MDCA 1000	Medical Office This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills.	24
MDCA 1043	Medical Insurance Specialist	108

This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings.

TOTAL HOURS **132**

National Certification: Students successfully completed MDCA 1000 and MDCA 1043 will be prepared to take the Certified Billing and Coding Specialist exam offered through NHA (National Healthcareers Association).

MEDICAL OFFICE – 24 HRS

This course will provide students with an introduction to medical office operations, equipment, procedures, and human relations skills. Students will be charged an additional \$25 for each hybrid course. Hybrid Class meets once a week on Tuesdays. Students must concurrently enroll in SYN: 6384-MDCA-1043-220HY.

Cost: In District: \$275 Out-of-District: \$280
 SYN: 6383 MDCA-1000-220HY 02/04/20-02/18/20 T
 06:00PM-09:30PM CLC 111 C Brooks

MEDICAL INSURANCE SPECIALIST – 108 HRS

This course emphasizes medical office coding for payment and reimbursement by patient or third party payers for ambulatory care settings. Students will be charged an additional \$25 for each hybrid course. Hybrid class includes Medical Terminology. This course also includes industry recommended professional skills training. Students must concurrently enroll in SYN 6383-MDCA-1000-220HY. Students interested in the credit HIM Program may be able to request a credit by examination for Medical Terminology upon acceptance and enrollment of 6 hours in the HIM program. Please contact the CE AH Director for more information at 409-933-8512. No class 03/10/20.

Cost: In District: \$1275 Out-of-District: \$1280
 SYN: 6384 MDCA-1043-220HY 02/25/20-05/26/20 T
 06:00PM-09:30PM CLC 111 C Brooks

STERILE PROCESSING TECHNICIAN Occupational Skills Award

An approved application is required prior to registration.
 Call 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students to work as sterile processing technicians, a rapidly growing branch of the health care field. Sterile Processing Techs perform a variety of tasks in the operating room setting including instrument and equipment processing and infection control procedures.

The average hourly wage for a Medical Equipment Preparer (Sterile Processing Technician) is \$16.00. Between 2016-2026, the need for medical equipment preparers like sterile processing technicians is projected to grow up to 14 percent. (Source: O*NET online)

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your potential licensure prior to or during your quest for a degree, you can visit this link and request a "Criminal History Evaluation": <https://www.precheck.com/>

This information is being provided to all persons who apply or enroll in the program, with notice of the requirements as described above, regardless of whether or not the person has been convicted of a criminal offense. Additionally, HB 1508 authorizes licensing agencies to require reimbursements when a student fails to receive the required notice.

Course #	Title	Hrs
MDCA 1002	Human Disease/Pathophysiology A study of anatomy and physiology with emphasis on human pathophysiology, including etiology, prognosis, medical treatment, signs and symptoms of common diseases of all body systems.	48
HPRS 1006	Essentials of Medical Terminology A study of medical terminology, word origin, structure, and application.	24
HPRS 1091	Special Topics in Health Professions and Related Science: Sterile Processing I This course addresses topics such as preparing instruments and equipment for use in the operating room or sterile setting, including proper techniques, compliance with standards, and assembling.	89
HPRS 1091	Special Topics in Health Professions and Related Science: Sterile Processing II This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional provides direct supervision.	40

TOTAL HOURS **201**
Skills lab and clinicals located at UTMB Health.

HUMAN DISEASE/PATHOPHYSIOLOGY – 48 HRS

A study of anatomy and physiology with emphasis on human pathophysiology, including etiology, prognosis, medical treatment, signs and symptoms of common disease of all body systems. Students must concurrently enroll in SYN: 6379-HPRS 1091-220CL, SYN: 6380-HPRS 1091-120CL, SYN: 6378-HPRS 1006-220CL.

Cost: **In district: \$390** **Out of district: \$395**
SYN:6385 MDCA-1002-220CL 02/04/20-03/24/20 TTH
05:45PM-09:30PM AHC 115 COM Faculty

ESSENTIALS OF MEDICAL TERMINOLOGY – 24 HRS

Students must concurrently enroll in SYN: 6379-HPRS 1091-220CL; SYN: 6380-HPRS 1091-120CL; SYN: 6385-MDCA 1002-220CL.

Cost: **In district: \$360** **Out of district: \$365**
SYN: 6378 HPRS-1006-220CL 02/10/20-03/23/20 M
05:45PM-09:30PM AHC 115 COM Faculty

SPECIAL TOPICS IN HEALTH PROFESSIONS AND RELATED SCIENCE: STERILE PROCESSING I – 89 HRS

Topics address recently identified current events, skills, knowledge, and/or attitudes and behaviors pertinent to the technology or occupation and relevant to the professional development of

the student. Students must concurrently enroll in SYN: 6379-HPRS 1091-220CL; SYN: 6378-HPRS 1006-220CL; SYN: 6385-MDCA 1002-220CL; Students will need to schedule one 8 hour day with the instructor toward the end of the class. That will be a one on one lab day. This course also includes industry recommended professional skills training.

Cost: **In district: \$831** **Out of district: \$836**
SYN:6379 HPRS-1091-220CL 03/26/20-05/18/20 MTTH
05:45PM-09:30PM AHC 115 COM Faculty

SPECIAL TOPICS IN HEALTH PROFESSIONS AND RELATED SCIENCE: STERILE PROCESSING II – 40 HRS

Students must concurrently enroll in SYN: 6379-HPRS 1091-220CL; SYN: 6378-HPRS 1006-220CL; SYN: 6385-MDCA 1002-220CL *Course length is 40 hours; will be coordinated by instructor. The schedule is designed for students to attend 8 hours a day during the day, 5 days per week. (The date range listed includes extra time in the event that students need more days to complete the 40-hour requirement.) For any questions, please contact 409-933-8645. Tuition includes CPR certification training, malpractice insurance fee (\$16), and ID badge fee (\$6)

Cost: **In District: \$119** **Out-of-District: \$124**
SYN:6380 HPRS-1091-120CL 05/25/20-06/26/20 MTWTHF
06:00AM-02:00PM AHC 115 COM Faculty

CPR TRAINING CENTER CLASSES

BLS (HEALTHCARE PROVIDER CPR) – 5 HRS

This course is designed for healthcare providers and professional rescuers who require training in lifesaving skills of respiratory and cardiac emergencies involving adults, children, and infants. The American Heart Association (AHA) strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charges for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

Cost: **In District: \$59** **Out-of-District: \$64**
SYN:6371 EMSPX-1019-201CL 01/23/20 TH
05:00PM-10:00PM CLC 106 COM Faculty
SYN:6372 EMSPX-1019-101CL 02/21/20 F
08:30AM-01:30PM CLC 106 COM Faculty
SYN:6373 EMSPX-1019-202CL 03/26/20 TH
05:00PM-10:00PM CLC 106 COM Faculty
SYN:6374 EMSPX-1019-102CL 04/17/20 F
08:30AM-01:30PM CLC 106 COM Faculty
SYN:6375 EMSPX-1019-203CL 05/21/20 TH
05:00PM-10:00PM CLC 106 COM Faculty

BLS (BASIC LIFE SUPPORT) CPR SKILLS CHECKOFF – 2 HRS

This class is for students needing to complete the skills check off and/or Exam portion of the online AHA BLS for Healthcare Provider course. Students will take the online portion of the CPR course found on the American Heart Association website <https://onlineaha.org/courses#3>, and must bring their test results and certificate of completion to the class. To get started, email the instructor at ksellers@com.edu. Once a confirmed date is provided, contact the registration office at 409-933-8586 with the date.

Cost: In District: \$35 Out-of-District: \$40
 SYN:6364 AHCEX-1003-101CL 12/01/19-02/29/20
 CLC 106 K Sellers



HESI A2 ENTRANCE PREP – 8 HRS

This class prepares students to take and pass the HESI A2 Entrance Examination required for COM RN and VN programs.

Cost: In District: \$117 Out-of-District: \$122
 SYN:6381 HPRS-1091-221CL 03/16/20-03/18/20 MW
 05:30PM-09:30PM CLC 111 K Sellers
 SYN:6382 HPRS-1091-222CL 04/20/20-04/22/20 MW
 05:30PM-09:30PM CLC 111 K Sellers

We're In Your Neighborhood!



The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs, and allied health professional development courses.

Call 409-933-8645 for more information or visit www.com.edu/nc.

ONLINE TRAINING

ONLINE CAREER TRAINING LEGAL COURSES

[**WWW.LEGALSTUDIES.COM/VENDOR/**](http://WWW.LEGALSTUDIES.COM/VENDOR/)
COLLEGE-OF-THE-MAINLAND

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- Alternative Dispute Resolution \$995

All courses are designed to provide students with practical real-world skills they need to be job-ready. Courses are non-credit, continuing education. Above listed pricing reflects tuition only. Required books and materials are not included. All certificates of completion are issued by College of the Mainland.

Call for more information: 1-800-522-7737



**THE CENTER FOR
LEGAL STUDIES**

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CERTIFICATE IN FOOD, NUTRITION, AND HEALTH

Food and nutrition have a profound impact on our health and well-being, yet many of us are not aware of what foods to eat, which diets are healthy, and where our food originates. The goal of this course is to provide a holistic overview of current food and nutrition issues and their impact on physical, social, emotional, and spiritual health.

Throughout this course, you will become more conscious of what we eat, why we eat it, how it is prepared, and what consequences our food choices have on our health as well as the health of our planet. You will also learn how to change our eating habits for more healthful outcomes, including swapping processed sugar for other sweeteners, adding probiotics to the diet, and harnessing the healing effect of herbs.

Ultimately, you will gain insight into how food interacts with our bodies on multiple levels—physical, mental-emotional, and spiritual—as well as the impact it has globally. (16 contact hours)
www.ed2go.com/mainland

CERTIFICATE IN HEALTHY AGING

As the population in the United States ages, there are many opportunities to learn how to work with seniors in multiple settings in a way that supports quality of life. In the Certificate in Healthy Aging, you'll gain an overview of specific aspects of aging to provide a long-term foundation for treatment of the senior community and overall health during the later years of life.

This certificate is designed for anyone working in the health care field, those who are interested in the topic, those who are working with the aging population, or anyone who wishes to prepare for a career in aging services or gerontology. (10 contact hours) www.ed2go.com/mainland

CERTIFICATE IN LEGAL AND ETHICAL ISSUES IN HEALTHCARE

Healthcare professionals face ethical and legal dilemmas every day of their professional lives. In this certificate, you'll explore the legal and ethical risks that result from factors in the medical industry, including ever-shrinking resources, shorter lengths of stay, high-acuity patients, the availability of more complex information, diverse patient populations, and the use of technology.

By the end of the course, you'll have a solid grasp of crucial topics in the healthcare industry that are important to anyone working in the medical field. (12 contact hours)
www.ed2go.com/mainland

CERTIFICATE IN STRESS MANAGEMENT

Stress is at epidemic levels in the world today. In this certificate program, you will explore the physiological, social and psychological impacts of stress and study modalities to get stress under control. You will examine the relationship between stress and health, nutrition, and physical activity, and discover how stress can develop in the workplace. You will also learn about the different therapies that can help reduce stress, including how

healthy living habits—such as exercise and diet—can help counteract the negative impact of stress. At the end of this course, you will appreciate the importance of recognizing the impact of stress, and you will have gained knowledge of strategies and therapies to reduce and manage stress. (14 contact hours)
www.ed2go.com/mainland

EXPLORE A CAREER AS AN ADMINISTRATIVE MEDICAL ASSISTANT

Learn what it takes to have a successful career as an administrative medical assistant in the exciting and high-demand world of healthcare. In this course, you will master the basics of scheduling patients' appointments, surgeries, and hospital admissions. In addition, you will discover how to create, maintain, and file medical charts. You will also find out how to verify patients' insurance, create encounter forms (charge tickets), post charges, obtain pre-authorizations from insurers, and schedule return visits.

After that, go behind the scenes as you learn how to apply diagnostic and procedure codes to patients' accounts and bill their insurance companies. Next, explore additional accounts receivable tasks including posting payments and adjustments, billing secondary insurance, and following up on unpaid insurance claims. You will also learn what a day sheet is, why it's important, and how to keep track of all your patient accounts on a daily, monthly, and yearly basis.

Finally, delve into the basics of keeping a medical office running smoothly—from ordering supplies to scheduling staff meetings and making travel arrangements.

If you're organized, a "people person," and interested in a secure job in the healthcare field, a career as an administrative medical assistant may be just what you're looking for. This course will set you on the path to that career and help you determine which aspect of medical information management—from patient contact to billing and coding—suits you best.
www.ed2go.com/mainland

**FOR DETAILS ON MORE CLASSES, VISIT
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SPANISH FOR MEDICAL PROFESSIONALS

BECOME AN OPTICAL ASSISTANT

MEDICAL MATH

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.



Begin Your Career in CYBER SECURITY!

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ONLINE CAREER TRAINING PROGRAMS

CompTIA Security+ Certification Training (Voucher Included)

Prepare yourself for the CompTIA™ Security+ certification exam as you master the basics of system security, network infrastructure, access control, and organizational security. **80 HRS**

Certified Information Systems Security Professional (CISSP)

This engaging, hands-on program covers the key areas of information security and helps prepare individuals for the CISSP exam. **150 HRS**

Certified Information Security Manager (CISM)(Voucher Included)

CISM is one of the most valued certifications in the industry. This online program will prepare you to sit for the CISM certification exam. **120 HRS**

SSCP Systems Security Certified Practitioner (Voucher Included)

This program is an ideal course for individuals interested in advancing their knowledge of information and systems security. **80 HRS**

CompTIA Certification Training: A+, Network+, Security+ (Vouchers Included)

This training program provides a comprehensive foundation for IT professionals, and prepares you for the corresponding industry exams that are desirable for IT professionals. **480 HRS**

Information Security Master Certification Training (Vouchers Included)

This training program covers all crucial areas of security; from network security, cloud security, database security and even project management security procedures. **330 HRS**

CCNA: Security (Voucher Included)

With a CCNA Security certification, a network professional demonstrates the skills required to develop a security infrastructure, recognize threats and vulnerabilities to networks, and mitigate security threats. **105 HRS**

CompTIA Advanced Security Practitioner (CASP) (Voucher Included)

One of the most valuable vendor-neutral certifications in the security field, this program allows students to become proficient in a variety of technology areas, all while remaining infrastructure-agnostic. **50 HRS**

IT Security Survival Training (Vouchers Included)

This training program includes a core group of training courses needed to acquire the certifications necessary to compete for many of the positions available in IT security. **225 HRS**

Information Security Training (Vouchers Included)

This training program includes 3 of the most valuable certifications in IT Security. These credentials command some of the most lucrative salaries available in the IT field. **165 HRS**

CompTIA Network+ Certification Training (Voucher Included)

Master basic networking concepts and gain a fundamental knowledge of network design, security, routing, and switching. **110 HRS**

Certified Information Systems Auditor (CISA) (Voucher Included)

The CISA certification is an internationally recognized IT certification for senior IT professionals needing to know security and auditing principles. This online CISA training includes the cost of the CISA certification exam. **120 HRS**

Certified Ethical Hacker (Voucher Included)

The Certified Ethical Hacker (CEH) program is the core of the most desired information security training system any information security professional will ever want to be in. **100 HRS**

Cisco Certified Network Professional (CCNP)(Voucher Included)

The CCNP Certification is highly regarded in the IT industry as one of the most valuable credentials in the market for IT networking & security. **260 HRS**

Certified in Risk and Information Systems Control (CRISC)

This training program is designed to excel you in tasks such as managing the IT risks, design, implementation, monitoring and maintenance of IS controls. **40 HRS**

Program Features:

- 6-18 month self-paced, start anytime
- Textbook and materials included
- Prepare for industry certification
- Certification exam vouchers included
- Financial assistance available
- Student advisors available throughout training

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COLLEGE OF THE MAINLAND

FAST-TRACK ONLINE REAL ESTATE PROGRAM



Students in this program prepare for careers as real estate agents, who have an average annual salary of \$53,100 according to the Bureau of Labor Statistics. Classes are available online in partnership with REcampus at <https://portal.recampus.com/re/mainland>.

The Texas Real Estate Commission requires students to complete 180 class hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms. The cost is \$155 plus tax for each required course.

REAL ESTATE

Course #	Title	Hrs
RELE 1002	Real Estate Principles I This course is an overview of licensing as a real estate broker or salesperson in Texas. Includes ethics of practice as a license holder; titles to and conveyance of real estate; legal descriptions, deeds, encumbrances and liens; distinctions between personal and real property; appraisal, finance and regulations; closing procedures; and real estate mathematics. Covers at least three hours of classroom instruction on federal, state, and local laws relating to housing discrimination, housing credit discrimination, and community reinvestment. Fulfills at least 30 of 60 hours of required instruction for salesperson license.	30
RELE 1039	Real Estate Principles II A continuing overview of licensing as a broker or salesperson in Texas. Includes ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures, and real estate mathematics. Covers at least three hours of classroom instruction on	30

RELE 2002	Real Estate Law of Agency This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent's authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying representation procedures, and the disclosure of an agency.	30
RELE 1012	Real Estate Law of Contracts This course studies the elements of a contract, offer and acceptance, statute of frauds, specific performance and remedies for breach, unauthorized practice of law, commission rules relating to use of adopted forms, and owner disclosure requirements.	30
RELE 1020	Real Estate Finance This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial	30

<https://portal.recampus.com/re/mainland>

REAL ESTATE DISCLAIMER

Students enrolling in Real Estate education courses having a criminal history, may be ineligible for the license they seek. Students may request a criminal history evaluation prior to enrolling in courses or applying for a real estate, inspector or appraiser license. Students who are potential applicants may request a criminal history evaluation, by submitting a completed Moral Character Determination Form to the Texas Real Estate Commission prior to applying for a license. Students should refer to the criminal history eligibility guidelines set out in Texas Occupations Code §53.025 and TREC Rule 541.1.

instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act, and the State Housing Agency. The textbook can be purchased online. The textbook can be purchased online.

RELE 1010 Real Estate Promulgated Contracts and Forms 30
This course studies legal concepts of real estate, land description, real property rights, estates in

land, contracts, conveyances, encumbrances, foreclosures, recording procedures, and evidence of title. This course was designed to be repeated multiple times to improve student proficiencies.

TOTAL HOURS 180

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

INDUSTRIAL TRADE CAREERS

Heating, Ventilation and Air-Conditioning Occupational Skills Award

REQUIRED COURSE SEQUENCE

Select classes will be offered each semester
Textbooks are not included in course cost.

COM's Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician and/or installer through hands-on training. HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, schools, hospitals, hotels, restaurants and residential homes. The need for qualified HVAC technicians



DID YOU KNOW?

The number of HVAC technicians needed for the Gulf Coast Region is anticipated to grow 24% by 2026 with the median salary of \$24.77/hour depending on skill level.

**REGISTRATION FOR SPRING 2020
BEGINS DECEMBER 2, 2019.**

and installers in the Gulf Coast Region is anticipated to grow 24 percent by 2026. The median hourly wage is \$24.77, with entry-level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
HART 1001	Basic Electricity for HVAC	48
	This course is a study of the fundamental principles of electricity as required for the heating, ventilation and air conditioning trade. Students will demonstrate the proper use of test equipment, electrical circuits, and component theory and operation. They will apply electrical calculations and demonstrate electrical safety. Students will receive an OSHA 10 credential. Required Textbook ISBN: 9781631263545 Required Workbook ISBN: 9781631263552	
HART 1038	Air-Conditioning, Level I	96
	This course is a study of HVAC principles, terminology, tools and skills. Students will identify and demonstrate use of tools for HVAC, perform brazing and soldering operations, and apply trade mathematics. Prerequisite: HART-1001 Required Textbook ISBN: 9781631263545	
HART 1005	Air-Conditioning, Level II	96
	This course is a study of practical application of air-conditioning principles, including air properties, maintenance operations, thermodynamics and compressors. Prerequisites: HART-1001, HART 1038 Required Textbook ISBN: 9781631263545	
HART 2036	Air-Conditioning, Level III	48
	This course is an advanced study of troubleshooting principles. Students will demonstrate the use of test equipment to conduct performance tests and diagnose problems in air-conditioning and refrigeration systems. Prerequisites: HART-1001, HART 1038, HART 1005 Required Textbook ISBN: 9781631263545	
HART 1043	EPA Course and Test	10
	This course covers Section 608 of the Federal Clean Air Act of 1990. Students will receive intensive training in the required areas in preparation for the certification exam. The certification exam is	

included. Prerequisites: HART-1001,
HART 1038, HART 1005

TOTAL HOURS **298**

BASIC ELECTRICITY FOR HVAC – 48HRS

Cost:	In District: \$355	Out-of-District: \$360
SYN:6623 HART-1001-221CL	01/21/20-02/27/20	TTH
06:00PM-10:00PM	GCSI 117	B Alderman
SYN:6625 HART-1001-222CL	01/22/20-03/02/20	MW
06:00PM-10:00PM	GCSI 117	COM Faculty

AIR-CONDITIONING, LEVEL I – 96HRS

Cost:	In District: \$575	Out-of-District: \$580
SYN:6626 HART-1038-222CL	03/16/20-06/08/20	MW
06:00PM-10:00PM	GCSI 117	COM Faculty
SYN:6624 HART-1038-221CL	03/17/20-06/04/20	TTH
06:00PM-10:00PM	GCSI 117	B Alderman

EPA COURSE AND TEST – 10 HRS

Cost:	In district: \$200	Out of district: \$205
SYN: 6724 HART-1043-221CL	01/10/20	F
05:00PM-10:00PM	GCSI 117	B. Alderman
	01/11/20	S
07:00AM-12:00PM	GCSI 117	B. Alderman

Electrical I Occupational Skills Award

REQUIRED COURSE SEQUENCE

COM's NCCER Electrical Program prepares students for a successful career in an entry-level position as an Electrical helper often leading into Electrical technician careers. Electrical helpers install, operate, maintain and repair electrical wiring and control systems. Careers are available in residential, multi-dwelling, commercial environments, refineries, manufacturing, utilities and construction.

The need for qualified Electricians in the Gulf Coast Region is anticipated to grow by 17 percent by 2026. The median hourly wage is \$26.53, with entry level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
CNBT 1018	Electrical - NCCER Core This course is a comprehensive study of NCCER Core for instrumentation students. This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students will also learn how to select and demonstrate the proper use of hand tools, portable and stationary power tools, and related construction equipment. Students will obtain their OSHA 10 certification and credentials for NCCER Core. Required Textbook ISBN: 978-0-13-413098-9	64
ELPT 1011	Electrical - NCCER Level 1 This course is a comprehensive study of NCCER Level 1 for electrical. Students are introduced to mathematical applications used to solve problems in the electrical field. Students learn to use a cal-	96

culator to perform operations involving fractions and decimals; compute percentages using ratio and proportions; convert unit values, solve simple equations, and calculate areas and volumes of geometric solids. Upon completion students will obtain credentials for NCCER Electrical Level 1. Prerequisite: CNBT-1018

ELPT 1041

Electrical - NCCER Level 2-A

64

This course is a comprehensive study of NCCER Level 2-A for electrical. Students are introduced to basic direct current (DC) theory including electron theory and direct current applications. Upon course completion, students will be able to explain atomic structure and basic electrical values such as voltage, current, resistance and power as well as summarize the principles of magnetism. Students will learn to calculate electrical values for series, parallel and combination circuits and utilize electrical measuring instruments. Prerequisite: CNBT-1018, ELPT-1011

ELPT 1045

Electrical - NCCER Electrical Level 2-B

64

This course is a comprehensive study of NCCER Level 2-B for electrical. Students will discover the different wiring methods for single-family and multi-family dwellings and learn to wire devices according to electrical codes. The course will cover load calculations, service entrance sizing, proper grounding techniques and associated safety procedures. Upon completion of the course, students will be able to compute the circuit sizes needed for the installation of circuits, feeders and conductors and demonstrate grounding methods and safe installation of ground fault circuits. Upon completion of Level 2 students will obtain credentials for NCCER Electrical Level 2. Prerequisite: CNBT-1018, ELPT-1011, ELPT-1041

Required Textbook ISBN: 978-0-13-473821-5

TOTAL HOURS

288

ELECTRICAL – NCCER CORE – 64HRS

Cost:	In District: \$485	Out-of-District: \$490
SYN:6629 CNBT-1018-222CL	01/07/20-02/27/20	TTH
06:00PM-10:00PM	IND 006	D Chambers

ELECTRICAL – NCCER LEVEL I – 96HRS

Cost:	In District: \$575	Out-of-District: \$580
SYN:6630 ELPT-1011-221CL	03/03/20-05/28/20	TTH
06:00PM-10:00PM	IND 006	D Chambers

ELECTRICAL – NCCER LEVEL 2-A – 64HRS

Cost:	In District: \$475	Out-of-District: \$480
SYN:6633 ELPT-1041-221CL	01/27/20-03/25/20	MW
06:00PM-10:00PM	IND 006	COM Faculty

ELECTRICAL – NCCER LEVEL 2-B – 64HRS

Cost:	In District: \$475	Out-of-District: \$480
SYN:6634 ELPT-1045-221CL	04/06/20-06/01/20	MW
06:00PM-10:00PM	IND 006	W Welch

Instrumentation I Occupational Skills Award

NCCER Core, NCCER Level 1
COURSE SEQUENCE

COM's NCCER Instrumentation Program prepares students for a successful career in an entry-level position as an Instrumentation helper often leading into Instrumentation technician careers. Instrumentation technicians and helpers work with a wide variety of devices to measure and control pressure, temperature and flow; install and maintain instruments on new or existing equipment and processes. Careers are available in the petrochemical plants, refineries, manufacturing, utilities and construction.

The need for qualified Instrumentation technicians and helpers in the Gulf Coast Region is anticipated to grow by 11 percent by 2026. The median hourly wage is \$30.93, with entry level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
CNBT 1018	Instrumentation - NCCER Core This course is a comprehensive study of NCCER Core for instrumentation students. This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students will also learn how to select and demonstrate the proper use of hand tools, portable and stationary power tools, and related construction equipment. Students will obtain their OSHA 10 certification and credentials for NCCER Core. Required Textbook ISBN: 978-0-13-413098-9	64
TECM-1001	Industrial Mathematics This course teaches math skills applicable to industrial occupations. It includes fractions and decimal manipulations, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications. Prerequisite: CNBT-1018 Required Textbook ISBN: 978-1-33-7630580	64
INTC 1007	Instrumentation - NCCER Level 1 This course is a comprehensive study of NCCER Level 1 for instrumentation. In this course, students will become familiar with the theory and application of instrumentation test equipment. The course emphasizes accuracy, limitations of instruments and calibration techniques. Students will select, set up and operate test and measurement tools and equipment; analyze measurement results; identify test instrument limitations and parameters; and demonstrate proper safety procedures. Upon completion, students will obtain credentials for NCCER Level 1. Prerequisite: CNBT-1018, TECM-1001 Required Textbook ISBN: 978-0-13-383080-4	96
TOTAL HOURS		224

INSTRUMENTATION – NCCER CORE – 64 HRS

Cost: In district: \$485 Out of district: \$490
SYN:6631 CNBT-1018-222CL 01/06/20-03/02/20 MW
06:00PM-10:00PM IND 009 O Gamble

INSTRUMENTATION – NCCER LEVEL I – 96HRS

Cost: In district: \$575 Out of district: \$580
SYN:6632 INTC-1007-221CL 01/07/20-04/02/20 TTH
06:00PM-10:00PM IND 009 J. Phillip

Instrumentation II Occupational Skills Award

NCCER Level 2-A, NCCER Level 2-B

Course #	Title	Hrs
INTC 1043	NCCER Instrumentation Level 2-A This course is an introduction to automatic process control including measuring devices, analog and digital instrumentation, signal transmitters, recorders, alarms, controllers, control valves, and process and instrument diagrams. Topics include the connection and troubleshooting of loops. At the end of the course, students will have learned to explain pneumatic and electronic controls; connect and troubleshoot control loops; and draw process and instrument diagrams, wiring diagrams and block diagrams. Upon completion, students will obtain credentials for several modules of NCCER Instrumentation Level 2. Prerequisite: CNBT 1018, INTC 1007	96
INTC 1025	NCCER Instrumentation Level 2-B This course trains students in the installation of instrumentation equipment into a process environment using industry standards. Students will learn to outline the general procedures for installing instrumentation and mount an assigned series of instrumentation devices. Upon completion, students will obtain credentials for completion of NCCER Instrumentation Level 2. Prerequisite: CNBT 1018, INTC 1007, INTC 1043	64
TOTAL HOURS		160

INSTRUMENTATION – NCCER LEVEL 2-A – 96HRS

Cost: In district: \$575 Out of district: \$580
SYN:6638 INTC-1001-221CL 05/18/20-08/10/20 MW
06:00PM-10:00PM IND 010 O Gamble

INSTRUMENTATION – NCCER LEVEL 2-B – 64HRS

Cost: In district: \$475 Out of district: \$480
SYN:6637 INTC-1025-221CL 04/07/20-05/28/20 TTH
06:00PM-10:00PM IND 009 J. Phillip

Mechanical Maintenance Technician, Basic Occupational Skills Award

REQUIRED COURSE SEQUENCE

Required for Mechanical Maintenance Technician Intermediate and Advanced OSA and the Machinist OSA
Select classes will be offered each semester.
Textbooks are not included in course cost.

COM's Mechanical Maintenance Technician Program prepares

students for a successful career as a mechanical maintenance technician and millwright. Mechanical maintenance technicians work in petrochemical, refineries, manufacturing, production, power plants, maritime, aerospace, hospitals, commercial facilities and machine shops. The need for mechanical maintenance technicians and millwrights in the Gulf Coast Region is anticipated to grow by 16 percent by 2026. The median hourly wage is \$26.96, with entry-level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
INMT 1005	Introduction to Industrial Maintenance This course trains students in the basic mechanical skills and repair techniques common to most fields of industrial maintenance. Topics include using precision measuring instruments and the safety rules common in industry. Students will obtain their OSHA 10 certification. Required Textbook ISBN: 9781337795302	64
TECM 1001	Industrial Mathematics This course teaches math skills applicable to industrial occupations. It includes fraction and decimal manipulation, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications. Prerequisite: INMT-1005 Required Textbook ISBN: 97811337798310	64
MCHN 1002	Print Reading for Machine Trades and Rigging Students will study blueprints for machining trades with an emphasis on machine drawings. Topics include identifying the elements of machine drawings; interpreting the dimensions, tolerances and geometric aspects of blueprints; explaining geometric dimensioning and tolerancing (GD&T) symbols and their meanings; and identifying the safety concerns associated with lifting loads; rigging a load for lifting; performing a safety check before a load is lifted; and identifying the equipment required to make a lift. Prerequisites: INMT-1005 and TECM-1001 Required Textbook ISBN: 9781631261053 and 9780134129051	64
POFT 1006	Job Search and Employment Skills Students will develop the skills required to obtain and maintain a job. Topics will include standard applications for employment, interview procedures, personal appearance and attitudes, employer expectations, and employer/employee relationships." Prerequisites: INMT-1005, TECM-1001, MCHN-1002 Textbook Not Required	40
WLDG 1021	Metallurgy and Welding Fundamentals This course is an introduction to the fundamentals of the equipment used in oxy-fuel and arc welding, including welding and cutting safety, basic oxy-fuel welding and cutting, basic arc welding processes and basic metallurgy. Prerequisite: INMT 1005, TECM 1001, MCHN-1002, POFT-1006 Required Textbook ISBN: 9781305494695, Product# 710715	64
TOTAL HOURS		296

INDUSTRIAL MATHEMATICS – 64 HRS

Cost: In district: \$485 Out of district: \$490
SYN:7742-TECM-1001-221CL 01/28/20-03/26/20 TTH
06:00PM-10:00PM IND 012 COM Faculty

PRINT READING FOR MACHINE TRADES AND RIGGING – 64HRS

Cost: In District: \$475 Out-of-District: \$480
SYN:6612 MCHN-1002-221CL 04/13/20-06/08/20 MW
06:00PM-10:00PM IND 012 D Wall

METALLURGY AND WELDING FUNDAMENTALS – 64 HRS

Cost: In district: \$475 Out of district: \$480
SYN:6613 WLDG-1021-221CL 04/07/20-06/02/20 TTH
06:00PM-10:00PM IND 012 T Ward

JOB SEARCH AND EMPLOYMENT SKILLS – 40HRS

Cost: In District: \$285 Out-of-District: \$290
SYN:6615 POFT-1006-221CL 04/21/20-05/21/20 TTH
06:30PM-09:30PM TVB 1436 M Francis

Mechanical Maintenance Technician, Intermediate Occupational Skills Award

REQUIRED COURSE SEQUENCE

Prerequisite: Basic Mechanical Maintenance Technician OSA

Textbooks are not included in course cost.

Course #	Title	Hrs
MCHN 2005	Millwright III – Bearings, Seals and Couplings This course is an introduction to bearings and seals. Topics include the identification of common bearings and seals with an emphasis on the design and installation of seals, bearings and couplings. Prerequisites: Basic MMT Occupational Skills Award	64



The number of Mechanical Maintenance Technicians needed for the Gulf Coast Region is anticipated to **grow 16%** by the year 2026 with the median salary of **\$26.96/hour** depending on skill level.

Required Textbook: Product # 730733, 840843, 730734.1

MCHN 2007 Millwright IV – Lubrication, Valves and Pumps 64

This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps.

Prerequisites: MCHN-2005

Required Textbook: Product# 730735, 840844

MCHN 2012 Millwright V – Gear Boxes, Chain and Belt Drives 64

This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. Prerequisites: MCHN-2005, MCHN-2007
Topic 303.1

INMT 2003 Pumps, Compressors and Mechanical Drives 64

Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. Prerequisites: MCHN-2005, MCHN-2007, MCHN-2012

Required Textbook ISBN: 9780884155256

TOTAL HOURS 256

MILLWRIGHT III-BEARINGS, SEALS, AND COUPLINGS – 64HRS

Cost: In district: \$475 Out of district: \$480

SYN:6616 MCHN-2005-221CL 01/27/20-03/25/20 MW
06:00PM-10:00PM IND 017 COM Faculty

MILLWRIGHT V-GEAR BOXES, CHAINS AND BELT DRIVES – 64 HRS

Cost: In district: \$475 Out of district: \$480

SYN: 6725 MCHN-2012-221CL 01/28/20-03/26/20 TTH
06:00PM-10:00PM IND 017 COM Faculty

PUMPS, COMPRESSORS AND MECHANICAL DRIVES – 64HRS

Cost: In District: \$475 Out-of-District: \$480

SYN:6617 INMT-2003-221CL 04/06/20-06/01/20 MW
06:00PM-10:00PM IND 017 COM Faculty

**Mechanical Maintenance Technician,
Advanced
Occupational Skills Award**

REQUIRED COURSE SEQUENCE

**Prerequisites: Basic Mechanical Maintenance Technician OSA
and Intermediate Mechanical Maintenance Technician OSA**

Textbooks are not included in course cost.

Course #	Title	Hrs
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MCHN 2014	Millwright VI – Reciprocating, Centrifugal Compressors and Blowers	64
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This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors.

Required Textbooks ISBN: 9780884155256

MCHN 2016	Millwright VII – Turbines	64
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This course is a study in the operational principles

of turbines, the types of turbines and the troubleshooting and repairing of turbine equipment. The course will also review the installation of turbine systems. Prerequisites: MCHN-2014

Required Textbook ISBN: Textbook Not Required

MCHN 2018 Millwright VIII – Alignment and Vibration 64

This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. Prerequisites: MCHN-2014, MCHN-2016

Required Textbook: Product #730734.1

TOTAL HOURS 192

**MILLWRIGHT VI – RECIPROCATING, CENTRIFUGAL
COMPRESSORS AND BLOWERS – 64HRS**

Cost: In district: \$475 Out of district: \$480

SYN:6618 MCHN-2014-221CL 04/07/20-05/28/20 TTH
06:00PM-10:00PM IND 017 COM Faculty

**Manual Machinist
Occupational Skills Award**

REQUIRED COURSE SEQUENCE

**Prerequisites: MMT Basic Occupational Skills Award or approval from
the director of CE industrial workforce programs and
one year's work experience as a manual machinist.**

Textbooks are not included in course cost.

COM's Manual Machinist Program prepares students for a successful career as a manual machinist creating precision parts using manual lathes and mills. Manual machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified manual machinists in the Gulf Coast Region is anticipated to grow by 17 percent by 2026. The median hourly wage is \$20.97, with entry level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
MCHN-1038	Basic Machine Shop	64
	This course is an introduction to machining fundamentals. Students will use lathes, milling machines, drill presses, power saws and bench grinders. They will learn machine terminology, theory, trade mathematics, part layout and bench work using common measuring tools. They will demonstrate tooling maintenance and material handling, plus perform basic machine shop maintenance while following safety guidelines. Required Textbook ISBN: 9781337795302	
MCHN-1013	Basic Milling	64
	This course is an introduction to the common types of milling machines and their basic machines, part nomenclature, and basic machine operations and procedures. Students will identify milling machine components and their functions, calculate speeds and feeds, and set up and operate	

milling machines. They will apply safety, machine mathematics, blueprint reading and theory. Prerequisites: MCHN-1038
Required Textbook ISBN: 9781337795302

MCHN-1008 Basic Lathe 64

The course is an introduction to the common types of lathe machines, part terminology, basic machine operations and procedures. Students will identify lathe machine components and their functions, calculate speeds and feeds, set up and operate lathe machines. They will apply safety, machine mathematics, blueprint reading and theory. Prerequisites: MCHN-1038 and MCHN-1013
Required Textbook ISBN: 9781337795302

MCHN-2041 Advanced Machining 64

This course is a study of advanced lathe and milling machines operations. The student will learn advanced cutting operations of lathes and milling machines, including the use of special tooling, bench assembly and materials identification. Prerequisites: MCHN-1038, MCHN-1013 and MCHN-1008
Required Textbook ISBN: 9781337795302

TOTAL HOURS 256

BASIC MACHINE SHOP – 64HRS

Cost: In district: \$475 Out of district: \$480
SYN:6619 MCHN-1038-221CL 01/28/20-03/26/20 TTH
06:00PM-10:00PM IND 016/IND 019 K Gerami

BASIC MILLING – 64HRS

Cost: In District: \$475 Out-of-District: \$480
SYN:6620 MCHN-1013-221CL 04/07/20-05/28/20 TTH
06:00PM-10:00PM IND 019/IND 016 K Gerami

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.

**CONTINUING EDUCATION
NEW OFFICE HOURS**

Open: Monday - Friday 8 a.m. - 5 p.m.

For more information call 409-933-8586

A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

**CNC Machinist
Occupational Skills Award**

REQUIRED COURSE SEQUENCE

Prerequisites: Manual Machinist OSA or approval from the director of CE industrial workforce programs and two years' work experience as a manual machinist.
Textbooks are not included in course cost.

COM's CNC Machinist Program prepares students for a successful career creating precision parts using computer numerical controlled (CNC) lathes and mills. CNC machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified CNC machinists in the Gulf Coast region is expected to grow by 34 percent by 2026, the median hourly wage is \$25.57, with entry level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Course #	Title	Hrs
MCHN-2003	CNC Programming	124
	This course is the study of programming and operation of computer numerical controlled (CNC) machine shop equipment. Students will demonstrate operations of CNC machine controls, compare and contrast the differences between conventional and CNC machines, and use CNC machine applications for machining operations. Required Textbook ISBN: 9780831133474	
MCHN-1026	CAM/Mastercam	64
	This course is the study of computer-aided manufacturing (CAM) Mastercam software, which is used to develop applications for manufacturing. It emphasizes tool geometry, tool selection and tool library. Students will create part programs, transfer programs to the machine control unit, and machine parts. Prerequisites: MCHN-2003 Required Textbook ISBN: 978-0-988766-16-4	
MCHN-2038	CAM Multi-Axis	64
	This course covers advanced techniques in computer-aided manufacturing (CAM) software used to develop applications for manufacturing. Students will use the CAM software Mastercam to create multi-axis part programs and transfer programs to the machine control unit. Prerequisites: MCHN-2003 and MCHN-1026 Required Textbook ISBN: 9781927359792	
TOTAL HOURS		252

CNC PROGRAMMING – 124HRS

Cost: In District: \$720 Out-of-District: \$725
SYN:6642 MCHN-2003-221CL 01/07/20-04/30/20 TTH
06:00PM-10:00PM IND 019/IND 014 COM Faculty

CAM / MASTERCAM – 64HRS

Cost: In District: \$475 Out-of-District: \$480
SYN:6621 MCHN-1026-221CL 05/18/20-07/13/20 MW
06:00PM-10:00PM IND 019/IND 014 COM Faculty

Industrial Pipefitting Occupational Skills Award

REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's NCCER Industrial Pipefitting Program prepares students for a successful career in an entry-level position as a Pipefitter helper often leading into a Pipefitter career. Pipefitters layout, assemble, install, and repair pipelines or pipe systems that carry water, steam, air or other liquids or gases for production and process systems. Careers are available in petrochemical, refineries, manufacturing, utilities and construction.

The need for qualified Pipefitters in the Gulf Coast Region is anticipated to grow by 23 percent by 2026. The median hourly wage is \$25.92, with entry level positions starting below that rate (Source: Workforce Solutions, 2018). Financial assistance is available.

Industrial Pipefitting I Occupational Skills Award

NCCER CORE, NCCER Level 1, NCCER Level 2 REQUIRED COURSE SEQUENCE

Course #	Title	Hrs
CNBT-1018	Pipefitting – NCCER CORE This course is a comprehensive study of NCCER Core for pipefitting students. This course introduces students to basic job site construction safety in residential, commercial and industrial construction. Students will also learn how to select and demonstrate the proper use of hand tools, portable and stationary power tools, and related construction equipment. Students will obtain their OSHA 10 certification and credentials for NCCER Core. Required Textbook ISBN: 978-0-13-413098-9	64
PFPB-1008	Pipefitting – NCCER Level 1 This course is a comprehensive study of NCCER Level 1 for pipefitting. Students will be introduced to the pipefitting trade. They will learn how to use hand tools and power tools associated with pipefitting; identify pipes, pipe fittings, flanges and fasteners; apply mathematical calculations applicable to pipe-fitting installations; identify equipment used in pipefitting such as oxy-fuel cutting, ladders and scaffolds and motorized equipment. Upon completion students will obtain credentials for NCCER Pipefitting Level 1. Prerequisite: CNBT-1018 Required Textbook ISBN: 978-0-13-227310-7	96

DID YOU KNOW?

That the number of Pipefitters for the Gulf Coast Region is anticipated to **grow 23%** by the year 2026 with the median salary at **\$25.92/hour** depending on skill level.



REGISTRATION FOR SPRING 2020 BEGINS DECEMBER 2, 2019.

PFPB-1043	Pipefitting – NCCER Level 2 This course is a comprehensive study of NCCER Level 2 for pipefitting. Students will identify and demonstrate the use of different piping systems. They will install pipe hangers and supports, sketch isometric views of piping assemblies, interpret piping standard and specification, and use measuring devices and pipefitting trade math. Upon completion students will obtain credentials for NCCER Pipefitting Level 2. Prerequisites: CNBT-1018 and PFPB-1008 Required Textbook ISBN: 978-0-13-227314-5	128
TOTAL HOURS		288

PIPEFITTING – NCCER CORE – 64HRS

Cost:	In District: \$485	Out-of-District: \$490
SYN:6627 CNBT-1018-221CL	01/28/20-03/26/20	TTH
06:00PM-10:00PM	IND 007/IND 001	K Harris

PIPEFITTING – NCCER LEVEL I – 96HRS

Cost:	In District: \$575	Out-of-District: \$580
SYN:6628 PFPB-1008-221CL	04/07/20-06/25/20	TTH
06:00PM-10:00PM	IND 007/IND 001	G Cothran

WELDING

WELDING, MULTIPLE PROCESSES – 112 HRS

Prepare to enter a field with growing opportunities with COM's Welding Technology Program. Area plants are investing billions of dollars in capital improvements, and COM provides training that supports industry demands. Employment can be found in a variety of industrial settings such as the oil and gas industry, energy exploration, power plants, and construction.

The median hourly wage is \$17.53 with entry-level positions starting below that rate. (Source: Workforce Solutions, 2014). The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020.

COM's program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while

students completing five classes may be hired as a pipe welder (SMAW). The course includes a \$200 lab fee. Not included is approximately \$250 for personal equipment. **There will be no class March 9, 10, 11, 12, or 13.**

Cost:	In District: \$700	Out-of-District: \$705
SYN:6507 WLDG-1007-270CL	01/21/20-03/16/20	MTWTH
06:00PM-10:00PM	IND 001	M Minix
SYN:6508 WLDG-1007-271CL	03/17/20-05/04/20	MTWTH
06:00AM-10:00PM	IND 001	M Minix
SYN:6509 WLDG-1007-272CL	05/05/20-06/23/20	MTWTH
06:00PM-10:00PM	IND 001	M Minix

PUBLIC SERVICE CAREERS

Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

FIRE TECHNOLOGY

DRIVER/OPERATOR/PUMPER – 80HRS

This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Driver/Operator-Pumper. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Driver/Operator-Pumper. Students successfully completing the course will be eligible to take the certification examination for Driver/Operator-Pumper, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran for additional information at 409-933-8378 or dmclerran@com.edu.

Cost:	In District: \$695	Out-of-District: \$700
SYN:6558 FIRS-2044-101CL	05/18/20-05/29/20	MTWTHF
08:00AM-05:00PM	PSC 120	G Obert/D McLerran

FIRE INSTRUCTOR III – 64HRS

This course satisfies curriculum requirements for Texas Commission on Fire Protection Fire Instructor III certification. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Fire Instructor III. Students will be required to attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to take the certification examination Fire Instructor III, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran for additional information at 409-933-8378 or dmclerran@com.edu.

Cost:	In District: \$150	Out-of-District: \$155
SYN:6556 FIRT-2059-001IN	01/20/20-04/17/20	INTERNET
		D McLerran

FIRE INSPECTOR I – 90HRS

Internet Course: FIRT 1008, Fire Inspector I and FIRT 1040, Fire Inspector II satisfy curriculum and certification requirements for Texas Commission on Fire Protection Code Enforcement Inspector (formally Inspector I and II) certification. Students must

enroll in both courses to satisfy TCFP requirements for Code Enforcement Inspector. Subjects include curriculum and competencies as set forth in the TCFP Curriculum Manual for Code Enforcement Inspector. Students will be required to attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to take the certification examination for Code Enforcement Inspector, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran for additional information at 409-933-8378 or dmclerran@com.edu.

Cost:	In District: \$495	Out-of-District: \$500
SYN:6553 FIRT-1008-101IN	01/20/20-04/17/20	INTERNET
		M Simons

FIRE INSPECTOR II – 70HRS

The cost for both courses are included in FIRT 1008.

SYN:6554 FIRT-1040-101IN	01/20/20-04/17/20	INTERNET
		M Simons

PLAN EXAMINER I – 40HRS

Internet Course: This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Plans Examiner I certification. Subjects include curriculum and competencies as set forth in the TCFP Curriculum Manual for Plans Examiner I. Students will be required to attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to take the certification examination for Code Enforcement Inspector, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran for additional information at 409-933-8378 or dmclerran@com.edu.

Cost:	In District: \$195	Out-of-District: \$200
SYN:6555 FIRT-1002-101IN	04/20/20-05/15/20	INTERNET
		M Simons/D McLerran

FIRE OFFICER IV- 64HRS

This online course meets the curriculum requirements of the Texas Commission on Fire Protection (TCFP) for Fire Officer IV. Students successfully completing the course will be eligible for the TCFP certification for Fire Officer IV. Internet Course: This course satisfies curriculum and certification requirements for Texas Commission on Fire Protection Fire Officer IV. Topics include curriculum and competencies as set forth in the TCFP Curriculum Manual for Fire Officer IV. Students will be required to attend labs to complete TCFP skills required to be completed in the presence of a field examiner. Labs are TBA and listed in the course schedule. Students successfully completing the course will be eligible to take the certification examination for Fire Officer IV, provided they satisfy TCFP testing requirements. Students are responsible for TCFP testing and certification fees. Contact Danny McLerran for additional information at 409-933-8378 or dmclerran@com.edu.

Cost:	In District: \$150	Out-of-District: \$155
SYN: 6557	FIRT-2057-001IN	
01/20/20-04/17/20	INTERNET	D McLerran

SFFMA FIREFIGHTER I

The following two courses satisfy curriculum and certification

standards for the State Firefighters and Fire Marshals Association (SFFMA) Firefighter I. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Students must enroll in FIRS 1001 and FIRS 1007. Students successfully completing the course will be eligible to test for the SFFMA Firefighter I certification examination, provided they satisfy SFFMA testing requirements. Prerequisite: Student must be sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology, for information at 409-933-8378 or dmlcerran@com.edu.

FIREFIGHTER CERTIFICATION I – 96HRS

The cost for both FIRS 1001 and FIRS 1007 courses are included in FIRS 1001. Every Other Saturday

Cost: In District: \$895 Out-of-District: \$900
 SYN:6559 FIRS-1001-201CL 01/22/20-05/16/20 MWS
 06:00PM-10:00PM PSC 120 J Valdina

FIREFIGHTER CERTIFICATION II – 96HRS

The cost for both courses is included in FIRS 1001.

SYN:6560 FIRS-1007-201CL 01/22/20-05/16/20 MWS
 06:00PM-10:00PM PSC 120 J Valdina

SFFMA FIREFIGHTER II

The following two courses satisfy curriculum and certification standards for the State Firefighters and Fire Marshals Association (SFFMA) Firefighter II. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Student must enroll in FIRS 1029 and FIRS 1033. Students successfully completing the course will be eligible to test for the SFFMA Firefighter II certification examination, provided they satisfy SFFMA testing requirements. Prerequisite: Student must have successfully completed SFFMA Firefighter I and sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology for information at 409-933-8378 or dmlcerran@com.edu. In order to satisfy SFFMA Firefighter II requirements, students must enroll in the following two courses: FIRS 1029 and FIRS 1033.



FIREFIGHTER CERTIFICATION VI – 80 HRS

The cost for both FIRS 1029 and FIRS 1033 are included in FIRS 1029.

Cost: In district: \$595 Out of district: \$600
 SYN: 6561 FIRS-1029-001IN
 01/20/20-04/19/20 Internet G.Obert/D.McLerran

FIREFIGHTER CERTIFICATION VII – 80 HRS

The cost for both FIRS 1029 and FIRS 1033 are included in FIRS 1029.

SYN: 6562 FIRS-1033-001IN
 01/20/19-04/17/20 Internet G.Obert/D. McLerran

SECURITY AND LOSS PREVENTION

COMMISSIONED SECURITY OFFICER

COM's Commissioned Security Officer Course, which can be completed in about a week, prepares students for a career as a commissioned security officer. Commissioned security officers guard, patrol or monitor premises to prevent theft, violence or infractions of rules. They may operate X-ray and metal detector equipment. They may work in a wide variety of places, including public buildings, retail stores, industrial facilities and office buildings. The median hourly wage in Texas is \$24,680 per year/\$11.87 per hour. (Source: Bureau of Labor Statics)

Course #	Title	Hrs
SLPS 1013	Commissioned Security Officer	32
	This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment.	
TOTAL HOURS		32

⊕ COMMISSIONED SECURITY OFFICER – 32 HRS

Contact Dan Blackford at 409-933-8485 for further information.

Cost: In district: \$260 Out of district: \$265
 SYN: 6510 SLPS-1013-101CL 01/13/20-01/16/20 MTWTH
 08:00AM-05:00PM FIR 107 D Blackford
 SYN:6511 SLPS-1013-102CL 03/02/20-03/05/20 MTWTH
 08:00AM-05:00PM FIR 107 D Blackford
 SYN:6512 SLPS-1013-103CL 05/04/20-05/07/20 MTWTH
 08:00AM-05:00PM FIR 107 D Blackford

SECURITY FIREARMS REQUALIFICATION – 7 HRS

⊕ This course provides training for every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Contact Dan Blackford at 409-933-8485 for further information.

Cost: In district: \$65 Out of district: \$70
 SYN:6513 SLPS-2000-101CL 01/03/20-01/03/20 F
 08:00AM-03:00PM FIR 107 D Blackford

SYN:6514 SLPS-2000-102CL	02/07/20-02/07/20	F
08:00AM-03:00PM	FIR 107	D Blackford
SYN:6515 SLPS-2000-103CL	03/06/20-03/06/20	F
08:00AM-03:00PM	FIR 107	D Blackford
SYN:6516 SLPS-2000-104CL	05/01/20-05/01/20	F
08:00AM-03:00PM	FIR 107	D Blackford

LAW ENFORCEMENT

TCOLE FIREARMS INSTRUCTOR – 40 HRS

This course is designed to comply with mandated TCOLE training standards for the issuance of a Firearms Instructor License. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook.

Cost: In district: \$450 Out of district: \$455

SYN:6517 CJLE-2038-101CL 02/17/20-02/21/20 MTWTHF
08:00AM-05:00PM FIR 107 D Blackford

TCOLE PATROL RIFLE INSTRUCTOR – 40HRS

This course is designed to comply with mandated TCOLE training standards for the issuance of a Patrol Rifle Instruc-

tor License. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development. This is an intense and unique course designed to give the accomplished rifle operator the skills needed to become a competent rifle instructor. More than just learning the fundamentals and mechanics of operating the AR platform patrol rifle, students will be schooled in the instructional methods and techniques needed for transferring that knowledge to their students. Prerequisite: Basic Instructor Development (TCOLE #1014) or a course equivalent. Firearms Instructor (TCOLE #2222) or a course equivalent. Requirements: Participants must pass the Patrol Rifle Instructor Qualifications on the first day of class. There will be no refunds for any candidate dismissed for failure to meet the minimum qualifications; Hearing protection; Wrap around eye protection; Billed cap; Knee and elbow pads; Duty handgun with 3 magazines; Duty belt with non-collapsible belt holster for handgun; Magazine pouch; Sturdy clothing and good footwear, i.e. duty style or hiking boots that provide good ankle support; A tactical carrier is recommended, but not required.

Cost: In District: \$400 Out-of-District: \$405

SYN:6519 CJLE-2037-101CL 03/16/20-03/20/20 MTWTHF
08:00AM-05:00PM FIR 107 D Blackford

TCOLE PATROL RIFLE CERTIFICATION – 16 HRS

This course is designed to test the students shooting ability and decision making skills. Students will become familiar with the types of situations that may require the use of a patrol rifle and how to effectively deploy it. This course consists of classroom lecture and live fire training. Each student must be a licensed TCOLE Peace Officer. Students will receive 16 hours of TCOLE training credit hours. While attending the course it is recommended that students bring their own patrol rifle chambered in 5.56/.223, two magazines, a sling and their body armor or trauma plate carrier. Contact Dan Blackford for more information 409-933-8485.

Cost: In district: \$125 Out of district: \$130

SYN:6520 CJLE-2001-101CL 01/23/20-01/24/20 THF
08:00AM-05:00PM FIR 107 D Blackford

SYN:6521 CJLE-2001-102CL 05/13/20-05/14/20 WTH
08:00AM-05:00PM FIR 107 D Blackford

TCOLE CLASSROOM INSTRUCTOR – 40HRS

This Basic Instructor Certification course is designed to provide the basic concepts of instruction and to increase the quality of professional law enforcement training. This course introduces the student to the teaching-learning process, phases of the teaching-learning process, factors affecting learning, preparing a lesson plan, and methods of instruction. The students will be taught how to develop and use instructional media to enhance their presentations. In addition, the fundamental techniques of developing testing and evaluation procedures will be presented. Each trainee must demonstrate the basic knowledge and skills required to effectively instruct a lesson during two teaching exercises which will be evaluated by the course instructor.

Cost: In District: \$125 Out-of-District: \$130

SYN:6522 CJLE-2049-101CL 02/03/20-02/07/20 MTWTHF
08:00AM-05:00PM PSC 116 R Williamson

NEW SUPERVISORS COURSE – 24HRS

This course prepares new supervisor for their supervisory role. Topics include values, ethics, principles, communication, leader-

NEED YOUR TCOLE MANDATED TRAINING?

Is your department looking for more training for its officers? Contact College of the Mainland Law Enforcement Training for all of your training needs. COM can accommodate nearly any training request you may have from Basic Peace Officer to Master Instructor.

Call us and we will be happy to work with you.
For more information, call Thom Karlok at 409-933-8299.

FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.



ship styles, cultural diversity, racial sensitivity, planning and organizing. It meets requirements of Section 415.034 Texas Government Code, continuing education for new supervisors.

Cost: In District: \$125 Out-of-District: \$130
 SYN:6523 CJLE-1030-101CL 03/16/20-03/18/20 MTW
 08:00AM-05:00PM PSC 116 R Williamson

CIVILIAN FIREARMS

⊕ CIVILIAN FIREARMS PRACTICE – 3 HRS

This is a structured handgun practice session. Instructors are present for assistance in improving skills and accuracy. The on-campus firing range is located next to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. The minimum age is 18.

Cost:	In district: \$32	Out of district: \$37	
SYN:6531 CIVI-7001-201CL	01/02/20-01/02/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6532 CIVI-7001-202CL	01/16/20-01/16/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6533 CIVI-7001-203CL	02/06/20-02/06/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6534 CIVI-7001-204CL	03/05/20-03/05/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6535 CIVI-7001-205CL	03/19/20-03/19/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6536 CIVI-7001-206CL	04/02/20-04/02/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6537 CIVI-7001-207CL	04/16/20-04/16/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6538 CIVI-7001-208CL	05/07/20-05/07/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	
SYN:6539 CIVI-7001-209CL	05/21/20-05/21/20	TH	
06:30PM-09:30PM	FIR 107	D Blackford	

⊕ CONCEALED HANDGUN LICENSE/LTC – 5 HRS

This course is designed for those wanting to obtain a concealed handgun permit. Covered topics are those required by Texas. State law requires passing a written test and demonstrating proficiency with a handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

Cost:	In district: \$97	Out of district: \$102	
SYN:6524 CIVI-7003-101CL	01/04/20-01/04/20	S	
08:00AM-01:00PM	FIR 107	D Blackford	
SYN:6525 CIVI-7003-102CL	02/01/20-02/01/20	S	
08:00AM-01:00PM	FIR 107	D Blackford	
SYN:6526 CIVI-7003-103CL	03/07/20-03/07/20	S	

08:00AM-01:00PM	FIR 107	D Blackford
SYN:6527 CIVI-7003-104CL	04/04/20-04/04/20	S
08:00AM-01:00PM	FIR 107	D Blackford
SYN:6528 CIVI-7003-105CL	05/02/20-05/02/20	S
08:00AM-01:00PM	FIR 107	D Blackford

⊕ FIRST STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS

This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

Cost:	In district: \$82	Out of district: \$87	
SYN:6529 CIVI-7004-201CL	01/27/20-01/28/20	MT	
06:00PM-10:00PM	FIR 107	D Blackford	
SYN:6530 CIVI-7004-202CL	04/27/20-04/28/20	MT	
06:00PM-10:00PM	FIR 107	D Blackford	

⊕ INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS

This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a Concealed Handgun License CHL or a License to Carry LTC. Student must provide own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

Cost:	In district: \$202	Out of district: \$207	
SYN:6545 CIVI-7005-201CL	05/04/20-05/06/20	MTW	
06:00PM-09:00PM	FIR 107	D Blackford	

⊕ BASIC TACTICAL RIFLE – 12HRS

This course will introduce students to the tactical rifle. Students will build a strong foundation with their rifle while becoming safe and confident in skill level. This is a great course for the shooter wanting to learn the fundamentals with a rifle and build skills for advanced shooting. Student will learn firearms safety; nomenclature; fundamentals of shooting, loading and unloading procedures; zeroing procedures; malfunction clearing; shooting positions; multiple target engagements; moving and shooting. Students will need to provide their own rifle in 5.56 or .223, a sling and at least 2 magazines. Ammunition, range fees, targets and safety equipment are included in the tuition. All students must wear long pants and closed toed shoes while on the range.

Cost:	In district: \$207	Out of district: \$212	
SYN:6546 CIVI-7009-201CL	03/16/20-03/18/20	MTW	
06:00PM-10:00PM	FIR 107	D Blackford	

GULF COAST SAFETY INSTITUTE



CENTER FOR RISK MANAGEMENT

A TEAM APPROACH TO SAFE CONFINED SPACE ENTRY – 8HRS

This workshop will demonstrate the many advantages of using a “team approach” to confined space entry operations. The Confined Space Entry Team (Entrant, Attendant and Entry Supervisor) consists of interrelated roles and each is critical to the overall safety of your entrants. The workshop includes practical application of running a successful entry from preparing the initial entry permit to preplanning for effective non-entry rescue.

Cost: FREE

SYN:6394 OSH-1071-101CL	01/10/20	F
08:00AM-05:00PM	GCSI 112	R Rescue

THE BASICS OF REGULATED WASTE MANAGEMENT – 8HRS

As companies strive to become environmentally friendly, or “green”, there is a greater need for strategies of how to handle the waste streams. This class will cover the basics of an environmental waste management program and some strategies for improving your processes of managing waste streams. Topics will include: how to determine which of your wastes are classified as hazardous waste; how to operate and manage accumulation points; ensure containers meet regulatory requirements; how to properly mark and label containers; avoid manifest mistakes; and prepare for emergency response.

Cost: FREE

SYN:6395 OSH-1071-102CL	01/24/20	F
08:00AM-05:00PM	GCSI 112	S Laughlin

FLEET SAFETY AND VEHICLE RISK MITIGATION – 8HRS

Participants in this course will be able to use the ANSI/ASSE Z15, Safe Practices for Motor Vehicle Operations, to develop a concrete action plan to reduce their drivers’ and company’s risks, especially pertaining to the risks of non-DOT drivers. This course will also discuss insurance and risk management, driver behavioral motivations, metrics, and partnering with local authorities.

Cost: FREE

SYN:6396 OSH-1071-103CL	02/07/20	F
08:00AM-05:00PM	GCSI 112	L McGaha

MACHINE GUARDING – THE DO’S AND DON’TS – 8HRS

Presses. Guillotine cutters. Grinding Wheels. Rotating or reciprocating machinery. These machines are incredibly powerful and dangerous. Machine guarding is #8 on OSHA’s top 10 most frequently cited standards violated in FY2018 with over 1,700 violations. Injuries and amputations from machine guarding incidents can total as much as \$133,000 per incident. In this course you will learn to identify potential hazards in your workplace that require machine safeguarding and ensure they adhere to OSHA regulations.

Cost: FREE

SYN:6397 OSH-1071-104CL	02/21/20	F
08:00AM-05:00PM	GCSI 112	J Cherry

RECOMMENDED PRACTICES FOR SAFETY AND HEALTH – 8HRS

OSHA’s Safety and Health Program Management Guidelines use a proactive approach to provide employers, workers and worker representatives with a sound, flexible framework for addressing safety and health issues in diverse workplaces. These guidelines recognize that finding and fixing hazards before they cause injury or illness is a more effective approach. This course will provide an overview of the seven core elements of the Safety and Health Program Management Guidelines. Each core program element outlines steps that employers and workers can take to establish, implement, maintain, and improve their safety and health programs.

Cost: FREE

SYN:6398 OSH-1071-105CL	03/06/20	F
08:00AM-05:00PM	GCSI 112	C Dillon

ARE WE SPEAKING THE RIGHT LANGUAGE: MULTICULTURAL CONSIDERATION WITH OUR SAFETY COMMUNICATIONS AND TRAINING – 8HRS

As we become an increasingly global community, it is important to look at how plans are developed in communications and training with considerations for multicultural influence. This presentation will discuss cultural intelligence and demonstrate the application of 5 culture scales that should be considered when working with and communicating with multicultural groups.

Cost: FREE

SYN:6399 OSH-1071-106CL	03/20/20	F
08:00AM-05:00PM	GCSI 112	C Lewis

TRENCH SAFETY: WHY IS THIS AN OSHA EMPHASIS PROGRAM – 8HRS

Excavation and trenching are among the most hazardous construction operations, but the construction industry is not the only place where fatal accidents can occur. OSHA defines an excavation as any man-made cut, cavity, trench, or depression in the earth’s surface formed by earth removal, and as a narrow underground excavation that is deeper than it is wide, and is no wider than 15 feet (4.5 meters). In this session we’ll discuss protective systems, access and egress and the requirements of a competent person.

Cost: FREE

SYN:6400 OSH-1071-107CL	04/03/20	F
08:00AM-05:00PM	GCSI 112	G Smith

HEAT ILLNESS PREVENTION – 8HRS

This class is designed to help employers and workers assess heat stress hazards and establish an effective heat-illness prevention program. Understanding the six critical factors associated with heat stress is essential in the prevention of heat-related illnesses and fatalities. In this class we will cover risk factors for heat stress, how the body handles heat, heat-related illnesses, common prevention strategies, how to conduct a heat hazard assessment, implementing effective controls, training workers, preparing for medical emergencies and conducting incident investigations. Various types of heat stress monitors and heat-illness prevention devices will be demonstrated.

Cost: FREE

SYN:6401 OSH-1071-108CL	04/17/20	F
08:00AM-05:00PM	GCSI 112	R Phalen

DOCUMENT, DOCUMENT, DOCUMENT (HOW TO STAY OUT OF TROUBLE WITH THE AUDITORS) – 8HRS

"In God We Trust"... all others we verify. This is the motto of an auditor. Doesn't matter if it is an internal auditor or a compliance (i.e., OSHA) auditor - they will want to see the documentation. You can't simply say that you have done something - you have to prove it with your documentation. This class will cover the pitfalls found on most audits around documentation. We'll cover training, audit, inspections, tracking logs and other types of safety and health related documentation needs.

Cost: FREE

SYN:6402 OSH-1071-109CL	05/01/20	F
08:00AM-05:00PM	GCSI 112	C Lewis

HURRICANES: PREPARING FOR RECOVERY BEFORE THE STORM – 8HRS

We live in a hurricane prone area. This class will provide guidance and resources to help you prepare yourself, your workplace and family before a storm so that you can recover faster and more completely afterwards. Topics will include storm preparedness, critical documents, communicating with your

work place, facility considerations, and critical contracts. Class will include discussions, examples, and resources for your personal and professional use.

Cost: FREE

SYN:6403 OSH-1071-110CL	05/15/20	F
08:00AM-05:00PM	GCSI 112	P McIntosh

LEGAL ASPECTS OF SAFETY AND EFFECTIVE COMMUNICATION IN LEGAL PROCEEDINGS – 8HRS

This course will discuss two primary types of legal claims that affect all safety professionals - regulatory claims, such as OSHA, and litigation claims that stem from an accident or injury. Additionally, the course will address who and what can be sued. The instructor will provide a legal primer on liability issues so that attendees know how to address legal claims in their careers and how to evaluate risks as to who and what can be sued. Moreover, using actual and practical examples, the course will address how to effectively communicate as a safety professional in legal proceedings, such as in depositions or hearings or trials.

Cost: FREE

SYN:6404 OSH-1071-111CL	05/29/20	F
08:00AM-05:00PM	GCSI 112	M Deffebach

MARCH 2020 – MOODY GARDENS CONVENTION CENTER, GALVESTON, TX

POWER
PIPEFITTERS-OPERATORS-WELDERS-ELECTRICIANS-RIGGERS
WOMEN IN INDUSTRY



WOMEN *in* INDUSTRY 2020

MARITIME LOGISTICS TRAINING

Become a part of the exciting trucking, freight logistics, and transportation industries as a licensed freight broker or as a freight broker agent. From licensing and operations to sales and marketing, you'll learn the basics of how to run a domestic freight brokerage or agency in the United States.

Entrepreneur magazine has rated the freight brokerage business as one of the top home-based businesses to own, and a recent Wall Street Journal article cited freight brokering and logistics as the largest growing sector of the transportation industry. Written by freight brokerage specialists, this program will provide you with the knowledge and resources needed to break into the shipping industry.

Topics include: freight brokering basics, setting up your business and office, developing your corporate identity, setting up your shipper and carrier document packet(s), and using operations software for brokers, types of freight and exploring niche markets, transportation law, broker-carrier contracts, broker-shipper agreements, insurance for carriers and brokers, recordkeeping, accounting, and financial management, determining rate quotes, carrier relations, sales techniques and profitability, advanced marketing and developing negotiation skills. (180 Course Hrs)

Upon registering, you're given six months to complete the program. This program can be taken on either a Mac or a PC. All materials for this program are available online.

\$1,895.00

<https://careertraining.ed2go.com/com/>



LIFELONG LEARNING PROGRAM



LOCATION CODES

FAB

Fine Arts Building

College of the Mainland
1200 N Amburn Rd.
Texas City Campus
409-933-8348

GYM

College of the Mainland

1200 N Amburn Rd.
Texas City Campus
409-933-8422

LRC

Learning Resources Center

1200 N Amburn Rd.
Texas City Campus
409-933-8422

DRM Dickinson

Historical Railroad Center
218 FM 517 W
Dickinson, TX 77539
409-933-8422

LLGP

Lifelong Learning Gulfway Plaza

Lifelong Learning Program Office
14057 Gulfway Plaza
La Marque, TX 77568
409-933-8461

WJCC

Wayne Johnson Community Center

4102 FM 519
La Marque, TX 77568
409-934-8148

CLC

COM Learning Center – North County

200 Parker Ct.
League City, TX 77573
281-332-1800

MESSAGE FROM THE MANAGER

Welcome to the COM Lifelong Learning Program. We are located in a 15,000 square foot facility in the Gulfway Plaza. Within this facility, we have art class rooms, a computer lab, a glass-art classroom with cutting equipment and grinders. We have a sewing room with areas for quilting and fabric storage; there is a dance studio and an exercise room. Our students are our highest priority and we strive to maintain a welcoming and inclusive atmosphere.

We are offering numerous classes, trips and lectures. We have morning, afternoon, and evening classes.

Our program is designed for lifelong learners ages 18 and up. Students age 50 and over receive a senior rate as indicated in the course offerings.

For information on day trips, evenings at the theater, or extended travel, please contact the Lifelong Learning Center at 409-933-8461.

To register, please call 409-933-8461 or stop by the Lifelong Learning office Monday through Friday between 8 a.m. and 5 p.m. Returning students may also choose to register online. Mark your calendar for these important dates:

Dec. 2	First day of Registration for Spring 2020
Jan. 27	Classes begin
Mar. 9-13	Spring Break
Apr. 10	Spring Holiday

We are available to speak to local groups or organizations about our program. If you have suggestions for other new day or evening courses or are interested in teaching a course, please contact our office at 409-933-8432.

We hope to see you this semester!

Lisa Renfroe
Program Manager
Lifelong Learning
409-933-8432

LIFELONG LEARNING OFFICE HOURS

MONDAY – FRIDAY

8 a.m. – 5 p.m.

For more information, call 409-933-8461.

LIFELONG LEARNING PROGRAM VISION

The College of the Mainland Lifelong Learning Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults.

LIFELONG LEARNING PROGRAM MISSION

The College of the Mainland Lifelong Learning Program's mission is to provide educational opportunities for adult students by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society's existing and emerging educational needs.

LIFELONG LEARNING PROGRAM ID CARD INFORMATION

Lifelong Learning program students registered in a (SENR) exercise class that is located in the gym or who have a Lifelong Learning Fitness Membership to use the gym on main campus will receive a free ID card to access into the gym facility.

Students who want an ID to receive the benefits below must pay a onetime \$5 fee. If the ID card is lost or stolen, the replacement cost is \$5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (fall, spring, summer) for a Lifelong Learning Fitness Membership, you must take the ID card to the gym front desk for activation.

Note: A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid Lifelong Learning Program ID card and currently enrolled in the Lifelong Learning Program are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM cosmetology services at The Salon (call 409-933-8480)
- Free admission to COM Community Theatre production preview night performances (call 409-933-8345)

REGISTRATION FOR LIFELONG LEARNING PROGRAMS

New students may register in person at the Lifelong Learning Center Gulfway Plaza or the CE Office on main campus beginning on December 2. Current students may also register by phone by calling 409-933-8226 or online through WebAdvisor. New students age 50 or older, must show proof of age to receive the senior rate.

The Continuing Education schedule is on line: <https://www.com.edu/ce/schedule>

CANCELLATION OF CLASSES

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Lifelong Learning Office 409-933-8226 or Continuing

Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

TRIP CANCELLATION

If for any reason you cannot attend a trip you registered for, you must call the Lifelong Learning Program Office at 409-933-8461 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis, according to the refund dates listed in each trip description. Extended travel trips follow the procedures printed on the flier for each trip.

WAITING LISTS

Want to attend a class or trip that is full? Contact the Lifelong Learning Program Office at 409-933-8461 to join a waiting list.

HANDICAPPED-ACCESSIBLE PARKING

Need a handicapped-parking permit? Contact campus police at 409-933-8403.

COURTESY RIDE

Need a ride from COM's parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

HOURS FOR LIFELONG LEARNING GULFWAY PLAZA

Monday – Friday 8 a.m. – 5 p.m. (Hours vary when classes are in session.)

OTHER FACILITY HOURS

- COM Cosmetology Lab – Gulfway Plaza in La Marque
Call 409-933-8480 to make an appointment.
Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370
Open Monday – Thursday 7 a.m. – 7 p.m.
- Library, 409-933-8448
Open Monday – Thursday 8 a.m. – 9 p.m. present an ID at the library circulation desk to obtain a library card at no cost.



**REGISTRATION FOR SPRING 2020
BEGINS DECEMBER 2, 2019.**

LIFELONG LEARNING CLASSES

COURSE OFFERINGS IN ALPHABETICAL ORDER

ART: BEADED EMBROIDERY ON FABRIC (BEGINNER) – 36HRS

Students will be instructed on how to do embroidery with beads to enhance clothes, accessories or art. Students will also work on making jewelry by using the embroidery method. Students will work on gaining the skills to do bead embroidery on different types of fabric. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$40-\$50).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6410 SENR-7112-101CL 01/31/20-04/24/20 F

01:00PM-04:00PM LLGP 101 R Vance

ART: BEADED FASHION JEWELRY (ADVANCED) – 36HRS

Advanced beaders will learn new techniques and hone developed skills for bead stitching and bead stringing through the use of lectures, demonstrations, and hands-on student projects. Optional field trip to Houston-area bead shops for additional fee. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100-\$150).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6411 SENR-7050-101CL 01/29/20-04/22/20 W

09:00AM-12:00PM LLGP 104 R Wilcox

ART: BEADED FASHION JEWELRY (BEGINNER) – 36HRS

Students will learn specific beginners' skills in the techniques of bead stitching and bead stringing. Techniques will be taught by lecture, demonstration, and hands-on projects. Optional field trip to Houston-area bead shops for additional fee. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100-\$200).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6412 SENR-7048-101CL 01/29/20-04/22/20 W

01:00PM-04:00PM LLGP 104 R Wilcox

ART: BEADED PAPER EMBROIDERY – 36HRS

Advance embroidery skills with a paper technique from the 15th century. Students will learn to do various stitches including cross stitch and blackwork on perforated paper. Adding beads, cutting and backing the project will all be part of the lessons. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$20-\$40).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6413 SENR-6006-101CL 01/30/20-04/23/20 TH

09:00AM-12:00PM LLGP 104 P Ouellette

ART: BEADING DELICAS CYCLINDER – 36HRS

This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads for creating projects. Students will learn to make bracelets, wall hanging, amulet bags, and other projects. Students will also learn the following stitches: peyote, brick, herringbone and other basic stitches. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$20-\$60).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6415 SENR-7064-201CL 01/27/20-04/20/20 M

05:30PM-08:30PM LLGP 102 M Warling

SYN:6414 SENR-7064-101CL

09:00AM-12:00PM

01/31/20-04/24/20

LLGP 102

F

M Warling

NEW

ART: BEADING ON A LOOM – 36HRS

This course will provide students with the beginning skills to work on a loom. Students will work to make jewelry, or other accessories, by working with a loom and beads. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$50-\$60).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6547 SENR-7134-101CL 01/28/20-04/21/20 T

09:00AM-12:00PM LLGP 102 R Vance

*you can do
everything!*

ART: BRAZILIAN EMBROIDERY (BEGINNER) – 36HRS

Students may choose to learn the art of Brazilian embroidery or crochet. Brazilian Embroidery is a three-dimensional embroidery using bullions and cast-ons, and other stitches commonly used in other embroidery using rayon thread. Students may also choose to learn crochet. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$25-\$30).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6416 SENR-7046-101CL 01/30/20-04/23/20 TH

09:00AM-12:00PM LLGP 106 C Walker

ART: BRAZILIAN EMBROIDERY (INTERMEDIATE/ADVANCED) – 36HRS

Students will continue to develop skills in the art of Brazilian embroidery, chicken scratch embroidery or crochet. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$25-\$30).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47

SYN:6417 SENR-7033-101CL 01/30/20-04/23/20 TH

12:30PM-03:30PM LLGP 106 C Walker

ART: CAKE DECORATING: BUTTERCREAM, ROYAL ICING, AND FONDANT SKILLS – 24HRS

Students will learn basic skills of cake decorating using buttercream, royal, and fondant icings – including coloring icing, icing consistency, proper bag angle, and pressure control. Students will learn to fill and use a piping bag with and without a coupler,

icing tips, flower nails, and other equipment to transform their sweet treats into amazing deserts. Students will learn to level, tort, fill, and apply icing to cakes. In addition, various piping techniques such as piped designs, borders, and flowers in the various mediums. Students will also learn to cover a cake in fondant.

SUPPLIES: Required list of supplies will be provided at time of registration (estimated cost \$50-\$75).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6418 SENR-7090-201CL	01/27/20-04/20/20	M
06:00PM-08:00PM	LLGP 101	D Seyfang

ART: CANDY, CAKES, & COOKIES – 24HRS

This is a survey course taking students through various decorating mediums of candy, cakes, and cookies. Students will review using piping bags with and without couplers, as well as alternatives to using a piping bag. Students will use chocolate molds, pipe chocolate using patterns and freestyle, make cake pops, and learn royal icing techniques for decorating cookies. In addition, the class will make marshmallow fondant, candy clay, and rice krispy treats for the purpose of sculpting simple 3D objects, people, or animals to be used as personalized cake toppers.

SUPPLIES: Required list of supplies will be provided at time of registration (estimated cost \$50-\$60).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6419 SENR-6003-201CL	01/30/20-04/23/20	TH
06:00PM-08:00PM	LLGP 101	D Seyfang

ART: CLOTHING CONSTRUCTION – 36HRS

Become knowledgeable with sewing terms and their definition, the different parts and operation of the sewing machine, selecting and caring for different types of fabrics, and the sewing notions to meet a desired need. Students will learn the proper sewing tools, their names, and their functions. The overall objective of the course is to construct a garment or wearing apparel that is appealing to the student. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$50).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6504 SENR-7127-201CL	01/27/20-04/20/20	M
05:30PM-08:30PM	LLGP 106	T Harris

ART: COLLAGE/MIXED MEDIA – 36HRS

Create new artworks using paper, paint, and found objects. Learning to use recycled materials to make art with a message. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$25).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6420 SENR-7068-101CL	01/27/20-04/20/20	M
09:00AM-12:00PM	LLGP 101	D Runion

ART: CREATIVE GREETING CARDS – 36HRS

Discover new ways to make cards using alcohol inks, vinyl, water color paint, and white pen on dark paper. Make your paper. Cut out shapes using a die-cutting machine. Make different and unique cards such as pop-up, pull tab, and spinner cards. Use stamps and create your own stamping platform. Lots of fun and creative ideas to be shared! **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$20-\$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6421 SENR-7020-101CL	01/27/20-04/20/20	M
01:00PM-04:00PM	LLGP 103	M Waller

ART: CRICUT (ADVANCED) – 36HRS

Take your knowledge of the Cricut machine and the Design Space program to the next level with this advanced class. Learn how to create projects in the Cricut machine; discover how to import SVG files and implement their designs with your Cricut machine, including many that you can find for free; play with vinyl, HTV, wood, fabric, and much more. This advanced level class is for students who already have a basic working knowledge of Cricut Design Space and their own Cricut Explore machine or newer. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$50-\$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6422 SENR-7125-101CL	01/29/20-04/22/20	W
01:00PM-04:00PM	LLGP 103	G Garza

ART: CRICUT (BEGINNER) – 36HRS

Learn how to make personal t-shirts, signs, stencils, etch on glass, picture frames, boxes, luminaries, and so much more using a Cricut personal die-cutting machine. Course will start out with basic instructions of machine mechanics and then proceed to Cricut Design Space. Does not require a Cricut machine. Students must have laptop or tablet to access internet and download Design Space program. Required supply fee: \$25.

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6423 SENR-7101-101CL	01/29/20-04/22/20	W
09:00AM-12:00PM	LLGP 103	M Waller

ART: DECORATIVE VENEERING (BEGINNER) – 36HRS

This course is designed to introduce students to the art of decorative veneering; the use of thin wooden veneers of varying types, grain patterns, and colors to create decorative patterns for panels, borders, boxes and a variety of other uses. Students will learn to align wood grain in a variety of styles (slip match, book match, double book match), develop different styles of borders, and use these techniques to plan a three-dimensional tray. Students will also learn other decorative veneering techniques, including mosaic veneering and stringing. Although there are no prerequisites for this course, students should be prepared to take precision measurements and work carefully and safely in an organized manner to achieve best results. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$75).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6424 SENR-7123-101CL	01/29/20-04/22/20	W
09:00AM-12:00PM	LLGP 102	N Hansen

ART: DRAWING (ADVANCED) – 36HRS

This class will combine the drawing from photographs class and basic colored pencils class. When participants have completed a value (black and white) drawing, they may advance to colored pencils. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6425 SENR-7022-101CL	01/29/20-04/22/20	W
01:00PM-04:00PM	LLGP 101	K Flores

ART: DRAWING (BEGINNER) – 36HRS

This course is focused on the fundamentals of drawing using

observation and build drawing techniques. Students will learn to develop a visual language using lines, forms and depth. The course will progress from basic black and white forms to rendering images with shading and colors. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6426 SENR-6007-101CL 01/30/20-04/23/20 TH
 09:00AM-12:00PM LLGP 103 K Flores

ART: DRAWING WITH COLORED PENCILS (ADVANCED) – 36HRS

This course is designed for intermediate and advanced students only. Artists will develop in the next level of producing quality colored pencil drawings by learning new skills and reviewing products currently on the market. Students will learn to shade, highlight, and blend using layering and burnishing techniques. Colored pencils can produce a variety of texture, value, and tones. Drawing skills are not necessary to enjoy this class. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$20-\$30).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6427 SENR-7126-101CL 01/30/20-04/23/20 TH
 01:00PM-04:00PM LLGP 102 S Daniel

NEW ART: FISHING-FRESH AND SALTWATER – 36HRS

This introductory course will cover basic fishing tackle, rods and reels, casting demonstration and tips, knot tying, natural and live bait, lures and things to put in your tackle box. Students will learn how to handle fish, fish safety, fishing ethics, and where to find fishing regulations. This course will be in a classroom setting plus there will be optional field trips for additional fee.

Course prerequisite:

Valid Texas fishing license for freshwater and saltwater fishing.

SUPPLIES: Required list of supplies will be provided at time of registration (estimated cost \$35-\$100).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6652 SENR-7138-101CL 01/29/20-04/22/20 W
 05:30PM-08:30PM LLGP 106 L Mohammed

ART: FUSED GLASS (ADVANCED) – 36HRS

Students should have three semesters of glass work before signing up for this class. Students will learn new techniques and concentrate on perfecting skills. Students will create larger designs that take several class periods to complete. Students will also incorporate art design principals, painting skills, new painting materials, frit work, Dremel work, techniques to display work, and get out of their comfort zones to create interesting art! Students must bring their own tools. Required Supply Fee \$75.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6428 SENR-7018-101CL 01/27/20-04/20/20 M
 09:00AM-12:00PM LLGP 104 D Deats

ART: FUSED GLASS (BEGINNER) – 36HRS

This course introduces students to fused glass concepts and techniques. At its simplest, glass fusing is a process in which formulated compatible COE 96 glass is assembled and then melted/fused together in a kiln. Students will use the basic steps required to make colorful creations by cutting, stacking, and melting together pieces of transparent and opalescent colored glass. Projects include various styles of pendants, yard art, wired bugs, a wind chime, and a bowl. Students must bring their own tools. Required Supply Fee \$75.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6429 SENR-7017-101CL 01/27/20-04/20/20 M
 01:00PM-04:00PM LLGP 104 D Deats

NEW ART: GARDENING – HERBS AND SPICES – 36HRS

In this introductory course, students will learn how to grow a few herbs from seeds, bulbs, rhizomes, transplants, and clippings in containers indoor or outdoor and/or in the ground in raised beds or in ground level. The environment and soil type needed for successful growth and how to harvest the herbs and spices will also be covered. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$35-\$100).



Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6651 SENR-7137-101CL 01/30/20-04/23/20 TH
 05:30PM-08:30PM LLGP 102 L Mohammed

ART: KNITTING (BEGINNER) – 36HRS

Students will learn basics of the knit & Purl stitches, as well as the different types of yarn, what the label means, and the tools used in knitting. Students will learn how to increase, decrease and bind off yarn. Students will learn how to recognize the differences in how the stitches look, where to put stitch markers, and their placements. Students will learn how to choose the correct needle and yarn for their project and how to follow patterns and charts. No experience needed. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$20).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6409 SENR-7056-201CL 01/30/20-04/23/20 TH
 05:30PM-08:30PM LLGP 106 B Wilson

ART: LIFE STORY WRITING – 24HRS

Do you have a life full of stories? Stories that can teach others or you can pass along to your children or family? This class will teach you how to write "your story"! Creative writing tips will be presented and editing offered. This course will walk students through the process so they can focus on writing their story.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6430 SENR-7013-101CL 01/29/20-04/22/20 W
 10:00AM-12:00PM DRM S Adams

ART: MOSAIC ART (ADVANCED) – 36HRS

Advanced students will learn from an award-winning mosaic artist how to make modern mosaics. Teaching will include more

advanced design, setting, cutting, grouting techniques, as well as tips on creating beautiful 3D projects. Students should leave the class with one, or more, finished projects. Beginner Mosaics is a pre-requisite and students should bring all the tools they used in that class and may eventually need to purchase substrates beyond the cement boards that are provided. This class will include an optional mosaic-related field trip for an additional fee. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$45-\$55).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6677 SENR-7132-101CL	01/31/20-04/24/20	F
01:00PM-04:00PM	LLGP 104	M Patrick

ART: MOSAIC ART (BEGINNER) – 36HRS

Beginner students will learn from an award-winning mosaic artist how to make modern mosaics. The first day of class will be an introduction to the art, instructions on basic tools you'll need to purchase, as well as a "tour" of the classroom materials available for your use. Students should leave the class with one, or more, finished projects. This class will include an optional mosaic-related field trip for an additional fee. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100-\$110)

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6676 SENR-7131-101CL	01/31/20-04/24/20	F
09:00AM-12:00PM	LLGP 104	M Patrick

ART: ORIGAMI – 36HRS

Origami from the Japanese "ori" -to fold and "gami" - paper. People think of origami as an art form or craft; However, origami is the perfect tool for teaching people of all ages a multitude of skills. Origami promotes a mind body connection and is useful as meditation and mindful activity. The class, for novice folders and those with some experience, will cover the standard origami bases, traditional animals, boxes and decorative forms, along with modular origami. Students will use some models to make greeting cards. **Required Supply Fee: \$15.**

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6434 SENR-7066-101CL	01/27/20-04/20/20	M
01:00PM-04:00PM	LLGP 106	D Davis
SYN:7285 SENR-7066-102CL	01/27/20-04/20/20	M
09:00AM-12:00PM	DRM	D Davis

ART: PAINTING ON SILK – 36HRS

Experience the joy of painting on silk. Students will learn basic painting techniques for silk, including how to prepare the silk and final display options. Learn to create frameable paintings, wall hangings, and wearable art. A list of additional supplies will be provided at the first class. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$30-\$50).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6435 SENR-7088-101CL	01/30/20-04/23/20	TH
01:00PM-04:00PM	LLGP 103	S Moody

ART: PAINTING PORTRAITS – 36HRS

This class is designed for beginners in portrait painting who have a painting background in other genres. The class focuses

on direct observational portrait painting either from a photograph or fellow classmates. The course emphasizes "seeing," simplifying, and the importance of beginning a painting well. The instructor will discuss color as it relates to skin tones and how to achieve a "likeness" of the subject. Students will learn how to paint the flesh palette and will learn the alla prima - or wet-on-wet technique. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6436 SENR-7096-101CL	01/28/20-04/21/20	T
05:30PM-08:30PM	LLGP 103	C Noone

ART: PAINTING WITH ACRYLICS (BEGINNER) – 36HRS

This beginner class provides the basics of using acrylic paints and the techniques needed to create finished artwork. Different acrylic mediums and styles will be introduced as well. Students will have the opportunity to paint various subjects that will incorporate the techniques learned. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$40-\$75).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6437 SENR-7037-101CL	01/28/20-04/21/20	T
09:00AM-12:00PM	LLGP 103	D Brady
SYN:6438 SENR-7037-102CL	01/29/20-04/22/20	W
05:30PM-08:30PM	LLGP 101	C Noone

ART: PAINTING WITH ACRYLICS, ABSTRACT (INTERMEDIATE/ADVANCED) – 36HRS

What is abstract art? Why is abstract art? Abstract is not just throwing paint randomly onto a canvas. Come learn the "rules" of abstract art. Learn objective versus non-objective. Learn what freeing yourself can do for all of your artwork endeavors. Painting with Acrylics Beginner class or some painting experience is a recommended pre-requisite.

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6439 SENR-7103-101CL	01/27/20-04/20/20	M
01:00PM-04:00PM	LLGP 102	D Brady

ART: PAINTING WITH OILS (ADVANCED) – 36HRS

Students will work with the instructor to improve techniques and skills in oil painting. Students may start from scratch or bring their present work. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6440 SENR-7010-101CL	01/28/20-04/21/20	T
09:00AM-12:00PM	LLGP 101	D Wheeler
SYN:6441 SENR-7010-102CL	01/30/20-04/23/20	TH
01:00PM-04:00PM	LLGP 101	K Wells

ART: PAINTING WITH OILS (BEGINNER) – 36HRS

This course is designed for the oil painting beginner. It focuses on the techniques of the great masters and how to hold the brush, mix paint and use glazes. Techniques include exploring color and using light and shadow to create drama. The course starts with a limited paint pallet, expanding as the class progresses **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$120).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6442 SENR-7038-201CL 01/28/20-04/21/20 T
 05:30PM-08:30PM LLGP 101 D Wheeler

ART: PAINTING WITH WATERCOLORS (BEGINNER) – 36HRS

This course is only for students who have never taken watercolor painting. Even those who have never handled a brush before will enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. Students will discover their hidden potential while learning the fundamentals of this art form. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$200).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6444 SENR-7089-101CL 01/29/20-04/22/20 W
 09:00AM-12:00PM LLGP 101 L Johnson

ART: PAINTING WITH WATERCOLORS (INTERMEDIATE/ADVANCED) – 36HRS

Students will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up their techniques. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$70-\$200).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6445 SENR-7035-101CL 01/27/20-04/20/20 M
 01:00PM-04:00PM LLGP 101 S Anderson
 SYN:6446 SENR-7035-102CL 01/30/20-04/23/20 TH
 09:00AM-12:00PM LLGP 101 L Johnson

ART: PAPER MACHE ANIMALS – 36HRS

Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will proceed to more advanced projects and learn to build the armature (skeleton), create the form, and finish the sculpture.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6447 SENR-7040-201CL 01/29/20-04/22/20 W
 05:30PM-08:30PM LLGP 103 D Haddock

NEW ART: PAPER QUILLING – 36HRS

Students will craft paper coils for quilling. Come make jewelry, picture frames, pictures, and more! **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$30).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6565 SENR-7140-101CL 01/30/20-04/23/20 TH
 01:00PM-04:00PM LLGP 104 M Waller

ART: PHOTOGRAPHY AS A HOBBY (EXPERIENCED) – 36HRS

Have you always wanted to take your photography skills to the next level? Perhaps you have been a photographer for years and just moved to the digital camera? Or, you acquired a camera and are not sure how to use it. Through this course, students can overcome those obstacles and many more that will move them from taking pictures, to taking photographs! Students need to bring their own camera.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6448 SENR-7047-101CL 01/27/20-04/20/20 M
 01:00PM-04:00PM LLGP 105 T LeDoux

ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36HRS

Whether the desire is to photograph your family, vacations, or the world around you, this course will introduce students to basic

photography skills and camera features that will significantly improve their photographs. While a digital single lens reflecting camera is recommended, which ever camera students have is perfect. Students need to bring their own camera.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6449 SENR-7049-101CL 01/27/20-04/20/20 M
 09:00AM-12:00PM LLGP 105 T LeDoux

ART: PICTURE FRAMING – 36HRS

Students will use a variety of techniques and materials to create their own picture frames. Students will learn to measure accurately for matting and how to assemble completed frames with or without glass, backer boards, or attachments for hanging the frame. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$75).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6450 SENR-7100-101CL 01/27/20-04/20/20 M
 09:00AM-12:00PM LLGP 102 N Hansen

ART: QUILTING (ALL LEVELS) – 36HRS

This class is for students wanting to learn how to quilt or expand their existing quilting skills. It is for students needing help with a current quilting project or those wanting to start a new quilting project. Learn how to complete a quilt and master quilting techniques. Students must bring their own supplies. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$75-\$350).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6451 SENR-7119-101CL 01/28/20-04/21/20 T
 01:00PM-04:00PM LLGP 106 E Tutt
 SYN:6452 SENR-7119-201CL 01/28/20-04/21/20 T
 05:30PM-08:30PM LLGP 106 E Tutt

ART: STAINED GLASS (ADVANCED) – 24HRS

This class is for students with experience in working with stained glass who would like to further develop their skills. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$150-\$300).



Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6453 SENR-7004-101CL 01/28/20-04/21/20 T
 10:30AM-12:30PM LLGP 104 P Stettler

ART: STAINED GLASS (BEGINNER) – 24HRS

Come learn the art of stained glass. Students will be taught to construct a panel from start to finish with the Copper Foil technique which will provide the basis to building additional panels. A small panel will be the class project. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$150-\$300).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6454 SENR-7003-101CL 01/28/20-04/21/20 T
 08:15AM-10:15AM LLGP 104 P Stettler
 SYN:6455 SENR-7003-201CL 01/28/20-04/21/20 T
 06:00PM-08:00PM LLGP 104 P Stettler

ART: STAINED GLASS, LEAD CAME (ADVANCED) – 36HRS

Lead Came is an H channel that conforms to the shape of the

glass when the glass is inserted. This method is typically used for larger windows that need more support. Students will assemble a panel in this class. Students will learn how to cut and solder the lead joints, when to reinforce a panel, seal and provide the finishing touches. Beginner and Advanced Stained Glass classes are pre-requisites to this class. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$75-\$100).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6460 SENR-7044-101CL	01/28/20-04/21/20	T
02:00PM-05:00PM	LLGP 104	P Stettler

ART: TANGLED ART (BEGINNER) – 36HRS

This class covers the techniques of the Zentangle® method founded by Maria Thomas and Rick Roberts. Zentangle® method was designed to open inner gates to creativity so art can be created in an easy and relaxed manner without a long learning curve. Students will create art the very first day of class. This class will focus on learning a core set of tangles and Zentangle® techniques of working on white, black, and tan tiles. One Zentangle Inspired Art (ZIA) project will be completed. This course is a pre-requisite for the Intermediate/Advanced course. **Required Supply Fee: \$30.**

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6541 SENR-6011-101CL	01/29/20-04/22/20	W
01:00PM-04:00PM	LLGP 102	V McMillen
SYN:6540 SENR-6011-201CL	01/30/20-04/23/20	TH
05:30PM-08:30PM	LLGP 103	B Langston

ART: TANGLED ART (INTERMEDIATE) – 36HRS

This class will include intermediate Zentangle® projects such as complex tangle patterns, fragments and reticula, class mosaics, embedded letters, using colored pencils and other topics as selected by the teacher and the class. Prerequisite is successful completion of the Tangled Art (Beginner) class or approval of the teacher. **Required Supply Fee: \$30.**

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6461 SENR-7104-101CL	01/28/20-04/21/20	T
01:00PM-04:00PM	LLGP 103	B Langston

ART: WIRE-WRAPPED JEWELRY – 36HRS

Students will learn how to make fabulous wire jewelry - no experience needed. Students will learn basic wire techniques, how to make bezels, frames to set stones, beads, and wire wrap cabochons. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$100-200).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6462 SENR-7114-101CL	01/28/20-04/21/20	T
01:00PM-04:00PM	LLGP 102	R Wilcox

ART: WOODWORKING (BEGINNER) – 36HRS

This course is intended for beginning and intermediate students who desire to learn or improve their knowledge and skill using basic woodworking hand tools. Discussion will include wood and tool terminology, layout techniques, joinery, and finishes. Instructor will cover sharpening, proper tool selection, and project layout, all with proper technique and safety in mind at all times. **SUPPLIES:** Required list of supplies will be provided at time of

registration (estimated cost \$200-\$250).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6463 SENR-7094-101CL	01/30/20-04/23/20	TH
09:00AM-12:00PM	LLGP 102	R Goodheart

ART: WOODWORKING (INTERMEDIATE) – 36HRS

This course is for students looking to continue honing their woodworking skills and expanding their knowledge in the woodshop. Basic Woodworking class is a prerequisite. Emphasis is on form, function, and organization. Other discussions include the proper tools for the task and tool maintenance, workspace management, how to read the wood, and finding the fun when planning projects, finishing projects, and safety. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$200).

Cost: Senior: \$15	In District: \$42	Out-of-District: \$47
SYN:6464 SENR-7108-201CL	01/29/20-04/22/20	W
05:30PM-08:30PM	LLGP 102	R Goodheart

COMPUTER: ABSOLUTE BEGINNERS – 24HRS

Whether students have never worked with or have forgotten what they learned about computers, this class will meet students where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows "friendlier" or personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students will need to bring a USB flash/jump drive to class.

Cost: Senior: \$15	In District: \$72	Out-of-District: \$77
SYN:6465 SENR-7011-101CL	01/31/20-04/24/20	F
08:00AM-10:00AM	LLGP 105	M Baker

COMPUTER: BASIC INTERNET – 25HRS

Students should have some basic computer skills to benefit from this course. This course will explain in simple terms what the Internet is, how to get connected, and how to navigate it safely. Students will learn to browse the Internet, email, text, shop online, and experience commonly used Internet applications. Whether using a smart phone, tablet, personal computer, or even thinking of buying a device to access the Internet, students will find this information useful. A College of the Mainland ID/password and classroom computers will be provided.

Cost: Senior: \$15	In District: \$72	Out-of-District: \$77
SYN:6466 SENR-7106-101CL	01/30/20-04/09/20	TH
12:30PM-03:00PM	LLGP 105	G Ward

COMPUTER: DIGITAL STORYBOOKING – 30HRS

Use the computer to put YOUR story together with your precious pictures and make a forever keepsake. This is a better alternative to keeping pictures in a shoebox or on the computer in a jpg file! Whether you want to tell about your family, your life, vacation or grandchild, the techniques are the same for making a hard bound book, scrapbook pages, greeting cards or playing cards. Using the Heritage Makers system, the same techniques are used. Students will use their own pictures for projects.

Cost: Senior: \$15	In District: \$72	Out-of-District: \$77
SYN:6467 SENR-7034-101CL	01/29/20-04/22/20	W
10:15AM-12:45PM	LLGP 105	J Hoggatt

COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25HRS

Have you been using an iPhone or iPad for a while but are not

sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps, and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Facebook, Twitter, podcasts, weather and news apps. Students must bring an iPad/iPhone with iOS 10 software or above (no Android phones/tablets).

Cost: Senior: \$15 In District: \$72 Out-of-District: \$77
 SYN:6468 SENR-7053-101CL 01/30/20-04/09/20 TH
 09:30AM-12:00PM LLGP 105 G Ward

COMPUTER: MICROSOFT FOR BEGINNERS (WORD, EXCEL, POWERPOINT) – 24HRS

Students will learn the basics of Microsoft Word, PowerPoint, Excel, Access, and Outlook. Students will learn both the basics of each application and the features needed for projects appropriate for the software platform. The course also covers use of the internet for business and internet safety.



Cost: Senior: \$15 In District: \$72 Out-of-District: \$77
 SYN:6470 SENR-7116-201CL 01/29/20-04/22/20 W
 06:00PM-08:00PM LLGP 105 C Benson
 SYN:6469 SENR-7116-101CL 01/31/20-04/24/20 F
 10:15AM-12:15PM LLGP 105 M Baker

COMPUTER: MICROSOFT POWERPOINT & PUBLISHER (INTERMEDIATE/ADVANCED) – 24HRS

Whether it is a business meeting, wedding, birthday party, or small family gathering, learn to create slide presentations that will wow your audience! This class will review the basics, and then learn to include images, videos, hyperlinks, animation, narration, and more in slides as we explore Microsoft PowerPoint in greater detail. If times allows, the class will learn to make flyers, business cards, invitations, family newsletters, etc. while exploring the Microsoft Publisher program. Microsoft for Beginners is a recommended pre-requisite for this class (students must be able to login and download files from their COM email, save files to a flash drive, and have a very basic understanding of the PowerPoint and Publisher programs' ribbons). Students must bring a USB flash drive to class.

Cost: Senior: \$15 In District: \$72 Out-of-District: \$77
 SYN:6471 SENR-7130-101CL 01/29/20-04/22/20 W
 01:00PM-03:00PM LLGP 105 C Benson

COMPUTER: MICROSOFT WORD (INTERMEDIATE/ADVANCED) – 24HRS

Learn to create and customize a variety of documents including resumes, letters, flyers, envelopes, and more with Microsoft Word. After a quick review of word processing basics, students will explore the power of Word in depth. Students must bring a USB flash/jump drive to class. Prerequisites: Microsoft for Beginners (must be able to login and download files from COM email)

Cost: Senior: \$15 In District: \$72 Out-of-District: \$77
 SYN:6473 SENR-7128-101CL 01/29/20-04/22/20 W
 08:00AM-10:00AM LLGP 105 C Benson

COMPUTER: PHOTOSHOP – 36HRS

This course will introduce students to the complexity of Photoshop and simplify the process of using this photo manipulation application. Students will be introduced to Photoshop's interface and tools while learning basic editing tools from corrections to exposure, adjustments and cropping. Furthermore, students will be using edits like text, layers and combining photographs. Intermediate computer skills required.

Cost: Senior: \$15 In District: \$72 Out-of-District: \$77
 SYN:6474 SENR-7115-201CL 01/27/20-04/20/20 M
 05:00PM-08:00PM LLGP 105 T LeDoux

EXERCISE: BALANCE TRAINING – 30HRS

This class focuses on the exercises that improve balance, proprioception, and coordination. Students will perform different activities to strengthen the muscles of the feet, ankles, legs, and core in all planes of motion. A chair will be used for support as need and modifications will be given to accommodate the needs of students.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6475 SENR-7124-101CL 01/28/20-05/14/20 TTH
 12:30PM-01:30PM LLGP 107 P Trevisani

EXERCISE: DANCE AND TONE – 22.5HRS

Come join a fun filled cardio dance and toning class. Students will perform cardio exercise dances to various types of music and tone their entire bodies using various types of equipment.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6476 SENR-7122-101CL 01/31/20-05/15/20 F
 08:30AM-10:00AM LLGP 107 A Johnson Galdamez

EXERCISE: DANCE FOR HEALTH – 30HRS

This class blends dance, music and exercise to improve overall health and physical fitness. Students may join this class at any time during the semester. Students must wear footwear or dance socks that slide and swivel easily and do not stick to the floor. No partner is needed.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6477 SENR-7001-101CL 01/27/20-05/13/20 MW
 11:00AM-12:00PM LLGP 107 P Trevisani

EXERCISE: LINE DANCING – 30HRS

Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from accomplishments. This class is for students who have never had a line dancing class. Students must wear footwear that slides and swivels easily and does not stick to the floor. Register with a partner (required). Low heel shoes or socks needed.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6482 SENR-7006-101CL 01/28/20-05/14/20 TTH
 10:15AM-11:15AM LLGP 108 S Gerhardt
 SYN:6483 SENR-7006-201CL 01/28/20-05/14/20 TTH
 05:30PM-06:30PM LLGP 108 P Horton
 SYN:6484 SENR-7006-202CL 01/28/20-05/14/20 TTH
 06:45PM-07:45PM LLGP 108 P Horton

EXERCISE: PILATES – 30HRS

Pilates strengthens the muscles that support the spine (the

neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. To maximize the benefit of this class, students should be able to exercise on the floor using mats provided. Students will be shown modifications for all exercises, but will be encouraged to challenge themselves as the semester progresses.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6485 SENR-7075-101CL 01/28/20-05/14/20 TTH
 04:15PM-05:15PM LLGP 107 S Deshotel

EXERCISE: PILATES, WEIGHTS, AND DRUMS – 30HRS

This class combines three exercises classes into one. Students will perform different exercises each day to help strengthen and tone different areas of the body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drum sticks. Students will be shown modifications for all exercises, but will be encouraged to challenge themselves as the semester progresses.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6487 SENR-7113-101CL 01/28/20-05/14/20 TTH
 11:00AM-12:00PM LLGP 107 P Trevisani

EXERCISE: PILATES/YOGA (MIXED) – 30HRS

This class combines Yoga and Pilates exercises with motivating music to stretch, tone and strengthen your entire body.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6486 SENR-7080-101CL 01/27/20-05/13/20 MW
 08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: POLKA DANCE – 15HRS

The Polka/Country Western Swing Dance is a fun, upbeat, partner dance with a 6-count “triple-step” rhythm. Students will learn the Basics of Polka: Frame, Lead/Follow skills, couple turns, underarm turns and spins. The class prepares students to practice what they learn at local dance venues. Students must wear footwear or dance socks that slide and swivel easily and do not stick to the floor. Students may rotate partners throughout each class. Students must have a partner (partner sign up list available).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6488 SENR-7120-201CL 01/27/20-05/11/20 M
 06:15PM-07:15PM LLGP 108 P Trevisani

EXERCISE: SIT-N-FIT (INTERMEDIATE) – 30HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6542 SENR-7002-101CL 01/28/20-05/14/20 TTH
 09:45AM-10:45AM LLGP 107 R Kennedy
 SYN:6489 SENR-7002-102CL 01/27/20-05/13/20 MW
 12:30PM-01:30PM LLGP 107 P Trevisani

EXERCISE: SPINNING (KEISER BIKES) – 30HRS

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music.

Students learn cycling techniques and tips.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6492 SENR-7085-102CL 01/27/20-05/13/20 MW
 07:15AM-08:15AM GYM 113 A Johnson Galdamez
 SYN:6491 SENR-7085-101CL 01/28/20-05/14/20 TTH
 07:15AM-08:15AM GYM 113 A Johnson Galdamez



EXERCISE: TAEKWONDO – 30HRS

Taekwondo is a martial arts program designed to help students with their balance and memory. The course will discuss the history of TKD and students will learn various forms and techniques. Students have the option to progress and test for their martial art belts. Certificates are issued by the instructor for the testing but the colored belts will need to be individually purchased by the student.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6653 SENR-7136-101CL 01/27/20-05/13/20 MW
 08:00AM-09:00AM LLGP 108

EXERCISE: TAI CHI FOR HEALTH – 30HRS

Tai Chi for Health is a gentle, low impact form of exercise that can improve balance, flexibility and help manage stress. It is safe and effective; beneficial for overall physical health, cardiovascular issues and chronic health conditions. Tai Chi for Health includes Chinese breathing exercises known as Qigong and the Yang style Tai Chi Short form.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6494 SENR-7078-102CL 01/27/20-05/13/20 MW
 02:30PM-03:30PM LLGP 107 N Skyneer
 SYN:6493 SENR-7078-101CL 01/27/20-05/13/20 MW
 04:00PM-05:00PM LLGP 107 N Skyneer

EXERCISE: TEXAS 2-STEP (INTRODUCTION) – 15HRS

The country western (partner) dance style is easy and fun to learn. Students will learn lead/follow skills and turns, pivots, wraps, promenades and spins. The class readies students to practice what they learn at the many local dance venues. Students must wear footwear or dance socks that slide and swivel easily and do not stick to the floor. Students may rotate partners throughout each class. Students must have a partner (partner sign up list available).

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6495 SENR-7082-201CL 01/27/20-05/11/20 M
 07:30PM-08:30PM LLGP 108 P Trevisani

EXERCISE: TOTAL BODY – 30HRS

Students will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. They will reap cardiovascular and strength benefits while doing fun slightly intense exercises. Students are encouraged to wear comfortable workout clothes and tennis shoes, and bring a water bottle and hand towel.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6496 SENR-7070-101CL 01/27/20-05/13/20 MW
 09:35AM-10:35AM LLGP 107 A Johnson Galdamez



EXERCISE: WALK AND TALK – 8HRS

This course will start later in the semester when the spring weather is perfect for outdoor walking. There will be an

indoor option during inclement weather days too. Students will increase their physical activity by walking while discussing food and drink. Recipes provided and some food demos as well. Nutrition and exercise rolled into one! Students should wear comfortable walking shoes.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6566 SENR-7105-101CL 02/26/20-04/22/20 W
 09:30AM-10:30AM TBA S Mitchiner

EXERCISE: YOGA AND STRESS REDUCTION – 30HRS

Students will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which can reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, students will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Due to space, students will be limited to one yoga class per semester. Students must attend the section for which they registered. Required **SUPPLIES** - towel or blanket for lying down on floor during exercise.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6498 SENR-7071-101CL 01/27/20-05/13/20 MW
 11:30AM-12:30PM LLGP 108 B Lambert
 SYN:6499 SENR-7071-102CL 01/27/20-05/13/20 MW
 01:00PM-02:00PM LLGP 108 B Lambert
 SYN:6497 SENR-7071-103CL 01/28/20-05/14/20 TTH
 08:30AM-09:30AM LLGP 107 A Johnson Galdamez

EXERCISE: ZUMBA – 30HRS

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-kind fitness program that will tone and sculpt the body while burning unwanted fat.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6502 SENR-7077-101CL 01/28/20-05/14/20 TTH
 09:00AM-10:00AM LLGP 108 R Jiron
 SYN:6500 SENR-7077-102CL 01/28/20-05/14/20 TTH
 11:30AM-12:30PM LLGP 108 S Gerhardt
 SYN:6501 SENR-7077-201CL 01/27/20-05/13/20 MW
 05:30PM-06:30PM LLGP 107 R Jiron

HEALTH: KEEP IT SIMPLE (LIVING A HEALTHY LIFE) – 16HRS

Students will learn about the benefits of a healthy life style, eating fresh foods, and incorporating super foods into their diet. This class will include information on whole foods and a plant-based diet.



Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:7574 SENR-7102-101CL 01/29/20-04/22/20 W
 01:00PM-03:00PM DRM S Mitchiner

NEW

HEALTH: SPICE UP YOUR LIFE IN A HEALTHY TASTY WAY – 24HRS

Mildly spiced or boldly, this course will introduce spices and tasty dishes from six countries along with some regional dishes from the USA. Dishes will be plant based. Classes are hands on. Spices and seasonings transform plain meals into exotic and

aromatic delights. **SUPPLIES:** Required list of supplies will be provided at time of registration (estimated cost \$10)

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6549 SENR-7133-201CL 01/28/20-04/21/20 T
 06:00PM-08:00PM LLGP 102 S Mitchiner

NEW

HISTORY: HISTORY OF THE BLUES (1800'S TO PRESENT) – 24HRS

From the rich lands of Africa, to the slave plantations of the old south, to the modern cities of today, the history of the Blues is not just about music. It is a history born of cultural and economic influences and the men and women who spread the music to generation after generation all the while exploring and recreating new sounds along the way. This class will explore that cultural history and the economic factors that fueled the music, as well as, the men and women who sang and played the Blues and their impact on today's music.



Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6550 SENR-7135-101CL 01/29/20-04/22/20 W
 1:00PM-3:00PM LLGP 106 S Adams

LANGUAGE: SPANISH (BEGINNER) – 24HRS

Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases, and then proceed to verbs and sentence construction. The last class will be a conversational class at a local Spanish speaking restaurant for an additional fee.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6505 SENR-7015-101CL 01/31/20-04/24/20 F
 10:00AM-12:00PM LLGP 106 A Johnson Galdamez

LANGUAGE: SPANISH (INTERMEDIATE) – 24HRS

This class is a continuation of Beginner Spanish class. Topics include the construction of full sentences, advanced verbs and increasing vocabulary.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6506 SENR-7043-101CL 01/27/20-04/20/20 M
 10:45AM-12:45PM LLGP 106 A Johnson Galdamez

NEW

SPECIAL TOPICS: LET'S TALK TED – 24HRS

Treat yourself to stimulating new ideas! The TED (Technology, Entertainment, Design) website features short video talks presented by some of the world's most engaging and knowledgeable speakers on a variety of subjects. Which subjects? There are thousands of topics that lifelong learners might enjoy - serious, funny, strange, deep-seated, inspirational, scientific. Students help decide topics. In this course students will view a couple of these talks together each week and share in some lively dialogue with fellow students. Come. Watch. Learn. Think. Discuss. Reflect.

Cost: Senior: \$15 In District: \$42 Out-of-District: \$47
 SYN:6568 SENR-7139-101CL 01/28/20-04/21/20 T
 02:00PM-04:00PM LLGP 105 C Benson

SYN:7575 SENR-7139-102CL	01/27/20-04/20/20	M
02:00PM-04:00PM	DRM	C Benson
SYN:6567 SENR-7139-201CL	01/27/20-04/20/20	M
06:00PM-08:00PM	LLGP 104	C Benson

COMMUNITY LECTURE SERIES

MUST REGISTER (OPEN TO ANYONE AGE 18 OR OLDER)

LECTURE: GENEALOGY OVERVIEW

Students will learn about upcoming trips to Genealogical Libraries and will learn the basic method and system for studying Genealogy. Come experience the thrill of finding ancestors you never knew you had. During upcoming trips, students may discover birth, marriage, or death records along with probate records and perhaps "wills." The various libraries are full of our ancestors' records. It's up to the student to learn to dig a little deeper and develop persistence and techniques along the way.



Cost: FREE

SYN:6569 SENRL-8401-101CL	01/28/20	T
01:00PM-03:00PM	LLGP 101	

LECTURE: RUN HIDE FIGHT!

This lecture provides information and tools for increasing your chances to survive an active shooter situation. The objective is to adapt the mindset for survival and to discuss precautionary measures.

Cost: FREE

SYN:6570 SENRL-8101-101CL	02/03/20	M
10:00AM-11:30AM	LLGP 103	S Chapa

LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Collette Travel will present a slideshow of upcoming extended travel trips. For details of upcoming trips, see back cover. For more information, please call 409-933-8912.

Cost: FREE

SYN:6643 SENRL-8101-116CL	02/06/20	TH
06:00PM-07:00PM	LLGP 104	

LECTURE: MEDICARE MADE EASY TO UNDERSTAND

Presenter will review the four parts of Medicare and how the pieces of the puzzle work together in a way that is easy to understand! Lecture topics will include explanation of what each part means and what their functions are, as well as the different ways to take care of the Medicare 20% gap. Additionally, learn about what the donut hole is and how to try to avoid it as much as possible!

Cost: FREE

SYN:6572 SENRL-8101-102CL	02/07/20	F
09:00AM-11:00AM	LLGP 103	
SYN:6580 SENRL-8101-108CL	03/23/20	M
09:00AM-11:00AM	LLGP 103	

LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Premier World Discovery will present

a slideshow of upcoming extended travel trips. For details of upcoming trips, see inside back cover. For more information, please call 409-933-8912.

Cost: FREE

SYN:6574 SENRL-8201-102CL	02/10/20	M
06:00PM-07:00PM	LLGP 103	

LECTURE: GROWING CITRUS IN YOUR BACKYARD

This is a PowerPoint presentation provided by Galveston County Master Gardener Robert Marshall. Topics covered will include varieties of citrus that grow well in Galveston County, rootstocks, the planting of trees, care including disease, citrus greening, insects and nutrients.

Cost: FREE

SYN:6573 SENRL-8101-103CL	02/10/20	M
09:00AM-11:30AM	LLGP 103	

LECTURE: FRESH START TO A HEALTHIER YOU – PART 1, 2, 3

This 3-part lecture series is a holistic adult-learning series that uses practical experience and information to help change lives and improve health. Students also gain support and understanding from the instructor and other participants while learning how to provide safe, healthy, and economical meals for their families and themselves. Each lecture builds upon information provided in the previous lecture, so students are encouraged to attend all three lecture dates.

Cost: FREE

SYN:6588 SENRL-8101-115CL	02/17/20-03/02/20	M
10:00AM-11:30AM	LLGP 103	

LECTURE: SUCCESSFUL SPRING VEGETABLE GARDENING

This is a PowerPoint presentation provided by Herman Auer -a Galveston County Master Gardener (Class of 1983), vegetable, propagation specialist with over 50 years of hands-on experience in growing vegetables. Topics discussed will include how to plan and start a vegetable garden, location, and plant varieties for the Galveston County area. Pollination, mulching, the effects of full sun and shade on leafy and fruiting vegetables, and garden failures will also be addressed.

Cost: FREE

SYN:6575 SENRL-8101-104CL	02/18/20	T
01:00PM-03:30PM	LLGP 101	

LECTURE: AARP DRIVER SAFETY

This one-day safety course is sponsored by the AARP. This class gives students tools for safer driving techniques to compensate for age-related problems. NOTE: This is NOT a ticket dismissal class. This is a certified course recognized by most major insurance companies for discounted rates so students have the option to pay for a course completion certificate. The certificate fee is \$15 for students with AARP membership cards, \$20 for non-members. Taught by AARP Instructor Barbara Cook.

Cost: FREE

SYN:6576 SENRL-8301-101CL	02/21/20	F
09:00AM-01:00PM	LLGP 103	
SYN:6584 SENRL-8301-102CL	04/13/20	M
09:00AM-12:59PM	LLGP 103	

LECTURE: GENEALOGY – A BEGINNER'S "HOW TO" DIGITALLY RECORD FAMILY HISTORY

Come learn a couple of free methods to audio or video record your family's memories. This is a wonderful way to capture their

NEW DICKINSON CLASSES!

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LIFE STORY *Writing*

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SPECIAL TOPIC:

LET'S TALK

TED

STIMULATING NEW IDEAS

LEARN MORE
ON PAGE 42.



KEEP IT SIMPLE LIVING A HEALTHY LIFE

LEARN MORE
ON PAGE 42.

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This document was supported by Grant [90FX0035-01-00] from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS. HPOG is a study funded by the federal government which is being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate in these opportunities.

individual personalities, in-depth picture of their lives, and easily document the family lore. Presented by Kim Zrubek, Friendswood Public Library Reference and Adult Services Librarian.

Cost: FREE

SYN:6577 SENRL-8101-105CL 02/25/20 T
01:00PM-03:00PM LLGP 101

LECTURE: CURRENT FRAUD SCHEMES AND HOW TO AVOID BEING VICTIMIZED

The rise of scams stemming from Business Email Compromise and other online sources has left the public vulnerable to romance scams, lottery scams, elder fraud, government impersonation and many other schemes. We will discuss how thieves target, groom and steal from their victims and share real case examples.

Cost: FREE

SYN:6579 SENRL-8101-107CL 03/17/20 T
01:00PM-03:00PM LLGP 101

LECTURE: UNFORGETTABLE GALVESTON CHARACTERS

Lecture presented by Jan Johnson, 5th generation "BOI", step-on tour guide, and author of Unforgettable Galveston Characters. From financiers of the Texas Revolution to contestants in the Pageant of Pulchritude, the shores of Galveston enticed and cultivated a host of memorable men and women. Bishops and bookies, concert pianists and cotton tycoons-all left an indelible print on their remarkable home. Magnolia Willis Sealy and the members of the Women's Health Protective Association reshaped the ravages of the Great Storm into the glories of the Oleander City. The benevolent activism of Norris Wright Cuney transformed the social landscape, while actress Charlotte Walker and painter Boyer Gonzales Sr. extended the island's cultural reach abroad. Jan Johnson keeps company with Galveston's most fascinating characters.



Cost: FREE

SYN:6581 SENRL-8101-109CL 03/24/20 T
01:00PM-03:00PM LLGP 101

LECTURE: A PASSION FOR PLUMERIA

A Galveston County Master Gardener who has grown plumeria for more than 15 years will present information about the history of plumeria and the description of various flower shapes, color and fragrance. Also included, will be information on growing plumeria in our Gulf Coast region, methods of propagation and winter storage.

Cost: FREE

SYN:6582 SENRL-8101-110CL 03/27/20 F
10:00AM-12:00PM LLGP 103

LECTURE: GENEALOGY – IMMIGRATION AND NATURALIZATION

In this presentation, students will learn about the immigration and naturalization process in the United States at the turn of the century. They will view original Galveston County immigration

and naturalization court records from the late 1800's to the early 1900's. They will see historical references to world leaders, and vessels of significance, (such as the Lusitania). They will enjoy seeing the rich detail of information that is contained in these significant records.

Cost: FREE

SYN:6583 SENRL-8101-111CL 03/31/20 T
01:00PM-03:00PM LLGP 101

LECTURE: URBAN BACKYARD GARDENING

Galveston County Master Gardener Herman Auer (class of 1983), who has over 50 years of vegetable gardening experience, will discuss growing plants in full sunlight, maximizing the production of vegetables by growing them upward/vertically, and growing fruit trees in the small urban backyard. Try an urban garden – it is economical, frugal, you don't have to mow the lawn, and the trees cool down the yard and can make it more pleasant! With plenty of sunlight, make a garden grow and produce eatables for you! Lecture will cover how to start and what to plant (fruit trees and vegetables).

Cost: FREE

SYN:6585 SENRL-8101-112CL 04/14/20 T
01:00PM-03:00PM LLGP 101

LECTURE: HOW TO REGISTER YOURSELF ONLINE FOR LIFELONG LEARNING COURSES

This one-hour lecture and demonstration taught by the staff will provide Lifelong Learning students with the information they need to successfully navigate the college's website and register themselves online for upcoming courses. Learn how to register yourself and you won't have to stand in a long registration line next semester!

Cost: FREE

SYN:6586 SENRL-8101-113CL 04/20/20 M
10:00AM-11:00AM LLGP 103

SYN:6587 SENRL-8101-114CL 04/21/20 T
01:00PM-02:00PM LLGP 101

LECTURE: VOLUNTEERING COMES IN MANY FORMS

Research shows that volunteering is good for the health and well-being of volunteers. Volunteering enables students to live happier, healthier lives while making a difference in their communities. Learn about the RSVP Volunteer Program and the non-profit locations and activities in which volunteers can serve throughout Galveston County. Audience participation is offered while exploring a variety of ways to meet community needs. As we go through the information we hope you will find areas or topics that interest you. Volunteering takes many shapes and can be accomplished in a group, with family members, alongside others, by yourself or even from your home. You make the schedule. Once a year, once a month or sometimes once a week. Activities are only limited by your imagination. Find your way to get involved!



Cost: FREE

SYN:6578 SENRL-8101-106CL 03/16/20 M
10:00AM-11:00AM LLGP 103

TRAVEL

TRIP: SOCIETY FOR PERFORMING ARTS (SPA) AT HOBBY CENTER – THE COLOR PURPLE

THE COLOR PURPLE is the 2016 Tony Award® winner for Best Musical Revival! Hailed as “a direct hit to the heart” (The Hollywood Reporter), this joyous American classic about a young woman’s journey to love and triumph in the American South has conquered Broadway in an all-new “ravishingly reconceived production that is a glory to behold” (The New York Times). Students may buy lunch prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: \$75

SYN:6126 SENRT-9001-112CL 01/04/20 S
11:00AM-06:00PM

TRIP: BIRDWATCHING – BRAZORIA WILDLIFE REFUGE

Explore the ponds at the refuge looking for wintering ducks and shorebirds along with the resident herons and egrets. We will probably see alligators on our trip around the ponds. We may go to the coast after lunch if time permits. Birds expected to see are Pied-billed Grebes, Northern Shovelers, Bluewinged Teall, Mottled Ducks, Gadwalls, Peeps, Ibis, Herons, Egrets, Sparrows, Meadowlarks, and many others. Please wear closed toed shoes (because of snakes), clothing should not be bright colors and bring your own snacks and drinks. You will need binoculars to get a good look at some of these birds. Students may buy lunch in Oyster Creek. **REFUND DEADLINE: 1/7/20**

Cost: \$25

SYN:6589 SENRT-9605-101CL 01/21/20 T
08:30AM-04:30PM

TRIP: ENSEMBLE THEATRE – THE GREEN BOOK

A much different story than the movie and Inspired by Victor Hugo Green’s historical “The Negro Motorist Green Book,” offers more context than the leisure title would imply. The Green Book was a survival guide for any person of color traveling the south; a manual that would help many stay alive. The setting takes place during a weekend when the Davis’ are celebrating the arrival of Dr. W. E. B. DuBois for a lecture. The appearance of a white visitor, who turns out to be a Jewish Holocaust survivor, sets off a chain of events that shows that racism and anti-semitism cannot be ignored. An investigation of the impact of Civil Rights on contemporary American Issues. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

Cost: \$50

SYN:6590 SENRT-9001-101CL 02/06/20 TH
04:00PM-11:00PM

TRIP: GENEALOGY CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top Genealogy research libraries in the United States. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. Trip cost includes transporta-

tion and instructional costs. Students may buy lunch at Bodegas Mexican Restaurant prior to the show or bring a sack lunch and eat at the library. **REFUND DEADLINE: 1/21/20**

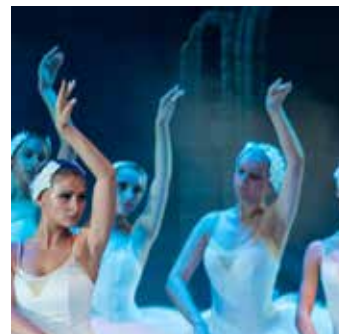
Cost: \$25

SYN:6591 SENRT-9501-101CL 02/11/20 T
09:15AM-05:00PM

SYN:6603 SENRT-9501-102CL 04/28/20 T
09:15AM-05:00PM

TRIP: HOUSTON BALLET – SLEEPING BEAUTY

The 50th anniversary season would not be complete without a signature Ben Stevenson production. A lavish production that premiered in 1990, Stevenson’s The Sleeping Beauty is recognized as one of the supreme achievements of classical ballet. His is an exquisite interpretation of the classic French fairytale by Charles Perrault: a beautiful princess is cursed by an evil fairy and doomed to sleep for a



hundred years – only to be awakened by the kiss of the handsome prince who loves her. Stunning costumes and spectacular sets by Desmond Heeley help make the production as magical as the story it tells. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable**

Cost: \$60

SYN:6592 SENRT-9001-102CL 02/27/20 TH
04:00PM-11:00PM

TRIP: THE 1894 GRAND – AN AMERICAN IN PARIS

Romance! Adventure! Gershwin! Who could ask for anything more! In post war Paris, romance is in the air and youthful optimism reigns. Gershwin’s soaring melodies are matched by gravity-defying dance as the world rediscovers the power of love in this breathtaking production. Winner of four Tony Awards® and inspired by the Academy Award-winning film, this exquisite production features your favorite Gershwin songs, including “I Got Rhythm,” “Liza,” “S Wonderful,” and “Stairway to Paradise.” Pure joy! Students may buy lunch prior the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$60

SYN:6593 SENRT-9001-103CL 02/29/20 S
12:00PM-05:00PM

TRIP: GENEALOGY MONTGOMERY

Students will travel to Montgomery County Library in Conroe, Texas. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses many resources including: Special Collections, Dawes Rolls (Native American), South Louisiana Records by Hebert, 19th Century military records and various books for each of the United States. Trip cost covers transportation and instruction. Students may buy lunch at a local restaurant or bring a sack

lunch and eat at the library. **REFUND DEADLINE: 2/18/20**

Cost: \$25

SYN:6594 SENRT-9502-101CL 03/17/20 T
08:30AM-05:00PM

TRIP: ENSEMBLE THEATRE – AUTUMN

By preeminent playwright, screenwriter & NYU professor Richard Wesley, Autumn tells the story of Franklyn Longley, a veteran big city mayor who is line to become the first Black governor of his state. He suddenly finds his place in history threatened when his party decides to throw its nomination behind a dynamic young politician who is also Black and just so happens to be the Mayor's protégé. This political drama explores the conflicts that arise when aspirations collide across a generational divide marked by sharply different political agendas. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$50

SYN:6595 SENRT-9001-104CL 03/20/20 F
04:00PM-11:00PM

TRIP: A DAY AT BUFFALO BAYOU

The day will start with a guided tour of The Buffalo Bayou Park Cistern which is a former drinking water reservoir built in 1926 for the City of Houston. In 2010, the City of Houston was sourcing vendors to demolish the Cistern. Buffalo Bayou Partnership with the City of Houston worked to take over development and maintenance of the space. BBP restored and repurposed the Cistern into a magnificent public space to house an ambitious program of changing art installations. Students may buy lunch following the Cistern tour. Next stop, the Buffalo Bayou Partnership's pontoon tour boat, Spirit of the Bayou. We will take a private charter tour through the heart of downtown along historic Buffalo Bayou past Allen's Landing, Sesquicentennial Park and Sabine Promenade, historic McKee Street Bridge, and the industrial side of the city. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$50

SYN:6596 SENRT-9001-105CL 04/01/20 W
08:30AM-03:30PM

TRIP: BIRDWATCHING GALVESTON

Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Students are encouraged to bring bottled water, snacks, binoculars and a camera. Trip cost includes transportation and the guided tour. Students may buy lunch at a local restaurant. **REFUND DEADLINE: 3/24/20**

Cost: \$25

SYN:6597 SENRT-9601-101CL 04/07/20 T
08:30AM-04:30PM

TRIP: THEATRE UNDER THE STARS: PURE COUNTRY

With a long history of developing new musicals such as Disney's Beauty and the Beast and Phantom, TUTS is excited to stage a brand-new Texas-themed musical, Pure Country. Based on the beloved 1992 film starring George Strait, the musical tells the

tale of a jaded country music mega-star who suddenly walks away from his successful yet joyless career to return to his roots and rediscover his passion for life, love, and music. Including the chart-topping hits "I Cross My Heart" and "Heartland," as well as new music written for the stage, this theatrical event is sure to be a hot ticket in the Lone Star State! Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$50

SYN:6599 SENRT-9001-106CL 04/14/20 T
04:00PM-11:00PM

TRIP: GENEALOGY GEORGE MEMORIAL LIBRARY – RICHMOND, TX

Students will travel to George Memorial Library in Richmond, Texas. Instructor Debbie Cothorn will assist students in tracing their family history using library resources. Library records focus on the southeastern United States, including Civil War, federal censuses, pensions and Texans in the Mexican War. Trip cost covers transportation and instruction. Students may buy lunch or bring a sack lunch and eat at the library. **REFUND DEADLINE: 3/17/20**

Cost: \$25

SYN:6598 SENRT-9503-101CL 04/14/20 T
08:30AM-05:00PM

TRIP: HOUSTON SYMPHONY @ JONES HALL – ARETHA: QUEEN OF SOUL

The late, great Aretha Franklin will forever have our hearts and our Respect thanks to her incredible voice and soulful refrains about love, pain and triumph. Vocalist Capathia Jenkins channels all the power and charisma of the Queen of Soul in an unforgettable tribute to one of music's most iconic artists. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$45

SYN:6600 SENRT-9001-107CL 04/17/20 F
04:00PM-11:00PM

TRIP: CHAPPELL HILL: BLUEBONNET FESTIVAL & LAVENDER FARM

The day will start with a visit to the aromatic lavender farm with quaint surroundings and a scenic hillside view. Nestled in the heart of bluebonnet country the farm is a delightful day excursion from most anywhere in South Central Texas with many other attractions close by. Panoramic views frame the landscape with rolling acres to a gazebo and pond a peaceful setting for picnics or just relaxing with a cool glass of lavender lemonade. Next stop, the Bluebonnet Festival which is hosted by the Chappell Hill Historical Society. The festival includes tours of the historic community, live entertainment and music,



more than 250 juried exhibitors, and food. It is suggested that students wear comfortable, weather appropriate clothing and walking shoes suitable for uneven terrain. Students may want to bring bottled water and snacks. Students may buy lunch at the festival. Trip cost includes transportation. **REFUND DEADLINE: 4/3/20.**

Cost: \$29

SYN:6601 SENRT-9001-108CL 04/18/20 S
08:30AM-04:30PM

TRIP: ALLEY THEATRE – DEAD MAN'S CELL

An incessantly ringing cell phone in a quiet café. A stranger at the next table who has had enough. And a dead man. So begins Dead Man's Cell Phone, a wildly imaginative comedy by Sarah Ruhl (The Clean House). An off-the-wall play about the odyssey of a woman forced to confront her own assumptions about morality, redemption, and the need to connect in a technologically obsessed world. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$40

SYN:6602 SENRT-9001-109CL 04/21/20 T
04:00PM-11:00PM

TRIP: THE 1894 GRAND – THE TEMPTATIONS

The history of The Temptations is the history of contemporary American pop. An essential component of the original Motown machine, that amazing engine invented by Berry Gordy, The Temps began their musical life in Detroit in the early sixties. It wasn't until 1964 however, that the Smokey Robinson written-and-produced "The Way You Do the Things You Do" turned the guys into stars and ultimately legends! Enjoy an avalanche of hits that include "My Girl," "Get Ready," and "Ain't Too Proud to Beg" and so many more when Otis Williams, Ron Tyson, Terry Weeks, Larry Braggs, and Willie Greene, Jr. take the stage. Students may buy dinner prior to the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$75

SYN:6604 SENRT-9001-110CL 05/01/20 F
04:00PM-11:00PM

TRIP: GALVESTON HISTORICAL HOMES TOUR

Galveston Historical Foundation opens the doors to Galveston's architectural history through public tours of privately owned homes during its annual Galveston Historic Homes Tour. "The annual homes tour highlights the island's architecture crossing decades of construction and design as well as houses both large and small. Galveston offers a unique collection of late 19th and early 20th century houses that will intrigue visitors and captivate historic house buffs. Come join GHF and these homeowners as we welcome visitors from across the country to experience historic Galveston of the past." - Dwayne Jones, GHF Executive Director. Students may by lunch mid-way of the tour. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event; therefore, they are non-transferable and non-refundable.**

Cost: \$40

SYN:6605 SENRT-9001-111CL 05/09/20 S
09:00AM-04:00PM

FINE ARTS

⊕ ACTING I – 48HRS

Cost:	In District: \$270	Out-of-District: \$275	
SYN:6351 ARTSL-2007-140CL	01/21/20-05/15/20	TTH	
11:00AM-12:20PM	FAB 117	H Brown	

⊕ ACTING II – 48HRS

Cost:	In District: \$270	Out-of-District: \$275	
SYN:6352 ARTSL-2007-141CL	01/21/20-05/15/20	TTH	
09:30AM-10:50AM	FAB 117	H Brown	

⊕ CERAMICS I – 96HRS

Cost:	In District: \$290	Out-of-District: \$295	
SYN:6349 ARTSL-2047-233CL	01/21/20-05/15/20	MW	
06:00PM-08:50PM	FAB 138	G Bowes	
SYN:6348 ARTSL-2047-133CL	01/21/20-05/15/20	TTH	
01:30PM-04:20PM	FAB 138	G Bowes	

⊕ PHOTOGRAPHY I – 96HRS

Cost:	In District: \$290	Out-of-District: \$295	
SYN:6350 ARTSL-2002-138CL	01/21/20-05/15/20	TTH	
9:30AM-12:20PM	TVB 1139	C Peet	

⊕ CLASS GUITAR – 48HRS

Cost:	In District: \$90	Out-of-District: \$95	
SYN:6363 MUSIL-2002-172CL	01/21/20-05/15/20	M	
03:30PM-06:20PM	FAB 117	J Kiefer	

⊕ CLASS PIANO I – 48HRS

Cost:	In District: \$90	Out-of-District: \$95	
SYN:6361 MUSIL-2001-160CL	01/21/20-05/15/20	TTH	
09:30AM-10:50AM	FAB 111	P Boyd	

⊕ CLASS PIANO II – 48HRS

Cost:	In District: \$90	Out-of-District: \$95	
SYN:6362 MUSIL-2001-161CL	01/21/20-05/15/20	TTH	
04:30PM-05:50PM	FAB 111	P Boyd	



⊕ CONCERT BAND – 48HRS

Cost:	In District: \$60	Out-of-District: \$65	
SYN:6353 MUSIL-2003-270CL	01/21/20-05/15/20	M	
07:30PM-10:20PM	FAB 117	H Koerner	

⊕ DUCK & COVER A CAPPELLA – 48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6360 MUSIL-2006-270CL 01/21/20-05/15/20 TTH
 06:00PM-07:20PM FAB 110 J Heffel

⊕ GUITAR ENSEMBLE – TRIO-48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6358 MUSIL-2002-171CL 01/21/20-05/15/20 TH
 04:30PM-07:20PM FAB 117 J Kiefer

⊕ GUITAR ENSEMBLE – 48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6357 MUSIL-2002-170CL 01/21/20-05/15/20 W
 03:30PM-06:20PM FAB 117 J Kiefer

⊕ JAZZ ENSEMBLE – 48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6354 MUSIL-2005-270CL 01/21/20-05/15/20 T
 07:30PM-10:20PM FAB 117 H Koerner

⊕ MAINLAND CHORALE – 48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6359 MUSIL-2007-270CL 01/21/20-05/15/20 T
 07:30PM-10:20PM FAB 110 J Heffel

⊕ WOODWIND ENSEMBLE-CLARINET, SAXOPHONE – 48HRS

Cost: In District: \$60 Out-of-District: \$65
 SYN:6355 MUSIL-2008-270CL 01/21/20-05/15/20 TH
 07:30PM-10:20PM FAB 117 T Kochen

⊕ STUDIO ARTS – 96HRS

This course allows beginning to advanced non-credit students to participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active participants within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Drawing on Mondays and Wednesdays from 9:30am - 2:20pm, or Design Painting on Monday and Wednesdays from 2:00pm - 4:50pm. For more information regarding specific courses contact Marie at 409-933-8673 or mgreenwalt@com.edu.

Cost: In District: \$290 Out-of-District: \$295
 SYN:6347 ARTSL-2000-120CL 01/21/20-05/15/20 TH
 FAB 130 M Greenwalt

LIFELONG LEARNING OFFICE HOURS

MONDAY – FRIDAY 8 a.m. – 5 p.m.

For more information, call 409-933-8461.

**REGISTRATION FOR SPRING 2020
BEGINS DECEMBER 2, 2019.**

INSTANT ITALIAN

This dynamic course will teach you how to express yourself comfortably in Italian. You'll learn practical, everyday words. You'll read, hear, and practice dialogues based on typical situations that you're likely to encounter if you plan to vacation in Italy. The dialogues and follow-up exercises of each lesson will teach you to communicate in Italian in a wide variety of settings. You'll be surprised by how quickly and easily you can learn many useful expressions in Italian! This course will make it simple to master your pronunciation of Italian. Essential words and phrases are written phonetically by using sounds that are familiar to you from English words. The audio feature lets you hear the words and phrases spoken aloud with just a click of your mouse. Short exercises are included with each lesson to help you reinforce what you've learned and gauge your progress, making it easy to pinpoint areas that you still need to review. The exercises also give you immediate feedback—you'll know whether you answered correctly as soon as you finish. <https://www.ed2go.com/mainland/online-courses/instant-italian> \$100 Self-Paced



BEGINNING CONVERSATIONAL FRENCH

Proper pronunciation is important to good communication. Beginning Conversational French will help you master the best pronunciations. Simply click on each word to hear it spoken. Every word and sentence is also written out phonetically.

This course has been carefully crafted to ensure you will have no trouble pronouncing French words correctly. The first three lessons introduce the basics needed for most conversations in French, such as "please" and "thank you." You will also learn numbers, days of the week, months of the year, and telling time. The entire course is structured in this logical, systematic method. After the introduction and basic conversation lessons, you will learn what to say at the airport. From the airport, you need to get to your hotel, so you will learn how to talk about transportation. The following lesson shows you how to talk to hotel employees. After you have settled into your hotel, you will probably be hungry — the course covers how to communicate in restaurants.

Each lesson also includes cultural tips. Hand and body gestures mean different things in different cultures. For example, do you know the proper way to point to avoid offending people in France? This course will tell you. You will be pleased with your quick progress, and you will be prepared for your next trip! <https://www.ed2go.com/mainland/online-courses/conversational-french-beginner?tab> \$100 Self-Paced

PARKING PERMITS ARE MANDATORY



A parking permit should be displayed on each automobile parked on any COM campus. **Parking permits are available in the Campus Police office at no cost.** Students will fill out a brief application and will need their vehicle license plate number(s). A current student ID card or state issued picture ID is required to receive a parking permit. A fine will be imposed on any student who fails to comply with parking regulations.

Learn how to obtain a temporary or permanent permit for your vehicle at www.com.edu/police or contact the COM Police Department at 409-933-8403

CONTINUING EDUCATION REGISTRATION

SSN or Student ID	NAME (Last,		First,	Middle Initial)
CHECK ONE: 1. Do you consider yourself to be Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No 2. In addition, please select one or more of the following racial categories to describe yourself: <input type="checkbox"/> American Indian or <input type="checkbox"/> Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> White	PHYSICAL ADDRESS		CITY	STATE
	ZIP			
	Date of Birth	Sex <input type="checkbox"/> Male <input type="checkbox"/> Female	Home Phone	Business/Cell Phone
	EMAIL ADDRESS			

COURSES TO ADD

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

COURSES TO DROP

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

Refund policy: **NO REFUNDS** will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used for instructors as well as for supplies.

**** Please initial:**



PERSONAL

COM Continuing Education, Technical Vocational Building, Rm TVB 1475, 1200 N Amburn Road, Texas City, TX. We accept credit card, debit, money order or check. **No cash or American Express is accepted.**



CALL

409-933-8586 OR 1-888-258-8859, EXT. 8586. **CREDIT CARD OR DEBIT ONLY** (Visa, Mastercard and Discover)



ONLINE

Use WebAdvisor <https://webadvisor.com.edu>. **RETURNING STUDENTS ONLY**

COLLEGE OF THE MAINLAND



COLLEGE MISSION

College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

COLLEGE VISION

College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

COLLEGE OF THE MAINLAND BOARD OF TRUSTEES

Kyle Dickson, Board Chair, Melissa Skipworth, Secretary, Alan Waters, Vice-Chair, Dawn King, Dr. Verna Henson, Dr. William (Bill) McGarvey, Donald G. Gartman

ACCREDITATION

College of the Mainland is accredited by: The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution's significant non-compliance with a requirement or standard.

DISCLAIMER STATEMENT

College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

NONDISCRIMINATION STATEMENT

College of the Mainland is an equal opportunity/affirmative action educational institution and employer. The College District prohibits discrimination, including harassment, against any individual(s) on the basis of race, color, religion, national origin, age, veteran status, disability, sex, sexual orientation, gender, to include gender identity and gender expression, or any other basis prohibited by law. Retaliation against anyone involved in the complaint process is a violation of College District policy.

Further, as a recipient of Federal financial assistance, College of the Mainland prohibits discrimination against any beneficiary of, applicant to, or participant

in programs financially assisted under Title I of the Workforce Innovation and Opportunity Act, on the basis of the individual's citizenship status or participation in any WIOA Title I—financially assisted program or activity.

Inquiries concerning application of Title IX of the Education Amendments of 1972, as amended, may be referred to the College's Title IX Coordinator or the U.S. Department of Education's Office of Civil Rights. The College District designates the following persons to coordinate its efforts to comply with Title IX of Education Amendments: Lonica Bush, Title IX Coordinator, at lbush@com.edu, 1200 N Amburn Rd., Texas City, TX 77591, 409-933-8413 and Dr. Vicki Stanfield, Title IX Administrator, at vstanfield@com.edu, 1200 N. Amburn Rd., Texas City, TX 77591, 409-933-8213.

PUBLIC INFORMATION STATEMENT

College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 N. Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

DECLARACIÓN E INFORMACIÓN PÚBLICA

El College of the Mainland ofrece programas vocacionales y académicos publicados en el presente catalogo. La admisión a estos programas se efectúa a base de la graduación de una escuela secundaria acreditada o por medio de un certificado de GED o aprobación individual. Es la política del College of the Mainland no discriminar a base de sexo, desventaja física, raza, color, edad u origen nacional en sus programas educativos y vocacionales, ni en las actividades y el empleo, de acuerdo con los requisitos del Título IX, Sección 504, y del Título VI. El College of the Mainland tomará medidas para asegurar que el desconocimiento del idioma inglés no sea obstáculo a la admisión y participación en todos los programas educativos y vocacionales.

CAMPUS MAPS



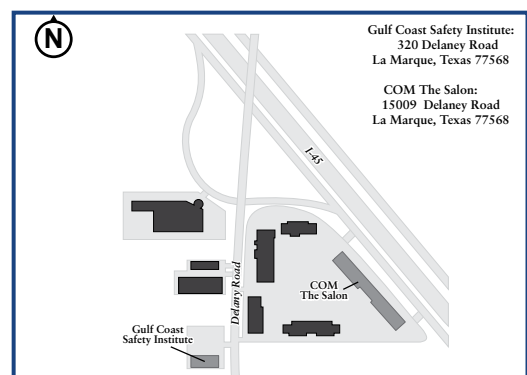
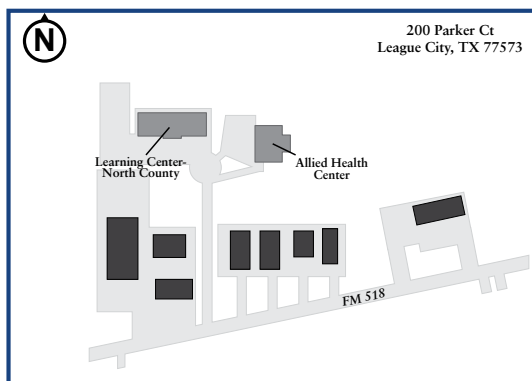
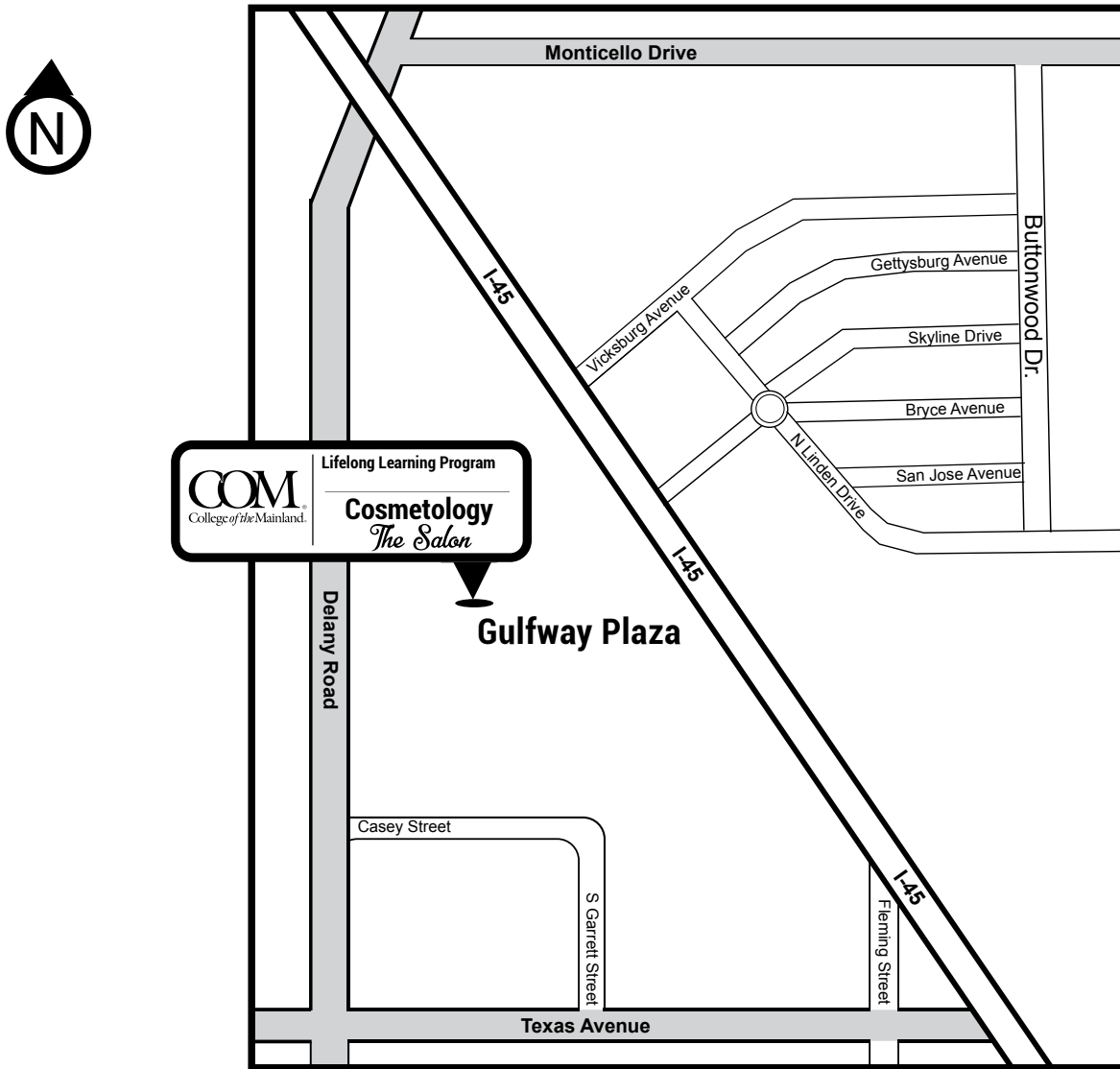
1200 N Amburn Road
Texas City, Texas 77591
409-938-1211 or 1-888-258-8859
www.com.edu



CAMPUS MAPS

LIFELONG LEARNING PROGRAM

14057 Gulfway Plaza • La Marque, TX 77568 • 409-933-8461



CONTINUING EDUCATION OFFICE

Technical-Vocational Building, Room TVB-1475, Main Campus

Phone: 409-933-8586

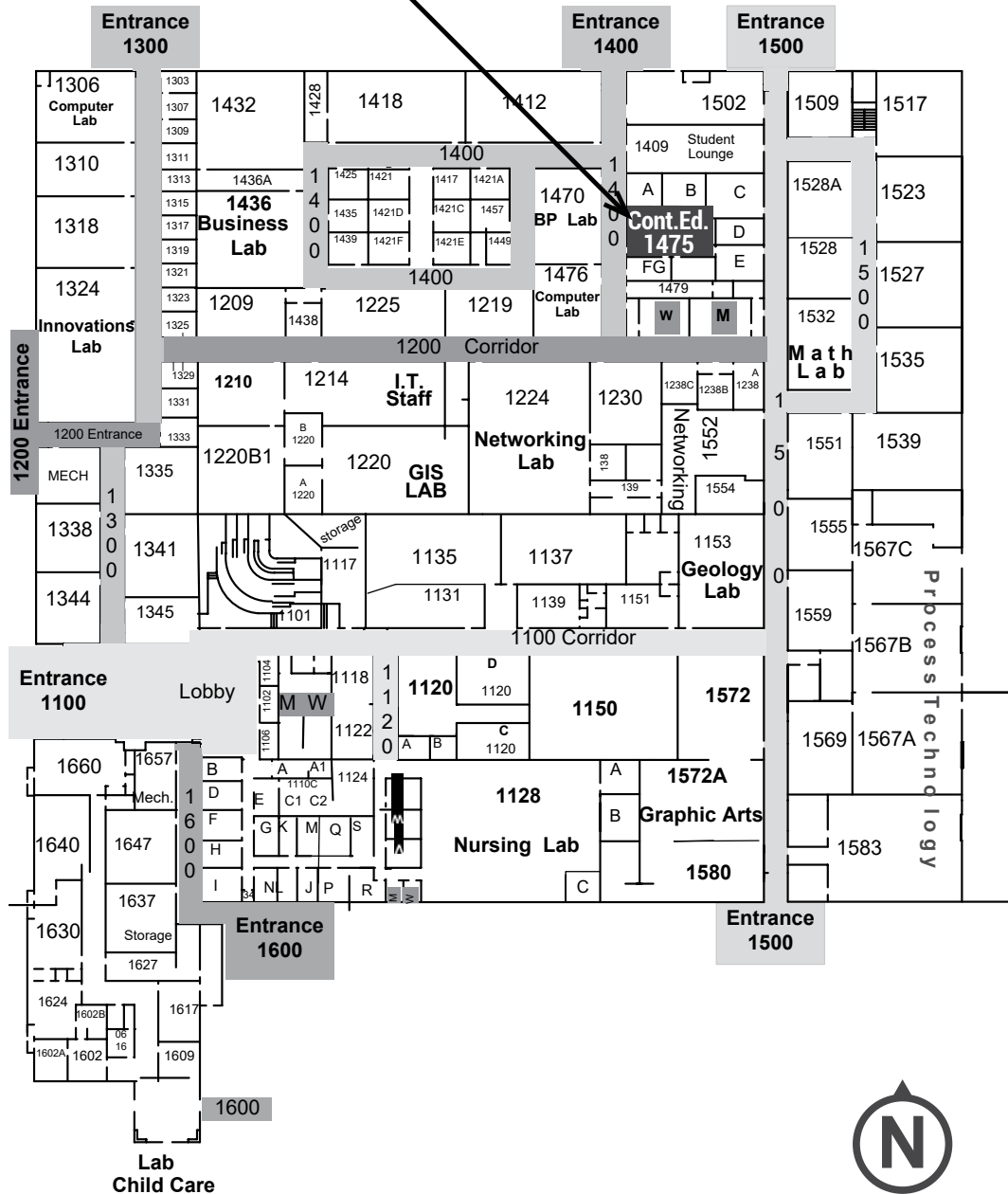
Fax: 409-933-8026

Mail: Continuing Education, 1200 N Amburn Rd., Texas City, TX 77591

Email: ContEd@com.edu

Register here or online at www.com.edu/ce

TECHNICAL-VOCATIONAL BUILDING



LIFELONG LEARNING PROGRAM EXTENDED TRAVEL

OPEN TO STUDENTS 18 AND OLDER

MAR 15,
2020
6 DAYS

**DEPOSIT
DEADLINE:**
12/13/2019



Great Trains & Grand Canyons

\$2749/\$2849 pp double

Highlights

- Two Rail Journeys
- Grand Canyon National Park
- Oak Creek Canyon
- Sedona Trolley Tour
- Chapel of the Holy Cross
- Taquapaque & Uptown Sedona
- Montezume Castle
- Jerome
- Old Town Scottsdale Inclusions
- Roundtrip Airfare - HOU
- 5 Nights Accommodations
- 8 Meals
- Sightseeing per Itinerary
- Admissions per Itinerary
- Hotel Transfer
- Motorcoach Transportation
- Baggage Handling at Hotels
- Professional Tour Director

JUL 14,
2020
9 DAYS

**DEPOSIT
DEADLINE:**
4/13/2020



Highlights of Bavaria & Austria Oberammergau Passion Play

\$5799/\$5899 pp double

Highlights

- 2 Nights in Munich Area
- Highlights of Munich-guided Tour
- Glockenspiel, Marienplatz & Olympic Park
- Oberammergau
- Passion Play
- King Ludwig II Castle
- Sound of Music, Mondsee
- Salzburg-guided Tour
- Danube River Cruise
- 3 Nights Vienna-guided Tour Inclusions
- Roundtrip Airfare - IAH
- 7 Nights Hotel Accommodations
- 12 Meals
- Professional Tour Director
- English-speaking Local Guides
- Tickets & Reserved Seating to Passion Play
- Deluxe Motorcoach
- Sightseeing & Admissions per Itinerary
- Hotel Transfer
- Baggage Handling (1 checked bag)

OCT 16,
2020
7 DAYS

**DEPOSIT
DEADLINE:**
7/15/2020



New York City & Hudson River Valley featuring Boston, Vermont, New Hampshire & Maine

\$3499/\$3599 pp double

Highlights

- New York City Tour
- Statue of Liberty/Ellis Island
- 9/11 Memorial/Museum
- Broadway Show
- One World Trade Center/Observation Deck
- Rockefeller Center
- Times Square & Central Park
- West Point Tour
- New Paltz/Historic Huguenot St.
- Hyde Park-FDR Historic Site
- Crown Maple Syrup
- Boscobel House & Gardens
- Hudson River Cruise
- Kingston/Manhattan/Hudson Valley Inclusions
- Roundtrip Airfare - HOU
- 6 Nights Accommodations
- 8 Meals
- Sightseeing per Itinerary
- Admissions per Itinerary
- Deluxe Motorcoach
- Hotel Transfers
- Professional Tour Director
- Baggage Handling

DEC 6,
2020
7 DAYS

**DEPOSIT
DEADLINE:**
9/4/2020



Historic South Holiday

\$2899/\$2999 pp double

Highlights

- 2 Nights Charleston, SC
- 2 Nights Savannah, GA
- 2 Nights St. Augustine, FL
- Charleston City Tour
- Boone Hall Plantation
- Fort Sumter Boat Tour
- Charleston Holiday Lights
- Beaufort
- Beaufort Horse-drawn Carriage Tour
- Savannah City Tour
- The Pirates' House Restaurant
- Jekyll Island Trolley Tour
- Lunch at Jekyll Island Club
- St. Augustine Trolley Tour
- Nights of Lights-St. Augustine Inclusions
- Roundtrip Airfare - HOU
- 6 Nights Accommodations
- 10 Meals
- Sightseeing per Itinerary
- Admissions per Itinerary
- Motorcoach Transportation
- Baggage Handling at Hotels
- Professional Tour Director
- Hotel Transfers

For information contact: Traci Payne
409-933-8912 or tpayne5@com.edu

OR CURRENT RESIDENT

FRESH AND SALTWATER *Fishing*

In addition to classroom instruction, an optional fishing fieldtrip is available to practice what you learn!

SEE PAGE 36

THIS INTRODUCTORY CLASS COVERS

- basic fishing tackle, rods and reels,
- casting,
- knot tying,
- natural and live bait,
- how to handle fish
- and more!

