

# CONTINUING EDUCATION

## FALL 2018 SCHEDULE



Workforce Programs

**NEW PROGRAM**

### **MASSAGE THERAPY**

page 6



### **CONSTRUCTION TRADES**

page 11



### **INDUSTRIAL TRADE CAREERS**

page 18



### **50 PLUS PROGRAM**





# TUITION-FREE HEALTHCARE CAREER TRAINING

You could qualify for **free training** in a **healthcare career**, depending on your income.

**July 18, 25 • Aug. 15, 29 • Sept. 12, 26 • Oct. 10, 17, 24 • Nov. 7, 21 • Dec. 5**

**HPOG Information Session 10 a.m. – 12 p.m. at the North County Learning Center  
200 Parker Ct., League City, TX 77573.**

**409-933-8645 | [www.com.edu/ce/allied-health](http://www.com.edu/ce/allied-health)**



This document was supported by Grant [90FX0035-01-00] from the Administration for Children and Families, U.S. Department of Health & Human Services (HHS). Its contents are solely the responsibility of the authors and do not necessarily represent the official views of HHS. HPOG is a study funded by the federal government which is being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate in these opportunities.

# COM CE: LIFELONG LEARNING FOR EVERYONE

COM's Continuing Education Division provides access to innovative, flexible and responsive lifelong learning opportunities. Whether you desire to acquire new workforce skills, upgrade current skills or seek personal enrichment, we offer something for you.

We offer career training and certification courses and programs that allow you to acquire the skills needed to enter entry-level positions.

We offer courses to help you upgrade your current skills and expand your knowledge as you seek to advance your career.

We also offer professional development courses needed for continued certification in your chosen profession.

And we offer many courses that may pique your interest in a new hobby, improve your fitness or enhance your knowledge of topics that are of special interest to you.

Let us help you continue your education throughout life!

## COM Continuing Education

*Lifelong Learning for Everyone*

[www.com.edu/ce](http://www.com.edu/ce)

409-933-8586

[ContEd@com.edu](mailto:ContEd@com.edu)

## CONTINUING EDUCATION'S MISSION

College of the Mainland's Continuing Education division is dedicated to providing workforce development training programs, customized corpo-

rate training and lifelong learning opportunities that are innovative, flexible and responsive to the needs of the diverse communities we serve.

## CONTINUING EDUCATION'S VISION

College of the Mainland's Continuing Education division will be a vital community partner by providing training opportunities that prepare students for high-growth jobs in the future, offer educational pathways for new and incumbent workers and support continued personal and professional development.

## HOW TO CONTACT US

The Continuing Education office is located in the Technical-Vocational Building, Room TVB-1475, on the main campus.

Phone: 409-933-8586 • Fax: 409-933-8026

Mail: Continuing Education, 1200 Amburn Rd., Texas City, TX 77591

Email: [ContEd@com.edu](mailto:ContEd@com.edu)

## CONTINUING EDUCATION OFFICE HOURS

Open:	Monday - Tuesday	8 a.m. – 7 p.m.
	Wednesday - Friday	8 a.m. – 5 p.m.

## CE SCHEDULE DISCLAIMER

This schedule is for informational purposes and is subject to change. Changes subsequent to the issuance of the printed schedule will be posted online at [www.com.edu/ceschedule](http://www.com.edu/ceschedule) and CE's Facebook page at [www.facebook.com/comcontinuinged](http://www.facebook.com/comcontinuinged). The electronic version of the schedule is the official schedule. Please refer to the online schedule for changes/updates.

## TABLE OF CONTENTS

### WORKFORCE PROGRAMS..... 6

Massage Therapist ..... 6

Certified Nurse Aide ..... 7

Dental Assistant ..... 8

Electrocardiography (EKG) Technician ..... 9

Phlebotomy Technician ..... 10

Medical Office/Insurance ..... 10

Specialist ..... 10

Physical Therapy Aide..... 11

### FAST-TRACK ONLINE REAL ESTATE PROGRAM ..... 12

### CONSTRUCTION TRADES ..... 13

HVAC Helper..... 13

Residential Wiring Installation Helper..... 14

Carpentry Helper ..... 14

Drywall Helper..... 15

Painter Helper..... 16

Plumber Helper..... 16

Masonry Helper..... 17

### INDUSTRIAL TRADE CAREERS..... 18

Heating, Ventilation & Air-Conditioning... 18

Mechanical Maintenance Technician, Basic  
..... 19

Mechanical Maintenance Technician,  
Intermediate..... 19

Mechanical Maintenance Technician,  
Advanced..... 20

Manual Machinist ..... 20

CNC Machinist ..... 21

Industrial Pipefitting..... 21

Industrial Pipefitting I..... 21

Industrial Pipefitting II..... 22

### ONLINE TRAINING ..... 23

### PUBLIC SERVICE CAREERS..... 26

### GULF COAST SAFETY INSTITUTE.. 29

### 50 PLUS PROGRAM ..... 31

Community Lecture Series..... 42

50 Plus Trips..... 44

### SPACE-AVAILABLE CLASSES ..... 47

### PERSONAL ENRICHMENT ..... 49

### CAMPUS MAPS ..... 54

# REGISTRATION IS EASY

## FALL 2018 REGISTRATION FOR ALL CE AND 50 PLUS PROGRAM COURSES BEGINS JULY 30, 2018.

Continuing education registration continues throughout the semester until classes are filled. Please register at least one week prior to the start date.

The registration form is available online at [www.com.edu/ce](http://www.com.edu/ce) and in the printed CE schedule. A photo ID will be required to show proof of age, i.e., a valid driver's license, government issued ID card or passport.

## PAYMENT OF FEES AND TUITION

All tuition and fees must be paid at the time of registration. We accept check, VISA, MasterCard, Discover and money orders. **NO CASH IS ACCEPTED.**



## 50 PLUS PROGRAM (50+ DISCOUNT)

Senior adults, age 50 or older, pay just 50 percent of the tuition on selected classes, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.

## A NONRESIDENT OF COM DISTRICT

A nonresident of the College of the Mainland district is subject to out-of-district fees. To be a legal resident of the COM district, you must reside in one of the following school districts: La Marque, Texas City, Dickinson (including San Leon and Bacliff but not including Seabrook or Kemah), Hitchcock and Santa Fe (including Algoa, Arcadia and Alta Loma).

## BOOKS AND SUPPLIES

If books and supplies are required, they are not included in the tuition cost unless indicated in the course description. Some courses require the purchase of special books or equipment. Some courses require a supply fee payable at the first class, or a supply list will be provided. Books and supplies are usually available at the COM Bookstore or by ordering online at [www.combookstore.com](http://www.combookstore.com).

## CLASS CANCELLATIONS

Classes with insufficient enrollment are canceled before the start of the class. Students will be called when a class is canceled; however, occasionally we are unable to reach a student before the first class. A 100 percent refund will be processed automatically. Help avoid class cancellations by registering at least five days prior to the course start date.

## REFUND POLICY

Refunds for fitness memberships and continuing education tuition and fees will be 100 percent refunded before the first day of class. Refund requests may be made in person, by phone (409-933-8586) or by fax (409-933-8026). Refund requests must be received during normal business hours at least one business day prior to the calendar start date of the class.

## CLASS TRANSFERS

Students may request to transfer to a different class or section prior to the first class of the course for which the student is registered. One hundred percent of tuition already paid will be applied to the new course(s). Any additional tuition that is due must be paid when the transfer is processed.

Have you previously taken classes at COM?

New to COM? Call to register or register in person.

### REGISTER ONLINE



#### WWW.COM.EDU/CE/REGISTER

- Click "Register Online."
- Follow the instructions for continuing education students.
- Questions about online registration? Click on the HELPDESK arrow located on the WebAdvisor main menu (bottom left) and fill out the form.

### CALL CE OFFICE



409-933-8586

OR 1-888-258-8859, EXT. 8586

Monday – Tuesday 8 a.m. – 7 p.m.  
Wednesday – Friday 8 a.m. – 5 p.m.  
Leave a message and a CE representative will return your call within 24 business hours.

### VISIT



Continuing Education Office, Technical Vocational Building, Room TVB 1475. Tuition and fees must be paid upon registration. Checks, money orders, credit and debit cards are accepted at the office.

**No cash or American Express is accepted.**

Monday – Tuesday 8 a.m. – 7 p.m.  
Wednesday – Friday 8 a.m. – 5 p.m.



## MINIMUM AGE REQUIREMENTS

Any adult 18 years of age or older, or an individual between the ages of 16 and 18 who has officially withdrawn from high school, is eligible to enroll in CE courses. Select courses may require students to be at least 21 years old. High school students, 16 years of age or older, are permitted to enroll under the COM concurrent enrollment policy with approval from appropriate public school officials. Students who are 13-15 years old may be given permission to enroll in CE courses that are not funded by the state, provided that a legal guardian enrolls in the same class and attends all classes with the student.

## 50 PLUS PROGRAM (50+)

Courses designed for students 50 years of age or older are located in the 50 Plus Program section of this schedule.

## AUDITING

Continuing education classes may not be audited.

## RECORD OF ACHIEVEMENT: CEUS

Continuing Education Units (CEUs) are nationally recognized to record satisfactory completion of certain approved occupation-related programs. One CEU is awarded for every 10 contact hours of instruction included in a specified continuing education class or activity. Successful completion is attendance-based unless otherwise noted. Ninety percent attendance is required for successful completion of most classes. Some classes require 100 percent attendance. A COM Continuing Education Program CEU transcript may be requested from the registrar's office at no charge. Reprints of CE certificates are available for \$5.

## QUESTIONS?

For specific course or program information, please call:

- **409-933-8285** Public Service Careers
- **409-933-8461** Lifelong Learning/50 Plus Program
- **409-933-8645** COM Learning Center-Allied Health
- **409-933-8162** Gulf Coast Safety Institute
- **409-933-8406** Industrial Crafts

For any questions about programs or courses, call **409-933-8586**. The CE office staff will be happy to assist you or direct your call to the appropriate department.

## A Word About Waiting to Register...

Each class has a minimum enrollment. Once that minimum is reached, the class has "made." Find a class you like, and encourage a friend to join you! Sometimes two or three people can make a difference between having a course "make" or be canceled.

## FINANCIAL ASSISTANCE

### TEXAS PUBLIC EDUCATION GRANTS

Grants are available, based on need, to individuals who want to take occupation-related courses. Grants may be used for tuition only. TPEG-eligible programs are identified on page 6. Applications for TPEG assistance should be submitted at least two weeks before the class start date. Applicants must complete the FAFSA, the COM Financial Aid Application and the TPEG Noncredit Application.

Contact the Continuing Education Office at 409-933-8586 for more information.

### THE HAZLEWOOD ACT/LEGACY PROGRAM

College of the Mainland may waive tuition and fees for Texas veterans, and their spouses and eligible children, who are no longer eligible under VA education benefits, were honorably discharged from the military after serving at least 180 days, entered the service with Texas as their home of record and have resided in Texas for at least 12 months prior to their registration date. Application procedures are as follows: The veteran/eligible spouse or child must provide proof of eligibility or ineligibility for GI/Montgomery benefits (Chapter 31, 33/Post 911) by requesting an education benefits letter from the VA office in Muskogee, Oklahoma, at 888-442-4551 or [www.gibill.va.gov](http://www.gibill.va.gov), provide a copy of the DD-214 and submit the appropriate Hazlewood Application (HE-V) and/or (HE-D) and required documentation to the Student Financial Aid/Veteran Affairs Office. Visit [www.com.edu](http://www.com.edu) and select Student Financial Services for more information, or call the Student Financial Services/Veteran Affairs Office at 409-933-8274 or 1-888-258-8859, ext. 8274.

### WORKFORCE INVESTMENT ACT (WIA)

College of the Mainland is an approved vendor of the Gulf Coast Workforce Development Board and Houston-Galveston Area Council to provide vocational training for eligible participants in workforce programs under the federally funded Workforce Investment Act (WIA). Participants qualifying for programs funded under WIA receive free tuition, fees, books and possibly uniforms, tools and financial assistance with transportation and child care. Applicants may apply for services under the WIA through their local Gulf Coast Careers office. Currently approved programs include CNC Machinist, HVAC, Industrial Pipefitting, Manual Machinist, Mechanical Maintenance Technician and Welding Programs. For more information on WIA, call 409-933-8586.

## Continuing Education Office Hours

<b>Monday – Tuesday</b>	<b>8 a.m. – 7 p.m.</b>
<b>Wednesday – Friday</b>	<b>8 a.m. – 5 p.m.</b>

For more information, call 409-933-8586.

## GENERAL INFORMATION

### COLLEGE CALENDAR

In accordance with the approved College calendar, the College will be closed on the following date:

Dec. 15 – Jan. 3 Winter Break

### PARKING

Parking permits are mandatory. Parking permits are required to be displayed on the rear window, lower left side. Parking permits are available at the Campus Police Department, building #16 at no cost. Students will fill out a brief application and will need their vehicle license plate number(s) and VIN # (vehicle identification number).

1. No parking in a "no parking zone"
2. No parking against traffic or backing into a parking space in parking lots (A), (B), and (C)
3. Must park within marked spaces
4. No driving against the flow of traffic
5. No unauthorized parking in handicap spaces
6. No driving/parking on non-roadways (i.e., sidewalks and grass)

### TOBACCO-FREE ENVIRONMENT

All College of the Mainland campuses are tobacco-free facilities. In addition, COM has a zero-tolerance policy for alcohol on campus.

### STUDENT RECORD PRIVACY POLICY

College of the Mainland complies with the provisions of the Family Educational Rights and Privacy Act (Buckley Amendment of 1974, Public Law 90-247, as amended) and any regulations that may be promulgated therein. The College permits a student to inspect his or her own records and limits disclosure to others if a student has not granted access by prior written consent. No student record, demographics or schedule information will be shared with anyone over the phone or to any third party.

### INTERNET OR HYBRID CLASSES

Students enrolling in Internet (IN) courses will be charged a \$35 distance education fee per course; students enrolling in hybrid (HY) courses will be charged a \$25 distance education fee per course. All students enrolled in Internet or hybrid classes for the first time are required to successfully complete the Online Learner Workshop.

### BACTERIAL MENINGITIS VACCINATION REQUIREMENT

Continuing education students will be required to show proof of having the bacterial meningitis vaccine if they are younger than 22 and enrolling in CE courses or programs with 360 hours or more. Proof of vaccination must be provided to the Office of Admissions and Records 10 days before the first day of class. Visit [www.com.edu/admissions/meningitis-vaccinations](http://www.com.edu/admissions/meningitis-vaccinations) or stop by the Enrollment Center for more information.

### TAX CREDIT

Continuing education tuition is not the same as credit tuition and cannot be reported on a 1098T form. The IRS does allow a tax credit for tuition, fees and books for CE courses relating to workforce training and improving job skills but does not allow the credit for hobby and other general lifelong-learning courses. To claim the credit on your taxes, save a copy of your registration and bookstore receipts and complete IRS form 8863 with your tax return.

### CAMPUS CARRY

As of August 1, 2017, Texas community colleges are required to comply with Senate Bill 11, commonly known as the "campus carry" bill. Individuals holding a license to carry (LTC), formerly concealed handgun license, will have the legal right to carry a concealed handgun onto community college campuses; however, openly carrying a firearm on a college campus is illegal. Please take note that storing handguns in personal vehicles on campus is allowed.

A license holder may carry a concealed handgun on or about their person while on College District property or in any buildings or properties owned, leased, or rented by the College District except in areas that have been deemed gun free zones under this policy. For further information about gun free zone locations, Campus Carry policy, and campus safety, please see the following link, <http://www.com.edu/campus-safety-and-security>. A video addressing Campus Carry and weapons guidelines can be found on COM's home page at [www.com.edu](http://www.com.edu).

This policy applies to faculty, staff, students, visitors, and individuals and organizations doing business on behalf of the College District or while on the College District premises or properties owned, leased, or rented by College District. In accordance with law, this policy shall not apply to commissioned peace officers.

### ABBREVIATIONS USED IN THIS SCHEDULE

ADM	Administration and Enrollment Center	COS	Cosmetology Gulfway Plaza	OLW	Online Learner Workshop
AHC	Allied Health Center-League City	FAB	Fine Arts Building	OSA	Occupational Skills Award
IND	Industrial Education Building (formerly AUD building)	FIR	Firing Range	PSC	Public Service Careers Building
CE	Continuing Education	GCSI	Gulf Coast Safety Institute	SC	Student Center
CL	Face-to-face classroom course	HY	Hybrid course (50-85 percent online and 15 to 50 percent in the class-room)	SCI	Science/Math Building
CLC	North County Learning Center-League City	IN	Internet course	SYN	Synonym-unique identifying number
COM	College of the Mainland	LLGP	Lifelong Learning Gulfway Plaza	TBA	To Be Announced
		LRC	Learning Resources Center (Library)	TVB	Technical-Vocational Building
				WIA	Workforce Investment Act



# CE WORKFORCE PROGRAMS

information subject to change

Possible Financial Aid Sources

	HOURS	FOUND ON PAGE	TPEG	HAZLEWD	WIA	H-1B
<b>MASSAGE THERAPY</b>						
MASSAGE THERAPIST	545	6-7	◆			
<b>ALLIED HEALTH CAREERS</b>						
CERTIFIED NURSE AIDE	118	7-8	◆	◆		
DENTAL ASSISTANT	234	8-9	◆	◆		
ELECTROCARDIOGRAPHY (EKG) TECHNICIAN	149	9-10	◆	◆		
MEDICAL OFFICE/INSURANCE SPECIALIST	132	10	◆	◆		
PHLEBOTOMY TECHNICIAN	196	10	◆	◆		
PHYSICAL THERAPY AIDE	88	11	◆	◆		
<b>CONSTRUCTION TRADES</b>						
HVAC HELPER	144	13	◆		◆	
RESIDENTIAL WIRING INSTALLATION HELPER	128	14	◆		◆	
CARPENTRY HELPER	128	14-15	◆		◆	
DRYWALL HELPER	128	15	◆		◆	
PAINTING HELPER	128	16	◆		◆	
PLUMBING HELPER	128	16-17	◆		◆	
MASONRY HELPER	128	17	◆		◆	
RECOVERY SAFETY PRECAUTIONS	8	17	◆		◆	
<b>INDUSTRIAL TRADES CAREERS</b>						
HVAC (LEVELS I, II, III)	298	18	◆	◆	◆	
CNC MACHINIST	252	21	◆	◆	◆	
MANUAL MACHINIST	256	20-21	◆	◆	◆	
MECHANICAL MAINTENANCE TECHNICIAN, BASIC	296	19	◆	◆	◆	
MECHANICAL MAINTENANCE TECHNICIAN, INTERMEDIATE	256	19-20	◆	◆	◆	
MECHANICAL MAINTENANCE TECHNICIAN, ADVANCED	192	20	◆	◆	◆	
INDUSTRIAL PIPEFITTING I	288	21	◆	◆	◆	
INDUSTRIAL PIPEFITTING II	256	22	◆	◆	◆	
WELDING TECHNOLOGIES	varies	22	◆	◆	◆	◆
<b>PUBLIC SERVICE CAREERS</b>						
SECURITY OFFICER	32	27	◆	◆		

## BACTERIAL MENINGITIS VACCINATION REQUIREMENT

CE students younger than 22 years old will be required to show proof of having the bacterial meningitis vaccine if they are enrolling in CE courses or programs with 360 hours or more. Proof of the vaccination must be provided to the Office of Admissions 10 days before the first day of class. Visit [www.com.edu/admissions/meningitis-vaccinations.php](http://www.com.edu/admissions/meningitis-vaccinations.php) or go by the Enrollment Center or Continuing Education Office for more information.

## FINANCIAL AID INFORMATION

See page 4 for more information about possible financial aid sources.

# WORKFORCE PROGRAMS



## MASSAGE THERAPY MASSAGE THERAPIST

Call 409-933-8114 for details.

Complete the required 500 clock hours mandated by the Texas Department of Licensing and Registration (TDLR) to prepare to enter the health care service industry in one year through our hands-on labs and classes. Massage therapists manipulate the soft tissue of one's body by hand or through a mechanical or electrical apparatus for therapeutic purposes. Upon completing the program and clock hours, you will take the Texas State Board Exam for licensure. A licensed massage therapist works in an array of settings, such as spas, franchised clinics, physicians' offices, hotels, cruise ships and fitness centers. Some massage therapists also travel to clients' homes or offices to give a massage. Employment of massage therapists is projected to grow 26 percent from 2016 to 2026, much faster than the average for all occupations. The mean hourly wage is \$19.23 per hour. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MSSG 1013	<b>Anatomy and Physiology for Massage</b> This course will provide an in-depth coverage of the structure and function of the human body, including cell structure and function, tissues, body organization, and the integumentary, skeletal, muscular, nervous, and endocrine systems. Content will emphasize homeostasis/wellness care. This course meets the minimum 75-contact-hour requirement for Anatomy and Physiology for licensure.	75
MSSG 1009	<b>Health and Hygiene</b> Students will study safety and sanitation practices including universal precautions. Students will also learn the importance of proper body mechanics, maintaining a healthy lifestyle, maintaining the massage environment, and the advantage of therapeutic relationships.	20
MSSG 1011	<b>Massage Therapy Fundamentals I</b> This course will introduce the theory and the application of skills necessary to perform basic massage skills. Students will demonstrate proficiency in the skills necessary to perform basic massage skills within the rules and regulations set by TDLR.	96

MSSG 2013	<b>Kinesiology for Massage</b> This course is an applied study of human kinesiology. Muscle movements and dysfunctions will be discussed and palpated. Theory and practice of functional muscle testing will also be discussed.	64
MSSG 2014	<b>Pathology for Massage</b> This course is a general discussion of pathologies as they relate to massage therapy and includes universal precautions and their management in professional practice. Etiology, signs, symptoms, and the physiological and psychological reactions to disease and injury will also be discussed.	48
MSSG 2011	<b>Massage Therapy Fundamentals II</b> This course is a continuation of Massage Therapy Fundamentals I and emphasizes specialized techniques and assessment of client needs to identify a specific plan of care. This course completes the requirements for Massage Techniques for licensure.	112
MSSG 1005	<b>Hydrotherapy/Therapeutic Modalities</b> Students will learn the use of accepted hydrotherapy and holistic healthcare modalities of external application of temperature for its reflexive effect.	32
MSSG 1007	<b>Business Practices &amp; Professional Ethics</b> The course is the study of physical and financial office practices and marketing. A discussion of ethical practices for massage therapists as established by law or regulatory agency will also be discussed.	48
MSSG 2086	<b>Massage Therapy Internship</b> This course is a work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts.	50
<b>TOTAL HOURS</b>		<b>545</b>

Pending Texas Higher Education Coordinating Board approval





### ANATOMY AND PHYSIOLOGY – 75 HRS

<b>Cost:</b>	<b>In district: \$499</b>	<b>Out of district: \$506</b>	
SYN: 2172 MSSG-1013-221CL	09/04/18-10/25/18	TTH	
05:30PM-10:00PM	COS 104	M Massey	
SYN: 2173 MSSG-1013-222CL	10/15/18-10/25/18	M	
05:30PM-10:00PM	COS 104	M Massey	

### HEALTH AND HYGIENE – 20 HRS

<b>Cost:</b>	<b>In district: \$150</b>	<b>Out of district: \$155</b>	
SYN: 2174 MSSG-1009-221CL	09/10/18-10/08/18	M	
05:30PM-10:00PM	COS 104	M Massey	

### MASSAGE THERAPY FUNDAMENTALS I – 96 HRS

<b>Cost:</b>	<b>In district: \$625</b>	<b>Out of district: \$630</b>	
SYN: 2175 MSSG-1011-221CL	10/22/18-12/10/18	M	
05:30PM-10:00PM	COS 104	M Massey	
SYN: 2176 MSSG-1011-222CL	10/30/18-12/13/18	TTH	
05:30PM-10:00PM	COS 104	M Massey	

## ALLIED HEALTH CAREERS

Allied Health classes are offered at the Texas City main campus as well as the COM Learning Center-North County at 200 Parker Ct. on FM 518 in League City. Applications for allied health certificate programs are available at the COM Learning Center-North County and in the Continuing Education department on the main campus. Completed applications must be returned to the COM Learning Center-North County. Applications are also available online at [www.com.edu/ce](http://www.com.edu/ce). **Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.**

## CERTIFIED NURSE AIDE

An approved application is required prior to registration.  
Call 409-933-8645 for details and approval.

A vital part of the health care field, certified nurse aides provide compassionate basic care for patients. This program trains nurse aides in classes and clinicals to work in hospitals and long-term care facilities. The average hourly wage for certified nurse aides is \$11.80. Between 2014-2024, the need for certified nurse aides is projected to grow by 17 percent. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
<b>NURA 1001</b>	<b>Nurse Aide for Health Care I</b>	<b>78</b>
	This course prepares entry-level nursing aides to gain the knowledge, skills and abilities to provide basic care to hospital patients and residents of long-term care facilities. Students must enroll concurrently in Nurse Aide Clinicals (NURA-1060) to complete the Certified Nursing Aide (CNA) Program.	
<b>NURA 1060</b>	<b>Nurse Aide for Health Care II</b>	<b>40</b>
	Clinical experiences are unpaid, external learning experiences. Students must enroll concurrently in Nurse Aide for Health Care I (NURA-1001) to complete the COM Certified Nursing Aide Program. Tuition includes malpractice insurance.	
<b>TOTAL HOURS</b>		<b>118</b>

State certification: Students successfully completing these courses will be prepared to take the state exam. Students will also complete the Healthcare Provider CPR certification. Students will be required to purchase supplies needed for program participation. A complete list of supplies will be available the first day of class; the estimated cost of supplies is \$65. Tuition includes malpractice insurance (\$16), the ID badge fee (\$6), CPR certification training, and industry recommended professional skills training. Due to state standards, students must complete all 40 hours of the clinical rotation. Failure to comply could result in the inability to sit for the Certified Nurse Aide Examination.

## We're In Your Neighborhood!



The COM Learning Center – North County is located at 200 Parker Ct. in League City.

It offers allied health care programs, allied health professional development courses.

Call 409-933-8645 for more information or visit [www.com.edu/nc](http://www.com.edu/nc).



## LIKE US ON FACEBOOK

[www.facebook.com/comcontinuinged](http://www.facebook.com/comcontinuinged)

## NURSE AIDE FOR HEALTHCARE I AND II – 118 HRS

Students must enroll at the same time in SYN: 1837 NURA-1001-211CL and SYN: 1838 NURA-1060-111CL.

<b>Cost:</b>	<b>In district: \$669</b>	<b>Out of district: \$674</b>
SYN: 1837 NURA-1001-211CL	09/10/18-11/14/18	MTWTH
05:30PM-09:30PM	AHC 103	K Sellers

<b>Cost:</b>	<b>In district: \$260</b>	<b>Out of district: \$265</b>
SYN: 1838 NURA-1060-111CL	10/06/18-11/03/18	SSU
06:00AM-02:00PM	TBA	COM Faculty

Students must enroll at the same time in SYN: 1839 NURA-1001-101CL and SYN: 1840 NURA-1060-101CL.

<b>Cost:</b>	<b>In district: \$669</b>	<b>Out of district: \$674</b>
SYN: 1839 NURA-1001-101CL	09/04/18-10/08/18	MTWTH
08:35AM-12:35PM	AHC 103	K Sellers

<b>Cost:</b>	<b>In district: \$260</b>	<b>Out of district: \$265</b>
SYN: 1840 NURA-1060-101CL	10/09/18-10/15/18	MTWTH
06:00AM-02:00PM	TBA	K Sellers

Students must enroll at the same time in SYN: 1843 NURA-1001-212CL and SYN: 1844 NURA-1060-112CL.

<b>Cost:</b>	<b>In district: \$669</b>	<b>Out of district: \$674</b>
SYN: 1843 NURA-1001-212CL	09/10/18-11/14/18	MW
06:00PM-10:00PM	TVB 1135	COM Faculty

<b>Cost:</b>	<b>In district: \$260</b>	<b>Out of district: \$265</b>
SYN: 1844 NURA-1060-112CL	10/06/18-11/03/18	S
06:00AM-02:00PM	TBA	COM Faculty

Students must enroll at the same time in SYN: 1841 NURA-1001-102CL and SYN: 1842 NURA-1060-102CL.

<b>Cost:</b>	<b>In district: \$669</b>	<b>Out of district: \$674</b>
SYN: 1841 NURA-1001-102CL	10/22/18-11/27/18	MTWTH
08:35AM-12:35PM	AHC 103	K Sellers

<b>Cost:</b>	<b>In district: \$260</b>	<b>Out of district: \$265</b>
SYN: 1842 NURA-1060-102CL	11/28/18-12/05/18	MTWTH
06:00AM-02:00PM	TBA	K Sellers

## CNA STATE TEXAS REVIEW – 4 HRS

This course is a co-requisite to NURA 1001 and NURA 1060. Students will review for the state exam, Certified Nursing Assistant. Co-Requisite NURA 1001 and NURA 1060. Class registration is only for COM CNA students who have completed the CNA program in the Fall 2018 semester.

<b>Cost:</b>	<b>In district:</b>	<b>Out of district:</b>
SYN: 1848 NURAX-1002-100CL	11/02/18	F
08:30AM-12:30PM		K Sellers
SYN: 1849 NURAX-1002-100CL	12/07/18	F
08:30AM-12:30PM		K Sellers
SYN: 1850 NURAX-1002-100CL	01/04/18	F
TBA		K Sellers

### Mark your calendar for these important dates:

July 30	First Day of Registration for fall 2018
Sept. 4	first day of classes
Nov. 30	last day of classes
Dec. 15 thru Jan. 3	COM closed for winter holidays

## DENTAL ASSISTANT

### Occupational Skills Award

An approved application is required prior to registration.  
Call 409-933-8645 for details and approval.

Through hands-on labs and classes, this program trains students to work as dental assistants, a rapidly growing branch of the health care field. Dental assistants perform a variety of tasks in dental offices, from patient care to record keeping.

The average hourly wage for dental assistant is \$16.95. Between 2014-2024, the need for dental assistants is projected to grow 18 percent. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
DNTA 1015	<b>Dental Chairside Assisting</b> This course will cover pre-clinical chairside assisting procedures, instrumentation and OSHA and other regulatory agencies' standards. Students will practice equipment safety, select armamentarium for introductory dental skills, implement infection and hazard control protocol, perform equipment maintenance, and demonstrate specific pre-clinical chairside assisting procedures.	86
DNTA 1003	<b>Registered Dental Assisting Exam Review</b> This course prepares dental assistants to meet Texas State Board of Dental Examiners examination requirements. It includes a review of radiology, infection control and jurisprudence. This course prepares the student to take the state of Texas Registered Dental Assistant Exam.	48
DNTA 1060	<b>Clinical Dental Assistant</b> This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional provides direct supervision.	100
<b>TOTAL HOURS</b>		<b>234</b>

State certification: Students successfully completing these courses will be prepared to take the Texas Registered Dental Assistant Exam.

## DENTAL CHAIRSIDE ASSISTING – 86 HRS

Tuition includes six hours of CPR training, the malpractice insurance fee (\$16); ID badge fee (\$6). Training includes lab experience. Lab experience will take place on Saturdays (4) from 9 am-1 pm, and will be scheduled by the instructor on the first day of class. **There will be no class Nov. 21.**

<b>Cost:</b>	<b>In district: \$989</b>	<b>Out of district: \$994</b>
SYN: 1826 DNTA-1015-285CL	09/05/18-11/19/18	MW
06:00PM-09:15PM	AHC 102	A Barton

Students must enroll at the same time in SYN: 1827 DNTA-1003-285HY and SYN: 1828 DNTA-1060-185CL.

## Continuing Education Office Hours

Monday – Tuesday	8 a.m. – 7 p.m.
Wednesday – Friday	8 a.m. – 5 p.m.

For more information, call 409-933-8586.





## ELECTROCARDIOGRAPHY (EKG) TECHNICIAN

An approved application is required prior to registration.  
**Prerequisite:** A high school diploma or GED and previous healthcare experience or certification  
 Call 409-933-8645 for details and approval.

This program trains students to become EKG technicians, a key part of the medical team. EKG technicians prepare patients for an EKG by attaching electrodes to patient's arms, legs and chest. They also operate EKG machines while monitoring, interpreting and documenting patients' results, and they maintain and troubleshoot technical problems with EKG machines. EKG technicians work in health clinics, hospitals, and medical offices. Between 2010-2020, the need for EKG technicians is projected to grow 22 percent. The mean hourly wage is \$15.67. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
<b>ECRD 1011</b>	<b>Electrocardiography and Telemetry Monitoring</b>	<b>64</b>
	This introductory course is designed to teach the fundamentals of cardiovascular anatomy and physiology. Topics include basic electrocardiography procedures, interpretation of basic dysrhythmias and appropriate treatment modalities. Additional topics include an understanding of the heart and the implications of decreased cardiac output and its application in interpreting electrical activity. It also emphasizes the recognition of common and potentially lethal dysrhythmias.	
<b>EMSP 1050</b>	<b>Introduction to 12-lead ECG Interpretation Telemetry Monitoring</b>	<b>21</b>
	The course will cover the interpretation of 12-lead electrocardiograms (ECGs) to identify dysrhythmias, axis deviation and myocardial ischemia, injury and infarction. It will discuss the clinical significance of abnormalities.	
<b>CVTT 1060</b>	<b>Clinical: Cardiovascular Technology</b>	<b>64</b>
	This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	
<b>TOTAL HOURS</b>		<b>149</b>

National certification: Students successfully completing these courses will be prepared to take the national exam given by National Healthcareer Association (NHA).

### ELECTROCARDIOGRAPHY AND TELEMETRY – 64 HRS

Hybrid course. Tuition includes CPR certification training, malpractice insurance fee (\$16), ID badge fee (\$6) and testing fee (\$161), which includes study guide and practice exams. Students must concurrently enroll in SYN: 1831 EMSP-1050-296CL and SYN:1825 CVTT-1060-196CL. Class meets face to face once a week beginning Tuesday, 09/04/18. CPR will be held on Monday, 11/05/2018 in CLC 106 from 6p-9p.

**Cost:** In district: \$714 Out of district: \$719  
 SYN: 1830 ECRD-1011-296HY 09/04/18-11/05/18 T  
 06:00PM-09:00PM AHC 104 J Kutinac  
 11/05/18 M (CPR)  
 05:00PM-10:00PM CLC 106 K Sellers

**REGISTRATION FOR FALL 2018  
 BEGINS JULY 30TH 2018.**

### REGISTERED DENTAL ASSISTANT EXAM REVIEW – 48 HRS

Hybrid Format. Students must pay for the Texas Academy of General Dentistry Registered Dental Assistant exam (approximately \$155) near the end of the program. The instructor will provide specific due dates. The class will have an online component requiring that modules be completed. This course also includes industry recommended professional skills training.

**Cost:** In district: \$280 Out of district: \$285  
 SYN: 1827 DNTA-1003-285HY 11/26/18-12/12/18 MW  
 06:00PM-09:00PM AHC 102 A Barton

Students must enroll at the same time in SYN: 1826 DNTA-1015-285CL and SYN: 1828 DNTA-1060-185CL.

### CLINICAL DENTAL ASSISTANT – 100 HRS

\*Course length is 100 hours and will be coordinated by instructor.

**Cost:** In district: \$119 Out of district: \$124  
 SYN: 1828 DNTA-1060-185CL 12/03/18-01/31/19 MTWTHF  
 08:00AM-05:00PM TBA A Barton

Students must enroll at the same time in SYN: 1826 DNTA-1015-285CL and SYN: 1827 DNTA-1003-285HY.

### When Should I Register?

If a class starts on a...	Register by noon on the following days.
Sunday, Monday, Tuesday	Wednesday (the week before it starts)
Wednesday, Thursday	Thursday (the week before it starts)
Friday	Monday (of the same week)
Saturday	Tuesday (of the same week)

## INTRODUCTION TO 12-LEAD ECG I INTERPRETATION – TELEMETRY MONITORING – 21 HRS

There will be no class Nov. 22.

**Cost:** In district: \$230 Out of district: \$235  
 SYN: 1831 EMSP-1050-296CL 11/06/18-11/29/18 TTH  
 06:00PM-09:00PM AHC 104 J Kutinac

## CLINICAL: CARDIOVASCULAR TECHNOLOGY (EKG) – 64 HOURS

\*Course length is 64 hours and the instructor will coordinate the times

**Cost:** In district: \$119 Out of district: \$124  
 SYN: 1825 CVTT-1060-196CL 12/03/18-01/07/19 MTWTHF  
 8:00AM- 5:00PM TBA J Kutinac

## PHLEBOTOMY TECHNICIAN

### *Occupational Skills Award*

An approved application is required prior to registration.  
 Prerequisite: A high school diploma or GED and previous healthcare experience or certification  
 Call 409-933-8645 for details and approval.

A rapidly growing occupation in the health care, phlebotomists draw blood for tests, transfusions, research or blood donations. COM trains phlebotomy technicians in the safest methods of drawing blood with as little patient discomfort as possible.

The average hourly wage for phlebotomy technicians is \$14.75. Between 2014-2024, the need for phlebotomy technicians is projected to grow 25 percent. (Source: Bureau of Labor Statistics) They find employment in hospitals, doctor's offices, medical and diagnostic laboratories, and blood donor centers.

Course #	Title	Hrs
PLAB 1023	<b>Phlebotomy Technician</b> This course introduces students to the basic knowledge and skills of the phlebotomy profession. Students learn types of blood collections utilizing the proper techniques and universal precautions. The required textbook is available in the COM Bookstore.	96
PLAB 1060	<b>Clinical: Phlebotomy</b> This course will cover a health-related, work-based learning experience that enables the student to apply specialized occupational theory, skills and concepts. The clinical professional supervises.	100
<b>TOTAL HOURS</b>		<b>196</b>

National certification: Students successfully completing these courses will be prepared to take the national exam given by American Society for Clinical Pathology.

## PHLEBOTOMY TECHNICIAN – 96 HRS

Tuition includes malpractice insurance (\$16), six hours of CPR certification training, exam fee and industry recommended Professional Skills training.

There will be no class Nov. 22.

**Cost:** In district: \$745 Out of district: \$750  
 SYN: 1845 PLAB-1023-219CL 09/04/18-12/13/18 TTH  
 06:00PM-09:30PM AHC 102 V Moreno  
 11/13/18-11/15/18 TTH (CPR)  
 06:00PM-09:30PM CLC 106 COM Faculty

Students must enroll at the same time in SYN: 1846 PLAB-1060-119CL.

## CLINICAL: PHLEBOTOMY – 100 HRS

\*Course length is 100 hours and the instructor will coordinate times.

**Cost:** In district: \$254 Out of district: \$259  
 SYN: 1846 PLAB-1060-119CL 11/26/18-01/17/19 MTWTHF  
 08:00AM-05:00PM TBA V Moreno

Students must enroll at the same time in SYN: 1845 PLAB-1023-219CL.

## MEDICAL OFFICE/INSURANCE SPECIALIST

Prerequisite: A high school diploma or GED  
 Call 409-933-8645 for detail.

Prepare to enter the medical field in one semester with the Medical Office/Insurance Specialist. These courses prepare students to obtain entry-level administrative positions in health care settings and provides a solid foundation for those wanting to continue their studies to become health information technicians. Between 2012-2022, this field is projected to grow 22 percent, much faster than the average for all occupations. The mean hourly wage is \$14.68. (Source: Bureau of Labor Statistics)

Course #	Title	Hrs
MDCA 1000	<b>Medical Office</b> This course will provide students with an introduction to medical office operations, equipment, procedures and human relations skills.	24
MDCA 1043	<b>Medical Insurance Specialist</b> This course emphasizes medical office coding for payment and reimbursement by patient or third-party payers for ambulatory care settings.	108
<b>TOTAL HOURS</b>		<b>132</b>

National Certification: Students successfully completed MDCA 1000 and MDCA 1043 will be prepared to take the Certified Billing and Coding Specialist exam offered through NHA (National Healthcareers Association).

## MEDICAL OFFICE – 24 HRS

**Cost:** In district: \$275 Out of district: \$280  
 SYN: 1835 MDCA-1000-200HY 09/04/18-09/18/18 T  
 06:00PM-09:30PM CLC 111 COM Faculty

Students must concurrently enroll in SYN: 1836 MDCA-1043-200HY.

## MEDICAL INSURANCE SPECIALIST – 108 HRS

Hybrid class includes Medical Terminology, and meets once a week on Tuesdays and on two Thursdays, 10/18 and 10/25, for industry recommended professional skills training. The instructor can provide additional information in the syllabus. Students can petition for Credit for the Medical Terminology portion of the class. Contact the CE AH Director for details at 409-933-8512.

**Cost:** In district: \$1150 Out of district: \$1155  
 SYN: 1836 MDCA-1043-200HY 09/25/18-12/11/18 T  
 06:00PM-09:30PM CLC 111 COM Faculty

Students must concurrently enroll in SYN: 1835 MDCA-1001-200HY



## PHYSICAL THERAPY AIDE

Recommended: A high school diploma or GED.  
Call 409-933-8645 for details.

If you are interested in a career in Physical Therapy, this program will give you some insight into the field while preparing you to work as a Physical Therapy Aide. Additionally, successful completion may set you apart when applying for a Physical Therapy Assistant program.

This program trains physical therapy aides to work with a physical therapist. It especially helps those who want to continue their education to become physical therapy assistants or for certified nurse assistants who want to expand their skills to work in restorative care.

The median pay is \$11.37. (Source: Bureau of Labor Statistics & ONET) A rapidly growing field, physical therapy aides find employment in hospitals, doctor's offices, skilled nursing care facilities and physical therapy treatment centers.

Course #	Title	Hrs
PTHA 1009	<b>Introduction to Physical Therapy</b> Students will be introduced to the physical therapy profession and the role of the physical therapist assistant. Topics include the application of basic patient care, functional skills, communication and selected data collection techniques.	88

**TOTAL HOURS** 88

Students successfully completing the course will receive a certificate of completion from COM.

### INTRODUCTION TO PHYSICAL THERAPY – 88 HRS

Observation hours are included, and take place during the day at a facility and during a time arranged by the instructor. Lab experiences may be offsite at a local PT department, and will be arranged with the instructor. Tuition includes six hours of CPR certification training.

**Cost:** In district: \$740 Out of district: \$745  
SYN: 1847 PTHA-1009-219CL 09/04/18-12/06/18 TTH  
06:00PM-09:15PM TVB 1135

## CPR TRAINING CENTER CLASSES

### BLS CPR – 5 HRS

Designed for the health care provider, the course includes one and two-rescuer adult CPR, child CPR, infant CPR, and adult and pediatric foreign body airway obstruction. The American Heart Association (AHA) strongly promotes knowledge and proficiency in all AHA courses and has developed instructional materials for this purpose. Use of these materials in an educational course does not represent course sponsorship by the AHA. Any fees charged for such a course, except for a portion of fees needed for AHA course materials, do not represent income to the AHA.

<b>Cost:</b>	<b>In district: \$59</b>	<b>Out of district: \$64</b>
SYN: 1832 EMSPX-1019-250CL	09/17/18	M
05:00PM-10:00PM	CLC 106	K Sellers
SYN: 1833 EMSPX-1019-251CL	10/22/18	M
05:00PM-10:00PM	CLC 106	K Sellers
SYN: 1834 EMSPX-1019-252CL	11/12/18	M
05:00PM-10:00PM	CLC 106	K Sellers

### SKILLS CHECK OFF FOR BLS CPR – 2 HRS

This class is for students needing to complete the skills check off and/or exam portion of the online American Heart Association Basic Life Support course. Students will take the online portion of the CPR course found on the American Heart Association website <https://onlineaha.org>, and must bring their test results and certificate of completion to the class.

<b>Cost:</b>	<b>In district: \$40</b>	<b>Out of district: \$45</b>
SYN: 1824 AHCEX-1003-295CL	12/10/18	M
TBA	CLC 106	K Sellers
06:00PM-10:00PM	CLC 106	COM Faculty

## ARE YOU AGE 50 PLUS?

### We have classes just for you!

- Enroll in 50 Plus Program classes – with more than 75 options – at a nominal cost.
- Join reasonably priced 50 Plus Program trips.
- Enroll in free or low-cost workshops.
- Receive a discount on COM Gym fitness memberships.
- Use the COM Library.
- Receive a discount on COM Cosmetology Services. Call 409-933-8480 for more information.
- Enjoy a discount on COM Community Theatre productions. Call 409-933-8345 for more information.

## 50 PLUS PROGRAM *Lifelong Learning Center*

For more information see page 31 of this schedule, or call 409-933-8461.



# FAST-TRACK ONLINE REAL ESTATE PROGRAM



Students in this program prepare for careers as real estate agents, who have an average annual salary of \$53,100 according to the Bureau of Labor Statistics. Classes are available online in partnership with REcampus at <https://portal.recampus.com/re/mainland>.

The Texas Real Estate Commission requires students to complete 180 class hours before taking the Texas Real Estate Salesperson Exam. Six courses are mandatory: Real Estate Principles I, Real Estate Principles II, Real Estate Law of Agency, Real Estate Law of Contracts, Real Estate Finance and Texas Real Estate Promulgated Contracts and Forms. The cost is \$155 for each required course.

REAL ESTATE		
Course #	Title	Hrs
RELE 1002	<b>Real Estate Principles I</b> This course is an overview of licensing as a real estate broker or salesperson in Texas. Includes ethics of practice as a license holder; titles to and conveyance of real estate; legal descriptions, deeds, encumbrances and liens; distinctions between personal and real property; appraisal, finance and regulations; closing procedures; and real estate mathematics. Covers at least three hours of classroom instruction on federal, state, and local laws relating to housing discrimination, housing credit discrimination, and community reinvestment. Fulfills at least 30 of 60 hours of required instruction for salesperson license.	30
RELE 1039	<b>Real Estate Principles II</b> A continuing overview of licensing as a broker or salesperson in Texas. Includes ethics of practice as a license holder, titles to and conveyance of real estate, legal descriptions, deeds, encumbrances and liens, distinctions between personal and real property, appraisal, finance and regulations, closing procedures, and real estate mathematics. Covers at least three hours of classroom instruction on federal, state, and local laws relating to	30

RELE 2002	<b>Real Estate Law of Agency</b> This course is the study of law of agency including principal-agent and master-servant relationships, the authority of an agent, the termination of an agent's authority, the fiduciary and other duties of an agent, employment law, deceptive trade practices, listing or buying representation procedures, and the disclosure of an agency.	30
RELE 1012	<b>Real Estate Law of Contracts</b> This course studies the elements of a contract, offer and acceptance, statute of frauds, specific performance and remedies for breach, unauthorized practice of law, commission rules relating to use of adopted forms, and owner disclosure requirements.	30
RELE 1020	<b>Real Estate Finance</b> This course provides an overview of the U.S. monetary system, primary and secondary money markets, sources of mortgage loans, federal government programs, loan applications, processes and procedures, closing costs, alternative financial instruments, equal credit opportunity laws affecting mortgage lending, Community Reinvestment Act, and the State Housing Agency. The textbook can be purchased online.	30
RELE 1010	<b>Real Estate Promulgated Contracts and Forms</b> This course studies legal concepts of real estate, land description, real property rights, estates in land, contracts, conveyances, encumbrances, foreclosures, recording procedures, and evidence of title. This course was designed to be repeated multiple times to improve student proficiencies.	30
<b>TOTAL HOURS</b>		<b>180</b>

State certification: Students successfully completing these courses will be prepared to take the Texas Real Estate Salesperson Exam.

<https://portal.recampus.com/re/mainland>

## REAL ESTATE DISCLAIMER

Students enrolling in Real Estate education courses having a criminal history, may be ineligible for the license they seek. Students may request a criminal history evaluation prior to enrolling in courses or applying for a real estate, inspector or appraiser license. Students who are potential applicants may request a criminal history evaluation, by submitting a completed Moral Character Determination Form to the Texas Real Estate Commission prior to applying for a license. Students should refer to the criminal history eligibility guidelines set out in Texas Occupations Code §53.025 and TREC Rule 541.1.

# CONSTRUCTION TRADES



## HVAC Helper *Hurricane Harvey Relief Efforts Fast-Track Training*

### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician and/or installer through hands-on training. HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, schools, hospitals, hotels, restaurants and residential homes. The need for qualified HVAC technicians and installers in the Gulf Coast Region is anticipated to grow 25.7 percent by 2020. The median hourly wage is \$19.84, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
<b>HART 1001</b>	<b>Basic Electricity for HVAC</b>	<b>48</b>
	This course is a study of the fundamental principles of electricity as required for the heating, ventilation and air-conditioning trade. Students will demonstrate the proper use of test equipment, electrical circuits, and component theory and operation. They will apply electrical calculations and demonstrate electrical safety. Students will receive an OSHA 10 credential.	
<b>HART 1038</b>	<b>Air-Conditioning, Level I</b>	<b>96</b>
	This course is a study of HVAC principles, terminology, tools and skills. Students will identify and demonstrate use of tools for HVAC, perform brazing and soldering operations, and apply trade mathematics. Prerequisite: HART-1001	
<b>TOTAL HOURS</b>		<b>144</b>

### BASIC ELECTRICITY FOR HVAC – 48 HRS

<b>Cost:</b>	<b>In district: \$355</b>	<b>Out of district: \$360</b>
SYN: 1765 HART-1001-261CL	09/07/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND 007	
	09/10/18-09/14/18	MTWTHF
08:00AM-05:00PM	GCSI 117	

### AIR-CONDITIONING, LEVEL 1 – 96 HRS

<b>Cost:</b>	<b>In district: \$575</b>	<b>Out of district: \$580</b>
SYN: 1764 HART-1038-161CL	09/17/18-10/02/18	MTWTHF
08:00AM-05:00PM	GCSI 117	COM Faculty

### BASIC ELECTRICITY FOR HVAC – 48 HRS

<b>Cost:</b>	<b>In district: \$355</b>	<b>Out of district: \$360</b>
SYN: 1766 HART-1001-262CL	10/05/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND 007	
	10/08/18-10/12/18	MTWTHF
08:00AM-05:00PM	GCSI 117	

### AIR-CONDITIONING, LEVEL 1 – 96 HRS

<b>Cost:</b>	<b>In district: \$575</b>	<b>Out of district: \$580</b>
SYN: 1767 HART-1038-162CL	10/15/18-10/30/18	MTWTHF
08:00AM-05:00PM	GCSI 117	COM Faculty

## FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.





## Residential Wiring Installation Helper *Hurricane Harvey Relief Efforts* *Fast-Track Training*

### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Residential Wiring Installation Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of the Residential Wiring Installation Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified residential wiring installation helpers in the Gulf Coast Region is anticipated to grow 37.1% by 2022. The median hourly wage is \$15.29, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial Aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>NCCER Core – Residential Wiring</b> This course is a comprehensive study of NCCER CORE for residential wiring installation helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	<b>64</b>
<b>ELPT 1000</b>	<b>Basic Electrical Wiring</b> This course is a study of the fundamental knowledge and skills common to electrical wiring. Students will identify and demonstrate the proper use of tools and equipment and demonstrate the installation of proper wiring and wiring devices to include receptacles, switches to support lighting, ceiling fans and appliances for a residential home. Students will maintain tools and equipment while following safety guidelines.	<b>64</b>
<b>TOTAL HOURS</b>		<b>128</b>

### NCCER CORE - RESIDENTIAL WIRING – 64 HRS

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1768 CNBT-1018-261CL	09/07/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND 007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC 100	

### BASIC ELECTRICAL WIRING – 64 HRS

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1769 ELPT-1000-161CL	09/19/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**REGISTRATION FOR FALL 2018  
BEGINS JULY 30TH 2018.**

### NCCER CORE - RESIDENTIAL WIRING – 64 HRS

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1770 CNBT-1018-262CL	10/05/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND 007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC 100	

### BASIC ELECTRICAL WIRING – 64 HRS

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1771 ELPT-1000-162CL	10/17/18-10/26/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

## Carpentry Helper *Hurricane Harvey Relief Efforts* *Fast-Track Training*

### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Carpentry Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of the Carpentry Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified carpentry helpers in the Gulf Coast Region is anticipated to grow 25.6% by 2022. The median hourly wage is \$14.45, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial Aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>Construction Tools and Techniques</b> This course is a comprehensive study of NCCER CORE for carpentry helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	<b>64</b>
<b>CRPT 1001</b>	<b>Introduction to Basic Framing</b> This course is a study of the fundamental knowledge and skills common to basic framing. Students will demonstrate proper use of tools used to repair and install wood structures with an emphasis on doors, floors and walls. Students will maintain tools and equipment while following safety guidelines.	<b>32</b>
<b>CRPT 1000</b>	<b>Carpentry Maintenance Skills</b> This course is a study of the fundamental knowledge and skills common to carpentry. Students will identify and demonstrate the proper use of tools and equipment; and identify basic material used to repair framed structures, windows and doors. Students will maintain tools and equipment while following safety guidelines.	<b>32</b>
<b>TOTAL HOURS</b>		<b>128</b>

**NCCER CORE – CARPENTRY – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1772 CNBT-1018-263CL	09/07/18	F
05:30PM-09:30PM	IND-007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND-007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC-100	

**CARPENTRY MAINTENANCE SKILLS - 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1773 CRPT-1000-161CL	09/19/18-09/24/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**BASIC FRAMING – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1774 CRPT-1001-161CL	09/25/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**NCCER CORE – CARPENTRY – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1775 CNBT-1018-264CL	10/05/18	F
05:30PM-09:30PM	IND-007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND-007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC-100	

**CARPENTRY MAINTENANCE SKILLS - 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1776 CRPT-1000-162CL	10/17/18-10/22/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**BASIC FRAMING – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1777 CRPT-1001-162CL	10/23/18-10/26/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**Drywall Helper***Hurricane Harvey Relief Efforts  
Fast-Track Training***REQUIRED COURSE SEQUENCE**

Textbooks are not included in course cost.

COM's Drywall Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of the Drywall Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified drywall helpers in the Gulf Coast Region is anticipated to grow 22.6% by 2022. The median hourly wage is \$15.39, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>Construction Tools and Techniques</b>	<b>64</b>
	This course is a comprehensive study of NCCER CORE for drywall helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	
<b>CBFM 1012</b>	<b>Introduction to Basic Interior Finishing</b>	<b>64</b>
	This course is a study of the fundamental skills common to interior finishing. Students will identify and demonstrate the proper use of tools and equipment used for the installation of sheetrock, tape and float techniques. Students will maintain tools and equipment while following safety guidelines.	
<b>TOTAL HOURS</b>		<b>128</b>

**NCCER CORE – DRYWALL – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1778 CNBT-1018-265CL	09/07/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND 007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC INTERIOR FINISHING – 64 HRS**

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1779 CBFM-1012-161CL	09/19/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**NCCER CORE – DRYWALL – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1780 CNBT-1018-266CL	10/05/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND 007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC INTERIOR FINISHING – 64 HRS**

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1781 CBFM-1012-162CL	10/17/18-10/26/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**Continuing Education  
Office Hours**

<b>Monday – Tuesday</b>	<b>8 a.m. – 7 p.m.</b>
<b>Wednesday – Friday</b>	<b>8 a.m. – 5 p.m.</b>

For more information, call 409-933-8586.

## Painter Helper

### *Hurricane Harvey Relief Efforts*

### *Fast-Track Training*

#### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Painter Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of Painter Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified painter helpers in the Gulf Coast Region is anticipated to grow by 18.2% by 2022. The media hourly wage is \$12.36, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial Aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>Construction Tools and Techniques</b>	<b>64</b>
	This course is a comprehensive study of NCCER CORE for painter helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	
<b>CBFM 1034</b>	<b>Introduction to Interior and Exterior Painting</b>	<b>64</b>
	This course is a study of the fundamental knowledge and skills common to interior and exterior painting. Students will identify and demonstrate the proper use of tools and equipment; perform surface preparation; select and apply various interior and exterior coatings. Students will maintain tools and equipment while following safety guidelines.	
<b>TOTAL HOURS</b>		<b>128</b>

#### NCCER CORE – PAINTING – 64 HRS

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1782 CNBT-1018-267CL	09/07/18	F
05:30PM-09:30PM	IND-007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND-007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC-100	

#### INTERIOR AND EXTERIOR PAINTING – 64 HRS

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1783 CBFM-1034-161CL	009/19/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

#### NCCER CORE – PAINTING – 64 HRS

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1784 CNBT-1018-268CL	10/05/18	F
05:30PM-09:30PM	IND-007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND-007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC-100	

#### INTERIOR AND EXTERIOR PAINTING – 64 HRS

<b>Cost:</b>	<b>In district: \$475</b>	<b>Out of district: \$480</b>
SYN: 1785 CBFM-1034-162CL	10/17/18-10/26/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

## Plumber Helper

### *Hurricane Harvey Relief Efforts*

### *Fast-Track Training*

#### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Plumber Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of the Plumber Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified plumber helpers in the Gulf Coast Region is anticipated to grow 29.0% by 2022. The median hourly wage is \$14.90, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial Aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>Construction Tools and Techniques</b>	<b>64</b>
	This course is a comprehensive study of NCCER CORE for plumber helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	
<b>PFPB 1003</b>	<b>Introduction to Basic Plumbing Skills</b>	<b>32</b>
	This course is a study of the fundamental knowledge and skills common to plumbing. Students will identify and demonstrate the proper use of tools and equipment to install or repair drains, vents and plumbing fixtures. Students will maintain tools and equipment while following safety guidelines.	
<b>PFPB 1011</b>	<b>Plumbing Maintenance Skills</b>	<b>32</b>
	This course is a study of the fundamental knowledge and skills common to plumbing. Students will identify and demonstrate the proper use of tools and equipment; identify materials and demonstrate the installation of faucets and plumbing fixtures. Students will maintain tools and equipment while following safety guidelines.	
<b>TOTAL HOURS</b>		<b>128</b>



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**NCCER CORE – PLUMBING – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1786 CNBT-1018-269CL	09/07/18	F
05:30PM-09:30PM	IND-007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND 007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC PLUMBING SKILLS – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1787 PFPB-1003-161CL	09/19/18-09/24/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**PLUMBING MAINTENANCE SKILLS – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1788 PFPB-1011-161CL	09/25/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**NCCER CORE – PLUMBING – 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1789 CNBT-1018-270CL	10/05/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND 007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC PLUMBING SKILLS – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1793 PFPB-1003-162CL	10/17/18-10/22/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**PLUMBING MAINTENANCE SKILLS – 32 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1795 PFPB-1011-162CL	10/23/18-10/26/18	MTWTHF
08:30AM-05:00PM	CTC 100	COM Faculty

**Masonry Helper**  
*Hurricane Harvey Relief Efforts*  
*Fast-Track Training*

**REQUIRED COURSE SEQUENCE**

Textbooks are not included in course cost.

COM's Masonry and Tile Setter Helper program is a noncredit, nontransferable program to prepare students for employment in a growing occupation. Each course combines classroom instruction with hands-on craft training, a critical part of building skills for this field. The program follows the NCCER curriculum and students will obtain an OSHA 10 safety credential. Completers of the Masonry and Tile Setter Helper program may find entry-level jobs with construction companies, maintenance companies, and independent contractors. The need for qualified masonry and tile setter helpers in the Gulf Coast Region is anticipated to grow 46.2% by 2022. The media hourly wage is \$12.10, with entry level positions starting below that rate. (Source: Workforce Solutions, 2018) Financial Aid is available through COM Student Financial Services and Workforce Solutions.

Course #	Title	Hrs
<b>CNBT 1018</b>	<b>Construction Tools and Techniques</b>	<b>64</b>
	This course is a comprehensive study of NCCER CORE for masonry and tile setter helper students. Students will learn how to identify and demonstrate the proper use of hand tools, power tools and material handling. They will gain knowledge in construction math, blueprints and communication. Students will obtain their OSHA 10 and NCCER credentials for NCCER Core.	
<b>MBST 1003</b>	<b>Introduction to Basic Masonry</b>	<b>64</b>
	This course is the study of the fundamental skills common to masonry. Students will identify and demonstrate the proper use of masonry tools and equipment; calculate requirements and mix mortar; complete masonry projects; and perform masonry repairs on walls and floors. Students will maintain tools and materials while following safety guidelines.	
<b>TOTAL HOURS</b>		<b>128</b>

**NCCER CORE - MASONRY– 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1796 CNBT-1018-271CL	09/07/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	09/08/18	S
08:00AM-05:00PM	IND 007	
	09/10/18-09/18/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC MASONRY – 64 HRS**

<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1797 MBST-1003-161CL	09/19/18-09/28/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**NCCER CORE - MASONRY– 64 HRS**

<b>Cost:</b>	<b>In district: \$485</b>	<b>Out of district: \$490</b>
SYN: 1798 CNBT-1018-272CL	10/05/18	F
05:30PM-09:30PM	IND 007	COM Faculty
	10/06/18	S
08:00AM-05:00PM	IND 007	
	10/08/18-10/16/18	MTWTHF
08:00AM-05:00PM	CTC 100	

**BASIC MASONRY – 64 HRS**

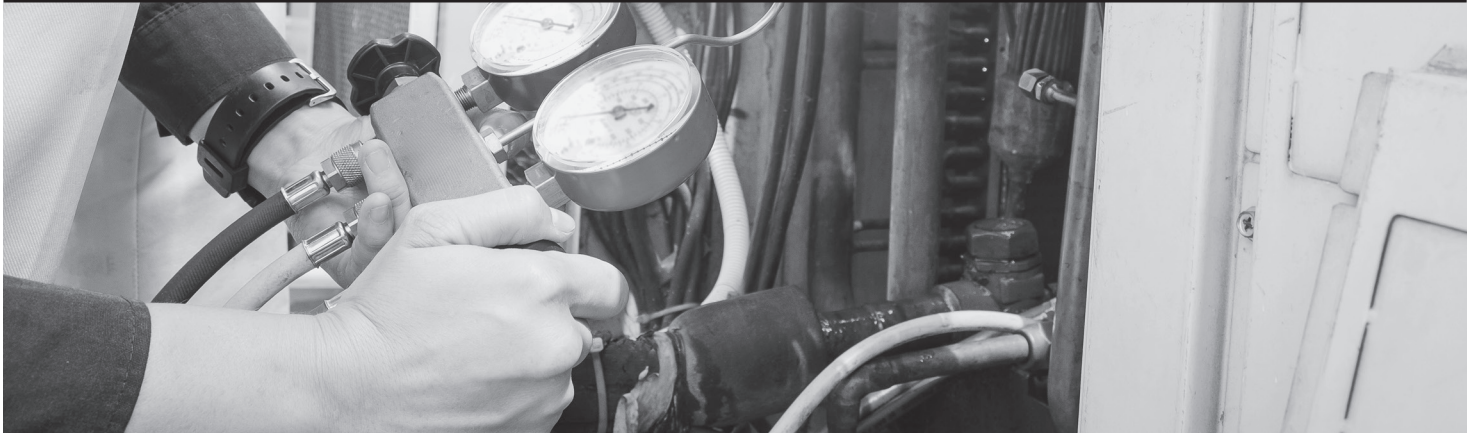
<b>Cost:</b>	<b>In district: \$235</b>	<b>Out of district: \$240</b>
SYN: 1799 MBST-1003-162CL	10/17/18-10/26/18	MTWTHF
08:00AM-05:00PM	CTC 100	COM Faculty

**RECOVERY SAFETY PRECAUTIONS – 8 HRS**

This course is the study of entry-level construction training for natural disaster relief workers regarding home safety and awareness of hazardous materials. Topics include general safety, recognition and management of common hazardous materials, mold awareness, available FEMA information and services.

<b>Cost:</b>	<b>In district: \$200</b>	<b>Out of district: \$205</b>
SYN: 1800 OSH-1091-161CL	09/13/18	TH
08:00AM-05:00PM	IND 012	S Kozłowski
SYN: 1801 OSH-1091-162CL	10/11/18	TH
08:00AM-05:00PM	IND 012	S Kozłowski

# INDUSTRIAL TRADE CAREERS



## Heating, Ventilation and Air-Conditioning *Occupational Skills Award*

### REQUIRED COURSE SEQUENCE

Select classes will be offered each semester  
Textbooks are not included in course cost.

COM's Heating, Ventilation and Air-Conditioning Program prepares students for a successful career as an HVAC technician and/or installer through hands-on training. HVAC technicians work with systems in commercial offices, industrial complexes, manufacturing plants, schools, hospitals, hotels, restaurants and residential homes. The need for qualified HVAC technicians and installers in the Gulf Coast Region is anticipated to grow 25.7 percent by 2020. The median hourly wage is \$19.84, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
HART 1001	<b>Basic Electricity for HVAC</b> This course is a study of the fundamental principles of electricity as required for the heating, ventilation and air-conditioning trade. Students will demonstrate the proper use of test equipment, electrical circuits, and component theory and operation. They will apply electrical calculations and demonstrate electrical safety. Students will receive an OSHA 10 credential.	48
HART 1038	<b>Air-Conditioning, Level I</b> This course is a study of HVAC principles, terminology, tools and skills. Students will identify and demonstrate use of tools for HVAC, perform brazing and soldering operations, and apply trade mathematics. <b>Prerequisite:</b> HART-1001	96
HART 1005	<b>Air-Conditioning, Level II</b> This course is a study of practical application of air-conditioning principles, including air properties, maintenance operations, thermodynamics and compressors. <b>Prerequisites:</b> HART-1001, HART 1038	96
HART 2036	<b>Air-Conditioning, Level III</b> This course is an advanced study of troubleshooting principles. Students will demonstrate the use of test equipment to conduct performance tests and diagnose problems in air-conditioning and refrigeration systems. <b>Prerequisites:</b> HART-1001, HART 1038, HART 1005	48
HART 1043	<b>EPA Course and Test</b> This course covers Section 608 of the Federal Clean Air Act of 1990. Students will receive intensive training in	10

the required areas in preparation for the certification exam. The certification exam is included. **Prerequisites:** HART-1001, HART 1038, HART 1005

**TOTAL HOURS** 298

### AIR-CONDITIONING LEVEL III– 48 HRS

**Cost:** In district: \$355 Out of district: \$360  
**SYN:** 1809 HART-2036-221CL 09/18/18-10/25/18 TTH  
 06:00PM-10:00PM GCSI 117 E Martinez

### EPA COURSE AND TEST – 10 HRS

**Cost:** In district: \$200 Out of district: \$205  
**SYN:** 1810 HART-1043-221CL 09/21/18 F  
 05:30PM-09:30PM IND 019 COM Faculty  
 09/22/18 S  
 08:30AM-03:00PM IND 019 COM Faculty



## DID YOU KNOW?

The number of HVAC technicians needed for the greater Houston area will **grow 25.7%** by the year 2022 with the median salary of **\$19.84/hour** depending on skill level.

## Mechanical Maintenance Technician, Basic *Occupational Skills Award*

### REQUIRED COURSE SEQUENCE

Required for Mechanical Maintenance Technician Intermediate and Advanced OSA and the Machinist OSA  
Select classes will be offered each semester.  
Textbooks are not included in course cost.

COM's Mechanical Maintenance Technician Program prepares students for a successful career as a mechanical maintenance technician and millwright. Mechanical maintenance technicians work in petrochemical, refineries, manufacturing, production, power plants, maritime, aerospace, hospitals, commercial facilities and machine shops. The need for mechanical maintenance technicians and millwrights in the Gulf Coast Region is anticipated to grow by 44.1 percent by 2020. The median hourly wage is \$23.15, with entry-level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
INMT 1005	<b>Introduction to Industrial Maintenance</b> This course trains students in the basic mechanical skills and repair techniques common to most fields of industrial maintenance. Topics include using precision measuring instruments and the safety rules common in industry. Students will obtain their OSHA 10 certification.	64
TECM 1001	<b>Industrial Mathematics</b> This course teaches math skills applicable to industrial occupations. It includes fraction and decimal manipulation, measurement, percentages and problem-solving techniques for equations and ratio/proportion applications. <b>Prerequisite:</b> INMT -1005	64
MCHN 1002	<b>Print Reading for Machine Trades and Rigging</b> Students will study blueprints for machining trades with an emphasis on machine drawings. Topics include identifying the elements of machine drawings; interpreting the dimensions, tolerances and geometric aspects of blueprints; explaining geometric dimensioning and tolerancing (GD&T) symbols and their meanings; and identifying the safety concerns associated with lifting loads; rigging a load for lifting; performing a safety check before a load is lifted; and identifying the equipment required to make a lift. <b>Prerequisites:</b> INMT-1005 and TECM-1001	64
POFT 1006	<b>Job Search and Employment Skills</b> Students will develop the skills required to obtain and maintain a job. Topics will include standard applications for employment, interview procedures, personal appearance and attitudes, employer expectations, and employer/employee relationships. <b>Prerequisites:</b> INMT-1005, TECM-1001, MCHN-1002	40
WLDG 1021	<b>Metallurgy and Welding Fundamentals</b> This course is an introduction to the fundamentals of the equipment used in oxy-fuel and arc welding, including welding and cutting safety, basic oxy-fuel welding and cutting, basic arc welding processes and basic metallurgy. <b>Prerequisite:</b> INMT 1005, TECM 1001, MCHN-1002, POFT-1006	64
<b>TOTAL HOURS</b>		<b>296</b>

### INDUSTRIAL MATHEMATICS – 64 HRS

**Cost:** In district: \$475 Out of district: \$480  
SYN: 1805 TECM-1001-221CL 10/09/18-12/04/18 TTH  
06:00PM-10:00PM IND 017 R Arana

## Mechanical Maintenance Technician, Intermediate *Occupational Skills Award*

### REQUIRED COURSE SEQUENCE

Prerequisite: Basic Mechanical Maintenance Technician OSA  
Textbooks are not included in course cost.

Course #	Title	Hrs
MCHN 2005	<b>Millwright III – Bearings, Seals and Couplings</b> This course is an introduction to bearings and seals. Topics include the identification of common bearings and seals with an emphasis on the design and installation of seals, bearings and couplings. <b>Prerequisites:</b> Basic MMT Occupational Skills Award	64
MCHN 2007	<b>Millwright IV – Lubrication, Valves and Pumps</b> This course is a study in the recognition and application of various types of pumps. It will focus on troubleshooting, repairing and installing pumps. <b>Prerequisites:</b> MCHN-2005	64
MCHN 2012	<b>Millwright V – Gear Boxes, Chain and Belt Drives</b> This course teaches the recognition and application of gearboxes, and it reviews drive installations using chain and belt drives. This course will focus on troubleshooting, repairing and installing gearboxes, chain drives and belt drives. <b>Prerequisites:</b> MCHN-2005, MCHN-2007	64
INMT 2003	<b>Pumps, Compressors and Mechanical Drives</b> Students will study the theory and operations of various types of pumps and compressors. Topics include mechanical power transmission systems including gears, v-belts and chain drives. <b>Prerequisites:</b> MCHN-2005, MCHN-2007, MCHN-2012	64
<b>TOTAL HOURS</b>		<b>256</b>

### MILLWRIGHT III-BEARINGS, SEALS AND COUPLINGS – 64 HRS

**Cost:** In district: \$475 Out of district: \$480  
SYN: 1806 MCHN-2005-221CL 10/09/18-12/04/18 TTH  
06:00PM-10:00PM IND 012 K Brown

### MILLWRIGHT V-GEAR BOXES, CHAIN AND BELT DRIVES – 64 HRS

**Cost:** In district: \$475 Out of district: \$480  
SYN: 1807 MCHN-2012-221CL 10/08/18-11/28/18 MW  
06:00PM-10:00PM IND 012 K Brown

**Coming in Spring 2019 –  
Open Enrollment**

**Electrician Apprentice Program  
and Instrumentation Helper**

**Financial Assistance and Scholarships Available**



## Mechanical Maintenance Technician, Advanced *Occupational Skills Award*

### REQUIRED COURSE SEQUENCE

Prerequisites: Basic Mechanical Maintenance Technician OSA and Intermediate Mechanical Maintenance Technician OSA  
Textbooks are not included in course cost.

Course #	Title	Hrs
MCHN 2014	<b>Millwright VI – Reciprocating, Centrifugal Compressors and Blowers</b> This course is a study of the design, operation and application of fans, blowers and compressors. Topics will emphasize the relationships and differences between types of pneumatic equipment as well as troubleshooting, repairing and installing fans, blowers and compressors.	64
MCHN 2016	<b>Millwright VII – Turbines</b> This course is a study in the operational principles of turbines, the types of turbines and the troubleshooting and repairing of turbine equipment. The course will also review the installation of turbine systems. <b>Prerequisites:</b> MCHN-2014	64
MCHN 2018	<b>Millwright VIII – Alignment and Vibration</b> This course is an introduction to equipment alignment techniques and procedures. The course will focus on skill development in collinear alignment using both the conventional method of alignment and the reverse dial indicator method. This course will also introduce the student to laser shaft alignment. <b>Prerequisites:</b> MCHN-2014, MCHN-2016	64
<b>TOTAL HOURS</b>		<b>192</b>



# DID YOU KNOW?

The number of Mechanical Maintenance Technicians needed for the greater Houston area will **grow 44.1%** by the year 2022 with the median salary of **\$23.15/hour** depending on skill level.

## Manual Machinist *Occupational Skills Award*

### REQUIRED COURSE SEQUENCE

Prerequisites: MMT Basic Occupational Skills Award or approval from the director of CE industrial workforce programs and one year's work experience as a manual machinist.  
Textbooks are not included in course cost.

COM's Manual Machinist Program prepares students for a successful career as a manual machinist creating precision parts using manual lathes and mills. Manual machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified manual machinists in the Gulf Coast Region is anticipated to grow by 37.7 percent by 2022. The median hourly wage is \$19.88, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available

Course #	Title	Hrs
MCHN-1038	<b>Basic Machine Shop</b> This course is an introduction to machining fundamentals. Students will use lathes, milling machines, drill presses, power saws and bench grinders. They will learn machine terminology, theory, trade mathematics, part layout and bench work using common measuring tools. They will demonstrate tooling maintenance and material handling, plus perform basic machine shop maintenance while following safety guidelines.	64
MCHN-1013	<b>Basic Milling</b> This course is an introduction to the common types of milling machines and their basic machines, part nomenclature, and basic machine operations and procedures. Students will identify milling machine components and their functions, calculate speeds and feeds, and set up and operate milling machines. They will apply safety, machine mathematics, blueprint reading and theory. <b>Prerequisites:</b> MCHN-1038	64
MCHN-1008	<b>Basic Lathe</b> The course is an introduction to the common types of lathe machines, part terminology, basic machine operations and procedures. Students will identify lathe machine components and their functions, calculate speeds and feeds, set up and operate lathe machines. They will apply safety, machine mathematics, blueprint reading and theory. <b>Prerequisites:</b> MCHN-1038 and MCHN-1013	64
MCHN-2041	<b>Advanced Machining</b> This course is a study of advanced lathe and milling machines operations. The student will learn advanced cutting operations of lathes and milling machines, including the use of special tooling, bench assembly and materials identification. <b>Prerequisites:</b> MCHN-1038, MCHN-1013 and MCHN-1008	64
<b>TOTAL HOURS</b>		<b>256</b>

## BASIC MACHINE SHOP – 64 HRS

Cost: In district: \$475 Out of district: \$480  
 SYN: 1808 MCHN-1038-221CL 10/09/18-12/04/18 TTH  
 06:00PM-10:00PM IND 016 / IND 019 COM Faculty

### CNC Machinist

#### Occupational Skills Award

##### REQUIRED COURSE SEQUENCE

Prerequisites: Manual Machinist OSA or approval from the director of CE industrial workforce programs and two years' work experience as a manual machinist.  
 Textbooks are not included in course cost.

COM's CNC Machinist Program prepares students for a successful career creating precision parts using computer numerical controlled (CNC) lathes and mills. CNC machinists work in fabrication and machine shops supporting the petrochemical, refineries, manufacturing, and aerospace industries.

The need for qualified CNC machinists in the Gulf Coast region is expected to grow by 37.7 percent by 2020 (Source: Workforce Solutions, 2016). Financial assistance is available.

Course #	Title	Hrs
MCHN-2003	<b>CNC Programming</b> This course is the study of programming and operation of computer numerical controlled (CNC) machine shop equipment. Students will demonstrate operations of CNC machine controls, compare and contrast the differences between conventional and CNC machines, and use CNC machine applications for machining operations.	124
MCHN-1026	<b>CAM/Mastercam</b> This course is the study of computer-aided manufacturing (CAM) Mastercam software, which is used to develop applications for manufacturing. It emphasizes tool geometry, tool selection and tool library. Students will create part programs, transfer programs to the machine control unit, and machine parts. <b>Prerequisites: MCHN-2003</b>	64
MCHN-2038	<b>CAM Multi-Axis</b> This course covers advanced techniques in computer-aided manufacturing (CAM) software used to develop applications for manufacturing. Students will use the CAM software Mastercam to create multi-axis part programs and transfer programs to the machine control unit. <b>Prerequisites: MCHN-2003 and MCHN-1026</b>	64
<b>TOTAL HOURS</b>		<b>252</b>

## DID YOU KNOW?

The number of Manual and CNC Machinist needed for the greater Houston area will **grow 37.7%** by the year 2022 with the median salary of **\$19.88/hour** depending on skill level.

## Industrial Pipefitting Occupational Skills Award

### REQUIRED COURSE SEQUENCE

Textbooks are not included in course cost.

COM's Pipefitting Program prepares students for a successful career as a helper or apprentice as a pipefitter. Pipefitters are employed in petrochemical, refineries, pipeline industries, maritime, utility and local governments.

The need for NCCER qualified pipefitters in the Gulf Coast Region is anticipated to grow by 24.4 percent by 2022. The median hourly wage is \$24.68, with entry level positions starting below that rate (Source: Workforce Solutions, 2016). Financial assistance is available

### Industrial Pipefitting I

#### Occupational Skills Award

##### NCCER CORE, NCCER Level 1, NCCER Level 2

##### REQUIRED COURSE SEQUENCE

Course #	Title	Hrs
CNBT-1018	<b>Pipefitting – NCCER CORE</b> This course is a comprehensive study of NCCER CORE for pipefitting students. Students will learn how to safely use hand tools, power tools and related equipment for pipefitting, basic rigging and material handling. They will gain skills in construction math, communication and blueprints. Students will obtain their OSHA 10 certification and NCCER credentials for NCCER CORE.	64
PFPB-1008	<b>Pipefitting – NCCER Level 1</b> This course is a comprehensive study of NCCER Level 1 for pipefitting. Students will be introduced to the pipefitting trade. They will learn how to use hand tools and power tools associated with pipefitting; identify pipes, pipe fittings, flanges and fasteners; apply mathematical calculations applicable to pipe-fitting installations; identify equipment used in pipefitting such as oxy-fuel cutting, ladders and scaffolds and motorized equipment. Upon completion students will obtain credentials for NCCER Pipefitting Level 1. <b>Prerequisite: CNBT-1018</b>	96
PFPB-1043	<b>Pipefitting – NCCER Level 2</b> This course is a comprehensive study of NCCER Level 2 for pipefitting. Students will identify and demonstrate the use of different piping systems. They will install pipe hangers and supports, sketch isometric views of piping assemblies, interpret piping standard and specification, and use measuring devices and pipefitting trade math. Upon completion students will obtain credentials for NCCER Pipefitting Level 2. <b>Prerequisites: CNBT-1018 and PFPB-1008</b>	128
<b>TOTAL HOURS</b>		<b>288</b>

## FINANCIAL AID INFORMATION

See page 3 for more information about possible financial aid sources.



## Industrial Pipefitting II Occupational Skills Award

NCCER Level 3, NCCER Level 4

REQUIRED COURSE SEQUENCE

Prerequisite: Industrial Pipefitting I OSA

Textbooks are not included in course cost.

Course #	Title	Hrs
PFPB-1050	<b>Pipefitting – NCCER Level 3</b> This course is a comprehensive study of NCCER Level 3 for pipefitting. Students will identify and demonstrate the safe use of construction equipment used in the pipefitting trade for installation of different plumbing systems. The focus will be on rigging and motorized equipment and practices. Upon completion students will obtain credentials for NCCER Pipefitting Level 3	128
PFPB-2033	<b>Pipefitting – NCCER Level 4</b> This course is a comprehensive study of NCCER Level 4 for pipefitting. Students will identify and apply advanced pipe fabrication and alignment for rotating equipment. They also will identify, describe and maintain steam traps, in-line specialties, hot tap fittings and valves. Upon completion students will obtain credentials for NCCER Pipefitting Level 4. <b>Prerequisites:</b> PFPB-1050	128
<b>TOTAL HOURS</b>		<b>256</b>

## DID YOU KNOW?

That the number of Pipefitters for the greater Houston area will **grow 27.4%** by the year 2022 with the median salary at **\$24.68/hour** depending on skill level.

## WELDING

### WELDING, MULTIPLE PROCESSES – 112 HRS

Enter a field with growing opportunities with COM's Welding Technology Program. Graduates find jobs in the oil and gas industry, energy exploration, power plants and construction.

The median hourly wage is \$17.53, with entry-level positions starting below that rate. The need for qualified welders in the Gulf Coast region is anticipated to grow by 26.7 percent by 2020. (Source: Workforce Solutions, 2014)

COM's program prepares a student completing the Welding, Multiple Processes class to be hired as a welder SMAW (shielded metal arc welding) helper/tacker. Students completing three classes may be hired as a structural welder (SMAW), while students completing five classes may be hired as a pipe welder (SMAW). **The course includes a \$200 lab fee.**

**Not included is approximately \$250 for personal equipment.**

<b>Cost:</b>	<b>In district: \$700</b>	<b>Out of district: \$705</b>
SYN: 1924 WLDG-1007-131CL	08/27/18-09/11/18	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/ D Miller/R Brown
SYN: 1928 WLDG-1007-271CL	08/27/18-10/15/18	MTWTH
06:00AM-10:00PM	WLD 010	M Cantu
SYN: 1925 WLDG-1007-132CL	09/24/18-10/17/18	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/ D Miller/R Brown
SYN: 1926 WLDG-1007-133CL	10/22/18-11/14/18	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/ D Miller/R Brown
SYN: 1929 WLDG-1007-270CL	10/22/18-12/11/18	MTWTH
06:00PM-10:00PM	WLD 010	M Cantu
SYN: 1927 WLDG-1007-134CL	11/19/18-12/13/18	MTWTH
08:30AM-05:00PM	WLD 010	V Woods/ D Miller/R Brown

## CUSTOMIZED CORPORATE TRAINING

COM's Continuing Education Department works with many companies to design training to meet their needs. The department can create a customized course, whether employees need leadership or welding skills, expertise in email communication or English as a second language for the workplace. For more information, please call 409-933-8154.

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College of the Mainland



# ONLINE TRAINING



## ONLINE CAREER TRAINING LEGAL COURSES

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The Center for Legal Studies is a legal education company focused on providing students with the most affordable and effective legal education possible. Our goal is to provide our students with the flexibility necessary to achieve their academic goals while continuing with their everyday lives. New classes start every eight weeks.

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- Legal Investigation \$645
- Legal Secretary \$645
- Victim Advocacy \$645
- Alternative Dispute Resolution \$645

All courses are designed to provide students with practical real-world skills they need to be job-ready. Courses are non-credit, continuing education. Above listed pricing reflects tuition only. Required books and materials are not included. All certificates of completion are issued by College of the Mainland.

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## FALL PROGRAMS

## COLLEGE OF THE MAINLAND



### FEATURES INCLUDE:

- **Self-paced, Start anytime**
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- **Books and materials included**
- **Certificate of Completion**
- **Certification Exam Voucher may be included**
- **Financial assistance available**
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Learn in-demand skills around your schedule. This online, self-paced training is designed to prepare you for entry or advancement in career opportunities.

### **CPC CERTIFIED MEDICAL ADMINISTRATIVE ASSISTANT WITH MEDICAL BILLING AND CODING**

(Vouchers Included)  
Learn to handle the increasing complexities of healthcare management and medical billing and coding for a competitive edge in the healthcare field.

### **COMPTIA CERTIFICATION TRAINING: A+, NETWORK+, SECURITY+**

(Vouchers Included)  
Get a comprehensive foundation for IT professionals, incorporating CompTIA A+, CompTIA Network+, and CompTIA Security+ specific training, and preparing you for the corresponding industry certification exams.

### **PHARMACY TECHNICIAN**

(Voucher Included)  
Train to enter this rapidly growing field as a Pharmacy technician, supporting licensed pharmacists in providing health care to patients.

### **HUMAN RESOURCES PROFESSIONAL**

Master the skills you need to gain an entry-level position in human resources and prepare to take the PHR certification exam.

### **HVACR CERTIFIED TECHNICIAN**

A comprehensive online training program that encompasses heating, ventilation, air conditioning, and refrigeration.

### **LEAN SIX SIGMA GREEN BELT AND BLACK BELT**

(Exam Cost Included)  
Learn the principles of both Lean Six Sigma Green Belt and Lean Six Sigma Black Belt, before sitting for the certification exams.

### **CPC MEDICAL BILLING AND CODING**

(Voucher Included)  
Get a foundation of medical vocabulary, to help you better understand doctors' notes and medical record contents and learn essential medical office.

### **CBCS CERTIFIED MEDICAL ADMINISTRATIVE ASSISTANT WITH MEDICAL BILLING AND CODING**

(Vouchers Included)  
This is an ideal program for students new to a medical career. Upon completion, you'll be prepared to sit for the CBCS certification exam.

### **THE COMPLETE PROJECT MANAGER WITH CAPM AND PMP PREP**

Expand your knowledge and application of project management concepts with this online program and get prepared for either the CAPM or PMP certifications.

### **MOBILE AND DESKTOP WEB DEVELOPER**

Develop a solid background in the latest web development technologies for desktop and mobile environments, and at the very end of the program, you'll be able to build traditional and mobile websites.

[careertraining.ed2go.com/mainland](http://careertraining.ed2go.com/mainland)

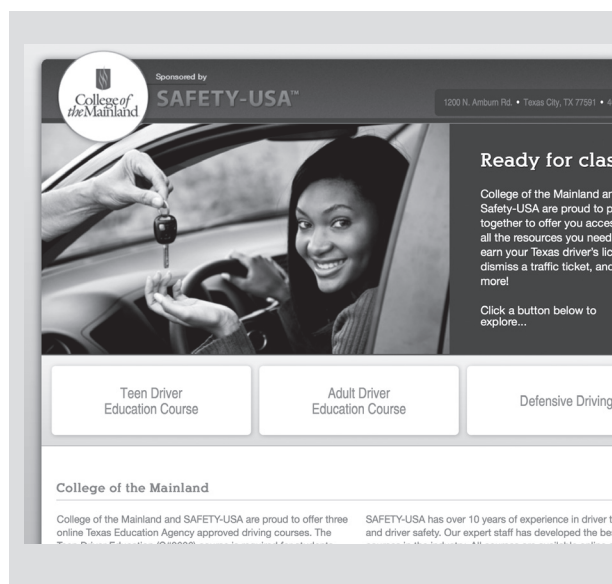
## TEXAS ONLINE DEFENSIVE DRIVING AND DRIVER'S EDUCATION

### **Texas Teen Driver Education Course** (TEA Course Provider #C2636) **\$129.95**

- Has both a parent-taught and virtual-instructor-taught version
- Includes all DPS forms
- Meets all DPS requirements

### **Adult Driver Education Online** (TEA Course Provider #2636) **\$65**

- Guides drivers 18-22 years of age in obtaining their first driver's license
- Completers will be able to bypass the DPS written exam and will only be required to complete the driving portion of the DPS exam



**MORE  
ONLINE COURSES**

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College of the Mainland and SAFETY-USA are proud to offer three online Texas Education Agency approved driving courses. These courses feature:

- Online text and interactive videos
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- Courses in both English and Spanish
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### Texas Online Defensive Driving (TEA Course Provide r#947) **\$29.95**

- Six-hour course
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**REGISTRATION  
AVAILABLE ONLINE AT  
[http://tx-dps.com/  
affiliates/  
college-of-the-mainland](http://tx-dps.com/affiliates/college-of-the-mainland)**

**FIRE TECHNOLOGY SEE PAGE 26**

**SPACE AVAILABLE COURSES SEE PAGES 47-48**

## COLLEGE OF THE MAINLAND

### ONLINE CLASSES



FALL CLASSES

These **high-quality courses** are **taught by industry experts** and designed to quickly deliver specific skills and knowledge that **help to advance personal or professional development**. Our online classroom is informative, convenient, and highly interactive.

#### **Accounting Fundamentals**

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

#### **Grammar Refresher**

Whatever your goals, a grasp of English grammar is important if you want to improve your speaking and writing skills.

#### **Accounting Fundamentals Series**

If you're interested in increasing your financial awareness while also gaining a marketable skill, this series of courses is perfect for you.

#### **Introduction to Microsoft Excel 2016**

Become proficient in using Microsoft Excel 2016 (now available through Office 365) and discover how to create worksheets, workbooks, charts, and graphs quickly and efficiently.

#### **Microsoft Excel 2016 Series**

Learn to use basic, intermediate, and advanced features of Microsoft Excel 2016.

#### **Speed Spanish**

Learn six easy recipes to glue Spanish words together into sentences, and you'll be engaging in conversational Spanish in no time.

#### **Introduction to Microsoft Excel 2013**

Become proficient in using Microsoft Excel 2013 and discover countless shortcuts, tricks, and features for creating and formatting worksheets quickly and efficiently.

#### **Medical Terminology: A Word Association Approach**

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

#### **Introduction to SQL**

Gain a solid working knowledge of the most powerful and widely used database programming language.

#### **Effective Business Writing**

Improve your career prospects by learning how to develop powerful written documents that draw readers in and keep them motivated to continue to the end.

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# PUBLIC SERVICE CAREERS



Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

## FIRE TECHNOLOGY

### HAZARDOUS MATERIALS INCIDENT COMMANDER – 32 HRS

This course meets curriculum and skills requirements for Texas Commission on Fire Protection Hazardous Materials Incident Commander certification. Topics include curriculum and skills in the TCFP Curriculum Manual for Hazardous Materials Incident Commander. Students will be required to attend labs to complete skills required by the TCFP Skills Manual. Successful completion of the course will make students eligible for the TCFP's certification examination, provided they satisfy TCFP testing requirements. Prerequisite: Awareness- and Operations-Level Responders certification or completion of FIRT 1315, Hazardous Material I.

**Cost:** In district: \$385 Out of district: \$390  
 SYN: 1815 FIRT-2012-001IN 11/19/18-12/14/18  
 Internet D McLerran/ S Kozlowski

### HAZARDOUS MATERIAL TECHNICIAN – 80 HRS

This course meets curriculum and skills requirements for the Texas Commission on Fire Protection for Hazardous Materials Technician. Topics include curriculum and skills in the TCFP Curriculum Manual for Hazardous Materials Technician. Students will be required to attend labs to complete skills required by the TCFP Skills Manual. Successful completion of the course will make students eligible for the TCFP's certification examination, provided they satisfy TCFP testing requirements. Prerequisite: Awareness- and Operations-Level Responders certification or completion of FIRT 1315, Hazardous Material I.

**Cost:** In district: \$530 Out of district: \$535  
 SYN: 1811 FIRS-2050-101IN 08/27/18-11/16/18  
 Internet M Simons/D McLerran

### FIRE OFFICER III – 56 HRS

This course meets curriculum and skills requirements for the Texas Commission on Fire Protection for Fire Officer III. Topics include curriculum and skills in the TCFP Curriculum Manual for Fire Officer III. Students will be required to attend labs to complete skills required by the TCFP Skills Manual. Successful completion of the course will make students eligible for the TCFP's certification examination, provided they satisfy TCFP testing requirements. Suggested Prerequisite: Fire Officer II certification or completion of FIRT 1443, Fire Officer II.

**Cost:** In district: \$260 Out of district: \$265  
 SYN: 1814 FIRT-2056-001IN 08/27/18-11/16/18  
 Internet D McLerran

### SFFMA FIREFIGHTER I

The following two courses satisfy curriculum and certification standards for the State Firefighters and Fire Marshals Association (SFFMA) Firefighter I. Topics include curriculum and competencies as set forth in the SFFMA Curriculum Manual for Firefighter I. Students must enroll in FIRS 1001 and FIRS 1007. Students successfully completing the course will be eligible to test for the SFFMA Firefighter I certification examination, provided they satisfy SFFMA testing requirements. Prerequisite: Student must be sponsored by a Fire Department. Contact Danny McLerran, Director of Fire Technology, for information at 409-933-8378 or dmlcerran@com.edu.

**In order to satisfy SFFMA Firefighter I requirements, students must enroll in the following two courses: FIRS 1001 and FIRS 1007.**

### FIREFIGHTER CERTIFICATION I – 76 HRS

The cost for both courses is included in FIRS 1001. This course is one in a series of courses in basic preparation for a new firefighter. The course must be taken in conjunction with Firefighter Certification II, III, IV, V, VI, and VII to satisfy the Texas Commission on Fire Protec-

tion (TCFP) curriculum for Basic Structural Fire Suppression, Course #100. Subjects include curriculum and competencies as set forth in the TCFP Curriculum Manual for Basic Fire Suppression. Firefighter Certification I and II combined satisfy curriculum and skills requirements for State Firemen's and Fire Marshal's Association (SFFMA) Fire Fighter I certification. In order to qualify for the SFFMA Fire Fighter I certification exam, students must attend scheduled classes and skills labs to complete required skills.

**Cost:** In district: \$801 Out of district: \$806  
 SYN: 1812 FIRS-1001-201CL 08/27/18-11/14/18 M W  
 06:00PM-10:00PM PSC 118 J Valdina/D McLerran  
 09/01/18-11/17/18 S  
 08:00AM-05:00PM

## FIREFIGHTER CERTIFICATION II – 76 HRS

The cost for both courses is included in FIRS 1001. This course is one in a series with Firefighter Certification I, III, IV, V, VI and VII to satisfy the Texas Commission on Fire Protection (TCFP) curriculum for Basic Structural Fire Suppression, Course #100. Subjects include the TCFP Curriculum Manual for Basic Fire Suppression.  
 SYN: 1813 FIRS-1007-202CL 08/27/18-11/14/18 MW  
 06:00PM-10:00PM PSC 118 J Valdina/D McLerran  
 08:00AM-05:00PM 09/01/18-11/14/18 S

## SECURITY AND LOSS PREVENTION COMMISSIONED SECURITY OFFICER

COM's Commissioned Security Officer Course, which can be completed in about a week, prepares students for a career as a commissioned security officer. Commissioned security officers guard, patrol or monitor premises to prevent theft, violence or infractions of rules. They may operate X-ray and metal detector equipment. They may work in a wide variety of places, including public buildings, retail stores, industrial facilities and office buildings. The median hourly wage in Texas is \$24,680 per year/ \$11.87 per hour. (Source: Bureau of Labor Statics)

Course #	Title	Hrs
SLPS 1013	<b>Commissioned Security Officer</b> This course provides required training to carry firearms for private security employment. Training consists of Texas Commission on Private Security Levels II and III covering the role of the security officer, legal power and authority for arrest, search and use of force, professionalism, leadership, ethical conduct, written documentation, emergency situation conflict resolution and commission rules and regulations. Students must pass written exams and demonstrate proficiency with a handgun and shotgun. Successful completion of the course will provide initial certification through the Texas Private Security Bureau to carry a firearm for private security employment.	32

**TOTAL HOURS** 32

**REGISTRATION FOR FALL 2018  
BEGINS JULY 30TH 2018.**

## COMMISSIONED SECURITY OFFICER – 32 HRS

Contact Dan Blackford at 409-933-8485 for further information.

<b>Cost:</b>	<b>In district: \$260</b>	<b>Out of district: \$265</b>
SYN: 1709 SLPS-1013-101CL	09/24/18-09/27/18	MTWTH
08:00AM-05:00PM	RANGE	D Blackford
SYN: 1710 SLPS-1013-102CL	11/26/18-11/29/18	MTWTH
08:00AM-05:00PM	RANGE	D Blackford

## SECURITY FIREARMS REQUALIFICATION – 7 HRS

This course provides training for every-two-years firearms requalification and continuing education training mandated by the Texas Commission on Private Security in order to recertify as a commissioned security officer. Training must take place within the last 90 days prior to the expiration date of the commission. Contact Dan Blackford at 409-933-8485 for further information.

<b>Cost:</b>	<b>In district: \$65</b>	<b>Out of district: \$70</b>
SYN: 1711 SLPS-2000-101CL	09/07/18	F
08:00AM-03:00PM	RANGE	D Blackford
SYN: 1712 SLPS-2000-102CL	11/09/18	F
08:00AM-03:00PM	RANGE	D Blackford
SYN: 1713 SLPS-2000-103CL	12/07/18	F
08:00AM-03:00PM	RANGE	D Blackford

## LAW ENFORCEMENT

### TCOLE FIREARMS INSTRUCTOR – 40 HRS

This course is designed to comply with mandated TCOLE training standards for the issuance of a Firearms Instructor License. Topics covered include instruction methodology, weapons handling, weapons maintenance, course of fire development, range development and exposure to airborne lead dust. Prerequisite: Each student will be required to shoot three courses of fire (revolver/pistol/shotgun) on the first day and obtain a minimum score of 90 percent (two attempts). A student unable to achieve 90 percent will not be allowed to participate in the course at this time. No refunds will be issued. Each student must provide a letter on letterhead confirming current employment or designation by agency chief administrator or academy coordinator as a firearms instructor. Minimum age is 21. Tuition includes all necessary professional standard ammunition, range fees, target supplies, weapon cleaning supplies and notebook.

<b>Cost:</b>	<b>In district: \$450</b>	<b>Out of district: \$455</b>
SYN: 1732 CJLE-2038-101CL	10/01/18-10/05/18	MTWTHF
08:00AM-05:00PM	RANGE	D Blackford

## NEED YOUR TCOLE MANDATED TRAINING?

Is your department looking for more training for its officers? Contact College of the Mainland Law Enforcement Training for all of your training needs. COM can accommodate nearly any training request you may have from Basic Peace Officer to Master Instructor.

**Call us and we will be happy to work with you.  
For more information, call Thom Karlok at 409-933-8299.**

### TCOLE PATROL RIFLE INSTRUCTOR – 40 HRS

This course will introduce students to the adult learning process and the differences between adult and child learning, the role of the instructor and the three domains of learning and their impact on the learning process. Other topics included are factors that affect learning the four phases of the teaching/learning process, learning objectives and their proper use, lesson plan preparation, methods of instruction, techniques of developing tests and evaluations and the use of instructional media.

**Cost:** In district: \$400 Out of district: \$405  
SYN: 1733 CJLE-2049-101CL 10/08/18-10/12/18 MTWTHF  
08:00AM-05:00PM RANGE D Blackford

### TCOLE PATROL RIFLE – 16 HRS

This course is designed to build upon the basic eight-hour rifle course and will test the students' shooting abilities and decision-making skills. Students will become familiar with the types of situations that may require the use of a rifle and learn how to effectively deploy it. This course consists of classroom lecture and a live-fire course. Each student must be a licensed peace officer through TCOLE and must be covered by their respective departments insurance or worker's compensation plan. Sixteen hours of TCOLE credit will be given at the completion of this course. While attending any live-fire weapons training, it is recommended to wear personal body armor. For clear recognition of the firearms instructor, he/she will be wearing a red shirt, therefore it is requested students not wear red shirts.

**Cost:** In district: \$125 Out of district: \$130  
SYN: 1734 CJLE-2037-101CL 09/20/18-09/21/18 THF  
08:00AM-05:00PM RANGE D Blackford  
SYN: 1735 CJLE-2037-102CL 11/15/18-11/16/18 THF  
08:00AM-05:00PM RANGE D Blackford

## CIVILIAN FIREARMS

### CIVILIAN FIREARMS PRACTICE – 3 HRS

This is a structured handgun practice session. Instructors are present for assistance in improving skills and accuracy. The on-campus firing range is located next to parking lot E. Students may use a personal handgun with instructor approval. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. The minimum age is 18.

**Cost:** In district: \$32 Out of district: \$37  
SYN: 1719 CIVI-7001-201CL 09/06/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1720 CIVI-7001-202CL 09/20/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1721 CIVI-7001-203CL 10/04/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1722 CIVI-7001-204CL 10/18/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1723 CIVI-7001-205CL 11/01/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1724 CIVI-7001-206CL 11/15/18 TH  
06:30PM-09:30PM RANGE D Blackford  
SYN: 1725 CIVI-7001-207CL 12/06/18 TH  
06:30PM-09:30PM RANGE D Blackford



### CONCEALED HANDGUN LICENSE/LTC – 5 HRS

This course is designed for those wanting to obtain a concealed handgun permit. Covered topics are those required by Texas. State law requires passing a written test and demonstrating proficiency with a handgun before obtaining a license. Use of handgun (if needed), ammunition, targets, the range fee and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes on the range. Personal handguns may be used with instructor approval. The minimum age is 21. This class is not for someone who does not know how to safely operate and fire a handgun.

**Cost:** In district: \$97 Out of district: \$102  
SYN: 1714 CIVI-7003-101CL 10/06/18 S  
08:00AM-01:00PM RANGE D Blackford  
SYN: 1715 CIVI-7003-102CL 11/03/18 S  
08:00AM-01:00PM RANGE D Blackford  
SYN: 1715 CIVI-7003-103CL 12/01/18 S  
08:00AM-01:00PM RANGE D Blackford



### FIRST STEP BASIC HANDGUN (LADIES ONLY) – 8 HRS

This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

**Cost:** In district: \$82 Out of district: \$87  
SYN: 1717 CIVI-7004-201CL 09/24/18-09/25/18 MT  
06:00PM-10:00PM RANGE D Blackford



### FIRST STEP BASIC HANDGUN – 8 HRS

This course provides beginner-level instruction for those interested in personal protection with a handgun. This course consists of classroom and practical-use segments. Training will expose students to the sizes and types of handguns and help in the personal gun selection process. It will emphasize safe handling and storage procedures. Use of handguns, targets, ammunition, safety equipment and range fee is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date. The minimum age is 21.

**Cost:** In district: \$82 Out of district: \$87  
SYN: 1718 CIVI-7004-202CL 11/26/18-11/27/18 MT  
06:00PM-10:00PM RANGE D Blackford



### 50 PLUS DISCOUNT

Students age 50 and older pay just 50 percent of the tuition of selected CE classes located in previous sections of this schedule, plus all fees (facility, nonresident, online, supplies, etc.) Look for this symbol.





### INTERMEDIATE DEFENSIVE HANDGUN – 12 HRS

This course is designed to begin real-life training for handgun use in quick-reaction self-defense. Training will include danger awareness, planned response, quick-reaction shooting techniques and safety after an incident. The minimum age is 21, and students must have a Concealed Handgun License CHL or a License to Carry LTC. Student must provide own handgun and carry method equipment. Ammunition, targets, range fees and safety equipment is included in tuition. All students must wear long pants and closed-toe shoes while on the range. Registration is required a minimum of three days prior to the course date.

**Cost:** In district: \$202 Out of district: \$207  
 SYN: 1730 CIVI-7005-201CL 09/10/18-09/12/18 MTW  
 06:00PM-10:00PM RANGE D Blackford



### BASIC TACTICAL RIFLE – 12 HRS

This course will introduce students to the tactical rifle. Students will build a strong foundation with their rifle while becoming safe and confident in skill level. This is a great course for the shooter wanting to learn the fundamentals with a rifle and build skills for advanced shooting. Student will learn firearms safety; nomenclature; fundamentals of shooting, loading and unloading procedures; zeroing procedures; malfunction clearing; shooting positions; multiple target engagements; moving and shooting. Students will need to provide their own rifle in 5.56 or .223,



### BASIC DEFENSE PISTOL SIMULATOR – 4 HRS

This course is designed for real-life training for handgun use in quick reaction self-defense scenarios. Training will include situational awareness, planned response and safety after a shooting incident. The minimum age is 21 and students must have a license to carry/concealed handgun license. Students will be provided with a training handgun and instruction. This is a simulator-based training on when to shoot. There are no live firearms, and training is in the classroom on a state-of-the-art shooting simulator.

**Cost:** In district: \$70 Out of district: \$75  
 SYN: 1727 CIVIX-7010-201CL 09/04/18 T  
 06:00PM-09:00PM RANGE D Blackford  
 SYN: 1728 CIVIX-7010-202CL 10/08/18 M  
 06:00PM-09:00PM RANGE D Blackford  
 SYN: 1729 CIVIX-7010-203CL 11/05/18 M  
 06:00PM-09:00PM RANGE D Blackford

## GULF COAST SAFETY INSTITUTE



### CENTER FOR RISK MANAGEMENT

#### REGULATIONS, HIERARCHIES, AND CONDITIONING: THE THREE LEVELS OF HAZARD CONTROLS – 8 HRS

Regardless of the industry, high-reliability hazard control requires more than regulatory compliance. For every hazard, there must be a hazard control. Some of these hazard controls are mandated by federal law or national consensus standards. With these regulations as minimal requirements, the hierarchy of controls provides a methodology for best practices in finding the most effective hazard controls. However, even with these controls in place, a third tier exists in which employees must be trained and conditioned to identify what these controls are but also when,

where and how to use them - in real time. This situational awareness can often be the difference between incidents or a safe work practice, so conditioning to identify hazards in real time, locate and use the proper control is imperative. This conditioning can be accomplished using a 'play-book' approach based on the most effective hazard controls. However, this conditioning is useless without the appropriate regulations, hazard controls and training already in place. Ultimately, these three levels of hazard controls are necessary to create a high-reliability safety culture.

**Cost: FREE**  
 SYN: 1816 OSH-1071-117CL 09/07/18 F  
 08:00AM-05:00PM GCSI 115 C Worden

## THE ART OF CONFLICT RESOLUTION – 8 HRS

Conflict resolution is a way for two or more parties to find a peaceful solution to a disagreement among them. The disagreement may be personal, financial, political, or emotional. Effective communication skills are paramount in conflict resolution in the workplace. In this course participants will learn effective communication strategies, understand how to resolve conflicts more effectively and discover how biases, assumptions, perceptions and opinions not based in reality causes conflict.

**Cost: FREE**

SYN: 1817 OSHT-1071-118CL      09/21/18      F  
08:00AM-05:00PM      GCSI 115      P Harrell

## WORKSHOP ON ISO-45001 OCCUPATIONAL HEALTH & SAFETY MANAGEMENT – 8 HRS

ISO 45001, a global occupation health and safety management system standard, is intended to replace the widely implemented BS OHSAS 18001. It is anticipated that organizations currently certified to BS OHSAS 18001 will need to migrate to ISO 45001 within three years of the new standard's publication. Having an internationally recognized occupational health and safety management system (OH&SMS) allows you to enhance organizational health and safety performance. Participants will obtain a detailed understanding of the key terms, definitions and requirements of ISO 45001 and how the standard can help their organization to better align their strategic direction with their occupational health and safety management system.

**Cost: FREE**

SYN: 1818 OSHT-1071-119CL      10/05/18      F  
08:00AM-05:00PM      GCSI 115      Dr C Litton

## REGULATED WASTE MANAGEMENT AND RCRA UPDATES – 8 HRS

Under the auspices of the RCRA - Resource Conservation and Recovery Act of 1976, the EPA was tasked with developing regulations regarding the proper management of waste materials that went into effect in 1980. These regulations have gone relatively unchanged for 37 years. In roughly a one-year period, the EPA is rolling two of the most substantial changes the regulated community could have ever imagined. This course will address the basic requirements of waste management for a generator with particular emphasis on the changes brought about by the Generator Improvement Rule – GIR and E-Manifesting.

**Cost: FREE**

SYN: 1819 OSHT-1071-120CL      10/19/18      F  
08:00AM-05:00PM      GCSI 115      S Laughlin

## INCIDENT INVESTIGATION – 8 HRS

An incident investigation is the account and analysis of an incident based on information gathered by a thorough examination of all causal and contributing factors involved. It gets to the root causes of the incident, so similar occurrences can be prevented and future losses in the workplace can be avoided. Investigations are conducted to meet legal compliance, but more importantly to help prevent reoccurrences. Therefore, it is essential to ensure those who are responsible for investigating incidents are properly trained. The objectives of this course will focus on techniques for gathering complete, accurate and objective incident data, how to

conduct effective interviews, identifying causal and contributing factors, reporting findings and various tools and techniques for conducting an investigation. Additionally, we will discuss some common mistakes that companies often make when conducting incident investigations and how to avoid them.

**Cost: FREE**

SYN: 1820 OSHT-1071-121CL      11/02/18      F  
08:00AM-05:00PM      GCSI 115      B Hamilton

## ACTIVE SHOOTER PREPAREDNESS – 8 HRS

An active shooter is a person actively engaged in killing or attempting to kill people in a confined and populated area. Active shooter situations are unpredictable and evolve quickly. The purpose of this class is to prepare participants for an active shooter in the workplace. Participants will learn: how to recognize potential workplace violence indicators; actions to take when confronted with an active shooter; actions to take to prevent and prepare for potential incident; and how to manage the consequences of an active shooter incident.

**Cost: FREE**

SYN: 1821 OSHT-1071-122CL      11/16/18      F  
08:00AM-05:00PM      GCSI 115      C Rosier

## CRUSHING IT-LEADING AS A HIGH PERFORMER – 8 HRS

Every organization wants their team to win and be successful. In order to create sustained results, we must possess leadership and high performance skills in order to move from strategy to execution. "Crushing It" combines key leadership and high performance skills that will accelerate your teams' performance and increase your influence. Because creating results requires high performance skills. Creating sustained results requires leadership.

**Cost: FREE**

SYN: 1822 OSHT-1071-123CL      11/30/18      F  
08:00AM-05:00PM      GCSI 115      M Hernandez

## NUTS AND BOLTS OF INDUSTRIAL HYGIENE – 8 HRS

By definition, industrial hygiene is the art and science of the anticipation, recognition, evaluation, communication and control of hazards in the workplace that may result in injury or illness. In practice, industrial hygiene is how we measure whether or not someone might get sick or hurt at their job. This class will cover the fundamentals of industrial hygiene and how to determine what the industrial hygiene program should look like at your facility.

**Cost: FREE**

SYN: 1823 OSHT-1071-124CL      12/07/18      F  
08:00AM-05:00PM      GCSI 115      T Holowaty



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# 50 PLUS PROGRAM



## MESSAGE FROM THE DIRECTOR

Welcome to the COM Lifelong Learning Fifty Plus Program. During the fall 2018 semester we are offering 102 courses and numerous trips and lectures from which you can choose. We have morning, afternoon, and evening classes, covering topics such as the fine arts like acrylic, watercolor, and oil painting. We offer woodworking, wood carving, photography, sewing, quilting, embroidery, and knitting. There are courses in cake decorating, greeting cards, beading, painting on silk, collage, mosaics, origami, fused and stained glass.



Our seniors learn Spanish, and computer and iPad/iPhone skills. There are exercise programs ranging from dance to yoga, pilates, and tai chi, all designed for students who are fifty years of age and over.

Other ways to stay active and enjoy learning experiences are to take day trips. A few examples are trips to do genealogy research, to cook with local chefs, to bird watch, to the Lonestar Flight Museum, to the renaissance and scarecrow festivals, and to the quilt festival. Evening excursions include bus trips to the Alley Theatre's production of Agatha Christie's *The Mousetrap*, to Stages Repertory Theatre's *Sister's Summer School Catechism* and the *Ultimate Christmas Show*, to TUTS' Oklahoma, and *The Wiz*, to Ensemble Theatre's *Da Kink in My Hair* and *Christmas Is Comin' Uptown*. We have trips to the National Museum of Funeral History and to Moody Gardens to see *Cirque Joyeux Noel* for dinner and the show.

There are one-time lectures, usually at no cost to students on topics such as AARP driver safety, extended travel, genealogy, arthritis, simplified cooking for one or two, Medicare, Plumeria's winter care, guarding your saving and investments, veterans benefits, personal safety, self-publishing your family history, asset management, and workshops on being an Alzheimer caregiver and caring for a loved one with dementia.

Have you considered educational travel adventures? This is a great way to get to know other members of the fifty-plus community as

you travel within the United States. Also within our country you can go to the Albuquerque balloon fiesta in October. This trip includes visits to Old Town Albuquerque, the Indian Pueblo Cultural Center, Bandelier National Monument, Los Alamos, Santa Fe, and Taos. Over the New Year's holidays, we will travel to watch the Rose Parade and visit Beverly Hills, the Nixon Library and Museum, Rodeo Drive, Grauman's Chinese Theatre, Hollywood's Walk of Fame, San Juan Capistrano, Newport Beach, Laguna Beach, and San Diego. In April of 2019, Lifelong Learners and spouses or friends will go to Holland to spend 2 nights in a Dutch village and see windmills followed by a cruise to see the tulips. All trips include roundtrip airfare, most meals, a professional tour director, sightseeing, motorcoach transportation, hotel transfers, and baggage handling. For information on day trips, evenings at the theater, or extended travel, please contact Gail Wheeler at 409-933-8912 or email [gwheeler@com.edu](mailto:gwheeler@com.edu).

Our program is designed for lifelong learners age 50 and older. However, anyone over the age of 18 can register for our classes at a slightly higher cost. COM prides itself on instructors who are passionate about their subjects and innovative in their approach to instruction. There are three ways to register: you can call 409-933-8226 weekdays from 8 a.m. to 5 p.m., stop by the Lifelong Learning Center, or use WebAdvisor online.

I am available to speak to local groups or organizations about our program. If you have suggestions for other new day or evening courses or are interested in teaching a course, please contact my office at 409-933-8432.

**Find us on Facebook: College of the Mainland 50 Plus Program,**  
[www.facebook.com/com50plus](https://www.facebook.com/com50plus)

*Nancy House*

[nhouse@com.edu](mailto:nhouse@com.edu) | 409-933-8432 | [www.com.edu/50plus](http://www.com.edu/50plus)



## 50 PLUS PROGRAM VISION

The College of the Mainland 50 Plus Program will be respected regionally and nationally for excellence in the development and delivery of innovative educational opportunities for adults age 50 and older.

## 50 PLUS PROGRAM MISSION

The College of the Mainland 50 Plus Program's mission is to provide lifelong learning opportunities for adult students 50 years of age and older by offering personal enrichment classes in a positive, accepting, and intergenerational environment. The Lifelong Learning Program staff collaborates with academic departments and the community to develop programs that meet society's existing and emerging educational needs for this population.

## 50 PLUS PROGRAM ID CARD INFORMATION

50 Plus Program students in a (SENR) exercise class that is located in the gym or 50 Plus Fitness Membership to use the gym on main campus will receive a free ID card to access into the gym facility.

Students who want an ID to receive the benefits below must pay a one-time \$5 fee. If the ID card is lost or stolen, the replacement cost is \$5. Debit or credit card payments can be made at the gym front desk. Cash or check payments can be made to the cashier in the Enrollment Center during business hours. Please bring a valid photo ID when having your senior ID made. After registering each semester (fall, spring, summer) for a 50 Plus Fitness Membership, you must take the ID card to the gym front desk for activation.

**Note:** A student must wait 24 hours after registering for a class to obtain a photo ID. Seniors possessing a valid 50 Plus Program ID card and currently enrolled in the Lifelong Learning Program are entitled to the following COM benefits:

- Use of the COM Library
- Use of the Innovations Computer Lab in TVB-1324
- Discount on COM cosmetology services at The Salon (call 409- 933-8480)
- Discount on tickets for COM Community Theatre productions and free tickets to preview shows (call 409-933-8345)
- Blood pressure reading with an automated monitor is available daily in 50 Plus Program Office

## REGISTRATION FOR 50 PLUS PROGRAM

Students may register in person at the Lifelong Learning Center Gulfway Plaza beginning July 30. Current students may also register by phone by calling 409-933-8226 or by using WebAdvisor online.

## CANCELLATION OF CLASSES

If the college cancels a class, an automatic 100 percent refund of tuition and fees is initiated. To drop a class, you must notify the Continuing Education Office (409-933-8586) no later than one business day prior to the class start date to receive a refund.

## TRIP CANCELLATION

If for any reason you cannot attend a trip you registered for, you must call the 50 Plus Program Office at 409-933-8461 or 409-933-8912 at least 48 hours prior to departure. Refunds are given on a case-by-case basis,

according to the refund dates listed in each trip description. Extended travel trips follow the procedures printed on the flier for each trip.

## WAITING LISTS

Want to attend a class or trip that is full? Contact the 50 Plus Program Office at 409-933-8461 to join a waiting list.

## HANDICAPPED-ACCESSIBLE PARKING

Need a handicapped-parking permit? Contact campus police at 409-933-8403.

## COURTESY RIDE

Need a ride from COM's parking lot to any building on main campus? Call campus police at 409-933-8403. A police officer or employee will pick you up and take you to the building.

## HOURS FOR LIFELONG LEARNING GULFWAY PLAZA

Monday – Friday 8 a.m. – 5 p.m. (Hours vary when classes are in session.)

## OTHER FACILITY HOURS

- COM Cosmetology Lab – Gulfway Plaza in La Marque Call 409-933-8480 to make an appointment. Open Thursday and Friday 8:30 a.m. – 5 p.m.
- Innovations Lab, TVB-1324, 409-933-8370 Open Monday – Thursday 7 a.m. – 7 p.m.
- Library, 409-933-8448 open Monday – Thursday 8 a.m. – 9 p.m. present an ID at the library circulation desk to obtain a library card at no cost.

## LOCATION CODES

### FAB

#### Fine Arts Building

College of the Mainland  
1200 Amburn Rd.  
Texas City Campus  
409-933-8348

### GYM

#### College Of The Mainland

1200 Amburn Rd.  
Texas City Campus  
409-933-8422

### LRC

#### Learning Resources Center

1200 Amburn Rd.  
Texas City Campus  
409-933-8422

### LLGP

#### Lifelong Learning Gulfway Plaza

50 Plus Program Office  
14057 Gulfway Plaza  
La Marque, TX 77568  
409-933-8461

### WJCC

#### Wayne Johnson Community Center

4102 FM 519  
La Marque, TX 77568  
409-934-8148

### CLC

#### COM Learning Center – North County

200 Parker Ct.  
League City, TX 77573  
281-332-1800

# 50 PLUS PROGRAM CLASSES COURSES OFFERING IN ALPHABETICAL ORDER

## ART: ADVANCED DRAWING – 36 HRS

This class will combine the drawing from photographs class and basic colored pencils class. When participants have completed a value (black and white) drawing, they may advance to colored pencils. New students should buy supplies before the first class. For a supply list, call the 50 Plus Program Office at 409-933-8461 or visit the office. **There will be no class Nov. 21.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1872 SENR-7022-101CL	09/05/18-11/28/18	W
01:00PM-04:00PM	LLGP 102	S Karjala

## ART: BASIC DRAWING – 36 HRS

This class, for beginners only, combines drawing from photographs and using basic colored pencils. Students compete a black-and-white drawing and advance to colored pencils. **There will be no class Nov. 22.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1873 SENR-6007-101CL	09/06/18-11/29/18	TH
09:00AM-12:00PM	LLGP 101	S Karjala

## ART: BASIC KNITTING – 36 HRS

Students will learn basics of the knit & Purl stitches, as well as the different types of yarn, what the label means, and the tools used in knitting. Students will learn how to increase, decrease and bind off yarn. Students will learn how to recognize the difference in how the stitches look, where to put stitch markers and their placement. Students will learn how to choose the correct needle and yarn for their project and will also learn how to follow patterns and charts. No experience needed. **There will be no class Nov. 22.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1856 SENR-7056-201CL	09/06/18-11/29/18	TH
05:30PM-08:30PM	LLGP 106	B Wilson

## ART: BEADED FASHION JEWELRY (ADVANCED) – 36 HRS

Advanced beaders will learn new techniques and hone developed skills for bead stitching and bead stringing through the use of lectures, demonstrations, and hands-on student projects. There will be a field trip to bead shops in Houston with a buy-your-own lunch. **There will be no class Nov. 21.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1857 SENR-7050-101CL	09/05/18-11/28/18	W
09:00AM-12:00PM	LLGP 104	A. Laffey

## ART: BEADED FASHION JEWELRY (BEGINNER) – 36 HRS

Specific skills for bead stitching and bead stringing will be taught by lecture, demonstration, and hands-on projects. This class includes a field trip to bead stores in Houston. **There will be no class Nov. 21.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1858 SENR-7048-101CL	09/05/18-11/28/18	W
01:00PM-04:00PM	LLGP 104	A Laffey
SYN: 1859 SENR-7048-201CL	09/05/18-11/28/18	W
05:30PM-08:30PM	LLGP 104	M Warling

## ART: BEADED PAPER EMBROIDERY – 36 HRS

Advance your embroidery skills with a paper technique from the 15th century. You will learn to do various stitches including cross stitch and blackwork on perforated paper. Adding beads, cutting and backing your project will all be part of the lessons. Kits will be available for the projects at cost. **There will be no class Nov. 22.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1860 SENR-6006-101CL	09/06/18-11/29/18	TH
09:00AM-12:00PM	LLGP 104	P Ouellette

## ART: BEADING DELICAS CYCLINDER – 36 HRS

This course is designed for advanced beaders with the knowledge of using Delicas (cylinder) beads for creating projects. Participants will learn to make bracelets, wall hanging, amulet bags, and other projects. For this class, students will need to bring Delicas beads (only), a beading needle, thread, thread wax and a beading mat to class.

The instructor will teach students the following stitches: peyote, brick, herringbone and other basic stitches. This class may include a field trip to a bead shop with buy-your-own lunch. **There will be no class Nov. 23.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1861 SENR-7064-101CL	09/07/18-11/30/18	F
09:00AM-12:00PM	LLGP 102	M Warling
SYN: 1862 SENR-7064-102CL	09/07/18-11/30/18	F
01:00PM-04:00PM	LLGP 102	M Warling
SYN: 1863 SENR-7064-201CL	09/10/18-11/26/18	M
05:30AM-07:30PM	LLGP 102	M Warling

## ART: BRAZILIAN EMBROIDERY (BEGINNERS) – 36 HRS

Students may choose to learn the art of crochet or Brazilian embroidery, which uses high-sheen thread. The instructor will have supplies for Brazilian embroidery for sale, but participants will need to bring a #5 and #6 hoop and other project supplies. For crochet, participants will need a size G or H crochet hook and yarn. **There will be no class Nov. 22.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1865 SENR-7046-101CL	09/06/18-11/29/18	TH
09:00AM-12:00PM	LLGP 106	C Walker

## ART: BRAZILIAN EMBROIDERY (INTERMEDIATE TO ADVANCED) – 36 HRS

Students may choose to learn the art of Brazilian embroidery, chicken scratch embroidery or crochet. The instructor will have the supplies for Brazilian embroidery for purchase, but participants will need a #5 and #6 hoop and other project supplies. For chicken scratch embroidery, participants will need their choice of four-count-per-inch cotton gingham fabric and DMC embroidery thread in white and in a color that will contrast with their fabric choice. For crochet, participants will need a size G or H crochet hook and yarn. **There will be no class Nov. 22.**

<b>Cost:</b> 50 Plus: \$15	<b>In district:</b> \$42	<b>Out of district:</b> \$47
SYN: 1866 SENR-7033-101CL	09/06/18-11/29/18	TH
12:30PM-03:30PM	LLGP 106	C Walker



## ART: ADVANCED TOPICS IN CAKE DECORATING – 24 HRS

Students use the mediums of gum paste, fondant, modeling chocolate, and rice krispy treats (RKTs) to create beautiful floral accents, cake accents, figurines, and RKT sculptures for their cakes that are one of a kind show pieces. We will begin with the basics, learning to color and work with fondant and gum paste creating both non-wired and wired floral decorations. Next, we begin using our fondant and modeling chocolate to create simple figurines—animals, objects, people--and then moving into making simple structures/decorations from rice krispy treats (RKTs), learning to cover the sculptures with dipped chocolate or fondant/modeling chocolate, and developing simple pvc structures on the cake board on which to place and build our RKTs sculptures.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1855 SENR-7093-201CL    09/04/18-11/20/18    T  
05:30PM-07:30PM                      LLGP 101                      D Seyfang

## ART: CAKE DECORATING: BUTTERCREAM ROYAL ICING AND FONDANT SKILLS – 24 HRS

A Certified Wilton Method Instructor will teach this three-part course. Learn how to decorate cakes and sweet treats with basic buttercream techniques and six simple-to-pipe flowers that transform ordinary cakes into extraordinary results. The instructor will help you pipe classic buttercream decorating techniques to create modern and traditional cake designs. Make icing the right consistency to decorate. Fill and use a decorating bag. Ice and decorate a cake and other sweet treats with the latest techniques. Make six different buttercream icing flowers. Pipe lines and make simple borders, letters and shapes on your cake. Transfer images to a cake to decorate. Using Royal Icing you will make lifelike rosebuds, pansies, and violets, plus detailed patterns, like lace and basketweave designs. Design the color palette and pattern for a cake. Apply advanced buttercream icing piping techniques like basketweave, cornelli lace and brush embroidery. Create seven different types of flowers, and understand how to feature them on your next project. Pipe royal icing appliques and additional decorative borders. Learn how to work with fondant and gum paste. From covering your cakes to cutting shapes and painting on fondant, you'll learn all the essentials, and get to create flowers, like calla lilies, roses and carnations! Learn to: Prepare and color gum paste and fondant. Cover a cake with fondant. Create different types of bows and flowers, including the calla lily, rose and carnation. Discover how easy it is to paint on fondant. Design and complete a cake with the shapes and flowers from the course. Note: Contact Lifelong Learning office for list of supplies required for first class. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1867 SENR-7090-201CL    09/06/18-11/29/18    TH  
05:30PM-07:30PM                      LLGP 101                      D Seyfang

## ART: CANDY, CAKES, AND COOKIES – 24 HRS

This class takes us from melting chocolate for molds, templates, and free form techniques to making desserts sparkle. We'll use store bought candy/marshmallows to make amazing cupcakes. Investigate the mysteries of royal icing as we pipe RI Transfers, flood cookies and add designs in and on cookies. Explore cookie cutting techniques to bake unique sweets, including 3-D cookies. Make and decorate cookie pops and balls, learn the

basics of cake pops. Make candy clay and use it to make roses and other decorations. Our last adventure will be to use Rice Krispy Treats (RKT) for fun desserts and add design elements to cakes.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1868 SENR-6003-101CL    09/10/18-11/26/18    M  
03:00PM-05:00PM                      LLGP 101                      D Seyfang

## ART: COLLAGE PAINTING WITH PAPERS AND PAINT – 36 HRS

Students will explore the wonderful world of mixed media and collage and learn how to create masterpieces through the use of a variety of techniques and materials. Mixed media art is most simply defined as any type of visual art which combines more than one material in its creation. Collage is a type of mixed media whereby artwork is created through an assemblage of materials such as paper, cardboard, or canvas. **There will be no class Nov. 23.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1869 SENR-7068-101CL    09/07/18-11/30/18    F  
09:00AM-12:00PM                      LLGP 103                      D Runion  
SYN: 1870 SENR-7068-102CL    09/10/18-12/06/18    M  
09:00AM-12:00PM                      LLGP 103                      D Brady

## ART: CREATIVE GREETING CARDS – 24 HRS

No need to ever buy a greeting card when you can make your own beautiful personalized cards. The supply list is available from the instructor.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1871 SENR-7020-101CL    09/10/18-11/26/18    M  
12:30PM-02:30PM                      LLGP 101                      S Karjala

## ART: DRAWING WITH COLORED PENCILS – 36 HRS

This course is designed to guide both novice and intermediate artists to a level of producing quality colored pencil drawings by learning skills and reviewing products currently on the market. The student will learn how to shade, highlight, and blend using layering and burnishing techniques. Colored pencils can produce a variety of texture, value and tones. Drawing skills are not necessary to enjoy this class. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1874 SENR-7055-101CL    09/06/18-11/29/18    TH  
01:00PM-04:00PM                      LLGP 102                      S Daniel

## ART: FUSED GLASS (ADVANCED) – 36 HRS

In this advanced course students will learn new techniques and methods. The student will create at least six cabochons, pictures and/or bowls. Wire wrapping will also be available one week for those wanting to add this aspect to their pieces. The cost is \$80-\$200 depending on items used, quality of tools chosen and total projects completed. The list of safety rules, procedures and supplies are available from the instructor and/or the Lifelong Learning Office. The instructor will collect a fee of \$15 on the first day of class for kiln supplies. Three semesters of the beginners class is recommended before taking the advanced course. This class will include a field trip to a glass distributor with buy-your-own lunch. 3 semesters of Fused Glass experience is suggested.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1875 SENR-7018-101CL    09/10/18-11/26/18    M  
09:00AM-12:00PM                      LLGP 104                      B Vollmer



## ART: FUSED GLASS (BEGINNERS TO ADVANCED) – 36 HRS

This course introduces students to fused glass. Students will also receive an introduction to wire-wrapping a cabochon (gemstone). Students will create at least six cabochons, a window hanging or wind chime, pictures and/or a bowl while learning the techniques involved in creating fused glass. All projects will take two weeks.

Students have the option to share some of their art with Wounded Warrior and Art Abandonment projects. The cost of supplies is \$60-\$100, depending on quantity of glass and quality of tools. The list of safety rules, procedures, goals, sources and supplies is available from the instructor and/or the Lifelong Learning Office. The instructor will collect a fee of \$15 on the first day of class for kiln supplies. This class will include a field trip to a glass distributor with buy-your-own lunch. No experience is required.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1876 SENR-7017-101CL	09/10/18-11/26/18	M
01:00PM-04:00PM	LLGP 104	B Vollmer
SYN: 1877 SENR-7017-201CL	09/10/18-11/26/18	M
05:30PM-08:30PM	LLGP 104	B Vollmer

## ART: INTRODUCTION TO CHIP CARVING AND LETTER CARVING – 36 HRS

This course is for students who are interested in developing skill in the art of chip carving and letter carving in wood. Chip carving is a decorative style of carving that can be geometric or freestyle in design. It is executed by making precise angled cuts that enable wood to be removed from the face of a piece of wood in geometric chips of a specific size, shape and proportion. Students will learn about tools and types of wood suitable for chip carving and letter carving and will practice techniques used in this art form. Each student will be encouraged to complete a sampler of chip carving and letter carving techniques as a term project. Students will be required to purchase a textbook, "The Complete Guide to Chip Carving," (\$17.95) and will be expected to bring their own tools to class. A list of required tools and supplies is available in the LLC office. The maximum cost of tools, textbook and materials, assuming the student buys new, quality tools, should be less than \$125.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1878 SENR-6010-101CL	09/04/18-11/20/18	T
09:00AM-12:00PM	LLGP 102	W Hansen

## ART: LIFE STORY WRITING – 24 HRS

Everyone has a story to tell, and all of our stories matter! Our children and great-grandchildren will enjoy them for years to come. Creative writing tips will be presented and editing help offered. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1879 SENR-7013-101CL	09/05/18-11/28/18	W
01:00PM-03:00PM	LLGP 106	J Payne

## ART: MIXED MEDIA AND RECYCLABLES – 36 HRS

This class incorporates assembly, design, recyclable materials, found objects, collage, fabric and acrylic paint to make art pieces with meaning. Students will make three projects using techniques that build upon the other. A Simple Wall Hanging, a Shadow Box, and a Hanging Lamp. Some materials will be provided with a list of suggested items needed given at the first class meeting. **There will be no class Nov. 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1880 SENR-7065-101CL	09/07/18-11/30/18	F
01:00PM-04:00PM	LLGP 103	D Runion

## ART: MOSAIC – 36 HRS

Participants will learn from a mosaic artist how to make modern mosaic projects. This class is for beginners as well as more advanced students. Participants will leave this class with a completed project. The first day of class will be an introduction to the art, and the instructor will provide a list of supplies to purchase. This class will include a field trip to a glass distributor with buy-your-own lunch. A \$5 supply fee will be paid to the instructor at the first class. **There will be no class Nov. 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1882 SENR-7019-101CL	09/07/18-11/30/18	F
09:00AM-12:00PM	LLGP 104	B Holmes
SYN: 1883 SENR-7019-102CL	09/07/18-11/30/18	F
01:00PM-04:00PM	LLGP 104	B Holmes

## ART: ORIGAMI – 36 HRS

Origami from the Japanese ori - to fold and gami - paper. People think of origami as an art form or craft; however origami is the perfect tool for teaching people of all ages a multitude of skills without them knowing they are learning. The class, for novices and those with some experience, will cover the standard origami bases, basic animals, useful items and decorative forms, along with modular origami. We will use some models to make greeting cards. Materials will be provided for the first class; however, students are encouraged to bring any origami books they own. Standard 6" origami paper from craft stores will be used.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1884 SENR-7066-101CL	09/10/18-11/26/18	M
01:30PM-04:30PM	LLGP 106	D Davis

## ART: PAINTING ON SILK – 36 HRS

This course introduces students to silk painting. It focuses on the basic techniques of the process from beginning to final display. The first project will be painting a silk scarf. Please bring vinyl gloves, a hair dryer, an apron or covering for clothes and a 12-inch embroidery hoop to the first class. A list of additional supplies needed will be provided at the first class. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1885 SENR-7088-101CL	09/06/18-11/29/18	TH
01:00PM-04:00PM	LLGP 101	S Moody

## ART: PAINTING WITH ACRYLICS (BEGINNERS) – 36 HRS

This class is for the beginner to intermediate student. Even if you have never picked up a paintbrush before, you will learn all the basics of using acrylic paints and the techniques that will let you create finished artwork. The first two classes will focus on technique, with introduction to blending paints, the use of various tools other than brushes and acrylic mediums. The following classes will allow the students to paint various subjects that will incorporate the techniques learned. Students will be provided a list of materials required for the class. **There will be no class Nov 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**

SYN: 1887 SENR-7037-101CL	09/05/18-11/28/18	W
09:00AM-12:00PM	LLGP 102	D Brady

### ART: PAINTING WITH ACRYLICS (ADVANCED) – 36 HRS

This class is for intermediate to advanced students and will focus on improving techniques and exploring the many avenues for acrylic painting. Techniques will be introduced that will include use of various media such as gels, pastes and pouring medium, and making acrylic skins. The class will explore expression and interpretation of artistic styles and use tools other than brushes, such as mark making, the Brayer roller, and palette knife. Students will complete several canvases incorporating techniques mastered in the class. A list of materials will be supplied at the beginning of the course. There will be no class Nov 21.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1886 SENR-7103-101CL      09/05/18-11/28/18      W  
01:00PM-04:00PM      LLGP 103      D Brady

### ART: PAINTING WITH OILS (ADVANCED) – 36 HRS

Participants will work with the instructor to improve techniques and skills in oil painting. Participants may start from scratch or bring their present work. Student may bring supplies that they have. An additional supply list will be given to students at the first class. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1888 SENR-7010-101CL      09/04/18-11/20/18      T  
09:00AM-12:00PM      LLGP 103      L Johnson  
SYN: 1889 SENR-7010-102CL      09/06/18-11/29/18      TH  
01:00PM-04:00PM      LLGP 103      K Wells

### ART: PAINTING WITH OILS (BEGINNERS) – 36 HRS

This course is designed for the oil painting beginner. It focuses on the techniques of the great masters and how to hold the brush, mix paint and use glazes. Techniques include exploring color and using light and shadow to create drama. The course starts with a limited paint pallet, expanding as the class progresses. A list of necessary supplies will be provided in the first class.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 2245 SENR-7038-101CL      09/04/18-11/20/18  
09:00AM-12:00PM      LLGP 101      D Wheeler  
SYN: 1890 SENR-7038-201CL      09/04/18-11/20/18      T  
05:00PM-08:00PM      LLGP 103      D Wheeler  
SYN: 1891 SENR-7038-202CL      09/10/18-11/26/18      M  
05:30PM-08:30PM      LLGP 103      D Wheeler

### ART: PAINTING WITH WATERCOLORS – 36 HRS

Participants will learn new methods of color, paint, application and design. This is an ongoing class for the more seasoned artist as well as those wanting to brush up their techniques. This class will include field trip(s) for a plein air painting session possibly with buy-your-own lunch. A supply list will be provided at the first class. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1894 SENR-7035-102CL      09/06/18-11/29/18      TH  
09:00AM-12:00PM      LLGP 103      L Johnson  
SYN: 1893 SENR-7035-101CL      09/10/18-11/26/18      M  
01:00PM-04:00PM      LLGP 103      S Anderson

### ART: PAINTING WITH WATERCOLORS (ABSOLUTE BEGINNERS) – 36 HRS

This course is only for students who have never taken watercolor painting. Even if you have never handled a brush before, you'll enjoy exploring watercolor's complexities while learning how to deal confidently with washes and color mixing. Discover your hidden potential as you learn the fundamentals of this art form. A list of the necessary supplies will be provided at the first class. Instructor permission required. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1895 SENR-7089-101CL      09/05/18-11/28/18      W  
09:00AM-12:00PM      LLGP 103      L Johnson

### ART: PAINTING WITH WATERCOLOR ON YUPO PAPER – 36 HRS

Discover the joys of painting on Yupo, a slick, synthetic paper that has a wonderful lifting ability. With watercolor and objects such as Q-tips, plastic embroidery grids, corrugated cardboard and other tools, you will learn to create unusual textures with watercolor on Yupo. If you don't like what you have created, simply wipe off and start over. This class is designed for students of all levels of experience.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1892 SENR-7095-101CL      09/04/18-11/20/18      T  
01:00PM-04:00PM      LLGP 103      F Jacobs

### ART: PAPER MACHE ANIMALS – 36 HRS

Students will construct four-legged paper mache animals from recycled/repurposed materials. Students will proceed to more advanced projects and learn to build the armature (skeleton), create the form and finish the sculpture. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1896 SENR-7040-101CL      09/05/18-11/28/18      W  
01:00PM-04:00PM      LLGP 101      N House

### ART: PHOTOGRAPHY AS A HOBBY (EXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented.

For students with more than a little experience, this practical hands-on course will teach how to operate a digital camera and save images at a higher level than in the beginner photography course. Students will also discover how to print, frame and exhibit their prints at a more advanced level. This class will include an outdoor photography session to practice what you have learned this semester. Students are required to bring an SLR or point-and-shoot camera with its manual to each class.

**Cost: 50 Plus: \$15      In district: \$42      Out of district: \$47**  
SYN: 1897 SENR-7047-101CL      09/10/18-11/26/18      M  
01:00PM-04:00PM      LLGP 105      T Ledoux

### ART: PHOTOGRAPHY AS A HOBBY (INEXPERIENCED) – 36 HRS

This course will teach photography for the hobbyist or artist, not for the professionally or technically oriented. Intended for students with very little or no experience, this practical hands-on course will teach them how to operate their digital cameras and save and edit images at the most basic level. Students will also discover how to print, frame, and exhibit their

prints at that level. This class will include an outdoor photography session to practice what you have learned this semester. Students are required to bring a Single Lens Reflex (SLR) or point-and-shoot camera with its manual to each class.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1898 SENR-7049-101CL 09/10/18-11/26/18 M  
 09:00AM-12:00PM LLGP 105 T Ledoux

### **NEW! ART: PICTURE FRAMING – 36 HRS**

This course is for beginning and intermediate students who wish to create their own picture frames. Students will use a variety of techniques and materials, measure accurately for matting, and assemble completed frames with or without glass, backer boards, or attachments for hanging the frame. Students will be required to bring their own hand tools and supplies.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1899 SENR-7100-101CL 09/10/18-11/26/18 M  
 09:00AM-12:00PM LLGP 102 N Hansen

### **ART: PORTRAIT PAINTING – 36 HRS**

This class focuses on direct observational portrait painting either from a photograph or fellow classmates. The course emphasizes "seeing," simplifying, and the importance of beginning a painting well. The instructor will discuss color as it relates to skin tones and how to achieve a "likeness" of the subject. Student will learn how to paint the flesh palette and will learn the alla prima – or wet-on-wet technique. This class is designed for beginners in portrait painting who have a painting background in other genres.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1900 SENR-7096-101CL 09/04/18-11/20/18 T  
 01:00PM-04:00PM LLGP 102 C Noone

### **ART: STAINED GLASS (ADVANCED) – 24 HRS**

This class is for students with experience in working with stained glass.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1901 SENR-7004-101CL 09/04/18-11/20/18 T  
 10:30AM-12:30PM LLGP 104 P Stettler

### **ART: STAINED GLASS (BEGINNERS) – 24 HRS**

Students will learn the copper foil technique for making a stained glass project. They can purchase all tools and supplies for this class from the instructor or at local stores. The instructor will give a list of the supplies at the first class. Due to space, students may be limited to one stained glass class per semester.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1902 SENR-7003-101CL 09/04/18-11/20/18 T  
 08:15AM-10:15AM LLGP 104 P Stettler  
 SYN: 1903 SENR-7003-201CL 09/04/18-11/20/18 T  
 06:00PM-08:00PM LLGP 104 P Stettler

### **ART: STAINED GLASS, LEAD CAME (ADVANCED) – 36 HRS**

This class helps students with experience in working with stained glass to learn the advanced lead came method in which the glass is supported by metal channeling (comes). Comes can come in various shapes and metals but are commonly made from lead as well as zinc, brass and copper. The comes are then soldered together at the seams to lend strength to the

piece of art. This is the method used when creating large works of glass art, like windows.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1904 SENR-7044-101CL 09/04/18-11/20/18 T  
 02:00PM-05:00PM LLGP 104 P Stettler

### **ART: TANGLED ART – 36 HRS**

This class covers the techniques of the Zentangle® method founded by Maria Thomas and Rick Roberts. Students will create tangled art the very first day of class. In tangled art, each stroke is deliberately drawn. It is easy to learn and both a relaxing and fun way to create images by drawing structured repetitive patterns. The student is encouraged not to have an end goal in mind when creating tangled art, but to create unplanned without an orientation, and not representative of recognizable objects. There are no prerequisites for learning tangled art.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1905 SENR-6011-101CL 09/04/18-11/20/18 T  
 01:00PM-04:00PM LLGP 101 V McMillen

### **NEW! ART: TANGLED ART, BEYOND THE BASICS (INTERMEDIATE TO ADVANCED) – 36 HRS**

The Beyond Zentangle Basics course assumes that the student is familiar with the Zentangle Method either through previous exposure to Zentangle or having taken the Zentangle Basics course. It is recommended that the student take at least the first 4 weeks of the Basics course before joining the Beyond Basics class. The focus for this class will be project based with a combination of projects selected by the teacher covering advanced topics such as shading, complex tangles, "Reticula and Fragments" as well as projects selected by the students to do either individually or as class projects. The projects will be selected from a variety of the daily/weekly/yearly zentangle challenges that are available on the web. Each week we will select several projects to work on for the month. It is expected that each project will not take more than 1 or 2 class sessions.

**There will be no class Nov. 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 2010 SENR-7104-101CL 09/07/18-11/30/18 F  
 01:00PM-04:00PM LLGP 101 V McMillen

### **ART: USING A CRICUT – 36 HRS**

Students will discover the wonderful world of die cutting and learn to use the Cricut (die-cutting machine). Students will learn to create art and have the Cricut cut it out. Students will also learn to emboss, write, cut quilt patterns, and make picture mats and frames in basal wood. Students will make jewelry using coke cans and create wall designs using vinyl. Students will make cutting files called SVG that can be used with any die cutting machine and learn to create pop-up-cards, layered cards, and pictures. Requirement: must have a laptop or tablet computer to access the internet. There is a \$20 class fee for supplies. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In District: \$42 Out of district: \$47**  
 SYN: 1906 SENR-7101-101CL 09/05/18-11/28/18 W  
 09:00AM-12:00PM LLGP 101 M Waller



## ART: WOODWORKING WITH HAND TOOLS (INTRODUCTION) – 36 HRS

This course is for beginning and intermediate students who want to improve their skills using woodworking hand tools. Students will learn wood and tool terminology, methods for using woodworking hand tools for precise joinery and techniques for finishing woodworking projects. Students must bring their hand tools and supplies, which can be purchased from the instructor, at local woodworking stores, yard sales or flea markets. Students will receive a list of required tools and materials at the first class. Students will purchase several tools and items after the first day and build their collection as they progress. This class will include a field trip to a wood crafter and/or wood expert with buy-your-own lunch. The maximum cost of tools and materials, assuming the student buys new, quality tools, should not exceed \$200. In addition, each student must purchase an online annual subscription to Fine Woodworking Magazine (\$34.95) in order to access copyrighted source materials. **There will be no class Nov. 22.**

Cost: 50 Plus: \$15	In district: \$42	Out of district: \$47
SYN: 1908 SENR-7094-101CL	09/06/18-11/29/18	TH
09:00AM-12:00PM	LLGP 102	W Hansen
SYN: 1909 SENR-7094-201CL	09/06/18-11/29/18	TH
05:30PM-08:30PM	LLGP 102	W Hansen

**NEW!**

## ART: WOODWORKING – BEYOND THE BASICS (INTERMEDIATE) – 36 HRS

This course is for students looking to continue honing their woodworking skills and expanding their knowledge in the woodshop. Emphasis is on form, function, and organization. Other discussions include the proper tools for the task and tool maintenance, workspace management, how to read the wood, and finding the fun when planning your projects, finishing projects, and most of all safety. Students will be required to bring basic tools and necessary supplies outlined by the instructor. Basic Woodworking is a prerequisite.

SYN: 2046 SENR-7108-101CL	09/10/18-11/26/18	M
01:00PM-04:00PM	LLGP 102	R Goodheart

## COMPUTER: ABSOLUTE BEGINNERS – 24 HRS

Whether individuals have never worked with or have forgotten what they learned about computers, this class will meet participants where they are. The class will cover how to get a computer up and running and how to shut it down safely. Students will learn to make Microsoft Windows "friendlier" or personalized and basic hardware differences. This class includes an introduction to keyboarding, email and Facebook. Students need to bring a USB flash/jump drive to class. **There will be no class Nov. 23.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 1910 SENR-7011-101CL	09/07/18-11/30/18	F
08:00AM-10:00AM	LLGP 105	M Baker

## COMPUTER: APPLICATIONS FOR BEGINNERS – 24 HRS

Students will learn the power of the computer and Microsoft Office applications. Using these applications, participants can create letters, reports, presentations, worksheets and databases. This class will cover how to use the document wizards of Microsoft Word, PowerPoint, Excel and Access. Students need to bring a USB flash/jump drive to class. **There will be no class Nov. 23.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 1911 SENR-7036-101CL	09/07/18-11/30/18	F
10:15AM-12:15PM	LLGP 105	M Baker
SYN: 1912 SENR-7036-201CL	09/10/18-11/26/18	M
06:00PM-08:00PM	LLGP 105	C Benson

## COMPUTER: BASIC INTERNET – 25 HRS

The Internet can be a confusing and intimidating place. But today it is getting more and more difficult to get along without it. This course will explain in simple terms what the Internet is, how to get connected and navigate it safely. This class will demonstrate browsing, email, texting, shopping online and many of the commonly used Internet applications. Internet concerns in the news will be discussed. Whether you use a smart phone, tablet, personal computer or are thinking of buying a device to access the Internet, you can benefit from this course. Students will have time to ask the instructor questions. Please note: students should have some basic computer skills to benefit from this course. College of the Mainland ID/password and classroom computers will be provided. There will be no class Nov. 22.

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 2047 SENR-7106-101CL	09/06/18-11/08/18	TH
09:30AM-12:00PM	LLGP 105	G Ward

## COMPUTER: DIGITAL STORYBOOKING – 24 HRS

This class offers a fantastic alternative to hiding precious family photos in boxes or on the computer. Students will learn to use the Heritage Makers System on a computer to build a photo project. The basics are the same for all Heritage Maker projects. Students will need to bring their precious photos. **There will be no class Nov 21 or 22.**

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
SYN: 1914 SENR-7034-101CL	09/05/18-11/28/18	W
10:00AM-12:00PM	LLGP 105	J Hoggatt
SYN: 1915 SENR-7034-201CL	09/06/18-11/29/18	TH
06:00PM-08:00PM	LLGP 105	J Hoggatt

## COMPUTER: IPAD/IPHONE FOR BASIC USERS – 25 HRS

Have you been using an iPhone or iPad for a while but are not sure you are getting the most out of it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send email, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter, podcasts, weather and news apps. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets.

Cost: 50 Plus: \$15	In district: \$72	Out of district: \$77
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SYN: 1916 SENR-7053-101CL 09/04/18-11/06/18 T  
12:30PM-03:00PM LLGP 105 G Ward

### COMPUTER: IPAD/IPHONE FOR BEGINNERS – 25 HRS

Are you thrilled to have a new iPad or iPhone but not sure exactly how to use it? Unlock the full potential of this technology with this information-packed course. Students will learn how to send emails, take photos, make videos, organize photo albums, maintain a calendar and address book, use maps and backup to iCloud. The class will also demonstrate how to use Siri, FaceTime, iMessage, Skype, Facebook, Twitter and Podcasts. Students will also have time to ask the instructor questions. Please note: Students must bring their iPad/ iPhone to class, and software must be iOS 9 or above. This class is for Apple iPhone/iPads only, not Android phones/tablets.

**Cost: 50 Plus: \$15 In district: \$72 Out of district: \$77**  
SYN: 1917 SENR-7045-101CL 09/04/18-11/06/18 T  
09:30AM-12:00PM LLGP 105 G Ward

### COMPUTER: SOCIAL MEDIA FOR BEGINNERS – 24 HRS

Many may think that social media is exclusively for the younger crowd but that is not so! This class will serve as a great introduction to the most popular social networking platforms including Facebook, Twitter, Instagram and Pinterest. So whether you are curious about social media, nervous about trying it or just wondering what the buzz is all about, this course is for you! Please bring your phone/tablet/laptop to class to learn how to use social media on these devices.

**Cost: 50 Plus: \$15 In district: \$72 Out of district: \$77**  
SYN: 1918 SENR-7072-201CL 09/04/18-11/20/18 T  
06:00PM-08:00PM LLGP 105 COM Faculty

### EXERCISE: COUNTRY WESTERN DANCE – 12 HRS

Participants will be introduced to different styles of country western (partner) dances, including two-step, polka, waltz, nightclub 2, East Coast swing and West Coast swing. Participants will learn lead/follow skills and patterned foot movements. The class prepares participants to practice what they learn at the many local venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1923 SENR-7083-201CL 09/10/18-11/26/18 M  
06:30PM-07:30PM LLGP 108 P Trevisani

### EXERCISE: DANCE FOR HEALTH – 24 HRS

This class blends dance, music and exercise to improve overall health and physical fitness. Students need footwear or dance socks that allows them to slide or swivel easily. Participants may join this class at any time during the semester. No partner is needed. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1930 SENR-7001-101CL 09/05/18-11/28/18 MW  
11:00AM-12:00PM LLGP 107 P Trevisani

### EXERCISE: DRUMS CARDIO – 24 HRS

This class combines traditional aerobic movements with the powerful beat and rhythms of the drums. Students will use Pilates balls and drum sticks in choreographed routines set to music. This is a workout for the entire mind and body. This is high activity and cardio class. Balls and drum sticks are provided. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1931 SENR-6005-101CL 09/04/18-11/27/18 TTH  
11:00AM-12:00PM LLGP 107 J Bridges

### EXERCISE: LINE DANCING – 24 HRS

Line dancing involves performing patterned foot movements in a line in unison to music. Line dancing not only blends exercise and recreation, it is also a fun way to meet new people and experience personal satisfaction from your accomplishments. This class is for those who have never had a line dancing class. The only equipment needed is footwear that slides and swivels easily and does not stick to the floor. No partner is needed. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1932 SENR-7006-201CL 09/04/18-11/27/18 TTH  
05:30PM-06:30PM LLGP 108 P Horton  
SYN: 1934 SENR-7006-203CL 09/04/18-11/27/18 TTH  
08:00PM-09:00PM LLGP 108 P Horton  
SYN: 1933 SENR-7006-202CL 09/04/18-11/27/18 TTH  
06:45PM-07:45PM LLGP 108 P Horton

### EXERCISE: PILATES – 24 HRS

Pilates strengthens the muscles that support the spine (the neck, shoulders, abs, hips and thighs) to bring balance into the body. Most body aches and pains are due to muscular imbalance. Pilates helps to realign the spine to decrease tension, increase flexibility and strengthen the body from the inside out. **There will be no class Nov. 21 or 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1936 SENR-7075-101CL 09/04/18-11/27/18 TTH  
04:15PM-05:15PM LLGP 107 S Deshotel  
SYN: 1937 SENR-7075-201CL 09/05/18-11/28/18 MW  
05:30PM-06:30PM LLGP 107 J Bridges

### EXERCISE: PILATES/YOGA (MIXED) – 24 HRS

This class combines yoga, Pilates and low-impact interval exercises with music. This class is for students needing a slower paced exercise class. The instructor will work with the student for exercise modification, if needed. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1938 SENR-7080-101CL 09/05/18-11/28/18 MW  
08:35AM-09:35AM LLGP 107 A Johnson Galdamez

**NEW!**

### EXERCISE: PILATES, WEIGHTS, AND DRUMS CARDIO (MIXED) – 24 HRS

This class will combine three classes taught separately in the past. We will do something different each day to help strengthen and tone different areas of the body. It's a perfect combination to allow each student the ability to try new exercises, without committing to just one type of exercise the whole semester. Pilates, Resistance Bands, Balls, Hand Weights, and drumming on the Pilate Balls with Drum sticks all in one class. Pilates will help realign the spine and increase strength and flexibility, Weights and Drums Cardio works your mind and body using both right and left brain movements, different routines sometimes at a higher intensity all choreographed to fun music. Students will be showed modifications for all exercises, but will be encouraged to challenge themselves as semester progresses. This class combines three classes taught separately in the

past. We will do something different each day to help strengthen and tone different areas of the body: Pilates, resistance bands, balls, hand weights, and drumming on the Pilate balls with drum sticks. Pilates will help realign the spine and increase strength and flexibility, Weights and Drums Cardio work your mind and body using both right and left brain movements, different routines sometimes at a higher intensity all choreographed to fun music. Students will be shown modifications for all exercises, but will be encouraged to challenge themselves as the semester progresses. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 2011 SENR-7113-101CL 09/05/18-11/28/18 MW  
 12:15PM-01:15PM LLGP 107 J Bridges

### EXERCISE: POP PILATES – 12 HRS

POP Pilates® is an equipment free, mat-based workout created by Cassey Ho, of the Blogilates fitness channel on YouTube. Pop Pilates® uses a choreographed class format. The combination of total body Pilates exercises with the energy of music results in an intense workout that is fun and effective. The instructor challenges students to flow from one exercise to the next, developing a rock solid core, while leaving no muscle untouched. Every exercise can be modified to fit the participant's needs. No experience is needed.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1939 SENR-7086-201CL 09/04/18-11/20/18 T  
 06:00PM-07:00PM LLGP 107 E Wilson

### EXERCISE: SIT AND DRUM – 24 HRS

The sit and drum class combines upper body movement using right brain and left brain techniques to improve memory and mobility. Using a chair, Pilate ball, drum sticks and music, it is workout for your mind, body and soul. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1940 SENR-6008-101CL 09/05/18-11/28/18 MW  
 02:45PM-03:45PM LLGP 107 J Bridges

### EXERCISE: SIT-N-FIT (INTERMEDIATE) – 24 HRS

This is an enjoyable, structured, rhythmic exercise class that will tone muscles and increase endurance. This class includes chair and floor exercises set to music. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1941 SENR-7002-101CL 09/04/18-11/27/18 TTH  
 09:30AM-10:30AM LLGP 108 R Kennedy

### EXERCISE: SPINNING (KEISER BIKES) – 24 HRS

Indoor cycling on Keiser spin bikes offers a fun and effective way to burn fat and improve cardiovascular endurance to music. Students learn cycling techniques and tips. Individuals may join this class at any time during the semester. **There will be no class Nov. 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1942 SENR-7085-101CL 09/04/18-11/27/18 TTH  
 07:30AM-08:30AM LLGP 107 A Johnson Galdamez

### EXERCISE: TAI CHI I – 24 HRS

If you value feeling good and have a desire to be physically and mentally healthy, learn Tai Chi and experience a feeling of relaxation and increased

energy. This course will introduce you to the Yang style of style Tai Chi and some of the Chinese breathing exercises called Chi-Kung. **There will be no class Nov. 21 or 22.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1943 SENR-7078-101CL 09/05/18-11/28/18 MW  
 04:00PM-05:00PM LLGP 108 N Skynear

### EXERCISE: TAI CHI II – 24 HRS

What you learned in Tai Chi I will be used to execute an exercise program consisting of the Yang style of Tai Chi and various Chi Kung exercises. Learn the Eight Pieces of Silk Brocade, a Chi Kung routine that dates back to the eighth century. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1945 SENR-7079-101CL 09/05/18-11/28/18 MW  
 02:30PM-03:30PM LLGP 108 N Skynear

### EXERCISE: TEXAS TWO-STEP (INTRODUCTION) – 12 HRS

The country western (partner) dance style is easy and fun to learn. Participants will learn lead/follow skills and turns, pivots, wraps, promenades and spins. The class readies participants to practice what they learn at the many local dance venues. Participants need footwear or dance socks that allows them to slide or swivel easily. A partner is needed.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1946 SENR-7082-201CL 09/10/18-11/26/18 M  
 07:45PM-08:45PM LLGP 108 P Trevisani

### EXERCISE: TOTAL BODY FITNESS – 24 HRS

Participants will learn to properly and safely stretch, warm up, and perform abdominal, upper-body and lower-body exercises. They will reap cardiovascular benefits while doing fun, low-impact dance aerobics. The class also provides health and nutrition updates. This class is appropriate for participants who never exercise as well as those who frequent the gym. Participants should bring a water bottle and hand towel and wear comfortable, loose-fitting clothes and tennis shoes. **There will be no class Nov. 21.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1947 SENR-7070-101CL 09/05/18-11/28/18 MW  
 09:45AM-10:45AM LLGP 107 A Johnson Galdamez

### EXERCISE: WEIGHTS AND CORE – 24 HRS

This is instructor-led, repetition-based strength training for your upper and lower body. Students use hand weights and floor mats. This class will help tone and strengthen your muscles as well as help build your endurance. **There will be no class Nov. 21 or 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
 SYN: 1948 SENR-6009-101CL 09/04/18-11/27/18 TTH  
 02:45PM-03:45PM LLGP 107 J Bridges  
 SYN: 1949 SENR-6009-102CL 09/05/18-11/28/18 MW  
 04:15PM-05:15PM LLGP 107 J Bridges



### NEW EXERCISE: WEST COAST SWING – 12 HRS

West Coast Swing is a slotted partner dance. The follower travels back and forth in the slot dancing straight through the lead. The leader consistently moves a minimum amount (at mid-way point) to his sides, barely out of her way.



The swing dance is characterized by an elastic look that results from its extension-compression technique of partner connection and is danced primarily in a slotted area on the dance floor. The dance includes 6-count and 8-count patterns: Starter Step, Sugar Push; Left Side Pass; Right Side Pass; Tuck Turn; and Whip. All other moves in West Coast Swing are variations of these basic patterns. The Anchor Step is a common ending pattern. The class prepares the participant to practice what they learn at the local dance venues. Participants need footwear or dance socks that allows them to swivel easily. A partner is needed. **There will be no class Nov. 21.**

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 2045 SENR-71099-101CL	09/05/18-11/28/18	W
05:30PM-06:30PM	LLGP 108	P Trevisani

### EXERCISE: YOGA AND STRESS REDUCTION – 24 HRS

Participants will learn the art of slow, measured movements to develop strong muscles, agility and flexibility, which can reduce the effects of the aging process. Through the art of breathing, relaxation and self-awareness, participants will experience increased energy levels and decreased aches and pains. Yoga positions are done on the floor. Participants should bring a towel or blanket for comfort in lying down. Due to space, students will be limited to one yoga class per semester. You must attend the section for which you registered. **There will be no class Nov 21 or 22.**

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 1954 SENR-7071-105CL	09/04/18-11/27/18	TTH
08:35AM-09:35AM	LLGP 107	A Johnson Galdamez
SYN: 1955 SENR-7071-106CL	09/04/18-11/27/18	TTH
12:15PM-01:15PM	LLGP 107	J Bridges
SYN: 1951 SENR-7071-102CL	09/04/18-11/27/18	TTH
01:30PM-02:30PM	LLGP 108	J Bridges
SYN: 1950 SENR-7071-101CL	09/05/18-11/28/18	MW
11:30AM-12:30PM	LLGP 108	B Lambert
SYN: 1952 SENR-7071-103CL	09/05/18-11/28/18	MW
01:00PM-02:00PM	LLGP 107	B Lambert
SYN: 1953 SENR-7071-104CL	09/05/18-11/28/18	MW
01:30PM-02:30PM	LLGP 107	J Bridges

### EXERCISE: ZUMBA – 24 HRS

Zumba fuses Latin rhythms and easy-to-follow moves to create a one-of-a-kind fitness program that will tone and sculpt your body while burning unwanted fat. Participants may join this class at any time during the semester. **There will be no class Nov. 22.**

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 1956 SENR-7077-101CL	09/04/18-11/27/18	TTH
09:45AM-10:45AM	LLGP 107	A Johnson Galdamez



### FITNESS: A MATTER OF BALANCE – 24 HRS

A Matter of Balance can help reduce the fear of falling and increase the activity levels of older adults who have concerns about falling. This award winning class will help participants learn to view falls and fear of falling as controllable, set realistic goals for increasing activity, change their environment to reduce fall risk factors, and promote exercise to increase strength and balance. Students will improve flexibility, balance, and strength. **There will be no class Nov. 23.**

SYN: 2044 SENR-7107-101CL	09/07/18-11/30/18	F
10:00AM-12:00PM	LLGP 107	J Davis

### FITNESS: LIVING A HEALTHY LIFE – 36 HRS

Help simplify life and improve health with clean and plant-based meals. Whether you cook for yourself or a crowd, there are numerous tricks and tips to creating a healthy kitchen and flavorful foods. We will make some quick, easy plant-based recipes in class. If you take the challenge, you can watch your health improve and your cholesterol numbers go down as your energy goes up.

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 1957 SENR-7102-101CL	09/10/18-11/26/18	M
09:00AM-12:00PM	LLGP 101	S Mitchiner

### MUSIC: HAND DRUMMING – 24 HRS

This is a beginner course in some simple techniques of hand-drumming, using drums akin to African drums. The class will cover some history of drums in various cultures. Students will enjoy opportunities for creative self-expression and group collaboration. No prior musical knowledge or drumming experience required. If you have a djembe or timbale-type drum, you may bring your own. A limited number of drums will be provided. **There will be no class Nov. 22.**

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 1959 SENR-7073-101CL	09/04/18-11/27/18	TTH
11:00AM-12:00PM	LLGP 108	B Rogers

### ON THE OTHER SIDE OF GRIEF: WHERE SPIRIT, FAITH AND SCIENCE MEET – 12 HRS

This course is designed for anyone going through the grief process or who is interested in the subject. Whether you are grieving the loss of a loved one, pondering your own mortality or curious about what happens when we die, understanding how spirit, faith and science come together will leave you feeling less fearful of death and comforted by knowing that your loved ones are still with you in spirit. The course combines spiritual, faith-based and scientific perspectives to create an atmosphere of positivity, hope and healing in our quest to understand and cope with death. All faiths are welcome.

<b>Cost: 50 Plus: \$15</b>	<b>In district: \$42</b>	<b>Out of district: \$47</b>
SYN: 1958 SENR-6001-201CL	09/10/18-10/15/18	M
06:00PM-08:00PM	LLGP 106	J Wells

## COM'S 50 PLUS PROGRAM

Lifelong Learning Gulfway Plaza  
14057 Gulfway Plaza  
La Marque, TX 77568

## SEWING: BASIC AND BEYOND QUILTING (ADVANCED) – 36 HRS

Students needing help with a current sewing or quilting project or those wanting to start a new project can join this class to learn how to complete it. Students will work on projects for their home or wardrobe. A supply list will be provided the first class day; quilting students will bring their own supplies. Prerequisite: Three semesters of quilting is suggested.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1960 SENR-7028-101CL 09/04/18-11/20/18 T  
12:30PM-03:30PM LLGP 106 C Walker

## SEWING: BASIC AND BEYOND QUILTING (BEGINNERS) – 36 HRS

This class is for beginners with little or no experience with sewing machines or quilting. Those who need help with a sewing project or who want to start a new one can join this class to learn how to complete a project for their home or wardrobe. A supply list will be provided the first class day; quilting students must bring their own projects or supplies.

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1962 SENR-7041-101CL 09/04/18-11/20/18 T  
09:00AM-12:00PM LLGP 106 C Walker  
SYN: 1963 SENR-7041-201CL 09/04/18-11/20/18 T  
05:30PM-08:30PM LLGP 106 C Walker

## SPANISH II – 24 HRS

Spanish II is a continuation of Spanish I. Topics include constructing full sentences, advanced verbs and increasing vocabulary. **There will be no class Nov. 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1965 SENR-7043-101CL 09/07/18-11/30/18 F  
10:45AM-12:45PM LLGP 106 A Johnson Galdamez

## **NEW!** SPANISH III (ADVANCED) – 24 HRS

Students will continue to obtain a working knowledge of Spanish using the topics learned in beginning Spanish, learn common vocabulary phrases, and continue with verbs and sentences. The last class will be a conversational class at a local Spanish speaking restaurant. Required materials include: English/Spanish Dictionary, index cards and ring binder (from beginning Spanish).

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 2009 SENR-7111-101CL 09/10/18-11/26/18 M  
11:00AM-01:00PM LLGP 106 A Johnson Galdamez

## SPANISH I (BEGINNERS) – 24 HRS

Students will obtain a working knowledge of beginning Spanish, learn common vocabulary and phrases and then proceed to verbs and sentence construction. The last class will be a conversational class at a local Spanish-speaking restaurant. **There will be no class Nov. 23.**

**Cost: 50 Plus: \$15 In district: \$42 Out of district: \$47**  
SYN: 1964 SENR-7015-101CL 09/07/18-11/30/18 F  
08:30AM-10:30AM LLGP 106 A Johnson Galdamez

## COMMUNITY LECTURE SERIES

Must Register (open to anyone age 18 or older)

### LECTURE: EXTENDED TRAVEL PRESENTATION

A representative from Premier World Discovery will present a slideshow of upcoming extended travel trips. For details of upcoming trips, see page 44. For more information, please call 409-933-8912.

**Cost: FREE**  
SYN: 1966 SENRL-8201-101CL 08/22/18 W  
02:00PM-04:00PM LLGP 104

### LECTURE: GENEALOGY OVERVIEW

Students will learn about upcoming trips to Genealogical Libraries and will learn the basic method and system for studying Genealogy. Come experience the thrill of finding ancestors you never knew you had. During upcoming trips, students may discover birth, marriage, or death records along with probate records and perhaps "wills." The various libraries are full of our ancestors' records. It's up to the student to learn to dig a little deeper and develop persistence and techniques along the way.

**Cost: FREE**  
SYN: 1967 SENRL-8401-101CL 09/06/18 TH  
01:00PM-02:30PM LLGP 104

### LECTURE: ARTHRITIS 101

Join us for a presentation conducted by a representative from the Arthritis Foundation. Over 50 million Americans have arthritis, making it the number one cause of disability in the country. These numbers are only going to keep growing. The first steps in conquering arthritis are learning the facts, understanding your condition and knowing that help is by your side. The Arthritis Foundation is boldly pursuing a cure for these diseases while supporting those who are already impacted.

**Cost: FREE**  
SYN: 1980 SENRL-8101-101CL 09/06/18 TH  
03:00PM-05:00PM LLGP 104

### LECTURE: KEEP IT SIMPLE!

Students will be introduced to healthy foods prepared quickly and in small quantities.

**Cost: FREE**  
SYN: 1968 SENRL-8502-101CL 09/12/18 W  
10:00AM-11:30AM BREAKROOM / KITCHEN

## Mark your calendar for these important dates:

**July 30** First Day of Registration for fall 2018  
**Sept. 4** first day of classes  
**Nov. 30** last day of classes  
**Dec. 15 thru Jan. 3** COM closed  
for winter holidays

**LECTURE: AARP DRIVER SAFETY COURSE**

This one-day safety course is sponsored by the AARP. You will receive a certificate at the end of the class. Check with your insurance agent to see if this will qualify you for a discount on your insurance. This is a certified course recognized by most major insurance companies for discounted rates. This class gives seniors tools for safer driving techniques to compensate for age-related problems. NOTE: This is NOT a ticket dismissal class. Certificate fee is \$15 for students with AARP membership cards, \$20 for non-members. This will be collected by the instructor at the beginning of the class. Taught by AARP Instructor Barbara Cook.

**Cost: FREE**

SYN:1969 SENRL-8301-101CL	09/13/18	TH
12:30PM-04:30PM	LLGP 104	
SYN:1988 SENRL-8301-101CL	12/06/18	TH
12:30PM-04:30PM	LLGP 104	

**LECTURE: BAM - THE PRESTIGE**

Join us for Book and Movie COMmunity Reading Club. Read the book and then watch the movie! The Prestige follows two stage magicians, after a tragic accident, as they engage in a battle to create the ultimate illusion whilst sacrificing everything they have to outwit the other. The movie, directed by Christopher Nolan, stars Scarlett Johansson, Hugh Jackman, and Christian Bale.

**Cost: FREE**

SYN:1970 SENRL-8101-201CL	09/13/18	TH
05:30PM-08:30PM	LLGP 104	

**LECTURE: MEDICARE'S NEW INFORMATION**

This lecture provides the latest information about Medicare updates. Don't miss out on this information!

**Cost: FREE**

SYN: 1971 SENRL-8101-102CL	09/20/18	TH
01:00PM-03:00PM	LLGP 104	

**LECTURE: ALZHEIMER CAREGIVER'S WORKSHOP**

Participants will learn how to recognize the symptoms of Alzheimer's disease or other dementias along with techniques to help handle these behaviors. Determine what techniques work best to manage different types of behaviors. Learn about various techniques to encourage your loved one to engage in an activity. Become familiar with activities that are suitable for late stage Alzheimer's disease or other dementia to stimulate your loved one's five senses.

**Cost: FREE**

SYN: 1972 SENRL-8005-101CL	09/27/18	TH
01:00PM-03:00PM	LLGP 104	

**LECTURE: THE LONG JOURNEY HOME: CARING FOR A LOVED ONE WITH DEMENTIA**

In this session, you will watch a video of a 2-act play set in an Alzheimer's Support Group. You will follow the journey of 6 caregivers as they care for spouses, parents and a child with dementia. The play, written by Dr. Oma Morey, is based on interviews with caregivers in the Galveston County area. The characters are compilations of these true stories. The video will be followed by a discussion.

**Cost: FREE**

SYN: 1973 SENRL-8101-103CL	09/27/18	TH
03:15PM-05:15PM	LLGP 104	

**LECTURE: RUN! HIDE! FIGHT!**

This lecture provides information and tools for increasing your chances to survive an active shooter situation. The objective is to adapt the mindset for survival and to discuss precautionary measures.

**Cost: FREE**

SYN: 1978 SENRL-8101-104CL	10/04/18	TH
01:00PM-02:30PM	LLGP 104	

**LECTURE: A PASSION FOR PLUMERIA**

A Galveston County Master Gardener, who has grown Plumeria for over 15 years, will continue the process of helping you to become a master of growing your own healthy Plumeria in our Gulf Coast region. As the weather begins to change, you will wonder why your Plumeria has dropped its leaves. This program will help you to become better prepared for the winter dormancy period Plumeria tend to experience. You will receive helpful hints on the proper storage for your Plumeria during the winter months.

**Cost: FREE**

SYN: 1979 SENRL-8101-105CL	10/04/18	TH
03:00PM-05:00PM	LLGP 104	

**LECTURE: GENEALOGICAL ORAL HISTORIES... REMEMBERING THE STORIES**

Oral Histories give us an inside look at these stories and the life of our ancestor. In this presentation, you will learn how to conduct oral history interviews and how to create a legacy to share.

**Cost: FREE**

SYN: 1981 SENRL-8101-112CL	10/11/18	TH
01:00PM-02:30PM	LLGP 104	

**LECTURE: GUARDING YOUR SAVING AND INVESTMENTS**

In this class, we will address the types of things that can reduce your savings and ways to safeguard against them. The presentation will be conducted by an employee of a financial services company.

**Cost: FREE**

SYN: 1982 SENRL-8101-106CL	10/18/18	TH
12:30PM-02:00PM	LLGP 104	



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### LECTURE: EVERYTHING BUT SALT!

Don't get in salty situations-move away from the Salt Shaker! In this class, a Texas A&M AgriLife Extension Agent-Family & Community Health Agent for Galveston County will cover the topic of sodium from the history, role of sodium in foods and public health, current sodium consumption trends, how to identify sodium in foods, food trends related to sodium and some national initiatives on reducing sodium. Get updates on the nutrition facts labels and the 2015-2020 Dietary Guidelines for Americans. You will have a hands-on experience making a great seasoning recipe to use at home as an alternative to salt on a variety of foods from steak, chicken, fish, salads and even popcorn! Come experience this fun and educational class concerning how and why to decrease sodium in your diet.

**Cost: FREE**

SYN: 1983 SENRL-8101-107CL 10/18/18 TH  
02:30PM-04:30PM LLGP 104

### LECTURE: VETERANS BENEFITS

Did you know you may be entitled to Veterans Benefits for education, healthcare, housing, disabilities, monetary benefits, and family support? Join us for a lecture that will give you the information needed to start the process of applying for these benefits and more. A retired Marine, who works for the US Department of Veterans Affairs, will be the presenter.

**Cost: FREE**

SYN: 1984 SENRL-8101-108CL 10/25/18 TH  
03:00PM-05:00PM LLGP 104

### LECTURE: BODY LANGUAGE/PERSONAL SPACE

This lecture provides information, tactics, and scenarios regarding how to use body language and cues to enhance personal safety and to enhance awareness.

**Cost: FREE**

SYN: 1985 SENRL-8101-109CL 11/01/18 TH  
01:00PM-02:30PM LLGP 104

### LECTURE: GENEALOGY-SELF PUBLISHING YOUR FAMILY HISTORY BOOK

This presentation will give you helpful tips for making a book to preserve your Family History. Join us for a fun-filled, lesson on preserving your precious memories.

**Cost: FREE**

SYN: 1986 SENRL-8101-111CL 11/08/18 TH  
01:00PM-02:30PM LLGP 104

### LECTURE: ASSET MANAGEMENT

In this presentation, we will look at different types of investment vehicles and how they may, or may not, be suitable for you. We will address market volatility and how it can have a positive or negative affect on your financial future. This presentation will be led by an employee for a financial services company.

**Cost: FREE**

SYN: 1987 SENRL-8101-110CL 11/15/18 TH  
12:30PM-02:00PM LLGP 104

## 50 PLUS TRIPS

(only open to 50 plus students)

### TRIP: ALLEY THEATRE PRESENTS AGATHA CHRISTIE'S THE MOUSETRAP

Join us for the classic Agatha Christie mystery thriller: a houseful of strangers trapped by blizzard and stalked by an unknown murderer. The Mousetrap is the world's longest running stage play, celebrating its 64th year in 2016. Part drawing room comedy and part murder mystery, this timeless chiller is a double-barreled whodunit full of twists and surprises. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$49**

SYN: 1989 SENRT-9001-115CL 08/23/18 TH  
03:30PM-11:00PM

### TRIP: STAGES REPERTORY THEATRE PRESENTS SISTER'S SUMMER SCHOOL CATECHISM

Join us for a theatrical treat as we enjoy Sister's Summer School Catechism. It's summer and Sister is NOT happy. The diocese has decided to offer a summer school catechism course for those students who weren't paying attention all year. Instead of three weeks R & R, Sister is stuck with her students! And summer is already rough enough - try wearing 50 pounds of gabardine in 90-degree heat! This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$79**

SYN: 1990 SENRT-9001-116CL 08/29/18 T  
03:30PM-11:00PM

### TRIP: THEATRE UNDER THE STARS PRESENTS OKLAHOMA

Join us for TUTs Oklahoma, the first collaboration of famed partners Rodgers and Hammerstein, which set the American musical theatre standard. This love story between Curly, a handsome cowboy, and Laurey, a beautiful farm girl is anything but smooth as these two romantics are able to succeed in making a life together during a time of unsettled disputes between cowboys and farmers. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$49**

SYN: 1991 SENRT-9001-103CL 09/13/18 T  
03:30PM-11:00PM



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[www.facebook.com/com50plus](http://www.facebook.com/com50plus)

### TRIP: GENEALOGY CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top Genealogy research libraries in the United States. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library.

This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instructional costs. Lunch is buy-your-own @ Bodegas Mexican Restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older.

**Refund deadline: 9/4/18**

**Cost: 50 Plus: \$26**

SYN: 1992 SENRT-9501-101CL 09/18/18 T  
09:15AM-05:00PM

### TRIP: LONE STAR FLIGHT MUSEUM

Join us for a visit to The Lone Star Flight Museum (LSFM), located at Ellington Field. The new 130,000 sq. ft. museum features interactive, educational exhibits that focus on science, technology, engineering and math concepts essential to flight while allowing visitors to explore Texas' rich aviation heritage. Highlights include: The Flight Academy Gallery, The Texas Aviation Heritage Gallery, The Aviation Learning Center and The Aircraft Collection. This trip is open to anyone age 50 or older. A buy-your-own lunch will precede our visit to the museum. The cost includes transportation and admission ticket. **Refund deadline: 9/6/18**

**Cost: 50 Plus: \$29**

SYN: 1993 SENRT-9001-104CL 09/20/18 TH  
10:30AM-03:00PM

### TRIP: ENSEMBLE THEATRE PRESENTS DA KINK IN MY HAIR

Join us for Ensemble Theatre's musical comedy, DA KINK IN MY HAIR. As Novelette delves into the tresses and stresses of her clients to reveal their hidden stories, she says, "If you want to know a black woman, you touch her hair." In the salon of this West Indian stylist, hurried women converge to have their hair styled for dates, jobs, and upkeep. They come away with not just a new hairdo, but a lifted soul and a lightened heart. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. **Cost includes transportation and admission ticket. Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$59**

SYN: 1994 SENRT-9001-105CL 09/27/18 T  
03:30PM-11:00PM

### TRIP: CHEF JIMMY FALL HARVEST COOKING CLASS

Join us for a culinary experience like no other; this class will be led and instructed by a culinary professional. We will create a multi-course meal; once complete, we will all enjoy our culinary masterpiece of fall harvest.

**Refund deadline: 9/19/18**

**Cost: 50 Plus: \$69**

SYN: 1995 SENRT-9001-114CL 10/03/18 W  
10:00AM-04:30PM

### TRIP: TEXAS RENAISSANCE FESTIVAL

Join us for the Texas Renaissance Festival. The magic of the festival transports patrons to the 16th century offering enchanting experiences featuring world-renowned live entertainment, works by master artists and craftspeople, award winning food and drink, hand-powered rides and games, and over 100 interactive characters. It is suggested that you wear comfortable, weather appropriate clothing and walking shoes suitable for uneven terrain. You may want to bring bottled water and snacks. A buy-your-own lunch will be available for you to purchase at the festival. The cost of this trip includes transportation and admission ticket. This trip is open to anyone age 50 or older. **Refund deadline: 9/28/18**

**Cost: 50 Plus: \$49**

SYN: 1996 SENRT-9001-106CL 10/13/18 S  
08:00AM-06:00PM

### TRIP: SHANGRI LA BOTANICAL GARDENS AND NATURE CENTER

Join us as Shangri La Botanical Gardens and Nature Center hosts the largest Scarecrow Festival in Texas. It will include dozens of hand-crafted scarecrows, ranging from funny and clever to wacky and weird, displayed throughout the gardens. This trip is open to anyone age 50 or older. A buy-your-own lunch will precede our visit. Cost includes transportation and admission ticket. **Refund deadline: 10/4/18**

**Cost: 50 Plus: \$26**

SYN: 1997 SENRT-9001-107CL 10/18/18 TH  
09:00AM-05:00PM

### TRIP: GENEALOGY MONTGOMERY COUNTY, CONROE, TX

Students will travel to Montgomery County Library in Conroe, Texas. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses many resources including: Special Collections, Dawes Rolls (Native American), South Louisiana Records by Hebert, 19th Century military records and various books for each of the United States. Cost covers transportation and instruction. Lunch is buy-your-own @ a local restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund deadline: 10/9/18**

**Cost: 50 Plus: \$26**

SYN: 1998 SENRT-9502-101CL 10/23/18 T  
08:15AM-05:00PM

### TRIP: BIRDWATCHING GALVESTON

Travel to Galveston Island to see migrant traps and migrating shorebirds and song birds. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be buy-your-own at a local restaurant. This trip is open to anyone age 50 or older. **Refund deadline: 10/9/18**

**Cost: 50 Plus: \$25**

SYN: 1999 SENRT-9601-101CL 10/23/18 T  
08:30AM-04:30PM

### TRIP: THEATRE UNDER THE STARS PRESENTS THE WIZ

This "super soul" 1975 Tony Award-winner for Best Musical retells L. Frank Baum's classic, "The Wizard of Oz," in the context of African-American culture. It tells the story of Dorothy, a restless Kansas farm girl eager to see more of the world, as she is transported by tornado to a magical world of munchkins, witches, and a yellow brick road. On her way to the Emerald City to meet the Wizard of Oz, who she believes can help her get back home to Kansas, she encounters the Scarecrow, Tin Man, and Cowardly Lion. These newfound friends help her battle the Wicked Witch of the West and eventually learn that there really is "no place like home." This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$49**

SYN: 2000 SENRT-9001-108CL 10/30/18 T  
03:30PM-11:00PM

### TRIP: NATIONAL MUSEUM OF FUNERAL HISTORY

Join us as we visit the National Museum of Funeral History, an educational experience like no other. Discover America's largest collection of authentic, historical funeral service items. Learn about caskets and coffins, hearses through history, plus the funerals of Presidents, Popes, celebrities and more while you witness the cultural heritage of the funeral service industry and its time-honored tradition of compassion. This trip is open to anyone age 50 or older. A buy-your-own lunch will precede the museum tour. Cost includes transportation and admission ticket. **Refund deadline: 10/17/18**

**Cost: 50 Plus: \$29**

SYN: 2001 SENRT-9001-109CL 11/01/18 TH  
10:00AM-04:00PM

### TRIP: INTERNATIONAL QUILT FESTIVAL

Join us for the International Quilt Festival Houston, the largest consumer quilt show in the world, showcasing spectacular quilts on display in various special exhibits. Over 550 exhibitors are expected at this event to showcase their products and services. This trip is open to anyone age 50 or older. A buy-your-own brunch will precede our visit. Cost includes transportation and admission ticket. **Refund deadline: 10/26/18**

**Cost: 50 Plus: \$29**

SYN: 2002 SENRT-9001-110CL 11/09/18 F  
09:00AM-05:00PM

### TRIP: STATE ARCHIVES LIBERTY COUNTY

Students will travel to the Sam Houston Regional Library and Research Center in Liberty, TX. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This trip will also include a guided tour of the Jean & Price Daniel House, the 1898 St. Stephen's Episcopal Church, the 1883 Norman House, the 1848 Gillard-Duncan House, and the library museum. The facility is a part of the Texas State Library and Archives. Cost covers transportation and instructional costs. Lunch is buy-your-own or you may bring a sack

lunch and eat at the library. This trip is open to anyone age 50 or older.

**Refund deadline: 10/30/18**

**Cost: 50 Plus: \$26**

SYN: 2003 SENRT-9504-101CL 11/13/18 T  
08:15AM-05:00PM

### TRIP: BIRDWATCHING SAN BERNARD NATIONAL WILDLIFE REFUGE

Travel to San Bernard National Wildlife Refuge looking for wintering birds such as song birds, ducks and raptors. Students should wear comfortable clothes, hiking or closed-toed shoes and be prepared to walk in grassy, brushy areas. Bringing bottled water, snacks, binoculars and a camera is recommended. The cost of this trip includes transportation and the guided tour. Lunch will be buy-your-own at a local restaurant in Oyster Creek. This trip is open to anyone age 50 or older. **Refund Deadline: 10/30/18**

**Cost: 50 Plus: \$25**

SYN: 2004 SENRT-9602-101CL 11/13/18 T  
08:30AM-04:30PM

### TRIP: ENSEMBLE THEATRE PRESENTS CHRISTMAS IS COMIN' UPTOWN

Join us for the traditional story of A Christmas Carol as it gets a jazzy and colorful makeover! In this version, Scrooge is a Harlem slumlord who is just about to foreclose on a tenement house and a church when a surprise visit from an "old friend" and some groovy ghosts make him reconsider. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$59**

SYN: 2005 SENRT-9001-111CL 11/16/18 F  
04:30PM-11:00PM

### TRIP: GENEALOGY CLAYTON LIBRARY

Students will travel to Clayton Library for Genealogical Research, one of the top Genealogy research libraries in the United States. Beginner and advanced students alike will be accompanied and assisted by instructor, Debbie Cothorn. She will assist students in tracing their family history using research skills and resources of the library. This library houses over 70,000 reels of microfilm and other electronic databases. Cost covers transportation and instructional costs. Lunch is buy-your-own @ Bodegas Mexican Restaurant or you may bring a sack lunch and eat at the library. This trip is open to anyone age 50 or older. **Refund Deadline: 11/13/18**

**Cost: 50 Plus: \$26**

SYN: 2006 SENRT-9501-102CL 11/27/18 T  
09:15AM-05:00PM

### TRIP: STAGES REPERTORY THEATRE PRESENTS ULTIMATE CHRISTMAS SHOW

Join us for The Ultimate Christmas Show. In this production, it's the Annual Holiday Variety Show and Christmas Pageant at St. Everybody's Non-Denominational Universalist Church—where all faiths are welcome because they will believe anything! There's just one minor problem: none of the acts scheduled to perform have arrived. Now it's up to three



quick-witted church members to perform the ENTIRE Variety Show and Christmas Pageant by themselves! An irreverent yet heartwarming romp through tradition. The Ultimate Christmas Show (abridged) bursts with festive, slapstick fun as these cheerfully ridiculous clowns celebrate all of our favorite holiday traditions—at once. This trip is open to anyone age 50 or older. A buy-your-own dinner will precede the show. Cost includes transportation and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$79**

SYN: 2007 SENRT-9001-112CL 11/29/18 TH  
03:30PM-11:00PM

### TRIP: MOODY GARDENS CIRQUE JOYEUX NOEL DINNER AND SHOW

Join us for "Cirque Joyeux Noel Dinner and Show." This original one-hour Christmas spectacular for the entire family features a stellar cast of international circus and variety performers from all corners of the world. Presented in a "cirque" style, the show includes soaring acrobatics, gravity defying feats, amazing aerialists, mesmerizing illusions, hilarious comedy and much more. All of this will be coupled with a sumptuous Holiday Buffet Dinner prepared by renowned Moody Gardens Executive Chef Felipe Gonzalez. This trip is open to anyone age 50 or older. Cost includes transportation, dinner, and admission ticket. **Tickets have been pre-purchased for this event, therefore, they are non-transferable and non-refundable.**

**Cost: 50 Plus: \$79**

SYN: 2008 SENRT-9001-113CL 12/21/18 F  
05:30PM-11:00PM

## SPACE-AVAILABLE CLASSES



Space-available classes are workforce credit classes that accept continuing education students. Continuing education students are not required to take a college placement test or apply to the college. These classes are available to a limited number of continuing education students who must complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of pass or fail; however, no college credit hours are earned.

Space-available classes start and end with the fall credit class schedule (Aug. 27 – Dec. 14). Full course descriptions are available in the College catalog and more information about these courses is in the credit schedule. Both documents are online at [www.com.edu/admissions/schedule-catalog.php](http://www.com.edu/admissions/schedule-catalog.php).

The following space-available classes are \$270 for in-district students or \$275 for out-of-district students. There is an additional \$25 fee for each hybrid course and a \$35 fee for each online course. Hybrid and internet

classes require completion of the Online Learner Workshop (OLW) prior to first class date.

### ACCOUNTING AND BUSINESS

#### FEDERAL INCOME TAX: INDIVIDUAL – 48 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 2043 ACNT-1031-201CL	08/27/18-12/14/18	MW
06:00PM-07:20PM	TVB 1225	M Williams

#### INTRODUCTION TO ACCOUNTING – 48 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 2041 ACNT-1003-001IN	08/27/18-12/14/18	Internet
		M Williams
SYN: 2042 ACNT-1003-201CL	08/27/18-12/14/18	MW
07:30PM-08:50PM	TVB 1225	M Williams

## PRINCIPLES OF ACCOUNTING I – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 2037 ACNT-1025-101CL	08/27/18-12/14/18	TTH
09:30AM-10:50AM	TVB 1225	M Williams
SYN: 2036 ACNT-1025-001IN	08/27/18-12/14/18	
	Internet	M Williams

## PRINCIPLES OF ACCOUNTING II – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 2040 ACNT-1026-201CL	08/27/18-12/14/18	TTH
06:00PM-07:20PM	TVB 1310	C Burton
SYN: 2038 ACNT-1026-101CL	08/27/18-12/14/18	TTH
11:00AM-12:20PM	TVB 1225	M Williams

## COMPUTER INFORMATION SYSTEMS

## INTRODUCTION TO DATABASE – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1642 ITSW-1007-101HY	08/27/18-12/14/18	TTH
01:30PM-03:20PM	TVB 1432	F Alexander

## DATABASE PROGRAMMING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1641 ITSE-2009-201CL	08/27/18-12/14/18	MW
06:30PM-08:20PM	TVB 1432	R Barton

## DRAFTING

## ADVANCED COMPUTER AIDED DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1683 DFTG-2032-201HY	08/27/18-12/14/18	M
06:00PM-08:50PM	TVB 1230	D Bennett
SYN: 1753 DFTG-2032-101HY	08/27/18-12/14/18	TTH
01:30PM-03:20PM	TVB 1230	COM Faculty

## BASIC COMPUTER AIDED DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1680 DFTG-1009-201HY	08/27/18-12/14/18	M
06:00PM-08:50PM	TVB 1220	A Gregory

## ELECTRICAL DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1681 DFTG-2007-201HY	08/27/18-12/14/18	T
06:00PM-08:50PM	TVB 1220	A Gregory

## PIPE DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1682 DFTG-2023-201HY	08/27/18-12/14/18	W
06:00PM-08:50PM	TVB 1220	A Gregory
SYN:1752 DFTG-2023-101HY	08/27/18-12/14/18	MW
01:30PM-03:20PM	TVB 1220	A Gregory

## TECHNICAL DRAFTING – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1658 DFTG-1005-201CL	08/27/18-12/14/18	TTH
06:00PM-07:50PM	TVB 1220B1	J Buffa

## STRUCTURAL DRAFTING – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1657 ARCE-1052-201HY	08/27/18-12/14/18	TH
06:00PM-08:50PM	TVB 1220	A Gregory

## GRAPHIC ARTS

## WEB DESIGN II – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1643 IMED-2015-201CL	08/27/18-12/14/18	TTH
06:00PM-08:50PM	TVB 1572	M Harman

## DIGITAL VIDEO – 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1691 ARTV-1051-201CL	08/27/18-12/14/18	TTH
06:00PM-08:50PM	TVB 1572A	E Omo

## INTERACTIVE MULTIMEDIA II - 96 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1690 IMED-2045-201CL	08/27/18-12/14/18	MW
06:00PM-08:50PM	TVB 1572	C Carpenter

## LANGUAGES

Students will be charged an additional \$25 fee for each hybrid course and a \$35 fee for each Internet course.

## SPANISH I – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1692 SPANL-1001-015IN	08/27/18-10/19/18	
	Internet	R Naranjo
SYN:1693 SPANL-1001-101HY	08/27/18-12/14/18	MW
09:30AM-10:20AM	TVB 1220	R Naranjo
SYN:1694 SPANL-1001-120HY	08/27/18-10/19/18	MTWTH
08:00AM-08:50AM	TVB 1225	R Naranjo

## SPANISH II – 64 HRS

Cost:	In district: \$270	Out of district: \$275
SYN:1695 SPANL-1002-025IN	10/22/18-12/14/18	
	Internet	R Naranjo
SYN:1696 SPANL-1002-125HY	10/22/18-12/14/18	MTWTH
08:00AM-09:50AM	TVB 1225	R Naranjo

## BEGINNING AMERICAN SIGN LANGUAGE, I – 48 HRS

Cost:	In district: \$270	Out of district: \$275
SYN: 1961 SGNLL-1001-221CL	08/27/18-12/14/18	TH
06:00PM-08:50PM	LRC 212A	COM Faculty

## Continuing Education Office Hours

Monday – Tuesday	8 a.m. – 7 p.m.
Wednesday – Friday	8 a.m. – 5 p.m.

For more information, call 409-933-8586.

# PERSONAL ENRICHMENT

## FINE ARTS

Space-available classes are academic/credit classes in which continuing education students may enroll for personal enrichment. These classes are available to a limited number of noncredit students who are expected to complete all course objectives, take exams and meet attendance requirements. Students will receive a grade of either pass or fail; however, no college credit hours are earned. Noncredit students do not have to take college placement tests or apply to the College to take these classes. Space-available classes start and end with the fall credit class schedule – fall (Aug. 27 – Dec. 14). Full course descriptions are available in the College catalog, and more information can be viewed in the credit schedule at [www.com.edu/schedule](http://www.com.edu/schedule)

### ACTING I – 48 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 1741 ARTSL-2007-141CL	08/27/18-12/14/18	TTH
11:00AM-12:20PM	FAB 117	H Brown

### ACTING II – 48 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 1697 ARTSL-2007-140CL	08/27/18-12/14/18	TTH
9:30AM-10:50AM	FAB 117	H Brown

### CERAMICS I – 96 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 1701 ARTSL-2047-233CL	08/27/18-12/14/18	MW
06:00PM-08:50PM	FAB 135	G Bowes
SYN: 1700 ARTSL-2047-133CL	08/27/18-12/14/18	TTH
01:30PM-04:20PM	FAB 135	G Bowes

### PHOTOGRAPHY I – 96 HRS

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 1703 ARTSL-2002-137CL	08/27/18-12/14/18	MW
02:00PM-04:50PM	TVB 1139	C Peet
SYN: 1702 ARTSL-2002-138CL	08/27/18-12/14/18	MW
11:00AM-01:50PM	TVB 1139	C Peet

### CLASS GUITAR – 48 HRS

<b>Cost:</b>	<b>In district: \$90</b>	<b>Out of district: \$95</b>
SYN: 1751 MUSIL-2002-160CL	08/27/18-12/14/18	M
03:30pm-06:20pm	FAB 117	J Kiefer

### CLASS PIANO I – 48 HRS

<b>Cost:</b>	<b>In district: \$90</b>	<b>Out of district: \$95</b>
SYN: 1749 MUSIL-2001-160CL	08/27/18-12/14/18	TTH
09:30AM-10:50AM	FAB 111	P Boyd

### CLASS PIANO II – 48 HRS

<b>Cost:</b>	<b>In district: \$90</b>	<b>Out of district: \$95</b>
SYN: 1750 MUSIL-2001-161CL	08/27/18-12/14/18	TTH
04:30PM-05:50PM	FAB 111	P Boyd

### CONCERT BAND – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1742 MUSIL-2003-270CL	08/27/18-12/14/18	M
07:30PM-10:20PM	FAB 117	H Koerner

### DIGITAL VIDEO – 96 HRS

<b>Cost:</b>	<b>In district: \$295</b>	<b>Out of district: \$300</b>
SYN: 1691 ARTV-1051-201CL	08/27/18-12/14/18	TTH
06:00PM-8:50PM	TVB 1572A	E Omo

### DUCK AND COVER A CAPPELLA – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1748 MUSIL-2006-270CL	08/27/18-12/14/18	TTH
06:00PM-07:20PM	FAB 110	J Heffel

### GUITAR ENSEMBLE – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1746 MUSIL-2002-170CL	08/27/18-12/14/18	W
03:30PM-06:20PM	FAB 117	J Kiefer

### JAZZ COMBO – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1745 MUSIL-2004-170CL	08/27/18-12/14/18	TTH
03:00PM-04:20PM	FAB 117	H Koerner

### JAZZ ENSEMBLE – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1743 MUSIL-2005-270CL	08/27/18-12/14/18	T
07:30PM-10:20PM	FAB 117	H Koerner

### MAINLAND CHORALE – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1747 MUSIL-2007-270CL	08/27/18-12/14/18	T
07:30PM-10:20PM	FAB 110	J Heffel

### WOODWIND ENSEMBLE-CLARINET, SAXAPHONE – 48 HRS

<b>Cost:</b>	<b>In district: \$60</b>	<b>Out of district: \$65</b>
SYN: 1744 MUSIL-2008-270CL	08/27/18-12/14/18	TH
07:00PM-09:50PM	FAB 117	T Kochen

### STUDIO ARTS - 96 HRS

This course allows beginning to advanced non-credit students to fully participate in any of the three 2-D studio credit courses taught by Mark Greenwalt. Students are expected to be active participants within the collaborative studio environment and broadly pursue course objectives along with their credit student peers. Students have the option of attending Drawing on Mondays and Wednesdays from 9:30am - 12:20pm, or Design Painting on Monday and Wednesdays from 2:00pm - 4:50pm. For more information regarding specific courses contact Mark at 409-933-8673 or [mgreenwalt@com.edu](mailto:mgreenwalt@com.edu).

<b>Cost:</b>	<b>In district: \$270</b>	<b>Out of district: \$275</b>
SYN: 1708 ARTSL-2000-120CL	08/27/18-12/14/18	
	FAB 130	M Greenwalt



# CONTINUING EDUCATION REGISTRATION

MAIL IN REGISTRATIONS ARE NO LONGER ACCEPTED. NO CASH ACCEPTED

<b>SSN or Student ID</b>	<b>NAME</b> (Last,		First,	Middle Initial)
<b>CHECK ONE:</b> 1. Do you consider yourself to be Hispanic/Latino? <input type="checkbox"/> Yes <input type="checkbox"/> No 2. In addition, please select one or more of the following racial categories to describe yourself: <input type="checkbox"/> American Indian or <input type="checkbox"/> Alaskan Native <input type="checkbox"/> Asian <input type="checkbox"/> Black or African American <input type="checkbox"/> Native Hawaiian or Pacific Islander <input type="checkbox"/> White	<b>PHYSICAL ADDRESS</b>		<b>CITY</b>	<b>STATE</b>
	<b>ZIP</b>			
	<b>Date of Birth</b>	<b>Sex</b> <input type="checkbox"/> Male <input type="checkbox"/> Female	<b>Home Phone</b>	<b>Business/Cell Phone</b>
	<b>EMAIL ADDRESS</b>			
This is to certify that I <input type="checkbox"/> AM <input type="checkbox"/> AM NOT a legal resident of the College of the Mainland District. To be a legal resident of College of the Mainland District, you must reside in one of the following school districts: Hitchcock, Santa Fe (including Algoa, Arcadia, Alta Loma), Texas City, La Marque and Dickinson.				
<b>Signature</b> _____ <b>Date</b> _____				

## COURSES TO ADD

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

## COURSES TO DROP

TERM	SYNONYM	COURSE ABBREVIATION	COURSE #	SECTION #	COST

Refund policy: **NO REFUNDS** will be made after a class begins. We will be happy to issue a full refund if cancellation is received before the class start date. This policy is based on the fact that CE classes are self-supporting. Registration fees are used for instructors as well as for supplies.

**\*\* Please initial:**

\_\_\_\_\_



### PERSONAL

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### ONLINE

Use WebAdvisor <https://webadvisor.com.edu>. **RETURNING STUDENTS ONLY**

# COLLEGE OF THE MAINLAND

## COLLEGE MISSION

College of the Mainland is a learning-centered, comprehensive community college dedicated to student success and the intellectual and economic prosperity of the diverse communities we serve.

## COLLEGE VISION

College of the Mainland will be a valued and vital community partner by striving to enrich our expanding community and preparing our students to learn, work and live in a diverse, dynamic and global environment.

## COLLEGE OF THE MAINLAND BOARD OF TRUSTEES

Rachel Delgado, Kyle Dickson, Donald G. Gartman, Rosalie Kettler, Bennie Matthews, Melissa Skipworth and Alan Waters.

## ACCREDITATION

College of the Mainland is accredited by:

The Commission on Colleges of the Southern Association of Colleges and Schools to award associate degrees and certificates. Contact the Commission on Colleges at 1866 Southern Ln., Decatur, GA 30033-4097 or call 404-679-4500 for questions about the accreditation of College of the Mainland. The Commission is to be contacted only if there is evidence that appears to support the institution's significant non-compliance with a requirement or standard.

## DISCLAIMER STATEMENT

College of the Mainland reserves the right to withdraw a student due to any inability to maintain the prescribed rate of progress or for behavior detrimental to the learning process of the student or class. College of the Mainland also reserves the right to make changes in regulations, courses, fees and other matters of policy and procedure when deemed necessary. These provisions are not to be regarded as an irrevocable contract between the student and the college.

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## PUBLIC INFORMATION STATEMENT

College of the Mainland offers credit academic and vocational programs published in the current college catalog. Admission into these programs is based on graduation from an accredited high school, a GED certificate or individual approval. It is the policy of College of the Mainland not to



discriminate on the basis of sex, handicap, race, color, age or national origin in its education and vocational programs, activities or employment as required by Title IX, section 504 and Title VI. College of the Mainland will take steps to assure that lack of English language skills will not be a barrier to admission and participation in all educational and vocational programs. For more information about your rights or grievance procedures, contact the Vice President for Instruction, 1200 Amburn Road, Texas City, TX 77591-2499, or call 409-933-8229, (local) or 1-888-258-8859, ext. 8229. College of the Mainland is an equal opportunity/affirmative action educational institution and does not discriminate on the basis of race, sex, age, religion, veteran status or national origin.

## DECLARACIÓN E INFORMACIÓN PÚBLICA

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# Megan Murillo is a world changer

*Teaching helps this former COM student shape the futures of young children*



Megan Murillo is a world changer.

The 2007 graduate of Santa Fe High School is a second-year pre-kindergarten paraprofessional at Roy J. Wallom Elementary School, where she helps youngsters learn the foundations of reading, writing and comprehension.

She also instills a love of learning, values and morals that will serve her students well throughout their lifetimes.

Megan had dreams of becoming a dentist until being a mother changed her direction for good.

After high school, she took classes at College of the Mainland, got married and had two boys. As she observed what her children's pre-school teachers did and the impact they made on her children, Megan realized she wanted to do the same.

She enrolled a second time at COM, this time entering the college's Associate of Arts in Teaching program. After two semesters, she earned a certificate that allowed her to work as a paraprofessional.

This fall, her love of teaching will take her to the University of Houston-Clear Lake where she will work to complete a bachelor's degree, then a master's. Her goal is to teach math or science in an area high school someday.

"Right now, I love every part of my day," Megan says. "I get to the school about 7:30 each morning so I can be among the first to see my students. It's important for children to love going to school."

Megan works beside a degreed pre-kindergarten teacher to help her class of 22 get the most out of every day.

"My favorite part is reading to the children," she says. "I love watching them take an interest and engage through a story."

She can even tell you her favorite children's book—*Big Bear, Brown Bear, What Do You See?* by Bill Martin, illustrated by Eric Carle.

Good teachers come from various backgrounds, interests and skills, Megan affirms.

"Teaching is very rewarding," she says. "I've met teachers who had other careers but switched to teaching because they found it more meaningful. A good teacher can help a child love learning and point them toward their future."

And though teachers have various aptitudes, good ones are patient, have compassion, and "get to know" and understand their students, she says.

"Not every child learns the same way; some come from home problems and stresses of their own. A good teacher will get to know and understand their students and find ways to help each one learn.

"COM helped me prepare for what I do," she says. "The program gave me an opportunity to observe classes at all grade levels."

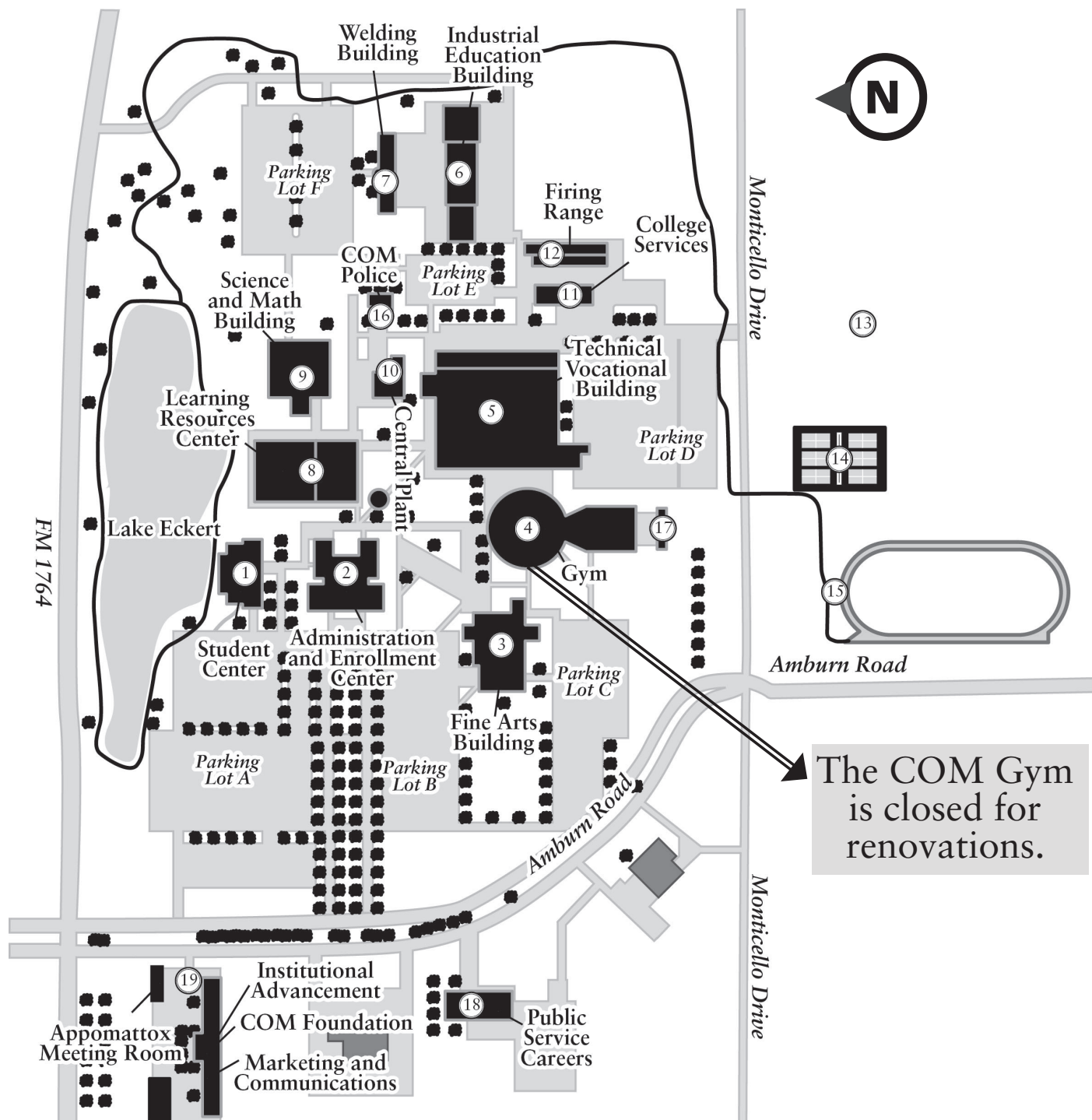
Now that she is teaching, does Megan miss her "original dream" of being a dentist?

"Maybe on paydays," she laughs. "But I've found what I love, a place to make a difference. I wouldn't change it for the world."

# CAMPUS MAPS



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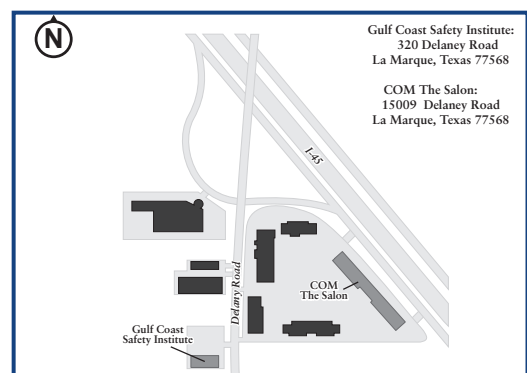
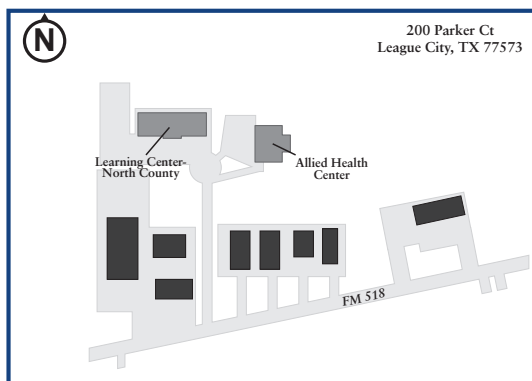
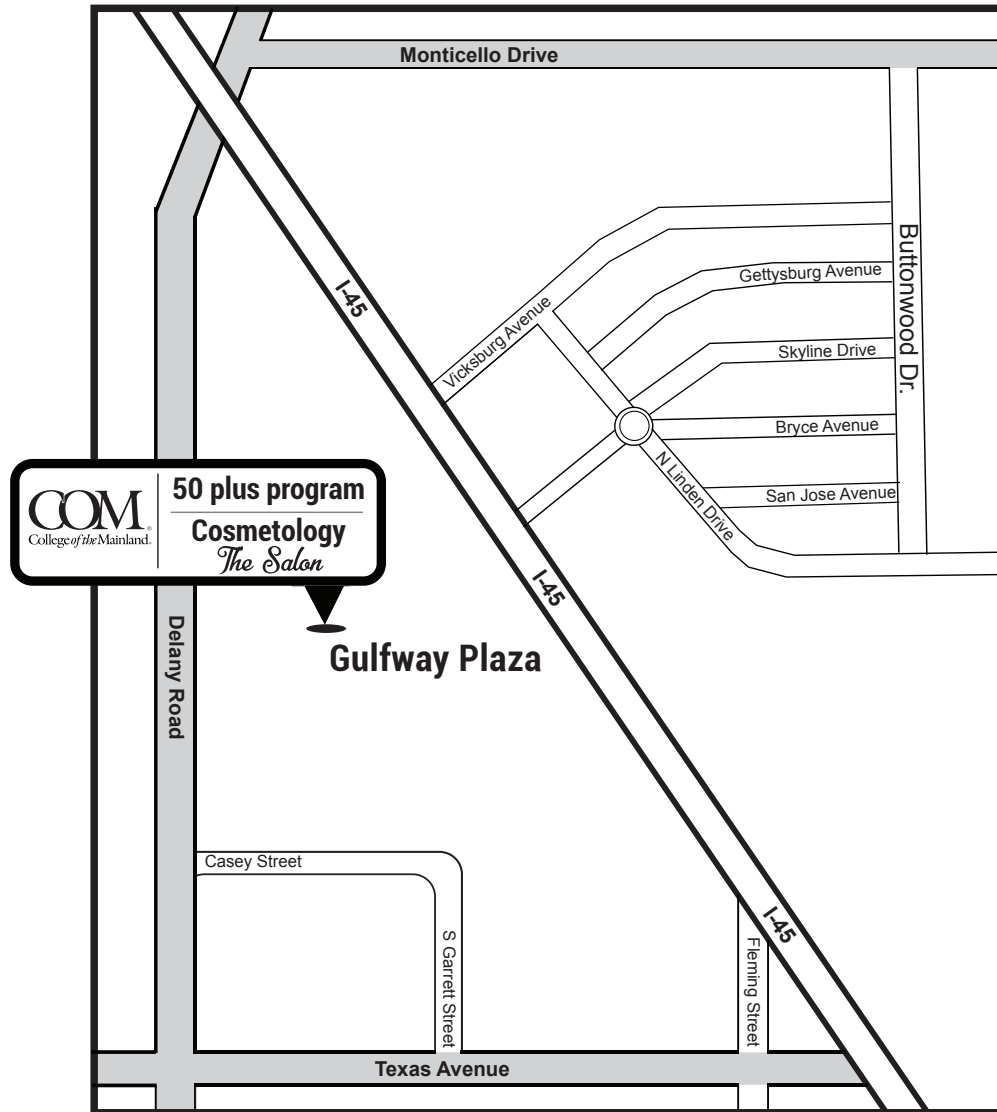


# CAMPUS MAPS

## COM 50 PLUS PROGRAM

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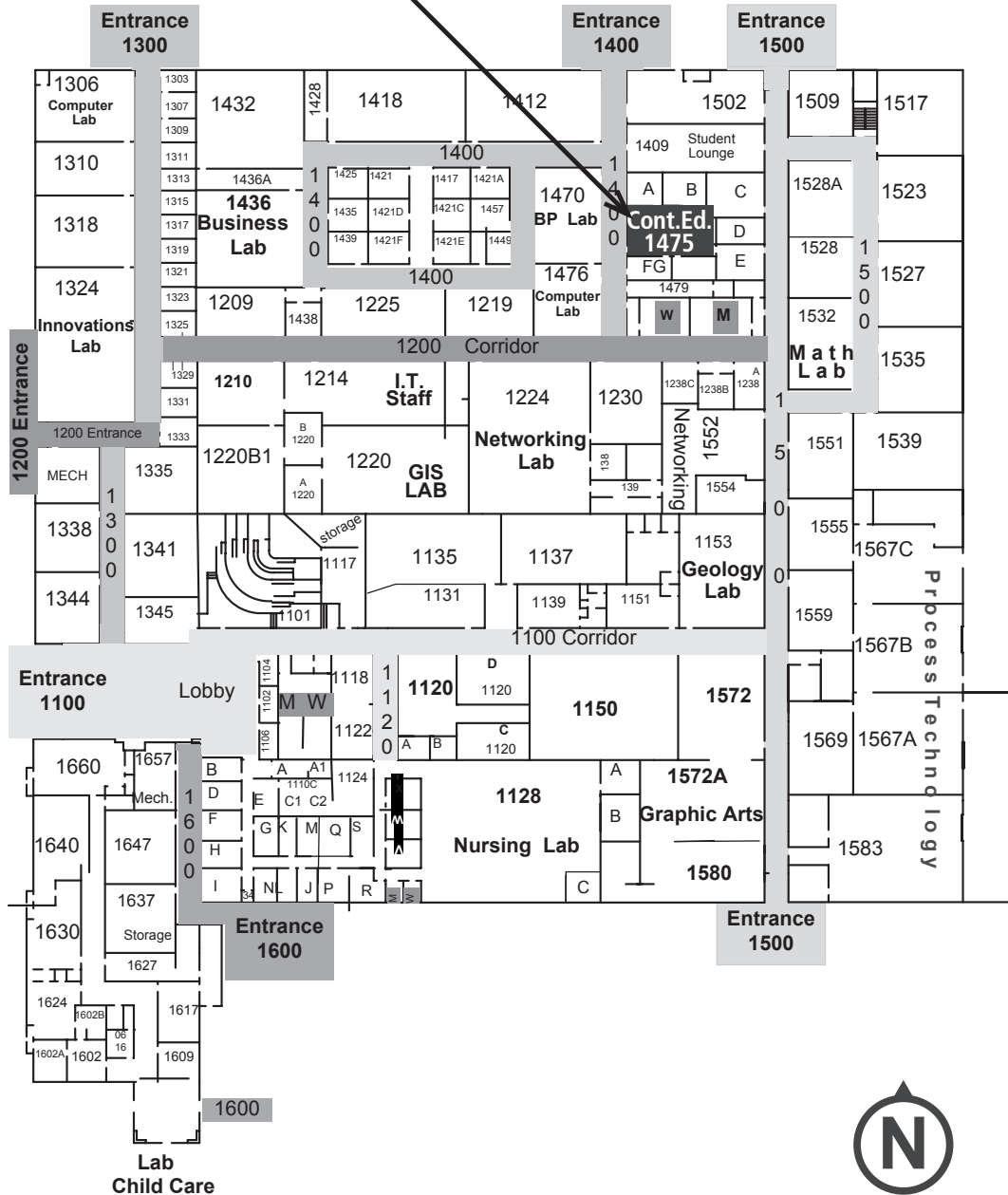
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### **Highlights**

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- Indian Pueblo Cultural Center
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### **Tour Rates**

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\* See Reservation info for  
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## **Rose Parade New Year's** Featuring San Diego & 5 nights at 1 hotel in S. California

### **Highlights**

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- Tournament of Roses Parade
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- Hotel Transfers
- Baggage Handling

### **Tour Rates**

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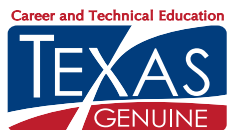


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