

Online Services

UTEAP offers a variety of services available on our website – www.uteap.org. From this website, employees and family members can get information on the services we provide, request an appointment, participate in a variety of trainings, and even create a simple will...all from the comfort of your own home.

At www.uteap.org, you can access proprietary databases to search over 1,000,000 providers in the areas of childcare, home health care, nursing care, residential care, schools, colleges, health clubs, pet services, and more.

In addition, legal and financial resources including over 5,000 enhanced legal and financial forms, along with informative articles and over 45 financial calculators are also available on the website.

WWW.UTEAP.ORG

User Name: uteap | Password: uteap

Making an Appointment

Accessing our services is easy, confidential, and free. Whether you need an appointment with a counselor, a legal referral, or want to take advantage of our WorkLife services, simply call us at one of the numbers below or simply visit our website to request an appointment online.

UT Employee Assistance Program

(713) 500-3327 or toll-free (800) 346-3549

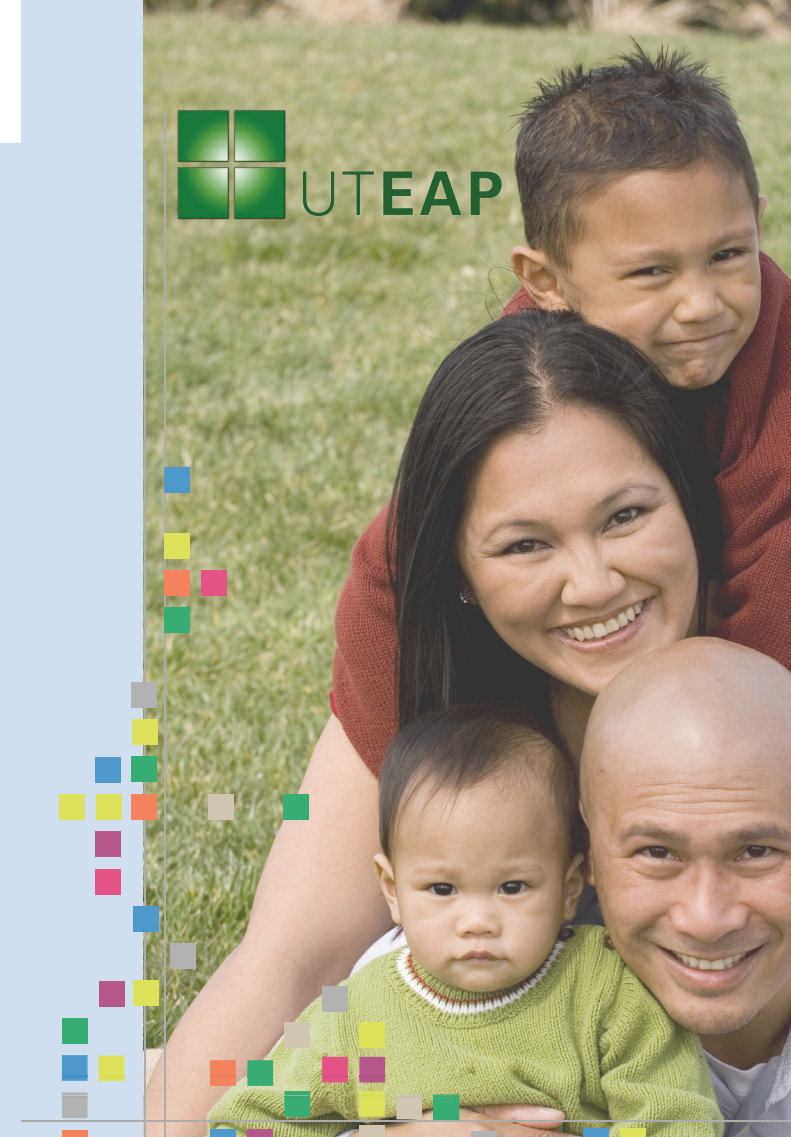
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THE UNIVERSITY of TEXAS
HEALTH SCIENCE CENTER AT HOUSTON



UT Employee Assistance Program

The Right Solution from the First Call

What is the EAP?

UTEAP provides an Employee Assistance Program (EAP) for you and your family members. Through the EAP, you, your spouse or live-in partner, and eligible dependent children can access free, convenient, and confidential services. The EAP offers a variety of services including counseling sessions with a licensed mental health professional, legal and financial resources, and WorkLife referrals.

Assessment and Referral

Through the EAP, a counselor will work with you to identify and provide assessment for any personal and/or work related problems you may be experiencing. The counselor will assist you in resolving the problem within the available EAP visits or make recommendations for most appropriate treatment in response to your unique needs.

We work with a large network of licensed providers, so we can arrange a counseling appointment that is convenient to where you live or work. Our network includes licensed mental health counselors, psychologists, clinical social workers, marriage and family therapists and chemical dependency professionals. We can help with:

- Stress & Anxiety
- Depression
- Alcohol/Drug Problems
- Parenting & Family Concerns
- Couples & Relationship Issues
- Grief or Bereavement
- Anger Management
- Change & Life Transitions
- Work Conflicts

Confidentiality

All EAP services are private and completely confidential. UTEAP will not release any information regarding your contact with the EAP without your written consent or as required by law.

Legal and Financial Resources

Through the EAP, you have access to a free 30-minute face to face or telephonic consultation per issue with a network attorney. If you wish to retain the attorney after the initial consultation, you will receive a 25% discount on the attorney's normal hourly rates. Many online resources are also available including an interactive Online Will Program that provides you with a resource to create your own state-specific Simple Will privately in an online, secure environment.

All employees are also entitled to a no-cost telephone consultation with one of our financial counselors. Typical matters include credit counseling, debt and budgeting assistance, tax planning, retirement, and college planning questions.

WorkLife Services

Consultation and referrals for a wide range of WorkLife referrals is available through the EAP. We can help you find real solutions for child care, elder care, care for persons with disabilities, and other convenience and wellness issues. You can speak directly with one of our experienced counselors who will take the time to fully understand your concerns and explore care options with you. After you hang up, the WorkLife Counselor will begin researching your specific care needs, freeing you to focus on your family, work or other issues in your life. Within a few days, you'll receive a return call and a packet containing provider profiles of regulated care providers who have openings, when where, and within the price range you specified, along with educational materials to help you and your family make informed decisions.

